

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Kudowski Festiwal Biegowy 2022
Fundacja MARATONY GÓRSKIE
2022-04-09
Kudowa-Zdrój
24 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 9.2km	Kara/ bonifikata	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
1	BRÝDL Pavel	1164		OPEN	1	01:12:30		01:53:26.90	06:31:16.80		4:32	13.2 (100%)
2	ŠOLC Vítězslav	1051	BK NÁCHOD	OPEN	2	01:12:37		01:53:51.20	06:34:24.10	+00:03:07 (0.8%)	4:33	13.2 (100%)
3	PAZDAN Piotr	1129		OPEN	3	06:33:50		07:17:54.30	07:17:54.30	+00:46:37 (10.6%)	17:30	3.4 (25.8%)
4	NOWAK Przemysław	1183	COCCOLINO TEDDYS	OPEN	4	01:28:23		02:14:25.95	07:21:05.20	+00:49:48 (11.3%)	5:22	11.2 (84.8%)
5	ŁUŻNY Bartłomiej	1144		OPEN	5	06:42:09		07:22:50.30	07:22:50.30	+00:51:33 (11.6%)	17:42	3.4 (25.8%)
6	WAŻNY Jacek	1182	BANDA GRUDNIA	OPEN	6	01:18:24		02:01:55.05	07:26:20.65	+00:55:03 (12.3%)	4:52	12.3 (93.2%)
7	MAZERSKI Bartosz	1006	LKS ZANTYR SZTUM	OPEN	7			02:24:51.95	07:37:26.05	+01:06:09 (14.5%)	5:47	10.4 (78.8%)
8	ADLER Łukasz	1174	LESZ NO LIMITS RUNNERS	OPEN	8	01:23:09		02:06:35.05	07:50:07.65	+01:18:50 (16.8%)	5:03	11.8 (89.4%)
9	FILIPEK Paweł	1156	BIEGUSIEM.PL	OPEN	9	01:25:50		02:12:59.95	07:53:00.60	+01:21:43 (17.3%)	5:19	11.3 (85.6%)
10	RUTKOWSKI Maciej	1076	ULTRA DIABŁY TEAM LUBRZA	OPEN	10	01:30:33		02:26:59.10	08:09:55.90	+01:38:39 (20.1%)	5:52	10.2 (77.3%)
11	KUŚMIDER Kuba	1027		OPEN	11	01:29:25		02:15:27.60	08:10:47.50	+01:39:30 (20.3%)	5:25	11.1 (84.1%)
12	PISAREK Maciej	1176		OPEN	12	01:30:32		02:24:38.65	08:13:39.40	+01:42:22 (20.7%)	5:47	10.4 (78.8%)
13	BIERNACKA Katarzyna	1135	SBRT WROCŁAW	OPEN	13	01:37:28		02:31:04.95	08:19:46.30	+01:48:29 (21.7%)	6:02	9.9 (75.0%)
14	KOWALIK Andrzej	1197	ADRUNALINE	OPEN	14	01:26:57		02:14:35.50	08:23:14.70	+01:51:57 (22.2%)	5:23	11.1 (84.1%)
15	ADAMCZYK Emanuela	1089	#BIEGIEMWLAS	OPEN	15	01:37:31		02:30:03.80	08:23:34.65	+01:52:17 (22.3%)	6:00	10 (75.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skąły 9.2km	Kara/ bonifikata	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
16	KULCHYTSKYI Yehor	1035		OPEN	16	01:24:57		02:12:46.95	08:27:46.10	+01:56:29 (22.9%)	5:18	11.3 (85.6%)
17	OLSZEWSKA Oszi	1104	GKS BARAKA	OPEN	17	01:56:15		03:02:19.50	08:37:16.55	+02:05:59 (24.4%)	7:17	8.2 (62.1%)
18	BAŁYS Katarzyna	1065		OPEN	18	01:31:32		02:24:07.40	08:39:58.05	+02:08:41 (24.7%)	5:45	10.4 (78.8%)
