

Wydarzenie: Runmageddon Góry Sowie
Organizator: Extreme Events, Runmageddon
Data: 2022-07-23
Miejsce: Bielawa
Dystans: 42 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
1	BRZOSKWINIA Wojciech	33	LEMON TEAM	Elite Mężczyzn	1	07:00	01:28:36	02:28:19	04:26:42	05:39:32.15	05:39:32.15		8:05	7.4 (100%)
2	BOROWSKI Michał	79		Elite Mężczyzn	2	07:00	01:39:03	02:42:23	04:35:10	05:45:20.45	05:45:20.45	+00:05:48 (1.7%)	8:13	7.3 (98.6%)
3	BORYCZKA Mateusz	21	FITPARK TEAM	Elite Mężczyzn	3	07:00	01:32:45	02:34:34	04:32:27	05:48:03.40	05:48:03.40	+00:08:31 (2.4%)	8:17	7.2 (97.3%)
4	JANUSZEWSKI Bartosz	43	OBSTACLE CENTER TEAM	Elite Mężczyzn	4	07:00	01:34:19	02:39:32	04:45:09	06:03:00.05	06:03:00.05	+00:23:27 (6.5%)	8:38	6.9 (93.2%)
5	ŠINKOVSKÝ Roman	171		Elite Masters Mężczyzn	1	07:00	01:40:22	02:53:14	05:03:27	06:32:57.35	06:32:57.35	+00:53:25 (13.6%)	9:21	6.4 (86.5%)
6	GĘBARA Łukasz	48	OCR TEAM DĘBICA	Elite Mężczyzn	5	07:00	01:45:08	02:55:50	05:10:56	06:34:29.50	06:34:29.50	+00:54:57 (13.9%)	9:23	6.4 (86.5%)
7	OLICHOWSKI Mateusz	155	WOLF TEAM	Elite Mężczyzn	6	07:00	01:37:25	02:52:11	05:05:37	06:43:51.90	06:43:51.90	+01:04:19 (15.9%)	9:36	6.2 (83.8%)
8	DOLATA Krzysztof	58	SOCIOS SILESIA	Elite Mężczyzn	7	07:00	01:53:14	03:06:37	05:24:39	06:51:37.90	06:51:37.90	+01:12:05 (17.5%)	9:48	6.1 (82.4%)
9	KMIEĆ Adam	4	CARBON SILESIA SPORT	Elite Mężczyzn	8	07:00	01:52:36	03:06:28	05:29:44	06:56:15.30	06:56:15.30	+01:16:43 (18.4%)	9:54	6.1 (82.4%)
10	STANCLIK Krzysztof	9	CARBON SILESIA SPORT	Elite Mężczyzn	9	07:00	01:50:03	03:02:54	05:25:37	06:59:18.10	06:59:18.10	+01:19:45 (19.0%)	9:59	6 (81.1%)
11	TREMETZBERGER Manuel	178		Elite Mężczyzn	10	07:10	01:52:04	03:18:08	05:32:22	07:01:58.95	07:01:58.95	+01:22:26 (19.5%)	10:02	6 (81.1%)
12	MENZIŃSKI Przemysław	1	RUNMAGEDDON TEAM	Elite Mężczyzn	11	07:00	01:40:01	02:56:25	05:19:16	07:04:00.35	07:04:00.35	+01:24:28 (19.9%)	10:05	5.9 (79.7%)
13	SZKURŁAT Tomasz	138	POWER TRAINING	Elite Mężczyzn	12	07:10	01:47:15	03:08:36	05:38:40	07:04:47.50	07:04:47.50	+01:25:15 (20.1%)	10:06	5.9 (79.7%)
14	MAZUR Damian	60	SOCIOS SILESIA	Elite Mężczyzn	13	07:00	01:50:09	03:06:03	05:29:18	07:05:54.10	07:05:54.10	+01:26:21 (20.3%)	10:08	5.9 (79.7%)
15	KUBIESA Jakub	6	CARBON SILESIA SPORT	Elite Masters Mężczyzn	2	07:00	01:52:41	03:11:47	05:40:50	07:09:03.00	07:09:03.00	+01:29:30 (20.9%)	10:12	5.9 (79.7%)

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16	PISKAŁA Daniel	137	POWER TRAINING	Elite Masters Mężczyzn	3	07:10	01:48:55	03:03:07	05:32:13	07:10:34.95	07:10:34.95	+01:31:02 (21.1%)	10:15	5.9 (79.7%)
17	JAKUBCZAK Marcin	100	BEST BEASTS	Elite Masters Mężczyzn	4	07:10	01:49:30	03:08:00	05:31:08	07:10:51.25	07:10:51.25	+01:31:19 (21.2%)	10:15	5.8 (78.4%)
18	MARKOWSKI Fabian	142	RAJSPORT ACTIVE	Elite Mężczyzn	14	07:10	01:45:47	03:05:15	05:37:57	07:13:19.80	07:13:19.80	+01:33:47 (21.6%)	10:19	5.8 (78.4%)
19	KEMPNY Paweł	59	SOCIOS SILESIA	Elite Mężczyzn	15	07:00	01:49:56	03:08:07	05:23:35	07:15:15.55	07:15:15.55	+01:35:43 (22.0%)	10:21	5.8 (78.4%)
20	UMLAUFT Tim	95		Elite Mężczyzn	16	07:00	01:53:24	03:17:22	05:24:41	07:15:27.55	07:15:27.55	+01:35:55 (22.0%)	10:22	5.8 (78.4%)
21	KALINOWSKI Krystian	56	RUNMAGEDDON TEAM	Elite Mężczyzn	17	07:00	01:31:15	03:09:14	05:44:32	07:20:14.85	07:20:14.85	+01:40:42 (22.9%)	10:28	5.7 (77.0%)
22	OBSZYNSKI Marcin	88		Elite Mężczyzn	18	07:00	01:48:46	03:17:56	05:39:05	07:21:16.20	07:21:16.20	+01:41:44 (23.1%)	10:30	5.7 (77.0%)
23	WYBRANIEC Dawid	97		Elite Mężczyzn	19	07:00	01:57:43	03:20:02	05:45:47	07:23:52.30	07:23:52.30	+01:44:20 (23.5%)	10:34	5.7 (77.0%)
24	KUCZ Wojciech	68	UNITED RUNNERS	Elite Mężczyzn	20	07:00	02:00:06	03:22:57	05:43:56	07:30:54.30	07:30:54.30	+01:51:22 (24.7%)	10:44	5.6 (75.7%)
25	KONARSKI Tomasz	136	POWER TRAINING	Elite Mężczyzn	21	07:10	02:03:21	03:30:40	06:00:28	07:38:47.15	07:38:47.15	+01:59:15 (26.0%)	10:55	5.5 (74.3%)
26	SZUBA-ŁATA Klaudia	195	RUNMAGEDDON TEAM	Elite Kobiet	1	07:20	01:57:02	03:25:30	05:50:47	07:40:40.95	07:40:40.95	+02:01:08 (26.3%)	10:58	5.5 (74.3%)
27	TROJANOWSKI Artur	106	CARBON SILESIA SPORT	Open Mężczyzn	1	07:10	01:43:29	03:32:18	05:45:55	07:41:15.50	07:41:15.50	+02:01:43 (26.4%)	10:58	5.5 (74.3%)
28	JANUSZEWSKI Andrzej	42	OBSTACLE CENTER TEAM	Elite Mężczyzn	22	07:00	01:45:57	03:02:32	05:02:56	07:43:08.05	07:43:08.05	+02:03:35 (26.7%)	11:01	5.4 (73.0%)
29	VEPŘEK Martin	96		Elite Mężczyzn	23	07:00	01:57:08	03:22:03	06:04:19	07:43:26.00	07:43:26.00	+02:03:53 (26.7%)	11:02	5.4 (73.0%)
30	BANDURKA Viktor	109	EX TEAM	Elite Masters Mężczyzn	5	07:10	01:53:24	03:25:22	06:00:36	07:44:49.25	07:44:49.25	+02:05:17 (27.0%)	11:04	5.4 (73.0%)
31	MACHURA Marcin	61	SPEC INSTAL RUN	Elite Mężczyzn	24	07:00	02:02:00	03:29:54	06:05:24	07:45:25.20	07:45:25.20	+02:05:53 (27.0%)	11:04	5.4 (73.0%)
32	JUSZCZYK Piotr	223	ĆPAJ_SPORT_WWA	Open Mężczyzn	2	07:30	01:56:50	03:22:49	05:58:57	07:49:16.00	07:49:16.00	+02:09:43 (27.6%)	11:10	5.4 (73.0%)
33	BŁASZCZYK Łukasz	71	WARRIORS ŁÓDŹ	Elite Mężczyzn	25	07:00	01:53:06	03:18:32	05:57:39	07:50:55.50	07:50:55.50	+02:11:23 (27.9%)	11:12	5.4 (73.0%)
34	GAWRYLUK Marcin	157		Elite Mężczyzn	26	07:10	01:56:08	03:20:10	05:57:06	07:53:30.40	07:53:30.40	+02:13:58 (28.3%)	11:16	5.3 (71.6%)
35	SZYMAŃSKI Piotr	322		Open Mężczyzn	3	07:30	01:56:51	03:39:55	06:10:23	07:56:56.60	07:56:56.60	+02:17:24 (28.8%)	11:21	5.3 (71.6%)
36	MACIEJEWSKI Łukasz	147	SOCIOS SILESIA	Elite Mężczyzn	27	07:10	01:47:11	03:04:18	05:29:42	07:57:04.25	07:57:04.25	+02:17:32 (28.8%)	11:21	5.3 (71.6%)
37	BRAJER Tomasz	27	HARPAGAN BEAST	Elite Masters Mężczyzn	6	07:00	02:05:08	03:37:02	06:14:34	07:57:53.05	07:57:53.05	+02:18:20 (29.0%)	11:22	5.3 (71.6%)

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							14km	Pętla 21km	35km					
38	KARCZ Oskar	120	LEMON TEAM	Elite Mężczyzn	28	07:10	01:49:33	03:17:22	05:58:38	07:59:47.75	07:59:47.75	+02:20:15 (29.2%)	11:25	5.3 (71.6%)
39	CHOŁUJ Łukasz	139	PWPW S.A.	Elite Mężczyzn	29	07:10	01:53:23	03:19:06	06:00:41	08:00:41.00	08:00:41.00	+02:21:08 (29.4%)	11:26	5.2 (70.3%)
40	GRABOWIEC Arkadiusz	49	POWER TRAINING	Elite Mężczyzn	30	07:00	01:34:26	03:03:22	05:45:48	08:01:39.35	08:01:39.35	+02:22:07 (29.5%)	11:28	5.2 (70.3%)
41	RYŚ - HANUSIAK Marzena	187	KONIU SQUAD	Open Kobiet	1	07:20	02:12:07	05:25:56		08:02:30.40	08:02:30.40	+02:22:58 (29.6%)	11:29	5.2 (70.3%)
42	CIEPIELA Dominik	40	OBSTACLE CENTER TEAM	Elite Mężczyzn	31	07:00	01:46:26	04:05:01	06:08:35	08:03:19.75	08:03:19.75	+02:23:47 (29.8%)	11:30	5.2 (70.3%)
43	PRZYSTAW Maxim	430	OPFERCREW	Open Mężczyzn	4	07:50	02:20:21	03:56:48	06:38:49	08:03:54.10	08:03:54.10	+02:24:21 (29.8%)	11:31	5.2 (70.3%)
