



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

**XV BIEG SYLWESTROWY**  
Rowerowa Brzoza  
2021-12-31  
Brzoza  
11 km

## NORDIC WALKING

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

| Msc | Zawodnik                     | Numer | Klub | Kategoria | Mkat | Drużyna                 | Klub                    | Drużyna 1 | Split 4.9km | Split 9.4km | Czas netto 9.5km | Czas brutto 9.5km | Różn              | Tempo min/km | Tempo km/h  |
|-----|------------------------------|-------|------|-----------|------|-------------------------|-------------------------|-----------|-------------|-------------|------------------|-------------------|-------------------|--------------|-------------|
| 1   | NAGOW Michał                 | 135   |      | M46-55    | 1    | W Sylwestra na sportowo |                         |           | 00:30:38    | 01:01:46    | 01:02:05.35      | 01:02:28.05       |                   | 6:32         | 9.2 (100%)  |
| 2   | PRZYBORKIEWICZ Kriss         | 252   |      | M46-55    | 2    | W Sylwestra na sportowo | W Sylwestra na sportowo |           | 00:30:52    | 01:01:47    | 01:02:08.05      | 01:02:29.85       | +00:00:01 (0.0%)  | 6:32         | 9.2 (100%)  |
| 3   | SKIERA Krzysztof             | 244   |      | M36-45    | 1    | Łączy nas pasję         |                         |           | 00:30:55    | 01:03:21    | 01:03:53.90      | 01:04:16.95       | +00:01:48 (2.8%)  | 6:43         | 8.9 (96.7%) |
| 4   | POTRZEBOWSKI Marek           | 57    |      | M36-45    | 2    | Łączy nas pasję         | Łączy nas pasję         |           | 00:31:21    | 01:04:24    | 01:04:49.75      | 01:05:12.60       | +00:02:44 (4.2%)  | 6:49         | 8.8 (95.7%) |
| 5   | SZYCHOWSKI Jarosław          | 154   |      | M35       | 1    |                         | TKKF Kolejarz Bydgoszcz |           | 00:33:28    | 01:07:58    | 01:08:26.30      | 01:08:50.05       | +00:06:22 (9.2%)  | 7:12         | 8.3 (90.2%) |
| 6   | TRZCIŃSKI Eugeniusz          | 160   |      | M56+      | 1    | W Sylwestra na sportowo |                         |           | 00:33:20    | 01:08:35    | 01:08:57.35      | 01:09:26.45       | +00:06:58 (10.0%) | 7:15         | 8.3 (90.2%) |
| 7   | DEMBKOWSKI Ryszard           | 287   |      | M56+      | 2    |                         |                         |           | 00:32:24    | 01:08:41    | 01:09:04.95      | 01:09:27.05       | +00:06:59 (10.1%) | 7:16         | 8.3 (90.2%) |
| 8   | CIESIELSKI Krzysztof         | 53    |      | M56+      | 3    |                         | FAST WALKER             |           | 00:34:33    | 01:10:01    | 01:10:28.30      | 01:10:48.75       | +00:08:20 (11.8%) | 7:25         | 8.1 (88.0%) |
| 9   | MALAK Robert                 | 9     |      | M46-55    | 3    |                         | Niezzesony              |           | 00:36:08    | 01:13:21    | 01:13:47.60      | 01:14:09.80       | +00:11:41 (15.8%) | 7:46         | 7.7 (83.7%) |
| 10  | KACZMAREK Jarosław           | 163   |      | M46-55    | 4    |                         |                         |           | 00:36:09    | 01:13:19    | 01:13:48.50      | 01:14:17.95       | +00:11:49 (15.9%) | 7:46         | 7.7 (83.7%) |
| 11  | MAŁKIEWICZ Jacek             | 172   |      | M56+      | 4    |                         |                         |           | 00:36:03    | 01:13:25    | 01:13:53.90      | 01:14:20.65       | +00:11:52 (16.0%) | 7:46         | 7.7 (83.7%) |
| 12  | MARTINEZ MENENDEZ Jose Ramon | 202   |      | M36-45    | 3    |                         |                         |           | 00:37:19    | 01:13:48    | 01:14:15.35      | 01:14:43.90       | +00:12:15 (16.4%) | 7:48         | 7.7 (83.7%) |
| 13  | POLAK Paweł                  | 99    |      | M35       | 2    | Solankowi Biegacze      | Solankowi Biegacze      |           | 00:39:23    | 01:18:25    | 01:18:58.65      | 01:19:23.30       | +00:16:55 (21.3%) | 8:18         | 7.2 (78.3%) |
| 14  | WOŁOSZYN Kazimierz           | 177   |      | M56+      | 5    | Rowerowa Brzoza         | Rowerowa Brzoza         |           | 00:39:37    | 01:21:57    | 01:22:25.05      | 01:22:52.10       | +00:20:24 (24.6%) | 8:40         | 6.9 (75.0%) |
| 15  | BOŻEK Mariusz                | 290   |      | M56+      | 6    | Rowerowa Brzoza         | Rowerowa Brzoza         |           | 00:47:57    | 01:22:47    | 01:23:13.95      | 01:23:41.25       | +00:21:13 (25.4%) | 8:45         | 6.8 (73.9%) |

| Msc | Zawodnik           | Numer | Klub | Kategoria | Mkat | Drużyna | Klub             | Drużyna<br>1 | Split<br>4.9km | Split<br>9.4km | Czas<br>netto<br>9.5km | Czas<br>brutto<br>9.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h    |
|-----|--------------------|-------|------|-----------|------|---------|------------------|--------------|----------------|----------------|------------------------|-------------------------|----------------------|-----------------|------------------|
| 16  | SAPA Dariusz       | 181   |      | M46-55    | 5    |         | Bydgoskie Żółwie |              | 00:43:44       | 01:24:51       | 01:25:20.55            | 01:25:50.55             | +00:23:22<br>(27.2%) | 8:58            | 6.7<br>(72.8%)   |
| 17  | CZYŻEWSKI Piotr    | 56    |      | M36-45    | 4    |         |                  |              | 00:47:02       | 01:33:00       | 01:33:42.75            | 01:34:15.00             | +00:31:46<br>(33.7%) | 9:51            | 6.1<br>(66.3%)   |
| 18  | PERLIK Wiesław     | 182   |      | M56+      | 7    |         |                  |              | 00:49:16       | 01:39:00       | 01:39:44.90            | 01:40:15.55             | +00:37:47<br>(37.7%) | 10:29           | 5.7<br>(62.0%)   |
| 19  | KAŻMIERSKI Dariusz | 282   |      | M56+      | 8    |         |                  |              |                |                | 01:42:53.95            | 01:42:53.95             | +00:40:25<br>(39.3%) | 10:49           | 5.5<br>(59.8%)   |
| DNC | RAFIŃSKI Robert    | 289   |      | M46-55    |      |         |                  |              | 00:48:00       |                | 00:49:21.90            | 00:49:48.65             |                      | 0:00            | 11.6<br>(126.1%) |

Znaleziono 20 wynik(ów)