



INWA NORDIC WALKING WORLD CHAMPIONSHIPS 2022 - 21,1KM

B4SPORT
INTELLIGENT SPORTS ORGANIZATION

Wydarzenie: INWA Nordic Walking World Championships
Organizator: Polish Nordic Walking Association (PZNW)
International Nordic Walking Federation (INWA)
Data: 2022-09-03
Miejsce: SZKLARSKA PORĘBA
Dystans: 21,1 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Lap 1.8km 1.8km	Lap 5km 5km	10km	15km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	MICHALEC Marcin	65	TEAM POLAND	M18-34	1			00:14:01	00:38:41	01:12:39	01:38:27	02:21:33.20		6:42	8.9 (100%)
2	ALVAREZ BORRAS Ramon	3	S.M. CLUB ATLETISMO MARATHON CREVILLENT	M40-44	1			00:14:34	00:39:55	01:14:07	01:39:25	02:22:24.25	+00:00:51 (0.6%)	6:44	8.9 (100%)
3	WOJCIECHOWSKA Elżbieta	106	POLIPACK TEAM GWE	K35-39	1			00:14:01	00:39:23	01:13:46	01:47:58	02:22:43.40	+00:01:10 (0.8%)	6:45	8.9 (100%)
4	NIEPOKÓJ Radosław	89	TEAM POLAND	M18-34	2	1		00:14:25	00:40:30	01:15:29	01:41:32	02:26:08.75	+00:04:35 (3.1%)	6:55	8.7 (97.8%)
5	ROMANOWSKI Daniel	120	TEAM POLAND	M18-34	3	1		00:14:17	00:40:09	01:15:13	01:41:29	02:26:12.45	+00:04:39 (3.2%)	6:55	8.7 (97.8%)
6	SKIBA Krzysztof	85	TEAM POLAND	M60-64	1	1		00:14:31	00:40:13	00:55:37	01:41:50	02:27:28.25	+00:05:55 (4.0%)	6:59	8.6 (96.6%)
7	ROSAK Marcin	50	TEAM POLAND	M45-49	1			00:14:34	00:41:05	01:17:37	01:44:33	02:28:21.10	+00:06:47 (4.6%)	7:01	8.5 (95.5%)
8	WETOSZKA Piotr	101	TKKF KRZNA BIAŁA PODLASKA	M35-39	1			00:14:50	00:41:57	01:18:51	01:46:07	02:34:02.00	+00:12:28 (8.1%)	7:18	8.2 (92.1%)
9	CZERSKI Krzysztof	14	TEAM POLAND	M40-44	2			00:15:09	00:42:05	01:18:59	01:46:49	02:34:35.35	+00:13:02 (8.4%)	7:19	8.2 (92.1%)
10	POŁUBIAK Paweł	74		M35-39	2	1		00:14:55	00:42:00	01:18:48	01:46:12	02:34:45.05	+00:13:11 (8.5%)	7:20	8.2 (92.1%)
11	HAŁAS Marcin	117		M35-39	3			00:14:56	00:42:00	01:18:50	01:46:42	02:36:07.55	+00:14:34 (9.3%)	7:23	8.1 (91.0%)
12	GROSSMANN Florian	29	FIT MIT SCHMIDT	M35-39	4	2		00:14:42	00:41:56	01:18:58	01:47:27	02:36:12.45	+00:14:39 (9.4%)	7:24	8.1 (91.0%)
13	WILCZEK Krzysztof	103	CIDRY LOTAJOM	M45-49	2			00:15:56	00:43:31	01:20:31	01:48:11	02:36:48.30	+00:15:15 (9.7%)	7:25	8.1 (91.0%)
14	PRZYSTARZ Grzegorz	78	OBORYGENI	M50-54	1			00:15:19	00:42:45	01:19:45	01:47:52	02:36:57.85	+00:15:24 (9.8%)	7:26	8.1 (91.0%)
15	FRAĆKOWIAK Krzysztof	26	ŚWIADOMI SIEDLCE	M50-54	2			00:16:06	00:44:19	01:22:18	01:50:33	02:40:08.95	+00:18:35 (11.6%)	7:35	7.9 (88.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Lap	Lap	10km	15km	Czas netto	Różn	Tempo min/km	Tempo km/h
								1.8km	5km			21.1km			
