

THE NORTH FACE MAKALU RUN

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Festiwal Górski
Organizator: Fundacja Bieg Rzeźnika
Data: 2022-09-11
Miejsce: Lądek Zdrój
Dystans: 8.481 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.586km	Różn	Tempo min/km	Tempo km/h
1	**MISIAK Bartosz**	**22**	DYNAFIT TEAM	M30-39	1	**00:34:17.10**		3:59	15 (100%)
2	**NOWACKI Mateusz**	**7**	PRZEDWOJEWSKI TEAM	M30-39	2	**00:35:48.80**	+00:01:31 (4.3%)	4:10	14.4 (96.0%)
3	**KITA Michał**	**21**	PĘDZĄCY W MIEJSCU	M40-49	1	**00:36:20.90**	+00:02:03 (5.7%)	4:13	14.2 (94.7%)
4	**JACHYMCZYK Norbert**	**20**	KB MCKIS JAWORZNO	M40-49	2	**00:37:09.65**	+00:02:52 (7.7%)	4:19	13.9 (92.7%)
5	**KOWALIK Andrzej**	**25**	ADRUNALINE.PL/ BIEG OPOLSKI	M40-49	3	**00:38:47.55**	+00:04:30 (11.6%)	4:31	13.3 (88.7%)
6	**SZOTOWICZ Sebastian**	**30**	SKL STARGARD	M40-49	4	**00:39:17.00**	+00:04:59 (12.7%)	4:34	13.1 (87.3%)
7	**PIŁAT Michał**	**11**		M40-49	5	**00:39:24.60**	+00:05:07 (13.0%)	4:35	13.1 (87.3%)
8	**CZARNY Jaroslaw**	**37**		M30-39	3	**00:40:22.85**	+00:06:05 (15.1%)	4:42	12.8 (85.3%)
9	**CIECIUCH Maciej**	**47**	RNB TEAM POLANICA ZDRÓJ	M40-49	6	**00:40:55.85**	+00:06:38 (16.2%)	4:45	12.6 (84.0%)
10	**ŁABUZ Małgorzata**	**35**		K30-39	1	**00:40:56.65**	+00:06:39 (16.3%)	4:46	12.6 (84.0%)
11	**WOŁOSZYN Konrad**	**48**	BRACIAKTRANS	M40-49	7	**00:42:35.45**	+00:08:18 (19.5%)	4:57	12.1 (80.7%)
12	**JĄKALSKI Ryszard**	**42**	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	M30-39	4	**00:43:07.90**	+00:08:50 (20.5%)	5:01	11.9 (79.3%)
13	**PACHURA Kinga**	**16**	ULTRA BABIA	K40-49	1	**00:43:10.75**	+00:08:53 (20.6%)	5:01	11.9 (79.3%)
14	**PYCHA Piotr**	**46**	BRYGADA RR	M30-39	5	**00:43:13.95**	+00:08:56 (20.7%)	5:02	11.9 (79.3%)
15	**GARGÓL Jan**	**34**	ACCENTURE RUNNERS CLUB	M40-49	8	**00:44:07.85**	+00:09:50 (22.3%)	5:08	11.7 (78.0%)
16	**CHRZANOWSKI Paweł**	**14**		M40-49	9	**00:44:26.95**	+00:10:09 (22.9%)	5:10	11.6 (77.3%)
17	**BARTELA Edyta**	**32**	ACCENTURE	K30-39	2	**00:45:00.55**	+00:10:43 (23.8%)	5:14	11.4 (76.0%)
18	**DERENCZ Michał**	**10**	AKTYWNA NOWA RUDA	M40-49	10	**00:45:29.60**	+00:11:12 (24.6%)	5:17	11.3 (75.3%)
19	**KOMORNICKI Michał**	**31**		M40-49	11	**00:46:15.55**	+00:11:58 (25.9%)	5:23	11.1 (74.0%)
20	**WOJCIECHOWSKI Miłosz**	**12**	WOJCIECHOWSCY TEAM	M40-49	12	**00:46:29.70**	+00:12:12 (26.3%)	5:24	11.1 (74.0%)
21	**OSMOLAK Agnieszka**	**13**		K30-39	3	**00:46:46.35**	+00:12:29 (26.7%)	5:26	11 (73.3%)
