



INWA NORDIC WALKING WORLD CUP - 21,1 KM

B4SPORT

Event: INWA NORDIC WALKING WORLD CUP 2023
Organiser: Polskie Zrzeszenie Nordic Walking
Date: 2023-04-29
Place: Mielno
Distance: 17.2 km



Classification: OPEN -M

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	4.3km	8.6km	12.9km	Net time 17.2km	Gap	Pace min/km	Pace km/h
1	ROMANOWSKI Daniel	12	KATOWICKI NORDIC WALKING	M18-29	1			00:26:05	00:53:30	01:20:57	01:48:31.55		6:18	9.5 (100%)
2	FRĄCKOWIAK Roman	5	NORDIC SPORT 2021	M50-59	1			00:29:16	00:58:00	01:27:06	01:56:08.10	+00:07:36 (6.6%)	6:45	8.9 (93.7%)
3	MAŁKA Marian	106		M60-69	1			00:29:00	00:58:12	01:27:21	01:56:26.80	+00:07:55 (6.8%)	6:46	8.9 (93.7%)
4	DOŁĘGOWSKI Marek	3	UKS WYSPA WOLIN	M50-59	2			00:28:32	00:57:49	01:28:21	01:59:52.05	+00:11:20 (9.5%)	6:58	8.6 (90.5%)
5	CZŁAPSKI Krzysztof	2	NW CZŁAPSKI TEAM	M60-69	2			00:28:36	00:58:22	01:29:08	02:00:22.70	+00:11:51 (9.8%)	6:59	8.6 (90.5%)
6	MĄDRY Grzegorz	10	NORDIC SPORT 2021	M60-69	3			00:29:15	01:00:01	01:31:21	02:03:32.70	+00:15:01 (12.2%)	7:10	8.4 (88.4%)
7	GAJEWSKI Eugeniusz	200		M60-69	4			00:29:14	00:59:49	01:30:56	02:04:27.90	+00:15:56 (12.8%)	7:14	8.3 (87.4%)
8	WINCZEWSKI Piotr	20	AZYMUT	M50-59	3			00:30:04	01:01:18	01:33:34	02:05:40.50	+00:17:08 (13.6%)	7:18	8.2 (86.3%)
9	TREDER Marian	15	TEAM TREDER	M50-59	4			00:31:03	01:03:09	01:36:33	02:10:08.90	+00:21:37 (16.6%)	7:33	7.9 (83.2%)
10	ZAWADZKI Krzysztof	17	NW CZŁAPSKI TEAM	M60-69	5			00:32:04	01:05:09	01:38:39	02:12:15.70	+00:23:44 (17.9%)	7:41	7.8 (82.1%)
11	WOJTUNIK Andrzej	19		M70+	1			00:32:57	01:06:57	01:41:31	02:16:51.70	+00:28:20 (20.7%)	7:57	7.5 (78.9%)
12	KRAWIEC Jacek	8	JACK NORDIC TEAM ELBLĄG	M50-59	5			00:33:08	01:07:11	01:42:19	02:18:43.00	+00:30:11 (21.8%)	8:03	7.4 (77.9%)
13	WEKA Krzysztof	16	CHODZĘ BO LUBIĘ BIAŁYSTOK	M30-39	1			00:42:20	01:25:58	02:10:07	02:54:34.05	+01:06:02 (37.8%)	10:08	5.9 (62.1%)
DQ	SIWAK Piotr	44	KGHM MERTACO	M60-69			1	00:28:45 DQ	00:57:49 DQ	01:27:07 DQ	DQ			(0.0%)

Total 14 results.