



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

INWA NORDIC WALKING WORLD CUP - 21.1KM

INWA NORDIC WALKING WORLD CUP 2022
Polskie Zrzeszenie Nordic Walking, Urząd Gminy
Kolbuszowa
2022-05-14
Koszalin
21.1 km

B4SPORT



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół.	Czer.	kartki	3.6km	6.1km	8.6km	11.1km	13.6km	16.1km	18.6km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	WOJTOWICZ Tomasz	24	K.B. ATHLETIC ZRECIN	M30-39	1				00:21:27	00:37:15	00:52:49	01:08:48	01:24:43	01:40:51	01:57:11	02:13:04.04		6:18	9.5 (100%)
2	ROMANOWSKI Daniel	17	KATOWICKI NORDIC WALKING / LUKI TEAM POLSKA	M18-29	1				00:21:27	00:37:15	00:52:50	01:08:48	01:24:43	01:40:52	01:57:11	02:13:08.10	+00:00:04 (0.1%)	6:18	9.5 (100%)
3	HAŁAS Marcin	5		M30-39	2				00:24:02	00:41:20	00:58:27	01:15:17	01:32:02	01:48:35	02:05:08	02:21:45.54	+00:08:41 (6.1%)	6:43	8.9 (93.7%)
4	SŁUPIANEK Paweł	19	KATOWICKI NORDIC WALKING	M40-49	1				00:23:00	00:40:01	00:56:34	01:13:16	01:30:15	01:47:21	02:04:43	02:22:10.71	+00:09:06 (6.4%)	6:44	8.9 (93.7%)
5	FRĄCKOWIAK Krzysztof	2	ŚWIADOMI SIEDLCE	M50-59	1				00:24:18	00:41:34	00:58:53	01:15:57	01:32:49	01:49:55	02:07:16	02:24:29.48	+00:11:25 (7.9%)	6:50	8.8 (92.6%)
6	GRATKA Mirosław	4		M40-49	2				00:22:58	00:40:00	00:56:50	01:13:54	01:31:09	01:48:47	02:06:45	02:24:53.06	+00:11:49 (8.2%)	6:51	8.7 (91.6%)
7	ZYCH Witold	25		M50-59	2				00:24:19	00:41:30	00:58:51	01:16:03	01:33:07	01:50:26	02:08:12	02:26:32.44	+00:13:28 (9.2%)	6:56	8.6 (90.5%)
8	KLIMCZAK Adam	6	GOSADI NORDIC TEAM	M50-59	3				00:24:15	00:41:38	00:59:03	01:16:39	01:34:34	01:52:46	02:11:10	02:29:31.59	+00:16:27 (11.0%)	7:05	8.5 (89.5%)
9	OLSZAŃSKI Karol	13	FEAR THE RETURN	M40-49	3	1			00:24:03	00:41:20	00:58:28	01:15:51	01:33:39	01:51:56	02:10:45	02:30:47.87	+00:17:43 (11.8%)	7:08	8.4 (88.4%)
10	RAKOWIECKI Zbigniew	16	POLIPACK TEAM GWE	M60-69	1				00:24:59	00:43:03	01:01:41	01:19:52	01:38:40	01:57:16	02:11:44	02:32:19.16	+00:19:15 (12.6%)	7:13	8.3 (87.4%)
11	WINCZEWSKI Piotr	23	AZYMUT PABIANICE	M50-59	4				00:24:18	00:42:13	01:00:36	01:18:50	01:37:34	01:56:15	02:15:28	02:34:31.28	+00:21:27 (13.9%)	7:19	8.2 (86.3%)
12	CZMOCH Marian	1	PUKS JEDYNKA	M70+	1				00:26:03	00:44:39	01:03:27	01:22:25	01:41:47	02:01:12	02:20:33	02:40:10.28	+00:27:06 (16.9%)	7:35	7.9 (83.2%)
13	MOCZARSKI Mirosław	11	NW WŁÓCZYKIJE LEŻAJSK	M60-69	2	1			00:26:31	00:45:36	01:05:15	01:24:37	01:44:32	02:04:37	02:24:55	02:45:31.82	+00:32:27 (19.6%)	7:50	7.6 (80.0%)
14	KRAWIEC Jacek	8	JACK NORDIC TEAM ELBLĄG	M50-59	5				00:26:33	00:45:33	01:05:01	01:24:39	01:44:20	02:04:30	02:24:59	02:46:14.59	+00:33:10 (20.0%)	7:52	7.6 (80.0%)
15	TOMCZYK Andrzej	300	TG SOKÓŁ ZAKOPANE	M50-59	6				00:26:33	00:45:53	01:05:39	01:25:19	01:45:24	02:05:32	02:25:56	02:47:51.37	+00:34:47 (20.7%)	7:57	7.5 (78.9%)
16	WIŚNIEWSKI Roman	26		M60-69	3				00:26:33	00:45:52	01:05:40	01:25:21	01:45:36	02:06:13	02:27:29	02:48:11.37	+00:35:07 (20.9%)	7:58	7.5 (78.9%)
17	GUTOWSKI Maciej	298		M30-39	3				00:27:59	00:47:22	01:07:19	01:27:06	01:47:51	02:09:58	02:31:28	02:53:02.98	+00:39:58 (23.1%)	8:12	7.3 (76.8%)

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															21.1km			
18	PERKUSZEWSKI Karol	296		M40-49	4	1		00:32:12	00:55:03	01:17:01	01:39:25	02:02:57	02:27:36	02:52:34	03:18:21.53	+01:05:17 (32.9%)	9:24	6.4 (67.4%)
19	WEEDMAN Douglas	22	NORDIC WALKING NEBRASKA	M70+	2			00:34:07	00:59:01	01:24:27	01:50:34	02:17:19	02:44:54	03:12:15	03:41:46.91	+01:28:42 (40.0%)	10:30	5.7 (60.0%)

Znaleziono 19 wynik(ów)