19	ROSZAK Robert	1143	RUNNER'S POWER	OPEN	19	01:29:40		02:28:18.60	08:41:52.45	+02:10:35 (25.0%)	5:55	10.1 (76.5%)
20	BIEŃ Magdalena	1038	WOŹNIAK RUNNING TEAM CK BABCIE	OPEN	20	01:53:20		02:58:18.35	08:50:16.70	+02:18:59 (26.2%)	7:07	8.4 (63.6%)
21	SKÓRA Anastazja	1184	#SOBASTEAM	OPEN	21	07:49:57		08:50:39.00	08:50:39.00	+02:19:22 (26.3%)	21:13	2.8 (21.2%)
22	MANJURA Tomasz	1192	CSC ADVENTURE ACADEMY	OPEN	22	01:24:54		02:14:09.80	08:52:57.80	+02:21:41 (26.6%)	5:21	11.2 (84.8%)
23	WYSOKIŃSKI Konrad	1041	MESMERIK RUNNERS	OPEN	23	01:24:25		02:15:08.50	08:59:30.55	+02:28:13 (27.5%)	5:24	11.1 (84.1%)
24	GOLIŃCZAK Michał	1165		OPEN	24	01:31:20		02:25:48.90	09:02:19.65	+02:31:02 (27.9%)	5:49	10.3 (78.0%)
25	URBAN Daniel	1142	SENTE	OPEN	25	01:45:43		02:44:08.15	09:04:41.50	+02:33:24 (28.2%)	6:33	9.1 (68.9%)
26	BONIEC Gabriela	1185	NADLEŚNICTWO LIPINKI	OPEN	26	01:51:22		02:52:14.65	09:05:03.00	+02:33:46 (28.2%)	6:53	8.7 (65.9%)
27	KOLENDA Krzysztof	1153	FIZJOBIEGACZE SZCZECIN	OPEN	27	01:31:45		02:25:30.20	09:09:11.10	+02:37:54 (28.8%)	5:49	10.3 (78.0%)
28	SZEWCZENKO Agnieszka	1179		OPEN	28	01:57:24		03:04:30.55	09:10:34.90	+02:39:18 (28.9%)	7:22	8.1 (61.4%)
29	PRELICH Tomasz	1195	DABEX BOLT	OPEN	29	01:29:20		02:26:41.30	09:12:42.25	+02:41:25 (29.2%)	5:52	10.2 (77.3%)
30	CICHOWSKI Wojciech	1125	140MINUT.PL	OPEN	30	01:30:57		02:23:35.85	09:14:44.40	+02:43:27 (29.5%)	5:44	10.4 (78.8%)
31	GOŁĘBIEWSKA Anna	1189		OPEN	31	02:06:44		03:18:12.55	09:19:46.55	+02:48:29 (30.1%)	7:55	7.6 (57.6%)
32	KOGUT Stanisław	1010		OPEN	32	01:44:17		02:49:24.20	09:21:35.70	+02:50:18 (30.3%)	6:46	8.9 (67.4%)
33	KURAŚ Szymon	1082	NKB CHYŻY NOWY TOMYŚL	OPEN	33	01:31:54		02:28:10.65	09:24:09.85	+02:52:53 (30.6%)	5:55	10.1 (76.5%)
34	BIHUN Natalia	1171	NOA	OPEN	34	01:47:03		02:48:44.00	09:29:19.00	+02:58:02 (31.3%)	6:44	8.9 (67.4%)
35	NIŻEWSKI Paweł	1139	KRAKOWIAKULTRATEAM	OPEN	35	01:43:45		02:40:08.70	09:31:26.10	+03:00:09 (31.5%)	6:24	9.4 (71.2%)
36	RATAJCZAK Hubert	1056	BIEGANIE NA ŚNIADANIE 2	OPEN	36	01:46:37		02:44:40.35	09:31:27.15	+03:00:10 (31.5%)	6:35	9.1 (68.9%)
37	KUŁAKOWSKA Małgorzata	1043	ŚWIDNICKA GRUPA BIEGOWA	OPEN	37	01:50:18		02:53:55.35	09:33:57.75	+03:02:40 (31.8%)	6:57	8.6 (65.2%)
38	KARWACKI Grzegorz	1016		OPEN	38	01:44:44		02:46:53.40	09:35:30.20	+03:04:13 (32.0%)	6:40	9 (68.2%)

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39	KARATKOW Ewa	1100		OPEN	39	01:58:28		03:05:47.20	09:36:36.75	+03:05:19 (32.1%)	7:25	8.1 (61.4%)
