



Klasyfikacja: Wszyscy

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA

B4SPORT

Organizator: Fundacja Kozica
Data: 2022-06-05
Miejsce: Stańcowa
Dystans: 4,7 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.7km	Czas brutto 4.7km	Różn	Tempo min/km	Tempo km/h
1	DUDCZAK Michał	194	BUFF/ THE NORTH FACE	M1 (18-35)	1	00:35:59.00	00:35:59.00		7:39	7.8
2	TABOR Dominik	183	SYMFERIA - FIZJOTERAPIA OSTEOPATIA TRENING KRAKÓW	M1 (18-35)	2	00:37:28.00	00:37:28.00	+00:01:29	7:58	7.5
3	BROJ Marcel	190	BROJ TEAM ŻLINICE	M1 (18-35)	3	00:38:06.00	00:38:06.00	+00:02:07	8:06	7.4
4	SKUPIEŃ Tomasz	207		M2 (36-49)	1	00:39:02.00	00:39:02.00	+00:03:03	8:18	7.2
5	STOBIECKI Marcin	165		M1 (18-35)	4	00:39:26.00	00:39:26.00	+00:03:27	8:23	7.2
6	PARIS Nicola	17	LA RECASTELL	M1 (18-35)	5	00:39:33.00	00:39:33.00	+00:03:34	8:24	7.1
7	KUNZ Marcin	203	LACHO TEAM	M1 (18-35)	6	00:40:09.00	00:40:09.00	+00:04:10	8:32	7
8	TUKA Michał	158	DLUGOSZ TEAM SCARPA	M1 (18-35)	7	00:40:23.00	00:40:23.00	+00:04:24	8:35	7
9	ŻÓŁTEK Grzegorz	56		M1 (18-35)	8	00:40:41.00	00:40:41.00	+00:04:42	8:39	6.9
10	ALBRECHT Krystian	138	KŚ AZS POLITECHNIKA ŚLĄSKA/GB GALOPUJĄCE ŚLIMAKI	M1 (18-35)	9	00:40:46.00	00:40:46.00	+00:04:47	8:40	6.9
11	MAGERČÁK Miloš	121	DYNAMEČKO	M1 (18-35)	10	00:42:10.00	00:42:10.00	+00:06:11	8:58	6.7
12	HANKUS Tadeusz	111	HKS RUN	M2 (36-49)	2	00:42:19.00	00:42:19.00	+00:06:20	9:00	6.7
13	STANUCH Dariusz	39	AZS ZAKOPANE	M2 (36-49)	3	00:42:40.00	00:42:40.00	+00:06:41	9:04	6.6
14	ATANASOW ANCEW Dawid	182		M3 (50+)	1	00:43:13.00	00:43:13.00	+00:07:14	9:11	6.5
15	PACHUT Jerzy	195	MY ENDURANCE COACHING TEAM	M1 (18-35)	11	00:43:26.00	00:43:26.00	+00:07:27	9:14	6.5
16	BUCZYŃSKI Adam	113	NON STOP TRAIL	M2 (36-49)	4	00:44:26.00	00:44:26.00	+00:08:27	9:27	6.3
17	MAZAN Beata	200	FINISZ RYMANÓW/#R	K2 (36-49)	1	00:44:49.00	00:44:49.00	+00:08:50	9:32	6.3
18	SZATANIK Zbigniew	168		M3 (50+)	2	00:46:45.00	00:46:45.00	+00:10:46	9:56	6
19	WRÓBEL Przemysław	34		M2 (36-49)	5	00:46:50.00	00:46:50.00	+00:10:51	9:57	6
20	PÓŁTORAK Sylwester	35	DOBCZYCKIE KLUB BIEGACZA	M2 (36-49)	6	00:47:43.00	00:47:43.00	+00:11:44	10:09	5.9
21	JAKIEŁA-RZADKOSZ Katarzyna	108		K1 (18-35)	1	00:48:00.00	00:48:00.00	+00:12:01	10:12	5.9
22	ZACHARA Dawid	159		M1 (18-35)	12	00:48:28.00	00:48:28.00	+00:12:29	10:18	5.8
