ZIMOWA MILA GÓRSKA 2016/2017 - EDYCJA 4/6

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-01-25
Miejsce: Koszalin
Dystans: 1.609 km

Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.609km	Czas brutto 1.609km	Różn	Tempo min/km	Tempo km/h
1	**ORZECHOWSKI Kamil**	**149**		M-18	1	00:00:01	**00:06:34.40**	**00:06:35.85**		4:04	14.7 (100%)
2	**SZEWCZUK Paweł**	**94**		M-30	1	00:00:02	**00:06:51.65**	**00:06:54.25**	+00:00:17 (4.2%)	4:15	14.1 (95.9%)
3	**SZULC Arek**	**41**	ROZBIEGANY KOSZALIN	M-40	1	00:00:08	**00:07:05.55**	**00:07:14.35**	+00:00:31 (7.3%)	4:24	13.6 (92.5%)
4	**JAŹWIŃSKI Dawid**	**133**	TKKF KOSZALIN	M-13	1	00:00:02	**00:07:07.95**	**00:07:09.95**	+00:00:33 (7.8%)	4:25	13.6 (92.5%)
5	**KOŚCIELNIAK Robert**	**14**	TKKF KOSZALIN	M-50	1	00:00:02	**00:07:09.45**	**00:07:12.35**	+00:00:35 (8.2%)	4:27	13.5 (91.8%)
6	**WEBER Paweł**	**169**		M-30	2	00:00:02	**00:07:13.25**	**00:07:15.70**	+00:00:38 (9.0%)	4:28	13.4 (91.2%)
7	**SIWIK Stanisław**	**93**	283. KRT	M-30	3	00:00:03	**00:07:18.70**	**00:07:22.20**	+00:00:44 (10.1%)	4:32	13.2 (89.8%)
8	**BESZTERDA Sebastian**	**45**	NIETOPERZE KOSZALIN	M-40	2	00:00:05	**00:07:38.65**	**00:07:44.00**	+00:01:04 (14.0%)	4:45	12.6 (85.7%)
9	**KISIELIŃSKI Igor**	**115**	TKKF KOSZALIN	M-50	2	00:00:06	**00:07:42.35**	**00:07:48.35**	+00:01:07 (14.7%)	4:46	12.5 (85.0%)
10	**IWANIEC Dariusz**	**8**	TKKF KOSZALIN	M-40	3	00:00:03	**00:07:42.55**	**00:07:45.65**	+00:01:08 (14.7%)	4:46	12.5 (85.0%)
11	**KUŁAKOWSKI Dawid**	**19**	TKKF KOSZALIN	M-40	4	00:00:25	**00:07:46.25**	**00:08:11.30**	+00:01:11 (15.4%)	4:49	12.4 (84.4%)
12	**PERCZYŃSKI Jarosław**	**189**	BEZ FORMY	M-40	5	00:00:06	**00:07:46.80**	**00:07:52.95**	+00:01:12 (15.5%)	4:49	12.4 (84.4%)
13	**RUTKOWSKI Ryszard**	**162**	RUTKOWSKI TEAM	M-50	3	00:00:03	**00:07:46.90**	**00:07:50.20**	+00:01:12 (15.5%)	4:50	12.4 (84.4%)
14	**MICHALSKI Jakub**	**83**		M-40	6	00:00:12	**00:07:48.30**	**00:08:00.85**	+00:01:13 (15.8%)	4:50	12.4 (84.4%)
15	**BESZTERDA Jakub**	**61**		M-13	2	00:00:05	**00:07:53.35**	**00:07:58.50**	+00:01:18 (16.7%)	4:53	12.3 (83.7%)
16	**GOTOWAŁA Rafał**	**81**		M-40	7	00:00:12	**00:07:53.55**	**00:08:06.40**	+00:01:19 (16.7%)	4:54	12.2 (83.0%)
17	**GOŁDYN Marek**	**7**	TKKF KOSZALIN	M-30	4	00:01:24	**00:07:56.40**	**00:09:20.50**	+00:01:22 (17.2%)	4:55	12.2 (83.0%)
18	**KAMYK Piotr**	**183**	MH SERWIS IT :)	M-30	5	00:00:04	**00:07:56.85**	**00:08:01.60**	+00:01:22 (17.3%)	4:56	12.2 (83.0%)
