VI SŁUPSKI BIEG KAZIUKÓW – „KAZIUKOWA PIĄTKA”

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: VI Słupski Bieg Kaziuków – „Kaziukowa Piątka”
Organizator: Fundacja "Sub ventum" w Słupsku
Data: 2022-03-05
Miejsce: Słupsk
Dystans: 7 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
1	**PYTLAK Michał**	**108**	7 BRYGADA OBRONY WYBRZEŻA	OPEN -M	1	**00:27:36.20**		3:56	15.2 (100%)
2	**KĘPKA Adrian**	**63**	@KEPKA_NA_TRASIE	OPEN -M	2	**00:28:11.75**	+00:00:35 (2.1%)	4:01	14.9 (98.0%)
3	**WRÓBLEWSKI Leszek**	**153**	ŚWIĄT PŁYTEK U KRYSPINA	OPEN -M	3	**00:28:28.04**	+00:00:51 (3.0%)	4:04	14.8 (97.4%)
4	**OSIŃSKI Wojciech**	**103**	TEAMZABIEGANEDNI	OPEN -M	4	**00:28:41.98**	+00:01:05 (3.8%)	4:05	14.6 (96.1%)
5	**GUZOWSKI Dariusz**	**42**	TALEX BORZYTUCHOM	OPEN -M	5	**00:29:38.05**	+00:02:01 (6.9%)	4:14	14.2 (93.4%)
6	**TWARDOWSKI Mateusz**	**144**	AML SŁUPSK	OPEN -M	6	**00:31:04.33**	+00:03:28 (11.2%)	4:26	13.5 (88.8%)
7	**DUDA Grzegorz**	**32**	BEST BEASTS / PRO DYSTANS	OPEN -M	7	**00:31:29.55**	+00:03:53 (12.3%)	4:29	13.3 (87.5%)
8	**PICK Tomasz**	**105**	BIEGOLAS KOSZALIN / KORONA SZCZECIN	OPEN -M	8	**00:31:33.25**	+00:03:57 (12.5%)	4:30	13.3 (87.5%)
9	**KOPEC Katarzyna**	**69**		OPEN -K	1	**00:31:49.38**	+00:04:13 (13.3%)	4:32	13.2 (86.8%)
10	**SKĘPIEC Adam**	**117**	LEĆ ADAM¸ LEĆ... :-)	OPEN -M	9	**00:31:53.55**	+00:04:17 (13.4%)	4:33	13.2 (86.8%)
11	**GARSKI Kryspin**	**37**	ŚWIAT PŁYTEK U KRYSPINA	OPEN -M	10	**00:32:14.94**	+00:04:38 (14.4%)	4:36	13 (85.5%)
12	**SZCZERBATY Paweł**	**171**		OPEN -M	11	**00:32:40.49**	+00:05:04 (15.5%)	4:40	12.9 (84.9%)
13	**JĘCEK Krzysztof**	**51**	MARKOS RUNNING TEAM	OPEN -M	12	**00:32:51.09**	+00:05:14 (16.0%)	4:41	12.8 (84.2%)
14	**GRACHEL Przemek**	**40**	AJ RUNNING	OPEN -M	13	**00:32:57.99**	+00:05:21 (16.3%)	4:42	12.7 (83.6%)
15	**SITEK Mariusz**	**177**		OPEN -M	14	**00:33:46.87**	+00:06:10 (18.3%)	4:49	12.4 (81.6%)
16	**IWANIEC Dariusz**	**46**	BIEGOLAS KOSZALIN	OPEN -M	15	**00:33:52.90**	+00:06:16 (18.5%)	4:50	12.4 (81.6%)
17	**WILUSZ Krzysztof**	**151**		OPEN -M	16	**00:34:02.96**	+00:06:26 (18.9%)	4:51	12.3 (80.9%)
18	**CHODOROWSKI Tomasz**	**18**	BEST BEASTS	OPEN -M	17	**00:34:04.36**	+00:06:28 (19.0%)	4:52	12.3 (80.9%)
