

**Organizator:** Extreme Events, Runmageddon  
**Data:** 2022-08-06  
**Miejsce:** Ostrołęka  
**Dystans:** 6 km



Klasyfikacja: 10:15

| Msc | Zawodnik              | Numer | Klub                     | Kategoria             | Mkat | Seria | Czas netto 6km | Czas brutto 6km | Różn              | Tempo min/km | Tempo km/h  |
|-----|-----------------------|-------|--------------------------|-----------------------|------|-------|----------------|-----------------|-------------------|--------------|-------------|
| 1   | WASILEWSKI Rafał      | 243   |                          | Open Mężczyzn         | 5    | 10:15 | 00:47:25.50    | 00:47:25.50     |                   | 7:54         | 7.6 (100%)  |
| 2   | LENKIEWICZ Weronika   | 200   | CROSSBOX OKA             | Open Kobiet           | 1    | 10:15 | 00:49:51.10    | 00:49:51.10     | +00:02:25 (4.9%)  | 8:18         | 7.2 (94.7%) |
| 3   | ZYSKOWSKI Artur       | 249   |                          | Open Masters Mężczyzn | 3    | 10:15 | 00:49:51.35    | 00:49:51.35     | +00:02:25 (4.9%)  | 8:18         | 7.2 (94.7%) |
| 4   | BRYLAK Grzegorz       | 232   |                          | Open Mężczyzn         | 36   | 10:15 | 00:56:09.95    | 00:56:09.95     | +00:08:44 (15.6%) | 9:21         | 6.4 (84.2%) |
| 5   | ŻYŁOWSKI Wojciech     | 248   |                          | Open Mężczyzn         | 37   | 10:15 | 00:56:10.20    | 00:56:10.20     | +00:08:44 (15.6%) | 9:21         | 6.4 (84.2%) |
| 6   | ŁADA Przemysław       | 239   |                          | Open Mężczyzn         | 39   | 10:15 | 00:56:17.60    | 00:56:17.60     | +00:08:52 (15.8%) | 9:22         | 6.4 (84.2%) |
| 7   | MRÓZ Marcin           | 204   | CROSSBOX OKA             | Open Masters Mężczyzn | 12   | 10:15 | 00:56:58.65    | 00:56:58.65     | +00:09:33 (16.8%) | 9:29         | 6.3 (82.9%) |
| 8   | DOMAGALSKI Artur      | 229   | LATAJĄCE WALENIE ŚMIERCI | Open Masters Mężczyzn | 13   | 10:15 | 00:57:00.20    | 00:57:00.20     | +00:09:34 (16.8%) | 9:30         | 6.3 (82.9%) |
| 9   | FABISZEWSKI Krzysztof | 235   |                          | Open Masters Mężczyzn | 14   | 10:15 | 00:57:19.25    | 00:57:19.25     | +00:09:53 (17.3%) | 9:33         | 6.3 (82.9%) |
| 10  | OWCZARSKA Natalia     | 206   | CROSSBOX OKA             | Open Kobiet           | 3    | 10:15 | 00:58:46.20    | 00:58:46.20     | +00:11:20 (19.3%) | 9:47         | 6.1 (80.3%) |
| 11  | KRYSIŃSKI Wojciech    | 199   | CROSSBOX OKA             | Open Mężczyzn         | 50   | 10:15 | 00:59:07.75    | 00:59:07.75     | +00:11:42 (19.8%) | 9:51         | 6.1 (80.3%) |
| 12  | MACKO Mariusz         | 201   | CROSSBOX OKA             | Open Masters Mężczyzn | 29   | 10:15 | 01:02:46.15    | 01:02:46.15     | +00:15:20 (24.4%) | 10:27        | 5.7 (75.0%) |
| 13  | KORZYŃSKI Cezary      | 195   | CROSS BOX                | Open Masters Mężczyzn | 30   | 10:15 | 01:02:46.20    | 01:02:46.20     | +00:15:20 (24.4%) | 10:27        | 5.7 (75.0%) |
