



SMOCZUŚ | 11KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: SMOCZY CROSS MARATON
Organizator: Fundacja Na Ratunek
Data: 2022-10-22
Miejsce: BRANDYSÓWKA - DOLINKI PODKRAKOWSKIE
Dystans: 11 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lasek 5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	MALEC Łukasz	1103	NIEDZICA TEAM	Master Mężczyzn	1	00:31:19	00:56:40.10	00:56:40.10		5:09	11.6 (100%)
2	BORSZOWSKI Zbigniew	4	NON STOP TRAIL / ZABIERZÓW BIEGA	Master Mężczyzn	2	00:32:29	00:59:00.25	00:59:00.25	+00:02:20 (4.0%)	5:21	11.2 (96.6%)
3	TKACZYK Szymon	1154	WEGANIZMY	Senior Mężczyzn	1	00:34:11	01:03:13.30	01:03:13.30	+00:06:33 (10.4%)	5:44	10.4 (89.7%)
4	NOWICKI Kamil	32		Senior Mężczyzn	2	00:35:56	01:04:34.55	01:04:34.55	+00:07:54 (12.2%)	5:52	10.2 (87.9%)
5	KOZIARSKI Mateusz	37		Senior Mężczyzn	3	00:35:52	01:04:39.25	01:04:39.25	+00:07:59 (12.4%)	5:52	10.2 (87.9%)
6	BIAŁEK Aleksandra	1155	WEGANIZMY	Senior Kobiet	1	00:36:10	01:05:00.20	01:05:00.20	+00:08:20 (12.8%)	5:54	10.2 (87.9%)
7	PRYSTASZ Krzysztof	1140	ULALA TEAM	Master Mężczyzn	3	00:36:18	01:07:23.00	01:07:23.00	+00:10:42 (15.9%)	6:07	9.8 (84.5%)
8	STACH Tomasz	1110		Master Mężczyzn	4	00:38:00	01:09:11.95	01:09:11.95	+00:12:31 (18.1%)	6:17	9.5 (81.9%)
9	WÓJCIK Józef	1102	CHEŁM BIEGA	Weteran Mężczyzn	1	00:36:46	01:09:14.20	01:09:14.20	+00:12:34 (18.2%)	6:17	9.5 (81.9%)
10	DYDA Krzysztof	1129		Master Mężczyzn	5	00:39:30	01:11:49.00	01:11:49.00	+00:15:08 (21.1%)	6:31	9.2 (79.3%)
11	GULAJSKI Rafał	1157	OSIEM	Weteran Mężczyzn	2	00:40:11	01:12:38.15	01:12:38.15	+00:15:58 (22.0%)	6:36	9.1 (78.4%)
12	BIDAS Róża	10	CROSSFIT Z16	Senior Kobiet	2	00:38:43	01:14:46.35	01:14:46.35	+00:18:06 (24.2%)	6:47	8.8 (75.9%)
13	KĘDZIORA Mariusz	12	ŻUBRY RACE TEAM	Senior Mężczyzn	4	00:41:37	01:15:14.20	01:15:14.20	+00:18:34 (24.7%)	6:50	8.8 (75.9%)
14	KRASOŃ Marcin	1145	SMASHING PAPKINS / NBR TEAM / OLX SPORT TEAM	Master Mężczyzn	6	00:42:19	01:15:18.85	01:15:18.85	+00:18:38 (24.8%)	6:50	8.8 (75.9%)
15	ARENDARCZYK Rafał	1931		Senior Mężczyzn	5	00:42:25	01:18:07.60	01:18:07.60	+00:21:27 (27.5%)	7:06	8.4 (72.4%)

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16	KORZENIOWSKA Monika	1152		Senior Kobiet	3	00:42:22	01:18:10.55	01:18:10.55	+00:21:30 (27.5%)	7:06	8.4 (72.4%)
17	BOROWIEC Jan	1136		Master Mężczyzn	7	00:49:52	01:18:14.00	01:18:14.00	+00:21:33 (27.6%)	7:06	8.4 (72.4%)
18	KAPUTA Piotr	1107		Senior Mężczyzn	6	00:45:02	01:18:24.50	01:18:24.50	+00:21:44 (27.7%)	7:07	8.4 (72.4%)