19	**GUZIK Piotr**	**41**	USB USTKA	OPEN -M	18	**00:34:33.17**	+00:06:56 (20.1%)	4:56	12.2 (80.3%)
20	**DOMARUS Kamila**	**29**		OPEN -K	2	**00:34:33.27**	+00:06:57 (20.1%)	4:56	12.2 (80.3%)
21	**JANKOWSKI Grzegorz**	**49**	POZYTYWNIE NAKRĘCENI	OPEN -M	19	**00:35:01.83**	+00:07:25 (21.2%)	5:00	12 (78.9%)
22	**CYPRYCH Katarzyna**	**22**		OPEN -K	3	**00:35:10.17**	+00:07:33 (21.5%)	5:01	11.9 (78.3%)
23	**BROVCHENKO Jurii**	**167**	ŚWIAT PŁYTEK U KRYSPINA	OPEN -M	20	**00:35:22.61**	+00:07:46 (22.0%)	5:03	11.9 (78.3%)
24	**NOWAK Paweł**	**156**		OPEN -M	21	**00:35:36.56**	+00:08:00 (22.5%)	5:05	11.8 (77.6%)
25	**KOCZOROWSKI Paweł**	**67**	W.P.K.SŁOŃ TEAM USTKA	OPEN -M	22	**00:35:36.89**	+00:08:00 (22.5%)	5:05	11.8 (77.6%)
26	**DREWNIAK Tomasz**	**31**		OPEN -M	23	**00:35:42.20**	+00:08:06 (22.7%)	5:06	11.8 (77.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
27	**SZCZYGIEŁ Marcin**	**123**		OPEN -M	24	**00:35:44.74**	+00:08:08 (22.8%)	5:06	11.8 (77.6%)
28	**KAMIŃSKI Marcin**	**58**		OPEN -M	25	**00:35:45.02**	+00:08:08 (22.8%)	5:06	11.7 (77.0%)
29	**DREWNIAK Tomasz**	**30**		OPEN -M	26	**00:35:51.39**	+00:08:15 (23.0%)	5:07	11.7 (77.0%)
30	**CHYLEWSKA Aleksandra**	**21**		OPEN -K	4	**00:36:12.67**	+00:08:36 (23.8%)	5:10	11.6 (76.3%)
31	**FIGURSKI Abdrzej**	**34**		OPEN -M	27	**00:36:26.26**	+00:08:50 (24.2%)	5:12	11.5 (75.7%)
32	**DYŚ Jarosław**	**33**	MARKOS RUNNING TEAM	OPEN -M	28	**00:36:32.42**	+00:08:56 (24.5%)	5:13	11.5 (75.7%)
33	**ANTOSIAK Grzegorz**	**3**		OPEN -M	29	**00:36:32.44**	+00:08:56 (24.5%)	5:13	11.5 (75.7%)
34	**CZYŻYKOWSKI Krzysztof**	**23**		OPEN -M	30	**00:36:34.71**	+00:08:58 (24.5%)	5:13	11.5 (75.7%)
35	**RACZYŃSKA Anna**	**109**	BALTIC SEALS	OPEN -K	5	**00:36:38.21**	+00:09:02 (24.7%)	5:14	11.5 (75.7%)
36	**SPYCHALSKI Artur**	**119**	ZSP SMOŁDZINO	OPEN -M	31	**00:37:13.18**	+00:09:36 (25.8%)	5:19	11.3 (74.3%)
37	**TREDER Marian**	**159**		OPEN -M	32	**00:37:30.80**	+00:09:54 (26.4%)	5:21	11.2 (73.7%)
38	**LEWANDOWSKA Sylwia**	**83**	ŚWIAT PŁYTEK U KRYSPINA	OPEN -K	6	**00:37:45.33**	+00:10:09 (26.9%)	5:23	11.1 (73.0%)
39	**KAMIŃSKA Monika**	**56**	ANANASY Z 3FAL	OPEN -K	7	**00:37:57.86**	+00:10:21 (27.3%)	5:25	11.1 (73.0%)
