



Organizator:

Data:

Miejsce:

Dystans:

Koszalińskie Towarzystwo Krzewienia Kultury

Fizycznej

2016-05-22

Koszalin

21.1 km

PÓŁMARATON KOSZALIN - 21.1KM

B4SPORT



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KASZTELAN Urszula	91	TKKF TRIATHLON KOSZALIN	K30-39	1	00:00:35	00:04:40	00:26:21	00:49:24	01:13:38	01:37:38.20	01:38:14.10		4:37	13 (100%)
2	KAMIŃSKA Agata	85	KŁAM SZCZECIN	K30-39	2	00:00:47	00:05:33	00:31:10	00:56:48	01:23:05	01:47:53.30	01:48:40.55	+00:10:15 (9.5%)	5:06	11.7 (90.0%)
3	MERDA Katarzyna	136	MTS HAMER MIASTKO	K30-39	3	00:00:38	00:05:16	00:30:40	00:56:48	01:22:54	01:49:18.20	01:49:56.35	+00:11:40 (10.7%)	5:10	11.6 (89.2%)
4	MAKSYMOWICZ Kornelia	127		K30-39	4	00:00:35	00:04:53	00:29:18	00:55:13	01:24:37	01:53:17.95	01:53:53.30	+00:15:39 (13.8%)	5:22	11.2 (86.2%)
5	CHODOR Martyna	251		K30-39	5	00:00:39	00:05:30	00:30:59	00:57:07	01:25:57	01:54:36.40	01:55:16.15	+00:16:58 (14.8%)	5:25	11 (84.6%)
6	STORCZYK-RAK Agnieszka	197		K30-39	6	00:00:42	00:05:27	00:30:57	00:57:19	01:26:15	01:55:31.85	01:56:13.90	+00:17:53 (15.5%)	5:28	11 (84.6%)
7	DIAKOWICZ Magdalena	250		K30-39	7	00:00:43	00:05:37	00:32:06	01:01:42	01:33:50	02:07:00.15	02:07:43.60	+00:29:21 (23.1%)	6:01	10 (76.9%)
8	RUDNIK Janina Ewa	176		K30-39	8	00:00:47	00:06:14	00:36:01	01:07:49	01:39:37	02:12:28.80	02:13:16.55	+00:34:50 (26.3%)	6:16	9.6 (73.8%)
9	PASTERNAK Magdalena	162		K30-39	9	00:00:47	00:06:20	00:36:47	01:08:41	01:41:42	02:14:59.50	02:15:47.15	+00:37:21 (27.7%)	6:23	9.4 (72.3%)
10	HAŁAJKO Magdalena	56	BABECZKI	K30-39	10	00:00:50	00:05:43	00:32:12	01:05:36	01:39:43	02:16:26.65	02:17:16.80	+00:38:48 (28.4%)	6:27	9.3 (71.5%)
11	MAZUREK Barbara	133	BABECZKI KOSZALIN	K30-39	11	00:00:49	00:06:12	00:35:51	01:07:25	01:40:36	02:16:30.00	02:17:19.10	+00:38:51 (28.5%)	6:28	9.3 (71.5%)
12	JANICKA Katarzyna	68	BAJADERKI KOSZALIN	K30-39	12	00:00:52	00:06:14	00:35:59	01:07:28	01:41:13	02:17:41.25	02:18:34.20	+00:40:03 (29.1%)	6:31	9.2 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
13	BRODOWSKA Honorata	16		K30-39	13	00:00:47	00:06:15	00:37:59	01:11:32	01:46:16	02:21:33.55	02:22:20.80	+00:43:55 (31.0%)	6:42	8.9 (68.5%)
14	PRENDECKA Sylwia	169	RUNNERS OF WAŁCZ	K30-39	14	00:00:40	00:05:49	00:37:03	01:11:18	01:45:31	02:23:50.65	02:24:30.85	+00:46:12 (32.1%)	6:49	8.8 (67.7%)
15	JANKOWSKA Justyna	71		K30-39	15	00:00:36	00:05:30	00:35:33	01:10:17	01:47:42	02:24:48.90	02:25:25.45	+00:47:10 (32.6%)	6:51	8.7 (66.9%)
16	GZELA Olga	55	BIEGNIJMY.PL	K30-39	16	00:00:41	00:05:57	00:38:23	01:14:12	01:51:29	02:31:53.25	02:32:34.70	+00:54:15 (35.7%)	7:11	8.3 (63.8%)
17	KOMOROWSKA Beata	99	ROZBIEGANY KOSZALIN	K30-39	17	00:00:48	00:06:27	00:38:57	01:15:25	01:54:35	02:34:32.75	02:35:20.75	+00:56:54 (36.8%)	7:19	8.2 (63.1%)
18	PASEK Paula	158		K30-39	18	00:00:51	00:06:42	00:41:42	01:21:37	02:04:08	02:50:32.35	02:51:23.85	+01:12:54 (42.7%)	8:04	7.4 (56.9%)
19	TARNIONEK Katarzyna	206		K30-39	19	00:00:36	00:05:09	00:30:11	00:59:18				+00:09:55	5:20	11.2 (86.2%)

Znaleziono 19 wynik(ów)