



Organizator:
Data:
Miejsce:
Dystans:

Fundacja Bieg Rzeźnika
2016-10-23
Gliwice
10 km

NORDIC WALKING GLIWICKI 2016 - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GEMBALA Violetta	3050	AMATOR	K-50	1	00:00:01	01:15:23.90	01:15:25.05		7:32	8 (100%)
2	WAJZER Lucja	3019	GRUPA JURA' PL	K-40	1	00:00:05	01:15:58.00	01:16:03.10	+00:00:34 (0.7%)	7:35	7.9 (98.8%)
3	MAJEWSKA Dorota	3008		K-40	2	00:00:03	01:16:04.95	01:16:08.35	+00:00:41 (0.9%)	7:36	7.9 (98.8%)
4	SZAJNOWSKA Agnieszka	3054	AEROMED CKZIU GLIWICE	K-40	3	00:00:10	01:17:00.95	01:17:11.40	+00:01:37 (2.1%)	7:42	7.8 (97.5%)
5	SZYMIK Grażyna	3049	AMATOR	K-40	4	00:00:02	01:17:15.75	01:17:18.00	+00:01:51 (2.4%)	7:43	7.8 (97.5%)
6	TYCZEWSKA Paulina	3024	DELPHI RUNNING TEAM	K-30	1	00:00:16	01:18:37.75	01:18:53.80	+00:03:13 (4.1%)	7:51	7.6 (95.0%)
7	PRZYBYLSKA Wanda	7	WIŚLAŃSKA AKADEMIA BIEGOWA	K-60	1	00:00:08	01:19:04.35	01:19:12.80	+00:03:40 (4.6%)	7:54	7.6 (95.0%)
8	SKLAREK Anna	3063	UNISONO	K-20	1	00:00:02	01:19:28.65	01:19:31.60	+00:04:04 (5.1%)	7:56	7.5 (93.8%)
9	STAWSKA Joanna	3075	BIEGAJ Z TRENERAMI	K-50	2	00:00:11	01:19:54.85	01:20:06.45	+00:04:30 (5.7%)	7:59	7.5 (93.8%)
10	TYCZEWSKA Teresa	3017		K-40	5	00:00:14	01:21:00.95	01:21:15.80	+00:05:37 (6.9%)	8:06	7.4 (92.5%)
11	LEWANDOWSKA Iwona	3039		K-50	3	00:00:12	01:22:04.10	01:22:16.60	+00:06:40 (8.1%)	8:12	7.3 (91.3%)
12	HOKOTA Anna	3072	ELZAB	K-30	2	00:00:09	01:22:51.40	01:23:00.70	+00:07:27 (9.0%)	8:17	7.2 (90.0%)
13	KULISA Marlena	2051		K-20	2	00:00:10	01:23:14.65	01:23:25.10	+00:07:50 (9.4%)	8:19	7.2 (90.0%)
14	MAKSYSZ-ŁOBKO Marzena	3045	ARCH3D	K-40	6	00:00:02	01:23:41.15	01:23:43.90	+00:08:17 (9.9%)	8:22	7.2 (90.0%)
15	KOWALSKA Wioletta	3021		K-40	7	00:00:11	01:24:36.20	01:24:47.65	+00:09:12 (10.9%)	8:27	7.1 (88.8%)
16	LISOWSKA Agnieszka	3012	GLIWICKI KLUB KOLEKCJONERA	K-16	1	00:00:18	01:24:58.95	01:25:17.65	+00:09:35 (11.3%)	8:29	7.1 (88.8%)
17	TURCZYN Jolanta	3036		K-50	4	00:00:05	01:25:24.65	01:25:30.20	+00:10:00 (11.7%)	8:32	7 (87.5%)
18	KAŁUŻNA Anna	3020		K-50	5	00:00:11	01:25:40.15	01:25:52.05	+00:10:16 (12.0%)	8:34	7 (87.5%)
19	SKONIECZNA Magdalena	3040	BUKATEAM	K-30	3	00:00:14	01:25:52.75	01:26:07.60	+00:10:28 (12.2%)	8:35	7 (87.5%)
20	KONOPACKA Krystyna	3		K-60	2	00:00:07	01:26:04.10	01:26:11.50	+00:10:40 (12.4%)	8:36	7 (87.5%)
21	MACIEJEWSKA Angelika	3080	KB ENDURANCE SOLIDARNI KNURÓW	K-30	4	00:00:00	01:26:16.70	01:26:16.70	+00:10:52 (12.6%)	8:37	7 (87.5%)
22	DOMARADZKA Karolina	3027		K-20	3	00:00:16	01:26:34.00	01:26:50.80	+00:11:10 (12.9%)	8:39	6.9 (86.3%)
23	EICHHOF-SIERGIEJ Małgorzata	2	GCER	K-30	5	00:00:15	01:26:48.15	01:27:04.05	+00:11:24 (13.1%)	8:40	6.9 (86.3%)
24	DYLONG Irena	3013		K-40	8	00:00:03	01:27:02.50	01:27:06.20	+00:11:38 (13.4%)	8:42	6.9 (86.3%)
25	DUDLEJ Ewa	3056		K-50	6	00:00:05	01:27:20.30	01:27:25.45	+00:11:56 (13.7%)	8:44	6.9 (86.3%)
26	HERMAN Kazimiera	3044		K-60	3	00:00:05	01:28:07.00	01:28:12.85	+00:12:43 (14.4%)	8:48	6.8 (85.0%)
27	ZIÓŁKOWSKA Jolanta	3043		K-50	7	00:00:05	01:28:07.70	01:28:12.95	+00:12:43 (14.4%)	8:48	6.8 (85.0%)

