

XIX MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin
Data: 2021-10-10
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km	Lap_6 8.58km
1	ADASZYNSKI Wiesław	1	BIEGOLAS KOSZALIN	M50-59	00:00:26	00:06:27	00:12:32	00:18:45	00:25:07	00:31:32	00:38:03
2	ANTKOWIAK Sebastian	2	DB - ACTIVE	M40-49	00:00:32	00:07:03	00:13:32	00:20:14	00:27:07	00:34:07	00:41:08
3	BARUTOWICZ Grzegorz	3		M40-49	00:00:25	00:06:30	00:12:33	00:18:42	00:25:10	00:31:33	00:38:03
4	BIERZANOWSKI Rafał	4		M40-49	00:00:28	00:06:30	00:12:34	00:18:44	00:24:53	00:31:01	00:37:14
5	BLOCH Radosław	5		M18-39	00:00:31	00:06:34	00:12:36	00:18:39	00:24:37	00:30:29	00:36:11
6	BOGACKA Lucyna	6	TKKF KOSZALIN	K60+	00:00:28	00:07:38	00:14:46	00:21:58	00:29:14	00:36:37	00:44:01
7	BOGACKI Tomasz	7	TKKF KOSZALIN	M60-69	00:00:26	00:07:09	00:13:57	00:20:51	00:27:43	00:34:37	00:41:33
8	BRZEZIŃSKI Paweł	8		M40-49	00:00:20	00:06:38	00:13:19	00:20:08	00:27:00	00:34:11	00:41:26
9	BUCZKO Katarzyna	9	TRIPAKA PRZECHELEWO	K18-29	00:00:26	00:06:50	00:13:29	00:20:20	00:27:18	00:34:16	00:40:59
10	BUDZIŃSKI Paweł	10	KĘPKA NA TRASIE/DRUŻYNA SZPIKU	M40-49	00:00:25	00:06:31	00:12:43	00:18:52	00:25:12	00:31:37	00:37:46
11	BURDA Robert	11	KOSPEL	M40-49	00:00:20	00:05:55	00:11:31	00:17:10	00:22:52	00:28:34	00:34:16
12	BURKIET Paweł	12		M40-49	00:00:29	00:07:06	00:13:46	00:20:42	00:27:49	00:35:01	00:42:15
13	CHUDZIK Zbigniew	13	TKKF KOSZALIN	M60-69	00:00:26	00:07:04	00:13:42	00:20:24	00:27:05	00:33:46	00:40:29
14	CIECHAŃSKI Michał	14	ZDARTE PODESZWY	M40-49	00:00:31	00:06:49	00:13:19	00:19:56	00:26:33	00:33:43	00:40:43
15	CIEŚLAK Grzegorz	15		M30-39	00:00:37	00:07:43	00:14:58	00:22:17	00:29:39	00:37:00	00:44:11
16	CYGAN Malgorzata	16	KOCURY	K30-39	00:00:22	00:06:06	00:12:00	00:18:02	00:24:06	00:30:11	00:36:16
17	CZERNIAK Gracjan	17		M40-49	00:00:30	00:06:54	00:13:13	00:19:38	00:25:57	00:32:16	00:38:33
18	DANIELAK Tomasz	19		M18-39	00:00:27	00:07:16	00:14:03	00:20:58	00:28:14	00:35:33	00:42:52
19	DĄBROWSKA Alicja	20	TKKF KOSZALIN	K50-59	00:00:25	00:06:53	00:13:31	00:20:08	00:26:43	00:33:14	00:39:40
20	DRULIK-HOŁUB Marta	21		K40-49	00:00:32	00:07:22	00:14:09	00:21:07	00:28:02	00:35:04	00:42:09
21	GAWEŁ Marcin	23	BRAK	M18-39	00:00:19	00:05:27	00:10:56	00:16:42	00:22:29	00:28:23	00:34:28
22	GEDROWICZ Aleksandra	24		K30-39	00:00:29	00:06:44	00:13:34	00:20:37	00:27:36	00:34:46	00:41:57
23	GLEWICZ Sylwia	25	POMORSKIE WILKI	K30-39	00:00:25	00:06:30	00:13:08	00:19:52	00:26:39	00:33:27	00:40:16
24	HISZCZYŃSKA Aleksandra	29	CSSP KOSZALIN	K18-29	00:00:22	00:06:05	00:11:55	00:17:57	00:24:01	00:30:10	00:36:18
25	HOŁUB Kamil	30	MLUKS TRZEBIATÓW	M40-49	00:00:18	00:05:27	00:10:52	00:16:17	00:21:41	00:27:04	00:32:25
