



INWA NORDIC WALKING WORLD CHAMPIONSHIPS 2022 - 5 KM

B4SPORT
INTELEKTUALNE SERWISY SPORTOWE

Wydarzenie: INWA Nordic Walking World Championships
Organizator: Polish Nordic Walking Association (PZNW)
International Nordic Walking Federation (INWA)
Data: 2022-09-03
Miejsce: SZKLARSKA PORĘBA
Dystans: 5 km



Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Osoba niepełnosprawna	Żół. kartki	Czer. kartki	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	MARCZAK Tomasz	447	TEAM POLAND	M18-34	1				00:31:42.05		6:20	9.5 (100%)
2	WITUCKI Jacek	574	TEAM POLAND	M50-54	1				00:32:05.75	+00:00:23 (1.2%)	6:25	9.4 (98.9%)
3	WOJTOWICZ Tomasz	578	TEAM POLAND	M18-34	2				00:32:43.85	+00:01:01 (3.1%)	6:32	9.2 (96.8%)
4	ORDZOWIAŁY Piotr	469	-	M55-59	1				00:32:46.35	+00:01:04 (3.3%)	6:33	9.2 (96.8%)
5	SZAMOTULSKI Henryk	543	EKSPEDYCJA NORDIC TEAM SZCZECIN	M45-49	1				00:32:46.55	+00:01:04 (3.3%)	6:33	9.2 (96.8%)
6	CYRUS Bogdan	353	TEAM POLAND	M50-54	2		1		00:33:22.70	+00:01:40 (5.0%)	6:40	9 (94.7%)
7	STĘPAK Piotr	607	TEAM POLAND	M18-34	3				00:33:58.70	+00:02:16 (6.7%)	6:47	8.8 (92.6%)
8	LUDWICZAK Dariusz	437	EKSPEDYCJA NORDIC TEAM SZCZECIN	M50-54	3				00:34:03.30	+00:02:21 (6.9%)	6:48	8.8 (92.6%)
9	STILLER Karol	539	TEAM POLAND	M35-39	1				00:34:04.65	+00:02:22 (7.0%)	6:48	8.8 (92.6%)
10	KOWALAK Robert	417	MARSZ PO ZDROWIE	M35-39	2		1		00:34:07.00	+00:02:24 (7.1%)	6:49	8.8 (92.6%)
11	ZABŁOCKI Karol	585	NW CZŁAPSKI TEAM	M35-39	3				00:34:42.60	+00:03:00 (8.7%)	6:56	8.6 (90.5%)
12	SOKOŁOWSKI Marek	530	VINGBERG POLSKA - PTG SOKÓŁ RYMANÓW	M55-59	2				00:35:05.05	+00:03:23 (9.6%)	7:01	8.6 (90.5%)
13	OLSZAŃSKI Karol	467	TEAM POLAND	M45-49	2				00:35:07.10	+00:03:25 (9.7%)	7:01	8.5 (89.5%)
14	RECZULSKI Mariusz	496	SMS EFEKT CZĘSTOCHOWA	M55-59	3				00:35:09.00	+00:03:26 (9.8%)	7:01	8.5 (89.5%)
15	ADAM Jurek	321	TEAM POLAND	M60-64	1		1		00:35:13.05	+00:03:31 (10.0%)	7:02	8.5 (89.5%)
16	WOROCH Roman	580	KGHM METRACO RUDNA	M60-64	2				00:35:16.70	+00:03:34 (10.1%)	7:03	8.5 (89.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Osoba niepełnosprawna	Żół. kartki	Czer. kartki	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
17	DĘBSKI Bartłomiej	356	NORDIC TEAM CZĘSTOCHOWA	M40-44	1				00:35:19.55	+00:03:37 (10.3%)	7:03	8.5 (89.5%)
