



Organizator: Transformers Trening & Dieta
Data: 2021-09-12
Miejsce: Leszno
Dystans: 5 km

TORTURA LESZNO 2021

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOWALSKA Natalia	135	BIEGUN OCR TEAM	K-Open	1		00:30:58.10	00:30:58.10		6:11	9.7 (100%)
2	GAŁĄZKA Angelika	65	12 WBOT	K-Open	2		00:31:32.95	00:31:32.95	+00:00:34 (1.8%)	6:18	9.5 (97.9%)
3	GRUETZMACHER Katarzyna	73	RUNAWAY PĘPOWO	K-Open	3		00:33:14.85	00:33:14.85	+00:02:16 (6.9%)	6:38	9 (92.8%)
4	RATAJCZAK Małgorzata	257	OCR TEAM ZIELONA GÓRA	K-Open	4	OCR TEAM Zielona Góra	00:34:49.55	00:34:49.55	+00:03:51 (11.1%)	6:57	8.6 (88.7%)
5	KRZESINSKA Katarzyna	144	OCR TEAM ZIELONA GÓRA	K-Open	5	OCR TEAM Zielona Góra	00:35:36.45	00:35:36.45	+00:04:38 (13.0%)	7:07	8.4 (86.6%)
6	SYDORCZYK Magdalena	297	ENDORFINA WSCHOWA	K-Open	6		00:37:03.25	00:37:03.25	+00:06:05 (16.4%)	7:24	8.1 (83.5%)
7	PRZYBYLSKA Ewelina	249	ENDORFINA WSCHOWA	K-Open	7		00:37:12.70	00:37:12.70	+00:06:14 (16.8%)	7:26	8.1 (83.5%)
8	DUDKOWIAK Beata	49	AMBED	K-Open	8	Ambed	00:38:26.55	00:38:26.55	+00:07:28 (19.4%)	7:41	7.8 (80.4%)
9	MAJOREK Kasia	176	AMBED	K-Open	9	Ambed	00:38:27.00	00:38:27.00	+00:07:28 (19.5%)	7:41	7.8 (80.4%)
10	MARKOWSKA Nikola	378		K-Open	10	Team Transformers	00:38:46.45	00:38:46.45	+00:07:48 (20.1%)	7:45	7.7 (79.4%)
11	RATAJCZAK Honorata	261	GYM MŁYN	K-Open	11		00:39:06.70	00:39:06.70	+00:08:08 (20.8%)	7:49	7.7 (79.4%)
12	MAŃCZAK Joanna	180	GYM MŁYN	K-Open	12	Gym Młyn	00:39:20.00	00:39:20.00	+00:08:21 (21.3%)	7:52	7.6 (78.4%)
13	MAJCHRZAK Agnieszka	173	DRUŻYNA "WU"	K-Open	13	DRUŻYNA "WU"	00:39:22.15	00:39:22.15	+00:08:24 (21.3%)	7:52	7.6 (78.4%)
14	MRÓZ Katarzyna	205	OCR TEAM ZIELONA GÓRA	K-Open	14	OCR TEAM Zielona Góra	00:39:34.50	00:39:34.50	+00:08:36 (21.7%)	7:54	7.6 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
15	SKRZYPCZYK Martyna	281	COLOS GYM	K-Open	15		00:40:16.70	00:40:16.70	+00:09:18 (23.1%)	8:03	7.5 (77.3%)
16	SZCZEPANEK Beata	409	SPARTA RUNNERS	K-Open	16		00:42:03.70	00:42:03.70	+00:11:05 (26.4%)	8:24	7.1 (73.2%)
17	WOJTKOWIAK-SCHMIDT Agnieszka	380	WOJTKOWIAKI	K-Open	17		00:42:41.45	00:42:41.45	+00:11:43 (27.5%)	8:32	7 (72.2%)
18	ZIOŁO Ewa	363	DIRTY SPARROWS	K-Open	18		00:43:38.95	00:43:38.95	+00:12:40 (29.1%)	8:43	6.9 (71.1%)
19	PACHOLEK Julia	228		K-Open	19		00:43:44.70	00:43:44.70	+00:12:46 (29.2%)	8:44	6.9 (71.1%)
