

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1 Okrażenie 1km	2 Okrażenie 2km	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
1	TOKARSKI Piotr	157		M Open	1	00:00:00	00:03:14	00:06:29	00:09:53.55	00:09:54.40		3:17	18.2 (100%)
2	KLECZEWSKI Piotr	64		M Open	2	00:00:01	00:03:20	00:06:44	00:10:16.00	00:10:17.00	+00:00:22 (3.6%)	3:25	17.5 (96.2%)
3	HILDEBRAND Marcin	54		M Open	3	00:00:01	00:03:20	00:06:51	00:10:24.40	00:10:25.60	+00:00:30 (4.9%)	3:28	17.3 (95.1%)
4	KAŻMIERCZAK Marta	43		K Open	1	00:00:01	00:03:39	00:07:28	00:11:15.50	00:11:16.65	+00:01:21 (12.1%)	3:45	16 (87.9%)
5	BUJNOWSKA Małgorzata	22		K Open	2	00:00:00	00:03:54	00:08:11	00:12:17.30	00:12:17.70	+00:02:23 (19.5%)	4:05	14.7 (80.8%)
6	KNYCHAS Darek	69	PZU SPORT TEAM	M Open	4	00:00:01	00:04:04	00:08:16	00:12:18.90	00:12:20.40	+00:02:25 (19.7%)	4:06	14.6 (80.2%)
7	SKAWSKI Jan	146	VEGAS WĘGORZEWO RUNNING	M Open	5	00:00:01	00:04:11	00:08:25	00:12:33.05	00:12:34.10	+00:02:39 (21.2%)	4:11	14.3 (78.6%)
8	MIĄSKO Wojciech	101	12TRI.PL	M Open	7	00:00:02	00:04:10	00:08:28	00:12:44.80	00:12:46.95	+00:02:51 (22.4%)	4:14	14.1 (77.5%)
9	TCHÓRZEWSKI Jakub	154		M Open	6	00:00:10	00:03:17	00:06:06	00:12:38.85	00:12:49.80	+00:02:45 (21.8%)	4:12	14.2 (78.0%)
9	PILECKI Adrian	120		M Open	8	00:00:01	00:03:54	00:08:15	00:12:48.00	00:12:49.80	+00:02:54 (22.7%)	4:16	14.1 (77.5%)
11	SZEWczyk Tomasz	150		M Open	9	00:00:03	00:04:08	00:08:31	00:12:59.10	00:13:02.10	+00:03:05 (23.8%)	4:19	13.9 (76.4%)
12	SZCZERBA Łukasz	149	W POGONI ZA DUCHEM	M Open	10	00:00:07	00:04:16	00:08:46	00:13:07.45	00:13:14.90	+00:03:13 (24.6%)	4:22	13.7 (75.3%)
13	BOMBAŁA Mateusz	19		M Open	11	00:00:06	00:04:16	00:08:47	00:13:09.55	00:13:16.35	+00:03:16 (24.8%)	4:23	13.7 (75.3%)
14	CHOJNOWSKA Magdalena	26		K Open	3	00:00:01	00:04:09	00:08:43	00:13:22.25	00:13:23.90	+00:03:28 (26.0%)	4:27	13.5 (74.2%)
15	PACHNIK Karol	111		M Open	12	00:00:06	00:04:28	00:09:05	00:13:29.20	00:13:36.15	+00:03:35 (26.6%)	4:29	13.3 (73.1%)
16	KUPNIEWSKI Sebastian	79		M Open	15	00:00:01	00:04:05	00:08:46	00:13:34.90	00:13:36.35	+00:03:41 (27.2%)	4:31	13.3 (73.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1	2	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
							Okrażenie 1km	Okrażenie 2km					
