

PÓŁMARATON Z GÓRKĄ

Wydarzenie: CHOJNIK KARKONOSKI FESTIWAL BIEGOWY 2021
Organizator: FUNDACJA PROFIT MARATON
Data: 2021-09-04
Miejsce: Sobieszów
Dystans: 29 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
1	**BRÝDL Pavel**	**1082**	MUAY RUNNING TEAM	M40	1	00:29:17	00:50:16	02:04:23	**02:40:05.40**		5:31	10.9 (100%)
2	**PAZDAN Piotr**	**1070**	140MINUT.PL	M30	1	00:29:16	00:50:15	02:04:46	**02:43:31.05**	+00:03:25 (2.1%)	5:38	10.6 (97.2%)
3	**SZKOŁA Wojciech**	**1003**	NATURAL BORN RUNNERS	M30	2	00:30:25	00:52:35	02:12:10	**02:54:02.15**	+00:13:56 (8.0%)	6:00	10 (91.7%)
4	**PYZIK Krzysztof**	**738**	VEGESLONIKN TEAM / FIZJOBIEGACZE SZCZECIN	M30	3	00:30:31	00:52:36	02:13:03	**02:55:45.25**	+00:15:39 (8.9%)	6:03	9.9 (90.8%)
5	**DZIENISZEWSKI Michał**	**1085**	DYNAFIT / SKALNIK.PL	M30	4	00:33:47	00:57:27	02:15:21	**02:58:49.65**	+00:18:44 (10.5%)	6:09	9.7 (89.0%)
6	**SKRAJNY Łukasz**	**771**	JASIEK&ZOŚKA	M40	2	00:30:37	00:52:39	02:18:23	**03:02:25.20**	+00:22:19 (12.2%)	6:17	9.5 (87.2%)
7	**KUŚNIERCZAK Wiesław**	**965**		M40	3	00:32:39	00:55:37	02:18:44	**03:02:46.40**	+00:22:41 (12.4%)	6:18	9.5 (87.2%)
8	**GRABOWY Paweł**	**832**		M18	1	00:32:21	00:55:27	02:20:07	**03:05:32.75**	+00:25:27 (13.7%)	6:23	9.4 (86.2%)
9	**DYBIŻBAŃSKI Wojciech**	**963**		M30	5	00:33:46	00:57:50	02:23:12	**03:09:35.20**	+00:29:29 (15.6%)	6:32	9.2 (84.4%)
10	**TOMASIAK Adam**	**1022**		M18	2	00:31:17	00:54:17	02:20:19	**03:10:32.15**	+00:30:26 (16.0%)	6:34	9.1 (83.5%)
11	**KOLENDA Krzysztof**	**870**	220V/KALMAR RUNNERS	M40	4	00:31:09	00:54:12	02:21:42	**03:13:51.10**	+00:33:45 (17.4%)	6:41	9 (82.6%)
12	**NOWORYTA Radosław**	**735**	ULTRA DIABŁY TEAM LUBRZA/WIERZBICKI RUNNING PROJECT	M40	5	00:31:45	00:55:02	02:26:49	**03:14:51.80**	+00:34:46 (17.8%)	6:43	8.9 (81.7%)
13	**BARTKOWIAK Michal**	**914**	CITYTRAIL TEAM	M30	6	00:34:24	01:00:50	02:31:00	**03:15:33.30**	+00:35:27 (18.1%)	6:44	8.9 (81.7%)
14	**DUCZMAL Dominika**	**843**	TEAM MOUNTAIN FUEL POLSKA/SOBAS TEAM	K18	1	00:31:55	00:55:20	02:25:30	**03:16:03.80**	+00:35:58 (18.3%)	6:45	8.9 (81.7%)
15	**ŁUCZYŃSKI Maciej**	**962**		M40	6	00:36:13	01:01:55	02:30:00	**03:17:29.50**	+00:37:24 (18.9%)	6:48	8.8 (80.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
16	**OLCZYK Grzegorz**	**1002**	DRÄXLMAIER	M30	7	00:34:38	00:57:49	02:26:47	**03:18:35.60**	+00:38:30 (19.4%)	6:50	8.8 (80.7%)
17	**KOTLAREK Dawid**	**759**	VEGE RUNNERS / #SOBASTEAM	M40	7	00:30:40	00:52:38	02:25:10	**03:18:59.50**	+00:38:54 (19.5%)	6:51	8.7 (79.8%)
18	**BIELA Konrad**	**997**	GOPR KARKONOSZE	M30	8	00:33:45	00:58:11	02:31:28	**03:20:11.85**	+00:40:06 (20.0%)	6:54	8.7 (79.8%)
19	**SZELEŻYŃSKI Kamil**	**850**		M18	3	00:37:46	01:04:16	02:33:54	**03:20:54.90**	+00:40:49 (20.3%)	6:55	8.7 (79.8%)
20	**BOSAKIEWICZ Tomasz**	**1058**	OLAWS	M30	9	00:35:35	01:01:06	02:35:24	**03:22:14.90**	+00:42:09 (20.8%)	6:58	8.6 (78.9%)
21	**KUBIAK Jagoda**	**1047**		K30	1	00:35:27	01:01:05	02:36:50	**03:22:45.45**	+00:42:40 (21.0%)	6:59	8.6 (78.9%)
22	**GOLONKA Paweł**	**781**	KB WIKON NOWA SÓL	M30	10	00:34:42	00:59:10	02:35:30	**03:23:58.35**	+00:43:52 (21.5%)	7:02	8.5 (78.0%)
23	**JAKUBCZAK Konrad**	**837**		M40	8	00:35:32	01:00:48	02:36:26	**03:24:24.30**	+00:44:18 (21.7%)	7:02	8.5 (78.0%)
24	**MÓLL Mateusz**	**935**	#SOBASTEAM	M30	11	00:31:56	00:55:33	02:28:25	**03:25:23.00**	+00:45:17 (22.1%)	7:04	8.5 (78.0%)
25	**BIERNACKA Katarzyna**	**938**	SBRT WROCŁAW	K30	2	00:33:31	00:57:39	02:34:08	**03:25:48.95**	+00:45:43 (22.2%)	7:05	8.5 (78.0%)
26	**NOWIK Kamil**	**737**	ULTRA DIABŁY TEAM LUBRZA	M40	9	00:35:36	01:01:21	02:35:35	**03:26:13.55**	+00:46:08 (22.4%)	7:06	8.4 (77.1%)
27	**ŚWIERK Przemysław**	**801**	ULTRA DIABŁY TEAM	M40	10	00:33:48	00:58:15	02:35:36	**03:26:13.85**	+00:46:08 (22.4%)	7:06	8.4 (77.1%)
28	**SZARAPANOWSKI Damian**	**758**	ULTRA DIABŁY TEAM LUBRZA	M40	11	00:34:04	00:58:48	02:35:37	**03:26:14.70**	+00:46:09 (22.4%)	7:06	8.4 (77.1%)
29	**STELMACH Szymon**	**1028**	DRÄXLMAIER	M18	4	00:36:16	01:02:34	02:35:38	**03:27:28.45**	+00:47:23 (22.8%)	7:09	8.4 (77.1%)
30	**DAUKSZO Maciej**	**761**	SBRT WARSZAWA	M18	5	00:36:00	01:02:38	02:42:00	**03:27:48.15**	+00:47:42 (23.0%)	7:09	8.4 (77.1%)
31	**WOJNAROWICZ Paweł**	**923**		M30	12	00:36:24	01:02:12	02:38:09	**03:29:41.55**	+00:49:36 (23.7%)	7:13	8.3 (76.1%)
32	**PIOTROWICZ Kamila**	**775**		K18	2	00:37:00	01:03:39	02:40:38	**03:30:22.20**	+00:50:16 (23.9%)	7:15	8.3 (76.1%)
33	**MRUK Paweł**	**1038**	140MINUT.PL	M30	13	00:36:53	01:02:36	02:42:01	**03:30:44.50**	+00:50:39 (24.0%)	7:16	8.3 (76.1%)
34	**KORONA-SIERADZKA Bogusława**	**882**		K30	3	00:36:20	01:02:41	02:40:55	**03:30:54.70**	+00:50:49 (24.1%)	7:16	8.3 (76.1%)
35	**GRACZ Paweł**	**714**		M30	14	00:33:34	00:57:28	02:29:36	**03:31:46.45**	+00:51:41 (24.4%)	7:18	8.2 (75.2%)
36	**MICHALSKI Krzysztof**	**863**		M30	15	00:36:12	01:01:15	02:41:03	**03:32:19.35**	+00:52:13 (24.6%)	7:19	8.2 (75.2%)
37	**FERET Hubert**	**778**		M30	16	00:37:05	01:03:47	02:40:54	**03:33:11.20**	+00:53:05 (24.9%)	7:21	8.2 (75.2%)
38	**RAJKOWSKI Przemysław**	**1057**	FUDU&CO SPORT TEAM	M50	1	00:35:11	01:01:06	02:40:51	**03:33:37.05**	+00:53:31 (25.1%)	7:21	8.1 (74.3%)

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39	**HENDEL Mirela**	**1064**	IZBICKO W BIEGU	K18	3	00:36:06	01:01:43	02:42:12	**03:34:05.15**	+00:53:59 (25.2%)	7:22	8.1 (74.3%)