40	STACHNIK Łukasz	1194	NOA	OPEN	40	01:45:03		02:43:51.10	09:44:59.85	+03:13:43 (33.1%)	6:33	9.2 (69.7%)
41	GDULA Jakub	1067		OPEN	41	01:48:35		02:51:23.00	09:45:00.00	+03:13:43 (33.1%)	6:51	8.8 (66.7%)
42	PISKORZ Robert	1083		OPEN	42	01:46:06		02:49:38.65	09:47:55.30	+03:16:38 (33.4%)	6:47	8.8 (66.7%)
43	KACZMAREK Tomasz	1059		OPEN	43	01:36:43		02:32:59.95	09:48:20.15	+03:17:03 (33.5%)	6:07	9.8 (74.2%)
44	SUSZ Marian	1159	GRZMOTOMOCNI SOBÓTKA	OPEN	44	01:43:48		02:42:17.20	09:48:35.85	+03:17:19 (33.5%)	6:29	9.2 (69.7%)
45	SZARADOWSKI Marcin	1091	ORŁY JEZUSA	OPEN	45	01:44:24		02:42:37.00	09:48:39.50	+03:17:22 (33.5%)	6:30	9.2 (69.7%)
46	NYKIEL Marlena	1145		OPEN	46	01:59:22		03:08:21.05	09:49:56.90	+03:18:40 (33.7%)	7:32	8 (60.6%)
47	TRZCIONKA Maciej	1046	BLACKSHEEP TEAM	OPEN	47	01:28:33		02:18:19.10	09:50:14.70	+03:18:57 (33.7%)	5:31	10.8 (81.8%)
48	BĄK Artur	1092	FC PO 40-TCE	OPEN	48	01:45:52		02:45:14.00	09:51:05.30	+03:19:48 (33.8%)	6:36	9.1 (68.9%)
49	LITWIN Monika	1170		OPEN	49	01:46:43		02:47:04.80	09:54:15.00	+03:22:58 (34.2%)	6:40	9 (68.2%)
50	SZOPA Marek	1168	DZIKIE DZIKI GORZÓW	OPEN	50	01:29:45		02:18:22.25	10:00:02.40	+03:28:45 (34.8%)	5:32	10.8 (81.8%)
51	CYWIŃSKI Paweł	1036	AKG	OPEN	51	06:07:45		07:32:18.65	10:02:18.65	+03:31:01 (35.0%)	18:05	3.3 (25.0%)
52	ŚWIDZIŃSKI Tomasz	1037	VEGE RUNNERS	OPEN	52	01:47:02		02:48:49.90	10:07:33.25	+03:36:16 (35.6%)	6:45	8.9 (67.4%)
53	CENIUCH Magdalena	1155	FIZJOBIEGACZE SZCZECIN	OPEN	53	01:54:49		03:04:04.10	10:08:54.00	+03:37:37 (35.7%)	7:21	8.1 (61.4%)
54	SOJKA Jakub	1160	WILKSZYN RUNNING	OPEN	54	01:38:39		02:35:28.70	10:09:01.10	+03:37:44 (35.8%)	6:13	9.6 (72.7%)
55	GNITECKA Katarzyna	1175	KUDOWIANKA RUN	OPEN	55	09:12:07		10:09:48.25	10:09:48.25	+03:38:31 (35.8%)	24:23	2.5 (18.9%)
56	DUDEK Krzysztof	1055	STRZEGOMSKA DWUNASTKA	OPEN	56	02:01:12		03:15:08.30	10:10:44.40	+03:39:27 (35.9%)	7:48	7.7 (58.3%)
57	RECZYŃSKI Marcin	1044		OPEN	57	01:49:23		02:50:51.90	10:12:18.00	+03:41:01 (36.1%)	6:50	8.8 (66.7%)
58	KĘDZIORA Jacek	1057	BIEGANIE NA ŚNIADANIE 1	OPEN	58	01:58:00		03:06:11.80	10:12:42.90	+03:41:26 (36.1%)	7:26	8.1 (61.4%)
59	MAĆKOWIAK Michał	1084	MAĆKOWIAK TEAM	OPEN	59	01:42:01		02:39:14.95	10:13:25.55	+03:42:08 (36.2%)	6:22	9.4 (71.2%)
60	GIERSZEWSKI Cezary	1181	FUNDACJA KIERUNEK ULTRA	OPEN	60	02:02:05		03:15:40.40	10:13:40.20	+03:42:23 (36.2%)	7:49	7.7 (58.3%)