22	**BRYSZEWSKA Patrycja**	**33**		K30-39	4	**00:47:31.20**	+00:13:14 (27.9%)	5:32	10.8 (72.0%)
23	**KUTA Łukasz**	**2**		M40-49	13	**00:47:34.50**	+00:13:17 (27.9%)	5:32	10.8 (72.0%)
24	**HENEL Marcin**	**8**		M30-39	6	**00:49:19.20**	+00:15:02 (30.5%)	5:44	10.4 (69.3%)
25	**KOTYSZ Waldemar**	**17**		M50-59	1	**00:49:30.25**	+00:15:13 (30.7%)	5:45	10.4 (69.3%)
26	**ABULEWICZ Wojciech**	**18**	TRENING STUDIO 17	M50-59	2	**00:49:33.75**	+00:15:16 (30.8%)	5:46	10.4 (69.3%)
27	**BARTNIK Patryk**	**28**	HUTA SYLWETKI	M18-29	1	**00:55:58.20**	+00:21:41 (38.7%)	6:31	9.2 (61.3%)
28	**CHRZANOWSKI Paweł**	**19**		M18-29	2	**00:57:59.45**	+00:23:42 (40.9%)	6:45	8.9 (59.3%)
29	**BRZEZIŃSKI Andrzej**	**27**	LANRUNS	M60+	1	**00:58:07.80**	+00:23:50 (41.0%)	6:46	8.9 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.586km	Różn	Tempo min/km	Tempo km/h
30	**MAZUREK Piotr**	**1**		M30-39	7	**00:59:34.50**	+00:25:17 (42.5%)	6:56	8.6 (57.3%)
31	**RODRIGO PEREIRA Oswald**	**6**	OS HIGH PRODUCTION	M30-39	8	**00:59:35.10**	+00:25:18 (42.5%)	6:56	8.6 (57.3%)
32	**POPENDA Dagmara**	**5**		K40-49	2	**01:00:14.30**	+00:25:57 (43.1%)	7:00	8.6 (57.3%)
33	**ZIELIŃSKA Magdalena**	**45**		K40-49	3	**01:01:57.15**	+00:27:40 (44.7%)	7:12	8.3 (55.3%)
34	**KRZONKALLA-BARTNIK Katarzyna**	**29**	HUTA SYLWETKI	K18-29	1	**01:02:01.15**	+00:27:44 (44.7%)	7:13	8.3 (55.3%)
35	**HOREJDA Sara**	**36**		K18-29	2	**01:03:23.50**	+00:29:06 (45.9%)	7:22	8.1 (54.0%)
36	**JAKÓBCZAK Damian**	**40**		M18-29	3	**01:03:24.20**	+00:29:07 (45.9%)	7:23	8.1 (54.0%)
37	**CHALCIŃSKA Izabela**	**26**		K40-49	4	**01:03:38.20**	+00:29:21 (46.1%)	7:24	8.1 (54.0%)
38	**SIEKIERZYŃSKI Radosław**	**23**	DRUŻYNA SZPIKU	M50-59	3	**01:04:17.60**	+00:30:00 (46.7%)	7:29	8 (53.3%)
39	**KLAR Marek**	**44**	BEZ	M50-59	4	**01:04:39.10**	+00:30:22 (47.0%)	7:31	8 (53.3%)
40	**DIAKÓW Ola**	**41**		K40-49	5	**01:04:39.35**	+00:30:22 (47.0%)	7:31	8 (53.3%)
41	**HABRYKA Julia**	**38**		K18-29	3	**01:04:39.80**	+00:30:22 (47.0%)	7:31	8 (53.3%)
42	**JASICKI Julian**	**51**	LĄDEK PTTK	M60+	2	**01:05:30.30**	+00:31:13 (47.7%)	7:37	7.9 (52.7%)
43	**ZARZEKA Maciej**	**39**		M30-39	9	**01:10:50.05**	+00:36:32 (51.6%)	8:14	7.3 (48.7%)
44	**STEFANIAK Justyna**	**15**		K40-49	6	**01:11:13.35**	+00:36:56 (51.9%)	8:17	7.2 (48.0%)
45	**RAJCZAKOWSKA Anna**	**43**		K60+	1	**01:23:37.95**	+00:49:20 (59.0%)	9:44	6.2 (41.3%)

Znaleziono 45 wynik(ów)