17	CHUDZIK Sebastian	32		M Open	14	00:00:07	00:04:26	00:08:55	00:13:30.30	00:13:37.65	+00:03:36 (26.7%)	4:30	13.3 (73.1%)
18	APANOWICZ Angelika	11	EKOBIEGI	K Open	4	00:00:08	00:04:30	00:08:58	00:13:29.35	00:13:38.30	+00:03:35 (26.7%)	4:29	13.3 (73.1%)
19	PARADOWSKA Krzysztof	116		M Open	13	00:00:11	00:04:40	00:09:08	00:13:29.60	00:13:40.90	+00:03:36 (26.7%)	4:29	13.3 (73.1%)
20	SZMIGIELSKI Krystian	151		M Open	16	00:00:02	00:04:11	00:08:56	00:13:51.90	00:13:54.80	+00:03:58 (28.7%)	4:37	13 (71.4%)
21	REWERA Robert	132	PKO BANK POLSKI	M Open	17	00:00:02	00:04:30	00:09:16	00:13:54.20	00:13:56.70	+00:04:00 (28.8%)	4:38	12.9 (70.9%)
22	FILIPOWICZ Natalia	39		K Open	5	00:00:03	00:04:31	00:09:10	00:13:57.65	00:14:01.35	+00:04:04 (29.1%)	4:39	12.9 (70.9%)
23	ZACZYK Jakub	175	OLYMPUS	M Open	18	00:00:04	00:04:41	00:09:16	00:13:58.50	00:14:03.35	+00:04:04 (29.2%)	4:39	12.9 (70.9%)
24	DĘBSKI Grzegorz	38		M Open	20	00:00:01	00:04:33	00:09:32	00:14:03.30	00:14:05.25	+00:04:09 (29.6%)	4:41	12.8 (70.3%)
25	BRZozowska Magdalena	21	BIEGUSTATORZY	K Open	6	00:00:01	00:04:30	00:09:17	00:14:04.55	00:14:06.10	+00:04:11 (29.7%)	4:41	12.8 (70.3%)
26	KĄKOL Tomasz	62		M Open	19	00:00:06	00:04:30	00:09:11	00:14:02.65	00:14:09.35	+00:04:09 (29.6%)	4:40	12.8 (70.3%)
27	BOGUCKI Dariusz	18		M Open	23	00:00:04	00:04:37	00:09:30	00:14:10.60	00:14:14.80	+00:04:17 (30.2%)	4:43	12.7 (69.8%)
28	PUŁAWSKA Gabriela	126		K Open	7	00:00:06	00:04:36	00:09:24	00:14:11.75	00:14:18.50	+00:04:18 (30.3%)	4:43	12.7 (69.8%)
29	PIOTROWSKI Arek	65		M Open	22	00:00:11	00:04:46	00:09:29	00:14:07.85	00:14:19.55	+00:04:14 (30.0%)	4:42	12.8 (70.3%)
30	PUSTY Tomasz	129		M Open	21	00:00:14	00:04:36	00:09:24	00:14:06.10	00:14:20.20	+00:04:12 (29.8%)	4:42	12.8 (70.3%)
31	CHOTKIEWICZ Ola	27		K Open	8	00:00:06	00:04:42	00:09:33	00:14:15.20	00:14:21.70	+00:04:21 (30.6%)	4:45	12.6 (69.2%)
32	KONIEC Kamil	70		M Open	24	00:00:02	00:04:28	00:09:18	00:14:25.60	00:14:28.20	+00:04:32 (31.4%)	4:48	12.5 (68.7%)
33	KWIATKOWSKI Maciej	81		M Open	25	00:00:06	00:04:04	00:09:21	00:14:28.05	00:14:34.90	+00:04:34 (31.6%)	4:49	12.4 (68.1%)
34	RADZIKOWSKI Franek	130		M Open	26	00:00:04	00:04:39	00:09:37	00:14:34.30	00:14:38.35	+00:04:40 (32.1%)	4:51	12.4 (68.1%)
35	LEWTAK Adam	86		M Open	27	00:00:05	00:05:02	00:10:01	00:14:40.15	00:14:45.90	+00:04:46 (32.6%)	4:53	12.3 (67.6%)