40	**MICERSKI Tomasz**	**96**	BIEGOLAS KOSZALIN	OPEN -M	33	**00:38:06.32**	+00:10:30 (27.6%)	5:26	11 (72.4%)
41	**BOGUSZEWSKI Michal**	**10**		OPEN -M	34	**00:38:29.42**	+00:10:53 (28.3%)	5:29	10.9 (71.7%)
42	**HORBACZ Grzegorz**	**45**		OPEN -M	35	**00:38:38.74**	+00:11:02 (28.6%)	5:31	10.9 (71.7%)
43	**SZLACHETKA Piotr**	**127**		OPEN -M	36	**00:38:55.37**	+00:11:19 (29.1%)	5:33	10.8 (71.1%)
44	**TOMCZAK Dominik**	**141**	W.P.K SŁOŃ TEAM	OPEN -M	37	**00:38:59.75**	+00:11:23 (29.2%)	5:34	10.8 (71.1%)
45	**MAZUREK Paweł**	**95**		OPEN -M	38	**00:39:21.55**	+00:11:45 (29.9%)	5:37	10.7 (70.4%)
46	**BURIN Arsenii**	**162**	ZASPÓŁ SZKÓŁ SAMOCHODOWYCH	OPEN -M	39	**00:39:53.42**	+00:12:17 (30.8%)	5:41	10.5 (69.1%)
47	**SITNIK Mikołaj**	**116**		OPEN -M	40	**00:39:56.53**	+00:12:20 (30.9%)	5:42	10.5 (69.1%)
48	**BOWNIK Wojciech**	**12**	BALTIC SEALS	OPEN -M	41	**00:40:09.14**	+00:12:32 (31.3%)	5:44	10.5 (69.1%)
49	**KRZYŻANEK Marta**	**76**		OPEN -K	8	**00:40:14.61**	+00:12:38 (31.4%)	5:44	10.4 (68.4%)
50	**KAMIŃSKI Marcin**	**57**	ANANASY Z 3FAL	OPEN -M	42	**00:40:19.13**	+00:12:42 (31.5%)	5:45	10.4 (68.4%)
51	**KRZYŻANEK Marcin**	**77**		OPEN -M	43	**00:40:31.10**	+00:12:54 (31.9%)	5:47	10.4 (68.4%)
52	**KWAŚNIAK Zdzisław**	**82**	PRO DYSTANS	OPEN -M	44	**00:40:36.67**	+00:13:00 (32.0%)	5:48	10.3 (67.8%)
53	**GAWEŁ Iza**	**38**	ANANASY Z 3 FAL	OPEN -K	9	**00:40:42.91**	+00:13:06 (32.2%)	5:48	10.3 (67.8%)
54	**KONONOVA Olha**	**68**	AJ RUNNING	OPEN -K	10	**00:40:56.57**	+00:13:20 (32.6%)	5:50	10.3 (67.8%)
55	**IWANOWSKI Michał**	**48**	BIEGAM BO LUBIĘ	OPEN -M	45	**00:41:04.05**	+00:13:27 (32.8%)	5:52	10.2 (67.1%)
56	**KAMIŃSKA Justyna**	**55**	STOPA SŁUPSK	OPEN -K	11	**00:41:08.17**	+00:13:31 (32.9%)	5:52	10.2 (67.1%)
57	**BIKUN Łukasz**	**163**		OPEN -M	46	**00:42:02.96**	+00:14:26 (34.4%)	6:00	10 (65.8%)
58	**ŻĄDEŁEK Jarek**	**158**		OPEN -M	47	**00:42:09.85**	+00:14:33 (34.5%)	6:01	10 (65.8%)
59	**MAGIŃSKA Edyta**	**89**		OPEN -K	12	**00:42:10.65**	+00:14:34 (34.6%)	6:01	10 (65.8%)
60	**ZIĘBA Robert**	**157**		OPEN -M	48	**00:42:38.91**	+00:15:02 (35.3%)	6:05	9.9 (65.1%)
61	**BEDNAREK Grzegorz**	**9**		OPEN -M	49	**00:43:28.01**	+00:15:51 (36.5%)	6:12	9.7 (63.8%)
62	**MURAWSKI Rafał**	**99**	MYWYONI	OPEN -M	50	**00:43:29.75**	+00:15:53 (36.5%)	6:12	9.7 (63.8%)
