



INWA NORDIC WALKING WORLD CUP - 5KM

B4SPORT

Wydarzenie: INWA NORDIC WALKING WORLD CUP 2023
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2023-04-29
Miejsce: Mielno
Dystans: 4.3 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 4.3km	Różn	Tempo min/km	Tempo km/h
1	LUDWICZAK Andżelika	100	EKSPEDYCJA NORDIC TEAM SZCZECIN	K45-49	1			00:28:52.60		6:42	8.9 (100%)
2	KRAJEWSKA Hanna	97	KIJOMANICY CHODZIEŻ	K18-34	1			00:28:55.50	+00:00:02 (0.2%)	6:43	8.9 (100%)
3	NACZK Wiktoria	111	POLIPACK TEAM GWE	K18-34	2			00:30:07.15	+00:01:14 (4.1%)	7:00	8.6 (96.6%)
4	STACHOWICZ Joanna	128	K.S. VICTORIA POTĘGOWO	K18-34	3			00:30:13.80	+00:01:21 (4.5%)	7:01	8.5 (95.5%)
5	SZPILMAN Katarzyna	134	ESJA TEAM	K55-59	1			00:30:21.80	+00:01:29 (4.9%)	7:03	8.5 (95.5%)
6	GODZIŃSKA Dorota	82	BAŻANTNWEŁBLĄG	K40-44	1			00:30:43.50	+00:01:50 (6.0%)	7:08	8.4 (94.4%)
7	CHRZANOWSKA Daria	70	WROCŁAWSKIE STOWARZYSZENIE NORDIC WALKING	K35-39	1			00:31:01.50	+00:02:08 (6.9%)	7:12	8.3 (93.3%)
8	KARPIENIA Ewa	91	KS VICTORIA POTĘGOWO	K50-54	1			00:31:40.55	+00:02:47 (8.8%)	7:21	8.1 (91.0%)
9	SZYBUT Weronika	138	POTĘGA NORDICA	K-Jun.	1			00:32:08.25	+00:03:15 (10.1%)	7:28	8 (89.9%)
10	WITUCKA Karolina	142	K.S. VICTORIA POTĘGOWO	K-Jun.	2			00:32:21.85	+00:03:29 (10.8%)	7:31	8 (89.9%)
11	POKŁADOWSKA Joanna	121	RAJDY DARKA	K50-54	2			00:32:29.25	+00:03:36 (11.1%)	7:33	7.9 (88.8%)
12	POSTEK Danuta	122		K60-64	1			00:32:30.85	+00:03:38 (11.2%)	7:33	7.9 (88.8%)
13	STOLTMANN Helena	131	K.S. VICTORIA POTĘGOWO	K60-64	2			00:32:50.55	+00:03:57 (12.1%)	7:38	7.9 (88.8%)
14	ZALEWSKA Zuzanna	145	NORDIC WALKING KIEKRZ POLAND	K-Jun.	3			00:32:51.85	+00:03:59 (12.1%)	7:38	7.9 (88.8%)