36	FREITES Luis	25		M Open	28	00:00:01	00:04:57	00:09:54	00:14:44.70	00:14:46.00	+00:04:51 (32.9%)	4:54	12.2 (67.0%)
37	BORYSZKOWSKA Iwona	20	12TRI	K Open	9	00:00:03	00:04:53	00:09:57	00:14:48.80	00:14:52.40	+00:04:55 (33.2%)	4:56	12.2 (67.0%)
38	NOGAŃSKA Żaneta	106		K Open	10	00:00:02	00:04:27	00:09:42	00:14:53.70	00:14:56.30	+00:05:00 (33.6%)	4:57	12.1 (66.5%)
39	LESZCZYŃSKA Maja	84	KS CZEMPION WARSZAWA	K Open	12	00:00:02	00:04:36	00:09:41	00:14:59.85	00:15:02.65	+00:05:06 (34.0%)	4:59	12 (65.9%)

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							Okrażenie 1km	Okrażenie 2km					
39	SKOWROŃSKI Wojciech	147		M Open	29	00:00:06	00:04:59	00:10:04	00:14:56.20	00:15:02.65	+00:05:02 (33.8%)	4:58	12.1 (66.5%)
41	CIEŚLIKOWSKA Dominika	33		K Open	11	00:00:05	00:04:54	00:10:00	00:14:59.00	00:15:04.80	+00:05:05 (34.0%)	4:59	12 (65.9%)
42	NIEMIEC Wojciech	104		M Open	30	00:00:09	00:04:41	00:09:53	00:15:03.45	00:15:13.25	+00:05:09 (34.3%)	5:01	12 (65.9%)
43	GÓRSKI Norbert	49		M Open	31	00:00:07	00:04:51	00:09:54	00:15:06.15	00:15:13.80	+00:05:12 (34.5%)	5:02	11.9 (65.4%)
44	NOWAKOWSKA Beata	108	RACEFIGHTER GOSIR DĘBE WIELKIE	K Open	13	00:00:07	00:05:00	00:10:12	00:15:09.55	00:15:16.85	+00:05:16 (34.7%)	5:03	11.9 (65.4%)
45	OLSZEWSKA Dorota	110	BRACTWO BIEGOWE BGK	K Open	14	00:00:00	00:05:01	00:10:44	00:15:34.00	00:15:34.00	+00:05:40 (36.5%)	5:11	11.6 (63.7%)
46	CHRAPEK Krzysztof	30		M Open	32	00:00:09	00:05:43	00:10:46	00:15:25.05	00:15:34.15	+00:05:31 (35.8%)	5:08	11.7 (64.3%)
47	STRUDZIŃSKI Jakub	41		M Open	33	00:00:07	00:05:06	00:10:19	00:15:36.60	00:15:44.55	+00:05:43 (36.6%)	5:12	11.5 (63.2%)
48	LEWTAK Piotr	87		M Open	35	00:00:04	00:05:17	00:10:32	00:15:40.20	00:15:44.90	+00:05:46 (36.9%)	5:13	11.5 (63.2%)
49	PUŁAWSKA Radosław	127		M Open	34	00:00:07	00:04:54	00:10:11	00:15:38.65	00:15:45.80	+00:05:45 (36.8%)	5:12	11.5 (63.2%)
50	ŁOŚ Krzysztof	89	SBRT/BIEGUNI 2022	M Open	36	00:00:04	00:05:06	00:10:27	00:15:43.65	00:15:48.20	+00:05:50 (37.1%)	5:14	11.5 (63.2%)
51	KURZACZ Katarzyna	80	12TRI.PL	K Open	15	00:00:05	00:05:05	00:10:27	00:15:43.85	00:15:49.50	+00:05:50 (37.1%)	5:14	11.5 (63.2%)
52	WIECZORKIEWICZ Lech	167	NIE W SZCZEPIONKĘ TEAM	M Open	37	00:00:03	00:04:41	00:10:14	00:15:48.85	00:15:52.55	+00:05:55 (37.4%)	5:16	11.4 (62.6%)