44	CIASTOŃ Bartłomiej	444		Open Mężczyzn	5	07:50	02:25:34	04:00:39	06:35:18	08:04:08.40	08:04:08.40	+02:24:36 (29.9%)	11:31	5.2 (70.3%)
45	KONEWKA Jacek	55	RAJSPOORT ACTIVE	Elite Mężczyzn	32	07:00	02:08:43	03:40:01	06:25:05	08:04:20.70	08:04:20.70	+02:24:48 (29.9%)	11:31	5.2 (70.3%)
46	PSUT Kamil	104	CARBON SILESIA SPORT	Elite Mężczyzn	33	07:10	01:54:43	03:20:24	06:03:32	08:05:51.10	08:05:51.10	+02:26:18 (30.1%)	11:34	5.2 (70.3%)
47	KOZUBEK Seweryn	141	RAJSPOORT ACTIVE	Elite Mężczyzn	34	07:10	01:57:24	03:27:42	06:15:39	08:11:28.00	08:11:28.00	+02:31:55 (30.9%)	11:42	5.1 (68.9%)
48	SONDA Martin	93		Elite Masters Mężczyzn	7	07:00	02:06:21	03:42:42	06:19:53	08:13:16.30	08:13:16.30	+02:33:44 (31.2%)	11:44	5.1 (68.9%)
49	MORA Karol	7	CARBON SILESIA SPORT	Open Mężczyzn	6	07:00	01:57:24	03:51:25	06:34:05	08:14:44.50	08:14:44.50	+02:35:12 (31.4%)	11:46	5.1 (68.9%)
50	FILIPCZAK Kamil	369		Open Masters Mężczyzn	1	07:40	02:06:19	03:42:00	06:28:28	08:18:01.80	08:18:01.80	+02:38:29 (31.8%)	11:51	5.1 (68.9%)
51	HANUSIAK Leszek	31	KONIU SQUAD	Elite Mężczyzn	35	07:00	02:00:05	03:32:10	06:26:53	08:18:44.00	08:18:44.00	+02:39:11 (31.9%)	11:52	5.1 (68.9%)
52	PRZEPIÓRA Przemysław	305		Open Mężczyzn	7	07:30	02:07:45	03:43:06	06:21:23	08:22:10.40	08:22:10.40	+02:42:38 (32.4%)	11:57	5 (67.6%)
53	KRAWIEC Jarosław	291		Open Mężczyzn	8	07:30	02:06:54	03:48:27	06:18:00	08:23:46.50	08:23:46.50	+02:44:14 (32.6%)	11:59	5 (67.6%)
54	KWIATKOWSKI Michał	144	RUNMAGEDDONOWE ŚWIRY	Elite Mężczyzn	36	07:10	02:03:27	03:43:19	06:22:32	08:24:33.20	08:24:33.20	+02:45:01 (32.7%)	12:00	5 (67.6%)
55	KARBOWSKI Sławomir	83		Elite Masters Mężczyzn	8	07:00	01:59:54	03:37:29	06:24:22	08:29:17.00	08:29:17.00	+02:49:44 (33.3%)	12:07	4.9 (66.2%)
56	MŁYNARCZYK Tatiana	296		Open Kobiet	2	07:30	02:21:08	04:07:33	06:46:21	08:29:57.85	08:29:57.85	+02:50:25 (33.4%)	12:08	4.9 (66.2%)
57	PIĘTA Łukasz	69	UNITED RUNNERS	Open Mężczyzn	9	07:00	02:03:27	03:50:43	06:45:20	08:34:41.25	08:34:41.25	+02:55:09 (34.0%)	12:15	4.9 (66.2%)
58	PRZYWARA Paweł	403		Open Masters Mężczyzn	2	07:40	02:11:02	03:50:21	06:47:19	08:35:49.55	08:35:49.55	+02:56:17 (34.2%)	12:16	4.9 (66.2%)
59	FALKOWSKI Łukasz	428	NNJL	Open Mężczyzn	10	07:50	02:09:21	04:09:09	06:53:04	08:36:30.85	08:36:30.85	+02:56:58 (34.3%)	12:17	4.9 (66.2%)

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60	HUDASZEK Zbigniew	107	DRAGON RUNNERS	Elite Mężczyzn	37	07:10	02:11:34	03:49:59	06:32:04	08:38:35.95	08:38:35.95	+02:59:03 (34.5%)	12:20	4.9 (66.2%)
61	SZARY Michał	316		Open Mężczyzn	11	07:30	02:14:01	03:53:42	06:48:20	08:41:12.25	08:41:12.25	+03:01:40 (34.9%)	12:24	4.8 (64.9%)
62	LEWANDOWSKI Patryk	465		Open Mężczyzn	12	07:50	02:05:50	03:36:00	06:33:16	08:42:16.50	08:42:16.50	+03:02:44 (35.0%)	12:26	4.8 (64.9%)
63	ZWIERZYNSKI Marek	181		Elite Masters Mężczyzn	9	07:10	02:07:37	03:45:59	06:39:22	08:43:40.95	08:43:40.95	+03:04:08 (35.2%)	12:28	4.8 (64.9%)
64	BERNACKI Grzegorz	76	WOLF TEAM	Elite Masters Mężczyzn	10	07:00	01:58:13	03:24:46	05:53:10	08:43:42.40	08:43:42.40	+03:04:10 (35.2%)	12:28	4.8 (64.9%)
65	BARAN Konrad	70	WARRIORS ŁÓDŹ	Elite Mężczyzn	38	07:00	02:08:43	03:48:32	06:38:21	08:45:16.45	08:45:16.45	+03:05:44 (35.4%)	12:30	4.8 (64.9%)
66	MŁODZIENIAK Dariusz	86		Open Masters Mężczyzn	3	07:00	02:31:05	04:10:47	07:00:59	08:46:13.60	08:46:13.60	+03:06:41 (35.5%)	12:31	4.8 (64.9%)
67	SIENKIEWICZ Kamil	114	HUSARIA RACE TEAM	Elite Mężczyzn	39	07:10	02:14:48	04:00:50	07:01:44	08:46:39.80	08:46:39.80	+03:07:07 (35.5%)	12:32	4.8 (64.9%)
68	KUDRELEK Karol	74	WF TEAM	Elite Mężczyzn	40	07:00	02:00:43	03:35:46	06:41:45	08:47:53.50	08:47:53.50	+03:08:21 (35.7%)	12:34	4.8 (64.9%)
69	PALUSZEWSKI Piotr	396		Open Mężczyzn	13	07:40	02:16:33	04:04:25	06:43:29	08:47:58.20	08:47:58.20	+03:08:26 (35.7%)	12:34	4.8 (64.9%)
70	GORSIAK Jacek	239	HUSARIA RACE TEAM	Open Mężczyzn	14	07:30	02:07:34	03:53:37	06:52:05	08:51:35.45	08:51:35.45	+03:12:03 (36.1%)	12:39	4.7 (63.5%)
71	FERDYNAND Mateusz	251	MR.TEAM	Open Mężczyzn	15	07:30	02:24:04	04:03:31	07:06:13	08:52:24.85	08:52:24.85	+03:12:52 (36.2%)	12:40	4.7 (63.5%)
72	PYTELEWSKI Radosław	404		Open Mężczyzn	16	07:40	02:08:09	03:57:50	06:49:08	08:52:46.85	08:52:46.85	+03:13:14 (36.3%)	12:41	4.7 (63.5%)
73	DRAŹKOWSKI Piotr	446		Open Masters Mężczyzn	4	07:50	02:20:28	04:05:09	06:57:40	08:54:29.85	08:54:29.85	+03:14:57 (36.5%)	12:43	4.7 (63.5%)
74	KOMISARCZYK Krzysiek	440	WILKI MIĘDZYLESIE	Open Mężczyzn	17	07:50	02:20:31	04:05:18	06:57:43	08:54:30.70	08:54:30.70	+03:14:58 (36.5%)	12:43	4.7 (63.5%)
75	JÓŹWICKI Karol	134	OUTDOOR TRAINING	Elite Masters Mężczyzn	11	07:10	02:03:31	03:55:51	06:47:35	08:56:42.45	08:56:42.45	+03:17:10 (36.7%)	12:46	4.7 (63.5%)
76	NOWICKI Marcin	77	WOLF TEAM	Elite Mężczyzn	41	07:00	01:55:27	03:41:10	06:37:16	08:57:37.60	08:57:37.60	+03:18:05 (36.8%)	12:48	4.7 (63.5%)
77	WAJDA Rafał	478		Open Mężczyzn	18	07:50	02:17:50	04:19:57	07:01:13	08:58:53.60	08:58:53.60	+03:19:21 (37.0%)	12:49	4.7 (63.5%)
78	KRYSZTOFIAK Damian	67	UNITED RUNNERS	Elite Masters Mężczyzn	12	07:00	02:05:42	03:42:50	06:40:53	08:59:33.60	08:59:33.60	+03:20:01 (37.1%)	12:50	4.7 (63.5%)
79	DERA Grzegorz	368		Open Mężczyzn	19	07:40	02:04:23	03:59:36	07:03:07	09:00:52.15	09:00:52.15	+03:21:20 (37.2%)	12:52	4.7 (63.5%)
80	ŻOŁĄDEK Paweł	436	RMG_STG_KOCIEWIE	Open Mężczyzn	20	07:50	02:10:43	04:10:38	06:59:06	09:01:28.60	09:01:28.60	+03:21:56 (37.3%)	12:53	4.7 (63.5%)

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81	MŁYŃSKI Mariusz	44	OBSTACLE CENTER TEAM	Elite Mężczyzn	42	07:00	02:11:26	03:50:32	06:56:11	09:02:16.20	09:02:16.20	+03:22:44 (37.4%)	12:54	4.6 (62.2%)
82	GROMOTKA Janusz	372		Open Masters Mężczyzn	5	07:40	02:18:35	04:02:54	07:07:22	09:02:20.35	09:02:20.35	+03:22:48 (37.4%)	12:54	4.6 (62.2%)
83	ZADROŻNY Krzysztof	234	HARDER CIECHANÓW	Open Mężczyzn	21	07:30	02:21:57	04:09:17	07:04:26	09:05:35.30	09:05:35.30	+03:26:03 (37.8%)	12:59	4.6 (62.2%)
84	OBUDZIŃSKI Marcin	233	HARDER CIECHANÓW	Open Masters Mężczyzn	6	07:30	02:21:57	04:08:28	07:04:17	09:05:35.35	09:05:35.35	+03:26:03 (37.8%)	12:59	4.6 (62.2%)
85	RESPONDEK Leszek	115	KLONO TEAM	Elite Masters Mężczyzn	13	07:10	02:11:32	03:53:04	06:30:42	09:07:59.65	09:07:59.65	+03:28:27 (38.0%)	13:02	4.6 (62.2%)
86	KANCELARZ Rafał	376		Open Mężczyzn	22	07:40	02:18:23	04:12:46	07:13:02	09:08:39.55	09:08:39.55	+03:29:07 (38.1%)	13:03	4.6 (62.2%)
87	KAMYCZEK Adam	331	DZIADY OCR	Open Masters Mężczyzn	7	07:40	02:18:23	04:13:09	07:12:36	09:08:39.90	09:08:39.90	+03:29:07 (38.1%)	13:03	4.6 (62.2%)