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15	KRAWCZYK Dorota	151	FABRYKA NORDICA TRZCIANKA	K65-69	1			00:32:53.60	+00:04:01 (12.2%)	7:38	7.8 (87.6%)
16	CHRUŚCIEL Żaneta	158		K50-54	3			00:33:07.70	+00:04:15 (12.8%)	7:42	7.8 (87.6%)
17	KACZMAREK Martyna	90	NORDIC WALKING KIEKRZ POLAND	K-Jun.	4			00:33:14.90	+00:04:22 (13.1%)	7:43	7.8 (87.6%)
18	GAŁKOWSKA Elżbieta	81		K65-69	2			00:33:26.20	+00:04:33 (13.6%)	7:46	7.7 (86.5%)
19	MAŁEK-GALICKA Sabina	105		K50-54	4			00:33:54.30	+00:05:01 (14.8%)	7:53	7.6 (85.4%)
20	SERÓWKA Lidia	126		K50-54	5			00:33:56.45	+00:05:03 (14.9%)	7:53	7.6 (85.4%)
21	WROTECKA Agata	150	NW KIEKRZ POLAND	K40-44	2			00:34:01.60	+00:05:09 (15.1%)	7:54	7.6 (85.4%)
22	KOWALCZYK Edyta	154		K50-54	6			00:34:21.40	+00:05:28 (16.0%)	7:59	7.5 (84.3%)
23	KOCOŃ Sylwia	152		K40-44	3			00:34:25.95	+00:05:33 (16.1%)	8:00	7.5 (84.3%)
24	PIETRZYK Anna	119	KLUB OLIMPIJCZYKA KALISZ POMORSKI	K55-59	2			00:34:42.50	+00:05:49 (16.8%)	8:04	7.4 (83.1%)
25	PIETRZAK Dorota	118	NORDIC WALKING KIEKRZ POLAND	K50-54	7			00:34:48.35	+00:05:55 (17.0%)	8:05	7.4 (83.1%)
26	JASIŃSKA Dorota	87	NORDIC SPORT 2021	K45-49	2			00:34:54.50	+00:06:01 (17.3%)	8:06	7.4 (83.1%)
27	SĘDZIK Katarzyna	127	LECYMY DURŚ	K50-54	8			00:34:55.80	+00:06:03 (17.3%)	8:07	7.4 (83.1%)
28	BARYŁA Dorota	62		K55-59	3			00:35:28.70	+00:06:36 (18.6%)	8:14	7.3 (82.0%)
29	DOBOSZ Anna	149	NW CZŁAPSKI TEAM	K50-54	9			00:35:35.45	+00:06:42 (18.9%)	8:16	7.3 (82.0%)
30	SZWAJA Katarzyna	136		K50-54	10			00:35:51.90	+00:06:59 (19.5%)	8:20	7.2 (80.9%)
31	KĘDZIA Mariola	147	NW KIEKRZ POLAND	K65-69	3			00:35:54.90	+00:07:02 (19.6%)	8:20	7.2 (80.9%)
32	DUDEK Agnieszka	76	MARSZ	K45-49	3			00:35:57.45	+00:07:04 (19.7%)	8:21	7.2 (80.9%)
33	BREWZYNSKA Milena	66		K35-39	2			00:36:54.65	+00:08:02 (21.8%)	8:34	7 (78.7%)
34	FURMAN Bożena	80	NWT BŁYSKAWICE KALISZ POMORSKI	K45-49	4			00:36:57.55	+00:08:04 (21.9%)	8:35	7 (78.7%)
35	NERC Dorota	112	NW CZŁAPSKI TEAM	K60-64	3			00:37:06.75	+00:08:14 (22.2%)	8:37	7 (78.7%)
36	WŁODARCZYK Małgorzata	143		K50-54	11			00:38:01.30	+00:09:08 (24.1%)	8:50	6.8 (76.4%)
37	ILCZYSZYN Magdalena	86	BŁYSKAWICE N.W. TEAM	K40-44	4			00:38:27.35	+00:09:34 (24.9%)	8:56	6.7 (75.3%)

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38	CHOLEWKA Jolanta	69	WALKA KOSTRZYŃ/ZIELONE GROSZKI	K65-69	4			00:39:13.55	+00:10:20 (26.4%)	9:07	6.6 (74.2%)
39	DUSZEŃKO Elwira	77	KGHM METRACO POLKOWICE	K60-64	4			00:39:52.80	+00:11:00 (27.6%)	9:16	6.5 (73.0%)
40	SAWKA Jolanta	125		K45-49	5			00:39:55.80	+00:11:03 (27.7%)	9:16	6.5 (73.0%)
41	STRZELECKA Marzena	132		K50-54	12			00:39:56.15	+00:11:03 (27.7%)	9:17	6.5 (73.0%)
42	DERKACZ Renata	73	BŁYSKAWICE	K45-49	6			00:40:02.40	+00:11:09 (27.9%)	9:18	6.4 (71.9%)
43	KEDZIORA Romana	92	NORDIC WALKING KIEKRZ POLAND	K60-64	5			00:40:49.45	+00:11:56 (29.3%)	9:29	6.3 (70.8%)
44	GAJDA Ewa	159		K55-59	4	2		00:40:59.60	+00:12:07 (29.6%)	9:31	6.3 (70.8%)
45	SZYBUT Roma	137	POTĘGA NORDICA	K40-44	5			00:41:52.65	+00:13:00 (31.0%)	9:44	6.2 (69.7%)
46	BALCEREK Urszula	61	NORDIC WALKING KIEKRZ POLAND	K70-74	1			00:43:03.50	+00:14:10 (32.9%)	10:00	6 (67.4%)
47	PANKIEWICZ-DMOWSKA Cecylia	116	WEJHEROWSKI KLUB NORDIC WALKING	K75-79	1			00:43:09.45	+00:14:16 (33.1%)	10:02	6 (67.4%)
48	OWCZAREK Henryka	114	ZIELONE GROSZKI	K75-79	2			00:43:18.40	+00:14:25 (33.3%)	10:04	6 (67.4%)
49	MALAK Agnieszka	102	NORDIC WALKING KIEKRZ POLAND	K55-59	5			00:44:47.45	+00:15:54 (35.5%)	10:24	5.8 (65.2%)
DQ	DUDA Aleksandra	157	UNIwersytet WSB MERITO GDAŃSK	K18-34		1		00:30:01.90 DQ		0:00	8.6 (96.6%)

Znaleziono 50 wynik(ów)