61	JAGODZKI Daniel	1050		OPEN	61	01:58:25		03:10:56.15	10:13:57.30	+03:42:40 (36.3%)	7:38	7.9 (59.8%)

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62	WICHUŁA Łukasz	1103	RONAL TEAM	OPEN	62	01:35:16		02:28:47.05	10:16:05.25	+03:44:48 (36.5%)	5:57	10.1 (76.5%)
63	ANDRZEJCZAK Łukasz	1079	NKB CHYŻY NOWY TOMYŚL	OPEN	63	01:35:24		02:34:17.25	10:19:45.60	+03:48:28 (36.9%)	6:10	9.7 (73.5%)
64	KNACH Marta	1020		OPEN	64	01:56:23		02:58:45.30	10:22:50.40	+03:51:33 (37.2%)	7:09	8.4 (63.6%)
65	RABIEGA Monika	1138	#BIEGAJLESZNO	OPEN	65	02:05:53		03:13:41.20	10:23:24.90	+03:52:08 (37.2%)	7:44	7.7 (58.3%)
66	MASŁOWSKI Robert	1053		OPEN	66	01:47:23		02:52:17.50	10:24:22.35	+03:53:05 (37.3%)	6:53	8.7 (65.9%)
67	BEDNARCZYK Paweł	1140	SPARTA ULTRA TEAM	OPEN	67	01:52:25		02:57:56.80	10:25:14.75	+03:53:57 (37.4%)	7:07	8.4 (63.6%)
68	INDULSKA-SAŁDACZ Edyta	1108		OPEN	68	02:01:29		03:10:18.90	10:26:54.90	+03:55:38 (37.6%)	7:36	7.9 (59.8%)
69	BASZAK Ewa	1196		OPEN	69	02:08:48		03:20:31.60	10:28:47.00	+03:57:30 (37.8%)	8:01	7.5 (56.8%)
70	KWIATKOWSKI Paweł	1000		OPEN	70	01:53:56		02:58:22.85	10:29:32.70	+03:58:15 (37.8%)	7:08	8.4 (63.6%)
71	STANKIEWICZ Paweł	1028		OPEN	71	01:52:57		02:58:43.45	10:30:26.50	+03:59:09 (37.9%)	7:08	8.4 (63.6%)
72	WALEŃSKI Maciej	1008	PROTON GOSTYŃ	OPEN	72	01:50:14		02:57:11.90	10:32:47.50	+04:01:30 (38.2%)	7:05	8.5 (64.4%)
73	SKROBAŃSKA Laura	1005	BIEGAM BO CHCĘ	OPEN	73	02:01:52		03:05:48.60	10:32:49.45	+04:01:32 (38.2%)	7:25	8.1 (61.4%)
74	MASŁOWIEC Bartosz	1136		OPEN	74			03:35:47.60	10:35:43.30	+04:04:26 (38.5%)	8:37	7 (53.0%)
75	PADOŁ Krzysztof	1157		OPEN	75	01:43:37		02:39:10.30	10:36:32.85	+04:05:16 (38.5%)	6:22	9.4 (71.2%)
76	RACZKOWSKI Wojciech	1115	KOTWICA BRZEG	OPEN	76	01:53:08		03:02:23.50	10:37:41.45	+04:06:24 (38.6%)	7:17	8.2 (62.1%)
77	PUTOWSKI Maciej	1032	NIGHT RUNNERS	OPEN	77	01:59:00		03:12:41.05	10:38:17.20	+04:07:00 (38.7%)	7:42	7.8 (59.1%)
78	KOZANECKA Weronika	1061		OPEN	78	02:10:27		03:25:34.20	10:38:23.85	+04:07:07 (38.7%)	8:13	7.3 (55.3%)
79	SYPNIEWSKI Szymon	1099	RUN TEAM RYDZYNA	OPEN	79	01:57:26		03:06:14.65	10:39:07.45	+04:07:50 (38.8%)	7:26	8.1 (61.4%)
80	HAJEWSKI Tomasz	1017		OPEN	80	02:07:38		03:30:42.85	10:43:41.65	+04:12:24 (39.2%)	8:25	7.1 (53.8%)
81	ODOLAK Piotr	1088		OPEN	81	01:42:44		02:42:35.20	10:45:18.50	+04:14:01 (39.4%)	6:30	9.2 (69.7%)