23	PALOVA Alžbeta	211	SK ORAVAMAN	K2 (36-49)	2	00:49:05.00	00:49:05.00	+00:13:06	10:26	5.7
24	FITAK Marta	6		K1 (18-35)	2	00:49:20.00	00:49:20.00	+00:13:21	10:29	5.7
25	RENÒ Vittorio	192		M1 (18-35)	13	00:49:39.00	00:49:39.00	+00:13:40	10:33	5.7
26	NOSALIK Marek	126	MTA	M3 (50+)	3	00:49:46.00	00:49:46.00	+00:13:47	10:35	5.7
27	KOS Tomasz	120		M2 (36-49)	7	00:49:52.00	00:49:52.00	+00:13:53	10:36	5.7
28	KOZAK Tomasz	129		M1 (18-35)	14	00:49:58.00	00:49:58.00	+00:13:59	10:37	5.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.7km	Czas brutto 4.7km	Różn	Tempo min/km	Tempo km/h
29	BOLECHOWSKA Dominika	208		K2 (36-49)	3	00:50:25.00	00:50:25.00	+00:14:26	10:43	5.6
30	LANTOS Borbála	74	ZOLNA SKYRUNNING TEAM	K1 (18-35)	3	00:50:41.00	00:50:41.00	+00:14:42	10:47	5.6
31	ŻĄDŁO Władysław	184		M1 (18-35)	15	00:50:44.00	00:50:44.00	+00:14:45	10:47	5.6
32	CIERPIĄŁEK Jakub	133	ADAM CZERWIŃSKI TEAM	M1 (18-35)	16	00:51:50.00	00:51:50.00	+00:15:51	11:01	5.4
33	DUBOWIECKI Witek	53	CHATA BIEGACZA K34 ZAKOPANE	M3 (50+)	4	00:52:18.00	00:52:18.00	+00:16:19	11:07	5.4
34	WOŹNIAK Michał	27	RUNNER_ULTRA	M1 (18-35)	17	00:52:22.00	00:52:22.00	+00:16:23	11:08	5.4
35	MISKOWIEC Szymon	202	TC ORZEŁ	M2 (36-49)	8	00:52:35.00	00:52:35.00	+00:16:36	11:11	5.4
36	KARPIEL Tomasz	52		M1 (18-35)	18	00:52:43.00	00:52:43.00	+00:16:44	11:12	5.3
37	DYRCZ Konrad	115		M2 (36-49)	9	00:53:15.00	00:53:15.00	+00:17:16	11:19	5.3
38	PACHURA Kinga	21	ULTRA BABIA	K2 (36-49)	4	00:53:24.00	00:53:24.00	+00:17:25	11:21	5.3
39	PRZYBYŁOWSKI Piotr	193		M2 (36-49)	10	00:53:29.00	00:53:29.00	+00:17:30	11:22	5.3
40	KACZOR Miłosz	180	KG TRAWERS	M1 (18-35)	19	00:53:33.00	00:53:33.00	+00:17:34	11:23	5.3
41	ŻELEZNIK Peter	210	SK ORAVAMAN	M3 (50+)	5	00:54:27.00	00:54:27.00	+00:18:28	11:35	5.2
42	ŠPRLAK Miloš	104	DYNAMEČKO	M1 (18-35)	20	00:54:32.00	00:54:32.00	+00:18:33	11:36	5.2
43	SKOWRONEK Łukasz	89		M2 (36-49)	11	00:54:35.00	00:54:35.00	+00:18:36	11:36	5.2
44	MRÓZ Piotrek	114		M1 (18-35)	21	00:54:54.00	00:54:54.00	+00:18:55	11:40	5.1
45	SZCZUREK Sławomir	185		M2 (36-49)	12	00:55:26.00	00:55:26.00	+00:19:27	11:47	5.1
46	TURAK Rafał	11		M3 (50+)	6	00:55:31.00	00:55:31.00	+00:19:32	11:48	5.1
47	WRÓBEL Paweł	105	DOPOZYGUTEAM	M1 (18-35)	22	00:55:34.00	00:55:34.00	+00:19:35	11:49	5.1