18	KLARIĆ Vjekoslav	408	TEAM CROATIA	M35-39	4		2		00:35:20.20	+00:03:38 (10.3%)	7:04	8.5 (89.5%)
19	KABATA Jarosław	398	TEAM POLAND	M50-54	4				00:35:40.70	+00:03:58 (11.1%)	7:08	8.4 (88.4%)
20	FRĄCKOWIAK Roman	370	EKSPEDYCJA NORDIC TEAM SZCZECIN	M50-54	5				00:35:45.95	+00:04:03 (11.4%)	7:09	8.4 (88.4%)
21	GRZĄDZIEL Darek	382	BIESZCZADZKI KLUB N.W	M50-54	6				00:35:48.30	+00:04:06 (11.5%)	7:09	8.4 (88.4%)
22	MISZTAL Grzegorz	456	MASZYCANKA MASZYCE	M18-34	4				00:35:49.15	+00:04:07 (11.5%)	7:09	8.4 (88.4%)
23	BREWKA Joachim	345	NORDIC SPORT 2021	M55-59	4		1		00:35:49.75	+00:04:07 (11.5%)	7:09	8.4 (88.4%)
24	ROŻYNEK Miron	508	TEAM POLAND	M55-59	5				00:35:52.65	+00:04:10 (11.6%)	7:10	8.4 (88.4%)
25	WINNICKI Robert	572	BIESZCZADZKI KLUB NORDIC WOLKING	M45-49	3		1		00:35:56.25	+00:04:14 (11.8%)	7:11	8.3 (87.4%)
26	BIBKO Martin	336	SPEEDBAR	M45-49	4				00:35:59.40	+00:04:17 (11.9%)	7:11	8.3 (87.4%)
27	HELWICH Stefan	391	KGHM METRACO RUDNA	M65-69	1				00:36:22.05	+00:04:40 (12.8%)	7:16	8.2 (86.3%)
28	PACYNA Piotr	472	BIEGIEM RADOM	M40-44	2		2		00:36:24.40	+00:04:42 (12.9%)	7:16	8.2 (86.3%)
29	SIWAK Piotr	521	KGHM METRACO RUDNA	M60-64	3				00:36:36.95	+00:04:54 (13.4%)	7:19	8.2 (86.3%)
30	SŁUPIANEK Paweł	527	KATOWICKI NORDIC WALKING	M40-44	3				00:36:43.30	+00:05:01 (13.7%)	7:20	8.2 (86.3%)
31	BARYLUK Beniamin	331	MOSIR TKKF SATURN CZELADŹ	M14-17	1				00:36:55.25	+00:05:13 (14.1%)	7:23	8.1 (85.3%)
32	GUZDZIO Maciej	384	NORDIC WALKING KIEKRZ POLAND	M55-59	6				00:36:56.40	+00:05:14 (14.2%)	7:23	8.1 (85.3%)
33	MAŁKA Marian	446		M60-64	4				00:37:28.05	+00:05:46 (15.4%)	7:29	8 (84.2%)
34	CIEŚLUK Marcin	352	NORDIC TEAM CZĘSTOCHOWA	M45-49	5	A			00:37:34.85	+00:05:52 (15.6%)	7:30	8 (84.2%)
35	GAJEWSKI Eugeniusz	373	KGHM METRACO	M65-69	2				00:37:41.45	+00:05:59 (15.9%)	7:32	8 (84.2%)
36	GŁOGOWSKI Wojciech	376	DRUŻYNA KGHM METRACO	M14-17	2				00:37:49.00	+00:06:06 (16.2%)	7:33	7.9 (83.2%)
37	KONIK Mikołaj	413	BIESZCZADZKI KLUB NORDIC WALKING	M14-17	3				00:37:52.55	+00:06:10 (16.3%)	7:34	7.9 (83.2%)
38	WAJCHERT Łukasz	567	TURBOGROSZKI.RUN	M35-39	5				00:38:02.75	+00:06:20 (16.7%)	7:36	7.9 (83.2%)
39	POLAK Łukasz	489	OBORYGENI	M40-44	4				00:38:07.85	+00:06:25 (16.9%)	7:37	7.9 (83.2%)
40	GROBELNY Tymoteusz	378		M14-17	4		1		00:38:10.70	+00:06:28 (17.0%)	7:38	7.9 (83.2%)
