



# INWA NORDIC WALKING WORLD CUP - 5 KM - KLASYFIKACJA WG. INWA

B4SPORT

**Wydarzenie:** INWA NORDIC WALKING WORLD CUP 2022  
**Organizator:** Polskie Zrzeszenie Nordic Walking, Urząd Gminy Kolbuszowa  
**Data:** 2022-05-14  
**Miejsce:** Kolbuszowa  
**Dystans:** 5 km



Klasyfikacja: K40-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.5 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>MIELECKA Agnieszka</b>	<b>166</b>		K40-59	1			00:15:40	<b>00:31:28.25</b>		6:17	9.5 (100%)
2	<b>RYKAŁA Irena</b>	<b>294</b>		K40-59	2			00:16:54	<b>00:34:04.51</b>	+00:02:36 (7.6%)	6:48	8.8 (92.6%)
3	<b>MAŚLANKA Iwona</b>	<b>162</b>	MARSZ PO ZDROWIE	K40-59	3			00:16:51	<b>00:34:10.61</b>	+00:02:42 (7.9%)	6:50	8.8 (92.6%)
4	<b>SZPILMAN Katarzyna</b>	<b>236</b>	ESJA TEAM	K40-59	4			00:17:01	<b>00:34:18.52</b>	+00:02:50 (8.3%)	6:51	8.7 (91.6%)
5	<b>GIEŁBAGA Aneta</b>	<b>104</b>	ACTIVE TEAM KOZŁÓW	K40-59	5			00:17:10	<b>00:34:30.37</b>	+00:03:02 (8.8%)	6:54	8.7 (91.6%)
6	<b>STĘPIEŃ Dorota</b>	<b>224</b>		K40-59	6			00:16:59	<b>00:34:30.75</b>	+00:03:02 (8.8%)	6:54	8.7 (91.6%)
7	<b>PASIŃSKA - SKOWRON Sylwia</b>	<b>190</b>		K40-59	7			00:17:08	<b>00:34:48.32</b>	+00:03:20 (9.6%)	6:57	8.6 (90.5%)
8	<b>PUSZKARSKA Małgorzata</b>	<b>203</b>	GOSADI NORDIC TEAM	K40-59	8			00:17:12	<b>00:35:07.28</b>	+00:03:39 (10.4%)	7:01	8.5 (89.5%)
9	<b>ŁUKASIEWICZ-GODLEWSKA Anna</b>	<b>155</b>	PASJA NORDIC WALKING	K40-59	9			00:17:25	<b>00:35:13.74</b>	+00:03:45 (10.7%)	7:02	8.5 (89.5%)
10	<b>GUTOWSKA Magda</b>	<b>113</b>	PAUL TEAM	K40-59	10			00:17:58	<b>00:36:34.86</b>	+00:05:06 (14.0%)	7:18	8.2 (86.3%)
11	<b>KONIK Aleksandra</b>	<b>134</b>	BIESZCZADZKI KLUB NORDIC WALKING	K40-59	11			00:18:09	<b>00:36:49.12</b>	+00:05:20 (14.5%)	7:21	8.1 (85.3%)
12	<b>BOROWIEC-WILK Agnieszka</b>	<b>85</b>	HUCIEŃSKIE WŁÓCZY KIJE	K40-59	12			00:18:20	<b>00:37:13.98</b>	+00:05:45 (15.5%)	7:26	8.1 (85.3%)
13	<b>TOMCZYK Dorota</b>	<b>241</b>	HUCIEŃSKIE WŁÓCZY KIJE	K40-59	13			00:18:26	<b>00:37:15.38</b>	+00:05:47 (15.5%)	7:27	8.1 (85.3%)