53	WIŚNIEWSKI Bartłomiej	170		M Open	38	00:00:03	00:04:56	00:10:30	00:15:55.65	00:15:59.10	+00:06:02 (37.9%)	5:18	11.3 (62.1%)
54	HAWRYŁUK-STASIAK Ewa	53	BIEGUNI 2022	K Open	16	00:00:04	00:04:58	00:10:25	00:15:56.25	00:16:00.25	+00:06:02 (37.9%)	5:18	11.3 (62.1%)
55	WÓJCIKIEWICZ Rafał	173		M Open	39	00:00:09	00:05:08	00:10:44	00:16:01.35	00:16:10.35	+00:06:07 (38.3%)	5:20	11.2 (61.5%)
56	CHRAPEK Adam	31		M Open	40	00:00:09	00:05:41	00:10:45	00:16:01.75	00:16:11.15	+00:06:08 (38.3%)	5:20	11.2 (61.5%)
57	LULA Magdalena	88		K Open	17	00:00:07	00:05:16	00:10:50	00:16:10.40	00:16:17.70	+00:06:16 (38.8%)	5:23	11.1 (61.0%)
58	JAWORSKA Karolina	60		K Open	18	00:00:05	00:05:27	00:10:53	00:16:12.25	00:16:17.25	+00:06:18 (39.0%)	5:24	11.1 (61.0%)
59	MACIEJEWSKI Tomasz Mikołaj	91		M Open	41	00:00:10	00:05:24	00:10:49	00:16:14.10	00:16:24.80	+00:06:20 (39.1%)	5:24	11.1 (61.0%)
60	PISKORSKA Agnieszka	122		K Open	19	00:00:10	00:05:22	00:10:53	00:16:15.90	00:16:26.60	+00:06:22 (39.2%)	5:25	11.1 (61.0%)
61	GRZESIAK Jan	52	LEGIA	M Open	42	00:00:09	00:05:09	00:10:43	00:16:17.65	00:16:27.05	+00:06:24 (39.3%)	5:25	11.1 (61.0%)
62	NOWAK Edyta	107		K Open	20	00:00:04	00:05:29	00:11:01	00:16:28.55	00:16:32.55	+00:06:35 (40.0%)	5:29	10.9 (59.9%)

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							Okrażenie 1km	Okrażenie 2km					
63	BUKOWSKI Janusz	23	STOWARZYSZENIE DAĆ SIEBIE INNYM	M Open	43	00:00:01	00:05:38	00:11:01	00:16:28.85	00:16:30.60	+00:06:35 (40.0%)	5:29	10.9 (59.9%)
64	MUZYKA Kacper John	103		M Open	44	00:00:01	00:05:15	00:10:56	00:16:38.95	00:16:40.70	+00:06:45 (40.6%)	5:32	10.8 (59.3%)
65	PŁUSA Jerzy	123		M Open	45	00:00:02	00:05:24	00:11:03	00:16:41.50	00:16:44.20	+00:06:47 (40.7%)	5:33	10.8 (59.3%)
66	LEWTAK Ewa	85	12TRI.PL / TEAM ZABIEGANEDNI	K Open	21	00:00:05	00:05:31	00:11:06	00:16:43.55	00:16:49.05	+00:06:50 (40.9%)	5:34	10.8 (59.3%)
67	HULANICKI Andrzej	57		M Open	46	00:00:05	00:05:30	00:11:06	00:16:45.45	00:16:50.90	+00:06:51 (41.0%)	5:35	10.7 (58.8%)
67	MIĄSKO Renata	100		K Open	22	00:00:06	00:05:32	00:11:15	00:16:45.45	00:16:51.50	+00:06:51 (41.0%)	5:35	10.7 (58.8%)
69	KWIATKOWSKI Tomasz	42	NBRC	M Open	47	00:00:10	00:06:04	00:11:45	00:16:51.55	00:17:02.50	+00:06:58 (41.3%)	5:37	10.7 (58.8%)