41	RAKOWIECKI Zbigniew	51		M60-64	5				00:38:25.75	+00:06:43 (17.5%)	7:41	7.8 (82.1%)

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						niepełnosprawna				netto 5km	Różn		
42	WOLNY Edward	579		M65-69	3			1		00:38:26.55	+00:06:44 (17.5%)	7:41	7.8 (82.1%)
43	WINIARSKI Hieronim	571	NORDIC WALKING KROTOSZYN	M45-49	6					00:38:31.00	+00:06:48 (17.7%)	7:42	7.8 (82.1%)
44	SKWIRUT Jerzy	523	PRZEMYSKI KLUB SPORTU I REKREACJI NIEWIDOMYCH I SŁABOWIDZĄCYCH 'PODKARPACIE'	M60-64	6	A				00:38:31.95	+00:06:49 (17.7%)	7:42	7.8 (82.1%)
45	DUSZENKO Zygmunt	362	KGHM METRACO RUDNA	M60-64	7	A				00:38:34.85	+00:06:52 (17.8%)	7:42	7.8 (82.1%)
46	ŚLUSARCZYK Marcin	554	WESOŁY BORSUK TEAM	M40-44	5					00:38:41.95	+00:06:59 (18.1%)	7:44	7.8 (82.1%)
47	GRODZKI Ignacy	379	PASJA NORDIC WALKING	M8-13	1					00:38:43.30	+00:07:01 (18.1%)	7:44	7.7 (81.1%)
48	KASPRZAK Tadeusz	404	TURBO-KIJE	M60-64	8	A		1		00:38:46.00	+00:07:03 (18.2%)	7:45	7.7 (81.1%)
49	GOŁĘBIEWSKI Edward	377	MARSZ PO ZDROWIE	M70-74	1					00:39:00.45	+00:07:18 (18.7%)	7:48	7.7 (81.1%)
50	REMISZEWSKI Mieczysław	498	TKKF CZELADŹ	M65-69	4			1		00:39:01.00	+00:07:18 (18.8%)	7:48	7.7 (81.1%)
51	MIHELAC Juraj	455	TEAM CROATIA	M40-44	6					00:39:02.35	+00:07:20 (18.8%)	7:48	7.7 (81.1%)
52	STRABEL Wojciech	540	#ŚREMCHODZI	M65-69	5			1		00:39:09.90	+00:07:27 (19.1%)	7:49	7.7 (81.1%)
53	WINCZEWSKI Piotr	570	AZYMUT PABIANICE	M55-59	7					00:39:12.70	+00:07:30 (19.2%)	7:50	7.7 (81.1%)
54	ŻBIKOWSKI Wacław	591	TURBO KIJE	M70-74	2					00:39:12.75	+00:07:30 (19.2%)	7:50	7.7 (81.1%)
55	KRUGIOŁKA Grzegorz	422	AKTYWNIE W PNIEWACH	M40-44	7					00:39:29.25	+00:07:47 (19.7%)	7:53	7.6 (80.0%)
56	KLAWCZYŃSKI Marcin	409	AKTYWNIE W PNIEWACH	M18-34	5					00:39:33.70	+00:07:51 (19.9%)	7:54	7.6 (80.0%)
57	KUREK Aleksander	605	KGHM METRACO	M8-13	2					00:39:48.35	+00:08:06 (20.4%)	7:57	7.5 (78.9%)
58	STANISŁAWSKI Jan	538	NORDIC WALKING KIEKRZ POLAND	M60-64	9					00:39:57.50	+00:08:15 (20.7%)	7:59	7.5 (78.9%)
59	LACHNIK Hubert	431		M70-74	3					00:40:01.25	+00:08:19 (20.8%)	8:00	7.5 (78.9%)
60	WOJTCZAK Roman	406	LECH CZAPLINEK	M40-44	8					00:40:03.35	+00:08:21 (20.9%)	8:00	7.5 (78.9%)
61	SZOT Adam	609	KGHM METRACO	M18-34	6					00:40:18.40	+00:08:36 (21.4%)	8:03	7.4 (77.9%)