40	**SCHRODER Patryk**	**1026**	ULTRAFUN	M40	12	00:35:50	01:01:16	02:41:14	**03:35:33.00**	+00:55:27 (25.7%)	7:25	8.1 (74.3%)
41	**WALIGÓRA Mateusz**	**763**		M30	17	00:33:38	00:58:20	02:40:14	**03:36:15.80**	+00:56:10 (26.0%)	7:27	8 (73.4%)
42	**CZERWIŃSKI Dominik**	**1077**	ALVO RACING TEAM	M40	13	00:36:30	01:02:04	02:43:32	**03:36:19.85**	+00:56:14 (26.0%)	7:27	8 (73.4%)
43	**MACHOWIAK Maciej**	**1006**		M30	18	00:35:44	01:00:55	02:40:46	**03:36:43.30**	+00:56:37 (26.1%)	7:28	8 (73.4%)
44	**KACZMAREK Maciej**	**979**		M30	19	00:37:54	01:04:05	02:42:53	**03:36:45.05**	+00:56:39 (26.1%)	7:28	8 (73.4%)
45	**OKOŁOTOWICZ Michał**	**952**	NOA	M30	20	00:39:01	01:05:00	02:42:49	**03:37:17.80**	+00:57:12 (26.3%)	7:29	8 (73.4%)
46	**GRZEMSKI Marcin**	**943**	WRONIECKI KLUB BIEGACZA	M30	21	00:33:35	00:58:15	02:40:35	**03:37:59.20**	+00:57:53 (26.6%)	7:31	8 (73.4%)
47	**MORAŃSKI Paweł**	**1092**		M30	22	00:39:55	01:08:42	02:47:44	**03:38:15.55**	+00:58:10 (26.7%)	7:31	8 (73.4%)
48	**BUDYNEK Tadeusz**	**1076**	ALVO RACING TEAM	M30	23	00:38:35	01:03:55	02:45:52	**03:38:22.20**	+00:58:16 (26.7%)	7:31	8 (73.4%)
49	**MROWCA Paweł**	**780**		M30	24	00:37:46	01:03:17	02:43:55	**03:38:45.90**	+00:58:40 (26.8%)	7:32	8 (73.4%)
50	**BOROWSKA Karolina**	**811**	KGHM ZG RUN	K30	4	00:36:59	01:03:39	02:45:08	**03:39:23.30**	+00:59:17 (27.0%)	7:33	7.9 (72.5%)
51	**BOĆKO Ewa**	**931**		K40	1	00:37:01	01:03:16	02:47:43	**03:39:34.55**	+00:59:29 (27.1%)	7:34	7.9 (72.5%)
52	**KUŁAKOWSKA Małgorzata**	**748**	ŚWDNICKA GRUPA BIEGOWA	K30	5	00:37:22	01:03:07	02:47:50	**03:40:10.00**	+01:00:04 (27.3%)	7:35	7.9 (72.5%)
53	**KUCHARSKI Tomasz**	**1078**	ALVO RACING TEAM	M40	14	00:35:02	01:00:43	02:44:33	**03:40:47.90**	+01:00:42 (27.5%)	7:36	7.9 (72.5%)
54	**WILK Maciej**	**1015**		M30	25	00:36:52	01:03:43	02:44:58	**03:41:52.75**	+01:01:47 (27.8%)	7:39	7.8 (71.6%)
55	**TRZCIONKOWSKI Mariusz**	**995**	OSV TEAM OLKUSZ	M40	15	00:35:16	01:02:10	02:45:43	**03:42:06.00**	+01:02:00 (27.9%)	7:39	7.8 (71.6%)
56	**WILCZEWSKI Piotr**	**1010**	GORZOWSKIE BIEGANIE CZWARTKWOE	M30	26	00:39:42	01:06:33	02:49:08	**03:42:42.05**	+01:02:36 (28.1%)	7:40	7.8 (71.6%)
57	**LORENC Joanna**	**1048**	ENDORFINY WĄSOSZ	K30	6	00:36:45	01:02:44	02:52:24	**03:43:45.60**	+01:03:40 (28.5%)	7:42	7.8 (71.6%)
58	**GDULA Jakub**	**734**	JEM KLOPSA	M18	6	00:39:56	01:09:07	02:50:34	**03:43:52.60**	+01:03:47 (28.5%)	7:43	7.8 (71.6%)
59	**WINTER Piotr**	**890**	NIGHT RUNNERS	M30	27	00:37:48	01:03:58	02:44:04	**03:44:04.95**	+01:03:59 (28.6%)	7:43	7.8 (71.6%)
60	**BŁAŻEJCZYK Zbigniew**	**1009**		M40	16	00:36:41	01:02:22	02:46:12	**03:46:17.90**	+01:06:12 (29.3%)	7:48	7.7 (70.6%)
61	**SAWICKI Bartosz**	**757**	DZIKIE DZIKI GORZÓW	M30	28	00:38:40	01:04:06	02:55:43	**03:46:47.25**	+01:06:41 (29.4%)	7:49	7.7 (70.6%)

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62	**PALCZYŃSKI Krzysztof**	**725**		M30	29	00:37:15	01:03:50	02:49:54	**03:47:06.85**	+01:07:01 (29.5%)	7:49	7.7 (70.6%)
63	**WŁODARCZYK Krzysztof**	**1035**	3TEAM MPEC KONIN	M40	17	00:39:05	01:05:52	02:50:57	**03:48:13.20**	+01:08:07 (29.9%)	7:52	7.6 (69.7%)
64	**STRÓŻEK Jan**	**971**		M40	18	00:38:58	01:07:26	02:49:20	**03:49:32.80**	+01:09:27 (30.3%)	7:54	7.6 (69.7%)
65	**ZDEBSKA Magdalena**	**1072**		K30	7	00:36:18	01:03:31	02:52:57	**03:50:00.80**	+01:09:55 (30.4%)	7:55	7.6 (69.7%)
66	**PAWLAK Maciej**	**1039**	3TEAMKONIN/MPEC-KONIN	M40	19	00:39:04	01:05:49	02:50:56	**03:50:01.60**	+01:09:56 (30.4%)	7:55	7.6 (69.7%)
67	**KAŁUŻNY Wojciech**	**880**	BIEGOWA ŚWIDNICA	M40	20	00:36:02	01:01:40	02:43:47	**03:50:43.65**	+01:10:38 (30.6%)	7:57	7.5 (68.8%)
68	**MATUSZ Adam**	**877**		M40	21	00:37:43	01:04:57	02:51:06	**03:50:55.65**	+01:10:50 (30.7%)	7:57	7.5 (68.8%)
69	**SADOWSKI Michał**	**796**		M30	30	00:34:38	00:57:51	02:49:49	**03:53:11.80**	+01:13:06 (31.3%)	8:02	7.5 (68.8%)
70	**SZKUDLARSKI Tomasz**	**998**	3M RUNNING TEAM	M40	22	00:38:47	01:05:33	02:57:13	**03:53:33.65**	+01:13:28 (31.5%)	8:03	7.5 (68.8%)
71	**SZELIGA Jacek**	**887**	SZELIGA TEAM	M40	23	00:40:52	01:07:54	02:54:10	**03:53:34.95**	+01:13:29 (31.5%)	8:03	7.4 (67.9%)
72	**PODSKARBI Dawid**	**1084**	GOD IS GOOD	M40	24	00:36:11	01:03:15	02:53:02	**03:54:30.85**	+01:14:25 (31.7%)	8:05	7.4 (67.9%)
73	**MOCZULSKI Kamil**	**937**	MOCNA GRUPA CEZARA/SBRT WROCŁAW	M30	31	00:39:27	01:09:37	03:00:01	**03:54:50.25**	+01:14:44 (31.8%)	8:05	7.4 (67.9%)
74	**WOJCIESZEK Andrzej**	**800**	GEMINI POLSKA TEAM	M40	25	00:35:23	01:02:09	02:50:35	**03:55:31.35**	+01:15:25 (32.0%)	8:07	7.4 (67.9%)
75	**WRÓBLEWSKI Wojciech**	**717**		M30	32	00:36:38	01:03:39	02:56:02	**03:55:37.85**	+01:15:32 (32.1%)	8:07	7.4 (67.9%)
76	**STASZEWSKI Piotr**	**1011**		M30	33	00:40:46	01:07:36	02:56:34	**03:56:15.85**	+01:16:10 (32.2%)	8:08	7.4 (67.9%)
77	**KLIMCZAK Paweł**	**823**		M50	2	00:39:40	01:06:56	03:01:07	**03:56:17.25**	+01:16:11 (32.2%)	8:08	7.4 (67.9%)
78	**BURA Krystian**	**784**	BIEGAJ LESZNO	M30	34	00:36:35	01:02:24	02:59:28	**03:56:41.95**	+01:16:36 (32.4%)	8:09	7.4 (67.9%)
79	**PIETRUSA Mariusz**	**986**	CYKLOFAN	M30	35	00:39:43	01:07:49	02:58:50	**03:57:03.60**	+01:16:58 (32.5%)	8:10	7.3 (67.0%)
80	**BOROWSKI Radosław**	**839**	MLKS KRAJNA	M30	36	00:41:18	01:09:38	02:59:43	**03:57:31.80**	+01:17:26 (32.6%)	8:11	7.3 (67.0%)
