

XVIII BIEG 12 MOSTÓW - 5KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XVIII BIEG 12 MOSTÓW
OSIR SŁAWNO
2022-06-25
SŁAWNO
5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	GARSKI Dawid	68	AML SŁUPSK	OPEN -M	1	00:17:01.30		3:24	17.6 (100%)
2	WIRKUS Łukasz	58	LKB IM. BRACI PETK LEBORK	OPEN -M	2	00:17:13.60	+00:00:12 (1.2%)	3:26	17.4 (98.9%)
3	PAPROCKI Krzysztof	37		OPEN -M	3	00:17:37.10	+00:00:35 (3.4%)	3:31	17 (96.6%)
4	GUZOWSKI Denis	14	PRAWIE JAK HERMES	OPEN -M	4	00:18:06.55	+00:01:05 (6.0%)	3:37	16.6 (94.3%)
5	WILCZEWSKI Krzysztof	57	KB SPOKO SŁAWNO	MIASTO M	1	00:18:41.55	+00:01:40 (8.9%)	3:44	16.1 (91.5%)
6	TWARDOWSKI Mateusz	53	AML SŁUPSK	OPEN -M	5	00:19:07.05	+00:02:05 (11.0%)	3:49	15.7 (89.2%)
7	JABŁOŃSKI Tomasz	17	KB SPOKO SŁAWNO	MIASTO M	2	00:19:20.50	+00:02:19 (12.0%)	3:52	15.5 (88.1%)
8	PAPROCKA Ewelina	36	KASZUBI LUZINO	OPEN -K	1	00:19:25.15	+00:02:23 (12.3%)	3:53	15.5 (88.1%)
9	WIRKUS Antonina	59	LKB. IM.BRACI PETK	OPEN -K	2	00:19:43.80	+00:02:42 (13.7%)	3:56	15.2 (86.4%)
10	SZOPIŃSKI Tomasz	48	KB BRYZA POSTOMINO	OPEN -M	6	00:19:49.30	+00:02:48 (14.1%)	3:57	15.1 (85.8%)
11	SMOŁUCH Marcin	45	KB BRYZA POSTOMINO	OPEN -M	7	00:19:50.80	+00:02:49 (14.2%)	3:58	15.1 (85.8%)
12	WITKIEWICZ Eryk	60	KB 10 BIAŁOGARD	OPEN -M	8	00:20:03.40	+00:03:02 (15.1%)	4:00	15 (85.2%)
13	ROSIĄK Damian	40	KB SPOKO SŁAWNO	MIASTO M	3	00:20:11.15	+00:03:09 (15.7%)	4:02	14.9 (84.7%)
14	GUZIK Piotr	13	USB USTKA	OPEN -M	9	00:20:34.45	+00:03:33 (17.3%)	4:06	14.6 (83.0%)
15	CHUDY Henryk	9	KS OLSZEWSKI I SYNOWIE SŁAWSKO	OPEN -M	10	00:20:55.00	+00:03:53 (18.6%)	4:11	14.3 (81.3%)
16	BRZOZOWSKI Piotr	6	AKTYWNI POSTOMINO	MIASTO M	4	00:20:59.25	+00:03:57 (18.9%)	4:11	14.3 (81.3%)
17	TURCZYN Tomasz	52		MIASTO M	5	00:21:20.00	+00:04:18 (20.2%)	4:16	14.1 (80.1%)
18	KOZDRA Piotr	23	KB SPOKO SŁAWNO	MIASTO M	6	00:21:28.20	+00:04:26 (20.7%)	4:17	14 (79.5%)
19	NOWAK Jacek	32		OPEN -M	11	00:21:44.75	+00:04:43 (21.7%)	4:20	13.8 (78.4%)
20	WIELGAT Łukasz	69	KB BRYZA POSTOMINO	OPEN -M	12	00:22:02.30	+00:05:01 (22.8%)	4:24	13.6 (77.3%)
21	MAZIEC Beata	26	BIEGOLAS KOSZALIN/ TKKF KOSZALIN	OPEN -K	3	00:22:04.85	+00:05:03 (22.9%)	4:24	13.6 (77.3%)