48	KARDYL Krzysztof	153		M1 (18-35)	23	00:55:56.00	00:55:56.00	+00:19:57	11:54	5
49	JAKCINAIMIĘ Andrzeju	37	ZDRAJCY METALU	M2 (36-49)	13	00:56:08.00	00:56:08.00	+00:20:09	11:56	5
50	RAMOTOWSKI Marcin	172		M2 (36-49)	14	00:56:44.00	00:56:44.00	+00:20:45	12:04	5
51	MUCHA Agnieszka	28		K2 (36-49)	5	00:56:58.00	00:56:58.00	+00:20:59	12:07	5
52	LUBOS Dawid	162		M2 (36-49)	15	00:57:14.00	00:57:14.00	+00:21:15	12:10	4.9
53	MYSIURA Adam	59	#ADAMCZERWIŃSKITEAM	M2 (36-49)	16	00:57:16.00	00:57:16.00	+00:21:17	12:11	4.9
54	MAŚLANKA Ewa	167		K2 (36-49)	6	00:57:50.00	00:57:50.00	+00:21:51	12:18	4.9
55	KUKLA Grzegorz	178		M3 (50+)	7	00:58:14.00	00:58:14.00	+00:22:15	12:23	4.8
56	MACIEJEWSKI Marek	61	TRUCHTACZ MYSLOWICE	M3 (50+)	8	00:58:17.00	00:58:17.00	+00:22:18	12:24	4.8
57	WIEWIÓRA Piotr	155	AKRIWOS	M2 (36-49)	17	00:58:29.00	00:58:29.00	+00:22:30	12:26	4.8
58	BISKUP Paweł	150		M2 (36-49)	18	00:59:00.00	00:59:00.00	+00:23:01	12:33	4.8
59	BIAŁEK Paweł	14		M2 (36-49)	19	00:59:37.00	00:59:37.00	+00:23:38	12:41	4.7
60	BORYCZKA Szymon	127		M2 (36-49)	20	00:59:44.00	00:59:44.00	+00:23:45	12:42	4.7
61	WITAS Jacek	191		M2 (36-49)	21	01:00:01.00	01:00:01.00	+00:24:02	12:46	4.7
62	GRACÍK Vlastimil	209		M2 (36-49)	22	01:00:17.00	01:00:17.00	+00:24:18	12:49	4.7
63	KSIĘŻYK Anna	95		K2 (36-49)	7	01:00:37.00	01:00:37.00	+00:24:38	12:53	4.7
64	OLEJARNIK Łukasz	110		M1 (18-35)	24	01:00:45.00	01:00:45.00	+00:24:46	12:55	4.6
65	RYNDUCH Renata	32		K2 (36-49)	8	01:01:05.00	01:01:05.00	+00:25:06	12:59	4.6
66	LOSKA Tomasz	19		M1 (18-35)	25	01:01:08.00	01:01:08.00	+00:25:09	13:00	4.6
67	GÓRAK Piotr	10	#DIABLAK120	M2 (36-49)	23	01:01:11.00	01:01:11.00	+00:25:12	13:01	4.6
68	OCZKOWSKI Mateusz	24	GRUPA BIEGOWA CHTMO	M2 (36-49)	24	01:01:34.00	01:01:34.00	+00:25:35	13:05	4.6
69	DOBOSZ Artur	117		M2 (36-49)	25	01:01:49.00	01:01:49.00	+00:25:50	13:09	4.6
70	DOBOSZ Mariusz	116	ROZBIEGANY BALIN	M2 (36-49)	26	01:01:57.00	01:01:57.00	+00:25:58	13:10	4.6
71	TRELA Jacek	152	AZS AWF KRAKÓW MASTERS	M3 (50+)	9	01:02:00.00	01:02:00.00	+00:26:01	13:11	4.5
72	BAŃKOSZ Kinga	186		K1 (18-35)	4	01:02:04.00	01:02:04.00	+00:26:05	13:12	4.5

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73	OROCZ Dawid	188		M1 (18-35)	26	01:02:17.00	01:02:17.00	+00:26:18	13:15	4.5