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28	JANKOWSKA Czesława	8		K-50	9	00:00:02	01:28:29.85	01:28:32.30	+00:13:05 (14.8%)	8:51	6.8 (85.0%)
29	ALEKSANDROWICZ Małgorzata	3015		K-50	8	00:00:11	01:28:21.75	01:28:33.25	+00:12:57 (14.7%)	8:50	6.8 (85.0%)
30	JURETKO Aneta	11		K-40	9	00:00:12	01:28:36.55	01:28:48.95	+00:13:12 (14.9%)	8:51	6.8 (85.0%)
31	SORKOWSKA-CIEŚLAK Kinga	3028		K-30	6	00:00:03	01:29:13.60	01:29:17.25	+00:13:49 (15.5%)	8:55	6.7 (83.8%)
32	KOŁODZIEJ Sonia	6		K-50	10	00:00:13	01:29:52.15	01:30:05.70	+00:14:28 (16.1%)	8:59	6.7 (83.8%)
33	GRABOWSKA-WCISEŁ Małgorzata	3002		K-30	7	00:00:14	01:29:52.95	01:30:07.25	+00:14:29 (16.1%)	8:59	6.7 (83.8%)
34	SCHRAMM-DUBIEL Anna	3066		K-40	10	00:00:17	01:29:51.25	01:30:08.95	+00:14:27 (16.1%)	8:59	6.7 (83.8%)
35	PAWŁOWSKA Anna	3025		K-40	11	00:00:11	01:30:42.65	01:30:53.95	+00:15:18 (16.9%)	9:04	6.6 (82.5%)
36	FIOŁKA-KONICZEK Magdalena	3071		K-40	12	00:00:18	01:30:51.15	01:31:09.85	+00:15:27 (17.0%)	9:05	6.6 (82.5%)
37	TISZBIEREK Gabriela	3010		K-40	14	00:00:04	01:31:05.60	01:31:10.30	+00:15:41 (17.2%)	9:06	6.6 (82.5%)
38	WYPCHOŁ Mariola	3009		K-50	11	00:00:03	01:31:10.95	01:31:14.85	+00:15:47 (17.3%)	9:07	6.6 (82.5%)
39	GÓRNIAK Alicja	3076		K-40	13	00:00:13	01:31:03.80	01:31:17.25	+00:15:39 (17.2%)	9:06	6.6 (82.5%)
40	EICHHOF Danuta	1		K-60	4	00:00:17	01:31:34.75	01:31:51.95	+00:16:10 (17.7%)	9:09	6.6 (82.5%)
41	KRAKOWCZYK Justyna	3035		K-30	8	00:00:09	01:32:17.65	01:32:27.00	+00:16:53 (18.3%)	9:13	6.5 (81.3%)
42	BURLIGA Marzena	5	KB ENEDURANCE SOLIDARNI KNURÓW	K-40	15	00:00:19	01:33:45.15	01:34:04.90	+00:18:21 (19.6%)	9:22	6.4 (80.0%)
43	DWORAK Iwona	3068	BIEGAM ABY LAURA MOGŁA CHODZIĆ	K-30	9	00:00:17	01:33:47.60	01:34:05.45	+00:18:23 (19.6%)	9:22	6.4 (80.0%)
44	KACZMAREK Danuta	3064		K-30	10	00:00:17	01:35:12.75	01:35:30.25	+00:19:48 (20.8%)	9:31	6.3 (78.8%)
45	ARTER Małgorzata	10		K-40	16	00:00:17	01:35:33.40	01:35:51.35	+00:20:09 (21.1%)	9:33	6.3 (78.8%)
46	URBAN Antonina	9		K-30	11	00:00:13	01:35:38.00	01:35:51.45	+00:20:14 (21.2%)	9:33	6.3 (78.8%)
47	LUPA Sabina	3014		K-30	12	00:00:13	01:35:49.25	01:36:02.30	+00:20:25 (21.3%)	9:34	6.3 (78.8%)
48	JUSZCZAK - WIŚNIEWSKA Agata	8ZK9YXG	NIGHT RUNNERS GLIWICE	K-20	4	00:00:16	01:37:19.70	01:37:35.95	+00:21:55 (22.5%)	9:43	6.2 (77.5%)
49	BRODOWICZ Aleksandra	3022		K-30	13	00:00:16	01:37:23.15	01:37:39.45	+00:21:59 (22.6%)	9:44	6.2 (77.5%)
50	MARZEC Janina	3001		K-50	12	00:00:14	01:38:21.25	01:38:36.15	+00:22:57 (23.3%)	9:50	6.1 (76.3%)
51	WOSZCZYŃSKA Natalia	3079		K-30	14	00:00:16	01:39:06.45	01:39:22.75	+00:23:42 (23.9%)	9:54	6.1 (76.3%)
52	WIŚNIEWSKA Marzanna	3030		K-40	17	00:00:14	01:39:19.95	01:39:34.85	+00:23:56 (24.1%)	9:56	6 (75.0%)
53	KOTOWSKA Karolina	3007		K-30	15	00:00:15	01:41:05.70	01:41:21.35	+00:25:41 (25.4%)	10:06	5.9 (73.8%)
54	NOWAK Grażyna	3057		K-60	5	00:00:12	01:52:48.40	01:53:01.20	+00:37:24 (33.2%)	11:16	5.3 (66.3%)
DQ	ŁYŻWIŃSKA Lidia	3037		K-50		DQ	01:12:06.05	DQ	DQ	-	- (0.0%)

Znaleziono 55 wynik(ów)