63	**BRZEZIŃSKA Agnieszka**	**13**		OPEN -K	13	**00:43:44.05**	+00:16:07 (36.9%)	6:14	9.6 (63.2%)
64	**KOSISKA Iwona**	**72**	STOPA SŁUPSK	OPEN -K	14	**00:43:55.97**	+00:16:19 (37.2%)	6:16	9.6 (63.2%)
65	**MAŁECKI Tomasz**	**90**	VACU ACTIV GYM	OPEN -M	51	**00:43:56.01**	+00:16:19 (37.2%)	6:16	9.6 (63.2%)
66	**PACHUTA Damian**	**104**		OPEN -M	52	**00:44:13.48**	+00:16:37 (37.6%)	6:19	9.5 (62.5%)
67	**KULAK Rafał**	**79**	BALTIC SEALS	OPEN -M	53	**00:44:21.82**	+00:16:45 (37.8%)	6:20	9.5 (62.5%)
68	**ROMOWSKI Michał**	**179**		OPEN -M	54	**00:44:36.27**	+00:17:00 (38.1%)	6:22	9.4 (61.8%)
69	**KRAJEWSKA Justyna**	**74**		OPEN -K	15	**00:44:40.09**	+00:17:03 (38.2%)	6:22	9.4 (61.8%)
70	**KLIMEK Marcin**	**66**		OPEN -M	55	**00:44:41.02**	+00:17:04 (38.2%)	6:23	9.4 (61.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
71	**KAŁUZIŃSKA Katarzyna**	**54**	VACUACTIVGYM	OPEN -K	16	**00:44:51.22**	+00:17:15 (38.5%)	6:24	9.4 (61.8%)
72	**DYRMO Anna**	**169**		OPEN -K	17	**00:44:55.56**	+00:17:19 (38.6%)	6:25	9.4 (61.8%)
73	**STRZEMBOWICZ Damian**	**121**	AJ RUNNING	OPEN -M	56	**00:44:58.78**	+00:17:22 (38.6%)	6:25	9.3 (61.2%)
74	**FRUBA Karina**	**35**	STOPA SŁUPSK / KORONA SZCZECIN	OPEN -K	18	**00:45:03.48**	+00:17:27 (38.7%)	6:26	9.3 (61.2%)
75	**KOSICKA Zofia**	**71**	AML SŁUPSK	OPEN -K	19	**00:45:31.57**	+00:17:55 (39.4%)	6:30	9.2 (60.5%)
76	**MAJCHNIUK Dariusz**	**172**	CPSP	OPEN -M	57	**00:45:34.50**	+00:17:58 (39.4%)	6:30	9.2 (60.5%)
77	**MAJCHRZAK Łukasz**	**178**	70	OPEN -M	58	**00:45:35.56**	+00:17:59 (39.5%)	6:30	9.2 (60.5%)
78	**GARSKA Joanna**	**36**	ŚWIAT PŁYTEK U KRYSPINA	OPEN -K	20	**00:45:38.38**	+00:18:02 (39.5%)	6:31	9.2 (60.5%)
79	**BROVCHENKO Sylwia**	**166**	ŚWIAT PŁYTEK U KRYSPINA	OPEN -K	21	**00:45:39.78**	+00:18:03 (39.6%)	6:31	9.2 (60.5%)
80	**DERRA Michał**	**28**	W.P.K SŁOŃ TEAM	OPEN -M	59	**00:46:02.18**	+00:18:25 (40.0%)	6:34	9.1 (59.9%)
81	**BORODZIUK Aneta**	**11**		OPEN -K	22	**00:46:55.31**	+00:19:19 (41.2%)	6:42	9 (59.2%)
82	**ANDRZEJEWSKA Paulina**	**180**		OPEN -K	23	**00:47:06.57**	+00:19:30 (41.4%)	6:43	8.9 (58.6%)
83	**ZABORSKA Magdalena**	**155**		OPEN -K	24	**00:47:13.86**	+00:19:37 (41.6%)	6:44	8.9 (58.6%)