88	KARCZYŃSKI Tomasz	377		Open Mężczyzn	23	07:40	02:18:45	04:09:51	07:12:54	09:08:40.80	09:08:40.80	+03:29:08 (38.1%)	13:03	4.6 (62.2%)
89	SZATA Łukasz	175		Elite Mężczyzn	43	07:10	01:54:32	03:49:06	06:07:51	09:08:45.65	09:08:45.65	+03:29:13 (38.1%)	13:03	4.6 (62.2%)
90	WAŃKOWICZ Adrian	324		Open Mężczyzn	24	07:30	02:19:40	04:11:43	07:09:21	09:09:08.30	09:09:08.30	+03:29:36 (38.2%)	13:04	4.6 (62.2%)
91	WOJCIECHOWSKI Adam	420		Open Mężczyzn	25	07:40	02:08:55	04:09:50	06:59:06	09:11:32.40	09:11:32.40	+03:32:00 (38.4%)	13:07	4.6 (62.2%)
92	PASZEK Dawid	224	CSTORE	Open Mężczyzn	26	07:30	02:17:26	04:04:10	07:17:00	09:11:47.80	09:11:47.80	+03:32:15 (38.5%)	13:08	4.6 (62.2%)
93	HOMAN Grzegorz	284		Open Mężczyzn	27	07:30	02:29:14	04:18:49	07:13:14	09:13:30.95	09:13:30.95	+03:33:58 (38.7%)	13:10	4.6 (62.2%)
94	KAMIENIECKI Tristan	286		Open Mężczyzn	28	07:30		04:13:18		09:13:42.95	09:13:42.95	+03:34:10 (38.7%)	13:11	4.6 (62.2%)
95	SZYMEL Jacek	177		Elite Mężczyzn	44	07:10	02:12:30	03:54:39	06:45:48	09:14:05.65	09:14:05.65	+03:34:33 (38.7%)	13:11	4.5 (60.8%)
96	GOŁĘBIEWSKI Tomasz	371		Open Masters Mężczyzn	8	07:40	02:24:24	04:21:01	07:21:08	09:14:09.45	09:14:09.45	+03:34:37 (38.7%)	13:11	4.5 (60.8%)
97	BUDZYŃSKI Adam	64	UNITED RUNNERS	Elite Masters Mężczyzn	14	07:00	02:16:23	04:05:04	07:09:10	09:14:24.65	09:14:24.65	+03:34:52 (38.8%)	13:12	4.5 (60.8%)
98	MACIĄG Krzysztof	466		Open Masters Mężczyzn	9	07:50	02:34:56	04:22:34	07:27:58	09:14:34.85	09:14:34.85	+03:35:02 (38.8%)	13:12	4.5 (60.8%)
99	DRAPA Rafał	445		Open Masters Mężczyzn	10	07:50	02:26:46	04:11:11	07:05:19	09:15:42.95	09:15:42.95	+03:36:10 (38.9%)	13:13	4.5 (60.8%)
100	SZCZOTKA Adam	317		Open Mężczyzn	29	07:30	02:16:56	04:09:17	07:04:01	09:17:28.60	09:17:28.60	+03:37:56 (39.1%)	13:16	4.5 (60.8%)

							Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria								
101	TIAHNYBOK Paweł	94		Open Masters Mężczyzn	11	07:00	02:20:39	04:09:47	07:17:05	09:18:15.30	09:18:15.30	+03:38:43 (39.2%)	13:17	4.5 (60.8%)
102	MAJEK Bartłomiej	488		Open Mężczyzn	30	07:40	01:59:32	03:48:39	07:02:52	09:18:18.80	09:18:18.80	+03:38:46 (39.2%)	13:17	4.5 (60.8%)
103	KONOWALSKI Dawid	458		Open Mężczyzn	31	07:50	02:34:55	04:31:00	07:27:56	09:18:58.40	09:18:58.40	+03:39:26 (39.3%)	13:18	4.5 (60.8%)
104	DYLEWSKI Sławomir	264	TEAM SPIRIT NOWA SÓL	Open Mężczyzn	32	07:30	02:22:54	04:10:07	07:19:35	09:19:28.70	09:19:28.70	+03:39:56 (39.3%)	13:19	4.5 (60.8%)
105	GÓRKA Marcin	14	DRAGON RUNNERS	Elite Mężczyzn	45	07:00	02:20:10	04:02:35	07:19:54	09:19:49.95	09:19:49.95	+03:40:17 (39.4%)	13:19	4.5 (60.8%)
106	MAZUR Robert	338	MAZURY_BIEGAJA	Open Mężczyzn	33	07:40	02:29:03	04:21:28	07:22:17	09:20:22.65	09:20:22.65	+03:40:50 (39.4%)	13:20	4.5 (60.8%)
107	RATAJSZCZAK Dominik	306		Open Mężczyzn	34	07:30	02:08:24	03:53:28	06:56:52	09:21:13.50	09:21:13.50	+03:41:41 (39.5%)	13:21	4.5 (60.8%)
108	TUZ Bartosz	249	MODRZYCA HUNTERS	Open Mężczyzn	35	07:30	02:19:20	04:12:21	07:18:01	09:23:29.70	09:23:29.70	+03:43:57 (39.7%)	13:24	4.5 (60.8%)
109	GÓRSKI Tomasz	246	MODRZYCA HUNTERS	Open Masters Mężczyzn	12	07:30	02:19:19	04:12:09	07:15:08	09:23:30.40	09:23:30.40	+03:43:58 (39.7%)	13:25	4.5 (60.8%)
110	MIKÓŁKO Paulina	248	MODRZYCA HUNTERS	Open Kobiet	3	07:30	02:19:29	04:10:52	07:18:03	09:23:36.45	09:23:36.45	+03:44:04 (39.8%)	13:25	4.5 (60.8%)
111	M Sławek Sławek	247	MODRZYCA HUNTERS	Open Mężczyzn	36	07:30	02:19:28	04:11:59	07:18:02	09:23:37.25	09:23:37.25	+03:44:05 (39.8%)	13:25	4.5 (60.8%)
112	BARZOWSKI Kamil	327	BRAVERUNNERS OCR	Open Mężczyzn	37	07:40	02:33:01	04:39:02	07:31:49	09:25:04.50	09:25:04.50	+03:45:32 (39.9%)	13:27	4.5 (60.8%)
113	HELLER Ernest	283		Open Mężczyzn	38	07:30	02:24:09	04:25:17	07:22:19	09:26:28.25	09:26:28.25	+03:46:56 (40.1%)	13:29	4.4 (59.5%)
114	CHADOV Andrey	22	FITPARK TEAM	Elite Mężczyzn	46	07:00	02:22:13	04:32:31	07:21:39	09:27:23.55	09:27:23.55	+03:47:51 (40.2%)	13:30	4.4 (59.5%)
115	WNOROWSKA Magdalena	189	OBSTACLE CENTER TEAM	Open Masters Kobiet	1	07:20	02:29:13	04:34:19	07:32:14	09:29:59.60	09:29:59.60	+03:50:27 (40.4%)	13:34	4.4 (59.5%)
116	MARKOWICZ Ewelina	182	CARBON SILESIA SPORT	Open Kobiet	4	07:20	02:31:59	04:22:36	07:33:48	09:30:17.90	09:30:17.90	+03:50:45 (40.5%)	13:34	4.4 (59.5%)
117	MOKSIK Jan	20	FIT MORE RYBNIK	Elite Masters Mężczyzn	15	07:00	02:22:43	04:20:05	07:35:34	09:32:27.30	09:32:27.30	+03:52:55 (40.7%)	13:37	4.4 (59.5%)
118	PINDEL Piotr	244	ŁOWCY PIEROŻKÓW	Open Mężczyzn	39	07:30	02:24:03	04:24:36	07:39:11	09:33:34.05	09:33:34.05	+03:54:01 (40.8%)	13:39	4.4 (59.5%)
119	POPIOŁEK Piotr	303		Open Mężczyzn	40	07:30	02:22:31	04:16:48	07:27:33	09:34:16.70	09:34:16.70	+03:54:44 (40.9%)	13:40	4.4 (59.5%)
120	SZWAJKOWSKI Karol	321		Open Mężczyzn	41	07:30	02:22:35	04:16:37	07:27:39	09:34:24.50	09:34:24.50	+03:54:52 (40.9%)	13:40	4.4 (59.5%)
121	KURYŁO Kamil	84		Open Mężczyzn	42	07:00	02:19:55	04:22:54	07:27:29	09:34:34.10	09:34:34.10	+03:55:01 (40.9%)	13:40	4.4 (59.5%)
122	KARCZMAR Kornelia	199	WF TEAM	Open Kobiet	5	07:20	02:28:02	04:38:54	07:48:12	09:34:57.55	09:34:57.55	+03:55:25 (40.9%)	13:41	4.4 (59.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt	Pętla	Punkt	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							Rege 14km	21km	Rege 35km	netto 42km	brutto 42km			
123	TOUŠKA Mirek	323		Open Mężczyzn	43	07:30	02:21:35	04:15:59	07:33:05	09:35:09.00	09:35:09.00	+03:55:36 (41.0%)	13:41	4.4 (59.5%)
124	WROBEL Radał	484		Open Mężczyzn	44	07:50	02:27:46	04:13:06	07:23:59	09:37:45.20	09:37:45.20	+03:58:13 (41.2%)	13:45	4.4 (59.5%)
125	DUK Marcin	81		Open Mężczyzn	45	07:00	02:30:10	04:23:02	07:31:45	09:37:46.80	09:37:46.80	+03:58:14 (41.2%)	13:45	4.4 (59.5%)
126	KOWALEWSKI Filip	129	OBSTACLE CENTER TEAM	Elite Mężczyzn	47	07:10	02:12:28	04:49:04	07:41:15	09:37:53.30	09:37:53.30	+03:58:21 (41.2%)	13:45	4.4 (59.5%)
127	JUDEK Łukasz	161		Elite Masters Mężczyzn	16	07:10	02:00:48	03:54:15	06:37:08	09:38:11.40	09:38:11.40	+03:58:39 (41.3%)	13:45	4.4 (59.5%)
128	LECH Mateusz	164		Elite Mężczyzn	48	07:10	02:25:08	04:12:25	07:30:10	09:38:35.00	09:38:35.00	+03:59:02 (41.3%)	13:46	4.4 (59.5%)
129	LUTEREK Michał	203	OBSTACLE CENTER TEAM	Open Masters Mężczyzn	13	07:10	02:21:35	04:59:10	07:47:32	09:39:25.60	09:39:25.60	+03:59:53 (41.4%)	13:47	4.3 (58.1%)
130	PAZOŁA Korneliusz	113	HELL'S GYM OCR PĘPOWO	Elite Mężczyzn	49	07:10	02:11:01	04:10:31	07:19:04	09:40:09.75	09:40:09.75	+04:00:37 (41.5%)	13:48	4.3 (58.1%)
131	PLUTA Dariusz	271	WINKO SKŁAD	Open Mężczyzn	46	07:30	02:28:51	04:27:00	07:42:59	09:41:07.80	09:41:07.80	+04:01:35 (41.6%)	13:50	4.3 (58.1%)
132	HAĆ Łukasz	281		Open Mężczyzn	47	07:30	02:25:18	04:24:52	07:38:35	09:41:08.30	09:41:08.30	+04:01:36 (41.6%)	13:50	4.3 (58.1%)
