

ZIMOWA BIESZCZADZKA DYCHA 2015

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: OTK Rzeźnik
Data: 2015-01-25
Miejsce: Cisna
Dystans: 10 km

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Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SZYBISTY Grzegorz	163	WROCANKA	M40	1	00:47:04.30	00:47:08.05		4:42	12.7 (100%)
2	SZCZUR Wiesław	105	NOWA DĘBA	M40	2	00:47:38.60	00:48:11.10	+00:01:03 (2.2%)	4:45	12.6 (99.2%)
3	WAJCOWICZ Witold	116	SANOK	M40	3	00:48:26.80	00:48:35.70	+00:01:27 (3.0%)	4:50	12.4 (97.6%)
4	RUDNICKI Tomasz	87	BIEGUNKA TEAM POLSKA	M40	4	00:48:37.05	00:49:17.45	+00:02:09 (4.4%)	4:51	12.3 (96.9%)
5	WOJTKIEWICZ Jarosław	130	PODKOWA LEŚNA	M40	5	00:49:49.75	00:50:00.20	+00:02:52 (5.7%)	4:59	12 (94.5%)
6	BOŻĘTKA Józef	11	POLANA	M40	6	00:49:00.30	00:50:06.65	+00:02:58 (5.9%)	4:54	12.2 (96.1%)
7	ZDEB Krzysztof	164	WROCANKA	M40	7	00:50:12.30	00:50:15.55	+00:03:07 (6.2%)	5:01	12 (94.5%)
8	WRÓBEL Bartłomiej	135	CISNA	M40	8	00:50:31.95	00:50:42.70	+00:03:34 (7.1%)	5:03	11.9 (93.7%)
9	BYKOWSKI Andrzej	16		M40	9	00:51:29.50	00:52:33.00	+00:05:24 (10.3%)	5:09	11.7 (92.1%)
10	WALICKI Sebastian	117	MORSY	M40	10	00:51:28.75	00:52:37.50	+00:05:29 (10.4%)	5:08	11.7 (92.1%)
11	RESZTYŁO Grzegorz	165	AŃCUT	M40	11	00:53:42.05	00:53:54.75	+00:06:46 (12.6%)	5:22	11.2 (88.2%)
12	STEC Sebastian	162	WARSZAWA	M40	12	00:53:48.10	00:54:26.35	+00:07:18 (13.4%)	5:22	11.2 (88.2%)
13	WNĘK Bogumił	172	BOGUCHWAŁA	M40	13	00:54:15.95	00:54:27.10	+00:07:19 (13.4%)	5:25	11.1 (87.4%)
14	LOREK Marek	57	DĘBICA	M40	14	00:55:06.85	00:56:03.80	+00:08:55 (15.9%)	5:30	10.9 (85.8%)
15	GUCWA Jarosław	33	KRZYŻANOWICE	M40	15	00:56:29.10	00:56:45.75	+00:09:37 (17.0%)	5:38	10.6 (83.5%)
16	KOZŁOWSKI Bartłomiej	175	KIELCE	M40	16	00:56:20.40	00:57:04.00	+00:09:55 (17.4%)	5:38	10.6 (83.5%)
17	KORNIŁOW Piotr	148	WARSZAWA	M40	17	00:57:52.10	00:58:32.00	+00:11:23 (19.5%)	5:47	10.4 (81.9%)
18	KONIK Jarosław	46	BBL KRAKÓW	M40	18	00:57:33.60	00:58:49.45	+00:11:41 (19.9%)	5:45	10.4 (81.9%)
19	KAŁUCKI Adam	42	BBL KRAKÓW	M40	19	00:58:15.20	00:59:30.95	+00:12:22 (20.8%)	5:49	10.3 (81.1%)
20	PRASEK Artur	83	ALFA STAR RADOM	M40	20	01:01:12.35	01:01:31.40	+00:14:23 (23.4%)	6:07	9.8 (77.2%)
21	BOLANOWSKI Piotr	139	DOMARAC	M40	21	01:14:53.50	01:15:01.50	+00:27:53 (37.2%)	7:29	8 (63.0%)
22	MIRECKI Jan	65	WARSZAWA	M40	22	01:30:04.55	01:31:19.10	+00:44:11 (48.4%)	9:00	6.7 (52.8%)

Znaleziono 22 wynik(ów)