84	**ŚLUSARSKI Marek**	**138**	BEST BEASTS	OPEN -M	60	**00:47:23.50**	+00:19:47 (41.8%)	6:46	8.9 (58.6%)
85	**ŚLUSARSKA Ewelina**	**137**		OPEN -K	25	**00:47:23.50**	+00:19:47 (41.8%)	6:46	8.9 (58.6%)
86	**KLEJDYSZ Beata**	**65**		OPEN -K	26	**00:47:29.19**	+00:19:52 (41.9%)	6:47	8.8 (57.9%)
87	**KANIA Brajan**	**170**		OPEN -M	61	**00:47:33.89**	+00:19:57 (42.0%)	6:47	8.8 (57.9%)
88	**KUJAWA Magdalena**	**78**	TEAM DAVE BUKÓWKA	OPEN -K	27	**00:47:56.07**	+00:20:19 (42.4%)	6:50	8.8 (57.9%)
89	**KARAŚ Radosław**	**60**	TERMOSOL TEAM SŁUPSK	OPEN -M	62	**00:48:05.12**	+00:20:28 (42.6%)	6:52	8.7 (57.2%)
90	**MROZIK Joanna**	**98**		OPEN -K	28	**00:48:10.46**	+00:20:34 (42.7%)	6:52	8.7 (57.2%)
91	**LEWANDOWSKA Maria**	**84**	W.P.K SŁOŃ TEAM	OPEN -K	29	**00:48:11.24**	+00:20:35 (42.7%)	6:53	8.7 (57.2%)
92	**LEWANDOWSKI Adam**	**85**	W.P.K SŁOŃ TEAM	OPEN -M	63	**00:48:13.06**	+00:20:36 (42.8%)	6:53	8.7 (57.2%)
93	**MICHALAK-MAŁECKA Anna**	**97**	VACU ACTIV GYM	OPEN -K	30	**00:48:14.93**	+00:20:38 (42.8%)	6:53	8.7 (57.2%)
94	**KAMIŃSKI Witold**	**59**	STOPA SŁUPSK	OPEN -M	64	**00:48:25.12**	+00:20:48 (43.0%)	6:55	8.7 (57.2%)
95	**SKIBIŃSKI Rafał**	**118**	AJ TEAM	OPEN -M	65	**00:48:31.01**	+00:20:54 (43.1%)	6:55	8.7 (57.2%)
96	**KRZESZOWSKI Łukasz**	**168**		OPEN -M	66	**00:48:36.31**	+00:21:00 (43.2%)	6:56	8.6 (56.6%)
97	**STANIASZEK Bogusław**	**120**	TUPOTUSTKA	OPEN -M	67	**00:49:56.58**	+00:22:20 (44.7%)	7:08	8.4 (55.3%)
98	**PŁODZIEŃ Karolina**	**107**		OPEN -K	31	**00:50:02.12**	+00:22:25 (44.8%)	7:08	8.4 (55.3%)
99	**IWANOWSKI Wojciech**	**47**	BIEGAM BO LUBIĘ	OPEN -M	68	**00:50:52.21**	+00:23:16 (45.7%)	7:16	8.3 (54.6%)
100	**PIETRZYCKI Andrzej**	**106**		OPEN -M	69	**00:50:58.72**	+00:23:22 (45.9%)	7:16	8.2 (53.9%)
101	**CZERWIŃSKA Anna**	**173**		OPEN -K	32	**00:52:18.45**	+00:24:42 (47.2%)	7:28	8 (52.6%)
102	**KAJA Justyna**	**174**	BEST BEASTS	OPEN -K	33	**00:52:18.92**	+00:24:42 (47.2%)	7:28	8 (52.6%)
103	**RUDNIK Janina**	**113**		OPEN -K	34	**00:52:37.75**	+00:25:01 (47.6%)	7:31	8 (52.6%)
104	**SZMIGIERO Sebastian**	**129**	W.P.K SŁOŃ TIM	OPEN -M	70	**00:52:54.62**	+00:25:18 (47.8%)	7:33	7.9 (52.0%)
105	**KARWASZ Krzysztof**	**61**		OPEN -M	71	**00:53:12.15**	+00:25:35 (48.1%)	7:36	7.9 (52.0%)