19	**ZIOMEK Dariusz**	**77**	TKKF KOSZALIN	M-40	8	00:00:06	**00:07:56.95**	**00:08:03.60**	+00:01:22 (17.3%)	4:56	12.2 (83.0%)
20	**MICERSKI Tomasz**	**20**	TKKF KOSZALIN	M-40	9	00:00:03	**00:08:00.45**	**00:08:03.85**	+00:01:26 (17.9%)	4:58	12.1 (82.3%)
21	**MOSIOŁEK Piotr**	**184**		M-40	10	00:00:13	**00:08:02.45**	**00:08:15.50**	+00:01:28 (18.3%)	4:59	12 (81.6%)
22	**WILKOWSKI Krzysztof**	**70**		M-30	6	00:00:05	**00:08:03.10**	**00:08:08.90**	+00:01:28 (18.4%)	5:00	12 (81.6%)
23	**TESKA Bartosz**	**123**	TKKF KOSZALIN	M-40	11	00:00:06	**00:08:07.45**	**00:08:14.35**	+00:01:33 (19.1%)	5:03	11.9 (81.0%)
24	**RUTKOWSKI Artur**	**192**		M-18	2	00:00:01	**00:08:08.70**	**00:08:10.60**	+00:01:34 (19.3%)	5:03	11.9 (81.0%)
25	**JAROSZ Dariusz**	**9**	TKKF KOSZALIN	M-40	12	00:01:23	**00:08:08.90**	**00:09:32.60**	+00:01:34 (19.3%)	5:03	11.9 (81.0%)
26	**DZIĘBOWSKI Mariusz**	**95**		M-30	7	00:00:09	**00:08:13.10**	**00:08:22.25**	+00:01:38 (20.0%)	5:06	11.8 (80.3%)
27	**PUŚCIAN Krzysztof**	**156**	GIMNAZJUM W MANOWIE	M-40	13	00:00:07	**00:08:18.25**	**00:08:25.30**	+00:01:43 (20.8%)	5:09	11.6 (78.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.609km	Czas brutto 1.609km	Różn	Tempo min/km	Tempo km/h
27	**SOKOŁOWSKI Maciej**	**140**		M-30	8	00:00:20	**00:08:18.25**	**00:08:38.60**	+00:01:43 (20.8%)	5:09	11.6 (78.9%)
29	**KILAR Tomasz**	**196**		M-40	14	00:00:15	**00:08:25.20**	**00:08:40.95**	+00:01:50 (21.9%)	5:13	11.5 (78.2%)
30	**WAWRZYN Grzegorz**	**76**		M-40	15	00:00:07	**00:08:28.60**	**00:08:36.40**	+00:01:54 (22.5%)	5:16	11.4 (77.6%)
31	**OSTROWSKI Krzysztof**	**194**		M-40	16	00:00:13	**00:08:41.15**	**00:08:55.05**	+00:02:06 (24.3%)	5:24	11.1 (75.5%)
32	**DZIESZUK Dariusz**	**6**	TKKF KOSZALIN	M-40	17	00:00:50	**00:08:42.10**	**00:09:32.70**	+00:02:07 (24.5%)	5:24	11.1 (75.5%)
33	**KOPCZEWSKI Dariusz**	**107**		M-50	4	00:00:17	**00:08:44.70**	**00:09:02.05**	+00:02:10 (24.8%)	5:26	11 (74.8%)
34	**ZDROWIECKI Artur**	**65**		M-30	9	00:00:10	**00:08:47.85**	**00:08:58.60**	+00:02:13 (25.3%)	5:27	11 (74.8%)
35	**OSIPIK Radek**	**170**		M-40	18	00:00:18	**00:08:59.10**	**00:09:17.90**	+00:02:24 (26.8%)	5:34	10.8 (73.5%)
36	**CHOŁUJ Jarek**	**158**	ROZBIEGANY KOSZALIN	M-40	19	00:00:07	**00:08:59.35**	**00:09:07.00**	+00:02:24 (26.9%)	5:35	10.7 (72.8%)
37	**GROCHOWSKI Rafał**	**177**		M-40	20	00:00:13	**00:09:01.55**	**00:09:14.60**	+00:02:27 (27.2%)	5:36	10.7 (72.8%)