22	BIERNAT Szymon	65		MIASTO M	7	00:22:24.85	+00:05:23 (24.1%)	4:28	13.4 (76.1%)
23	HARBUTIAK Monika	72		OPEN -K	4	00:22:48.15	+00:05:46 (25.4%)	4:33	13.2 (75.0%)
24	KACZMAREK Marta	18	KB SPOKO SŁAWNO	MIASTO K	1	00:23:09.35	+00:06:08 (26.5%)	4:37	13 (73.9%)
25	ANTOSIK Grzegorz	2		OPEN -M	13	00:23:11.70	+00:06:10 (26.6%)	4:38	12.9 (73.3%)
26	GOSTOMCZYK Krzysztof	12	KB SPOKO	MIASTO M	8	00:23:17.15	+00:06:15 (26.9%)	4:39	12.9 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
27	OLSZAR Grzegorz	33	DARŁOWSKIE CHARTY	OPEN -M	14	00:23:38.80	+00:06:37 (28.0%)	4:43	12.7 (72.2%)
28	GAWĘDA Emil	10	DARŁOWSKIE CHARTY	OPEN -M	15	00:23:49.80	+00:06:48 (28.6%)	4:45	12.6 (71.6%)
29	PROTASEWICZ Andrzej	38	KB SPOKO SŁAWNO	MIASTO M	9	00:24:01.95	+00:07:00 (29.2%)	4:48	12.5 (71.0%)
30	NOSAL Emilia	31	DARŁOWSKIE CHARTY	OPEN -K	5	00:24:02.75	+00:07:01 (29.2%)	4:48	12.5 (71.0%)
31	BOGACKI Tomasz	5	TKKF KOSZALIN	OPEN -M	16	00:24:13.75	+00:07:12 (29.7%)	4:50	12.4 (70.5%)
32	KOWALCZYK Aleksandra	22		MIASTO K	2	00:24:21.35	+00:07:20 (30.1%)	4:52	12.3 (69.9%)
33	KULCZYK Katarzyna	24	KB BRYZA POSTOMINO	OPEN -K	6	00:24:31.90	+00:07:30 (30.6%)	4:54	12.2 (69.3%)
34	WITKOWSKI Dawid	61		MIASTO M	10	00:24:47.80	+00:07:46 (31.4%)	4:57	12.1 (68.8%)
35	PACHUTA Damian	35		OPEN -M	17	00:24:52.70	+00:07:51 (31.6%)	4:58	12.1 (68.8%)
36	WALCZAK Anna	55		OPEN -K	7	00:25:02.15	+00:08:00 (32.0%)	5:00	12 (68.2%)
37	KANIOWSKI Jacek	19	W.P.K SŁOŃ TEAM USTKA	MIASTO M	11	00:25:04.90	+00:08:03 (32.1%)	5:00	12 (68.2%)
38	KONECKI Dariusz	20	KB SPOKO SŁAWNO	MIASTO M	12	00:25:14.30	+00:08:13 (32.6%)	5:02	11.9 (67.6%)
39	SZYMBORSKI Wojciech	50		MIASTO M	13	00:25:53.00	+00:08:51 (34.2%)	5:10	11.6 (65.9%)
40	GERTIG Anna	11	ADIDAS RUNNERS POZNAŃ	MIASTO K	3	00:26:06.80	+00:09:05 (34.8%)	5:13	11.5 (65.3%)
41	NOWACKI Zbigniew	66		OPEN -M	18	00:26:16.15	+00:09:14 (35.2%)	5:15	11.4 (64.8%)
42	ANTOSIK Grazyna	1	KS OLSZEWSKI I SYNOWIE	KB Olszewscy i Synowie K	1	00:26:26.25	+00:09:24 (35.6%)	5:17	11.3 (64.2%)
43	BOGACKA Lucyna	4	TKKF KOSZALIN	OPEN -K	8	00:26:39.75	+00:09:38 (36.2%)	5:19	11.3 (64.2%)