106	**WOJCIŃSKA Iwona**	**152**	ANANASYZ3FAL	OPEN -K	35	**00:53:31.95**	+00:25:55 (48.4%)	7:38	7.8 (51.3%)
107	**WYSZECKA Anna**	**154**	ANANASY Z 3 FAL	OPEN -K	36	**00:53:32.64**	+00:25:56 (48.4%)	7:38	7.8 (51.3%)
108	**SAGAŁA Patrycja**	**115**	ANANASY Z 3 FAL	OPEN -K	37	**00:53:32.75**	+00:25:56 (48.4%)	7:38	7.8 (51.3%)
109	**SIDOR Lena**	**176**	AML SŁUPSK	OPEN -K	38	**00:53:33.07**	+00:25:56 (48.5%)	7:39	7.8 (51.3%)
110	**BURMAN Tomasz**	**17**	ANANASY Z 3FAL	OPEN -M	72	**00:53:33.22**	+00:25:57 (48.5%)	7:39	7.8 (51.3%)
111	**WELTROWSKA Alicja**	**149**	ANANASY Z 3 FAL	OPEN -K	39	**00:53:33.33**	+00:25:57 (48.5%)	7:39	7.8 (51.3%)
112	**ANDRZEJCZYK Ewelina**	**2**	ANANASY Z 3FAL	OPEN -K	40	**00:53:33.54**	+00:25:57 (48.5%)	7:39	7.8 (51.3%)
113	**MARCZAK Małgorzata**	**92**	WPK SŁOŃ TEAM	OPEN -K	41	**00:53:33.94**	+00:25:57 (48.5%)	7:39	7.8 (51.3%)
114	**URBAN Ewelina**	**147**	GMINA SŁUPSK	OPEN -K	42	**00:53:34.11**	+00:25:57 (48.5%)	7:39	7.8 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
115	**KULECZKA Katarzyna**	**80**	ANANASY Z 3 FAL	OPEN -K	43	**00:53:34.86**	+00:25:58 (48.5%)	7:39	7.8 (51.3%)
116	**MARCZAK Andrzej**	**91**	WPK SŁOŃ TEAM	OPEN -M	73	**00:53:34.89**	+00:25:58 (48.5%)	7:39	7.8 (51.3%)
117	**KORWIN PIOTROWSKA Paulina**	**70**		OPEN -K	44	**00:53:34.98**	+00:25:58 (48.5%)	7:39	7.8 (51.3%)
118	**SIDOR Mariusz**	**175**	ANANASY Z 3FAL	OPEN -M	74	**00:53:35.17**	+00:25:58 (48.5%)	7:39	7.8 (51.3%)
119	**SYCHLA Monika**	**122**		OPEN -K	45	**00:53:47.22**	+00:26:11 (48.7%)	7:41	7.8 (51.3%)
120	**KOWALCZYK Justyna**	**73**	W.P.K.SŁOŃ TEAM USTKA	OPEN -K	46	**00:58:15.48**	+00:30:39 (52.6%)	8:19	7.2 (47.4%)
121	**BURDA Sebastian**	**16**	WPK SLOŃ TEAM	OPEN -M	75	**00:58:15.57**	+00:30:39 (52.6%)	8:19	7.2 (47.4%)
122	**TURCZYN Grzegorz**	**143**	W.P.K. SŁOŃ TEAM	OPEN -M	76	**00:58:15.64**	+00:30:39 (52.6%)	8:19	7.2 (47.4%)
123	**LUBIŃSKA Liliana**	**86**	NIGHT RUNNERS SŁUPSK	OPEN -K	47	**00:58:55.19**	+00:31:18 (53.2%)	8:25	7.1 (46.7%)
124	**SZEWCZYK Aleksandra**	**126**		OPEN -K	48	**00:58:56.44**	+00:31:20 (53.2%)	8:25	7.1 (46.7%)
125	**JUNAK Aleksandra**	**52**		OPEN -K	49	**00:58:56.63**	+00:31:20 (53.2%)	8:25	7.1 (46.7%)

Znaleziono 125 wynik(ów)