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14	<b>KOLB Barbara</b>	<b>129</b>	HUCIEŃSKIE WŁÓCZY KIJE	K40-59	14			00:19:04	<b>00:38:28.67</b>	+00:07:00 (18.2%)	7:41	7.8 (82.1%)
15	<b>FRANUSZKIEWICZ Ewa</b>	<b>98</b>	HUCIEŃSKIE WŁÓCZY KIJE	K40-59	15			00:19:25	<b>00:39:06.58</b>	+00:07:38 (19.5%)	7:49	7.7 (81.1%)
16	<b>CZUBASIEWICZ Monika</b>	<b>93</b>	NORDICUS STRZYBNICA	K40-59	16			00:19:35	<b>00:39:07.16</b>	+00:07:38 (19.6%)	7:49	7.7 (81.1%)
17	<b>SOMIAK Marta</b>	<b>220</b>	NORDICUS STRZYBNICA	K40-59	17			00:19:30	<b>00:39:07.26</b>	+00:07:39 (19.6%)	7:49	7.7 (81.1%)
18	<b>DYBEŁ Agnieszka</b>	<b>97</b>	NORDIC TEAM CZĘSTOCHOWA	K40-59	18			00:19:28	<b>00:39:18.56</b>	+00:07:50 (19.9%)	7:51	7.6 (80.0%)
19	<b>HILGNER Katarzyna</b>	<b>116</b>	NORDICUS STRZYBNICA	K40-59	19			00:19:27	<b>00:39:21.29</b>	+00:07:53 (20.0%)	7:52	7.6 (80.0%)
20	<b>GÓRECKA Iwona</b>	<b>106</b>	STADION ŚLĄSKI	K40-59	20			00:19:31	<b>00:39:26.90</b>	+00:07:58 (20.2%)	7:53	7.6 (80.0%)
21	<b>ROCHNIA Kasia</b>	<b>207</b>	NORDICUS STRZYBNICA	K40-59	21			00:19:40	<b>00:39:36.75</b>	+00:08:08 (20.6%)	7:55	7.6 (80.0%)
22	<b>MORAWIEC Marzena</b>	<b>169</b>	NORDICUS STRZYBNICA	K40-59	22			00:20:04	<b>00:39:58.92</b>	+00:08:30 (21.3%)	7:59	7.5 (78.9%)
23	<b>IVANISHENA Tatiana</b>	<b>118</b>	KKNW	K40-59	23	1		00:19:45	<b>00:40:05.70</b>	+00:08:37 (21.5%)	8:01	7.5 (78.9%)
24	<b>SĘDZIK Katarzyna</b>	<b>214</b>	LECYMY DURŚ	K40-59	24			00:19:54	<b>00:40:14.17</b>	+00:08:45 (21.8%)	8:02	7.5 (78.9%)
25	<b>KURDZIEL Anna</b>	<b>149</b>	KKNW KOLBUSZOWA	K40-59	25			00:20:04	<b>00:40:55.82</b>	+00:09:27 (23.1%)	8:11	7.3 (76.8%)
26	<b>GUL-BOGACZ Jolanta</b>	<b>112</b>	KKNW	K40-59	26			00:20:29	<b>00:40:59.04</b>	+00:09:30 (23.2%)	8:11	7.3 (76.8%)
27	<b>KOPACZ Elżbieta</b>	<b>135</b>	KKNW KOLBUSZOWA	K40-59	27			00:20:59	<b>00:42:27.82</b>	+00:10:59 (25.9%)	8:29	7.1 (74.7%)
28	<b>GRZYB Beata</b>	<b>295</b>	KGHMMETRACORUDNA	K40-59	28			00:21:35	<b>00:43:18.45</b>	+00:11:50 (27.3%)	8:39	6.9 (72.6%)
29	<b>BREGUŁA Ewa</b>	<b>86</b>	NORDICUS STRZYBNICA	K40-59	29			00:21:45	<b>00:43:26.03</b>	+00:11:57 (27.5%)	8:41	6.9 (72.6%)
30	<b>MANSFELD Dorota</b>	<b>160</b>	NORDICUS STRZYBNICA	K40-59	30			00:21:47	<b>00:43:27.83</b>	+00:11:59 (27.6%)	8:41	6.9 (72.6%)
31	<b>TOPOLEWICZ Teresa</b>	<b>244</b>		K40-59	31			00:21:29	<b>00:43:51.80</b>	+00:12:23 (28.3%)	8:46	6.8 (71.6%)
32	<b>PISARSKA Barbara</b>	<b>196</b>	NORDICUS STRZYBNICA	K40-59	32			00:22:08	<b>00:44:20.81</b>	+00:12:52 (29.0%)	8:52	6.8 (71.6%)
33	<b>OŚRÓDKA Jolanta</b>	<b>185</b>	NORDICUS	K40-59	33			00:22:14	<b>00:44:49.66</b>	+00:13:21 (29.8%)	8:57	6.7 (70.5%)
34	<b>PILARZ Zuzanna</b>	<b>194</b>	NORDICUS STRZYBNICA	K40-59	34			00:22:29	<b>00:44:50.85</b>	+00:13:22 (29.8%)	8:58	6.7 (70.5%)
35	<b>KOPEĆ Ewa</b>	<b>137</b>	HUCIEŃSKIE WŁÓCZY KIJE	K40-59	35			00:23:04	<b>00:44:51.16</b>	+00:13:22 (29.8%)	8:58	6.7 (70.5%)
36	<b>WOLKO Barbara</b>	<b>252</b>	NORDICUS STRZYBNICA	K40-59	36			00:22:32	<b>00:45:06.89</b>	+00:13:38 (30.2%)	9:01	6.7 (70.5%)

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37	<b>KŁAK Magdalena</b>	<b>127</b>	„Z NURTEM SAWY' NORDIC WALKING CLUB	K40-59	37			00:24:23	<b>00:48:00.53</b>	+00:16:32 (34.4%)	9:36	6.3 (66.3%)
38	<b>NOWAK Barbara</b>	<b>176</b>	KKNW KOLBUSZOWA	K40-59	38			00:24:22	<b>00:49:16.93</b>	+00:17:48 (36.1%)	9:51	6.1 (64.2%)
39	<b>BARTYŃSKA Lidia</b>	<b>82</b>	-	K40-59	39			00:25:52	<b>00:51:50.82</b>	+00:20:22 (39.3%)	10:22	5.8 (61.1%)
40	<b>KOSMAŁA JASKÓLSKA Joanna</b>	<b>139</b>	NORDICUS STRZYBNICA	K40-59	40			00:30:26	<b>01:05:44.96</b>	+00:34:16 (52.1%)	13:08	4.6 (48.4%)

Znaleziono 40 wynik(ów)