20	NOWAK Anna	219	DIRTY SPARROWS	K-Open	20	Dirty Sparrows	00:44:20.25	00:44:20.25	+00:13:22 (30.2%)	8:52	6.8 (70.1%)
21	WOŚKO Katarzyna	351	ONI TEŻ SPOCENI	K-Open	21	ONI TEŻ SPOCENI	00:44:44.35	00:44:44.35	+00:13:46 (30.8%)	8:56	6.7 (69.1%)
22	SOBECKA Hanna	286	GYM MŁYN	K-Open	22	Gym Młyn	00:45:12.85	00:45:12.85	+00:14:14 (31.5%)	9:02	6.6 (68.0%)
23	SZYMAŃSKA Julia	306	GYM MŁYN	K-Open	23	Gym Młyn	00:45:47.10	00:45:47.10	+00:14:49 (32.4%)	9:09	6.6 (68.0%)
24	PUCAL Karolina	251		K-Open	24		00:45:53.55	00:45:53.55	+00:14:55 (32.5%)	9:10	6.5 (67.0%)
25	MARCINIAK Klaudia	182		K-Open	25		00:45:57.00	00:45:57.00	+00:14:58 (32.6%)	9:11	6.5 (67.0%)
26	WANATOWSKA Monika	329		K-Open	26		00:46:07.55	00:46:07.55	+00:15:09 (32.9%)	9:13	6.5 (67.0%)
27	PŁÓCIENNIK Katarzyna	242	GYM MŁYN	K-Open	27	Gym Młyn	00:46:13.65	00:46:13.65	+00:15:15 (33.0%)	9:14	6.5 (67.0%)
28	RUTA Kinga	267		K-Open	28	Team Transformers	00:46:19.55	00:46:19.55	+00:15:21 (33.2%)	9:15	6.5 (67.0%)
29	RZEPKA Klaudia	270		K-Open	29		00:46:24.05	00:46:24.05	+00:15:25 (33.3%)	9:16	6.5 (67.0%)
30	PUDLISZEWSKA Katarzyna	252		K-Open	30		00:47:09.20	00:47:09.20	+00:16:11 (34.3%)	9:25	6.4 (66.0%)
31	PODGÓRSKA Sylwia	367		K-Open	31		00:47:11.45	00:47:11.45	+00:16:13 (34.4%)	9:26	6.4 (66.0%)
32	JANOWICZ Paulina	437		K-Open	32		00:47:11.60	00:47:11.60	+00:16:13 (34.4%)	9:26	6.4 (66.0%)
33	MARACH Anna	181	MY TU NA CHWILĘ	K-Open	33		00:47:35.85	00:47:35.85	+00:16:37 (34.9%)	9:31	6.3 (64.9%)
34	JAMRY Katarzyna	80		K-Open	34	TWARDZIELE	00:47:44.20	00:47:44.20	+00:16:46 (35.1%)	9:32	6.3 (64.9%)
35	CHAŁUPKA Weronika	418	SZOGUNY KRZYCKO WIELKIE	K-Open	35		00:47:47.15	00:47:47.15	+00:16:49 (35.2%)	9:33	6.3 (64.9%)
36	TUROWICZ Natalia	375	TEANSFORMERS	K-Open	36	Team Transformers	00:47:56.55	00:47:56.55	+00:16:58 (35.4%)	9:35	6.3 (64.9%)
37	WRÓBEL Natalia	273	TWARDZIELE	K-Open	37	TWARDZIELE	00:48:04.70	00:48:04.70	+00:17:06 (35.6%)	9:36	6.2 (63.9%)

						Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1				
38	SYS Ewa	298		K-Open	38		00:48:06.90	00:48:06.90	+00:17:08 (35.6%)	9:37 6.2 (63.9%)
39	HOFMAN Ewa	369		K-Open	39	Team Transformers	00:48:24.45	00:48:24.45	+00:17:26 (36.0%)	9:40 6.2 (63.9%)
40	JANKOWIAK Katarzyna	81		K-Open	40		00:49:14.35	00:49:14.35	+00:18:16 (37.1%)	9:50 6.1 (62.9%)
