



INWA NORDIC WALKING WORLD CUP - 5KM

B4SPORT

Wydarzenie:
Organizator:

INWA NORDIC WALKING WORLD CUP 2022
Polskie Zrzeszenie Nordic Walking, Urząd Gminy
Kolbuszowa

Data:
Miejsce:
Dystans:

2022-05-14
Mielno
5 km



Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	NIEPOKÓJ Radosław	174	LUKI TEAM POLSKA/GMINA MIEJSCE PIASTOWE	M30-39	1			00:14:28	00:29:19.12		5:51	10.2 (100%)
2	STĘPAK Piotr	223		M18-29	1			00:14:31	00:29:30.64	+00:00:11 (0.7%)	5:54	10.2 (100%)
3	ORDZOWIAŁY Piotr	182	NIWA OSIELEC	M55-59	1			00:14:39	00:29:45.78	+00:00:26 (1.5%)	5:57	10.1 (99.0%)
4	TOMCZYK Jakub	242	LUKI TEAM POLSKA	M-Jun.	1			00:14:58	00:30:34.00	+00:01:14 (4.1%)	6:06	9.8 (96.1%)
5	ROŻYNEK Miron	258	KGHM METRACO	M55-59	2			00:15:22	00:30:58.33	+00:01:39 (5.3%)	6:11	9.7 (95.1%)
6	KONIK Jacek	133	BIESZCZADZKI KLUB NORDIC WALKING	M45-49	1			00:15:44	00:31:01.97	+00:01:42 (5.5%)	6:12	9.7 (95.1%)
7	WOROCH Roman	253	KGHMMETRACORUDNA	M60-64	1			00:15:35	00:31:32.47	+00:02:13 (7.0%)	6:18	9.5 (93.1%)
8	SOKOŁOWSKI Marek	219	VINGBERG POLSKA-PTG SOKÓŁ RYMANÓW	M55-59	3			00:15:45	00:31:44.34	+00:02:25 (7.6%)	6:20	9.5 (93.1%)
9	CYRUS Bogdan	89	SILESIA NORDIC TEAM	M50-54	1			00:15:49	00:31:57.79	+00:02:38 (8.3%)	6:23	9.4 (92.2%)
10	GRZĄDZIEL Darek	109	BIESZCZADZKI KLUB N.W	M50-54	2			00:15:50	00:32:02.41	+00:02:43 (8.5%)	6:24	9.4 (92.2%)
11	MISZTAL Grzegorz	168	PRUSZYŃSKI SPORT TEAM- MASZYCANKA MASZYCE	M30-39	2			00:15:52	00:32:18.84	+00:02:59 (9.3%)	6:27	9.3 (91.2%)
12	WOJTASIŃSKI Daniel	251	NORDIC TEAM CZĘSTOCHOWA	M40-44	1			00:16:09	00:32:30.25	+00:03:11 (9.8%)	6:30	9.2 (90.2%)
13	PASIERB Marek	189	PTG SOKÓŁ 1896 MIELEC	M65-69	1			00:16:28	00:33:02.79	+00:03:43 (11.3%)	6:36	9.1 (89.2%)
14	WINNICKI Robert	291	BKNW	M45-49	2			00:16:27	00:33:31.80	+00:04:12 (12.6%)	6:42	9 (88.2%)

