



INWA NORDIC WALKING EUROPEAN CHAMPIONSHIPS - 21KM

B4SPORT

Wydarzenie: INWA Nordic Walking European Championships 2023
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2023-09-02
Miejsce: Jedlińsk
Dystans: 21 km



Klasyfikacja: OPEN-K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	1.1km	5km	10km	15km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	WOJCIECHOWSKA Elżbieta	3	POLIPACK TEAM GWE	K40-44	1	1		00:06:22	00:38:44	01:11:43	01:44:56	02:19:02.80		6:35	9.1 (100%)
2	KOŁODZIEJ Joanna	21	MALINOWE GWIAZDY	K55-59	1			00:07:05	00:42:43	01:18:46	01:54:52	02:30:51.85	+00:11:49 (7.8%)	7:08	8.4 (92.3%)
3	KUBILOVIČA Linda	23	WALK WITH THE WIND	K55-59	2			00:07:07	00:42:43	01:18:46	01:55:01	02:32:07.55	+00:13:04 (8.6%)	7:12	8.3 (91.2%)
4	KRAJEWSKA Hanna	22	KS KIJOMANIACY CHODZIEŻ	K18-34	1			00:07:07	00:44:21	01:22:52	02:01:56	02:42:29.00	+00:23:26 (14.4%)	7:42	7.8 (85.7%)
5	SZCZUDLIK Małgorzata	40	NORDIC SPORT 2021	K40-44	2			00:07:08	00:44:20	01:23:37	02:05:00	02:45:42.05	+00:26:39 (16.1%)	7:51	7.6 (83.5%)
6	JARUGA Beata	16		K45-49	1			00:07:35	00:46:42	01:26:48	02:07:20	02:46:57.60	+00:27:54 (16.7%)	7:54	7.6 (83.5%)
7	PASIŃSKA-SKOWRON Sylwia	33	PRUSZYŃSKI SPORT TEAM	K45-49	2			00:08:03	00:47:56	01:27:39	02:07:22	02:47:41.35	+00:28:38 (17.1%)	7:56	7.5 (82.4%)
8	JANEKA Dace	14		K50-54	1	1		00:07:23	00:45:59	01:26:52	02:08:43	02:51:46.55	+00:32:43 (19.1%)	8:08	7.4 (81.3%)
9	ZDRZAŁEK Alicja	153	POLSKA	K40-44	3			00:07:47	00:48:31	01:29:09	02:11:30	02:54:20.20	+00:35:17 (20.2%)	8:15	7.3 (80.2%)
10	FASOLA Raffaella	10	NORDIC WALKING COMO	K50-54	2			00:07:58	00:48:09	01:29:21	02:11:49	02:54:31.20	+00:35:28 (20.3%)	8:16	7.3 (80.2%)
11	POSTEK Danuta	37		K60-64	1	1		00:08:00	00:48:02	01:29:58	02:12:37	02:54:59.40	+00:35:56 (20.5%)	8:17	7.2 (79.1%)
12	LOCMELE Benita	25	WALK WITH THE WIND	K60-64	2			00:07:53	00:48:22	01:30:17	02:12:53	02:55:02.70	+00:35:59 (20.6%)	8:17	7.2 (79.1%)
13	TKALČIČ Daria	43		K35-39	1			00:08:54	00:51:57	01:33:18	02:14:31	02:56:09.00	+00:37:06 (21.1%)	8:20	7.2 (79.1%)
14	JURCZAK-TOCZKO Anna	18		K55-59	3			00:08:30	00:49:50	01:31:42	02:13:54	02:56:20.00	+00:37:17 (21.1%)	8:21	7.2 (79.1%)

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15	GÓRSKA Agnieszka	11		K45-49	3			00:08:57	00:54:25	01:39:12	02:27:28	03:15:14.85	+00:56:12 (28.8%)	9:15	6.5 (71.4%)
16	ZAWADZKA Maria	52	KGHM METRACO POLKOWICE	K70+	1			00:09:07	00:54:04	01:39:23	02:26:21	03:15:36.00	+00:56:33 (28.9%)	9:16	6.5 (71.4%)
17	SZOT Maria	41	NW CZAPSKI TEAM	K50-54	3			00:09:09	00:54:01	01:39:33	02:27:34	03:16:46.90	+00:57:44 (29.3%)	9:19	6.4 (70.3%)
18	NERC Dorota	59	NW CZAPSKI TEAM	K60-64	3			00:09:01	00:54:16	01:41:41	02:31:19	03:19:34.60	+01:00:31 (30.3%)	9:27	6.3 (69.2%)
19	KUŚTELEGA Jadranka	24		K60-64	4			00:09:12	00:56:57	01:49:11	02:42:47	03:33:05.40	+01:14:02 (34.7%)	10:05	5.9 (64.8%)
20	VIDAKOVIĆ Gordana	143		K60-64	5			00:09:10	00:56:55	01:49:09	02:42:56		+00:58:00	10:51	5.5 (60.4%)
	PANKIEWICZ Ewelina	31		K18-34				00:07:46 DNF	00:48:08 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 21 wynik(ów)