133	JASKÓLSKI Marek	270	WINKO SKŁAD	Open Mężczyzn	48	07:30	02:28:52	04:28:11	07:42:59	09:41:08.40	09:41:08.40	+04:01:36 (41.6%)	13:50	4.3 (58.1%)
134	STAROSZYŃSKI Dawid	173		Open Mężczyzn	49	07:10	02:24:53	04:07:48	07:17:42	09:42:53.00	09:42:53.00	+04:03:20 (41.7%)	13:52	4.3 (58.1%)
135	KORNAS Szymon	18	FIT MORE RYBNIK	Elite Mężczyzn	50	07:00	02:22:46	04:27:13	07:37:28	09:43:23.30	09:43:23.30	+04:03:51 (41.8%)	13:53	4.3 (58.1%)
136	CHUSTECKI Michał	26	HARDBOX OTWOCK	Elite Mężczyzn	51	07:00	02:05:11	03:50:26	07:14:55	09:44:25.45	09:44:25.45	+04:04:53 (41.9%)	13:54	4.3 (58.1%)
137	ODEJEWSKI Dariusz	394		Open Mężczyzn	50	07:40	02:22:14	04:18:18	07:34:14	09:44:28.30	09:44:28.30	+04:04:56 (41.9%)	13:54	4.3 (58.1%)
138	SZULTKA Tomasz	415		Open Mężczyzn	51	07:40	02:22:14	04:18:33	07:34:19	09:44:29.55	09:44:29.55	+04:04:57 (41.9%)	13:54	4.3 (58.1%)
139	KOWALIK Anna	359	WW TEAM	Open Kobiet	6	07:40	02:38:05	04:30:05	07:40:08	09:44:57.70	09:44:57.70	+04:05:25 (42.0%)	13:55	4.3 (58.1%)
140	KORZENIOWSKA Joanna	358	WW TEAM	Open Kobiet	7	07:40	02:38:06	04:30:06	07:40:04	09:44:57.80	09:44:57.80	+04:05:25 (42.0%)	13:55	4.3 (58.1%)
141	MYRLAK Maciej	118	KONIU SQUAD	Open Masters Mężczyzn	14	07:10	02:27:29	04:26:41	07:37:02	09:45:48.65	09:45:48.65	+04:06:16 (42.0%)	13:56	4.3 (58.1%)
142	BUCZAK Łukasz	17	FIT MORE RYBNIK	Elite Mężczyzn	52	07:00	02:22:47	04:38:10	07:37:07	09:48:08.85	09:48:08.85	+04:08:36 (42.3%)	14:00	4.3 (58.1%)
143	ZAGRODZKA Magdalena	183	CARBON SILESIA SPORT	Elite Kobiet	2	07:20	02:10:14	03:47:19	06:27:01	09:50:20.55	09:50:20.55	+04:10:48 (42.5%)	14:03	4.3 (58.1%)
144	GMYREK Szczepan	451		Open Mężczyzn	52	07:50	02:27:37	04:28:51	07:52:47	09:52:24.70	09:52:24.70	+04:12:52 (42.7%)	14:06	4.3 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
145	MROŻEK Michał	438	SUŁTANI FITNESSU	Open Masters Mężczyzn	15	07:50	02:28:53	04:13:41	07:39:17	09:53:03.20	09:53:03.20	+04:13:31 (42.7%)	14:07	4.2 (56.8%)
146	STANIASZEK Michał	439	SUŁTANI FITNESSU	Open Masters Mężczyzn	16	07:50	02:28:59	04:14:29	07:39:17	09:53:08.60	09:53:08.60	+04:13:36 (42.8%)	14:07	4.2 (56.8%)
147	MACIOCHA Krzysztof	389		Open Mężczyzn	53	07:40	02:26:19	04:36:53	07:32:01	09:55:32.25	09:55:32.25	+04:16:00 (43.0%)	14:10	4.2 (56.8%)
148	KRZYŻANOWSKI Julian	50	POWER TRAINING	Open Masters Mężczyzn	17	07:00	02:20:02	04:34:37	07:34:50	09:55:48.60	09:55:48.60	+04:16:16 (43.0%)	14:11	4.2 (56.8%)
149	FUDALA Damian	450		Open Mężczyzn	54	07:50	02:31:08	04:30:33	07:38:33	09:57:00.80	09:57:00.80	+04:17:28 (43.1%)	14:12	4.2 (56.8%)
150	NOWAK Marcin	166		Elite Masters Mężczyzn	17	07:10	02:05:23	03:58:58	06:47:51	09:58:24.50	09:58:24.50	+04:18:52 (43.3%)	14:14	4.2 (56.8%)
151	TARAS Michał	416		Open Mężczyzn	55	07:40	02:26:17	04:23:28	07:58:09	10:00:41.65	10:00:41.65	+04:21:09 (43.5%)	14:18	4.2 (56.8%)
152	JANUS Leszek	159		Elite Mężczyzn	53	07:10	02:06:19	04:22:33	07:24:55	10:00:43.20	10:00:43.20	+04:21:11 (43.5%)	14:18	4.2 (56.8%)
153	OGIERMAN Mariusz	263	SOCIOS SILESIA	Open Mężczyzn	56	07:30	02:23:41	04:15:50	07:48:31	10:00:52.45	10:00:52.45	+04:21:20 (43.5%)	14:18	4.2 (56.8%)
154	KUPREWICZ Grzegorz	383		Open Mężczyzn	57	07:40	02:26:01	04:24:31	07:39:03	10:01:06.90	10:01:06.90	+04:21:34 (43.5%)	14:18	4.2 (56.8%)
155	KARCZEWSKI Piotr	101	BEST BEASTS	Elite Mężczyzn	54	07:10	02:14:55	04:02:42	07:33:31	10:02:51.45	10:02:51.45	+04:23:19 (43.7%)	14:21	4.2 (56.8%)
156	BIENIEK Kacper	362		Open Mężczyzn	58	07:40	02:28:57	04:53:52	07:44:13	10:04:53.70	10:04:53.70	+04:25:21 (43.9%)	14:24	4.2 (56.8%)
157	BIENIEK Michał	363		Open Mężczyzn	59	07:40	02:28:58	04:53:50	07:44:14	10:04:54.10	10:04:54.10	+04:25:21 (43.9%)	14:24	4.2 (56.8%)
158	FILOCHOWSKI Krystian	449		Open Mężczyzn	60	07:50	02:16:40	04:24:02	07:47:43	10:05:35.15	10:05:35.15	+04:26:03 (43.9%)	14:25	4.2 (56.8%)
159	LECH Mateusz	334	GOOD VIBES STUDIO TRENINGU KATOWICE ZDROWOZYJ.PL	Open Mężczyzn	61	07:40	02:32:23	04:43:35	08:02:47	10:06:17.45	10:06:17.45	+04:26:45 (44.0%)	14:26	4.2 (56.8%)
160	PAPIERZ Mateusz	397		Open Mężczyzn	62	07:40	02:17:12	04:34:47	08:06:29	10:06:29.10	10:06:29.10	+04:26:56 (44.0%)	14:26	4.2 (56.8%)
161	LEWANDOWSKI Grzegorz	386		Open Mężczyzn	63	07:40	02:37:46	04:36:13	08:00:27	10:08:57.10	10:08:57.10	+04:29:24 (44.2%)	14:29	4.1 (55.4%)
162	ŻUKOWSKI Karol	485		Open Mężczyzn	64	07:50	02:53:03	04:56:19	08:06:55	10:09:26.25	10:09:26.25	+04:29:54 (44.3%)	14:30	4.1 (55.4%)
163	KRÓLAK Kornel	462		Open Mężczyzn	65	07:50	02:24:08	04:36:04	07:51:12	10:09:40.30	10:09:40.30	+04:30:08 (44.3%)	14:30	4.1 (55.4%)
164	SOBCZYK Michał	172		Elite Mężczyzn	55	07:10	02:26:01	04:39:40	07:45:07	10:10:03.55	10:10:03.55	+04:30:31 (44.3%)	14:31	4.1 (55.4%)
165	BRZOSTEK Tomasz	275		Open Mężczyzn	66	07:30	02:27:35	04:30:11	07:56:54	10:10:40.65	10:10:40.65	+04:31:08 (44.4%)	14:32	4.1 (55.4%)
166	GAŃKO Aleksander	238	HUSARIA RACE TEAM	Open Mężczyzn	67	07:30	02:38:45	04:47:06	08:00:39	10:10:59.20	10:10:59.20	+04:31:27 (44.4%)	14:32	4.1 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
167	ROSKIEWICZ Wojciech	405		Open Masters Mężczyzn	18	07:40	02:21:00	04:05:46	07:39:45	10:11:01.10	10:11:01.10	+04:31:28 (44.4%)	14:32	4.1 (55.4%)
168	SIENKIEWICZ Jakub	91		Open Mężczyzn	68	07:00	02:41:41	04:40:07	07:56:48	10:11:03.05	10:11:03.05	+04:31:30 (44.4%)	14:32	4.1 (55.4%)
169	SŁABASZEWSKI Kamil	236	HARPAGAN BEAST	Open Mężczyzn	69	07:30	02:27:37	04:26:45	08:04:27	10:11:03.25	10:11:03.25	+04:31:31 (44.4%)	14:32	4.1 (55.4%)
170	KULAGA Peter	15	DRAGON RUNNERS	Elite Mężczyzn	56	07:00	02:20:12	04:02:17	07:20:01	10:11:31.80	10:11:31.80	+04:31:59 (44.5%)	14:33	4.1 (55.4%)
171	JANOWSKI Kasper	374		Open Mężczyzn	70	07:40	02:27:05	04:35:20	07:52:11	10:12:46.00	10:12:46.00	+04:33:13 (44.6%)	14:35	4.1 (55.4%)
172	PASTUSZKA Jakub	75	WILK TRENUJE FAMILY (WTF)	Open Mężczyzn	71	07:00	02:28:33	04:27:40	07:54:17	10:12:51.25	10:12:51.25	+04:33:19 (44.6%)	14:35	4.1 (55.4%)
173	BATURA Adrian	250	MR.TEAM	Open Mężczyzn	72	07:30	02:28:36	04:29:37	07:57:19	10:13:45.40	10:13:45.40	+04:34:13 (44.7%)	14:36	4.1 (55.4%)
174	FILIPIAK Krzysztof	252	MR.TEAM	Open Mężczyzn	73	07:30	02:28:36	04:29:15	07:57:20	10:13:46.70	10:13:46.70	+04:34:14 (44.7%)	14:36	4.1 (55.4%)
175	OWCZAREK Adam	437	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	74	07:50	02:30:59	04:34:50	07:55:05	10:13:51.20	10:13:51.20	+04:34:19 (44.7%)	14:36	4.1 (55.4%)
176	RAJNIK Daniel	471		Open Mężczyzn	75	07:50	02:21:35	04:26:42	07:55:03	10:13:55.50	10:13:55.50	+04:34:23 (44.7%)	14:37	4.1 (55.4%)
177	KMIECIAK Krzysztof	288		Open Masters Mężczyzn	19	07:30	02:35:24	04:33:40	07:57:50	10:14:00.15	10:14:00.15	+04:34:28 (44.7%)	14:37	4.1 (55.4%)