62	OSTRIĆ Igor	470	TEAM CROATIA	M55-59	8					00:40:23.05	+00:08:41 (21.5%)	8:04	7.4 (77.9%)
63	WIŚNIEWSKI Oliwer	610	KGHM METRACO	M8-13	3					00:40:34.55	+00:08:52 (21.9%)	8:06	7.4 (77.9%)
64	SANIUK Edward	515	FACE NORDIC WALKING TEAM	M70-74	4					00:40:36.70	+00:08:54 (21.9%)	8:07	7.4 (77.9%)
65	KRIGER Roman	420	MAPEI POLSKA	M60-64	10					00:40:37.75	+00:08:55 (22.0%)	8:07	7.4 (77.9%)
66	BANASZAK Łukasz	327	KGHM METRACO GMINA RADWANICE	M18-34	7			2		00:40:54.65	+00:09:12 (22.5%)	8:10	7.3 (76.8%)

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						niepełnosprawna					Różn		
67	POLAK Marcel	490	OBORYGENI	M8-13	4					00:40:56.30	+00:09:14 (22.6%)	8:11	7.3 (76.8%)
68	JANKOWSKI Oskar	394	DRUŻYNA KGHM METRACO	M8-13	5					00:40:59.60	+00:09:17 (22.7%)	8:11	7.3 (76.8%)
69	KADŁUBICKI Marcel	611	KGHM METRACO	M8-13	6					00:41:05.00	+00:09:22 (22.8%)	8:13	7.3 (76.8%)
70	CZARNECKI Witold	354	NORDIC WALKING KIEKRZ POLAND	M8-13	7					00:41:06.90	+00:09:24 (22.9%)	8:13	7.3 (76.8%)
71	ZAWADZKI Krzysztof	588	WETERAN	M65-69	6	B				00:41:22.40	+00:09:40 (23.4%)	8:16	7.3 (76.8%)
72	STANIEC Stanisław	537	AMATOR	M65-69	7					00:41:29.20	+00:09:47 (23.6%)	8:17	7.2 (75.8%)
73	GRYGOROWICZ Bogdan	381	KGHM METRACO	M70-74	5	B		1		00:41:39.65	+00:09:57 (23.9%)	8:19	7.2 (75.8%)
74	RYBAŁTOWSKI Paweł	510	OBORYGENI	M75-79	1					00:41:47.25	+00:10:05 (24.1%)	8:21	7.2 (75.8%)
75	GAĞÓŁ Krzysztof	375	KGHM METRACO	M40-44	9			1		00:41:53.90	+00:10:11 (24.3%)	8:22	7.2 (75.8%)
76	DUDEK Leszek	360	KGHM METRACO RUDNA	M70-74	6					00:42:18.05	+00:10:36 (25.1%)	8:27	7.1 (74.7%)
77	SIEPSIAK Tomek	520		M50-54	7					00:42:21.00	+00:10:38 (25.1%)	8:28	7.1 (74.7%)
78	BOBEŁA Maciej	344	KGHM METRACO	M8-13	8					00:42:31.55	+00:10:49 (25.5%)	8:30	7.1 (74.7%)
79	RADZIEJOWSKI Bogusław	495	NORDIC TEAM CZĘSTOCHOWA	M60-64	11					00:42:33.20	+00:10:51 (25.5%)	8:30	7.1 (74.7%)
80	BIEDRZYCKI Filip	338	KGHM METRACO	M14-17	5					00:42:46.15	+00:11:04 (25.9%)	8:33	7 (73.7%)
81	ROMAŃSKI Bartłomiej	505	KGHM METRACO	M40-44	10			1		00:42:48.20	+00:11:06 (25.9%)	8:33	7 (73.7%)
82	ŚLUSARCZYK Andrzej	555	WESOŁY BORSUK TEAM	M70-74	7					00:43:01.50	+00:11:19 (26.3%)	8:36	7 (73.7%)
83	NETKOWSKI Wojciech	459	PASJA NORDIC WALKING	M60-64	12					00:43:05.60	+00:11:23 (26.4%)	8:37	7 (73.7%)