70	RZEPKA Mirek	135		M Open	48	00:00:10	00:05:37	00:11:22	00:16:59.95	00:17:10.30	+00:07:06 (41.8%)	5:39	10.6 (58.2%)
71	BODALSKI Jacek	16		M Open	49	00:00:09	00:05:37	00:11:23	00:17:26.10	00:17:36.00	+00:07:32 (43.3%)	5:48	10.3 (56.6%)
72	CIEŚLIKOWSKA Agata	34		K Open	23	00:00:06	00:05:34	00:11:31	00:17:27.10	00:17:33.20	+00:07:33 (43.3%)	5:49	10.3 (56.6%)
73	ZAKRZEWSKA Anna	176		K Open	24	00:00:04	00:05:27	00:11:21	00:17:28.80	00:17:33.15	+00:07:35 (43.4%)	5:49	10.3 (56.6%)
74	MATYSIAK Agnieszka	99		K Open	25	00:00:08	00:05:28	00:11:25	00:17:31.20	00:17:39.85	+00:07:37 (43.5%)	5:50	10.3 (56.6%)
75	GRABOWSKA Kasia	50		K Open	26	00:00:07	00:05:45	00:11:43	00:17:43.20	00:17:51.10	+00:07:49 (44.2%)	5:54	10.2 (56.0%)
76	JANUSZKIEWICZ Patrycja	59		K Open	27	00:00:03	00:05:33	00:11:42	00:17:44.20	00:17:47.20	+00:07:50 (44.2%)	5:54	10.2 (56.0%)
77	SIKORA Kalina	144		K Open	28	00:00:10	00:05:54	00:12:25	00:18:01.25	00:18:11.40	+00:08:07 (45.1%)	6:00	10 (54.9%)
78	SIKORA Zuzanna	142	PZU SPORT TEAM	K Open	29	00:00:10	00:05:54	00:12:24	00:18:03.65	00:18:13.70	+00:08:10 (45.2%)	6:01	10 (54.9%)
79	ARSENIUK Sylwia	12		K Open	30	00:00:06	00:05:39	00:12:00	00:18:06.45	00:18:12.80	+00:08:12 (45.4%)	6:02	9.9 (54.4%)
80	ŚMIETAŃSKA Beata	153		K Open	31	00:00:03	00:05:33	00:11:57	00:18:08.80	00:18:11.95	+00:08:15 (45.5%)	6:02	9.9 (54.4%)
81	CHRAPEK Agnieszka	29		K Open	32	00:00:10	00:05:57	00:12:11	00:18:09.10	00:18:19.60	+00:08:15 (45.5%)	6:03	9.9 (54.4%)
82	CHRAPEK Piotr	28		M Open	50	00:00:10	00:05:57	00:12:11	00:18:09.15	00:18:19.30	+00:08:15 (45.5%)	6:03	9.9 (54.4%)
83	VALIIEVA Aliia	159		K Open	33	00:00:08	00:05:43	00:12:13	00:18:30.80	00:18:39.60	+00:08:37 (46.6%)	6:10	9.7 (53.3%)
84	BAJOREK Jacek	13		M Open	51	00:00:08	00:05:36	00:12:06	00:18:59.05	00:19:07.95	+00:09:05 (47.9%)	6:19	9.5 (52.2%)
85	ZAWADZKA Aleksandra	178		K Open	34	00:00:16	00:06:22	00:12:34	00:19:01.10	00:19:17.90	+00:09:07 (48.0%)	6:20	9.5 (52.2%)

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86	ZAWADZKI Konrad	179		M Open	52	00:00:16	00:06:23	00:12:34	00:19:01.20	00:19:17.80	+00:09:07 (48.0%)	6:20	9.5 (52.2%)
87	PARADOWSKA Aleksandra	115		K Open	35	00:00:12	00:06:05	00:12:42	00:19:13.40	00:19:25.70	+00:09:19 (48.5%)	6:24	9.4 (51.6%)
88	KISIELEWICZ Bożena	63	BIEGOWY WARIAT RUNNING TEAM	K Open	36	00:00:11	00:06:13	00:12:42	00:19:23.10	00:19:34.80	+00:09:29 (49.0%)	6:27	9.3 (51.1%)
