



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

IX Bieg Mikołajkowy
Stowarzyszenie BiegamBoLubię Team Police
2021-12-05
Police
5 km

VII MARSZ MIKOŁAJKOWY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ZGRAJA Katarzyna	1	BIEGACZE ŚWINOUJŚCIE	K-40	1	Szybcy i gniewni z Zach Pom	00:32:43.10	00:32:44.20		6:32	9.2 (100%)
2	SZYMSKA Małgorzata	223	LUKI TEAM POLAND	K-40	2	Szybcy i gniewni z Zach Pom	00:33:00.05	00:33:00.25	+00:00:16 (0.8%)	6:36	9.1 (98.9%)
3	LUDWICZAK Andżelika	128	EKSPEDYCJA NORDIC TEAM	K-40	3	Ekspedycja Nordic Team Szczecin 1	00:33:40.70	00:33:42.05	+00:00:57 (2.9%)	6:44	8.9 (96.7%)
4	ZIÓŁKOWSKA Sylwia	255	PUSZCZYK BUKOWY	K-40	4	Szybcy i gniewni z Zach Pom	00:34:39.20	00:34:39.45	+00:01:55 (5.5%)	6:55	8.7 (94.6%)
5	KEDZIERSKA Karolina	92	EKSPEDYCJA NORDIC TEAM SZCZECIN	K-40	5	Ekspedycja Nordic Team Szczecin 1	00:34:43.10	00:34:44.65	+00:02:00 (5.8%)	6:56	8.6 (93.5%)
6	ŚWIERCZ Ewa	270		K-40	6	Ekspedycja Nordic Team Szczecin 2	00:35:19.60	00:35:20.90	+00:02:36 (7.4%)	7:03	8.5 (92.4%)
7	STACHOWICZ-HAWRYŁAK Sylwia	208	BIEG KORCZAKA	K-40	7	Bieg Korczaka	00:35:45.70	00:35:46.20	+00:03:02 (8.5%)	7:09	8.4 (91.3%)
8	RADCZUK Karolina	187		K-40	8		00:36:15.90	00:36:16.75	+00:03:32 (9.8%)	7:15	8.3 (90.2%)
9	KRYCKA Danuta	104	EKSPEDYCJA NORDIC TEAM SZCZECIN	K-40	9	Ekspedycja Nordic Team Szczecin 2	00:37:11.75	00:37:14.90	+00:04:30 (12.1%)	7:26	8.1 (88.0%)
10	KLABAN Tetiana	94	KOMPAS TEAM	K-40	10	Kompas Team 2	00:37:21.00	00:37:24.75	+00:04:40 (12.5%)	7:28	8 (87.0%)
11	PALIWODA Kasia	171		K-40	11	Ekspedycja Nordic Team Szczecin 2	00:39:06.15	00:39:08.70	+00:06:24 (16.4%)	7:49	7.7 (83.7%)
12	BŁĄD-WASZKIEWICZ Wanda	23		K-40	12		00:39:26.50	00:39:33.45	+00:06:49 (17.2%)	7:53	7.6 (82.6%)
13	MUSZKIET-SOBAŃSKA Agnieszka	157	MUFFINKOWE MORSY	K-40	13	Muffinkowe Morsy	00:40:18.30	00:40:20.35	+00:07:36 (18.8%)	8:03	7.4 (80.4%)
14	MICHALSKA Aneta	150	KOMPAS TEAM	K-40	14	Kompas Team 1	00:41:04.00	00:41:07.05	+00:08:22 (20.4%)	8:12	7.3 (79.3%)
15	SZYMAŃSKA Ewa	4	#ZABIEGANE_PO_USZY	K-40	15		00:40:59.20	00:41:07.35	+00:08:23 (20.4%)	8:11	7.3 (79.3%)