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15	PILARZ Tomasz	195	NORDICUS STRZYBNICA	M40-44	2			00:16:39	00:33:38.03	+00:04:18 (12.8%)	6:43	8.9 (87.3%)
16	PACYNA Jan	187	NORDICUS STRZYBNICA	M40-44	3			00:16:43	00:33:42.79	+00:04:23 (13.0%)	6:44	8.9 (87.3%)
17	KRAKOWSKI Jerzy Piotr	141	PTG SOKÓŁ 1893 MIELEC	M55-59	4			00:16:36	00:33:58.08	+00:04:38 (13.7%)	6:47	8.8 (86.3%)
18	RAJEK Tomasz	205	NORDIC TEAM CZĘSTOCHOWA	M50-54	3			00:17:02	00:34:33.58	+00:05:14 (15.2%)	6:54	8.7 (85.3%)
19	FRANUSZKIEWICZ Marek	99	HUCIEŃSKIE WŁÓCZY KIJE	M50-54	4			00:17:00	00:34:35.54	+00:05:16 (15.2%)	6:55	8.7 (85.3%)
20	BARTYŃSKI Zdzisław	83	KOLBUSZOWSKI KLUB NORDIC WALKING	M55-59	5			00:16:51	00:34:37.54	+00:05:18 (15.3%)	6:55	8.7 (85.3%)
21	SKWIRUT Jerzy	217	SOKÓŁ RYMANÓW	M- Niepełnosprawni(A)	1			00:17:11	00:34:43.31	+00:05:24 (15.6%)	6:56	8.6 (84.3%)
22	KORYCIŃSKI Daniel	138	HUCIEŃSKIE WŁÓCZY KIJE	M40-44	4			00:17:01	00:35:00.00	+00:05:40 (16.2%)	7:00	8.6 (84.3%)
23	KONIK Mikołaj	132	BIESZCZADZKI KLUB NORDIC WALKING	M-Jun.	2			00:17:12	00:35:07.71	+00:05:48 (16.5%)	7:01	8.5 (83.3%)
24	ZAWADZKI Krzysztof	257	WETERAN	M- Niepełnosprawni(B)	1			00:17:41	00:35:52.10	+00:06:32 (18.3%)	7:10	8.4 (82.4%)
25	DUSZEŃKO Zygmunt	96	KGHM METRACO	M60-64	2			00:17:47	00:35:56.73	+00:06:37 (18.4%)	7:11	8.3 (81.4%)
26	GAĞÓŁ Krzysztof	259	KGHM METRACO	M40-44	5			00:17:39	00:35:58.71	+00:06:39 (18.5%)	7:11	8.3 (81.4%)
27	KŁAZ Mariusz	290	Z NURTEM SAWY NW KLUB	M30-39	3			00:17:54	00:36:00.27	+00:06:41 (18.6%)	7:12	8.3 (81.4%)
28	PANCHYRZ Piotr	188	NORDICUS STRZYBNICA	M45-49	3			00:18:05	00:36:31.04	+00:07:11 (19.7%)	7:18	8.2 (80.4%)
29	STOLARCZYK Zenon	226		M70-74	1			00:18:06	00:36:31.05	+00:07:11 (19.7%)	7:18	8.2 (80.4%)
30	PUSZKARSKI Adam	204	GOSADI NORDIC TEAM	M-Dzieci	1			00:17:31	00:36:32.82	+00:07:13 (19.8%)	7:18	8.2 (80.4%)
31	SZPUNAR Mariusz	237	Z NURTEM SAWY NW KLUB	M50-54	5			00:17:52	00:36:50.69	+00:07:31 (20.4%)	7:22	8.1 (79.4%)
32	JĘDRASZKO Jacek	120		M-Jun.	3			00:18:02	00:36:57.76	+00:07:38 (20.7%)	7:23	8.1 (79.4%)
33	MADEJSKI Paweł	157	GANG ZAKRĘCONYCH MASTERSÓW	M40-44	6	1		00:18:07	00:36:59.01	+00:07:39 (20.7%)	7:23	8.1 (79.4%)
34	CZARNOTA Andrzej	92	Z NURTEM SAWY NORDIC WALKING KLUB	M65-69	2			00:18:23	00:37:08.95	+00:07:49 (21.1%)	7:25	8.1 (79.4%)
35	GRZĄDZIEL Aleks	110	BIESZCZADZKI KLUB N.W	M18-29	2			00:18:27	00:37:32.46	+00:08:13 (21.9%)	7:30	8 (78.4%)
36	WILK Dariusz	248		M55-59	6			00:18:30	00:37:33.80	+00:08:14 (21.9%)	7:30	8 (78.4%)
37	ŚWIRSZCZ Tomasz	239	LUBLIN CHODZI Z KIJKAMI	M65-69	3			00:18:25	00:37:58.09	+00:08:38 (22.8%)	7:35	7.9 (77.5%)