16	KOŁODZIEJ Joanna	37	MALINOWE GWIAZDY	K50-54	1			00:16:37	00:45:45	01:14:38	02:03:07	02:43:12.60	+00:21:39 (13.3%)	7:44	7.8 (87.6%)
17	SŁUPIANEK Paweł	87	KATOWICKI NORDIC WALKING	M40-44	3			00:15:17	00:42:57	01:21:50	01:51:48	02:43:36.35	+00:22:03 (13.5%)	7:45	7.7 (86.5%)
18	CELIŃSKI Tomasz	11	TUPTUŚ OTWOCK	M50-54	3			00:16:23	00:46:01	01:25:32	02:05:09	02:43:43.15	+00:22:09 (13.5%)	7:45	7.7 (86.5%)
19	ZYCH Witold	112		M50-54	4			00:16:09	00:44:20	01:22:41	01:51:40	02:43:43.55	+00:22:10 (13.5%)	7:45	7.7 (86.5%)
20	PARZYBUT Jan	70	POSTĘP PNIEWY TEAM	M55-59	1	1		00:16:29	00:45:36	01:24:41	02:04:49	02:44:55.40	+00:23:22 (14.2%)	7:48	7.7 (86.5%)
21	CZŁAPSKI Krzysztof	15	NW CZŁAPSKI TEAM	M55-59	2			00:16:28	00:45:38	01:24:32	02:04:39	02:45:58.55	+00:24:25 (14.7%)	7:51	7.6 (85.4%)
22	MAKOWSKI Jan	56		M60-64	2			00:15:27	00:43:50	01:24:05	02:05:07	02:47:45.70	+00:26:12 (15.6%)	7:57	7.5 (84.3%)
23	MĄDRY Grzegorz	61	KIJKOWE TRZEMESZNO	M60-64	3			00:16:28	00:46:07	01:25:48	02:07:40	02:51:24.40	+00:29:51 (17.4%)	8:07	7.4 (83.1%)
24	RACIBORSKA Ewa	79	ESJA TEAM	K40-44	1			00:17:21	00:48:01	01:18:21	02:09:47	02:51:41.80	+00:30:08 (17.6%)	8:08	7.4 (83.1%)
25	RAJEK Magdalena	80	TEAM POLAND	K45-49	1			00:17:22	00:47:53	01:17:57	02:09:39	02:51:57.60	+00:30:24 (17.7%)	8:08	7.4 (83.1%)
26	ŽUGRIS Aivars	111		M60-64	4	1		00:16:33	00:46:09	01:26:46	02:08:47	02:53:03.50	+00:31:30 (18.2%)	8:12	7.3 (82.0%)
27	CZMOCH Marian	16	PUKS ŁOSICE	M70+	1			00:17:30	00:48:14	01:29:13	02:10:41	02:54:28.60	+00:32:55 (18.9%)	8:16	7.3 (82.0%)
28	MEYER Olaf	63	FSV 1950 GOTHA E.V.	M50-54	5			00:16:46	00:47:05	01:28:15	02:10:43	02:54:53.75	+00:33:20 (19.1%)	8:17	7.2 (80.9%)
29	KUBILOVIČA Linda	42		K55-59	1			00:17:19	00:48:06	01:19:22	02:01:36	02:54:54.20	+00:33:21 (19.1%)	8:17	7.2 (80.9%)
30	ZĪBERGS Andris	110	WALK WITH THE WIND	M45-49	3			00:16:29	00:46:15	01:27:21	02:10:40	02:55:13.40	+00:33:40 (19.2%)	8:18	7.2 (80.9%)
31	BIERKUS Mirosław	8	BALTIN MIELENKO	M65-69	1			00:18:21	00:49:54	01:31:34	02:12:59	02:55:51.95	+00:34:18 (19.5%)	8:20	7.2 (80.9%)
32	JANEKA Dace	32	WALK WITH THE WIND	K45-49	2			00:17:07	00:48:06	01:19:12	02:01:39	02:55:54.80	+00:34:21 (19.5%)	8:20	7.2 (80.9%)
33	SITTEK Agnieszka	83		K40-44	2			00:17:28	00:48:19	01:19:41	02:02:11	02:56:16.80	+00:34:43 (19.7%)	8:21	7.2 (80.9%)
34	SZCZUDLIK Małgorzata	94	TEAM POLAND	K40-44	3			00:17:23	00:48:16	01:18:51	02:12:04	02:56:34.85	+00:35:01 (19.8%)	8:22	7.2 (80.9%)
35	FLISEK Blanka	163	UNLIMITED SPORT 2.0	K35-39	2	1		00:17:22	00:48:37	01:19:57	02:07:10	02:58:09.00	+00:36:35 (20.5%)	8:26	7.1 (79.8%)
