



INWA NORDIC WALKING WORLD CHAMPIONSHIPS 2022 - 10 KM

B4SPORT

Event: INWA Nordic Walking World Championships
Organiser: Polish Nordic Walking Association (PZNW)
International Nordic Walking Federation (INWA)
Date: 2022-09-03
Place: SZKLARSKA PORĘBA
Distance: 10 km



Classification: K55-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	JĘDRASIAK Renata	182	TEAM POLAND	K55-59	1			00:37:06	01:14:43.80		7:28	8 (100%)
2	LUMPEOVÁ Lenka	219		K55-59	2			00:39:11	01:18:37.00	+00:03:53 (4.9%)	7:51	7.6 (95.0%)
3	KWIATKOWSKA Stanisława	181		K55-59	3			00:40:33	01:21:48.55	+00:07:04 (8.7%)	8:10	7.3 (91.3%)
4	VANCOVIČA Lelde	294	NŪJO VESELS	K55-59	4			00:39:45	01:22:02.85	+00:07:19 (8.9%)	8:12	7.3 (91.3%)
5	ŚLUSARCZYK Grażyna	279	AZS AWF KRAKOW MASTERS	K55-59	5			00:41:35	01:23:39.40	+00:08:55 (10.7%)	8:21	7.2 (90.0%)
6	PRZYBYLSKA Kinga	245	NORDIC WALKING KIEKRZ POLAND	K55-59	6			00:42:46	01:26:27.55	+00:11:43 (13.6%)	8:38	6.9 (86.3%)
7	MONTVIDA Nadežda	230	WALKING LATVIANS	K55-59	7			00:44:30	01:30:52.15	+00:16:08 (17.8%)	9:05	6.6 (82.5%)
8	SZAREJKO Grażyna	271	NORDIC WALKING KIEKRZ POLAND	K55-59	8			00:48:05	01:37:17.85	+00:22:34 (23.2%)	9:43	6.2 (77.5%)
9	TKOCZ Alicja	286	EKIPA NA KIJACH	K55-59	9			00:49:07	01:41:01.70	+00:26:17 (26.0%)	10:06	5.9 (73.8%)
10	LINDEL Bożena	214	EKIPA NA KIJACH	K55-59	10			00:50:03	01:41:04.85	+00:26:21 (26.1%)	10:06	5.9 (73.8%)
11	SOKOŁOWSKA Agata	263		K55-59	11			00:57:01	01:57:23.75	+00:42:39 (36.3%)	11:44	5.1 (63.8%)

Total 11 results.