41	ROSIK Jagoda	266		K-Open	41		00:50:02.45	00:50:02.45	+00:19:04 (38.1%)	10:00 6 (61.9%)
42	KONARKOWSKA Tetyana	123	68	K-Open	42		00:50:40.70	00:50:40.70	+00:19:42 (38.9%)	10:08 5.9 (60.8%)
43	NGUYEN VAN Sandra	379	NEWLIFEGYMSŁAWĘCICE	K-Open	43	Team Transformers	00:50:47.90	00:50:47.90	+00:19:49 (39.0%)	10:09 5.9 (60.8%)
44	KICIŃSKA Klaudia	435	AMBED	K-Open	44		00:51:47.30	00:51:47.30	+00:20:49 (40.2%)	10:21 5.8 (59.8%)
45	BUCHWALD Monika	370	AMBED	K-Open	45		00:52:18.05	00:52:18.05	+00:21:19 (40.8%)	10:27 5.7 (58.8%)
46	KOWALSKA Marlena	134	AMBED	K-Open	46		00:52:21.95	00:52:21.95	+00:21:23 (40.9%)	10:28 5.7 (58.8%)
47	BINIASZ Weronika	18		K-Open	47		00:52:43.60	00:52:43.60	+00:21:45 (41.3%)	10:32 5.7 (58.8%)
48	JANKOWSKA Aleksandra	83		K-Open	48	Team Transformers	00:52:55.20	00:52:55.20	+00:21:57 (41.5%)	10:35 5.7 (58.8%)
49	BARCZYSZYN Aleksandra	9	OCR GYM	K-Open	49	OCR GYM	00:52:56.75	00:52:56.75	+00:21:58 (41.5%)	10:35 5.7 (58.8%)
50	PEŁCZYK Magdalena	235		K-Open	50	Team Transformers	00:52:57.35	00:52:57.35	+00:21:59 (41.5%)	10:35 5.7 (58.8%)
51	KAŻMIERCZAK Marta	105		K-Open	51	ONI TEŻ SPOCENI	00:54:11.65	00:54:11.65	+00:23:13 (42.9%)	10:50 5.5 (56.7%)
52	STACH Sara	291		K-Open	52		00:54:18.45	00:54:18.45	+00:23:20 (43.0%)	10:51 5.5 (56.7%)
53	JUŚKOWIAK Agnieszka	90		K-Open	53	PERPETUM PROMILE	00:54:25.75	00:54:25.75	+00:23:27 (43.1%)	10:53 5.5 (56.7%)
54	KLIEMANN Dorota	338		K-Open	54	ONI TEŻ SPOCENI	00:54:47.35	00:54:47.35	+00:23:49 (43.5%)	10:57 5.5 (56.7%)
55	WAWRZYŃSKA Emilia	331	ONI TEŻ SPOCENI	K-Open	55	Oni też spoceni	00:54:49.50	00:54:49.50	+00:23:51 (43.5%)	10:57 5.5 (56.7%)
56	WOJTERA Karolina	383		K-Open	56	PROKOL PRACOWNIA PROJEKTOWO KOSZTORYSOWA	00:54:54.50	00:54:54.50	+00:23:56 (43.6%)	10:58 5.5 (56.7%)
57	MAROSZ Martyna	185	STOWARZYSZENIE EXTREMALNI	K-Open	57		00:54:56.15	00:54:56.15	+00:23:58 (43.6%)	10:59 5.5 (56.7%)
58	SAJA Weronika	271	STOWARZYSZENIE EXTREMALNI	K-Open	58		00:54:56.35	00:54:56.35	+00:23:58 (43.6%)	10:59 5.5 (56.7%)
59	FOLTYNIEWICZ Alina	59		K-Open	59		00:55:29.05	00:55:29.05	+00:24:30 (44.2%)	11:05 5.4 (55.7%)
60	MACIEJEWSKA Dagmara	167		K-Open	60		00:55:38.05	00:55:38.05	+00:24:39 (44.3%)	11:07 5.4 (55.7%)