| 14  | BONIECKI Jakub        | 231   |                          | Open Mężczyzn         | 87   | 10:15 | 01:03:42.00    | 01:03:42.00     | +00:16:16 (25.5%) | 10:37        | 5.7 (75.0%) |
| 15  | PAKUSZEWSKI Artur     | 223   | HARDER CIECHANÓW         | Open Mężczyzn         | 108  | 10:15 | 01:06:05.15    | 01:06:05.15     | +00:18:39 (28.2%) | 11:00        | 5.4 (71.1%) |
| 16  | LOSZ Damian           | 218   | HARDER CIECHANÓW         | Open Mężczyzn         | 109  | 10:15 | 01:06:05.20    | 01:06:05.20     | +00:18:39 (28.2%) | 11:00        | 5.4 (71.1%) |
| 17  | KŁOS Sebastian        | 198   | CROSSBOX OKA             | Open Masters Mężczyzn | 39   | 10:15 | 01:06:58.30    | 01:06:58.30     | +00:19:32 (29.2%) | 11:09        | 5.4 (71.1%) |
| 18  | DĄBKOWSKI Damian      | 215   | HARDER CIECHANÓW         | Open Mężczyzn         | 114  | 10:15 | 01:07:05.30    | 01:07:05.30     | +00:19:39 (29.3%) | 11:10        | 5.4 (71.1%) |
| 19  | BODYTKA Michał        | 210   | FIGHT ACADEMY OSTROŁĘKA  | Open Mężczyzn         | 139  | 10:15 | 01:10:02.55    | 01:10:02.55     | +00:22:37 (32.3%) | 11:40        | 5.1 (67.1%) |
| 20  | KOZŁOWSKA Iwona       | 211   | FIGHT ACADEMY OSTROŁĘKA  | Open Kobiet           | 11   | 10:15 | 01:10:04.70    | 01:10:04.70     | +00:22:39 (32.3%) | 11:40        | 5.1 (67.1%) |
| 21  | BURKACKA Agata        | 233   |                          | Open Kobiet           | 17   | 10:15 | 01:11:08.90    | 01:11:08.90     | +00:23:43 (33.3%) | 11:51        | 5.1 (67.1%) |
| 22  | KALINOWSKA Natalia    | 217   | HARDER CIECHANÓW         | Open Kobiet           | 18   | 10:15 | 01:12:14.05    | 01:12:14.05     | +00:24:48 (34.3%) | 12:02        | 5 (65.8%)   |
| 23  | CHARZYŃSKI Łukasz     | 213   | HARDER CIECHANÓW         | Open Mężczyzn         | 161  | 10:15 | 01:12:14.15    | 01:12:14.15     | +00:24:48 (34.3%) | 12:02        | 5 (65.8%)   |
| 24  | CHRZANOWSKI Artur     | 214   | HARDER CIECHANÓW         | Open Masters Mężczyzn | 51   | 10:15 | 01:12:18.35    | 01:12:18.35     | +00:24:52 (34.4%) | 12:03        | 5 (65.8%)   |
| 25  | WYRZYKOWSKA Martyna   | 226   | HARDER CIECHANÓW         | Open Kobiet           | 19   | 10:15 | 01:12:19.55    | 01:12:19.55     | +00:24:54 (34.4%) | 12:03        | 5 (65.8%)   |
| 26  | MIŁOŃSKI Rafał        | 220   | HARDER CIECHANÓW         | Open Mężczyzn         | 162  | 10:15 | 01:12:23.05    | 01:12:23.05     | +00:24:57 (34.5%) | 12:03        | 5 (65.8%)   |
| 27  | ROGAŁSKI Kamil        | 224   | HARDER CIECHANÓW         | Open Mężczyzn         | 163  | 10:15 | 01:12:23.15    | 01:12:23.15     | +00:24:57 (34.5%) | 12:03        | 5 (65.8%)   |
| 28  | ABRAMCZYK Bernard     | 209   | EY OCR TEAM              | Open Mężczyzn         | 170  | 10:15 | 01:13:09.65    | 01:13:09.65     | +00:25:44 (35.2%) | 12:11        | 4.9 (64.5%) |
| 29  | NIEBRZYDOWSKI Maciej  | 241   |                          | Open Masters Mężczyzn | 56   | 10:15 | 01:13:17.45    | 01:13:17.45     | +00:25:51 (35.3%) | 12:12        | 4.9 (64.5%) |