81	**OLESIAK Roman**	**996**		M40	26	00:40:53	01:09:54	03:00:08	**03:57:59.90**	+01:17:54 (32.7%)	8:12	7.3 (67.0%)
82	**LIPPA Wojciech**	**985**	CYKLOFAN	M40	27	00:39:26	01:07:11	02:56:02	**03:58:29.85**	+01:18:24 (32.9%)	8:13	7.3 (67.0%)
83	**TOMASIEWICZ Brunon**	**959**		M30	37	00:41:47	01:11:24	02:58:21	**03:58:56.10**	+01:18:50 (33.0%)	8:14	7.3 (67.0%)
84	**KRAJEWSKI Marcin**	**1079**	NOA	M30	38	00:40:52	01:09:03	03:01:24	**03:58:58.35**	+01:18:52 (33.0%)	8:14	7.3 (67.0%)

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85	**GANDYRA Rafał**	**1044**		M30	39	00:38:42	01:07:21	02:59:42	**03:59:54.50**	+01:19:49 (33.3%)	8:16	7.3 (67.0%)
86	**WRÓBEL Marcin**	**903**		M30	40	00:39:55	01:05:46	02:58:57	**04:00:15.05**	+01:20:09 (33.4%)	8:17	7.2 (66.1%)
87	**SZCZECIŃSKI Piotr**	**904**		M40	28	00:39:55	01:05:47	02:58:57	**04:00:15.40**	+01:20:10 (33.4%)	8:17	7.2 (66.1%)
88	**JAGODZIŃSKI Paweł**	**1036**	VILMED 3TEAM KONIN	M40	29	00:39:05	01:05:52	02:57:51	**04:00:34.95**	+01:20:29 (33.5%)	8:17	7.2 (66.1%)
89	**HALESZCZUK Tomasz**	**1074**	PRO-RUN WROCŁAW	M40	30	00:40:38	01:08:41	03:02:45	**04:00:38.10**	+01:20:32 (33.5%)	8:17	7.2 (66.1%)
90	**ADAMSKA Zofia**	**745**		K30	8	00:38:00	01:07:29	03:04:15	**04:01:18.60**	+01:21:13 (33.7%)	8:19	7.2 (66.1%)
91	**SENFTLEBEN Marek**	**1018**		M30	41	00:38:54	01:05:38	03:00:40	**04:01:28.95**	+01:21:23 (33.7%)	8:19	7.2 (66.1%)
92	**STRZELECKI Robert**	**803**		M30	42	00:40:24	01:09:39	03:05:58	**04:03:14.85**	+01:23:09 (34.2%)	8:23	7.2 (66.1%)
93	**PELCZAR Joanna**	**849**		K18	4	00:40:10	01:09:50	03:08:08	**04:03:32.75**	+01:23:27 (34.3%)	8:23	7.1 (65.1%)
94	**WABERSKI Przemysław**	**872**		M30	43	00:43:29	01:14:51	03:08:29	**04:04:12.80**	+01:24:07 (34.4%)	8:25	7.1 (65.1%)
95	**OLEJNIK Agnieszka**	**1051**	ENDORFINY WĄSOSZ	K30	9	00:38:32	01:06:07	03:05:29	**04:04:20.40**	+01:24:15 (34.5%)	8:25	7.1 (65.1%)
96	**GRYKIEL Tomasz**	**840**	KS JULIAN	M40	31	00:46:48	01:14:55	03:09:32	**04:05:47.30**	+01:25:41 (34.9%)	8:28	7.1 (65.1%)
97	**INGLOT Paweł**	**1087**		M30	44	00:37:45	01:05:30	03:02:44	**04:06:27.60**	+01:26:22 (35.0%)	8:29	7.1 (65.1%)
98	**PANKAŁA Rafał**	**993**		M40	32	00:46:32	01:17:00	03:12:43	**04:06:39.15**	+01:26:33 (35.1%)	8:30	7.1 (65.1%)
99	**GĄTKIEWICZ Paweł**	**932**	ESKADRA KRAKÓW	M40	33	00:40:01	01:08:45	03:05:09	**04:07:02.40**	+01:26:57 (35.2%)	8:31	7 (64.2%)
100	**JAZ Ernest**	**1040**	ENDORFINY WĄSOSZ	M30	45	00:37:13	01:04:28	03:05:25	**04:07:03.30**	+01:26:57 (35.2%)	8:31	7 (64.2%)
101	**BERESIŃSKA Dorota**	**881**		K18	5	00:43:56	01:14:35	03:09:42	**04:07:03.60**	+01:26:58 (35.2%)	8:31	7 (64.2%)
102	**STEFANIAK Marcin**	**1023**		M40	34	00:40:47	01:07:37	03:07:47	**04:08:58.95**	+01:28:53 (35.7%)	8:35	7 (64.2%)
103	**STASIAK Łukasz**	**797**		M30	46	00:43:55	01:15:18	03:09:13	**04:09:25.30**	+01:29:19 (35.8%)	8:36	7 (64.2%)
104	**WYPYCH Dorota**	**767**		K30	10	00:37:18	01:06:40	03:13:49	**04:09:28.85**	+01:29:23 (35.8%)	8:36	7 (64.2%)
105	**MORAWSKI Wojciech**	**933**		M30	47	00:45:55	01:17:57	03:09:38	**04:09:46.55**	+01:29:41 (35.9%)	8:36	7 (64.2%)
106	**BASIŃSKI Tomasz**	**944**	ORION TEAM	M30	48	00:40:53	01:09:16	03:06:53	**04:10:03.05**	+01:29:57 (36.0%)	8:37	7 (64.2%)
107	**SIKORSKA Aleksandra**	**1089**		K30	11	00:37:12	01:04:14	02:59:51	**04:10:13.30**	+01:30:07 (36.0%)	8:37	7 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
108	**KORZENIOWSKI Oskar**	**957**		M18	7	00:44:19	01:14:30	03:13:25	**04:10:28.20**	+01:30:22 (36.1%)	8:38	6.9 (63.3%)
109	**KOZŁOWSKI Tomasz**	**1056**	LESZNO LIMITS RUNNERS	M50	3	00:43:40	01:15:14	03:14:51	**04:10:38.55**	+01:30:33 (36.1%)	8:38	6.9 (63.3%)
110	**FARION Marzena**	**860**		K40	2	00:42:31	01:12:18	03:09:41	**04:11:07.10**	+01:31:01 (36.2%)	8:39	6.9 (63.3%)
111	**MAĆKOWSKI Mateusz**	**810**	NATURAL BORN COFFEE LOVERS	M40	35	00:42:18	01:10:36	03:07:19	**04:11:53.85**	+01:31:48 (36.4%)	8:41	6.9 (63.3%)
112	**STANKIEWICZ Pawel**	**990**		M30	49	00:46:32	01:17:17	03:14:36	**04:12:18.90**	+01:32:13 (36.6%)	8:42	6.9 (63.3%)
113	**JAROMIRSKA-LEWIŃSKA Maja**	**968**	RUNEDA	K40	3	00:41:58	01:10:43	03:13:35	**04:13:06.05**	+01:33:00 (36.7%)	8:43	6.9 (63.3%)
114	**KUBIAK Andrzej**	**1037**		M60	1	00:42:31	01:13:58	03:13:32	**04:13:31.30**	+01:33:25 (36.9%)	8:44	6.9 (63.3%)
115	**SZCZĘSNY Paweł**	**820**		M18	8	00:39:45	01:08:58	03:09:57	**04:13:37.40**	+01:33:32 (36.9%)	8:44	6.9 (63.3%)
116	**CHOCIAJ Daniel**	**1050**	ENDORFINY WĄSOSZ	M40	36	00:40:59	01:09:12	03:08:27	**04:14:07.00**	+01:34:01 (37.0%)	8:45	6.8 (62.4%)
117	**STARCZEWSKA Izabela**	**709**	ULTRA DIABŁY TEAM LUBRZA	K50	1	00:42:10	01:12:36	03:14:22	**04:14:10.85**	+01:34:05 (37.0%)	8:45	6.8 (62.4%)
118	**BARYSKI Maciej**	**1008**		M30	50	00:40:08	01:08:58	03:10:48	**04:14:18.65**	+01:34:13 (37.0%)	8:46	6.8 (62.4%)
119	**ROKSELA Paweł**	**764**		M30	51	00:44:06	01:14:45	03:17:15	**04:15:00.55**	+01:34:55 (37.2%)	8:47	6.8 (62.4%)
120	**CHOJNICKA Magdalena**	**1059**		K30	12	00:43:02	01:12:38	03:11:57	**04:15:04.65**	+01:34:59 (37.2%)	8:47	6.8 (62.4%)
121	**ABULEWICZ Wojciech**	**874**	TRENING STUDIO 17	M50	4	00:42:14	01:12:56	03:11:33	**04:15:17.50**	+01:35:12 (37.3%)	8:48	6.8 (62.4%)
122	**BARTMAŃSKA Mirosława**	**788**	CRAZY KILI	K40	4	00:42:09	01:11:09	03:16:18	**04:15:19.70**	+01:35:14 (37.3%)	8:48	6.8 (62.4%)
123	**GIMZICKA Ewa**	**827**	WANDA	K40	5	00:42:49	01:12:45	03:15:33	**04:16:31.20**	+01:36:25 (37.6%)	8:50	6.8 (62.4%)