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38	GRYGOROWICZ Bogdan	108	KGHM METRACO	M70-74	2			00:18:54	00:38:05.70	+00:08:46 (23.0%)	7:37	7.9 (77.5%)
39	WIĘCŁAW Tomasz	247		M45-49	4			00:18:47	00:38:39.04	+00:09:19 (24.1%)	7:43	7.8 (76.5%)
40	KOPACZ Marek	136		M45-49	5			00:19:03	00:38:39.23	+00:09:20 (24.2%)	7:43	7.8 (76.5%)
41	MIELNICZEK Kazimierz	167		M60-64	3			00:19:08	00:38:40.17	+00:09:21 (24.2%)	7:44	7.8 (76.5%)
42	MAJEWSKI Jan	159	GORZYCE CHODZI Z KIJKAMI	M70-74	3			00:19:05	00:38:41.74	+00:09:22 (24.2%)	7:44	7.8 (76.5%)
43	KRAWCZYK Krzysztof	145	JEST LEPIEJ CZĘSTOCHOWA	M30-39	4			00:19:08	00:38:58.46	+00:09:39 (24.8%)	7:47	7.7 (75.5%)
44	KARCZMARSKI Krzysztof	126	JOVI OBORY KOZIENICE	M65-69	4			00:19:27	00:39:19.39	+00:10:00 (25.4%)	7:51	7.6 (74.5%)
45	LYFIARENKO Alin	153	KKNW	M40-44	7			00:19:28	00:40:01.20	+00:10:42 (26.7%)	8:00	7.5 (73.5%)
46	PODORSKI Roman	199	STG TARNÓW	M80+	1			00:20:05	00:40:51.15	+00:11:32 (28.2%)	8:10	7.3 (71.6%)
47	FRYC Jan	100	KKNW KOLBUSZOWA	M60-64	4			00:20:57	00:41:02.60	+00:11:43 (28.6%)	8:12	7.3 (71.6%)
48	HARAF Wiesław	115		M60-64	5			00:20:58	00:41:04.29	+00:11:45 (28.6%)	8:12	7.3 (71.6%)
49	SZNAJDER Zenon	235		M70-74	4			00:20:23	00:41:06.27	+00:11:47 (28.7%)	8:13	7.3 (71.6%)
50	STARZEC Maksymilian	222	KKNW KOLBUSZOWA	M70-74	5			00:20:21	00:41:17.74	+00:11:58 (29.0%)	8:15	7.3 (71.6%)
51	SUDOŁ Andrzej	230		M55-59	7			00:20:26	00:41:23.74	+00:12:04 (29.2%)	8:16	7.2 (70.6%)
52	FEJDASZ Józef	288		M70-74	6			00:21:10	00:43:20.36	+00:14:01 (32.4%)	8:40	6.9 (67.6%)
53	KUS Andrzej	208	KKNW	M45-49	6			00:21:00	00:43:24.67	+00:14:05 (32.5%)	8:40	6.9 (67.6%)
54	MAJCHRZYK Stefan	158	NORDICUS STRZYBNICA	M60-64	6			00:21:40	00:43:54.91	+00:14:35 (33.2%)	8:46	6.8 (66.7%)
55	PIĄTKOWSKI Józef	193	KGHM METRACO	M75-79	1			00:21:46	00:44:12.78	+00:14:53 (33.7%)	8:50	6.8 (66.7%)
56	GANCARZ Zbigniew	101		M- Niepełnosprawni(B)	2			00:22:32	00:44:49.13	+00:15:30 (34.6%)	8:57	6.7 (65.7%)
57	NOWORYTA Jacek	177		M80+	2			00:22:11	00:44:49.40	+00:15:30 (34.6%)	8:57	6.7 (65.7%)
58	SAJDAK Stanisław	212	KKNW KOLBUSZOWA	M75-79	2			00:23:06	00:45:56.10	+00:16:36 (36.2%)	9:11	6.5 (63.7%)
59	STUDNICKI Ryszard	227	KOLBUSZOWSKI KLUB NORDIC WAKING	M75-79	3			00:23:09	00:46:43.39	+00:17:24 (37.3%)	9:20	6.4 (62.7%)
60	LYFIARENKO Serhii	154		M-Dzieci	2			00:24:23	00:48:40.74	+00:19:21 (39.8%)	9:44	6.2 (60.8%)

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61	NIEMIEC Bogdan	173	NORDICUS STRZYBNICA	M60-64	7			00:25:15	00:51:08.69	+00:21:49 (42.7%)	10:13	5.9 (57.8%)
62	MUSKUS Kazimierz	172	KLUB NW WŁÓCZYKIJE LEŻAJSK	M75-79	4			00:25:13	00:54:28.65	+00:25:09 (46.2%)	10:53	5.5 (53.9%)
63	TOPOLEWICZ Edward	243		M80+	3			00:27:01	00:54:48.80	+00:25:29 (46.5%)	10:57	5.5 (53.9%)
64	ORZECHOWSKI Grzegorz	184	KOLBUSZOWSKI KLUB NORDIC WAKING	M- Niepełnosprawni(B)	3			00:31:14	01:07:43.88	+00:38:24 (56.7%)	13:32	4.4 (43.1%)

Znaleziono 64 wynik(ów)