74	GANCZEWSKI Paweł	25		M3 (50+)	10	01:02:47.00	01:02:47.00	+00:26:48	13:21	4.5
75	CIEŚLIK Mateusz	101	TEAM APK	M1 (18-35)	27	01:03:11.00	01:03:11.00	+00:27:12	13:26	4.5
76	NAWROT Waldek	98	J U V E R U N	M2 (36-49)	27	01:03:27.00	01:03:27.00	+00:27:28	13:30	4.4
77	PALEJ Janusz	146	J&J	M2 (36-49)	28	01:03:29.00	01:03:29.00	+00:27:30	13:30	4.4
78	GACH-MICHALSKA Justyna	9		K2 (36-49)	9	01:03:34.00	01:03:34.00	+00:27:35	13:31	4.4
79	SKWAREK Grzegorz	112		M2 (36-49)	29	01:03:53.00	01:03:53.00	+00:27:54	13:35	4.4
80	ZACHARA Kamil	179		M1 (18-35)	28	01:04:01.00	01:04:01.00	+00:28:02	13:37	4.4
81	CHMIELEWSKI Maciej	58		M2 (36-49)	30	01:04:36.00	01:04:36.00	+00:28:37	13:44	4.4
82	TYBOŃ Maciej	26		M1 (18-35)	29	01:04:38.00	01:04:38.00	+00:28:39	13:45	4.4
83	HOŁUJ Andrzej	49		M3 (50+)	11	01:04:49.00	01:04:49.00	+00:28:50	13:47	4.4
84	MILER Robert	64		M2 (36-49)	31	01:05:16.00	01:05:16.00	+00:29:17	13:53	4.3
85	KOCZENASZ Mariusz	151		M2 (36-49)	32	01:05:19.00	01:05:19.00	+00:29:20	13:53	4.3
86	SERAFIN Krzysztof	16		M2 (36-49)	33	01:05:23.00	01:05:23.00	+00:29:24	13:54	4.3
87	OROCZ Magdalena	189		K1 (18-35)	5	01:05:48.00	01:05:48.00	+00:29:49	14:00	4.3
88	ŻBIK Agnieszka	92	HAGER SPORT TEAM	K2 (36-49)	10	01:05:53.00	01:05:53.00	+00:29:54	14:01	4.3
89	ŻUREK Dariusz	106		M1 (18-35)	30	01:05:55.00	01:05:55.00	+00:29:56	14:01	4.3
90	SAŁACIAK Jakub	118		M1 (18-35)	31	01:06:10.00	01:06:10.00	+00:30:11	14:04	4.3
91	CIASTOŃ Bartłomiej	100	OLA&BARTLO	M2 (36-49)	34	01:06:29.00	01:06:29.00	+00:30:30	14:08	4.2
92	PAJOR-LESZCZYŃSKA Aleksandra	128	OLA&BARTLO	K2 (36-49)	11	01:06:31.00	01:06:31.00	+00:30:32	14:09	4.2
93	GABRYŚ Arkadiusz	163		M2 (36-49)	35	01:06:40.00	01:06:40.00	+00:30:41	14:11	4.2
94	SKOCZYLAS Piotr	142	ENDURANCE TEAM	M2 (36-49)	36	01:06:56.00	01:06:56.00	+00:30:57	14:14	4.2
95	CZAPCZYK Adrian	73		M2 (36-49)	37	01:07:11.00	01:07:11.00	+00:31:12	14:17	4.2
96	PARZNIIEWSKI Maciej	55	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	M2 (36-49)	38	01:07:31.00	01:07:31.00	+00:31:32	14:21	4.2
97	CISZAK Wojtek	43		M2 (36-49)	39	01:07:54.00	01:07:54.00	+00:31:55	14:26	4.2
98	SAŁACIAK Bartłomiej	119		M1 (18-35)	32	01:08:18.00	01:08:18.00	+00:32:19	14:31	4.1