124	**PISKORSKI Łukasz**	**973**		M30	52	00:41:18	01:10:21	03:13:33	**04:16:38.90**	+01:36:33 (37.6%)	8:50	6.8 (62.4%)
125	**PLOK Krzysztof**	**920**		M50	5	00:39:43	01:08:22	03:13:53	**04:16:50.05**	+01:36:44 (37.7%)	8:51	6.8 (62.4%)
126	**KRZYŻANOWSKA-KORZENIOWSKA Anna Maria**	**958**		K30	13	00:44:19	01:14:30	03:13:25	**04:17:03.25**	+01:36:57 (37.7%)	8:51	6.8 (62.4%)
127	**KRYSIEWICZ Marcin**	**1063**		M40	37	00:42:56	01:13:30	03:13:48	**04:19:59.10**	+01:39:53 (38.4%)	8:57	6.7 (61.5%)
128	**KAZUBOWSKA Ola**	**992**		K40	6	00:48:23	01:20:53	03:23:44	**04:20:31.10**	+01:40:25 (38.5%)	8:59	6.7 (61.5%)
129	**CZAJKOWSKA Sylwia**	**941**	ŻÓŁTOKRÓLEWSCY	K40	7	00:36:58	01:03:35	03:02:56	**04:20:31.45**	+01:40:26 (38.6%)	8:59	6.7 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
130	**PAWLIKOWSKA Monika**	**930**		K30	14	00:45:04	01:16:50	03:22:39	**04:20:58.35**	+01:40:52 (38.7%)	8:59	6.7 (61.5%)
131	**ANTOLIK Aneta**	**732**	POWER TRAINING	K18	6	00:43:58	01:14:41	03:16:28	**04:21:12.55**	+01:41:07 (38.7%)	9:00	6.7 (61.5%)
132	**ANTOLIK Arkadiusz**	**736**		M18	9	00:43:59	01:14:35	03:16:27	**04:21:13.00**	+01:41:07 (38.7%)	9:00	6.7 (61.5%)
133	**BANACH Tomasz**	**756**		M60	2	00:36:37	01:05:02	03:12:49	**04:21:44.60**	+01:41:39 (38.8%)	9:01	6.6 (60.6%)
134	**ZYWERT Mateusz**	**798**		M30	53	00:41:43	01:09:54	03:15:25	**04:22:04.60**	+01:41:59 (38.9%)	9:02	6.6 (60.6%)
135	**STAŃCZYK Krzysztof**	**909**	SWARZĘDZ	M40	38	00:39:39	01:09:22	03:13:23	**04:23:20.80**	+01:43:15 (39.2%)	9:04	6.6 (60.6%)
136	**MARCINKOWSKI Jacek**	**813**	SSK ORZEŁ ŚWIESZYNO	M40	39	00:38:14	01:05:58	03:08:38	**04:24:05.55**	+01:44:00 (39.4%)	9:06	6.6 (60.6%)
137	**NYKIEL Rafał**	**966**	ULTRA DIABŁY TEAM LUBRZA	M40	40	00:39:52	01:08:17	03:17:18	**04:24:20.95**	+01:44:15 (39.4%)	9:06	6.6 (60.6%)
138	**MADEJ Anna**	**833**	VEGE RUNNERS	K40	8	00:43:23	01:14:55	03:19:55	**04:24:24.40**	+01:44:19 (39.5%)	9:07	6.6 (60.6%)
139	**OSICA Łukasz**	**730**		M30	54	00:43:22	01:14:56	03:19:55	**04:24:28.85**	+01:44:23 (39.5%)	9:07	6.6 (60.6%)
140	**ZDUŃCZYK Paulina**	**978**		K30	15	00:41:59	01:14:06	03:25:38	**04:24:33.55**	+01:44:28 (39.5%)	9:07	6.6 (60.6%)
141	**CIĘŻKI Konrad**	**977**		M30	55	00:41:59	01:14:07	03:25:38	**04:24:34.20**	+01:44:28 (39.5%)	9:07	6.6 (60.6%)
142	**LUBELCZYK Grzegorz**	**842**	SPELEOCLUB WROCŁAW	M50	6	00:43:44	01:13:54	03:13:02	**04:24:36.95**	+01:44:31 (39.5%)	9:07	6.6 (60.6%)
143	**GODŁOŃ Jeży**	**1099**		M30	56	00:43:46	01:17:13	03:21:26	**04:25:06.20**	+01:45:00 (39.6%)	9:08	6.6 (60.6%)
144	**GRABOWA Paulina**	**831**		K18	7	00:41:29	01:10:54	03:22:15	**04:25:09.80**	+01:45:04 (39.6%)	9:08	6.6 (60.6%)
145	**RUPINSKI Jacek**	**817**		M40	41	00:44:24	01:14:26	03:14:32	**04:25:38.65**	+01:45:33 (39.7%)	9:09	6.6 (60.6%)
146	**KLIŃSKI Wojciech**	**1001**	TRAFICA	M40	42	00:38:52	01:08:08	03:21:49	**04:25:39.95**	+01:45:34 (39.7%)	9:09	6.5 (59.6%)
147	**KUCZYŃSKA Anetta**	**1083**	STAJNIA CROSSFIT	K40	9	00:43:29	01:14:21	03:22:47	**04:25:44.10**	+01:45:38 (39.8%)	9:09	6.5 (59.6%)
148	**ROMANIUK Bartosz**	**729**		M30	57	00:45:02	01:15:33	03:12:50	**04:25:55.75**	+01:45:50 (39.8%)	9:10	6.5 (59.6%)
149	**PRZYBYŁKA Mateusz Leonard**	**838**	MLKS KRAJNA SĘPÓLNO	M30	58	00:41:21	01:10:43	03:19:03	**04:26:41.60**	+01:46:36 (40.0%)	9:11	6.5 (59.6%)
150	**ROKSELA Wojciech**	**765**		M60	3	00:44:09	01:14:30	03:15:51	**04:27:18.75**	+01:47:13 (40.1%)	9:13	6.5 (59.6%)
151	**PAWZUN Bartek**	**910**		M30	59	00:40:13	01:09:54	03:16:16	**04:28:18.60**	+01:48:13 (40.3%)	9:15	6.5 (59.6%)
152	**KACZMAREK Dorota**	**845**	RADZIKI	K30	16	00:43:29	01:13:30	03:19:55	**04:28:36.20**	+01:48:30 (40.4%)	9:15	6.5 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
153	**PLUTA Tomasz**	**906**		M50	7	00:42:43	01:12:09	03:20:16	**04:29:52.25**	+01:49:46 (40.7%)	9:18	6.4 (58.7%)
154	**PRZYBOROWSKI Bartosz**	**873**		M30	60	00:41:17	01:10:41	03:22:52	**04:30:37.55**	+01:50:32 (40.8%)	9:19	6.4 (58.7%)
155	**PATELSKA Katarzyna**	**859**		K30	17	03:24:42			**04:30:41.00**	+01:50:35 (40.9%)	9:20	6.4 (58.7%)
156	**MUSIELAK Maciej**	**1053**		M40	43	00:43:40	01:15:24	03:27:01	**04:32:54.50**	+01:52:49 (41.3%)	9:24	6.4 (58.7%)
157	**LEŻAŃSKI Michał**	**896**	ZWARTA GRUPA BOJOWA BIEGACZY	M40	44	00:49:07	01:23:25	03:27:17	**04:33:01.70**	+01:52:56 (41.4%)	9:24	6.4 (58.7%)
158	**MYŚLICKA-PIWKO Marta**	**791**	MOCNA GRUPA CEZARA	K40	10	00:42:10	01:11:51	03:26:30	**04:33:07.55**	+01:53:02 (41.4%)	9:25	6.4 (58.7%)
159	**STOLIŃSKA Michalina**	**988**	RUNEDA	K18	8	00:47:24	01:19:35	03:32:08	**04:34:17.40**	+01:54:12 (41.6%)	9:27	6.3 (57.8%)
160	**WIEWIÓRKO Mateusz**	**1016**		M30	61	00:40:30	01:13:13	03:20:17	**04:35:00.90**	+01:54:55 (41.8%)	9:28	6.3 (57.8%)
161	**MUĆKA Paweł**	**1088**		M40	45	00:46:14	01:17:04	03:31:00	**04:35:04.40**	+01:54:59 (41.8%)	9:29	6.3 (57.8%)
162	**KOWALSKA Renata**	**864**	KM TEAM	K30	18	00:46:14	01:17:04	03:31:00	**04:35:05.05**	+01:54:59 (41.8%)	9:29	6.3 (57.8%)
163	**SZUMSKI Zbigniew**	**795**		M50	8	00:42:10	01:11:53	03:27:06	**04:35:45.55**	+01:55:40 (41.9%)	9:30	6.3 (57.8%)
164	**PALUSZKIEWICZ Dorota**	**956**	RUNEDA	K30	19	00:47:23	01:19:33	03:32:06	**04:35:45.75**	+01:55:40 (41.9%)	9:30	6.3 (57.8%)
165	**SKOWRON Marek**	**1025**	DRÄXLMAIER	M40	46	00:39:28	01:08:35	03:22:52	**04:37:03.10**	+01:56:57 (42.2%)	9:33	6.3 (57.8%)
