

XII BIEG SYLWESTROWY

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE



Organizator: Hotel Brzoza
Data: 2018-12-31
Miejsce: Brzoza
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	CZAJKOWSKA Sylwia	283	ŻÓŁTOKRÓLEWSCY	K-40	1	00:00:03	00:10:40	00:20:49	00:30:53	00:41:03	00:42:50.70	00:42:54.15		4:17	14
2	PALACZ Wioletta	299		K-40	2	00:00:04	00:11:08	00:21:37	00:32:16	00:43:06	00:45:02.15	00:45:06.20	+00:02:11	4:30	13.3
3	PASTWA Donata	308	TRISPACE	K-40	3	00:00:04	00:11:54	00:22:56	00:34:05	00:45:09	00:47:10.50	00:47:14.75	+00:04:19	4:43	12.7
4	WALIGÓRA Karolina	381	BRZOZA BIEGA	K-40	4	00:00:06	00:11:36	00:23:03	00:34:49	00:46:32	00:48:30.70	00:48:37.55	+00:05:40	4:51	12.4
5	NASIENIAK-CZECH Anna	386	GRAZIA RUNNING	K-40	5	00:00:11	00:12:23	00:24:01	00:35:37	00:47:05	00:49:06.00	00:49:17.00	+00:06:15	4:54	12.2
6	STANKOWSKA Justyna	314	MKS TRZEMESZNO	K-40	6	00:00:07	00:12:28	00:24:05	00:35:44	00:47:13	00:49:09.30	00:49:17.10	+00:06:18	4:55	12.2
7	ZABOROWSKA Beata	212		K-40	7	00:00:11	00:12:12	00:23:56	00:35:51	00:47:40	00:49:44.80	00:49:55.95	+00:06:54	4:58	12.1
8	SOWIŃSKA Justyna	194	SPÓJNIA BIAŁE BŁOTA	K-40	8	00:00:08	00:12:37	00:24:29	00:36:32	00:48:33	00:50:35.20	00:50:43.85	+00:07:44	5:03	11.9
9	KOPROWICZ Katarzyna	342		K-40	9	00:00:07	00:12:37	00:24:33	00:36:45	00:48:56	00:51:07.70	00:51:14.90	+00:08:17	5:06	11.7
10	GRABOWSKA-LESISZ Aneta	345		K-40	10	00:00:09	00:12:21	00:24:35	00:36:56	00:49:03	00:51:15.85	00:51:25.30	+00:08:25	5:07	11.7
11	BEDNAREK Marta	170	CZARNE STOPY.SM	K-40	11	00:00:13	00:12:39	00:24:54	00:37:24	00:49:57	00:52:12.00	00:52:25.15	+00:09:21	5:13	11.5
12	BRYWCZYŃSKA Justyna	246	#SLIMAKIBARCIN / RODOS TEAM	K-40	12	00:00:26	00:13:36	00:26:01	00:38:10	00:50:52	00:52:53.55	00:53:19.65	+00:10:02	5:17	11.3
13	MICHNA Justyna	302		K-40	13	00:00:22	00:13:17	00:25:56	00:38:37	00:51:30	00:53:47.95	00:54:10.25	+00:10:57	5:22	11.2
14	STYKAŁA Magdalena	109		K-40	14	00:00:21	00:13:18	00:25:57	00:38:38	00:51:31	00:53:49.10	00:54:10.25	+00:10:58	5:22	11.1
15	PORAZIŃSKA Viktoria	275	BYDGOSZCZ NA START.	K-40	15	00:00:10	00:13:15	00:26:11	00:39:00	00:51:55	00:54:12.55	00:54:23.05	+00:11:21	5:25	11.1
16	LEWANDOWSKA Dorota	235		K-40	16	00:00:16	00:13:00	00:25:54	00:38:48	00:52:13	00:54:34.20	00:54:50.35	+00:11:43	5:27	11
17	STĘPIEŃ Monika	75	CZARNE STOPY.SM	K-40	17	00:00:13	00:13:27	00:26:08	00:39:08	00:52:24	00:54:48.05	00:55:01.95	+00:11:57	5:28	10.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