178	DOMAŃSKI Karol	156		Elite Mężczyzn	57	07:10	02:38:33	04:38:05	07:57:11	10:15:05.80	10:15:05.80	+04:35:33 (44.8%)	14:38	4.1 (55.4%)
179	SOWIŃSKI Mikołaj	311		Open Mężczyzn	76	07:30	02:32:45	04:55:49	07:58:49	10:15:37.00	10:15:37.00	+04:36:04 (44.8%)	14:39	4.1 (55.4%)
180	MORAWSKI Grzegorz	87		Elite Mężczyzn	58	07:00	02:04:17	03:46:09	07:09:18	10:15:53.75	10:15:53.75	+04:36:21 (44.9%)	14:39	4.1 (55.4%)
181	ROJKOWSKI Jerzy	307		Open Masters Mężczyzn	20	07:30	02:34:13	04:43:17	07:54:57	10:16:37.35	10:16:37.35	+04:37:05 (44.9%)	14:40	4.1 (55.4%)
182	SKUPIŃSKI Patryk	474		Open Mężczyzn	77	07:50	02:27:45	04:23:08	07:59:47	10:17:28.25	10:17:28.25	+04:37:56 (45.0%)	14:42	4.1 (55.4%)
183	MĘDELEWSKI Paweł	124	NINJA ELEMENTS	Elite Mężczyzn	59	07:10	02:46:59	04:48:08	08:07:22	10:18:55.85	10:18:55.85	+04:39:23 (45.1%)	14:44	4.1 (55.4%)
184	RAKOWSKI Przemysław	36	MELVIT TEAM	Elite Mężczyzn	60	07:00	02:17:22	05:28:24	08:12:44	10:19:15.45	10:19:15.45	+04:39:43 (45.2%)	14:44	4.1 (55.4%)
185	MACHERA Rafał	388		Open Mężczyzn	78	07:40	02:31:59	04:24:32	07:51:04	10:19:17.20	10:19:17.20	+04:39:45 (45.2%)	14:44	4.1 (55.4%)
186	BEDNARSKI Paweł	340	NA PRZYPALE ALBO WCALE!!!	Open Mężczyzn	79	07:40	02:35:36	04:40:14	08:14:01	10:19:47.30	10:19:47.30	+04:40:15 (45.2%)	14:45	4.1 (55.4%)
187	ANTONIAK Kamil	126	OBSTACLE CENTER TEAM	Open Mężczyzn	80	07:10	02:26:01	04:53:49	08:10:18	10:20:07.45	10:20:07.45	+04:40:35 (45.2%)	14:45	4.1 (55.4%)
188	WASĄG Dawid	133	OCR TEAM BIŁGORAJ	Elite Masters Mężczyzn	18	07:10	02:15:40	04:32:35	08:01:11	10:21:32.45	10:21:32.45	+04:42:00 (45.4%)	14:47	4.1 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt	Pętla	Punkt	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							Rege 14km	21km	Rege 35km	netto 42km	brutto 42km			
189	CHROMÝ David	365		Open Mężczyzn	81	07:40	02:12:21	04:55:31	08:30:21	10:22:25.40	10:22:25.40	+04:42:53 (45.4%)	14:49	4 (54.1%)
190	GADULA Jakub	370		Open Mężczyzn	82	07:40	02:25:04	04:31:31	08:04:52	10:23:07.30	10:23:07.30	+04:43:35 (45.5%)	14:50	4 (54.1%)
191	SZCZOTOK Wiktor	10	CARBON SILESIA SPORT	Elite Mężczyzn	61	07:00	02:07:21	04:30:03	07:51:54	10:23:29.65	10:23:29.65	+04:43:57 (45.5%)	14:50	4 (54.1%)
192	ŻUREK Michał	47	OCR TEAM BYDLAKI	Elite Mężczyzn	62	07:00	01:57:09	04:37:26	07:23:06	10:24:51.20	10:24:51.20	+04:45:19 (45.7%)	14:52	4 (54.1%)
193	HABIB Johnny	280		Open Mężczyzn	83	07:30	02:25:36	04:48:34	08:04:15	10:26:20.25	10:26:20.25	+04:46:48 (45.8%)	14:54	4 (54.1%)
194	SIKORA Mateusz	410		Open Mężczyzn	84	07:40	02:39:04	04:35:27	08:05:14	10:26:33.75	10:26:33.75	+04:47:01 (45.8%)	14:55	4 (54.1%)
195	MAZUREK Maciej	392		Open Mężczyzn	85	07:40	02:39:03	04:35:26	08:05:16	10:26:34.10	10:26:34.10	+04:47:01 (45.8%)	14:55	4 (54.1%)
196	MAJCZYNA Marcin	98	#MUSISZTEAM	Open Masters Mężczyzn	21	07:10	02:30:33	04:45:55	07:57:28	10:26:48.45	10:26:48.45	+04:47:16 (45.8%)	14:55	4 (54.1%)
197	OLEŚ Rafał	34	LEMON TEAM	Elite Mężczyzn	63	07:00	01:58:02	04:43:43	07:26:29	10:27:25.00	10:27:25.00	+04:47:52 (45.9%)	14:56	4 (54.1%)
198	KOKOSZKA Marcin	457		Open Mężczyzn	86	07:40	02:25:23	04:31:09	08:04:54	10:27:32.00	10:27:32.00	+04:47:59 (45.9%)	14:56	4 (54.1%)
199	TUREK Aneta	417		Open Kobiet	8	07:40	02:27:45	04:25:11	08:04:57	10:27:33.10	10:27:33.10	+04:48:00 (45.9%)	14:56	4 (54.1%)
200	KOPACZYNSKI Artur	378		Open Mężczyzn	87	07:40	02:27:45	04:25:11	08:01:51	10:27:34.90	10:27:34.90	+04:48:02 (45.9%)	14:56	4 (54.1%)
201	KRUKOWSKI Kamil	381		Open Mężczyzn	88	07:40	02:43:00	05:02:19	08:15:48	10:28:42.35	10:28:42.35	+04:49:10 (46.0%)	14:58	4 (54.1%)
202	POPIELA Mateusz	401		Open Mężczyzn	89	07:40	02:24:05	04:30:52	08:13:11	10:28:55.00	10:28:55.00	+04:49:22 (46.0%)	14:58	4 (54.1%)
203	LEPIARZ Michał	116	KOCHAM SŁODKIE	Elite Mężczyzn	64	07:10	02:18:18	04:41:50	07:57:07	10:28:55.20	10:28:55.20	+04:49:23 (46.0%)	14:58	4 (54.1%)
204	SZOSTEK Patrycja	202		Open Kobiet	9	07:20	02:18:10	04:24:07	07:56:22	10:30:37.45	10:30:37.45	+04:51:05 (46.2%)	15:00	4 (54.1%)
205	JURCZAK Piotr	23	FITPARK TEAM	Open Masters Mężczyzn	22	07:00	02:34:32	05:13:04	08:18:11	10:31:00.70	10:31:00.70	+04:51:28 (46.2%)	15:01	4 (54.1%)
206	ZACKOVA Zaneta	326	BARBARIAN EXTREME TEAM	Open Kobiet	10	07:40	02:43:32	04:49:11	08:30:20	10:31:00.75	10:31:00.75	+04:51:28 (46.2%)	15:01	4 (54.1%)
207	WIŚNIEWSKI Michał	102	BEST BEASTS	Elite Mężczyzn	65	07:10	02:14:54	04:01:09	07:33:41	10:31:33.80	10:31:33.80	+04:52:01 (46.2%)	15:02	4 (54.1%)
208	TOMCZAK Dariusz	28	HELL'S GYM OCR PĘPOWO	Open Mężczyzn	90	07:00	02:17:23	04:52:30	07:34:50	10:31:45.90	10:31:45.90	+04:52:13 (46.3%)	15:02	4 (54.1%)
209	SEREDA Jakub	90		Elite Mężczyzn	66	07:00	02:08:49	03:59:42	07:30:41	10:31:50.20	10:31:50.20	+04:52:18 (46.3%)	15:02	4 (54.1%)
210	PIOTROWSKI Sławomir	267	TURBO DZIKI NA MEFEDRONIE	Open Mężczyzn	91	07:30	02:32:46	04:53:26	08:25:01	10:32:11.95	10:32:11.95	+04:52:39 (46.3%)	15:03	4 (54.1%)
211	ŁĄCZYKOWSKI Sylwester	463		Open Mężczyzn	92	07:30	02:49:28	04:50:06	08:25:03	10:32:18.40	10:32:18.40	+04:52:46 (46.3%)	15:03	4 (54.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
212	OSIŃSKI Marcin	262	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	93	07:30	02:49:06	04:51:38	08:16:01	10:32:27.70	10:32:27.70	+04:52:55 (46.3%)	15:03	4 (54.1%)
213	KITALA Radosław	149	WARRIORS ŁÓDŹ	Open Mężczyzn	94	07:10	02:40:14	04:41:02	08:07:58	10:32:47.35	10:32:47.35	+04:53:15 (46.3%)	15:03	4 (54.1%)
214	JAROS Łukasz	453		Open Mężczyzn	95	07:50	02:30:01	04:29:48	08:36:45	10:33:17.60	10:33:17.60	+04:53:45 (46.4%)	15:04	4 (54.1%)
215	MOSTOWSKI Radosław	151	WARRIORS ŁÓDŹ	Elite Mężczyzn	67	07:10	02:40:16	04:41:05	08:08:01	10:33:18.55	10:33:18.55	+04:53:46 (46.4%)	15:04	4 (54.1%)
216	AKERMAN Błażej	265	TURBO DZIKI NA MEFEDRONIE	Open Mężczyzn	96	07:30	02:32:58	04:53:30	08:25:03	10:33:39.80	10:33:39.80	+04:54:07 (46.4%)	15:05	4 (54.1%)
217	GRZESIAK Michał	266	TURBO DZIKI NA MEFEDRONIE	Open Mężczyzn	97	07:30	02:32:59	04:53:28	08:25:02	10:33:39.90	10:33:39.90	+04:54:07 (46.4%)	15:05	4 (54.1%)
218	ZAWADZKI Jakub	422		Open Mężczyzn	98	07:40	02:39:17	04:45:13	08:20:41	10:33:44.45	10:33:44.45	+04:54:12 (46.4%)	15:05	4 (54.1%)
219	BOROWSKA Jadwiga	364		Open Kobiet	11	07:40	02:52:41	04:54:54	08:24:27	10:35:04.20	10:35:04.20	+04:55:32 (46.5%)	15:07	4 (54.1%)
220	STASIAK Dawid	413		Open Mężczyzn	99	07:40	02:52:25	04:54:55	08:24:02	10:35:04.25	10:35:04.25	+04:55:32 (46.5%)	15:07	4 (54.1%)
221	DRABCZYK Artur	429	NUTREND TEAM	Open Mężczyzn	100	07:50	02:40:57	04:54:22	08:13:01	10:35:09.85	10:35:09.85	+04:55:37 (46.5%)	15:07	4 (54.1%)