26	IWANIEC Darek	31	TKKF KOSZALIN	M40-49	00:00:30	00:07:04	00:13:27	00:19:54	00:26:21	00:32:55	00:39:36
27	KASZTELAN Ula	34	TKKF KOSZALIN	K30-39	00:00:19	00:05:41	00:11:11	00:16:43	00:22:19	00:27:58	00:33:38
28	KNEBLEWSKA Joanna	37		K40-49	00:00:30	00:06:50	00:13:34	00:20:25	00:27:24	00:34:38	00:41:52

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km	Lap_6 8.58km
29	KOZAK Grzegorz	41	FPP	M40-49	00:00:22	00:06:23	00:12:30	00:18:38	00:24:52	00:30:59	00:37:04
30	KOZIEŁ Paweł	42	KOCURY	M40-49	00:00:21	00:05:54	00:11:35	00:17:19	00:23:08	00:28:56	00:34:48
31	KRYNICKA Magdalena	45	MLUKS TRZEBIATÓW	K18-29	00:00:23	00:06:06	00:12:16	00:18:39	00:25:09	00:31:47	00:38:23
32	KRZEWIŃSKA Małgorzata	47	TKKF KOSZALIN	K60+	00:00:26	00:06:58	00:13:32	00:20:10	00:26:45	00:33:18	00:39:50
33	KUBIK Krystian	48	MLUKS TRZEBIATÓW	M18-39	00:00:16	00:05:55	00:12:04	00:18:20	00:24:40	00:31:00	00:37:27
34	KUPCZAK Damian	49	OSP SIANÓW	M30-39	00:00:31	00:07:20	00:14:11	00:21:08	00:28:10	00:35:16	00:42:28
35	LESYK Rafał	50	KOCURY	M30-39	00:00:18	00:05:17	00:10:12	00:15:11	00:20:24	00:25:42	00:30:54
36	MACIĄG Piotr	52	HOMOSAPIE	M40-49	00:00:33	00:07:05	00:13:44	00:20:37	00:27:37	00:34:46	00:41:56
37	MACIEJCZYK Alan	53		M18-39	00:00:24	00:06:46	00:13:21	00:20:23	00:27:40	00:34:47	00:42:00
38	MACIEJCZYK Mateusz	54		M30-39	00:00:22	00:06:24	00:12:33	00:18:44	00:24:55	00:31:18	00:37:30
39	MACKOJĆ Krzysztof	55	EL-MACKOJĆ	M40-49	00:00:19	00:05:29	00:10:47	00:16:07	00:21:27	00:26:50	00:32:15
40	MAZIEC Beata	56	BIEGOLAS KOSZALIN	K30-39	00:00:22	00:06:15	00:12:27	00:18:39	00:24:52	00:30:59	00:37:05
41	MAZUR Tomasz	57	I LO SZCZECINEK	M40-49	00:00:24	00:06:23	00:12:30	00:18:38	00:24:51	00:30:54	00:36:52
42	MAZUR Mirosław	58		M50-59	00:00:27	00:07:09	00:13:57	00:20:51	00:27:43	00:34:37	00:41:33
43	MITUNIEWICZ Adrian	59	BIEGOLAS KOSZALIN	M30-39	00:00:22	00:06:23	00:12:30	00:18:39	00:24:53	00:31:05	00:37:22
44	MOSZYŃSKI Jacek	60	TKKF KOSZALIN	M50-59	00:00:23	00:06:18	00:12:11	00:18:12	00:24:12	00:30:15	00:36:17
45	NOWICKI Michał	61	KB WYGAN	M30-39	00:00:23	00:06:16	00:12:27	00:18:40	00:24:55	00:31:20	00:37:35
46	PAJOR Tomasz	62	HOMOSAPIE	M40-49	00:00:32	00:07:09	00:13:53	00:20:55	00:28:06	00:35:38	00:43:12
47	PAWŁOWSKA Magdalena	63	GAMMAX	K40-49	00:00:32	00:07:43	00:14:57	00:22:15	00:29:39	00:36:59	00:44:21
48	PAWŁOWSKI Grzegorz	64	GAMMAX	M40-49	00:00:28	00:06:36	00:12:59	00:19:31	00:26:04	00:32:36	00:39:10
49	PICK Tomasz	67	BIEGOLAS KOSZALIN	M50-59	00:00:22	00:05:53	00:11:30	00:17:08	00:22:49	00:28:31	00:34:10
50	PIEKUTOWSKI Artur	68		M40-49	00:00:23	00:06:22	00:12:36	00:18:56	00:25:27	00:32:07	00:38:48