18	ANASZEWICZ Marzena	405		K-40	18	00:00:06	00:13:23	00:26:19	00:39:32	00:52:49	00:55:04.85	00:55:11.80	+00:12:14	5:30	10.9
19	JAŹDŹEWSKA Grażyna	58		K-40	19	00:00:03	00:13:58	00:26:55	00:39:59	00:53:01	00:55:22.65	00:55:26.60	+00:12:31	5:32	10.8
20	CENTKOWSKA Iwona	175	KS ZRYW RADZIEJÓW	K-40	20	00:00:12	00:13:35	00:26:30	00:39:41	00:53:01	00:55:22.90	00:55:35.20	+00:12:32	5:32	10.8
21	FARBICKA-ŻYWICA Paulina	367	BRZOZA BIEGA	K-40	21	00:00:05	00:13:49	00:27:04	00:40:26	00:53:56	00:56:17.45	00:56:23.25	+00:13:26	5:37	10.7
22	MAKUCH-DOBOSZ Urszula	373		K-40	22	00:00:31	00:14:05	00:27:34	00:41:18	00:54:43	00:57:07.30	00:57:38.45	+00:14:16	5:42	10.5
23	SZTEJKA Jolanta	244		K-40	23	00:00:32	00:14:48	00:28:29	00:41:53	00:55:07	00:57:16.60	00:57:49.35	+00:14:25	5:43	10.5
24	SKRZĄTEK Anna	286		K-40	24	00:00:21	00:14:15	00:28:09	00:42:20	00:56:54	00:59:21.15	00:59:43.05	+00:16:30	5:56	10.1
25	CYBUL Anna	361		K-40	25	00:00:23	00:14:26	00:28:09	00:42:22	00:56:52	00:59:22.95	00:59:46.30	+00:16:32	5:56	10.1
26	KUKAWKA Aleksandra	268		K-40	26	00:00:19	00:15:19	00:29:42	00:43:57	00:57:39	00:59:56.10	01:00:15.55	+00:17:05	5:59	10
27	PISZCZYĞŁOWA Bernadeta	57		K-40	27	00:00:16	00:14:11	00:28:33	00:43:04	00:57:44	01:00:19.80	01:00:36.05	+00:17:29	6:02	9.9
28	BIELECKA Dorota	391	OBÓZ BIEGOWY BRZOZA, GRAZIA-RUNNING	K-40	28	00:00:25	00:16:50	00:32:44	00:45:54	00:58:28	01:00:35.95	01:01:01.15	+00:17:45	6:03	9.9
29	WINIECKA Dorota	76		K-40	29	00:00:20	00:14:53	00:29:16	00:44:09	00:59:07	01:01:51.85	01:02:11.90	+00:19:01	6:11	9.7
30	PAŚ Katarzyna	141	CHARTY SZELEJEWO	K-40	30	00:00:17	00:16:25	00:32:09	00:48:32	01:05:29	01:08:24.80	01:08:42.70	+00:25:34	6:50	8.8
31	NOWICKA Tatiana	365		K-40	31	00:00:08	00:16:08	00:32:26	00:49:08	01:05:52	01:08:48.85	01:08:57.30	+00:25:58	6:52	8.7
32	WRUK Justyna	294		K-40	32	00:00:08	00:16:08	00:32:26	00:49:08	01:05:52	01:08:49.10	01:08:57.15	+00:25:58	6:52	8.7
33	SŁOMA Natasza	238		K-40	33	00:00:19	00:16:44	00:33:48	00:50:43	01:07:00	01:09:55.70	01:10:14.70	+00:27:05	6:59	8.6
34	BŁASZKIEWICZ Marzena	291		K-40	34	00:00:18	00:15:55	00:33:49	00:51:52	01:07:52	01:10:23.55	01:10:42.10	+00:27:32	7:02	8.5
35	BARWIKOWSKA Bogusia	282		K-40	35	00:00:16	00:15:57	00:33:51	00:51:54	01:07:54	01:10:25.45	01:10:42.25	+00:27:34	7:02	8.5
	SYREK Grażyna	389	OBÓZ BIEGOWY BRZOZA, GRAZIA-RUNNING	K-40		DNF	00:13:41 DNF	DNF	DNF	DNF	DNF	DNF	-	-	-

Znaleziono 36 wynik(ów)