84	ROMAŃSKI Hubert	504	KGHM METRACO	M8-13	9					00:43:35.55	+00:11:53 (27.3%)	8:43	6.9 (72.6%)
85	MACHOWSKI Jan	441	LEŚNE LUDKI ŻARKI LETNISKO	M70-74	8					00:43:37.00	+00:11:54 (27.3%)	8:43	6.9 (72.6%)
86	RUDAWSKI Maciej	509	MARSZ PO ZDROWIE	M35-39	6					00:43:52.70	+00:12:10 (27.8%)	8:46	6.8 (71.6%)
87	LEWANDOWSKI Roman	435	LKS ZANTYR SZTUM	M65-69	8					00:44:12.20	+00:12:30 (28.3%)	8:50	6.8 (71.6%)
88	PLEWIŃSKI Rafał	388		M35-39	7			1		00:44:32.25	+00:12:50 (28.8%)	8:54	6.7 (70.5%)
89	CIESIELSKI Krzysztof	350	FAST WALKER	M65-69	9	B		1		00:44:39.85	+00:12:57 (29.0%)	8:55	6.7 (70.5%)
90	SPUNGIS Andris	535	-	M75-79	2			2		00:44:52.50	+00:13:10 (29.4%)	8:58	6.7 (70.5%)
91	FLAK Tadeusz	366	KGHM METRACO	M65-69	10	B				00:45:14.10	+00:13:32 (29.9%)	9:02	6.6 (69.5%)

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92	THOMALLA Bogdan	562	'EKIPA NA KIJACH' RUDA ŚLĄSKA	M80+	1				00:45:41.75	+00:13:59 (30.6%)	9:08	6.6 (69.5%)
93	BŁASZAK Maksymilian	341	DRUŻYNA KGHM METRACO	M14-17	6				00:45:44.75	+00:14:02 (30.7%)	9:08	6.6 (69.5%)
94	FRYC Jan	371	KKNW KOLBUSZOWA	M60-64	13				00:46:14.25	+00:14:32 (31.4%)	9:14	6.5 (68.4%)
95	RIZZI Giorgio	500	NORDIC WALKING COMO	M65-69	11				00:46:19.55	+00:14:37 (31.6%)	9:15	6.5 (68.4%)
96	SOSNA Grzegorz	533	SAINT-GOBAIN SQUAD	M35-39	8		2		00:46:33.85	+00:14:51 (31.9%)	9:18	6.4 (67.4%)
97	PODORSKI Roman	488	STG TARNÓW	M80+	2		1		00:47:01.00	+00:15:18 (32.6%)	9:24	6.4 (67.4%)
98	PAVTEUS Romislovs	6		M75-79	3				00:47:26.15	+00:15:44 (33.2%)	9:29	6.3 (66.3%)
99	BARTCZAK Daniel	328	KGHM METRACO	M8-13	10				00:47:47.80	+00:16:05 (33.7%)	9:33	6.3 (66.3%)
100	MIGDALCZYK Jarosław	453	STAL GORZÓW WLKP	M50-54	8		1		00:47:51.40	+00:16:09 (33.8%)	9:34	6.3 (66.3%)
101	DURA Kazimierz	361	WKB PIAST	M80+	3		1		00:47:56.80	+00:16:14 (33.9%)	9:35	6.3 (66.3%)
102	SŁOWIK Stanisław	525	DRUŻYNA KGHM METRACO	M8-13	11				00:48:17.85	+00:16:35 (34.4%)	9:39	6.2 (65.3%)
103	SOBOTA Dariusz	529	BIESZCZADZKI KLUB NORDIC WALKING	M50-54	9				00:48:19.25	+00:16:37 (34.4%)	9:39	6.2 (65.3%)
104	KANIKUŁA Mikołaj	400	KGHM METRACO	M8-13	12				00:48:23.20	+00:16:41 (34.5%)	9:40	6.2 (65.3%)
105	PIĄTKOWSKI Józef	482	KGHM METRACO RUDNA	M75-79	4				00:48:29.45	+00:16:47 (34.6%)	9:41	6.2 (65.3%)
