



## PÓŁMARATON KOSZALIN - 21.1KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2016-05-22  
**Miejsce:** Koszalin  
**Dystans:** 21.1 km



Klasyfikacja: M45-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KRYCZKA Stanisław	114	MTS HAMER MIASTKO	M45-49	1	00:00:33	00:04:18	00:24:32	00:45:16	01:07:07	<b>01:29:49.95</b>	<b>01:30:23.90</b>		4:15	14.1
2	BIEDRZYCKI Krzysztof	259	CW FANZA KOŁOBRZEG	M45-49	2	00:00:35	00:04:36	00:26:48	00:49:04	01:11:21	<b>01:33:41.55</b>	<b>01:34:17.20</b>	+00:03:51	4:26	13.5
3	TCHÓRZEWSKI Marek	207		M45-49	3	00:00:35	00:04:43	00:27:20	00:50:05	01:13:33	<b>01:37:16.20</b>	<b>01:37:51.50</b>	+00:07:26	4:36	13
4	UZNAŃSKI Ryszard	213		M45-49	4	00:00:33	00:04:30	00:26:31	00:49:13	01:15:18	<b>01:43:57.60</b>	<b>01:44:31.40</b>	+00:14:07	4:55	12.2
5	PEKAŁA Piotr	164	SOSW KOSZALIN	M45-49	5	00:00:48	00:05:46	00:32:07	00:58:30	01:24:59	<b>01:50:52.55</b>	<b>01:51:41.35</b>	+00:21:02	5:15	11.4
6	JANKOWSKI Jakub	74		M45-49	6	00:00:39	00:05:34	00:31:47	00:58:26	01:25:01	<b>01:52:16.40</b>	<b>01:52:55.80</b>	+00:22:26	5:19	11.3
7	GRABOWSKI Krzysztof	258		M45-49	7	00:00:38	00:05:37	00:32:33	01:00:35	01:28:25	<b>01:54:18.65</b>	<b>01:54:57.00</b>	+00:24:28	5:25	11.1
8	OSTROWSKI Piotr	156	BIEGAJĄCY TCZEW	M45-49	8	00:00:40	00:05:06	00:30:02	00:56:45	01:25:33	<b>01:55:21.05</b>	<b>01:56:01.15</b>	+00:25:31	5:28	11
9	ŚRODA Wojciech	204		M45-49	9	00:00:50	00:05:50	00:32:09	00:59:21	01:27:08	<b>01:56:33.95</b>	<b>01:57:23.95</b>	+00:26:44	5:31	10.9
10	WACHOWIAK Bogdan	215		M45-49	10	00:00:37	00:05:30	00:31:34	00:59:07	01:28:00	<b>01:59:07.45</b>	<b>01:59:45.00</b>	+00:29:17	5:38	10.6
11	DZIESZUK Dariusz	36	TKKF KOSZALIN	M45-49	11	00:00:42	00:05:51	00:33:32	01:01:28	01:29:48	<b>02:00:09.50</b>	<b>02:00:51.75</b>	+00:30:19	5:41	10.5
12	JANKOWSKI Jarosław	73		M45-49	12	00:00:44	00:06:05	00:34:18	01:02:37	01:31:47	<b>02:00:49.40</b>	<b>02:01:33.90</b>	+00:30:59	5:43	10.5
13	JANKOWSKI Maciej	75		M45-49	13	00:00:38	00:05:35	00:31:49	01:00:26	01:31:28	<b>02:03:04.15</b>	<b>02:03:42.20</b>	+00:33:14	5:49	10.3
14	PIECHOTA Robert	166		M45-49	14	00:00:36	00:04:32	00:29:47	01:00:16	01:32:55	<b>02:03:32.00</b>	<b>02:04:08.00</b>	+00:33:42	5:51	10.2
15	PIEKARZEWICZ Tomasz	167	BOBOLICE	M45-49	15	00:00:46	00:05:28	00:31:42	01:00:41	01:32:18	<b>02:04:25.45</b>	<b>02:05:11.45</b>	+00:34:35	5:53	10.2
16	NIEDBAŁA Konrad	149		M45-49	16	00:00:49	00:06:13	00:35:12	01:04:51	01:37:44	<b>02:12:59.20</b>	<b>02:13:48.30</b>	+00:43:09	6:18	9.5
17	KOLASA Tomasz	98	KĄPIELE NA SPONTANIE	M45-49	17	00:00:48	00:06:20	00:38:30	01:10:58	01:44:26	<b>02:18:04.15</b>	<b>02:18:52.30</b>	+00:48:14	6:32	9.2

Znaleziono 17 wynik(ów)