

# INWA NORDIC WALKING WORLD CUP - 10KM - KLASYFIKACJA WG. INWA

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Wydarzenie:** INWA NORDIC WALKING CUP 2022  
**Organizator:** INWA  
**Data:** 2022-07-09  
**Miejsce:** Ryga  
**Dystans:** 10 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SOSNOWSKA Agnieszka	307		K21-39	1			01:00:07.00		6:00	10 (100%)
2	KUBISZYN Małgorzata	308		K21-39	2			01:00:22.00	+00:00:15 (0.4%)	6:02	9.9 (99.0%)
3	JĘDRASIAK Renata	319		K40-59	1			01:03:19.00	+00:03:12 (5.1%)	6:19	9.5 (95.0%)
4	BOLGZDA Baiba	320		K40-59	2			01:05:03.00	+00:04:56 (7.6%)	6:30	9.2 (92.0%)
5	KRAĖE Inese	321		K40-59	3			01:10:48.00	+00:10:41 (15.1%)	7:04	8.5 (85.0%)
6	GRAVA Zane	322		K40-59	4			01:11:24.00	+00:11:17 (15.8%)	7:08	8.4 (84.0%)
7	NITECKA Polina	309		K21-39	3			01:12:48.00	+00:12:41 (17.4%)	7:16	8.2 (82.0%)
8	TALMANE Ilze	323		K40-59	5			01:12:53.00	+00:12:46 (17.5%)	7:17	8.2 (82.0%)
9	FINOGEJEVA Valentina	342		K60-69	1			01:13:00.00	+00:12:53 (17.6%)	7:18	8.2 (82.0%)
10	RĒBOKA Inga	343		K60-69	2			01:13:12.00	+00:13:05 (17.9%)	7:19	8.2 (82.0%)
11	FILA-ROĶE Renāte	324		K40-59	6			01:13:23.00	+00:13:16 (18.1%)	7:20	8.2 (82.0%)
12	DĪCE Ruta	344		K60-69	3			01:14:36.00	+00:14:29 (19.4%)	7:27	8 (80.0%)
13	MEDIŅA Agija	325		K40-59	7			01:14:44.00	+00:14:37 (19.6%)	7:28	8 (80.0%)
14	LIEPIŅA Sanita	326		K40-59	8			01:14:51.00	+00:14:44 (19.7%)	7:29	8 (80.0%)
15	ŠIRVE Dzidra	360		K70+	1			01:15:36.00	+00:15:29 (20.5%)	7:33	7.9 (79.0%)
16	VISOCKA Liene	310		K21-39	4			01:15:58.00	+00:15:51 (20.9%)	7:35	7.9 (79.0%)
17	VINCĒVIČA Astrīda	345		K60-69	4			01:16:10.00	+00:16:03 (21.1%)	7:37	7.9 (79.0%)
18	BALTRAŠJUNA Ligita	327		K40-59	9			01:16:15.00	+00:16:08 (21.2%)	7:37	7.9 (79.0%)
19	MONTVIDA Nadežda	328		K40-59	10			01:16:20.00	+00:16:13 (21.2%)	7:38	7.9 (79.0%)
20	KUĻIKOVSKA Solvita	311		K21-39	5			01:16:37.00	+00:16:30 (21.5%)	7:39	7.8 (78.0%)
21	LEIBUS Inguna	346		K60-69	5			01:17:17.00	+00:17:10 (22.2%)	7:43	7.8 (78.0%)
21	DETKOVA Gaļina	347		K60-69	5			01:17:17.00	+00:17:10 (22.2%)	7:43	7.8 (78.0%)
23	BĀRIŅA Anīta Ieva	361		K70+	2			01:17:33.00	+00:17:26 (22.5%)	7:45	7.7 (77.0%)
24	PAVLOVIČA Sanita	312		K21-39	6			01:17:47.00	+00:17:40 (22.7%)	7:46	7.7 (77.0%)
25	KOZLOVSKA Ruta	348		K60-69	7			01:18:22.00	+00:18:15 (23.3%)	7:50	7.7 (77.0%)
26	BLANKA Flisek	313		K21-39	7			01:19:03.00	+00:18:56 (24.0%)	7:54	7.6 (76.0%)

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27	<b>IVANOVA Nina</b>	<b>349</b>		K60-69	8			<b>01:19:10.00</b>	+00:19:03 (24.1%)	7:55	7.6 (76.0%)
28	<b>CZAJKA Urszula</b>	<b>350</b>		K60-69	9			<b>01:19:37.00</b>	+00:19:30 (24.5%)	7:57	7.5 (75.0%)
29	<b>AIZPURIETE Ilona</b>	<b>329</b>		K40-59	11			<b>01:19:38.00</b>	+00:19:31 (24.5%)	7:57	7.5 (75.0%)
30	<b>OZOLIŅA Irita</b>	<b>330</b>		K40-59	12			<b>01:19:44.00</b>	+00:19:37 (24.6%)	7:58	7.5 (75.0%)
31	<b>VINGRE Ilva</b>	<b>331</b>		K40-59	13			<b>01:20:20.00</b>	+00:20:13 (25.2%)	8:02	7.5 (75.0%)
32	<b>LINMEIJERE Diāna</b>	<b>314</b>		K>20	1			<b>01:21:29.00</b>	+00:21:22 (26.2%)	8:08	7.4 (74.0%)
33	<b>GERGENREDERE Diāna</b>	<b>315</b>		K21-39	8			<b>01:22:40.00</b>	+00:22:33 (27.3%)	8:16	7.3 (73.0%)
34	<b>BUKALDERE Ilze</b>	<b>332</b>		K40-59	14			<b>01:25:51.00</b>	+00:25:44 (30.0%)	8:35	7 (70.0%)
35	<b>DZELZKALĒJA- Maira</b>	<b>333</b>		K40-59	15			<b>01:28:37.00</b>	+00:28:30 (32.2%)	8:51	6.8 (68.0%)
36	<b>RĪTERE Gundega</b>	<b>334</b>		K40-59	16			<b>01:29:30.00</b>	+00:29:23 (32.8%)	8:57	6.7 (67.0%)
37	<b>JANSONE Larisa</b>	<b>362</b>		K70+	3			<b>01:29:36.00</b>	+00:29:29 (32.9%)	8:57	6.7 (67.0%)
38	<b>GRYGOROWICZ Teresa</b>	<b>363</b>		K70+	4			<b>01:31:31.00</b>	+00:31:24 (34.3%)	9:09	6.6 (66.0%)
39	<b>SPRUĢE Silvija</b>	<b>364</b>		K70+	5			<b>01:32:26.00</b>	+00:32:19 (35.0%)	9:14	6.5 (65.0%)
40	<b>ŠKUŠKAVNIECE Apolonija</b>	<b>365</b>		K70+	6			<b>01:36:53.00</b>	+00:36:46 (37.9%)	9:41	6.2 (62.0%)
41	<b>GLUŠAKA Inese</b>	<b>335</b>		K40-59	17			<b>01:50:23.00</b>	+00:50:16 (45.5%)	11:02	5.4 (54.0%)

Znaleziono 41 wynik(ów)