99	SOWIŃSKI Dariusz	29	SOWSTOL	M2 (36-49)	40	01:09:06.00	01:09:06.00	+00:33:07	14:42	4.1
100	PAPIERZ Justyna	48	NBRC	K2 (36-49)	12	01:09:25.00	01:09:25.00	+00:33:26	14:46	4.1
101	KADYK Łukasz	50	CEZAR	M2 (36-49)	41	01:09:28.00	01:09:28.00	+00:33:29	14:46	4.1
102	MILER Urszula	65	KBKS RADOMSKO	K2 (36-49)	13	01:09:57.00	01:09:57.00	+00:33:58	14:52	4
103	SERWADCZAK Piotr	124	P+E	M3 (50+)	12	01:10:03.00	01:10:03.00	+00:34:04	14:54	4
104	STANISZEWSKI Rafał	23	TURBODZIKI	M2 (36-49)	42	01:10:06.00	01:10:06.00	+00:34:07	14:54	4
105	GAWLIKOWSKA Agnieszka	123		K1 (18-35)	6	01:10:08.00	01:10:08.00	+00:34:09	14:55	4
106	MOKRZYCKA Weronika	79		K2 (36-49)	14	01:10:29.00	01:10:29.00	+00:34:30	14:59	4
106	SKAŁOŃ Robert	161		M1 (18-35)	33	01:10:29.00	01:10:29.00	+00:34:30	14:59	4
108	KONSTAŃCZAK Joanna	72		K2 (36-49)	15	01:10:34.00	01:10:34.00	+00:34:35	15:00	4
109	GŁOWACKA-PRUS Dorota	206	#ADAMCZERWIŃSKITEAM	K2 (36-49)	16	01:10:39.00	01:10:39.00	+00:34:40	15:01	4
110	ŁAWNICZAK-CIELIŃSKA Dorota	173		K2 (36-49)	17	01:11:02.00	01:11:02.00	+00:35:03	15:06	4
111	HNATIUK Mateusz	164		M1 (18-35)	34	01:11:19.00	01:11:19.00	+00:35:20	15:10	4
112	KUKLA Katarzyna	177		K2 (36-49)	18	01:11:49.00	01:11:49.00	+00:35:50	15:16	3.9
113	MUSIOLIK Sylwia	122		K2 (36-49)	19	01:11:56.00	01:11:56.00	+00:35:57	15:18	3.9
114	ZIAJA Robert	109	ROBERT ALKOHOLIK	M2 (36-49)	43	01:12:21.00	01:12:21.00	+00:36:22	15:23	3.9
115	KAŻMIROWICZ Basia	71	PRACOWNIA PROJEKTOWA ZZM	K2 (36-49)	20	01:12:35.00	01:12:35.00	+00:36:36	15:26	3.9
116	BYTOMSKA-MACIEJEWSKA. Grażyna	62		K3 (50+)	1	01:13:45.00	01:13:45.00	+00:37:46	15:41	3.8

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117	MOCZKO Ola	63		K2 (36-49)	21	01:14:16.00	01:14:16.00	+00:38:17	15:48	3.8
118	KSIĘŻYK Mirosław	96		M2 (36-49)	44	01:14:29.00	01:14:29.00	+00:38:30	15:50	3.8
119	ISKRZAK Izabela	4		K2 (36-49)	22	01:14:41.00	01:14:41.00	+00:38:42	15:53	3.8
120	BAJOŁEK Aleksandra	212	AZS AWF KRAKÓW MASTERS	K3 (50+)	2	01:14:44.00	01:14:44.00	+00:38:45	15:54	3.8
121	BUCZAK Wojciech	160		M1 (18-35)	35	01:14:48.00	01:14:48.00	+00:38:49	15:54	3.8
122	GŁUSZKOWSKA Monika	131		K3 (50+)	3	01:14:57.00	01:14:57.00	+00:38:58	15:56	3.8
123	DOMBEK Andrzej	84	BIEGAMYŚŁOWICE	M3 (50+)	13	01:15:01.00	01:15:01.00	+00:39:02	15:57	3.8