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16	GÓRSKA Agnieszka	63	SZALONE WILCZYCE	K-40	16		00:41:15.50	00:41:25.00	+00:08:40 (21.0%)	8:15	7.3 (79.3%)
17	PODHAJNA Agnieszka	184		K-40	17		00:41:20.05	00:41:31.85	+00:08:47 (21.2%)	8:16	7.3 (79.3%)
18	LITWINIAK Izabela	124		K-40	18		00:42:08.95	00:42:08.95	+00:09:24 (22.3%)	8:25	7.1 (77.2%)
19	ŁAZOWSKA Edyta	132	KOMPAS TEAM	K-40	19	Kompas Team 2	00:42:14.30	00:42:28.20	+00:09:44 (22.9%)	8:26	7.1 (77.2%)
20	KOŁODZIEJCZYK Justyna	96	MUFFINKOWE MORSY	K-40	20		00:42:43.90	00:42:55.65	+00:10:11 (23.7%)	8:32	7 (76.1%)
21	SADOWSKA Kamila	198	ZABOEGANE_PO_USZY	K-40	21		00:42:56.10	00:42:56.85	+00:10:12 (23.8%)	8:35	7 (76.1%)
22	LEWANDOWSKA Dorota	119		K-40	22		00:43:05.90	00:43:11.75	+00:10:27 (24.2%)	8:37	7 (76.1%)
23	KAROL Agnieszka	87	TEAMKAROLKI	K-40	23		00:43:07.65	00:43:12.75	+00:10:28 (24.2%)	8:37	7 (76.1%)
24	GRYGUŚ Dorota	67		K-40	24	Ekspedycja Nordic Team Szczecin 3	00:43:17.80	00:43:26.45	+00:10:42 (24.6%)	8:39	6.9 (75.0%)
25	GROCHOLSKA Agnieszka	64		K-40	25		00:43:34.35	00:43:49.45	+00:11:05 (25.3%)	8:42	6.9 (75.0%)
26	CHOJNACKA Maria	266		K-40	26		00:43:48.50	00:43:57.65	+00:11:13 (25.5%)	8:45	6.8 (73.9%)
27	MALEK Monika	140		K-40	27		00:44:09.00	00:44:25.40	+00:11:41 (26.3%)	8:49	6.8 (73.9%)
28	SZYDŁOWSKA-JAROSZ Agnieszka	220	POBIEROWO BIEGA	K-40	28	Szalone Kobiety	00:44:30.95	00:44:33.00	+00:11:48 (26.5%)	8:54	6.7 (72.8%)
29	WOJNAS Beata	241	HULK	K-40	29	AktywnySplot	00:44:32.25	00:44:34.20	+00:11:50 (26.5%)	8:54	6.7 (72.8%)
30	BĄKOWSKA Sylwia	14		K-40	30	AktywnySplot	00:45:15.95	00:45:18.40	+00:12:34 (27.7%)	9:03	6.6 (71.7%)
31	PACEK Małgorzata	170	KOMPAS TEAM	K-40	31	Kompas Team 1	00:45:31.05	00:45:44.00	+00:12:59 (28.4%)	9:06	6.6 (71.7%)
32	PALUSIŃSKA Agnieszka	172	LOVELASY	K-40	32	LoveLasy	00:45:43.05	00:45:55.70	+00:13:11 (28.7%)	9:08	6.6 (71.7%)
33	PAWLIKIEWICZ Katarzyna	175	KOMPAS TEAM	K-40	33	Kompas Team 1	00:46:04.10	00:46:12.65	+00:13:28 (29.2%)	9:12	6.5 (70.7%)
34	SZUBERT-ADAMSKA Ewelina	218		K-40	34		00:46:20.40	00:46:25.70	+00:13:41 (29.5%)	9:16	6.5 (70.7%)
35	RIEDEL Magdalena	188	MORSY SIADŁO DOLNE	K-40	35		00:46:13.55	00:46:39.65	+00:13:55 (29.8%)	9:14	6.5 (70.7%)
36	OBARZANEK Bozena	166	NIEZRZESZONA	K-40	36		00:47:41.75	00:47:56.45	+00:15:12 (31.7%)	9:32	6.3 (68.5%)
37	DROZDEK Joanna	44	KOMPAS TEAM	K-40	37	Kompas Team 1	00:47:51.80	00:48:05.55	+00:15:21 (31.9%)	9:34	6.3 (68.5%)
38	GALIKOWSKA Wioletta	57		K-40	38		00:48:47.00	00:48:47.00	+00:16:02 (32.9%)	9:45	6.1 (66.3%)