106	ROMAŃSKI Szymon	503	KGHM METRACO	M14-17	7				00:48:33.00	+00:16:50 (34.7%)	9:42	6.2 (65.3%)
107	BARTOSZEK Mateusz	330		M18-34	8				00:48:34.80	+00:16:52 (34.7%)	9:42	6.2 (65.3%)
108	KOWALSKI Mirosław	418	GRYF	M65-69	12				00:48:49.45	+00:17:07 (35.1%)	9:45	6.1 (64.2%)
109	KARCZMARSKI Krzysztof	401	JOVI OBORY KOZIENICE	M65-69	13				00:49:03.75	+00:17:21 (35.4%)	9:48	6.1 (64.2%)
110	CHARCZUK Zenon	348		M65-69	14	A			00:49:23.50	+00:17:41 (35.8%)	9:52	6.1 (64.2%)
111	MALINOWSKI Krystian	445	KGHM METRACO GMINA RADWANICE	M35-39	9				00:49:39.50	+00:17:57 (36.2%)	9:55	6 (63.2%)
112	NOGA Bolesław	460	ZESPÓŁ NIESPOKOJNYCH NÓG	M65-69	15				00:50:47.10	+00:19:05 (37.6%)	10:09	5.9 (62.1%)
113	AHEL Jadranko	322	TEAM CROATIA	M65-69	16				00:50:50.40	+00:19:08 (37.6%)	10:10	5.9 (62.1%)
114	PIWKO Paweł	485	KGHM METRACO	M40-44	11		1		00:51:22.05	+00:19:40 (38.3%)	10:16	5.8 (61.1%)
115	KĄLMUCZAK Filip	399	KGHM METRACO	M14-17	8				00:52:02.20	+00:20:20 (39.1%)	10:24	5.8 (61.1%)
116	ROMANIUK Grzegorz	598	KOLBUSZOWSKI KLUB NORDIC WALKING	M55-59	9				00:52:20.10	+00:20:38 (39.4%)	10:28	5.7 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Osoba niepełnosprawna	Żół. kartki	Czer. kartki	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
117	BUSZKO Jerzy	347		M18-34	9				00:52:41.20	+00:20:59 (39.8%)	10:32	5.7 (60.0%)
118	ŚLUSARCZYK Błażej	557	WESOŁY BORSUK TEAM	M8-13	13				00:59:21.10	+00:27:39 (46.6%)	11:52	5.1 (53.7%)
119	STUDNICKI Ryszard	599	KOLBUSZOWSKI KLUB NORDIC WALKING	M75-79	5				01:01:00.85	+00:29:18 (48.0%)	12:12	4.9 (51.6%)
120	SAJNA Bogusław	512	ZIELONY LAS	M65-69	17				01:05:39.80	+00:33:57 (51.7%)	13:07	4.6 (48.4%)
121	KULCZYCKI Jan	426		M70-74	9				01:07:09.30	+00:35:27 (52.8%)	13:25	4.5 (47.4%)
122	PELCZAR Rafał	481		M18-34	10				01:07:15.75	+00:35:33 (52.9%)	13:27	4.5 (47.4%)
123	JAPIN Henryk	395		M65-69	18				01:09:34.45	+00:37:52 (54.4%)	13:54	4.3 (45.3%)
124	TATARYNOWICZ Eugeniusz	560	NIEZRZESZONY	M80+	4				01:15:00.65	+00:43:18 (57.7%)	15:00	4 (42.1%)
125	ŁAZORKO Antoni	439	EFEKT CZĘSTOCHOWA	M65-69	19		1					(0.0%)
DQ	KUBALA Zbigniew	424	NIESTOWARZYSZONY	M60-64				1	00:36:47.70 DQ		0:00	8.2 (86.3%)
DQ	OLSZEWSKI Wiktor	468		M18-34				1	00:51:22.60 DQ		0:00	5.8 (61.1%)
	PAWLACZYK Marian	480	WKB PIAST	M80+					DNF		-	- (0.0%)

Znaleziono 128 wynik(ów)