



# INWA NORDIC WALKING WORLD CUP - 21 KM - KLASYFIKACJA WG. INWA

B4SPORT

**Wydarzenie:**  
**Organizator:**

INWA NORDIC WALKING WORLD CUP 2022  
Polskie Zrzeszenie Nordic Walking, Urząd Gminy

**Data:**  
**Miejsce:**  
**Dystans:**

2022-05-14  
Kolbuszowa  
21 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	3.6 km	5 km	8.6 km	11.1 km	13.6 km	16.1 km	18.6 km	Czas netto 21.1 km	Różn	Tempo min/km	Tempo km/h
1	<b>WOJTOWICZ Tomasz</b>	<b>24</b>	K.B. ATHLETIC ZRECIN	M21-39	1			00:21:27	00:37:15	00:52:49	01:08:48	01:24:43	01:40:51	01:57:11	<b>02:13:04.04</b>		6:18	9.5 (100%)
2	<b>ROMANOWSKI Daniel</b>	<b>17</b>	KATOWICKI NORDIC WALKING / LUKI TEAM POLSKA	M21-39	2			00:21:27	00:37:15	00:52:50	01:08:48	01:24:43	01:40:52	01:57:11	<b>02:13:08.10</b>	+00:00:04 (0.1%)	6:18	9.5 (100%)
3	<b>HAŁAS Marcin</b>	<b>5</b>		M21-39	3			00:24:02	00:41:20	00:58:27	01:15:17	01:32:02	01:48:35	02:05:08	<b>02:21:45.54</b>	+00:08:41 (6.1%)	6:43	8.9 (93.7%)
4	<b>SŁUPIANEK Paweł</b>	<b>19</b>	KATOWICKI NORDIC WALKING	M40-59	1			00:23:00	00:40:01	00:56:34	01:13:16	01:30:15	01:47:21	02:04:43	<b>02:22:10.71</b>	+00:09:06 (6.4%)	6:44	8.9 (93.7%)
5	<b>FRĄCKOWIAK Krzysztof</b>	<b>2</b>	ŚWIADOMI SIEDLCE	M40-59	2			00:24:18	00:41:34	00:58:53	01:15:57	01:32:49	01:49:55	02:07:16	<b>02:24:29.48</b>	+00:11:25 (7.9%)	6:50	8.8 (92.6%)
6	<b>GRATKA Mirosław</b>	<b>4</b>		M40-59	3			00:22:58	00:40:00	00:56:50	01:13:54	01:31:09	01:48:47	02:06:45	<b>02:24:53.06</b>	+00:11:49 (8.2%)	6:51	8.7 (91.6%)
7	<b>ZYCH Witold</b>	<b>25</b>		M40-59	4			00:24:19	00:41:30	00:58:51	01:16:03	01:33:07	01:50:26	02:08:12	<b>02:26:32.44</b>	+00:13:28 (9.2%)	6:56	8.6 (90.5%)
8	<b>KLIMCZAK Adam</b>	<b>6</b>	GOSADI NORDIC TEAM	M40-59	5			00:24:15	00:41:38	00:59:03	01:16:39	01:34:34	01:52:46	02:11:10	<b>02:29:31.59</b>	+00:16:27 (11.0%)	7:05	8.5 (89.5%)
9	<b>OLSZAŃSKI Karol</b>	<b>13</b>	FEAR THE RETURN	M40-59	6	1		00:24:03	00:41:20	00:58:28	01:15:51	01:33:39	01:51:56	02:10:45	<b>02:30:47.87</b>	+00:17:43 (11.8%)	7:08	8.4 (88.4%)
10	<b>RAKOWIECKI Zbigniew</b>	<b>16</b>	POLIPACK TEAM GWE	M60-69	1			00:24:59	00:43:03	01:01:41	01:19:52	01:38:40	01:57:16	02:11:44	<b>02:32:19.16</b>	+00:19:15 (12.6%)	7:13	8.3 (87.4%)
11	<b>WINCZEWSKI Piotr</b>	<b>23</b>	AZYMUT PABIANICE	M40-59	7			00:24:18	00:42:13	01:00:36	01:18:50	01:37:34	01:56:15	02:15:28	<b>02:34:31.28</b>	+00:21:27 (13.9%)	7:19	8.2 (86.3%)
12	<b>CZMOCH Marian</b>	<b>1</b>	PUKS JEDYNKA	M70+	1			00:26:03	00:44:39	01:03:27	01:22:25	01:41:47	02:01:12	02:20:33	<b>02:40:10.28</b>	+00:27:06 (16.9%)	7:35	7.9 (83.2%)
13	<b>MOCZARSKI Mirosław</b>	<b>11</b>	NW WŁÓCZYKIJE LEŻAJSK	M60-69	2	1		00:26:31	00:45:36	01:05:15	01:24:37	01:44:32	02:04:37	02:24:55	<b>02:45:31.82</b>	+00:32:27 (19.6%)	7:50	7.6 (80.0%)
14	<b>KRAWIEC Jacek</b>	<b>8</b>	JACK NORDIC TEAM ELBLĄG	M40-59	8			00:26:33	00:45:33	01:05:01	01:24:39	01:44:20	02:04:30	02:24:59	<b>02:46:14.59</b>	+00:33:10 (20.0%)	7:52	7.6 (80.0%)
15	<b>TOMCZYK Andrzej</b>	<b>300</b>	TG SOKÓŁ ZAKOPANE	M40-59	9			00:26:33	00:45:53	01:05:39	01:25:19	01:45:24	02:05:32	02:25:56	<b>02:47:51.37</b>	+00:34:47 (20.7%)	7:57	7.5 (78.9%)
16	<b>WIŚNIEWSKI Roman</b>	<b>26</b>		M60-69	3			00:26:33	00:45:52	01:05:40	01:25:21	01:45:36	02:06:13	02:27:29	<b>02:48:11.37</b>	+00:35:07 (20.9%)	7:58	7.5 (78.9%)
17	<b>GUTOWSKI Maciej</b>	<b>298</b>		M21-39	4			00:27:59	00:47:22	01:07:19	01:27:06	01:47:51	02:09:58	02:31:28	<b>02:53:02.98</b>	+00:39:58 (23.1%)	8:12	7.3 (76.8%)

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								3.6 3.6km	5 km 6.1km	8.6 8.6km	11.1 11.1km	13.6 13.6km	16.1 16.1km	18.6 18.6km	21.1km				
18	<b>PERKUSZEWSKI Karol</b>	<b>296</b>		M40-59	10	1		00:32:12	00:55:03	01:17:01	01:39:25	02:02:57	02:27:36	02:52:34	<b>03:18:21.53</b>	+01:05:17 (32.9%)	9:24	6.4 (67.4%)	
19	<b>WEEDMAN Douglas</b>	<b>22</b>	NORDIC WALKING NEBRASKA	M70+	2			00:34:07	00:59:01	01:24:27	01:50:34	02:17:19	02:44:54	03:12:15	<b>03:41:46.91</b>	+01:28:42 (40.0%)	10:30	5.7 (60.0%)	

Znaleziono 19 wynik(ów)