38	**ZIĘBA Paweł**	**24**	TKKF KOSZALIN	M-40	21	00:00:06	**00:09:04.20**	**00:09:10.85**	+00:02:29 (27.5%)	5:37	10.7 (72.8%)
39	**RYBARCZYK Ireneusz**	**200**		M-30	10	00:00:10	**00:09:05.30**	**00:09:16.05**	+00:02:30 (27.7%)	5:39	10.6 (72.1%)
40	**WOJCIECHOWSKI Andrzej**	**40**		M-40	22	00:00:04	**00:09:14.75**	**00:09:19.10**	+00:02:40 (28.9%)	5:44	10.4 (70.7%)
41	**OSIPIK Szymon**	**157**		M-Dzieci	1	00:00:18	**00:09:16.10**	**00:09:34.70**	+00:02:41 (29.1%)	5:45	10.4 (70.7%)
42	**MIĄSEK Ryszard**	**161**		M-40	23	00:00:17	**00:09:28.15**	**00:09:45.90**	+00:02:53 (30.6%)	5:52	10.2 (69.4%)
43	**MARKOWSKI Andrzej**	**178**	TKKF KOSZALIN	M-60	1	00:00:04	**00:09:29.90**	**00:09:34.10**	+00:02:55 (30.8%)	5:54	10.2 (69.4%)
44	**SEEWALD Jan**	**146**		M-40	24	00:00:15	**00:09:35.65**	**00:09:50.95**	+00:03:01 (31.5%)	5:57	10.1 (68.7%)
45	**KOZŁOWIECKI Waldek**	**16**	TKKF KOSZALIN	M-60	2	00:00:11	**00:09:36.05**	**00:09:47.85**	+00:03:01 (31.5%)	5:57	10.1 (68.7%)
46	**FAJGIER Tomasz**	**129**		M-40	25	00:00:03	**00:09:39.30**	**00:09:42.95**	+00:03:04 (31.9%)	5:59	10 (68.0%)
47	**KLENIEWSKI Piotr**	**179**		M-50	5	00:00:02	**00:09:53.25**	**00:09:55.55**	+00:03:18 (33.5%)	6:08	9.8 (66.7%)
48	**KOSECKI Tomasz**	**91**		M-30	11	00:00:17	**00:10:02.80**	**00:10:20.25**	+00:03:28 (34.6%)	6:14	9.6 (65.3%)
49	**KARNICKI Zygmunt**	**108**	TKKF KOSZALIN	M-60	3	00:00:04	**00:10:06.45**	**00:10:10.65**	+00:03:32 (35.0%)	6:16	9.6 (65.3%)
50	**SKRZYPEK Marcin**	**74**	NIETOPERZE KOSZALIN	M-30	12	00:00:16	**00:10:09.35**	**00:10:25.75**	+00:03:34 (35.3%)	6:18	9.5 (64.6%)
51	**JUSZCZAK Krzysztof**	**190**		M-60	4	00:00:16	**00:10:14.05**	**00:10:30.50**	+00:03:39 (35.8%)	6:21	9.4 (63.9%)
52	**PANCERZYŃSKI Łukasz**	**180**		M-30	13	00:00:10	**00:10:16.45**	**00:10:26.50**	+00:03:42 (36.0%)	6:22	9.4 (63.9%)
53	**HELLER Zdzisław**	**132**	NIEZRZESZONY	M-60	5	00:00:14	**00:10:40.15**	**00:10:54.30**	+00:04:05 (38.4%)	6:37	9.1 (61.9%)
54	**ŚMIAŁKOWSKI Bartosz**	**144**		M-30	14	00:00:22	**00:12:16.00**	**00:12:38.60**	+00:05:41 (46.4%)	7:37	7.9 (53.7%)
55	**RYBARCZYK Tomasz**	**136**		M-30	15	00:00:14	**00:12:22.95**	**00:12:37.60**	+00:05:48 (46.9%)	7:41	7.8 (53.1%)
56	**BARTNIK Marian**	**1**	TKKF KOSZALIN	M-70	1	00:00:09	**00:14:16.45**	**00:14:25.50**	+00:07:42 (53.9%)	8:51	6.8 (46.3%)
57	**ZDROWIECKI Igor**	**127**		M-Dzieci	2	00:00:09	**00:14:19.05**	**00:14:29.00**	+00:07:44 (54.1%)	8:54	6.7 (45.6%)

Znaleziono 57 wynik(ów)