222	SIKORSKI Mateusz	310		Open Mężczyzn	101	07:30	02:25:56	04:35:07	08:10:31	10:35:49.60	10:35:49.60	+04:56:17 (46.6%)	15:08	4 (54.1%)
223	URBANIK Zuza	186	FIT MORE RYBNIK	Open Masters Kobiet	2	07:20	02:42:33	04:58:23	08:23:41	10:36:10.30	10:36:10.30	+04:56:38 (46.6%)	15:08	4 (54.1%)
224	BURS Klaudia	191	OSPRO OCR	Open Kobiet	12	07:20	02:27:22	04:16:20	07:36:47	10:36:51.25	10:36:51.25	+04:57:19 (46.7%)	15:09	4 (54.1%)
225	MWENDELA Filip	468		Open Mężczyzn	102	07:50	02:20:33	04:28:10	08:00:16	10:37:52.60	10:37:52.60	+04:58:20 (46.8%)	15:11	4 (54.1%)
226	MIERZICKI Marcel	51	POWER TRAINING	Open Masters Mężczyzn	23	07:00	02:28:39	04:37:55	08:01:28	10:38:23.95	10:38:23.95	+04:58:51 (46.8%)	15:11	3.9 (52.7%)
227	GIZAK Michał	145	SOCIOS SILESIA	Elite Mężczyzn	68	07:10	02:06:59	04:08:06	07:11:32	10:38:24.85	10:38:24.85	+04:58:52 (46.8%)	15:12	3.9 (52.7%)
228	KOZIOŁ Kamil	5	CARBON SILESIA SPORT	Open Mężczyzn	103	07:00	02:01:41	05:28:25	08:31:44	10:38:26.90	10:38:26.90	+04:58:54 (46.8%)	15:12	3.9 (52.7%)
228	PLUCIŃSKI Jakub	108	DRAGON RUNNERS	Open Mężczyzn	103	07:10	02:30:04	04:33:02	08:17:34	10:38:26.90	10:38:26.90	+04:58:54 (46.8%)	15:12	3.9 (52.7%)
230	BAGDZIŃSKI Daniel	122	MOVE. TEAM	Open Masters Mężczyzn	24	07:10	02:35:22	05:19:47	08:31:33	10:39:10.00	10:39:10.00	+04:59:37 (46.9%)	15:13	3.9 (52.7%)
231	DOBROWOLSKI Piotr	80		Open Mężczyzn	105	07:00	02:06:56	05:07:10	07:57:55	10:41:03.75	10:41:03.75	+05:01:31 (47.0%)	15:15	3.9 (52.7%)
232	NABAGŁO Marcin	30	KOCHAM SŁODKIE	Open Mężczyzn	106	07:00	02:26:56	04:52:45	08:05:11	10:42:12.00	10:42:12.00	+05:02:39 (47.1%)	15:17	3.9 (52.7%)
233	ŁABAS Dawid	293		Open Mężczyzn	107	07:30	02:26:14	04:35:09	08:10:33	10:43:11.40	10:43:11.40	+05:03:39 (47.2%)	15:18	3.9 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
234	SKOWRON Mariusz	411		Open Mężczyzn	108	07:40	02:37:03	04:43:45	08:08:15	10:43:17.65	10:43:17.65	+05:03:45 (47.2%)	15:18	3.9 (52.7%)
235	WÓJTOWICZ Dawid	269	WATAHA	Open Mężczyzn	109	07:30	02:40:31	04:50:54	08:37:55	10:44:18.05	10:44:18.05	+05:04:45 (47.3%)	15:20	3.9 (52.7%)
236	OSZCZEPALSKI Krzysztof	300		Open Mężczyzn	110	07:30	02:30:53	04:54:28	08:29:56	10:44:28.55	10:44:28.55	+05:04:56 (47.3%)	15:20	3.9 (52.7%)
237	TUTAJ Jakub	63	UNIT37	Elite Masters Mężczyzn	19	07:00	02:30:22	04:35:06	08:34:01	10:46:04.55	10:46:04.55	+05:06:32 (47.4%)	15:22	3.9 (52.7%)
238	PALION Marcin	301		Open Masters Mężczyzn	25	07:30	02:33:29	04:39:03	08:10:32	10:47:23.45	10:47:23.45	+05:07:51 (47.6%)	15:24	3.9 (52.7%)
239	WRZOSEK Patryk	11	CARBON SILESIA SPORT	Open Mężczyzn	111	07:00	02:44:22	04:59:18	08:28:52	10:47:42.00	10:47:42.00	+05:08:09 (47.6%)	15:25	3.9 (52.7%)
240	WILCZYŃSKA Dorota	426	LACROIX TEAM	Open Masters Kobiet	3	07:50	02:58:14	04:53:24	08:38:13	10:48:24.80	10:48:24.80	+05:08:52 (47.6%)	15:26	3.9 (52.7%)
241	WILCZYŃSKI Artur	482		Open Masters Mężczyzn	26	07:50	02:58:08	04:53:24	08:38:12	10:48:24.95	10:48:24.95	+05:08:52 (47.6%)	15:26	3.9 (52.7%)
242	BARAN Michał	221	BEFIT24TEAM	Open Mężczyzn	112	07:30	02:31:44	04:49:34	08:31:02	10:49:20.30	10:49:20.30	+05:09:48 (47.7%)	15:27	3.9 (52.7%)
243	CABAJ Robert	443		Open Mężczyzn	113	07:50	02:35:31	04:48:44	08:31:43	10:51:45.25	10:51:45.25	+05:12:13 (47.9%)	15:31	3.9 (52.7%)
244	PAWLUCZUK Tomasz	399		Open Masters Mężczyzn	27	07:40	02:39:03	04:35:10	08:24:25	10:52:21.30	10:52:21.30	+05:12:49 (48.0%)	15:31	3.9 (52.7%)
245	RUTKOWSKI Łukasz	406		Open Mężczyzn	114	07:40	02:42:54	04:41:54	08:24:25	10:52:21.55	10:52:21.55	+05:12:49 (48.0%)	15:31	3.9 (52.7%)
246	FERSZTER Piotr	447		Open Mężczyzn	115	07:50	02:35:31	04:48:41	08:31:41	10:52:24.70	10:52:24.70	+05:12:52 (48.0%)	15:32	3.9 (52.7%)
247	MACIOL Piotr	390		Open Mężczyzn	116	07:40	02:55:35	05:03:48	08:39:04	10:52:43.90	10:52:43.90	+05:13:11 (48.0%)	15:32	3.9 (52.7%)
248	SIMON Adam	92		Elite Mężczyzn	69	07:00	02:43:30	04:58:30	08:32:30	10:53:13.00	10:53:13.00	+05:13:40 (48.0%)	15:33	3.9 (52.7%)
249	KUREK Andrzej	384		Open Masters Mężczyzn	28	07:40	02:37:17	04:49:35	08:31:46	10:54:23.05	10:54:23.05	+05:14:50 (48.1%)	15:34	3.9 (52.7%)
250	KUCZBORSKI Jacek	382		Open Mężczyzn	117	07:40	02:37:31	04:49:32	08:31:53	10:54:28.50	10:54:28.50	+05:14:56 (48.1%)	15:34	3.9 (52.7%)
251	SAWICKI Gabor	408		Open Mężczyzn	118	07:40	02:45:26	04:57:53	08:46:01	10:54:43.50	10:54:43.50	+05:15:11 (48.1%)	15:35	3.8 (51.4%)
252	ŻYLEWICZ Patrycja	349	NA PRZYPALE ALBO WCALE!!!	Open Masters Mężczyzn	29	07:40	02:44:16	04:51:04	08:35:04	10:55:34.15	10:55:34.15	+05:16:02 (48.2%)	15:36	3.8 (51.4%)
253	LESZKIEWICZ Paweł	345	NA PRZYPALE ALBO WCALE!!!	Open Mężczyzn	119	07:40	02:44:17	04:51:04	08:35:07	10:55:35.25	10:55:35.25	+05:16:03 (48.2%)	15:36	3.8 (51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
254	KUTYŁA Marek	351	OMNIA VANITAS	Open Masters Mężczyzn	30	07:40	02:45:29	05:03:12	08:35:02	10:55:38.85	10:55:38.85	+05:16:06 (48.2%)	15:36	3.8 (51.4%)
255	KUCHNO Tadeusz	256	OBSTACLE CENTER TEAM	Open Masters Mężczyzn	31	07:30	02:55:04	05:04:18	08:56:38	10:59:08.95	10:59:08.95	+05:19:36 (48.5%)	15:41	3.8 (51.4%)
256	NOWIŃSKI Aleksander	434	REPTILIANIE	Open Mężczyzn	120	07:50	02:53:15	05:13:18	08:43:52	10:59:42.90	10:59:42.90	+05:20:10 (48.5%)	15:42	3.8 (51.4%)
257	ZENDEROWSKI Przemysław	325		Open Mężczyzn	121	07:30	02:41:34	05:01:20	08:42:23	11:01:08.85	11:01:08.85	+05:21:36 (48.6%)	15:44	3.8 (51.4%)
258	LIPIEC Paweł	85		Open Mężczyzn	122	07:00	02:09:35	04:11:39	07:54:42	11:01:40.35	11:01:40.35	+05:22:08 (48.7%)	15:45	3.8 (51.4%)
259	BOCZULA Michał	274		Open Mężczyzn	123	07:30	02:39:20	04:49:55	08:21:17	11:02:08.40	11:02:08.40	+05:22:36 (48.7%)	15:45	3.8 (51.4%)
260	BEDNARCZYK Mariusz	273		Open Mężczyzn	124	07:30	02:58:01	05:04:02	08:50:45	11:02:41.60	11:02:41.60	+05:23:09 (48.8%)	15:46	3.8 (51.4%)
261	TOMASZEWSKI Adrian	475		Open Mężczyzn	125	07:50	02:52:14	05:16:05	08:47:42	11:02:59.50	11:02:59.50	+05:23:27 (48.8%)	15:47	3.8 (51.4%)
262	DROST Małgorzata	260	R&G	Open Kobiet	13	07:30	02:34:01	04:47:19	08:37:20	11:03:03.20	11:03:03.20	+05:23:31 (48.8%)	15:47	3.8 (51.4%)
263	DROST Rafał	261	R&G	Open Masters Mężczyzn	32	07:30	02:34:00	04:47:20	08:37:21	11:03:03.45	11:03:03.45	+05:23:31 (48.8%)	15:47	3.8 (51.4%)
264	SUCHOCKI Kamil	314		Open Mężczyzn	126	07:30	02:55:52	05:12:36	08:50:45	11:03:54.05	11:03:54.05	+05:24:21 (48.9%)	15:48	3.8 (51.4%)
265	PORKUSZEWSKI Konrad	89		Open Mężczyzn	127	07:00	02:30:48	04:51:15	08:45:09	11:04:01.50	11:04:01.50	+05:24:29 (48.9%)	15:48	3.8 (51.4%)
266	REK Patryk	427	LEILA TEAM	Open Mężczyzn	128	07:50	02:34:11	04:28:29	08:43:36	11:04:26.75	11:04:26.75	+05:24:54 (48.9%)	15:49	3.8 (51.4%)