82	SKRZYPEK Sławomir	1120		OPEN	82	01:40:00		02:43:59.75	10:45:21.30	+04:14:04 (39.4%)	6:33	9.1 (68.9%)
83	KAWA Krzysztof	1180		OPEN	83	02:00:47		03:13:53.40	10:49:49.25	+04:18:32 (39.8%)	7:45	7.7 (58.3%)
84	ŻYGIEŁO Monika	1085		OPEN	84	02:08:23		03:17:26.20	10:50:07.50	+04:18:50 (39.8%)	7:53	7.6 (57.6%)

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						Skąły 9.2km		netto 25km	brutto 25km			
85	PAŁKIEWICZ Wojciech	1141		OPEN	85	01:51:48		03:03:59.75	10:51:48.15	+04:20:31 (40.0%)	7:21	8.2 (62.1%)
86	BARWIŃSKI Jarosław	1109		OPEN	86	01:57:24		03:02:34.65	10:52:58.50	+04:21:41 (40.1%)	7:18	8.2 (62.1%)
87	RZESZOTARSKI Tomasz	1075		OPEN	87	01:49:23		02:51:04.80	10:54:21.55	+04:23:04 (40.2%)	6:50	8.8 (66.7%)
88	STYCZEŃ Grzegorz	1107	BIEGOWA KUŹNIA	OPEN	88	01:49:08		02:46:51.30	10:54:34.50	+04:23:17 (40.2%)	6:40	9 (68.2%)
89	NIZAR Wioletta	1007	CSC ADVENTURE ACADEMY	OPEN	89	02:08:09		03:16:47.00	10:54:50.50	+04:23:33 (40.2%)	7:52	7.6 (57.6%)
90	CZYCZ Mateusz	1131	CARPATHIAN RUNNERS	OPEN	90	01:47:08		02:49:24.95	10:54:52.20	+04:23:35 (40.3%)	6:46	8.9 (67.4%)
91	MARCINIAK Maciej	1178	JESTEŚMY OD ROMKA	OPEN	91	01:49:27		02:49:57.20	10:55:23.00	+04:24:06 (40.3%)	6:47	8.8 (66.7%)
92	SPRINGER Marta	1023	NIGHT RUNNERS POZNAŃ	OPEN	92	02:39:17		04:05:45.90	10:58:52.80	+04:27:36 (40.6%)	9:49	6.1 (46.2%)
93	PLACKOWSKI Mikołaj	1002	FABRYKA FORMY	OPEN	93	02:11:49		03:25:47.90	10:59:47.05	+04:28:30 (40.7%)	8:13	7.3 (55.3%)
94	BŁESNOWSKI Krzysztof	1133	LEŚNE DZIKI PRZYJACIELSKA GUPA BIEGOWA	OPEN	94	01:37:48		02:34:48.05	11:02:43.60	+04:31:26 (41.0%)	6:11	9.7 (73.5%)
95	STASZEWSKI Piotr	1078	PRO366	OPEN	95	02:08:32		03:18:54.50	11:02:54.10	+04:31:37 (41.0%)	7:57	7.5 (56.8%)
96	LEWALD Michał	1102		OPEN	96	01:50:44		02:55:20.85	11:03:12.95	+04:31:56 (41.0%)	7:00	8.6 (65.2%)
97	NOWAKOWSKA Magdalena	1146		OPEN	97	02:24:23		03:55:09.10	11:03:58.10	+04:32:41 (41.1%)	9:24	6.4 (48.5%)
98	WOŹNICA Robert	1151		OPEN	98	01:49:56		02:51:10.90	11:08:35.40	+04:37:18 (41.5%)	6:50	8.8 (66.7%)
99	DZIEKANOWSKA Maria	1149	NOA	OPEN	99	02:00:48		03:13:14.40	11:09:43.55	+04:38:26 (41.6%)	7:43	7.8 (59.1%)
100	KIRILENKO Aneta	1001	SNG WILD DUCKS	OPEN	100	01:41:16		02:31:55.95	11:14:24.15	+04:43:07 (42.0%)	6:04	9.9 (75.0%)
101	LANCMAN Michał	1152	FIZJOBIEGACZE SZCZECIN	OPEN	101	01:57:22		02:55:33.95	11:14:51.35	+04:43:34 (42.0%)	7:01	8.5 (64.4%)