51	POŁUBIŃSKI Paweł	70	KOCURY	M40-49	00:00:20	00:05:47	00:11:11	00:16:44	00:22:14	00:27:41	00:33:04
52	RYBAK Daria	71	RYBKA LUBI PŁYWAĆ	K40-49	00:00:32	00:07:43	00:14:57	00:22:15	00:29:39	00:36:59	00:44:21
53	SEROWSKI Łukasz	72	BIEGOLAS KOSZALIN	M30-39	00:00:27	00:06:29	00:12:34	00:18:48	00:25:09	00:31:34	00:38:03
54	SIADAK Arkadiusz	73		M40-49	00:00:18	00:05:24	00:10:29	00:15:35	00:20:43	00:25:51	00:30:52
55	SŁUPCZEWSKI Krzysztof	74	SDROG KOSZALIN KOPARKAKOSZALIN.PL	M40-49	00:00:20	00:05:52	00:11:28	00:17:08	00:22:49	00:28:32	00:34:17
56	SMAGOWSKI Wojciech	75	OSP RĄBINO	M40-49	00:00:24	00:05:54	00:11:33	00:17:19	00:23:10	00:29:03	00:35:02
57	SOCHACKA Marta	76		K30-39	00:00:27	00:06:47	00:13:24	00:20:04	00:26:42	00:33:14	00:39:45
58	SUCHANOWSKI Zygmunt	77	RESPECT LOTYŃ	M50-59	00:00:21	00:06:20	00:12:37	00:19:00	00:25:28	00:31:59	00:38:34
59	SZARŁATA Piotr	80		M30-39	00:00:20	00:05:41	00:11:11	00:16:43	00:22:14	00:27:41	00:33:08
60	SZYMAŃSKI Sylwester	81	SZCZECINECCY BIEGACZE	M40-49	00:00:18	00:05:17	00:10:12	00:15:09	00:20:00	00:24:49	00:29:37
61	SZYMAŃSKI Łukasz	82	MLUKS TRZEBIATÓW	M30-39	00:00:18	00:05:17	00:10:12	00:15:09	00:20:06	00:25:10	00:30:16
62	TROŚNIAK Piotr	83	DZIESIĄTKA BIAŁOGARD	M40-49	00:00:26	00:06:31	00:12:42	00:19:02	00:25:24	00:31:53	00:38:26
63	TWORSKA Magdalena	84	OSP SIANÓW	K18-29	00:00:31	00:07:21	00:14:12	00:21:08	00:28:10	00:35:16	00:42:28
64	WEBER Paweł	88		M30-39	00:00:22	00:06:23	00:12:30	00:18:39	00:24:54	00:31:16	00:37:45
65	WESOŁOWSKI Marcin	89	OBSESJA BIEGANIA	M30-39	00:00:21	00:05:54	00:11:35	00:17:24	00:23:13	00:29:02	00:34:55
66	WILKOWSKI Krzysztof	90	FOR-REST-RUN	M40-49	00:00:29	00:06:50	00:13:20	00:19:56	00:26:33	00:33:13	00:39:52
67	ZWOLIŃSKI Jan	97	TKKF KOSZALIN	M50-59	00:00:20	00:05:54	00:11:30	00:17:08	00:22:48	00:28:32	00:34:16
68	ŻMIJEWSKI Wojciech	98	MJT SERWIS SPORT TEAM	M30-39	00:00:30	00:06:50	00:13:33	00:20:25	00:27:24	00:34:39	00:41:52
69	ŻYSZKIEWICZ Piotr	100	ROZBIEGANA USTKA	M50-59	00:00:32	00:07:25	00:14:14	00:21:07	00:27:55	00:34:43	00:41:30
70	DZIKOŃ Rafał	102		M40-49	00:00:33	00:07:05	00:13:31	00:19:52	00:26:14	00:32:44	00:39:14
71	ZAŁUCKI Maciej	95	ZEN SPORT TEAM	M18-39	00:00:27	00:07:31	00:14:53	00:22:18	00:29:46	00:37:08	00:44:28
72	MACIĄG Paweł	51	HOMOSAPIE	M40-49	00:00:32	00:07:13	00:14:04	00:21:10	00:28:46	00:36:35	00:44:17
73	KARASIEWICZ Robert	33		M40-49	00:00:34	00:07:40	00:14:56	00:22:10	00:29:32	00:37:04	00:44:26

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km	Lap_6 8.58km
74	WYSOCKA Urszula	93	SPORTOWE BIELICE	K30-39	00:00:35	00:07:44	00:15:05	00:22:22	00:29:46	00:37:11	00:44:37