267	JANKOWSKI Remik	373		Open Masters Mężczyzn	33	07:40	02:44:28	04:58:07	08:26:13	11:04:50.40	11:04:50.40	+05:25:18 (48.9%)	15:49	3.8 (51.4%)
268	DYDYNA Krzysztof	341	NA PRZYPALE ALBO WCALE!!!	Open Mężczyzn	129	07:40	02:30:17	04:45:44	08:26:12	11:04:50.50	11:04:50.50	+05:25:18 (48.9%)	15:49	3.8 (51.4%)
269	KOPA Przemysław	343	NA PRZYPALE ALBO WCALE!!!	Open Masters Mężczyzn	34	07:40	03:06:11	05:01:59	09:22:49	11:06:31.15	11:06:31.15	+05:26:59 (49.1%)	15:52	3.8 (51.4%)
270	CIOCH Krzysztof	366		Open Mężczyzn	130	07:40	03:06:09	05:02:00	09:22:49	11:06:32.05	11:06:32.05	+05:26:59 (49.1%)	15:52	3.8 (51.4%)
271	NIŻAŃSKI Jarosław	230	FITPARK TEAM	Open Masters Mężczyzn	35	07:30	02:48:11	05:13:12	08:44:46	11:06:39.25	11:06:39.25	+05:27:07 (49.1%)	15:52	3.8 (51.4%)
272	CZUBAK Damian	367		Open Mężczyzn	131	07:40	02:42:08	05:10:12	08:52:34	11:07:25.40	11:07:25.40	+05:27:53 (49.1%)	15:53	3.8 (51.4%)
273	STĘPIEŃ Patryk	414		Open Mężczyzn	132	07:40	02:42:06	05:10:14	08:52:30	11:07:25.85	11:07:25.85	+05:27:53 (49.1%)	15:53	3.8 (51.4%)
274	RADNY Michał	119	KONIU SQUAD	Elite Mężczyzn	70	07:10	02:27:30	04:31:28	08:04:12	11:07:36.00	11:07:36.00	+05:28:03 (49.1%)	15:53	3.8 (51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
275	WITKOWSKI Marek	225	DZIADY OCR	Open Masters Mężczyzn	36	07:30	02:49:50	04:54:20	08:50:44	11:07:37.15	11:07:37.15	+05:28:05 (49.1%)	15:53	3.8 (51.4%)
276	MAZGAJ Konrad	117	KONIU SQUAD	Elite Mężczyzn	71	07:10	02:27:31	04:31:26	08:04:12	11:07:37.60	11:07:37.60	+05:28:05 (49.1%)	15:53	3.8 (51.4%)
277	PRZESŁAŃSKI Mateusz	245	MIKAMIK CZEWA	Open Masters Mężczyzn	37	07:30	02:48:55	05:05:35	09:00:40	11:11:12.40	11:11:12.40	+05:31:40 (49.4%)	15:58	3.8 (51.4%)
278	MRÓZ Sebastian	297		Open Masters Mężczyzn	38	07:30	02:48:56	05:05:03	09:00:40	11:11:16.40	11:11:16.40	+05:31:44 (49.4%)	15:58	3.8 (51.4%)
279	JEZIOŃEK Daniel	160		Open Mężczyzn	133	07:10	02:36:11	04:42:09	08:35:53	11:11:44.05	11:11:44.05	+05:32:11 (49.5%)	15:59	3.8 (51.4%)
280	ŠANA Radek	407		Open Mężczyzn	134	07:40	03:01:49	05:12:05	09:00:22	11:14:20.70	11:14:20.70	+05:34:48 (49.6%)	16:03	3.7 (50.0%)
281	WINKLER Arkadiusz	483		Open Mężczyzn	135	07:50	02:40:01	05:07:21	09:09:28	11:15:51.65	11:15:51.65	+05:36:19 (49.8%)	16:05	3.7 (50.0%)
282	KARYKOWSKI Michał	425	HUSARIA RACE TEAM	Open Mężczyzn	136	07:50	02:34:53	04:56:05	08:35:37	11:17:42.15	11:17:42.15	+05:38:10 (49.9%)	16:08	3.7 (50.0%)
283	SZKLARSKI Przemysław	105	CARBON SILESIA SPORT	Open Masters Mężczyzn	39	07:10	02:21:26	04:35:31	08:14:42	11:18:19.90	11:18:19.90	+05:38:47 (49.9%)	16:09	3.7 (50.0%)
284	KOPCZA Krzysztof	459		Open Mężczyzn	137	07:50	02:52:30	05:05:29	09:11:34	11:18:29.40	11:18:29.40	+05:38:57 (50.0%)	16:09	3.7 (50.0%)
285	KOSTEK- CEBULA Agnieszka	460		Open Kobiet	14	07:50	02:52:25	05:05:29	09:11:35	11:18:34.00	11:18:34.00	+05:39:01 (50.0%)	16:09	3.7 (50.0%)
286	CHODORSKI Łukasz	128	OBSTACLE CENTER TEAM	Elite Mężczyzn	72	07:10	02:36:10	04:52:06	08:35:43	11:19:20.15	11:19:20.15	+05:39:48 (50.0%)	16:10	3.7 (50.0%)
287	DRASZAWKA Łukasz	433	POWER TRAINING	Open Mężczyzn	138	07:50	03:01:07	05:22:10	09:13:13	11:21:14.20	11:21:14.20	+05:41:42 (50.2%)	16:13	3.7 (50.0%)
288	FILIPOWICZ Natalia	448		Open Kobiet	15	07:50	03:01:05	05:23:19	09:13:13	11:21:15.00	11:21:15.00	+05:41:42 (50.2%)	16:13	3.7 (50.0%)
289	REGULSKA Ewa	472		Open Kobiet	16	07:50	03:01:08	05:22:11	09:13:13	11:21:15.80	11:21:15.80	+05:41:43 (50.2%)	16:13	3.7 (50.0%)
290	STEFANIAK Marek	174		Open Masters Mężczyzn	40	07:10	02:51:57	05:09:50	09:01:06	11:21:50.90	11:21:50.90	+05:42:18 (50.2%)	16:14	3.7 (50.0%)
291	CEREMUGA Robert	103	CARBON SILESIA SPORT	Elite Mężczyzn	73	07:10	02:14:13	04:11:49	07:55:31	11:22:34.35	11:22:34.35	+05:43:02 (50.3%)	16:15	3.7 (50.0%)
292	BARAN Paulina	190	OSPRO OCR	Open Kobiet	17	07:20	02:43:06	04:53:54	08:36:48	11:22:37.05	11:22:37.05	+05:43:04 (50.3%)	16:15	3.7 (50.0%)
293	KONIECZNA Żaneta	185	DRAGON RUNNERS	Open Kobiet	18	07:20	02:43:51	05:21:59	08:55:49	11:22:37.50	11:22:37.50	+05:43:05 (50.3%)	16:15	3.7 (50.0%)
294	CHAPANIOŃEK Krzysztof	277		Open Mężczyzn	139	07:30	02:45:43	05:03:44	09:01:14	11:22:39.10	11:22:39.10	+05:43:06 (50.3%)	16:15	3.7 (50.0%)
295	PAWŁOWSKI Tomasz	231	FURTECA	Open Mężczyzn	140	07:30	02:59:06	05:14:30	09:12:31	11:24:14.15	11:24:14.15	+05:44:42 (50.4%)	16:17	3.7 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
296	SZADZEWICZ Monika	347	NA PRZYPALE ALBO WCALE!!!	Open Masters Kobiet	4	07:40	03:07:45	05:02:15	09:27:31	11:24:45.30	11:24:45.30	+05:45:13 (50.4%)	16:18	3.7 (50.0%)
297	LIKOS Dawid	387		Open Mężczyzn	141	07:40	03:01:43	05:15:25	09:18:06	11:24:46.90	11:24:46.90	+05:45:14 (50.4%)	16:18	3.7 (50.0%)
298	ANIELSKA Anna	272		Open Kobiet	19	07:30	03:09:12	05:09:53	09:02:06	11:25:15.70	11:25:15.70	+05:45:43 (50.5%)	16:18	3.7 (50.0%)
299	SEŃ Agata	309		Open Kobiet	20	07:30	03:09:12	05:09:54	09:02:06	11:25:16.30	11:25:16.30	+05:45:44 (50.5%)	16:18	3.7 (50.0%)
300	KUBULUS Tomasz	330	DO PORZYGU OCR TEAM	Open Masters Mężczyzn	41	07:40	02:48:49	05:17:16	09:14:26	11:25:29.80	11:25:29.80	+05:45:57 (50.5%)	16:19	3.7 (50.0%)
301	BARAN Dawid	329	DO PORZYGU OCR TEAM	Open Mężczyzn	142	07:40	02:48:50	05:17:17	09:14:27	11:26:11.95	11:26:11.95	+05:46:39 (50.5%)	16:20	3.7 (50.0%)
302	MATUSIAK Michał	294		Open Mężczyzn	143	07:30	02:59:01	05:21:25	08:58:37	11:28:57.70	11:28:57.70	+05:49:25 (50.7%)	16:24	3.7 (50.0%)
303	PAKUŁA Bartosz	258	OBSTACLE CENTER TEAM	Open Mężczyzn	144	07:30	02:59:00	05:21:44	08:58:37	11:30:23.20	11:30:23.20	+05:50:51 (50.8%)	16:26	3.7 (50.0%)
304	GAGON Denis	12	DENISTEAM	Elite Mężczyzn	74	07:00	02:15:44	04:19:53	08:06:49	11:31:09.85	11:31:09.85	+05:51:37 (50.9%)	16:27	3.6 (48.6%)
305	PODDĘBNIAK Małgorzata	198	WARRIORS ŁÓDŹ	Open Kobiet	21	07:20	02:59:08	05:10:54	09:04:35	11:33:12.10	11:33:12.10	+05:53:39 (51.0%)	16:30	3.6 (48.6%)
306	JOŃCA Kajetan	455		Open Mężczyzn	145	07:50	02:43:24	05:11:56	08:51:54	11:34:05.00	11:34:05.00	+05:54:32 (51.1%)	16:31	3.6 (48.6%)
307	KWIATKOWSKA Daria	197	WARRIORS ŁÓDŹ	Open Kobiet	22	07:20	02:49:04	05:10:58	09:06:47	11:35:46.70	11:35:46.70	+05:56:14 (51.2%)	16:33	3.6 (48.6%)
308	BUDEK Weronika	276		Open Kobiet	23	07:30	02:58:03	05:04:06	09:15:31	11:35:55.00	11:35:55.00	+05:56:22 (51.2%)	16:34	3.6 (48.6%)
309	SROCZYŃSKI Igor	312		Open Mężczyzn	146	07:30	02:42:29	05:07:47	09:06:24	11:37:36.70	11:37:36.70	+05:58:04 (51.3%)	16:36	3.6 (48.6%)
310	HORN Rafał	285		Open Masters Mężczyzn	42	07:30	03:01:02	05:13:13	09:15:38	11:37:42.05	11:37:42.05	+05:58:09 (51.3%)	16:36	3.6 (48.6%)
311	SZOSTEK Wojciech	237	HARPAGAN BEAST	Open Mężczyzn	147	07:30	03:25:45	05:21:02	09:40:30	11:37:42.95	11:37:42.95	+05:58:10 (51.3%)	16:36	3.6 (48.6%)