44	HANC Michal	16	HAJALE16	MIASTO M	14	00:27:06.90	+00:10:05 (37.2%)	5:25	11.1 (63.1%)
45	RZECZKOWSKA Edyta	42		MIASTO K	4	00:27:09.80	+00:10:08 (37.3%)	5:25	11 (62.5%)
46	CHRYSTYNIUK Piotr	74		OPEN -M	19	00:27:17.10	+00:10:15 (37.6%)	5:27	11 (62.5%)
47	KOMAR Agnieszka	70	KB SPOKO SŁAWNO	MIASTO K	5	00:27:38.70	+00:10:37 (38.4%)	5:31	10.9 (61.9%)
48	SUŁEK Dorota	47	KB BRYZA POSTOMINO	OPEN -K	9	00:28:03.75	+00:11:02 (39.3%)	5:36	10.7 (60.8%)
49	KONKEL Joanna	21	MKS ŚWIĘC SŁAWNO	MIASTO K	6	00:28:12.50	+00:11:11 (39.7%)	5:38	10.6 (60.2%)
50	BUZE Małgorzata	8	KB OLSZEWSKI I SYNOWIE	MIASTO K	7	00:28:29.75	+00:11:28 (40.3%)	5:41	10.5 (59.7%)
51	MAJ Agnieszka	25		MIASTO K	8	00:28:29.80	+00:11:28 (40.3%)	5:41	10.5 (59.7%)
52	WOZNIAK Dariusz	62	WWW.LIMO300C.COM	MIASTO M	15	00:28:40.25	+00:11:38 (40.6%)	5:44	10.5 (59.7%)
53	TELESIEWICZ Henryk	51	KB SPOKO	MIASTO M	16	00:28:47.20	+00:11:45 (40.9%)	5:45	10.4 (59.1%)
54	SZCZECIŃSKA Katarzyna	73		MIASTO K	9	00:29:02.20	+00:12:00 (41.4%)	5:48	10.3 (58.5%)
55	MOTOWIDŁO-ZAWADZKA Izabella	29		OPEN -K	10	00:29:07.35	+00:12:06 (41.6%)	5:49	10.3 (58.5%)
56	OSTROWSKI Paweł	34	PARAFIA ŚW. ANTONIEGO :-)	MIASTO M	17	00:30:24.80	+00:13:23 (44.0%)	6:04	9.9 (56.3%)
57	BIERNAT Karolina	3		MIASTO K	10	00:30:54.35	+00:13:53 (44.9%)	6:10	9.7 (55.1%)
58	BUTOWICZ Adam	7		OPEN -M	20	00:32:00.45	+00:14:59 (46.8%)	6:24	9.4 (53.4%)
59	WACHHOLZ Beata	54	KB BRYZA POSTOMINO	OPEN -K	11	00:32:57.55	+00:15:56 (48.4%)	6:35	9.1 (51.7%)
60	SŁUPECKA Aneta	43		OPEN -K	12	00:33:27.20	+00:16:25 (49.1%)	6:41	9 (51.1%)
60	SŁUPECKI Maciej	44		OPEN -M	21	00:33:27.20	+00:16:25 (49.1%)	6:41	9 (51.1%)
62	STĘPIEŃ Karolina	46		MIASTO K	11	00:34:09.35	+00:17:08 (50.2%)	6:49	8.8 (50.0%)
63	PROTASEWICZ Renata	39	KB SPOKO SŁAWNO	MIASTO K	12	00:34:16.70	+00:17:15 (50.3%)	6:51	8.8 (50.0%)
64	KRAKOWSKA Małgorzata	67		OPEN -K	13	00:34:17.50	+00:17:16 (50.4%)	6:51	8.8 (50.0%)
65	MAŁEK Weronika	101		MIASTO K	13	00:34:35.35	+00:17:34 (50.8%)	6:55	8.7 (49.4%)
66	MIKLASIŃSKA - KAMELSKA Monika	28	KB SPOKO SŁAWNO	MIASTO K	14	00:34:36.80	+00:17:35 (50.8%)	6:55	8.7 (49.4%)
66	ZDUNEK Katarzyna	63		MIASTO K	14	00:34:36.80	+00:17:35 (50.8%)	6:55	8.7 (49.4%)