75	URA Marcin	85	MALTAŃSKA	M40-49	00:00:34	00:07:41	00:14:58	00:22:22	00:29:55	00:37:26	00:44:59
76	KOZŁOWIECKI Waldemar	43	TKKF KOSZALIN	M70+	00:00:25	00:07:42	00:15:18	00:22:35	00:29:55	00:37:25	00:44:59
77	ZATOŃ Olga	96	KOCURY	K30-39	00:00:22	00:05:54	00:11:31	00:17:14	00:22:59	00:28:37	00:34:22
78	WYSOCZAŃSKI Daniel	94	ROZBIEGANA USTKA	M40-49	00:00:32	00:08:12	00:15:40	00:23:04	00:30:34	00:37:59	00:45:31
79	SWATOWSKI Łukasz	79		M40-49	00:00:42	00:08:29	00:16:21	00:24:13	00:31:49	00:39:30	00:46:55
80	KOTNOWSKI Marcin	40	MALTAŃSKA	M40-49	00:00:34	00:07:41	00:15:14	00:23:03	00:30:58	00:38:48	00:46:42
81	KNEBLEWSKI Łukasz	38		M40-49	00:00:33	00:08:04	00:15:50	00:23:31	00:31:16	00:39:10	00:46:56
82	KĘSIK Michał	35	ZDARTE PODESZWY	M40-49	00:00:37	00:08:05	00:15:37	00:23:13	00:31:04	00:39:06	00:46:56
83	GUTOWSKI Marek	26		M40-49	00:00:34	00:08:07	00:15:43	00:23:30	00:31:27	00:39:27	00:47:12
84	JUSZCZAK Krzysztof	32		M60-69	00:00:30	00:07:42	00:15:19	00:22:59	00:30:55	00:38:57	00:47:02
85	DYBALSKI Krzysztof	22		M40-49	00:00:37	00:08:00	00:15:42	00:23:28	00:31:20	00:39:23	00:47:19
86	PIETRZYK Rafał	69	KLUB OLIMPIJCZYKA IM IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M30-39	00:00:34	00:08:19	00:16:07	00:24:06	00:31:57	00:39:46	00:47:46
87	PEŁKA Iwona	65		K50-59	00:00:31	00:08:13	00:16:07	00:24:06	00:31:58	00:39:49	00:47:48
88	KOCZOROWSKA Małgorzata	39	SKSG KORONA SZCZECIN	K50-59	00:00:27	00:07:53	00:15:41	00:23:43	00:31:52	00:40:03	00:48:02
89	ŻYSZKIEWICZ Izabela	99	ROZBIEGANA USTKA	K50-59	00:00:32	00:08:30	00:16:32	00:24:24	00:32:21	00:40:26	00:48:29
90	KRUSZYNSKI Stanisław	44	DARŁOWSKIECHARTY.KLUBMORSÓW DARŁOWO	M60-69	00:00:34	00:08:23	00:16:23	00:24:44	00:32:52	00:41:05	00:49:07
91	SWATOWSKI Bartosz	78		M40-49	00:00:42	00:09:18	00:17:48	00:26:15	00:34:33	00:42:55	00:51:22
92	PERSZKE Dawid	66		M18-39	00:00:32	00:07:27	00:15:24	00:24:22	00:32:59	00:42:04	00:50:31
93	MRÓZ Małgorzata	101		K30-39	00:00:35	00:08:12	00:16:07	00:24:17	00:32:39	00:41:18	00:49:53
94	HELLER Zdzisław	28	HERBMARATONOW.PL	M60-69	00:00:37	00:08:24	00:16:32	00:24:55	00:33:22	00:41:57	00:50:30
95	CZYCZYN Angelika	18		K30-39	00:00:36	00:08:13	00:16:14	00:25:00	00:33:41	00:42:17	00:50:51
96	WACHHOLZ Beata	86	KB BRYZA POSTOMINO	K50-59	00:00:31	00:08:19	00:16:31	00:24:54	00:33:32	00:42:13	00:50:56
97	WÓJCICKA Sylwia	91		K30-39	00:00:38	00:09:15	00:18:13	00:27:20	00:36:26	00:45:51	00:54:54
98	KRYNICKA GRZYB Małgorzata	46	MLUKS TRZEBIATÓW	K30-39	00:00:19	00:05:50	00:11:29	00:17:10	00:22:54	00:28:41	00:34:32
99	BARTNIK Marian	103	TKKF KOSZALIN	M70+	00:00:23	00:14:26	00:30:24	00:47:06	00:59:28		

Znaleziono 99 wynik(ów)