166	**ROLIŃSKI Radosław**	**836**		M40	47	00:44:19	01:15:53	03:29:13	**04:37:14.80**	+01:57:09 (42.3%)	9:33	6.3 (57.8%)
167	**RADOMY Tomasz**	**1073**		M40	48	00:46:35	01:20:18	03:30:40	**04:37:17.85**	+01:57:12 (42.3%)	9:33	6.3 (57.8%)
168	**NOWAK Tomasz**	**897**		M30	62	00:45:29	01:18:32	03:27:54	**04:37:34.50**	+01:57:29 (42.3%)	9:34	6.3 (57.8%)
169	**HALSKI Waldemar**	**894**		M50	9	00:42:28	01:13:10	03:21:37	**04:37:51.10**	+01:57:45 (42.4%)	9:34	6.3 (57.8%)
170	**BALIŃSKI Wiktor**	**844**		M18	10	00:43:43	01:12:46	03:20:30	**04:37:53.35**	+01:57:47 (42.4%)	9:34	6.3 (57.8%)
171	**SOJKA Przemek**	**853**	ORANGE POLSKA	M40	49	00:46:34	01:17:05	03:26:34	**04:38:01.35**	+01:57:55 (42.4%)	9:35	6.3 (57.8%)
172	**DANKOWSKA Ewelina**	**1046**	ENDORFINY WĄSOSZ	K40	11	00:46:01	01:18:35	03:31:41	**04:38:07.55**	+01:58:02 (42.4%)	9:35	6.3 (57.8%)
173	**BRONIEWICZ Dariusz**	**1066**	ENDORFINY WĄSOSZ	M40	50	00:44:12	01:15:38	03:29:39	**04:38:08.30**	+01:58:02 (42.4%)	9:35	6.3 (57.8%)
174	**LORENC Paweł**	**1065**	ENDORFINY WĄSOSZ	M30	63	00:44:13	01:15:33	03:26:14	**04:38:12.60**	+01:58:07 (42.5%)	9:35	6.3 (57.8%)
175	**TYLKA Gosia**	**749**		K30	20	00:46:05	01:18:27	03:31:05	**04:38:43.90**	+01:58:38 (42.6%)	9:36	6.2 (56.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
176	**KOMADA Wojciech**	**1043**		M40	51	00:45:42	01:19:07	03:30:39	**04:38:48.05**	+01:58:42 (42.6%)	9:36	6.2 (56.9%)
177	**MATYJA Andrzej**	**858**	RUNNER'S POWER	M40	52	00:48:12	01:23:09	03:34:43	**04:38:49.70**	+01:58:44 (42.6%)	9:36	6.2 (56.9%)
178	**MATYJA Wioleta**	**786**	RUNNER'S POWER	K40	12	00:48:13	01:23:08	03:34:43	**04:38:50.15**	+01:58:44 (42.6%)	9:36	6.2 (56.9%)
179	**MENDAK Magdalena**	**789**		K40	13	00:46:38	01:22:08	03:33:44	**04:40:20.55**	+02:00:15 (42.9%)	9:40	6.2 (56.9%)
180	**GIDASZEWSKA Jolanta**	**772**		K40	14	00:45:46	01:18:17	03:36:37	**04:41:32.95**	+02:01:27 (43.1%)	9:42	6.2 (56.9%)
181	**MEYER Marcin**	**746**	LUCKY RUN CLUB	M40	53	00:47:04	01:19:55	03:51:33	**04:41:53.35**	+02:01:47 (43.2%)	9:43	6.2 (56.9%)
182	**WOSIAK Karolina**	**782**	NOA	K30	21	00:47:27	01:20:56	03:34:28	**04:42:04.80**	+02:01:59 (43.2%)	9:43	6.2 (56.9%)
183	**KROP Matuesz**	**879**		M30	64	00:48:29	01:22:53	03:34:48	**04:42:12.25**	+02:02:06 (43.3%)	9:43	6.2 (56.9%)
184	**CYBULSKI Robert**	**999**		M40	54	00:42:13	01:13:12	03:26:51	**04:42:46.30**	+02:02:40 (43.4%)	9:45	6.2 (56.9%)
185	**KARBOWSKI Łukasz**	**731**		M30	65	00:40:44	01:10:27	03:29:57	**04:43:03.85**	+02:02:58 (43.4%)	9:45	6.1 (56.0%)
186	**KARCZEWSKA Izabela**	**1055**		K30	22	00:49:00	01:21:39	03:36:58	**04:43:35.15**	+02:03:29 (43.5%)	9:46	6.1 (56.0%)
187	**IŁOWIECKI Dominik**	**1054**	NBR TEAM	M40	55	00:49:00	01:21:38	03:36:59	**04:43:35.95**	+02:03:30 (43.6%)	9:46	6.1 (56.0%)
188	**CAL Piotr**	**799**	5K RUN EVERY DAY	M50	10	00:41:41	01:10:05	03:26:12	**04:43:44.55**	+02:03:39 (43.6%)	9:47	6.1 (56.0%)
189	**KRYCZEK Piotr**	**857**		M50	11	00:45:09	01:19:46	03:40:44	**04:45:52.45**	+02:05:47 (44.0%)	9:51	6.1 (56.0%)
190	**MATCZAK Jacek**	**862**		M40	56	00:44:30	01:15:15	03:29:30	**04:46:20.70**	+02:06:15 (44.1%)	9:52	6.1 (56.0%)
191	**WALCZAK Anna**	**773**		K40	15	00:46:50	01:20:45	03:41:14	**04:47:58.10**	+02:07:52 (44.4%)	9:55	6 (55.0%)
192	**JASKÓLSKA Katarzyna**	**928**	1ON1 TEAM	K30	23	00:43:37	01:15:53	03:40:07	**04:48:35.15**	+02:08:29 (44.5%)	9:57	6 (55.0%)
193	**DOMOSŁAWSKA Joanna**	**1031**		K40	16	00:44:31	01:15:02	03:39:18	**04:49:36.75**	+02:09:31 (44.7%)	9:59	6 (55.0%)
194	**WRÓBLEWSKI Witold**	**728**		M30	66	00:42:04	01:12:08	03:39:55	**04:50:07.05**	+02:10:01 (44.8%)	10:00	6 (55.0%)
195	**KALEŃSKI-JAŚKIEWICZ Łukasz**	**742**	KLUB J&J	M30	67	00:48:58	01:22:24	03:42:44	**04:50:53.50**	+02:10:48 (45.0%)	10:01	6 (55.0%)
196	**WOJCIECHOWSKI Tomasz**	**1071**		M40	57	00:46:35	01:20:19	03:34:50	**04:51:07.85**	+02:11:02 (45.0%)	10:02	6 (55.0%)
197	**KOZŁOWSKI Jacek**	**1005**	GUAPA TEAM	M40	58	00:43:49	01:15:21	03:42:02	**04:52:10.50**	+02:12:05 (45.2%)	10:04	6 (55.0%)
198	**MATUSIAK Mateusz**	**1017**		M18	11	00:43:52	01:15:25	03:42:05	**04:52:12.85**	+02:12:07 (45.2%)	10:04	6 (55.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
199	**MISTUR Szymon**	**702**	HAKUNA MATATA	M30	68	00:44:22	01:15:19	03:40:32	**04:53:15.70**	+02:13:10 (45.4%)	10:06	5.9 (54.1%)
200	**MALICKA Małgorzata**	**704**		K40	17	00:46:24	01:19:47	03:42:17	**04:53:24.65**	+02:13:19 (45.4%)	10:07	5.9 (54.1%)
201	**JAKUBIAK Magdalena**	**724**		K40	18	00:47:00	01:19:48	03:42:16	**04:53:25.25**	+02:13:19 (45.4%)	10:07	5.9 (54.1%)
202	**ZASADA Iwona**	**711**		K40	19	00:47:00	01:19:47	03:42:17	**04:53:25.45**	+02:13:20 (45.4%)	10:07	5.9 (54.1%)
203	**GRUSZKA Anna**	**1029**		K40	20	00:46:29	01:17:26	03:47:13	**04:54:46.45**	+02:14:41 (45.7%)	10:09	5.9 (54.1%)
203	**HAWRYLISZYN Jan**	**1030**	PIASECZNO RUNNING	M30	69	00:46:29	01:17:24	03:47:11	**04:54:46.45**	+02:14:41 (45.7%)	10:09	5.9 (54.1%)
205	**PASTUCHEWICZ Przemysław**	**893**	16DBOT	M40	59	00:44:08	01:16:01	03:29:23	**04:54:56.15**	+02:14:50 (45.7%)	10:10	5.9 (54.1%)
206	**BEDNARSKI Grzegorz**	**1060**		M50	12	00:50:29	01:22:56	03:43:43	**04:55:02.90**	+02:14:57 (45.7%)	10:10	5.9 (54.1%)
207	**WRÓBEL Sebastian**	**802**	GEMINI TEAM	M40	60	00:44:43	01:17:23	03:38:31	**04:55:24.15**	+02:15:18 (45.8%)	10:11	5.9 (54.1%)
