



**ZIMOWY  
PÓLMARATON  
GÓR STOŁOWYCH**

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Zimowy Półmaraton Gór Stołowych  
Fundacja Maratony Górskie  
2023-01-21  
Kartów  
21 km

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-60

| Msc | Zawodnik                    | Numer      | Klub                           | Kategoria | Mkat | Alpinista | Parking pod<br>Szczelińcem<br>7km | Błędne<br>Skały<br>14km | Czas<br>netto<br>21km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------------|------------|--------------------------------|-----------|------|-----------|-----------------------------------|-------------------------|-----------------------|----------------------|-----------------|----------------|
| 1   | <b>TURLEJ Dariusz</b>       | <b>16</b>  | BEZ KONDYCJI                   | M-60      | 1    | NIE       | 01:08:55                          | 02:06:25                | <b>02:59:10.30</b>    |                      | 8:31            | 7 (100%)       |
| 2   | <b>ODOLCZYK Jerzy</b>       | <b>197</b> |                                | M-60      | 2    | NIE       | 01:09:27                          | 02:05:52                | <b>03:00:20.55</b>    | +00:01:10 (0.6%)     | 8:35            | 7 (100%)       |
| 3   | <b>BARAN Zenon</b>          | <b>201</b> |                                | M-60      | 3    | NIE       | 01:14:07                          | 02:09:20                | <b>03:03:31.80</b>    | +00:04:21 (2.4%)     | 8:44            | 6.9<br>(98.6%) |
| 4   | <b>JACHYMSKI Jacek</b>      | <b>509</b> | AKADEMICKI KLUB GÓRSKI W ŁODZI | M-60      | 4    | TAK       | 01:16:29                          | 02:19:14                | <b>03:18:09.80</b>    | +00:18:59 (9.6%)     | 9:26            | 6.4<br>(91.4%) |
| 5   | <b>BONIEC Aleksander</b>    | <b>216</b> | NADLEŚNICTWO LIPINKI           | M-60      | 5    | NIE       | 01:13:12                          | 02:22:47                | <b>03:29:01.70</b>    | +00:29:51<br>(14.3%) | 9:57            | 6 (85.7%)      |
| 6   | <b>BANACH Tomasz</b>        | <b>426</b> | OJ NIEFAJNIE                   | M-60      | 6    | NIE       | 01:21:22                          | 02:24:19                | <b>03:30:39.80</b>    | +00:31:29<br>(14.9%) | 10:01           | 6 (85.7%)      |
| 7   | <b>KASIŃSKI Wojciech</b>    | <b>191</b> | ULTRAPLESS                     | M-60      | 7    | NIE       | 01:21:47                          | 02:30:22                | <b>03:38:41.90</b>    | +00:39:31<br>(18.1%) | 10:24           | 5.8<br>(82.9%) |
| 8   | <b>NAPIERAŁA Tadeusz</b>    | <b>529</b> | TEGES                          | M-60      | 8    | NIE       | 01:27:25                          | 02:35:20                | <b>03:49:13.45</b>    | +00:50:03<br>(21.8%) | 10:54           | 5.5<br>(78.6%) |
| 9   | <b>GŁUSZCZAK Jerzy</b>      | <b>507</b> | AKG ŁÓDŹ                       | M-60      | 9    | TAK       | 01:25:22                          | 02:38:23                | <b>03:53:02.80</b>    | +00:53:52<br>(23.1%) | 11:05           | 5.4<br>(77.1%) |
| 10  | <b>ZIÓŁKOWSKI Krzysztof</b> | <b>140</b> |                                | M-60      | 10   | NIE       | 01:30:12                          | 02:47:14                | <b>04:01:37.40</b>    | +01:02:27<br>(25.8%) | 11:30           | 5.2<br>(74.3%) |
| 11  | <b>GŁOGOWSKI Jan</b>        | <b>81</b>  | STOCZNIA WULKAN                | M-60      | 11   | NIE       | 01:28:18                          | 02:46:15                | <b>04:06:40.90</b>    | +01:07:30<br>(27.4%) | 11:44           | 5.1<br>(72.9%) |
| 12  | <b>BOROŃ Ryszard</b>        | <b>12</b>  |                                | M-60      | 12   | NIE       | 01:37:09                          | 02:55:16                | <b>04:18:46.65</b>    | +01:19:36<br>(30.8%) | 12:19           | 4.9<br>(70.0%) |
| 13  | <b>ADAMSKI Adam</b>         | <b>408</b> |                                | M-60      | 13   | NIE       |                                   |                         | <b>04:53:26.00</b>    | +01:54:15<br>(38.9%) | 13:58           | 4.3<br>(61.4%) |
|     | <b>BRZEZIŃSKI Andrzej</b>   | <b>378</b> | LANRUNS                        | M-60      |      | NIE       | DNF                               | DNF                     | <b>DNF</b>            |                      | -               | - (0.0%)       |

Znaleziono 14 wynik(ów)