19	BŁAUT-KRASOŃ Alicja	1151	SMASHING PĄPKINS	Master Kobiet	1	00:47:35	01:18:48.00	01:18:48.00	+00:22:07 (28.1%)	7:09	8.4 (72.4%)
20	BARAN Paweł	1120	PIJOKITEAM	Master Mężczyzn	8	00:42:29	01:20:01.50	01:20:01.50	+00:23:21 (29.2%)	7:16	8.2 (70.7%)
21	MARCINEK Krzysztof	1106	PZU SPORT TEAM	Master Mężczyzn	9	00:45:06	01:20:39.60	01:20:39.60	+00:23:59 (29.7%)	7:19	8.2 (70.7%)
22	ZAJDLICZ Tomasz	1156		Master Mężczyzn	10	00:44:59	01:21:12.40	01:21:12.40	+00:24:32 (30.2%)	7:22	8.1 (69.8%)
23	SIWINSKA Gosia	1147		Master Kobiet	2	00:46:42	01:24:07.80	01:24:07.80	+00:27:27 (32.6%)	7:38	7.8 (67.2%)
24	MROZEK Adam	40		Master Mężczyzn	11	00:45:08	01:24:11.25	01:24:11.25	+00:27:31 (32.7%)	7:39	7.8 (67.2%)
25	MOLASY Tomasz	11	AKTYWNIE Z MOLKAMI	Master Mężczyzn	12	00:46:14	01:24:52.10	01:24:52.10	+00:28:12 (33.2%)	7:42	7.8 (67.2%)
26	RIZVASH Andrei	1947		Master Mężczyzn	13	00:46:21	01:25:51.75	01:25:51.75	+00:29:11 (34.0%)	7:48	7.7 (66.4%)
27	STOGOWSKI Grzegorz	1117	PENDOLINOTEAM	Master Mężczyzn	14	00:47:44	01:27:02.85	01:27:02.85	+00:30:22 (34.9%)	7:54	7.6 (65.5%)
28	HERMAN Ireneusz	1118	PENDOLINO TEAM	Master Mężczyzn	15	00:47:48	01:27:03.05	01:27:03.05	+00:30:22 (34.9%)	7:54	7.6 (65.5%)
29	MOLITORYS Marek	1137		Weteran Mężczyzn	3	00:49:20	01:29:48.50	01:29:48.50	+00:33:08 (36.9%)	8:09	7.3 (62.9%)
30	KRZEMIŃSKA Anna	1146		Senior Kobiet	4	00:54:50	01:34:00.15	01:34:00.15	+00:37:20 (39.7%)	8:32	7 (60.3%)
31	MATAN-KLIMKIEWICZ Magdalena	1158		Master Kobiet	3	00:50:54	01:34:40.80	01:34:40.80	+00:38:00 (40.1%)	8:36	7 (60.3%)
32	SOCHAJ Monika	1122		Senior Kobiet	5	00:52:20	01:34:40.90	01:34:40.90	+00:38:00 (40.1%)	8:36	7 (60.3%)
33	WRÓBEL Paweł	1139		Master Mężczyzn	16	00:51:32	01:34:59.80	01:34:59.80	+00:38:19 (40.3%)	8:38	6.9 (59.5%)
34	DZIERŻĘGA Justyna	1109		Senior Kobiet	6	00:51:01	01:35:02.00	01:35:02.00	+00:38:21 (40.4%)	8:38	6.9 (59.5%)
35	PLATA Alina	1159		Senior Kobiet	7	00:51:36	01:36:31.70	01:36:31.70	+00:39:51 (41.3%)	8:46	6.8 (58.6%)
36	MICHALSKA Ewa	1144		Master Kobiet	4	00:51:41	01:37:26.80	01:37:26.80	+00:40:46 (41.8%)	8:51	6.8 (58.6%)
37	ŁYSIAK Marta	1142		Master Kobiet	5	00:52:39	01:41:33.70	01:41:33.70	+00:44:53 (44.2%)	9:13	6.5 (56.0%)
38	SIZOVA Anna	1127		Senior Kobiet	8	00:55:05	01:42:01.35	01:42:01.35	+00:45:21 (44.5%)	9:16	6.5 (56.0%)

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39	TOMASZEWSKA-ŁOŚ Ilona	41		Master Kobiet	6	00:55:55	01:43:32.50	01:43:32.50	+00:46:52 (45.3%)	9:24	6.4 (55.2%)