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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1					
61	BOROWIEC Joanna	25		K-Open	61		00:55:41.45	00:55:41.45	+00:24:43 (44.4%)	11:08	5.4 (55.7%)
62	JUŚKOWIAK Natalia	88		K-Open	62	PERPETUM PROMILE	00:55:42.20	00:55:42.20	+00:24:44 (44.4%)	11:08	5.4 (55.7%)
63	WYRÓD Małgorzata	354	MY TU NA CHWILĘ	K-Open	63		00:56:08.40	00:56:08.40	+00:25:10 (44.8%)	11:13	5.3 (54.6%)
64	WALKÓW-MAZAK Marta	328	MY TU NA CHWILE	K-Open	64		00:56:09.10	00:56:09.10	+00:25:11 (44.8%)	11:13	5.3 (54.6%)
65	ODROBNA Iza	222	ONI TEŻ SPOCENI	K-Open	65	ONI TEŻ SPOCENI	00:56:10.00	00:56:10.00	+00:25:11 (44.9%)	11:14	5.3 (54.6%)
66	PERA Ewa	236		K-Open	66	Leśne skoczki	00:56:59.00	00:56:59.00	+00:26:00 (45.7%)	11:23	5.3 (54.6%)
67	KNOZOWSKA Bożena	120	COLOS GYM	K-Open	67		00:57:04.80	00:57:04.80	+00:26:06 (45.7%)	11:24	5.3 (54.6%)
68	MACHOWSKA Malwina	166		K-Open	68		00:57:13.75	00:57:13.75	+00:26:15 (45.9%)	11:26	5.2 (53.6%)
69	DUDZIK Iwona	50	TRANSFORMERS	K-Open	69		00:57:21.65	00:57:21.65	+00:26:23 (46.0%)	11:28	5.2 (53.6%)
70	NOWAK Sandra	217	DRAGON	K-Open	70	Dragon Gym	00:58:13.85	00:58:13.85	+00:27:15 (46.8%)	11:38	5.2 (53.6%)
71	MARCINIAK Natalia	183	BIRRT, TD, FSWO	K-Open	71		00:58:19.45	00:58:19.45	+00:27:21 (46.9%)	11:39	5.1 (52.6%)
72	SZŁAPKA Anna	302	DRAGON GYM	K-Open	72		00:58:26.20	00:58:26.20	+00:27:28 (47.0%)	11:41	5.1 (52.6%)
73	KACZMAREK Ewelina	433	TD	K-Open	73		00:58:29.45	00:58:29.45	+00:27:31 (47.1%)	11:41	5.1 (52.6%)
74	KWITA Karolina	155	TD	K-Open	74		00:58:44.20	00:58:44.20	+00:27:46 (47.3%)	11:44	5.1 (52.6%)
75	KĘSKIEWICZ Agnieszka	108	MY TU NA CHWILE	K-Open	75		00:58:44.65	00:58:44.65	+00:27:46 (47.3%)	11:44	5.1 (52.6%)
76	WOJTKOWIAK Aleksandra	345		K-Open	76	Team Transformers	00:58:56.10	00:58:56.10	+00:27:58 (47.5%)	11:47	5.1 (52.6%)
77	WOJTKOWIAK Zosia	344		K-Open	77	Team Transformers	00:59:00.55	00:59:00.55	+00:28:02 (47.5%)	11:48	5.1 (52.6%)
78	CIEŚLA Wiktoria	37	DRAGON GYM	K-Open	78		00:59:01.30	00:59:01.30	+00:28:03 (47.5%)	11:48	5.1 (52.6%)
79	GURDAK Dajana	76	BIRRT, TD, FSWO	K-Open	79		00:59:07.50	00:59:07.50	+00:28:09 (47.6%)	11:49	5.1 (52.6%)
80	PACZEŚNA Paula	230		K-Open	80	Team Transformers	00:59:27.25	00:59:27.25	+00:28:29 (47.9%)	11:53	5 (51.5%)
81	WOJCIECHOWSKA Agnieszka	339	BIRRT, FSWO, TD	K-Open	81		01:00:13.45	01:00:13.45	+00:29:15 (48.6%)	12:02	5 (51.5%)