| 30  | OBUDZIŃSKI Marcin     | 221   | HARDER CIECHANÓW         | Open Masters Mężczyzn | 57   | 10:15 | 01:13:20.35    | 01:13:20.35     | +00:25:54 (35.3%) | 12:13        | 4.9 (64.5%) |

| Msc | Zawodnik                | Numer | Klub             | Kategoria             | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-------------------------|-------|------------------|-----------------------|------|-------|-------------------|--------------------|-------------------|-----------------|---------------|
| 31  | ZADROŻNA Olga           | 227   | HARDER CIECHANÓW | Open Kobiet           | 22   | 10:15 | 01:13:20.40       | 01:13:20.40        | +00:25:54 (35.3%) | 12:13           | 4.9 (64.5%)   |
| 32  | ANDRZEJAK Agnieszka     | 212   | HARDER CIECHANÓW | Open Kobiet           | 25   | 10:15 | 01:14:29.10       | 01:14:29.10        | +00:27:03 (36.3%) | 12:24           | 4.8 (63.2%)   |
| 33  | GODLEWSKA - KOŚNIK Anna | 196   | CROSSBOX OKA     | Open Kobiet           | 27   | 10:15 | 01:15:55.15       | 01:15:55.15        | +00:28:29 (37.5%) | 12:39           | 4.7 (61.8%)   |
| 34  | PSZONAK Krzysztof       | 242   |                  | Open Mężczyzn         | 221  | 10:15 | 01:20:18.70       | 01:20:18.70        | +00:32:53 (40.9%) | 13:23           | 4.5 (59.2%)   |
| 35  | KAR-KOW Lu              | 238   |                  | Open Kobiet           | 44   | 10:15 | 01:20:18.95       | 01:20:18.95        | +00:32:53 (41.0%) | 13:23           | 4.5 (59.2%)   |
| 36  | BAKUŁA Marta            | 512   |                  | Open Masters Kobiet   | 15   | 10:15 | 01:20:19.35       | 01:20:19.35        | +00:32:53 (41.0%) | 13:23           | 4.5 (59.2%)   |
| 37  | ORLICKA Katarzyna       | 205   | CROSSBOX OKA     | Open Masters Kobiet   | 19   | 10:15 | 01:22:14.00       | 01:22:14.00        | +00:34:48 (42.3%) | 13:42           | 4.4 (57.9%)   |
| 38  | MALICKA Jola            | 202   | CROSSBOX OKA     | Open Masters Kobiet   | 36   | 10:15 | 01:28:38.65       | 01:28:38.65        | +00:41:13 (46.5%) | 14:46           | 4.1 (53.9%)   |
| 39  | MALICKI Michał          | 203   | CROSSBOX OKA     | Open Masters Mężczyzn | 80   | 10:15 | 01:28:38.85       | 01:28:38.85        | +00:41:13 (46.5%) | 14:46           | 4.1 (53.9%)   |
| 40  | ŚCIBEK Joanna           | 207   | CROSSBOX OKA     | Open Kobiet           | 81   | 10:15 | 01:28:46.50       | 01:28:46.50        | +00:41:21 (46.6%) | 14:47           | 4.1 (53.9%)   |
| 41  | ŚCIBEK Zbigniew         | 208   | CROSSBOX OKA     | Open Masters Mężczyzn | 82   | 10:15 | 01:28:47.30       | 01:28:47.30        | +00:41:21 (46.6%) | 14:47           | 4.1 (53.9%)   |
| 42  | LENDATA Natalia         | 717   |                  | Open Kobiet           | 82   | 10:15 | 01:28:47.90       | 01:28:47.90        | +00:41:22 (46.6%) | 14:47           | 4.1 (53.9%)   |
| 43  | MACIEJEWSKA Natalia     | 230   | SOCIOS SILESIA   | Open Kobiet           | 86   | 10:15 | 01:29:10.55       | 01:29:10.55        | +00:41:45 (46.8%) | 14:51           | 4 (52.6%)     |
