RAJD NORDIC WALKING - BIAŁY BÓR

Organizator: Gmina Biały Bór
Data: 2022-04-09
Miejsce: Biały Bór
Dystans: 5.3 km

HERKULES
www.herkules.org.pl

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.3km	Różn	Tempo min/km	Tempo km/h
1	**GRABOWSKI Jacek**	**105**	LKS ZANTYR SZTUM			**00:36:45.29**		6:56	8.7 (100%)
2	**STĘPIEŃ Romualda**	**126**	LKS ZANTYR SZTUM			**00:42:41.95**	+00:05:56 (13.9%)	8:03	7.5 (86.2%)
3	**HELMAN Piotr**	**129**				**00:43:21.35**	+00:06:36 (15.2%)	8:10	7.3 (83.9%)
4	**BONKOWSKI Paweł**	**101**				**00:43:21.57**	+00:06:36 (15.2%)	8:10	7.3 (83.9%)
5	**SULEJA Joanna**	**128**	STARGARD			**00:43:32.33**	+00:06:47 (15.6%)	8:12	7.3 (83.9%)
6	**GOLUS Grzegorz**	**104**	FORMA NA PIĄTKĘ			**00:43:52.34**	+00:07:07 (16.2%)	8:16	7.2 (82.8%)
7	**WŁODARCZYK Anna**	**130**				**00:45:02.42**	+00:08:17 (18.4%)	8:29	7.1 (81.6%)
8	**HELMAN Adam**	**109**	ŁÓDZKA SZKOŁA NORDIC WALKING			**00:45:17.30**	+00:08:32 (18.8%)	8:32	7 (80.5%)
9	**JEZIORAŃSKA Monika**	**108**				**00:46:00.31**	+00:09:15 (20.1%)	8:40	6.9 (79.3%)
10	**GADACZ Elżbieta**	**103**	LKS ZANTYR SZTUM			**00:46:24.84**	+00:09:39 (20.8%)	8:45	6.9 (79.3%)
11	**MAŁYSZEWICZ Andrzej**	**118**				**00:46:41.79**	+00:09:56 (21.3%)	8:48	6.8 (78.2%)
12	**PIĄTEK Władysława**	**123**	STARGARD			**00:46:49.37**	+00:10:04 (21.5%)	8:50	6.8 (78.2%)
13	**MAŁYSZEWICZ Teresa**	**117**				**00:47:02.62**	+00:10:17 (21.9%)	8:52	6.8 (78.2%)
14	**DANKIEWICZ Barbara**	**106**				**00:47:11.17**	+00:10:25 (22.1%)	8:54	6.7 (77.0%)
15	**DYMEK Anita**	**102**	FABRYKA NORDICA TRZCIANKA			**00:50:44.23**	+00:13:58 (27.6%)	9:34	6.3 (72.4%)
16	**STRZELECKA Anna**	**127**	LZS JUSTYNÓW			**00:53:22.68**	+00:16:37 (31.1%)	10:04	6 (69.0%)
17	**KWIATKOWSKA Katarzyna**	**114**				**00:53:40.41**	+00:16:55 (31.5%)	10:07	5.9 (67.8%)
18	**MIKUSZEWSKA Barbara**	**121**				**00:54:55.82**	+00:18:10 (33.1%)	10:21	5.8 (66.7%)
19	**KRUKOWSKA Anna**	**112**				**00:57:10.57**	+00:20:25 (35.7%)	10:47	5.6 (64.4%)
20	**LIPIŃSKA Regina**	**116**	LKS ZANTYR SZTUM			**01:01:24.50**	+00:24:39 (40.1%)	11:35	5.2 (59.8%)
21	**MIKUSZEWSKA Rihanna**	**122**				**01:01:49.55**	+00:25:04 (40.6%)	11:39	5.1 (58.6%)
22	**KULCZYCKI Jan**	**113**				**01:04:45.44**	+00:28:00 (43.2%)	12:13	4.9 (56.3%)
23	**MAZERSKA Maria**	**119**	LKS ZANTYR SZTUM			**01:08:16.95**	+00:31:31 (46.2%)	12:52	4.7 (54.0%)
24	**LECH Krystyna**	**115**	LKS ZANTYR SZTUM			**01:08:19.57**	+00:31:34 (46.2%)	12:53	4.7 (54.0%)

Znaleziono 24 wynik(ów)