89	LESZCZYŃSKA Monika	83	TEAMZABIEGANEDNI	K Open	37	00:00:03	00:06:13	00:13:08	00:19:48.60	00:19:51.65	+00:09:55 (50.1%)	6:36	9.1 (50.0%)
90	KOWALCZYK Bogdan	72	WARSZAWA-BRÓDNO	M Open	53	00:00:09	00:06:37	00:13:18	00:19:53.85	00:20:03.65	+00:10:00 (50.3%)	6:37	9.1 (50.0%)
Przekroczony limit czasu: 00:20:00													
91	WRÓBLEWSKI Mariusz	66	NASZA PAKA BIEGA	M Open	54	00:00:09	00:06:11	00:13:14	00:20:26.45	00:20:35.85	+00:10:32 (51.6%)	6:48	8.8 (48.4%)
92	KLUSEK Jolanta	68		K Open	38	00:00:03	00:06:55	00:14:02	00:21:08.95	00:21:12.85	+00:11:15 (53.2%)	7:02	8.5 (46.7%)
93	SZYSZKA Urszula	152		K Open	39	00:00:11	00:06:51	00:14:07	00:21:16.30	00:21:28.20	+00:11:22 (53.5%)	7:05	8.5 (46.7%)
94	WRÓBLEWSKA Joanna	174		K Open	40	00:00:07	00:07:07	00:14:46	00:22:21.45	00:22:29.25	+00:12:27 (55.8%)	7:27	8.1 (44.5%)
95	PARADOWSKA Malgorzata	114		K Open	41	00:00:13	00:06:50	00:14:50	00:22:56.05	00:23:09.15	+00:13:02 (56.9%)	7:38	7.8 (42.9%)
96	PARADOWSKA Anna	113		K Open	42	00:00:12	00:06:50	00:14:51	00:22:56.60	00:23:09.10	+00:13:03 (56.9%)	7:38	7.8 (42.9%)
97	REDA Alicja	131	TZD	K Open	43	00:00:11	00:07:40	00:15:49	00:23:55.70	00:24:07.40	+00:14:02 (58.7%)	7:58	7.5 (41.2%)
	MAŁEK Stanisław	93		M Open		DNF	00:06:13 DNF	00:13:18 DNF	DNF	DNF		-	- (0.0%)
	MAŁEK Zuzia	94		K Open		DNF	00:06:13 DNF	00:13:18 DNF	DNF	DNF		-	- (0.0%)
	GONTAREK Antonina	46		K Open		DNF	00:06:40 DNF	00:13:29 DNF	DNF	DNF		-	- (0.0%)
	PUŁAWSKI Paweł	128		M Open		DNF	00:04:36 DNF	00:14:11 DNF	DNF	DNF		-	- (0.0%)
	CZESZEJKO SOCHACKA Katarzyna	109		K Open		DNF	00:06:35 DNF	00:14:49 DNF	DNF	DNF		-	- (0.0%)
	CZESZEJKO SOCHACKI Filip	24		M Open		DNF	00:06:38 DNF	00:14:51 DNF	DNF	DNF		-	- (0.0%)
	PRZELASKOWSKA Dorota	125		K Open		DNF	00:06:58 DNF	00:15:20 DNF	DNF	DNF		-	- (0.0%)
	SIKORA Kaja	143		K Open		DNF	00:06:58 DNF	00:15:20 DNF	DNF	DNF		-	- (0.0%)
	STANICKA Grażyna	148	SAN	K Open		DNF	00:09:12 DNF	DNF	DNF	DNF		-	- (0.0%)
	MAŁEK Marysia	95		K Open		DNF	00:17:10 DNF	DNF	DNF	DNF		-	- (0.0%)
	MAŁEK Karolina	96		K Open		DNF	00:17:11 DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1 Okrażenie 1km	2 Okrażenie 2km	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
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Znaleziono 108 wynik(ów)