36	ADAMCZYK Adam	2	PASJA NORDIC WALKING	M70+	2			00:17:38	00:48:35	01:30:01	02:12:28	02:58:54.40	+00:37:21 (20.9%)	8:28	7.1 (79.8%)
37	STEPĀNS Dāvis	91	NORDIC FITNESS WALKING	M35-39	5	2		00:16:23	00:46:44	01:28:33	02:11:57	02:59:36.30	+00:38:03 (21.2%)	8:30	7 (78.7%)
38	SMILTNIECE Agnese	88	NŪJO AR VĒJU	K50-54	2			00:18:53	00:52:44	01:26:18	02:11:57	02:59:54.30	+00:38:21 (21.3%)	8:31	7 (78.7%)
39	VEIGL Jaroslav	311	TEAM CROATIA	M50-54	6			00:16:08	00:46:32	01:31:22	02:12:49	03:01:10.05	+00:39:36 (21.9%)	8:35	7 (78.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Lap	Lap	10km	15km	Czas	Różn	Tempo min/km	Tempo km/h
								1.8km	5km			netto			
40	FASOLA Raffaella	24	NORDIC WALKING COMO	K50-54	3	1		00:19:12	00:52:53	01:27:09	02:13:59	03:01:20.70	+00:39:47 (21.9%)	8:35	7 (78.7%)
41	ROMAN Krzysztof	82	KUDOWIANKA RUN	M60-64	5	1		00:17:29	00:48:31	01:32:00	02:15:04	03:01:33.60	+00:40:00 (22.0%)	8:36	7 (78.7%)
42	DEMBOWSKA Zofia	17	KATOWICKI NORDIC WALKING	K35-39	3	1		00:17:00	00:47:55	01:31:00	02:14:55	03:01:41.65	+00:40:08 (22.1%)	8:36	7 (78.7%)
43	LOCMELIS Imants	53	WALK WITH THE WIND	M60-64	6			00:17:18	00:48:27	01:31:21	02:10:33	03:01:44.20	+00:40:11 (22.1%)	8:36	7 (78.7%)
44	DYLEWICZ Weronika	22	EKSTREMUM	K18-34	1			00:17:12	00:49:50	01:21:36	02:05:42	03:02:27.40	+00:40:54 (22.4%)	8:38	6.9 (77.5%)
45	BEITIKS Andis	5	NŪJO AR VĒJU	M60-64	7			00:17:41	00:49:55	01:33:20	02:18:05	03:02:56.20	+00:41:23 (22.6%)	8:40	6.9 (77.5%)
46	KUŁAKOWSKA Halina	45	KATOWICKI NORDIC WALKING	K45-49	3			00:17:39	00:48:43	01:20:22	02:16:24	03:03:57.65	+00:42:24 (23.1%)	8:43	6.9 (77.5%)
47	LAPŠANSKÝ Viktor	48	NORDIC WALKING - SARÁ ĽUBOVŇA	M55-59	3			00:17:41	00:50:08	01:33:41	02:18:13	03:04:37.95	+00:43:04 (23.3%)	8:44	6.9 (77.5%)
48	TOBOLÍK Jan	96	NORDIC WALKING PŘEROV	M40-44	4			00:17:36	00:50:50	01:35:10	02:21:18	03:06:18.45	+00:44:45 (24.0%)	8:49	6.8 (76.4%)
49	CÍCHOVÁ Jana	13	SG.3 ZLÍN CZECH REPUBLIC	K50-54	4			00:18:03	00:53:14	01:27:48	02:16:46	03:06:39.90	+00:45:06 (24.2%)	8:50	6.8 (76.4%)
50	WÓJCIK Barbara	107	LUKI TEAM POLSKA	K60-64	1			00:18:00	00:50:46	01:24:11	02:21:03	03:06:41.30	+00:45:08 (24.2%)	8:50	6.8 (76.4%)
51	SIWEK Ewa	84	TUPTUŚ OTWOCK	K50-54	5			00:18:23	00:50:59	01:24:02	02:09:57	03:06:42.05	+00:45:08 (24.2%)	8:50	6.8 (76.4%)
52	SVIKLE Liene	92	WALK WITH THE WIND	K40-44	4	1		00:18:21	00:52:58	01:27:54	02:16:20	03:06:45.90	+00:45:12 (24.2%)	8:51	6.8 (76.4%)
53	ZAGAJA Janusz	109	WESOŁY BORSUK TEAM	M65-69	2			00:17:52	00:49:35	01:33:14	02:20:01	03:07:13.00	+00:45:39 (24.4%)	8:52	6.8 (76.4%)