124	KAMIŃSKA Krystyna	78	BIEGAMYŚŁOWICE	K3 (50+)	4	01:15:14.00	01:15:14.00	+00:39:15	16:00	3.7
125	MENDREK Ireneusz	40	TURBODZIKI	M2 (36-49)	45	01:15:54.00	01:15:54.00	+00:39:55	16:08	3.7
126	DUMAŃSKA Iwona	33		K2 (36-49)	23	01:15:57.00	01:15:57.00	+00:39:58	16:09	3.7
127	HANDY Samanta	87	POWOLI DO CELU	K1 (18-35)	7	01:16:38.00	01:16:38.00	+00:40:39	16:18	3.7
128	GRUSZKA Marian	90	TRUCHTACZ MYSŁOWICE	M3 (50+)	14	01:17:02.00	01:17:02.00	+00:41:03	16:23	3.7
129	MAJEWSKI Dominik	103	TEAM APK	M1 (18-35)	36	01:17:05.00	01:17:05.00	+00:41:06	16:24	3.7
130	CZAJKOWSKI Stefan	102	TEAM APK	M1 (18-35)	37	01:18:01.00	01:18:01.00	+00:42:02	16:35	3.6
131	KACZMARCZYK Dorota	15	AZS AWF KRAKÓW MASTERS	K2 (36-49)	24	01:18:07.00	01:18:07.00	+00:42:08	16:37	3.6
132	PRZYBYSZ Aneta	85		K2 (36-49)	25	01:20:42.00	01:20:42.00	+00:44:43	17:10	3.5
133	ŚLÓSARCZYK Jakub	166	SS RUNNING CLUB	M2 (36-49)	46	01:20:50.00	01:20:50.00	+00:44:51	17:11	3.5
134	SYPKO-MARCINISZYN Magdalena	175		K2 (36-49)	26	01:21:03.00	01:21:03.00	+00:45:04	17:14	3.5
135	KUTYŁA Marek	176		M2 (36-49)	47	01:21:06.00	01:21:06.00	+00:45:07	17:15	3.5
136	KRASZEWSKA Renata	88	AZS AWF KRAKÓW MASTERS	K3 (50+)	5	01:21:30.00	01:21:30.00	+00:45:31	17:20	3.5
137	OSIKA Aleksandra	3		K1 (18-35)	8	01:22:02.00	01:22:02.00	+00:46:03	17:27	3.4
138	NAWROT Magdalena	181	J U V E R U N	K2 (36-49)	27	01:22:29.00	01:22:29.00	+00:46:30	17:32	3.4
139	DOROBISZ Magdalena	81	#DIABLAK120	K2 (36-49)	28	01:23:06.00	01:23:06.00	+00:47:07	17:40	3.4
140	KLIŚ Dawid	144		M1 (18-35)	38	01:23:46.00	01:23:46.00	+00:47:47	17:49	3.4
141	WILCZYŃSKA-KOGUT Aleksandra	143	BANDA Z POLUDNIA	K2 (36-49)	29	01:24:12.00	01:24:12.00	+00:48:13	17:54	3.3
142	IWASZKO Paweł	45		M2 (36-49)	48	01:24:40.00	01:24:40.00	+00:48:41	18:00	3.3
143	OCHALSKI Grzegorz	86		M2 (36-49)	49	01:25:21.00	01:25:21.00	+00:49:22	18:09	3.3
144	ROCZNIK Klara	141		K1 (18-35)	9	01:25:56.00	01:25:56.00	+00:49:57	18:17	3.3
145	KIM Renata	130		K3 (50+)	6	01:26:54.00	01:26:54.00	+00:50:55	18:29	3.2
146	RADKOWSKI Michał	44		M2 (36-49)	50	01:27:08.00	01:27:08.00	+00:51:09	18:32	3.2
147	DERDA Joanna	134		K3 (50+)	7	01:27:15.00	01:27:15.00	+00:51:16	18:33	3.2
148	MACIĄGA Magda	136		K2 (36-49)	30	01:27:26.00	01:27:26.00	+00:51:27	18:36	3.2
149	SANKOWSKA Monika	135		K2 (36-49)	31	01:27:44.00	01:27:44.00	+00:51:45	18:40	3.2