102	PIASKOWSKI Marcin	1137	VOLVO POLSKA	OPEN	102	01:50:11		02:49:34.85	11:18:36.65	+04:47:19 (42.3%)	6:46	8.8 (66.7%)
103	MIKULSKI Łukasz	1066		OPEN	103	01:50:33		03:02:13.70	11:21:00.60	+04:49:43 (42.5%)	7:17	8.2 (62.1%)
104	FRANKOWSKA Katarzyna	1094	PRO366	OPEN	104	02:06:17		03:24:10.25	11:21:18.75	+04:50:01 (42.6%)	8:10	7.3 (55.3%)
105	REDEK Sylwia	1122	TEAM ZABIEGANEDNI	OPEN	105	02:04:29		03:16:07.55	11:23:36.40	+04:52:19 (42.8%)	7:50	7.6 (57.6%)
106	MICHALA Magdalena	1186	CZARNY SKŁAD	OPEN	106	02:14:52		03:35:03.50	11:24:39.85	+04:53:23 (42.9%)	8:36	7 (53.0%)
107	HNATIUK Anna	1110	MATNER RUNNING TEAM	OPEN	107	01:53:37		02:55:06.70	11:25:25.50	+04:54:08 (42.9%)	7:00	8.6 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 9.2km	Kara/ bonifikata	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
108	MIELCZAREK Grzegorz	1111	ULKS KARLIK PRZEZCHLEBIE	OPEN	108	01:53:57		03:10:36.25	11:28:47.90	+04:57:31 (43.2%)	7:37	7.9 (59.8%)
109	BARTKOWIAK Iwona	1097	RUN TEAM RYDZYNA	OPEN	109	02:31:07		03:59:09.85	11:31:23.40	+05:00:06 (43.4%)	9:33	6.3 (47.7%)
110	RYBKOWSKA Ewa	1086		OPEN	110	02:08:17		03:15:58.65	11:34:24.10	+05:03:07 (43.7%)	7:50	7.7 (58.3%)
111	SADOWSKA Monika	1093	ULTRA LASKI	OPEN	111	01:49:57		02:53:19.10	11:35:34.65	+05:04:17 (43.7%)	6:55	8.7 (65.9%)
112	JASKÓLSKA Joanna	1030		OPEN	112	02:14:38		03:28:07.60	11:36:19.65	+05:05:02 (43.8%)	8:19	7.2 (54.5%)
113	KUROWSKI Michał	1193		OPEN	113	02:14:22		03:30:42.20	11:38:08.10	+05:06:51 (44.0%)	8:25	7.1 (53.8%)
114	BARCIKOWSKI Łukasz	1045	KROPA TEAM	OPEN	114	01:58:46		03:05:42.65	11:40:24.75	+05:09:07 (44.1%)	7:25	8.1 (61.4%)
115	STACHOWIAK Danuta	1048		OPEN	115	02:13:19		03:32:42.55	11:42:23.45	+05:11:06 (44.3%)	8:30	7.1 (53.8%)
116	KISILEWICZ Marek	1114	NOA	OPEN	116	01:39:40		02:32:18.40	11:42:40.20	+05:11:23 (44.3%)	6:05	9.8 (74.2%)
117	MOTULEWSKI Tomasz	1177	FUNDACJA KIERUNEK ULTRA	OPEN	117	01:50:15		02:52:15.10	11:54:23.55	+05:23:06 (45.2%)	6:53	8.7 (65.9%)
118	KĄŁUŻNY Wojciech	1080		OPEN	118	01:43:55		02:42:28.75	11:54:45.30	+05:23:28 (45.3%)	6:29	9.2 (69.7%)
119	NOWICKI Miłosław	1161		OPEN	119	02:11:05		04:05:22.90	12:02:16.80	+05:31:00 (45.8%)	9:48	6.1 (46.2%)
120	KORDYLEWSKA Marlena	1121		OPEN	120	02:06:36		03:14:16.00	12:02:55.55	+05:31:38 (45.9%)	7:46	7.7 (58.3%)
121	STOŁOWSKA Natalia	1031		OPEN	121	03:01:33		04:48:46.80	12:03:42.70	+05:32:25 (45.9%)	11:33	5.2 (39.4%)