54	WIEŃSKO Ryszard	102		M65-69	3			00:18:16	00:50:24	01:34:12	02:20:28	03:07:26.85	+00:45:53 (24.5%)	8:52	6.8 (76.4%)
55	ABELTIŅŠ Edgars	1	NORDIC FITNESS WALKING	M40-44	5	1		00:17:02	00:48:12	01:31:10	02:16:54	03:07:44.55	+00:46:11 (24.6%)	8:53	6.7 (75.3%)
56	JARUGA Beata	33		K45-49	4			00:17:35	00:49:13	01:21:58	02:19:27	03:07:51.55	+00:46:18 (24.6%)	8:54	6.7 (75.3%)
57	KIELIN Grzegorz	36	BIKE ATELIER EOBUIE URBEX MAXIMUS TEAM	M45-49	4	2		00:19:25	00:54:20	01:39:39	02:24:57	03:08:22.15	+00:46:48 (24.9%)	8:55	6.7 (75.3%)
58	SŁOWIŃSKA Alicja	86	ŚWIADOMI SIEDLCE	K50-54	6			00:17:20	00:48:53	01:21:40	02:20:29	03:08:48.05	+00:47:14 (25.0%)	8:56	6.7 (75.3%)
59	MANDZIUK Marek	57	TKKF KRZNA BIAŁA PODLASKA	M50-54	7			00:17:59	00:51:14	01:35:03	02:20:34	03:10:45.35	+00:49:12 (25.8%)	9:02	6.6 (74.2%)
60	KULESZA Agnieszka	44	SIR-HA SIERADZ	K40-44	5			00:18:34	00:52:11	01:25:16	02:24:06	03:13:36.90	+00:52:03 (26.9%)	9:10	6.5 (73.0%)
61	ŚLUSARCZYK Grzegorz	556	WESOŁY BORSUK TEAM	M45-49	5			00:18:22	00:51:55	01:37:50	02:24:59	03:14:19.70	+00:52:46 (27.2%)	9:12	6.5 (73.0%)
62	KAWIORSKA-DUDA Maria	34		K65-69	1	1		00:19:24	00:53:24	01:28:22	02:27:37	03:15:28.70	+00:53:55 (27.6%)	9:15	6.5 (73.0%)
63	WOJTUNIK Andrzej	66	KKB MOSIR KROSNO	M65-69	4	1		00:18:19	00:50:57	01:34:51	02:22:17	03:16:29.40	+00:54:56 (28.0%)	9:18	6.4 (71.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Lap	Lap	10km	15km	Czas	Różn	Tempo min/km	Tempo km/h
								1.8km	5km			netto			
64	NIERADKO Stanisław	67	BOG-TUR	M60-64	8	2		00:18:49	00:53:20	01:40:06	02:27:48	03:18:19.60	+00:56:46 (28.6%)	9:23	6.4 (71.9%)
65	BUCZKOWSKA Wiesława	9	WŁÓCZYKIŁJE GDYNIA	K65-69	2			00:19:23	00:54:51	01:31:29	02:34:08	03:18:22.35	+00:56:49 (28.6%)	9:24	6.4 (71.9%)
66	WIŚNIEWSKI Roman	104		M65-69	5			00:18:46	00:52:20	01:39:25	02:28:45	03:19:31.70	+00:57:58 (29.1%)	9:27	6.3 (70.8%)
67	POSTEK Danuta	75	MARSZ PO ZDROWIE	K55-59	2	1		00:18:35	00:52:51	01:27:46	02:29:33	03:19:35.55	+00:58:02 (29.1%)	9:27	6.3 (70.8%)
68	ORŁOWSKA Beata	68		K50-54	7	1		00:18:54	00:53:00	01:28:07	02:30:09	03:19:40.85	+00:58:07 (29.1%)	9:27	6.3 (70.8%)
69	KRAWIEC Jacek	39	JACK NORDIC TEAM ELBLĄG	M55-59	4			00:17:40	00:51:28	01:37:34	02:27:15	03:20:09.55	+00:58:36 (29.3%)	9:29	6.3 (70.8%)
70	BERSZTOLC Agnieszka	7	NOWI SIEDLCE	K55-59	3	2		00:19:04	00:55:23	01:31:47	02:36:43	03:20:29.00	+00:58:55 (29.4%)	9:30	6.3 (70.8%)
71	JAŚLARZ Jarosław	119		M55-59	5	1		00:19:15	00:53:56	01:40:24	02:29:01	03:20:29.50	+00:58:56 (29.4%)	9:30	6.3 (70.8%)
72	LOČMELE Benita	52	WALK WITH THE WIND	K60-64	2			00:18:15	00:52:51	01:28:41	02:30:25	03:21:46.65	+01:00:13 (29.8%)	9:33	6.3 (70.8%)