150	STASICA Monika	83		K2 (36-49)	32	01:28:16.00	01:28:16.00	+00:52:17	18:46	3.2
151	OLEŃSKA Agnieszka	42	SIOSTRY MADIZAR	K1 (18-35)	10	01:29:16.00	01:29:16.00	+00:53:17	18:59	3.2
152	DOMOWICZ Monika	201		K2 (36-49)	33	01:29:53.00	01:29:53.00	+00:53:54	19:07	3.1
153	WILANOWSKA Alicja	139	-	K2 (36-49)	34	01:29:56.00	01:29:56.00	+00:53:57	19:08	3.1
154	HOŁUJ Barbara	51		K3 (50+)	8	01:30:22.00	01:30:22.00	+00:54:23	19:13	3.1
155	ADAMEK Paweł	147	ADAMEK.SHOP.PL	M3 (50+)	15	01:31:15.00	01:31:15.00	+00:55:16	19:24	3.1
156	SEWERYN Rafał	148	ADAMEK.SHOP.PL	M3 (50+)	16	01:31:17.00	01:31:17.00	+00:55:18	19:25	3.1
157	WOJTOWICZ Karolina	54	SIOSTRY MADIZAR	K2 (36-49)	35	01:31:29.00	01:31:29.00	+00:55:30	19:27	3.1
158	OKSIENIUK Marcin	22	TURBODZIKI	M2 (36-49)	51	01:32:59.00	01:32:59.00	+00:57:00	19:47	3
159	STRZELCZYK Edyta	125	P+E	K3 (50+)	9	01:35:46.00	01:35:46.00	+00:59:47	20:22	2.9
160	GLIŃSKA Renata	132		K2 (36-49)	36	01:35:55.00	01:35:55.00	+00:59:56	20:24	2.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.7km	Czas brutto 4.7km	Różn	Tempo min/km	Tempo km/h
161	PALEJ Justyna	145	J&J	K2 (36-49)	37	01:36:17.00	01:36:17.00	+01:00:18	20:29	2.9
162	DZIURZYŃSKA Ulka	57	VEGE RUNNERS	K2 (36-49)	38	01:38:02.00	01:38:02.00	+01:02:03	20:51	2.9
163	PAWLAK Roman	157		M2 (36-49)	52	01:38:23.00	01:38:23.00	+01:02:24	20:55	2.9
164	DZIEMIERA Daniel	156		M2 (36-49)	53	01:38:25.00	01:38:25.00	+01:02:26	20:56	2.9
165	PRUSZKOWSKA-OPARA Elwira	46		K2 (36-49)	39	01:39:32.00	01:39:32.00	+01:03:33	21:10	2.8
166	STAMM Paulina	107		K2 (36-49)	40	01:40:08.00	01:40:08.00	+01:04:09	21:18	2.8
167	RATAJCZAK Weronika	204		K1 (18-35)	11	01:42:06.00	01:42:06.00	+01:06:07	21:43	2.8
168	JĘDRZEJEWSKA Dominika	47		K2 (36-49)	41	01:43:46.00	01:43:46.00	+01:07:47	22:04	2.7
169	KOSIOREK Elżbieta	82		K2 (36-49)	42	01:44:16.00	01:44:16.00	+01:08:17	22:11	2.7
170	BENEDYCZUK Kornelia	80		K1 (18-35)	12	01:44:17.00	01:44:17.00	+01:08:18	22:11	2.7
171	SZALIŃSKA Magdalena	77		K2 (36-49)	43	01:50:18.00	01:50:18.00	+01:14:19	23:28	2.6
172	POTOCZNY Lidia	76		K1 (18-35)	13	01:50:21.00	01:50:21.00	+01:14:22	23:28	2.6
173	MALEC Katarzyna	666	ULTRA BABIA TEAM	K2 (36-49)	44	01:59:32.00	01:59:32.00	+01:23:33	25:25	2.4

Znaleziono 173 wynik(ów)