208	**MORAWSKI Marcin**	**762**	RANGER SURVIVAL CLUB	M40	61	00:46:25	01:21:56	03:43:41	**04:56:41.30**	+02:16:35 (46.0%)	10:13	5.9 (54.1%)
209	**DOMOSŁAWSKI Paweł**	**1032**		M50	13	00:48:47	01:24:35	03:45:47	**04:57:34.00**	+02:17:28 (46.2%)	10:15	5.8 (53.2%)
210	**ŁOPATA Witold**	**940**	WOLSZTYŃSKI KLUB BIEGOWY	M40	62	00:43:05	01:13:47	03:37:35	**04:57:47.70**	+02:17:42 (46.2%)	10:16	5.8 (53.2%)
211	**RUSIELIK Robert**	**889**		M50	14	00:44:25	01:16:19	03:40:49	**04:57:53.05**	+02:17:47 (46.3%)	10:16	5.8 (53.2%)
212	**ŻBIK Natalia**	**819**	SMART THERAPY	K30	24	00:48:50	01:23:26	03:50:37	**04:59:49.75**	+02:19:44 (46.6%)	10:20	5.8 (53.2%)
213	**SUCHOLAS Maciej**	**1019**		M50	15	00:42:43	01:14:10	03:37:21	**05:01:12.85**	+02:21:07 (46.9%)	10:23	5.8 (53.2%)
214	**MARKIEWICZ Joanna Zuza**	**805**	TJ	K40	21	00:47:57	01:23:06	03:50:56	**05:01:13.30**	+02:21:07 (46.9%)	10:23	5.8 (53.2%)
215	**HABIERA Robert**	**1004**		M50	16	00:43:40	01:19:39	03:44:08	**05:03:33.95**	+02:23:28 (47.3%)	10:28	5.7 (52.3%)
216	**ADAMSKA Karolina**	**912**		K18	9	00:47:22	01:21:54	03:49:36	**05:03:39.50**	+02:23:34 (47.3%)	10:28	5.7 (52.3%)
217	**HOFFMANN Grzegorz**	**905**	KOŚCIAN TEAM	M40	63	00:50:34	01:26:44	03:52:11	**05:04:15.65**	+02:24:10 (47.4%)	10:29	5.7 (52.3%)
218	**DIUWE Marzena**	**1041**		K30	25	00:49:37	01:25:47	03:51:30	**05:04:16.95**	+02:24:11 (47.4%)	10:29	5.7 (52.3%)
219	**SZYMAŃSKI Michał**	**1100**	V-MOTORS	M18	12	00:45:39	01:17:28	03:43:14	**05:05:11.60**	+02:25:06 (47.5%)	10:31	5.7 (52.3%)
220	**KOŚCIÓW Katarzyna**	**924**	CYKLOFRAJDA	K40	22	00:41:48	01:12:47	03:43:54	**05:06:40.90**	+02:26:35 (47.8%)	10:34	5.7 (52.3%)
221	**SZYMAŃSKI Adam**	**755**	LĘBORK BIEGACZE 42,2	M40	64	00:48:53	01:23:53	03:58:13	**05:07:08.30**	+02:27:02 (47.9%)	10:35	5.7 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
222	**PAJĄK Monika**	**1027**	HERNIK TEAM	K30	26	00:46:34	01:19:43	03:54:00	**05:07:27.90**	+02:27:22 (47.9%)	10:36	5.7 (52.3%)
223	**SUWAJ Roman**	**716**	ZOMBIE	M60	4	00:46:57	01:19:47	03:54:46	**05:07:31.60**	+02:27:26 (47.9%)	10:36	5.7 (52.3%)
224	**SALSKI Jaroslaw**	**733**	WRONIECKI KLUB BIEGACZA	M30	70	00:42:26	01:14:46	03:53:45	**05:08:23.45**	+02:28:18 (48.1%)	10:38	5.6 (51.4%)
225	**MORAWSKA Anna**	**847**		K60	1	00:51:35	01:28:26	03:54:33	**05:08:36.65**	+02:28:31 (48.1%)	10:38	5.6 (51.4%)
226	**SZCZAPA Karol**	**925**	12TRI.PL	M30	71	00:50:45	01:27:42	03:51:26	**05:08:52.40**	+02:28:47 (48.2%)	10:39	5.6 (51.4%)
227	**WÓDKIEWICZ Maciej**	**1042**	WLKP MOUNTAINS ULTRA	M50	17	00:46:31	01:19:21	03:50:34	**05:10:03.05**	+02:29:57 (48.4%)	10:41	5.6 (51.4%)
228	**GRZEGRZÓŁKA Anna**	**792**	ZABIEGANI Z LEŚNEJ	K40	23	00:48:09	01:22:24	03:50:05	**05:10:43.75**	+02:30:38 (48.5%)	10:42	5.6 (51.4%)
229	**WIŚNIEWSKI Tomasz**	**793**		M40	65	00:49:50	01:28:26	04:02:19	**05:11:08.15**	+02:31:02 (48.5%)	10:43	5.6 (51.4%)
230	**WACHOWSKA Alina**	**994**	SMOK TRÓJGŁOWY	K60	2	00:46:35	01:21:23	03:56:39	**05:11:44.10**	+02:31:38 (48.6%)	10:44	5.6 (51.4%)
231	**FLESZER Urszula**	**790**		K40	24	00:51:07	01:29:28	03:57:46	**05:12:59.55**	+02:32:54 (48.9%)	10:47	5.6 (51.4%)
232	**ŁADOŃSKA Agata**	**1012**		K30	27	00:49:06	01:26:58	03:58:25	**05:13:15.55**	+02:33:10 (48.9%)	10:48	5.6 (51.4%)
233	**BARANOWSKI Szymon**	**1020**		M30	72	00:49:45	01:25:35	03:56:07	**05:13:36.70**	+02:33:31 (49.0%)	10:48	5.5 (50.5%)
234	**SMYK Paweł**	**720**		M40	66	00:46:36	01:20:13	03:59:14	**05:13:43.00**	+02:33:37 (49.0%)	10:49	5.5 (50.5%)
235	**SZYMCZAK Łukasz**	**1081**	FARTY PUSZCZY / SZYMTECH	M40	67	00:49:32	01:26:04	04:00:11	**05:13:59.85**	+02:33:54 (49.0%)	10:49	5.5 (50.5%)
236	**FINKOWIAT - SZYMCZAK Katarzyna**	**1080**	FARTY PUSZCZY	K30	28	00:49:47	01:26:04	04:00:37	**05:14:00.65**	+02:33:55 (49.0%)	10:49	5.5 (50.5%)
237	**DANKOWSKI Bartosz**	**1049**	ENDORFINY WĄSOSZ	M30	73	00:46:03	01:18:40	03:58:58	**05:15:21.00**	+02:35:15 (49.2%)	10:52	5.5 (50.5%)
238	**KIRKIEWICZ Lucyna**	**1068**	ENDORFINY WĄSOSZ	K30	29	00:44:14	01:15:36	03:59:00	**05:15:22.05**	+02:35:16 (49.2%)	10:52	5.5 (50.5%)
239	**BLADOWSKA Katarzyna**	**1034**	RUNEDA	K40	25	00:47:59	01:23:01	04:00:00	**05:15:25.15**	+02:35:19 (49.2%)	10:52	5.5 (50.5%)
240	**KAZUBOWSKA Małgorzata**	**991**		K40	26	00:48:24	01:21:07	04:02:28	**05:16:17.60**	+02:36:12 (49.4%)	10:54	5.5 (50.5%)
241	**RUDZIEWICZ Michał**	**899**		M40	68	00:46:25	01:16:55	03:57:22	**05:17:24.70**	+02:37:19 (49.6%)	10:56	5.5 (50.5%)
242	**RUDZIEWICZ Urszula**	**898**		K30	30	00:46:27	01:16:57	03:57:25	**05:17:25.75**	+02:37:20 (49.6%)	10:56	5.5 (50.5%)
243	**MIKUTANIEC Sebastian**	**809**		M40	69	00:53:40	01:32:29	03:58:14	**05:17:39.65**	+02:37:34 (49.6%)	10:57	5.5 (50.5%)
244	**TERLECKA Justyna**	**776**		K30	31	00:47:07	01:21:25	04:00:24	**05:18:16.10**	+02:38:10 (49.7%)	10:58	5.5 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
245	**STASIUTE Aurelija**	**960**	#UNBREAKABLE	K30	32	00:53:24	01:32:26	04:07:16	**05:18:46.95**	+02:38:41 (49.8%)	10:59	5.5 (50.5%)
246	**KAŁŁAUR Krzysztof**	**848**		M30	74	00:51:46	01:29:27	04:02:13	**05:20:58.20**	+02:40:52 (50.1%)	11:04	5.4 (49.5%)
247	**NOWAK Paulina**	**953**		K30	33	00:46:39	01:20:40	04:00:01	**05:21:17.05**	+02:41:11 (50.2%)	11:04	5.4 (49.5%)
248	**MALINOWSKA Zyta**	**705**		K40	27	00:51:05	01:29:25	04:02:13	**05:22:20.80**	+02:42:15 (50.3%)	11:06	5.4 (49.5%)