122	LISOWSKI Maciej	1029	DESTYLATOR RUNNING TEAM	OPEN	122	02:04:53		03:32:24.70	12:05:30.65	+05:34:13 (46.1%)	8:29	7.1 (53.8%)
123	KRAWCZYK Anna	1130	NIGHT RUNNERS	OPEN	123	02:26:26		03:55:24.40	12:05:50.75	+05:34:33 (46.1%)	9:24	6.4 (48.5%)
124	MACHULIK Marek	1190	DECATHLON RYBNIK & PRZYJACIELE	OPEN	124	01:50:46		02:58:12.40	12:09:12.25	+05:37:55 (46.3%)	7:07	8.4 (63.6%)
125	MARCZAK 22 07 1976 Agnieszka	1112	PRO366	OPEN	125	02:13:05		03:26:50.55	12:09:29.70	+05:38:12 (46.4%)	8:16	7.3 (55.3%)
126	FATYGA Rafał	1058		OPEN	126	01:57:54		03:14:06.30	12:16:22.85	+05:45:06 (46.9%)	7:45	7.7 (58.3%)
127	ADAMCZYK-NOWAK Beata	1087		OPEN	127	01:51:20		02:49:33.45	12:16:34.85	+05:45:18 (46.9%)	6:46	8.8 (66.7%)
128	MARCINKOWSKI Michał	1096	RUN TEAM RYDZYNA	OPEN	128	01:59:27		03:12:16.65	12:19:12.70	+05:47:55 (47.1%)	7:41	7.8 (59.1%)
129	KORCZYŃSKA-FAJER Paulina	1148		OPEN	129	02:21:42		03:51:42.35	12:22:30.20	+05:51:13 (47.3%)	9:16	6.5 (49.2%)
130	WÓJCIK Katarzyna	1154	FIZJOBIEGACZE SZCZECIN	OPEN	130	00:56:45	02:00:00	04:03:47.25	12:24:26.60	+05:53:09 (47.4%)	4:57	12.1 (91.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 9.2km	Kara/ bonifikata	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
131	OGRODNIK Anna	1090	ZAKOCHAJ SIĘ W BIEGANIU	OPEN	131	03:46:04		05:32:12.50	12:31:14.90	+05:59:58 (47.9%)	13:17	4.5 (34.1%)
132	JAKÓBCZYK Ewelina	1073	BIEGAMBOLUBIĘ - GORZÓW	OPEN	132	11:17:41		12:33:39.70	12:33:39.70	+06:02:22 (48.1%)	30:08	2 (15.2%)
133	SAWICKI Bartosz	1166		OPEN	133	02:15:51		03:32:00.35	12:33:39.80	+06:02:23 (48.1%)	8:28	7.1 (53.8%)
134	PTAK Arkadiusz	1169	CRAZY BIRDS	OPEN	134	02:20:58		03:44:59.75	12:33:59.55	+06:02:42 (48.1%)	8:59	6.7 (50.8%)
135	GRZYWNA Przemysław	1098	SOCIOS SILESIA	OPEN	135	02:17:11		03:36:18.70	12:37:05.80	+06:05:49 (48.3%)	8:39	6.9 (52.3%)
136	DOBROWOLSKI Łukasz	1127		OPEN	136	02:21:54		03:46:26.95	12:37:41.90	+06:06:25 (48.4%)	9:03	6.6 (50.0%)
137	PAWŁOWICZ Dorota	1018	KUŹNIA TRIATHLONU	OPEN	137	02:34:39		03:57:35.90	12:41:49.00	+06:10:32 (48.6%)	9:30	6.3 (47.7%)
138	GONERA-BATOR Anna	1074	KB HARCOWNIK JELCZ-LASKOWICE	OPEN	138	02:25:49		03:50:26.00	12:46:38.10	+06:15:21 (49.0%)	9:13	6.5 (49.2%)
139	SKOCZYLAS Kacper	1150	FIZJOBIEGACZE SZCZECIN	OPEN	139	02:28:52		04:14:49.05	12:48:13.05	+06:16:56 (49.1%)	10:11	5.9 (44.7%)
140	JÓZEF Dorota	1132		OPEN	140	02:15:52		03:39:39.15	12:51:16.70	+06:19:59 (49.3%)	8:47	6.8 (51.5%)