73	KSOK Mirosław	41		M65-69	6			00:18:34	00:52:00	01:39:29	02:29:04	03:21:52.40	+01:00:19 (29.9%)	9:34	6.3 (70.8%)
74	PATORKOVA Sabina	118		K45-49	5			00:19:14	00:56:03	01:32:56	02:36:54	03:22:56.05	+01:01:22 (30.2%)	9:37	6.2 (69.7%)
75	WRÓBEL Sandra	108	LECYMY DURŚ	K18-34	2			00:20:44	01:00:00	01:40:59	02:37:06	03:24:39.00	+01:03:05 (30.8%)	9:41	6.2 (69.7%)
76	LAPŠANSKÁ Urszula	47	NORDIC WALKING- STARÁ ĽUBOVŇA	K55-59	4			00:20:04	00:55:24	01:31:38	02:36:45	03:37:07.80	+01:15:34 (34.8%)	10:17	5.8 (65.2%)
77	TUTIŇINA Olga	98		K60-64	3	1		00:19:45	00:52:08	01:34:40	02:42:19	03:37:15.05	+01:15:41 (34.8%)	10:17	5.8 (65.2%)
78	WALCZAK Ryszard	99		M70+	3			00:18:37	00:51:39	01:35:18	02:20:16	03:40:04.95	+01:18:31 (35.7%)	10:25	5.8 (65.2%)
79	POŁĄCARZ Adam	73	.	M40-44	6			00:20:03	00:55:09	01:43:03	02:47:12	03:41:31.05	+01:19:57 (36.1%)	10:29	5.7 (64.0%)
80	PALICA Joanna	69	EKIPA NA KIJACH	K40-44	6	1		00:19:50	00:57:31	01:35:51	02:44:26	03:46:03.25	+01:24:30 (37.4%)	10:42	5.6 (62.9%)
81	LEMPINSKA Agnieszka	49		K45-49	6			00:21:54	01:02:35	01:58:36	03:03:24	03:49:53.45	+01:28:20 (38.4%)	10:53	5.5 (61.8%)
82	MAJOR Anna	55		K45-49	7	2		00:21:55	01:03:22	02:01:52	03:08:54	04:11:48.90	+01:50:15 (43.8%)	11:56	5 (56.2%)
83	ANYŻ Maria	4	KIJE W DOBRYCH RĘKACH	K70+	1	1		00:19:16	01:32:07	02:36:27	03:29:34	04:28:33.80	+02:07:00 (47.3%)	12:43	4.7 (52.8%)
DQ	MEDRANO RUIZ Jon	62	S.M. CLUB ATLETISMO MARATHON CREVILLENT	M40-44			1	00:15:16 DQ	00:42:03 DQ	01:18:33 DQ	01:46:20 DQ	02:35:30.35 DQ		0:00	8.1 (91.0%)
DQ	FEY Thorsten	25	TRISCHMIEDE WERRATAL_LT HAUNETAL_SC NEUENSTEIN	M50-54			1	00:16:35 DQ	00:45:55 DQ	01:25:36 DQ	02:05:40 DQ	02:45:38.15 DQ		0:00	7.6 (85.4%)
DQ	DENIESE Buschbeck	18	FIT MIT SCHMIDT	K18-34			1	00:16:46 DQ	00:47:21 DQ	01:17:54 DQ	02:11:40 DQ	02:55:56.75 DQ		0:00	7.2 (80.9%)
DQ	PLEWIŃSKI Rafał	72	NORDIC TEAM CZĘSTOCHOWA	M35-39			1	00:16:53 DQ	00:48:50 DQ	01:33:22 DQ	02:20:47 DQ	03:12:30.85 DQ		0:00	6.6 (74.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Lap 1.8km 1.8km	Lap 5km 5km	10km	15km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
DQ	DE WAAL Lohra	116	SOUTHPOLE	K50-54			1	00:20:15 DQ	00:56:49 DQ	01:34:40 DQ	02:39:10 DQ	03:23:27.05 DQ		0:00	6.2 (69.7%)
DQ	PALENIK Emil	310		M70+			1	00:20:46 DQ	00:57:56 DQ	01:49:06 DQ	02:41:23 DQ	03:40:09.10 DQ		0:00	5.8 (65.2%)
DQ	DRYGALSKA Aleksandra	21	KIJE W DOBRYCH RĘKACH	K65-69			1	00:21:02 DQ	01:01:34 DQ	01:59:05 DQ	03:01:33 DQ	03:46:33.35 DQ		0:00	5.6 (62.9%)
DQ	POSTULKA Adam	76		M55-59			1	00:16:27 DQ	00:45:40 DQ	DQ	DQ	DQ			(0.0%)

Znaleziono 91 wynik(ów)