312	PONSKI Cezary	302		Open Mężczyzn	148	07:30	03:25:56	05:21:05	09:40:31	11:37:43.25	11:37:43.25	+05:58:11 (51.3%)	16:36	3.6 (48.6%)
313	PIETROŃ Łukasz	130	OBSTACLE CENTER TEAM	Elite Mężczyzn	75	07:10	02:32:31	04:58:50	08:08:52	11:37:44.20	11:37:44.20	+05:58:12 (51.3%)	16:36	3.6 (48.6%)
314	WOLSKA Monika	259	PSYCHIATRYK KOPERNIKA	Open Masters Kobiet	5	07:30	03:14:55	05:25:02	09:40:34	11:37:45.50	11:37:45.50	+05:58:13 (51.3%)	16:36	3.6 (48.6%)
315	SZOKALAK Milena	319		Open Kobiet	24	07:30	03:25:54	05:21:02	09:40:33	11:37:46.45	11:37:46.45	+05:58:14 (51.3%)	16:36	3.6 (48.6%)
316	SASINOWSKI Krzysztof	308		Open Mężczyzn	149	07:30	03:00:53	05:13:51	09:33:37	11:37:46.55	11:37:46.55	+05:58:14 (51.3%)	16:36	3.6 (48.6%)
317	OŻÓG Mateusz	243	JAK ŻÓŁWIE W GALOPIE	Open Mężczyzn	150	07:30	02:51:28	05:15:44	09:37:37	11:38:05.10	11:38:05.10	+05:58:32 (51.4%)	16:37	3.6 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
318	KLIMEK Paulina	235	HARPAGAN BEAST	Open Kobiet	25	07:30	02:51:27	05:15:42	08:25:23	11:38:06.95	11:38:06.95	+05:58:34 (51.4%)	16:37	3.6 (48.6%)
319	BORKOWSKI Bartłomiej	127	OBSTACLE CENTER TEAM	Elite Mężczyzn	76	07:10	02:27:32	04:29:03	07:37:05	11:38:49.30	11:38:49.30	+05:59:17 (51.4%)	16:38	3.6 (48.6%)
320	ŁASKAWSKI Michał	222	BEFIT24TEAM	Open Masters Mężczyzn	43	07:30	02:47:54	05:11:21	09:10:44	11:39:07.80	11:39:07.80	+05:59:35 (51.4%)	16:38	3.6 (48.6%)
321	GRUBBA Rafał	253	NIE WIDZĘ PRZESZKÓD!	Open Mężczyzn	151	07:30	03:14:53	05:21:01	09:40:33	11:39:43.60	11:39:43.60	+06:00:11 (51.5%)	16:39	3.6 (48.6%)
322	VEČEŘA Jan	419		Open Mężczyzn	152	07:40	03:09:29	05:17:50	09:20:58	11:39:53.15	11:39:53.15	+06:00:21 (51.5%)	16:39	3.6 (48.6%)
323	KOZON Emil	135	PARAFIANIE RMG	Open Mężczyzn	153	07:10	02:42:00	05:20:50	08:59:33	11:40:44.50	11:40:44.50	+06:01:12 (51.5%)	16:41	3.6 (48.6%)
324	KMIECIAK Grzegorz	150	WARRIORS ŁÓDŹ	Open Mężczyzn	154	07:10	03:06:59	05:12:06	09:12:27	11:41:02.40	11:41:02.40	+06:01:30 (51.6%)	16:41	3.6 (48.6%)
325	SOBUSIAK Iwo	38	NINJA ELEMENTS	Open Mężczyzn	155	07:00	02:50:21	05:28:15	09:08:03	11:41:58.40	11:41:58.40	+06:02:26 (51.6%)	16:42	3.6 (48.6%)
326	SZCZEPAŃSKI Igor	39	NINJA ELEMENTS	Open Mężczyzn	156	07:00	02:49:02	05:14:56	09:53:53	11:42:27.15	11:42:27.15	+06:02:55 (51.7%)	16:43	3.6 (48.6%)
327	JANIKOWSKI Patryk	37	NINJA ELEMENTS	Open Mężczyzn	157	07:00	02:49:03	05:14:50	09:53:56	11:42:33.45	11:42:33.45	+06:03:01 (51.7%)	16:43	3.6 (48.6%)
328	POLUS Piotr Peter	52	POWER TRAINING	Open Mężczyzn	158	07:00	02:30:40	04:58:34	09:00:36	11:44:24.65	11:44:24.65	+06:04:52 (51.8%)	16:46	3.6 (48.6%)
329	OKTABIŃSKI Karol	112	EXTREMALNI MOGILNO	Open Mężczyzn	159	07:10	02:42:04	05:20:13	09:31:12	11:45:00.10	11:45:00.10	+06:05:27 (51.8%)	16:47	3.6 (48.6%)
330	ZALEWSKI Sebastian	421		Open Mężczyzn	160	07:40	03:03:50	05:20:33	09:32:32	11:48:52.95	11:48:52.95	+06:09:20 (52.1%)	16:52	3.6 (48.6%)
331	NOWAKOWSKI Daniel	299		Open Mężczyzn	161	07:30	03:06:09	05:22:06	09:40:30	11:48:58.95	11:48:58.95	+06:09:26 (52.1%)	16:52	3.6 (48.6%)
332	ZAJĄC Tadeusz	337	LATAJĄCE ŚWINIE	Open Mężczyzn	162	07:40	02:55:06	05:08:09	09:32:41	11:49:01.00	11:49:01.00	+06:09:28 (52.1%)	16:52	3.6 (48.6%)
333	DADELEWSKA Oliwia	356	WOLF TEAM	Open Kobiet	26	07:40	03:09:20	05:03:37	09:32:30	11:49:05.50	11:49:05.50	+06:09:33 (52.1%)	16:52	3.6 (48.6%)
334	MUCHA Patryk	336	LATAJĄCE ŚWINIE	Open Mężczyzn	163	07:40	02:55:25	05:08:06	09:32:20	11:49:07.40	11:49:07.40	+06:09:35 (52.1%)	16:53	3.6 (48.6%)
335	SCHUBERT Tomasz	409		Open Masters Mężczyzn	44	07:40	03:02:39	05:21:01	09:32:20	11:49:09.95	11:49:09.95	+06:09:37 (52.1%)	16:53	3.6 (48.6%)
336	RZECZYCKA Beata	333	EXTREME WARRIOR FAMILY	Open Masters Kobiet	6	07:40	03:02:55	05:21:04	09:32:29	11:49:11.45	11:49:11.45	+06:09:39 (52.1%)	16:53	3.6 (48.6%)
337	PAWLICKI Rafał	24	FITPARK TEAM	Elite Mężczyzn	77	07:00	02:12:00	03:46:32	06:31:27	11:50:11.25	11:50:11.25	+06:10:39 (52.2%)	16:54	3.5 (47.3%)
338	OGIŃSKI Szymon	73	WARRIORS ŁÓDŹ	Open Mężczyzn	164	07:00	02:12:09	04:55:02	08:17:26	11:52:18.60	11:52:18.60	+06:12:46 (52.3%)	16:57	3.5 (47.3%)
339	WITKOWSKI Arkadiusz	154	WARRIORS ŁÓDŹ	Elite Mężczyzn	78	07:10	02:31:02	04:43:55	07:56:20	11:56:30.30	11:56:30.30	+06:16:58 (52.6%)	17:03	3.5 (47.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
340	PREWYSZ-KWINTO Mateusz	45	OBSTACLE CENTER TEAM	Elite Mężczyzn	79	07:00	02:27:55	04:30:35	08:12:50	11:57:42.90	11:57:42.90	+06:18:10 (52.7%)	17:05	3.5 (47.3%)
341	KOWALIK Karol	289		Open Mężczyzn	165	07:30	03:00:55	05:13:49	09:40:19	11:57:58.20	11:57:58.20	+06:18:26 (52.7%)	17:05	3.5 (47.3%)
342	DVOŘÁKOVÁ Veronika	184	DARK SIDE WORKOUT	Open Kobiet	27	07:20	02:15:16	04:43:11	07:22:10	11:59:03.85	11:59:03.85	+06:19:31 (52.8%)	17:07	3.5 (47.3%)
Przekroczony limit czasu: 12:00:00														
343	KRZYŻOWSKI Grzegorz	19	FIT MORE RYBNIK	Open Mężczyzn	166	07:00	02:22:41	04:21:30	07:35:32	12:01:14.75	12:01:14.75	+06:21:42 (52.9%)	17:10	3.5 (47.3%)
344	NIKIEL Dariusz	13	DIRTY SPARROWS	Open Masters Mężczyzn	45	07:00	02:19:01	05:18:31	08:46:16	12:04:16.90	12:04:16.90	+06:24:44 (53.1%)	17:14	3.5 (47.3%)
345	GAŃKO Mateusz	41	OBSTACLE CENTER TEAM	Elite Mężczyzn	80	07:00	02:48:39	05:20:02	09:50:08	12:18:12.00	12:18:12.00	+06:38:39 (54.0%)	17:34	3.4 (45.9%)
346	WIŚNIEWSKI Arkadiusz	219	WARRIORS ŁÓDŹ	Elite Mężczyzn	81	07:10	02:40:21	04:41:19	08:08:50	12:19:43.20	12:19:43.20	+06:40:11 (54.1%)	17:36	3.4 (45.9%)
347	SZKODA Bartłomiej	176		Elite Mężczyzn	82	07:10	02:14:54	04:26:46	07:48:52	12:23:08.75	12:23:08.75	+06:43:36 (54.3%)	17:41	3.4 (45.9%)
348	FILAS Rafał	99	BEFIT24TEAM	Elite Mężczyzn	83	07:10	02:22:05	04:45:42	09:34:12	12:37:17.75	12:37:17.75	+06:57:45 (55.2%)	18:01	3.3 (44.6%)
349	GOŁASZEWSKI Jacek	158		Elite Mężczyzn	84	07:10	02:22:01	04:36:05	07:43:38	12:37:26.40	12:37:26.40	+06:57:54 (55.2%)	18:02	3.3 (44.6%)
350	WEJKNIS Krzysztof	132	OCR SPORT GRIP KRZYSZTOF WEJKNIS	Elite Masters Mężczyzn	20	07:10	02:33:50	04:48:13	08:16:41	12:37:47.75	12:37:47.75	+06:58:15 (55.2%)	18:02	3.3 (44.6%)
351	GAŚIOROWSKI Karol	62	UNIT37	Elite Mężczyzn	85	07:00	01:54:10	03:18:12	06:14:18			+01:47:36	10:41	5.6 (75.7%)
	ANDRZEJEWSKI Jakub	29	HUSARIA RACE TEAM	Open Mężczyzn		07:00	02:05:07 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DĄBROWSKI Adam	66	UNITED RUNNERS	Elite Mężczyzn		07:00	02:37:26 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KRAWIECKI Mateusz	57	RUNMAGEDDON TEAM	Elite Mężczyzn		07:00	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PASTUSZKA Paweł	111	EX TEAM	Elite Mężczyzn		07:10	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 355 wynik(ów)