| 44  | BIELECKI Jakub          | 76    |                  | Open Mężczyzn         | 294  | 10:15 | 01:29:11.35       | 01:29:11.35        | +00:41:45 (46.8%) | 14:51           | 4 (52.6%)     |
| 45  | DUNAJSKI Przemysław     | 234   |                  | Open Mężczyzn         | 314  | 10:15 | 01:30:22.55       | 01:30:22.55        | +00:42:57 (47.5%) | 15:03           | 4 (52.6%)     |
| 46  | ZABIELSKI Karol         | 244   |                  | Open Mężczyzn         | 324  | 10:15 | 01:31:53.35       | 01:31:53.35        | +00:44:27 (48.4%) | 15:18           | 3.9 (51.3%)   |
| 47  | ZAŁĘSKI Michał          | 246   |                  | Open Mężczyzn         | 325  | 10:15 | 01:32:39.55       | 01:32:39.55        | +00:45:14 (48.8%) | 15:26           | 3.9 (51.3%)   |
| 48  | JECHNA Karol            | 725   |                  | Open Mężczyzn         | 329  | 10:15 | 01:32:58.90       | 01:32:58.90        | +00:45:33 (49.0%) | 15:29           | 3.9 (51.3%)   |
| 49  | GOŁĘBIEWSKA Mariola     | 216   | HARDER CIECHANÓW | Open Kobiet           | 98   | 10:15 | 01:33:33.75       | 01:33:33.75        | +00:46:08 (49.3%) | 15:35           | 3.8 (50.0%)   |
| 50  | PAKUSZEWSKA Natalia     | 222   | HARDER CIECHANÓW | Open Kobiet           | 99   | 10:15 | 01:33:34.05       | 01:33:34.05        | +00:46:08 (49.3%) | 15:35           | 3.8 (50.0%)   |
| 51  | JECHNA Ilona            | 724   |                  | Open Kobiet           | 100  | 10:15 | 01:33:34.50       | 01:33:34.50        | +00:46:09 (49.3%) | 15:35           | 3.8 (50.0%)   |
| 52  | JECHNA Milena           | 237   |                  | Open Kobiet           | 101  | 10:15 | 01:33:35.05       | 01:33:35.05        | +00:46:09 (49.3%) | 15:35           | 3.8 (50.0%)   |
| 53  | FILIPOWICZ Natalia      | 236   |                  | Open Kobiet           | 104  | 10:15 | 01:35:50.15       | 01:35:50.15        | +00:48:24 (50.5%) | 15:58           | 3.8 (50.0%)   |
| 54  | REGULSKA Ewa            | 182   |                  | Open Kobiet           | 105  | 10:15 | 01:35:51.80       | 01:35:51.80        | +00:48:26 (50.5%) | 15:58           | 3.8 (50.0%)   |
| 55  | MATRAS Łukasz           | 219   | HARDER CIECHANÓW | Open Mężczyzn         | 343  | 10:15 | 01:37:03.85       | 01:37:03.85        | +00:49:38 (51.1%) | 16:10           | 3.7 (48.7%)   |
| 56  | ZIMIŃSKI Rafał          | 228   | HARDER CIECHANÓW | Open Mężczyzn         | 345  | 10:15 | 01:37:21.50       | 01:37:21.50        | +00:49:56 (51.3%) | 16:13           | 3.7 (48.7%)   |
| 57  | WEJS Wiktoria           | 225   | HARDER CIECHANÓW | Open Kobiet           | 109  | 10:15 | 01:37:22.80       | 01:37:22.80        | +00:49:57 (51.3%) | 16:13           | 3.7 (48.7%)   |
| 58  | ZAKRZEWSKI Paweł        | 245   |                  | Open Masters Mężczyzn | 100  | 10:15 | 01:39:43.20       | 01:39:43.20        | +00:52:17 (52.4%) | 16:37           | 3.6 (47.4%)   |
| 59  | JABŁOŃSKA Dorota        | 197   | CROSSBOX OKA     | Open Kobiet           | 124  | 10:15 | 01:41:49.75       | 01:41:49.75        | +00:54:24 (53.4%) | 16:58           | 3.5 (46.1%)   |

Znaleziono 59 wynik(ów)