249	**SZCZOTKA Katarzyna**	**1021**		K18	10	00:49:45	01:25:35	03:56:46	**05:23:37.45**	+02:43:32 (50.5%)	11:09	5.4 (49.5%)
250	**TASZAREK Ewa**	**1069**		K40	28	00:49:36	01:26:54	04:05:47	**05:24:39.50**	+02:44:34 (50.7%)	11:11	5.4 (49.5%)
251	**SZCZĘSNY Maciej**	**821**		M60	5	00:48:16	01:24:29	03:54:56	**05:24:49.65**	+02:44:44 (50.7%)	11:12	5.4 (49.5%)
252	**STARCZEWSKI Krzysztof**	**723**	ULTRA DIABŁY TEAM LUBRZA	M50	18	00:47:51	01:23:02	04:03:51	**05:25:07.50**	+02:45:02 (50.8%)	11:12	5.4 (49.5%)
253	**KROSIŃSKI Janusz**	**948**		M40	70	00:51:02	01:28:55	04:06:04	**05:25:31.40**	+02:45:26 (50.8%)	11:13	5.3 (48.6%)
254	**KUMOR Weronika**	**976**	EVERRUN	K40	29	00:46:21	01:19:50	04:10:31	**05:25:32.45**	+02:45:27 (50.8%)	11:13	5.3 (48.6%)
255	**CZARNOTA Sławomir**	**828**		M30	75	00:48:25	01:23:11	04:00:56	**05:25:34.70**	+02:45:29 (50.8%)	11:13	5.3 (48.6%)
256	**WESOŁOWSKA Iwona**	**975**		K30	34	00:45:52	01:19:14	04:02:52	**05:25:35.90**	+02:45:30 (50.8%)	11:13	5.3 (48.6%)
257	**PLIS Jordan**	**919**		M30	76	00:48:49	01:25:20	04:02:27	**05:25:46.20**	+02:45:40 (50.9%)	11:14	5.3 (48.6%)
258	**MERUNOWICZ Iwona**	**739**	LMKS SFORA CHOJNÓW	K40	30	00:44:49	01:17:33	03:58:51	**05:27:14.65**	+02:47:09 (51.1%)	11:17	5.3 (48.6%)
259	**KAPŁON Anna**	**774**		K40	31	00:52:13	01:31:27	04:09:27	**05:27:15.85**	+02:47:10 (51.1%)	11:17	5.3 (48.6%)
260	**PRZYBYSZEWSKA Lidia**	**721**	ULTRA DIABŁY	K40	32	00:48:28	01:23:13	04:12:22	**05:27:27.25**	+02:47:21 (51.1%)	11:17	5.3 (48.6%)
261	**MRUCZYŃSKA-PIETRUCZANIS Katarzyna**	**750**	DEVI HIMAL TEAM	K40	33	00:53:30	01:33:16	04:15:23	**05:28:36.55**	+02:48:31 (51.3%)	11:19	5.3 (48.6%)
262	**ZYGMAN Marta**	**715**		K30	35	00:52:24	01:29:22	04:14:27	**05:29:16.00**	+02:49:10 (51.4%)	11:21	5.3 (48.6%)
263	**PIĄTEK Filip**	**818**		M40	71	00:47:12	01:21:14	03:56:59	**05:29:41.80**	+02:49:36 (51.4%)	11:22	5.3 (48.6%)
264	**WINNICKA Edyta**	**741**	ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI	K30	36	00:48:10	01:24:24	04:12:04	**05:30:15.55**	+02:50:10 (51.5%)	11:23	5.3 (48.6%)
265	**BANACH-SKOWRONEK Joanna**	**752**		K30	37	00:49:06	01:26:57	04:07:18	**05:30:18.25**	+02:50:12 (51.5%)	11:23	5.3 (48.6%)
266	**SKOWRONEK Tomasz**	**754**		M30	77	00:49:06	01:26:57	04:07:19	**05:30:18.35**	+02:50:12 (51.5%)	11:23	5.3 (48.6%)
267	**WOJDAŁOWICZ Ewa**	**713**		K40	34	00:50:35	01:26:15	04:13:47	**05:30:48.70**	+02:50:43 (51.6%)	11:24	5.3 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
268	**BANASZCZAK Dagmara**	**869**	ŚWIDNICKA GRUPA BIEGOWA	K30	38	00:49:39	01:27:06	04:09:45	**05:32:00.30**	+02:51:54 (51.8%)	11:26	5.2 (47.7%)
269	**PUSZCZYKOWSKA Małgorzata**	**703**		K40	35	00:51:15	01:28:11	04:09:30	**05:32:19.25**	+02:52:13 (51.8%)	11:27	5.2 (47.7%)
270	**ŚLUSAREK Rafał**	**1013**		M30	78	00:52:49	01:31:11	04:14:12	**05:34:15.45**	+02:54:10 (52.1%)	11:31	5.2 (47.7%)
271	**ŚLUSAREK Grzegorz**	**972**		M40	72	00:53:01	01:31:13	04:15:15	**05:34:15.80**	+02:54:10 (52.1%)	11:31	5.2 (47.7%)
272	**MASIAREK Czesław**	**852**		M60	6	00:54:11	01:33:20	04:10:26	**05:34:27.55**	+02:54:22 (52.1%)	11:31	5.2 (47.7%)
273	**SIARKIEWICZ Jola**	**806**	BIEGAMDLAZDROWIA.PL	K60	3	00:51:06	01:30:42	04:17:07	**05:34:32.95**	+02:54:27 (52.1%)	11:32	5.2 (47.7%)
274	**LEDWIG Dariusz**	**942**	CYKLOFAN	M40	73	00:47:54	01:25:15	04:05:37	**05:34:44.50**	+02:54:39 (52.2%)	11:32	5.2 (47.7%)
275	**RABENDA Paweł**	**727**	J&J	M30	79	00:52:38	01:27:08	04:07:26	**05:37:38.30**	+02:57:32 (52.6%)	11:38	5.2 (47.7%)
276	**KNĄBER Piotr**	**726**	J&J	M30	80	00:52:49	01:29:08	04:06:37	**05:37:38.60**	+02:57:33 (52.6%)	11:38	5.2 (47.7%)
277	**PYTKO Elżbieta**	**907**		K50	2	00:57:02	01:37:06	04:22:57	**05:38:24.50**	+02:58:19 (52.7%)	11:40	5.1 (46.8%)
278	**LECH Jacek**	**989**	ULTRA DIABŁY TEAM LUBRZA	M40	74	00:48:33	01:29:41	04:16:33	**05:38:58.25**	+02:58:52 (52.8%)	11:41	5.1 (46.8%)
279	**SPRINGER Marta**	**934**	NIGHT RUNNERS	K30	39	00:55:33	01:35:02	04:20:43	**05:39:36.40**	+02:59:31 (52.9%)	11:42	5.1 (46.8%)
280	**RĄCZKOWIAK Mateusz**	**712**	USZŁO POWIETRZE Z DĘTKI	M30	81	00:49:59	01:28:33	04:12:59	**05:39:55.50**	+02:59:50 (52.9%)	11:43	5.1 (46.8%)
281	**SZCZĘSNA Agata**	**967**		K18	11	00:54:59	01:34:30	04:19:30	**05:40:29.55**	+03:00:24 (53.0%)	11:44	5.1 (46.8%)
282	**KACZMAREK Mariusz**	**947**		M60	7	00:49:03	01:23:56	04:11:56	**05:42:33.80**	+03:02:28 (53.3%)	11:48	5.1 (46.8%)
283	**BORODYN Andrzej**	**825**	BOROFAMILY RUNNING TEAM	M40	75	00:49:31	01:26:17	04:19:17	**05:43:44.90**	+03:03:39 (53.4%)	11:51	5.1 (46.8%)
284	**FERENC Stanislaw**	**911**		M30	82	00:45:36	01:18:50	03:43:51	**05:44:36.40**	+03:04:31 (53.5%)	11:52	5 (45.9%)
285	**BIEŃ Piotr**	**945**		M30	83	00:53:15	01:31:55	04:29:22	**05:48:01.10**	+03:07:55 (54.0%)	12:00	5 (45.9%)
286	**BIEŃ Małgorzata**	**946**		K40	36	00:53:16	01:31:55	04:29:23	**05:48:01.25**	+03:07:55 (54.0%)	12:00	5 (45.9%)
287	**KWIATKOWSKA Kinga**	**835**		K30	40	00:52:17	01:28:05	04:20:17	**05:48:17.50**	+03:08:12 (54.0%)	12:00	5 (45.9%)
288	**JEZIERSKA Karina**	**927**	12TRI.PL TEAM ZABIEGANEDN I	K40	37	00:52:58	01:39:40	04:23:35	**05:48:18.60**	+03:08:13 (54.0%)	12:00	5 (45.9%)
289	**KOZŁOWSKA-WOYCIECHOWSKA Hanna**	**926**		K40	38	00:52:58	01:39:39	04:23:34	**05:48:18.65**	+03:08:13 (54.0%)	12:00	5 (45.9%)