82	MATUSZEWSKA Aleksandra	188	BIRRT, FSWO, TD	K-Open	82		01:00:16.00	01:00:16.00	+00:29:17 (48.6%)	12:03	5 (51.5%)
83	KUŚNIEREK Joanna	150	BIRRT, TD, FSWO	K-Open	83	Team Transformers	01:00:18.80	01:00:18.80	+00:29:20 (48.7%)	12:03	5 (51.5%)

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84	FABICH Weronika	55	BIRRT, TD, FSWO	K-Open	84		01:00:34.65	01:00:34.65	+00:29:36 (48.9%)	12:06	5 (51.5%)
85	WOŚ Kinga	350		K-Open	85		01:01:30.25	01:01:30.25	+00:30:32 (49.6%)	12:18	4.9 (50.5%)
86	GRAJNERT Paulina	72	TOYOCAR TEAM LESZNO	K-Open	86	TOYOCAR TEAM LESZNO	01:01:59.55	01:01:59.55	+00:31:01 (50.0%)	12:23	4.8 (49.5%)
87	SMEKTAŁA Małgorzata	283	TOYOCAR TEAM LESZNO	K-Open	87	TOYOCAR TEAM LESZNO	01:01:59.85	01:01:59.85	+00:31:01 (50.0%)	12:23	4.8 (49.5%)
88	MIERZEJEWSKA Laura	198	TOYOCAR TEAM LESZNO	K-Open	88	TOYOCAR TEAM LESZNO	01:01:59.90	01:01:59.90	+00:31:01 (50.0%)	12:23	4.8 (49.5%)
89	FRANKA Magdalena	60	TOYOCAR TEAM LESZNO	K-Open	89	TOYOCAR TEAM LESZNO	01:02:00.95	01:02:00.95	+00:31:02 (50.1%)	12:24	4.8 (49.5%)
90	KONIECZNA Wiktoria	125	BIRRT, TD, FSWO	K-Open	90		01:02:01.70	01:02:01.70	+00:31:03 (50.1%)	12:24	4.8 (49.5%)
91	KONIECZNA Anna	124	BIRRT, TD, FSWO	K-Open	91		01:02:04.50	01:02:04.50	+00:31:06 (50.1%)	12:24	4.8 (49.5%)
92	OZGOWICZ Sylwia	227	CNS NOWA SÓL	K-Open	92	CNS Nowa Sól	01:04:24.95	01:04:24.95	+00:33:26 (51.9%)	12:52	4.7 (48.5%)
93	STASZAK Małgorzata	293	CNS NOWA SÓL	K-Open	93	CNS Nowa Sól	01:04:25.05	01:04:25.05	+00:33:26 (51.9%)	12:53	4.7 (48.5%)
94	ŁOWCZYŃSKA Ewelina	387	CNS NOWA SÓL	K-Open	94		01:04:25.25	01:04:25.25	+00:33:27 (51.9%)	12:53	4.7 (48.5%)
95	DOMAGAŁA Patrycja	44		K-Open	95		01:04:39.30	01:04:39.30	+00:33:41 (52.1%)	12:55	4.6 (47.4%)
96	MUSIELAK Patrycja	206		K-Open	96		01:04:42.25	01:04:42.25	+00:33:44 (52.1%)	12:56	4.6 (47.4%)
97	JAKUBOWSKA Natalia	397		K-Open	97		01:05:49.20	01:05:49.20	+00:34:51 (52.9%)	13:09	4.6 (47.4%)
98	MIKOŁAJCZAK Marta	199	GONISUKI NABOSAKA	K-Open	98	GONISUKI NABOSAKA	01:13:17.20	01:13:17.20	+00:42:19 (57.7%)	14:39	4.1 (42.3%)
99	STRUK Agnieszka	296	GONISUKI NABOSAKA	K-Open	99		01:13:18.65	01:13:18.65	+00:42:20 (57.8%)	14:39	4.1 (42.3%)
100	KĘSKIEWICZ Agnieszka	108	MY TU NA CHWILE	K-Open	100						(0.0%)

Znaleziono 100 wynik(ów)