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39	LEDZION Dagmara	114		K-40	39		00:48:59.10	00:49:02.75	+00:16:18 (33.3%)	9:47	6.1 (66.3%)
40	SIKORA Magdalena	203		K-40	40		00:48:46.10	00:49:04.10	+00:16:19 (33.3%)	9:45	6.2 (67.4%)
41	PABJAN Dorota	169		K-40	41		00:48:54.40	00:49:08.00	+00:16:23 (33.4%)	9:46	6.1 (66.3%)
42	MOLENDĄ Monika	154		K-40	42		00:49:05.65	00:49:12.70	+00:16:28 (33.5%)	9:49	6.1 (66.3%)
43	BABIAK Katarzyna	7		K-40	43		00:49:07.40	00:49:13.90	+00:16:29 (33.5%)	9:49	6.1 (66.3%)
44	KRZACZKOWSKA Magdalena	105		K-40	44		00:49:21.00	00:49:26.85	+00:16:42 (33.8%)	9:52	6.1 (66.3%)
45	GRZĄDKA Iwona	69		K-40	45		00:49:33.65	00:49:38.40	+00:16:54 (34.1%)	9:54	6.1 (66.3%)
46	MALICKA Marzena	141		K-40	46		00:49:58.35	00:49:59.60	+00:17:15 (34.5%)	9:59	6 (65.2%)
47	JANICKA - GNAT Karolina	261		K-40	47		00:50:10.65	00:50:27.35	+00:17:43 (35.1%)	10:02	6 (65.2%)
47	DUDEK Agnieszka	45		K-40	47		00:50:10.35	00:50:27.35	+00:17:43 (35.1%)	10:02	6 (65.2%)
49	POLTORAK Ela	262		K-40	49	Szalone Kobiety	00:50:10.35	00:50:27.95	+00:17:43 (35.1%)	10:02	6 (65.2%)
50	ŚLIWKA Joanna	225		K-40	50		00:50:15.25	00:50:29.45	+00:17:45 (35.2%)	10:03	6 (65.2%)
51	KRÓLAK-CHOCHOŁ Joanna	103		K-40	51		00:50:30.50	00:50:33.85	+00:17:49 (35.3%)	10:06	5.9 (64.1%)
52	LEWAK Katarzyna	117	LEWACZKI TEAM	K-40	52		00:50:26.80	00:50:35.45	+00:17:51 (35.3%)	10:05	5.9 (64.1%)
53	PRZYGODZKA Katarzyna	186	LEWACZKI TEAM	K-40	53		00:50:28.15	00:50:35.80	+00:17:51 (35.3%)	10:05	5.9 (64.1%)
54	WUJDA Anna	246		K-40	54		00:42:01.30	00:50:36.85	+00:17:52 (35.3%)	8:24	7.1 (77.2%)
55	NIESCIER Dorota	163		K-40	55		00:52:07.95	00:52:25.40	+00:19:41 (37.6%)	10:25	5.8 (63.0%)
56	LOLAS-SZYDŁOWSKA Margarita	126		K-40	56		00:52:07.85	00:52:25.70	+00:19:41 (37.6%)	10:25	5.8 (63.0%)
57	KRASNODEBSKA Magdalena	102	BBL POLICE	K-40	57		00:52:35.20	00:52:48.10	+00:20:03 (38.0%)	10:31	5.7 (62.0%)
58	KĘSKA-PLĄSEK Małgorzata	93	LOVELASY	K-40	58	LoveLasy	00:52:35.00	00:52:48.20	+00:20:04 (38.0%)	10:31	5.7 (62.0%)
59	SOSNOWSKA Aneta	207		K-40	59		00:52:25.50	00:52:52.50	+00:20:08 (38.1%)	10:29	5.7 (62.0%)
60	NAJMARK Małgorzata	158	NORDI	K-40	60		00:53:56.55	00:54:07.25	+00:21:23 (39.5%)	10:47	5.6 (60.9%)
61	NOWAK Aneta	165	NORDICOWELOVE POLICE	K-40	61		00:53:56.80	00:54:08.25	+00:21:24 (39.5%)	10:47	5.6 (60.9%)

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62	FRĄCKIEWICZ Sylwia	55		K-40	62		00:54:34.65	00:54:34.65	+00:21:50 (40.0%)	10:54	5.5 (59.8%)
63	NIEDŹWIECKA Katarzyna	161		K-40	63		00:54:54.70	00:55:00.70	+00:22:16 (40.5%)	10:58	5.5 (59.8%)
64	GRZYBOWSKA Katarzyna	70		K-40	64		00:55:14.85	00:55:36.55	+00:22:52 (41.1%)	11:02	5.4 (58.7%)
65	STANISZEWSKA Izabela	209		K-40	65		00:57:12.85	00:57:37.70	+00:24:53 (43.2%)	11:26	5.2 (56.5%)
66	GURGACZ Gabriela	71	WALKING WARRIORS	K-40	66	Walking Warriors	00:55:20.80	00:59:30.55	+00:26:46 (45.0%)	11:04	5.4 (58.7%)
67	GEBKA-ZYLA Magdalena	59		K-40	67		01:02:19.40	01:02:38.25	+00:29:54 (47.7%)	12:27	4.8 (52.2%)
68	GRYGORCEWICZ Anna	66		K-40	68		01:02:22.05	01:02:41.55	+00:29:57 (47.8%)	12:28	4.8 (52.2%)
69	BETKER Anna	15		K-40	69		01:02:18.35	01:02:41.65	+00:29:57 (47.8%)	12:27	4.8 (52.2%)
70	SZYKOŁOWSKA Ewa	221		K-40	70		01:02:17.85	01:02:42.20	+00:29:58 (47.8%)	12:27	4.8 (52.2%)

Znaleziono 70 wynik(ów)