



## INWA NW EUROPEAN CHAMPIONSHIPS - 5KM

B4SPORT

**Wydarzenie:** INWA Nordic Walking European Championships 2023  
**Organizator:** Polskie Zrzeszenie Nordic Walking  
**Data:** 2023-09-02  
**Miejsce:** Jedlińsk  
**Dystans:** 5 km



Klasyfikacja: K60-64

| Msc | Zawodnik                   | Numer      | Klub                     | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas netto 5km     | Różn              | Tempo min/km | Tempo km/h  |
|-----|----------------------------|------------|--------------------------|-----------|------|-------------|--------------|--------------------|-------------------|--------------|-------------|
| 1   | <b>HRYCIUK Teresa</b>      | <b>209</b> | KS VICTORIA POTĘGOWO     | K60-64    | 1    |             |              | <b>00:35:02.10</b> |                   | 7:00         | 8.6 (100%)  |
| 2   | <b>BASSO Daniela</b>       | <b>168</b> | NORDIC WALKING COMO      | K60-64    | 2    |             |              | <b>00:35:10.95</b> | +00:00:08 (0.4%)  | 7:02         | 8.5 (98.8%) |
| 3   | <b>SZEWCZYK Hanna</b>      | <b>317</b> | TORUŃ-IDZIEMY BEZ RYZYKA | K60-64    | 3    |             |              | <b>00:38:48.10</b> | +00:03:46 (9.7%)  | 7:45         | 7.7 (89.5%) |
| 4   | <b>KELLER Iwona</b>        | <b>219</b> | NW CZŁAPSKI TEAM         | K60-64    | 4    |             |              | <b>00:39:41.95</b> | +00:04:39 (11.7%) | 7:56         | 7.6 (88.4%) |
| 5   | <b>SOKAČ Vesna</b>         | <b>299</b> |                          | K60-64    | 5    |             |              | <b>00:39:49.25</b> | +00:04:47 (12.0%) | 7:57         | 7.5 (87.2%) |
| 6   | <b>CZARNOTA Wanda</b>      | <b>184</b> | Z NURTEM SAWY NW KLUB    | K60-64    | 6    |             |              | <b>00:42:09.65</b> | +00:07:07 (16.9%) | 8:25         | 7.1 (82.6%) |
| 7   | <b>DOLATOWSKA Elżbieta</b> | <b>187</b> | K.S. VICTORIA POTĘGOWO   | K60-64    | 7    |             |              | <b>00:42:10.75</b> | +00:07:08 (16.9%) | 8:26         | 7.1 (82.6%) |
| 8   | <b>TEREŠTŠENKOVA Veera</b> | <b>330</b> | U-CLUB                   | K60-64    | 8    |             |              | <b>00:48:02.30</b> | +00:13:00 (27.1%) | 9:36         | 6.2 (72.1%) |

Znaleziono 8 wynik(ów)