141	KOSSOK- ZAWADA Marta	1095	CAŁA OLEŚNICA BIEGA	OPEN	141	02:35:42		04:00:16.55	12:51:47.10	+06:20:30 (49.3%)	9:36	6.2 (47.0%)
142	KOWALCZYK Anna	1134		OPEN	142	02:32:35		04:02:57.90	12:56:16.65	+06:24:59 (49.6%)	9:43	6.2 (47.0%)
143	GOŁĘBIEWSKI Mariusz	1117		OPEN	143	02:03:03		03:18:35.70	12:56:50.55	+06:25:33 (49.6%)	7:56	7.6 (57.6%)
144	MONCZYŃSKA Małgorzata	1024		OPEN	144	02:26:50		03:53:42.00	12:57:19.30	+06:26:02 (49.7%)	9:20	6.4 (48.5%)
145	BLACHOWSKI Jacek	1064		OPEN	145	02:19:13		03:36:54.55	12:57:29.15	+06:26:12 (49.7%)	8:40	6.9 (52.3%)
146	KOMADA Wojciech	1116		OPEN	146	02:05:54		03:25:07.15	12:58:00.45	+06:26:43 (49.7%)	8:12	7.3 (55.3%)
147	KIELAR Jakub	1101	ELEKTROPARTNER ZĄBKOWICE ŚLĄSKIE	OPEN	147			03:19:10.00	13:01:14.65	+06:29:57 (49.9%)	7:58	7.5 (56.8%)
148	WARDAK Agnieszka	1068	RADZYMIN RUN TEAM	OPEN	148	11:28:13		13:01:32.15	13:01:32.15	+06:30:15 (49.9%)	31:15	1.9 (14.4%)
149	WARDAK Tomasz	1069	RADZYMIN RUN TEAM	OPEN	149			13:01:32.20	13:01:32.20	+06:30:15 (49.9%)	31:15	1.9 (14.4%)
150	ABRAMCZYK Patrycja	1070	RADZYMIN RUN TEAM	OPEN	150	02:27:38		03:49:40.15	13:03:25.15	+06:32:08 (50.1%)	9:11	6.5 (49.2%)
151	BABIŃSKA Malwina	1172		OPEN	151	03:04:12		04:53:07.30	13:21:59.40	+06:50:42 (51.2%)	11:43	5.1 (38.6%)
152	WOJCIECHOWSKI Andrzej	1128	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	OPEN	152			13:36:18.45	13:36:18.45	+07:05:01 (52.1%)	32:39	1.8 (13.6%)
153	MIKÓŁKA Monika	1034	GOSŁAW SPORT CENTER	OPEN	153	02:37:18		04:12:23.25	13:36:26.70	+07:05:09 (52.1%)	10:05	5.9 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 9.2km	Kara/ bonifikata	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
154	ZARKOWA Denitsa	1004		OPEN	154	02:48:36		04:20:59.70	13:45:38.30	+07:14:21 (52.6%)	10:26	5.7 (43.2%)
155	MIODUSZEWSKI Mariusz	1167		OPEN	155	01:58:28				+04:26:39	12:52	4.7 (35.6%)
156	SŁOCIŃSKA Natasza	1187	BIEGOWE WIÓRKI	OPEN	156	02:51:09				+06:34:40	18:36	3.2 (24.2%)
157	CZAPIEWSKI Dariusz	1191		OPEN	157	09:21:55				+03:31:35	61:04	1 (7.6%)
158	JASEK Maciej	1118		OPEN	158	12:08:44				+06:18:24	79:12	0.8 (6.1%)
159	LUBAŃSKI Mateusz	1124	TEAM ZABIEGANEDNI	OPEN	159	12:08:59				+06:18:39	79:14	0.8 (6.1%)
160	NETOLICKÝ Martin	1014		OPEN	160							(0.0%)
161	MYSZYWODA Monika	1081		OPEN	161							(0.0%)
	MARCINIAK Renata	1113		OPEN		DNF		DNF	DNF		-	- (0.0%)

Znaleziono 162 wynik(ów)