



Organizator:
Data:
Miejsce:
Dystans:

NORDIC WALKING GLIWICKI 2016 - 10KM

Fundacja Bieg Rzeźnika
2016-10-23
Gliwice
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: M Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GEMBALA Eugeniusz	3051	AMATOR	M-50	1	00:00:01	01:04:39.20	01:04:41.10		6:28	9.3 (100%)
2	POGODA Franciszek	3052	AEROMED CKZIU GLIWICE	M-50	2	00:00:12	01:09:46.10	01:09:58.70	+00:05:06 (7.3%)	6:58	8.6 (92.5%)
3	HAJDUK Franciszek	3046	RADZIONKÓW	M-50	3	00:00:02	01:12:04.10	01:12:07.05	+00:07:24 (10.3%)	7:12	8.3 (89.2%)
4	MAŁKA Marian	3069	NIEZRZESZONY	M-50	4	00:00:07	01:12:27.25	01:12:34.95	+00:07:48 (10.8%)	7:14	8.3 (89.2%)
5	KOWASZ Jacek	13		M-40	1	00:00:12	01:12:39.70	01:12:52.40	+00:08:00 (11.0%)	7:16	8.3 (89.2%)
6	TYCZEWSKI Jacek	3023		M-30	1	00:00:14	01:15:09.95	01:15:24.05	+00:10:30 (14.0%)	7:31	8 (86.0%)
7	SKONIECZNY Sebastian	3041	BUKATEAM	M-30	2	00:00:09	01:15:50.55	01:15:59.65	+00:11:11 (14.8%)	7:35	7.9 (84.9%)
8	CHARCZUK Zenon		ŻÓŁWIK OPOLE	M-50	5	00:00:11	01:16:31.30	01:16:42.95	+00:11:52 (15.5%)	7:39	7.8 (83.9%)
9	WRUCIŃSKI Adam	3059		M-50	6	00:00:03	01:17:52.90	01:17:56.30	+00:13:13 (17.0%)	7:47	7.7 (82.8%)
10	OWCZAREK Marcin	3073		M-50	7	00:00:15	01:18:04.20	01:18:19.65	+00:13:25 (17.2%)	7:48	7.7 (82.8%)
11	WIŚNIEWSKI Sławomir	3031		M-40	2	00:00:13	01:18:08.65	01:18:22.20	+00:13:29 (17.3%)	7:48	7.7 (82.8%)
12	JAWORSKI Andrzej	3055		M-50	8	00:00:02	01:19:45.40	01:19:47.40	+00:15:06 (18.9%)	7:58	7.5 (80.6%)
13	GÓRNIK Jerzy	3005	KATOWICE	M-60	1	00:00:11	01:19:42.00	01:19:53.10	+00:15:02 (18.9%)	7:58	7.5 (80.6%)
14	GĘBCZYK Władysław	3047	GLIWICKI KLUB KOLEKCJONERÓW	M-60	2	00:00:15	01:20:21.35	01:20:36.40	+00:15:42 (19.5%)	8:02	7.5 (80.6%)
15	KRAKOWCZYK Zygmunt	3062		M-60	3	00:00:11	01:21:49.05	01:22:00.10	+00:17:09 (21.0%)	8:10	7.3 (78.5%)
16	WYROZUMSKI Wojciech	4		M-30	3	00:00:13	01:21:54.05	01:22:07.90	+00:17:14 (21.1%)	8:11	7.3 (78.5%)
17	SOBCZYK Grzegorz	3074		M-40	3	00:00:10	01:22:04.55	01:22:15.30	+00:17:25 (21.2%)	8:12	7.3 (78.5%)
18	RYGULSKI Andrzej	3016	ŁAZISKIE KARLUSY	M-60	4	00:00:01	01:22:14.65	01:22:16.45	+00:17:35 (21.4%)	8:13	7.3 (78.5%)
19	KIDAWA Marian	3048		M-60	5	00:00:03	01:24:18.80	01:24:22.50	+00:19:39 (23.3%)	8:25	7.1 (76.3%)
20	GRZENCZYK Grzegorz	3034		M-50	9	00:00:06	01:25:02.80	01:25:09.70	+00:20:23 (24.0%)	8:30	7.1 (76.3%)
21	GAMRACY Leszek	3053	UTW GLIWICE	M-60	6	00:00:03	01:25:14.05	01:25:17.50	+00:20:34 (24.1%)	8:31	7 (75.3%)
22	LISOWSKI Mirosław	3011	GLIWICKI KLUB KOLEKCJONERÓW	M-40	4	00:00:18	01:25:15.55	01:25:34.10	+00:20:36 (24.2%)	8:31	7 (75.3%)
23	SKOTNICKI Michał	3003		M-50	10	00:00:16	01:26:22.80	01:26:39.25	+00:21:43 (25.2%)	8:38	6.9 (74.2%)
24	BENTKOWSKI Lesław	3058		M-70	1	00:00:14	01:28:11.65	01:28:26.30	+00:23:32 (26.7%)	8:49	6.8 (73.1%)
25	LEŚ Michał	3033		M-40	5	00:00:03	01:30:58.55	01:31:02.25	+00:26:19 (28.9%)	9:05	6.6 (71.0%)
26	KOTYLAŁ Wojciech	3061	SPORT-RELAKS GLIWICE	M-50	11	00:00:17	01:35:12.60	01:35:30.25	+00:30:33 (32.1%)	9:31	6.3 (67.7%)
27	HUZAREWICZ Marek	3070		M-40	6	00:00:18	01:37:29.15	01:37:48.05	+00:32:49 (33.7%)	9:45	6.2 (66.7%)