40	BARTOSIEWICZ Karolina	1112		Senior Kobiet	9	00:57:15	01:46:10.35	01:46:10.35	+00:49:30 (46.6%)	9:39	6.2 (53.4%)
41	PYTEL Kamila	1150		Senior Kobiet	10	00:57:10	01:46:11.45	01:46:11.45	+00:49:31 (46.6%)	9:39	6.2 (53.4%)
42	GROŃSKA Karolina	1111		Senior Kobiet	11	00:57:20	01:46:12.05	01:46:12.05	+00:49:31 (46.6%)	9:39	6.2 (53.4%)
43	HOŁUJ Barbara	1104		Weteran Kobiet	1	00:56:45	01:46:33.75	01:46:33.75	+00:49:53 (46.8%)	9:41	6.2 (53.4%)
44	OGRODNIK Jakub	22		Master Mężczyzn	17	01:01:20	01:48:27.50	01:48:27.50	+00:51:47 (47.8%)	9:51	6.1 (52.6%)
45	GUSTAW Agnieszka	1105	PZU SPORT TEAM	Master Kobiet	7	00:56:49	01:50:36.50	01:50:36.50	+00:53:56 (48.8%)	10:03	6 (51.7%)
46	PAKUŁA Aneta	1119		Master Kobiet	8	00:56:53	01:53:09.25	01:53:09.25	+00:56:29 (49.9%)	10:17	5.8 (50.0%)
47	PACZUSKA Eliza	1148	8 BALL CROSS GYM CHEŁM	Master Kobiet	9	00:57:00	01:53:09.45	01:53:09.45	+00:56:29 (49.9%)	10:17	5.8 (50.0%)
48	BURDA Monika	1113		Weteran Kobiet	2	01:04:28	01:53:53.60	01:53:53.60	+00:57:13 (50.2%)	10:21	5.8 (50.0%)
49	BUBISZ Danuta	1126		Master Kobiet	10	01:06:46	01:57:08.20	01:57:08.20	+01:00:28 (51.6%)	10:38	5.6 (48.3%)
50	SZAROMA Joanna	1141		Master Kobiet	11	01:06:23	01:58:11.00	01:58:11.00	+01:01:30 (52.1%)	10:44	5.6 (48.3%)
51	CHRYŚCINA Agnieszka	1143		Weteran Kobiet	3	01:04:36	01:58:29.20	01:58:29.20	+01:01:49 (52.2%)	10:46	5.6 (48.3%)
52	ROZMUS Anna	1149		Senior Kobiet	12	01:03:02	01:58:30.45	01:58:30.45	+01:01:50 (52.2%)	10:46	5.6 (48.3%)
53	BOJANOWSKA Joanna	1124		Weteran Kobiet	4	01:02:48	01:59:39.90	01:59:39.90	+01:02:59 (52.6%)	10:52	5.5 (47.4%)
Przekroczony limit czasu: 02:00:00											
54	BIELICKA Marta	1121	HAJDAAA	Master Kobiet	12	01:05:44	02:01:11.30	02:01:11.30	+01:04:31 (53.2%)	11:01	5.4 (46.6%)
55	ŻARNICKA Anna	1116		Master Kobiet	13	01:07:02	02:01:19.00	02:01:19.00	+01:04:38 (53.3%)	11:01	5.4 (46.6%)
56	BOJANOWSKA Ewa	1128		Senior Kobiet	13	01:06:54	02:02:24.40	02:02:24.40	+01:05:44 (53.7%)	11:07	5.4 (46.6%)
57	PARTYKA Agnieszka	1108	KB HARCOWNIK JELCZ-LASKOWICE	Master Kobiet	14	01:10:39	02:05:20.20	02:05:20.20	+01:08:40 (54.8%)	11:23	5.3 (45.7%)
58	ŁOZIENKO Anna	1130	KB HARCOWNIK JELCZ-LASKOWICE	Senior Kobiet	14	01:20:52	02:39:28.70	02:39:28.70	+01:42:48 (64.5%)	14:29	4.1 (35.3%)
59	ROSIŃSKA Monika	9	WYBIEGAJ SIEBIE	Weteran Kobiet	5	01:24:49	02:41:35.90	02:41:35.90	+01:44:55 (64.9%)	14:41	4.1 (35.3%)