290	**MIKUTANIEC Patrycja**	**760**		K40	39	00:53:40	01:32:24	04:25:00	**05:48:24.40**	+03:08:19 (54.1%)	12:00	5 (45.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
291	**JURKIEWICZ Paulina**	**1052**		K30	41	00:57:08	01:36:37	04:23:44	**05:49:05.10**	+03:08:59 (54.1%)	12:02	5 (45.9%)
292	**TUTKO Paweł**	**969**		M40	76	00:51:10	01:26:55	04:13:30	**05:49:42.35**	+03:09:36 (54.2%)	12:03	5 (45.9%)
293	**LEWICKA Bożena**	**949**	GONIMY	K60	4	00:53:14	01:31:45	04:34:00	**05:49:51.65**	+03:09:46 (54.2%)	12:03	5 (45.9%)
294	**SYPNIEWSKI Rafał**	**987**	EVERRUN	M40	77	00:46:20	01:19:47	04:25:17	**05:51:27.25**	+03:11:21 (54.4%)	12:07	5 (45.9%)
295	**STRYCZEK Ewa**	**768**	AKTYWNYWEEKEND	K30	42	00:52:51	01:32:29	04:22:00	**05:51:48.20**	+03:11:42 (54.5%)	12:07	4.9 (45.0%)
296	**SIWA Michał**	**706**		M30	84	00:51:42	01:30:06	04:24:30	**05:52:02.65**	+03:11:57 (54.5%)	12:08	4.9 (45.0%)
297	**BORKOWSKI Krzysztof**	**779**		M40	78	00:51:00	01:28:30	04:20:37	**05:52:07.30**	+03:12:01 (54.5%)	12:08	4.9 (45.0%)
298	**SREBRO Kacper Antoni**	**815**		M18	13	00:53:43	01:34:56	04:24:17	**05:53:50.65**	+03:13:45 (54.8%)	12:12	4.9 (45.0%)
299	**MARKOWSKA Lidia**	**891**		K40	40	00:52:09	01:29:34	04:29:30	**05:54:41.95**	+03:14:36 (54.9%)	12:13	4.9 (45.0%)
300	**MARKOWSKI Piotr**	**892**		M40	79	00:52:08	01:29:31	04:29:29	**05:55:04.70**	+03:14:59 (54.9%)	12:14	4.9 (45.0%)
301	**GLUBA Bartosz**	**916**	1ON1 RUNNING TEAM	M30	85	00:49:34	01:25:45	04:35:00	**05:57:33.85**	+03:17:28 (55.2%)	12:19	4.9 (45.0%)
302	**KACZMAREK Łukasz**	**983**		M30	86	00:53:03	01:30:07	04:32:36	**06:00:53.40**	+03:20:48 (55.6%)	12:26	4.8 (44.0%)
303	**KAMINSKI Igor**	**980**	IGI-TEAM	M30	87	00:51:45	01:28:54	04:39:29	**06:00:56.70**	+03:20:51 (55.6%)	12:26	4.8 (44.0%)
304	**KWIATKOWSKA Marta**	**981**	IGI-TEAM	K30	43	00:51:44	01:29:02	04:39:28	**06:00:56.90**	+03:20:51 (55.6%)	12:26	4.8 (44.0%)
305	**SIERANT Marian**	**826**		M60	8	00:54:06	01:30:11	04:23:37	**06:04:01.45**	+03:23:56 (56.0%)	12:33	4.8 (44.0%)
306	**DZIEKONSKI Jacek**	**929**		M60	9	00:50:31	01:27:39	04:27:39	**06:07:46.35**	+03:27:40 (56.5%)	12:40	4.7 (43.1%)
307	**HARASZCZUK Jerzy**	**922**	MORŚWINY SZCZECIN	M50	19	00:52:54	01:26:42	04:33:02	**06:10:27.25**	+03:30:21 (56.8%)	12:46	4.7 (43.1%)
307	**HARASZCZUK Joanna**	**901**		K30	44	00:53:01	01:26:59	04:33:00	**06:10:27.25**	+03:30:21 (56.8%)	12:46	4.7 (43.1%)
309	**HARASZCZUK Krystian**	**900**		M30	88	00:52:45	01:26:44	04:33:11	**06:10:27.70**	+03:30:22 (56.8%)	12:46	4.7 (43.1%)
310	**KUCA Iwona**	**766**	GRAŻYNY W GÓRACH	K40	41	00:58:16	01:40:32	04:43:21	**06:14:15.10**	+03:34:09 (57.2%)	12:54	4.6 (42.2%)
311	**MUCHA Aleksandra**	**1000**	CREZY TEAM	K40	42	00:57:38	01:38:24	04:53:51	**06:16:01.75**	+03:35:56 (57.4%)	12:57	4.6 (42.2%)
312	**KOZIOŁ Ewa**	**974**		K40	43	00:57:39	01:38:24	04:53:51	**06:16:05.30**	+03:35:59 (57.4%)	12:58	4.6 (42.2%)
313	**KWIECIŃSKI Łukasz**	**718**	J&J	M30	89	00:56:57	01:37:53	04:46:45	**06:16:46.40**	+03:36:41 (57.5%)	12:59	4.6 (42.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Droga pod Reglami 23km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
314	**PERKA Barbara**	**846**		K40	44	00:59:13	01:44:19	04:51:51	**06:17:44.30**	+03:37:38 (57.6%)	13:01	4.6 (42.2%)
315	**OSZCZĘDA Marzena**	**875**		K40	45	00:58:41	01:41:59	04:51:04	**06:17:48.00**	+03:37:42 (57.6%)	13:01	4.6 (42.2%)
316	**WIŚNIEWSKA Dorota**	**794**		K40	46	00:58:33	01:41:50	04:51:28	**06:21:44.50**	+03:41:39 (58.1%)	13:09	4.6 (42.2%)
317	**HORĘZGA Dorota**	**1086**		K30	45	00:59:17	01:44:40	04:58:57	**06:25:43.60**	+03:45:38 (58.5%)	13:18	4.5 (41.3%)
318	**PASIEKA Magda**	**814**		K40	47	01:00:09	01:43:52	04:51:42	**06:28:00.85**	+03:47:55 (58.7%)	13:22	4.5 (41.3%)
319	**LACH Jakub**	**902**		M40	80	00:57:15	01:39:47	05:02:36	**06:30:43.95**	+03:50:38 (59.0%)	13:28	4.5 (41.3%)
320	**SREBRO Michał**	**787**		M50	20	00:57:26	01:38:17	04:51:25	**06:32:19.95**	+03:52:14 (59.2%)	13:31	4.4 (40.4%)
321	**KSIAZKIEWICZ Elzbieta**	**710**		K30	46	00:58:16	01:41:37	04:59:47	**06:32:20.00**	+03:52:14 (59.2%)	13:31	4.4 (40.4%)
322	**ZEMŁA Krzysztof**	**747**		M50	21	00:56:21	01:36:29	05:02:52	**06:41:25.85**	+04:01:20 (60.1%)	13:50	4.3 (39.4%)
323	**GOŁĘBIOWSKI Tytus**	**744**	NGB / ULTRA FALUBAZ	M30	90	00:31:29	00:54:12	05:32:41	**06:41:58.60**	+04:01:53 (60.2%)	13:51	4.3 (39.4%)
324	**KĘPSKI Grzegorz**	**885**		M30	91	01:03:12	01:48:33	05:03:47	**06:56:01.20**	+04:15:55 (61.5%)	14:20	4.2 (38.5%)
325	**MYSZYWODA Monika**	**884**		K30	47	01:03:12	01:48:33	05:03:48	**06:56:01.35**	+04:15:55 (61.5%)	14:20	4.2 (38.5%)
326	**MATERLIŃSKI Szymon**	**883**	-	M40	81	00:53:25	01:34:43	05:20:04	**06:56:05.10**	+04:15:59 (61.5%)	14:20	4.2 (38.5%)
Przekroczony limit czasu: 07:00:00												
327	**SZYMAŃSKI Jarosław**	**777**	FUJITSU RUNNING TEAM / 1ON1 TEAM	M30	92	01:08:11	01:55:28	05:32:07	**07:02:12.40**	+04:22:07 (62.1%)	14:33	4.1 (37.6%)
328	**RUSIELIK Irena**	**915**		K50	3	01:12:46	02:05:06	05:56:21	**07:50:53.30**	+05:10:47 (66.0%)	16:14	3.7 (33.9%)
329	**RUSIELIK Sabina**	**917**		K18	12	01:12:47	02:05:07	05:56:21	**07:50:54.00**	+05:10:48 (66.0%)	16:14	3.7 (33.9%)
	HALSKI Mateusz	**895**		M18		00:41:29 DNF	01:14:20 DNF	DNF	**DNF**		-	- (0.0%)
	ROGOWSKI Paweł	**970**		M30		DNF	DNF	DNF	**DNF**		-	- (0.0%)

Znaleziono 331 wynik(ów)