

# IV BIEG GEN. JANA HENRYKA DĄBROWSKIEGO - 10 KM

B4SPORT

**Wydarzenie:** IV Bieg gen. Jana Henryka Dąbrowskiego  
**Organizator:** Stowarzyszenie Nasza Zielonka; Gminne Centrum Kultury w Białych Błotach, Sołectwo Zielonka i Urząd Gminy Białe Błota  
**Data:** 2018-09-29  
**Miejsce:** Zielonka  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KRYSKE Bartosz	74	SPÓJNIA BIAŁE BŁOTA	M30-39	1	00:36:44.20		3:40	16.3 (100%)
2	MIKA Oskar	40	R&B	M30-39	2	00:36:49.00	+00:00:04 (0.2%)	3:40	16.3 (100%)
3	KULPA Michał	32	GMD ZYKAN	M30-39	3	00:36:57.00	+00:00:12 (0.6%)	3:41	16.2 (99.4%)
4	ŁAZ Kamil	34	RUN BYDGOSZCZ	M30-39	4	00:39:20.80	+00:02:36 (6.6%)	3:56	15.2 (93.3%)
5	SENGER Michał	50	PAŁUKI RUNNING TEAM	M30-39	5	00:40:23.75	+00:03:39 (9.1%)	4:02	14.9 (91.4%)
6	RESZKA Jarosław	48	JRULEZZ	M30-39	6	00:41:27.20	+00:04:43 (11.4%)	4:08	14.5 (89.0%)
7	KOWALSKI Jacek	29		M40-49	1	00:42:36.25	+00:05:52 (13.8%)	4:15	14.1 (86.5%)
8	MALICKI Łukasz	37	KLINIKA TRIATHLONU BYDGOSZCZ	M30-39	7	00:43:29.35	+00:06:45 (15.5%)	4:20	13.8 (84.7%)
9	ZWIEWKA Sebastian	77	BUSHIDO BYDGOSZCZ	M40-49	2	00:43:54.90	+00:07:10 (16.3%)	4:23	13.7 (84.0%)
10	KAZUBOWSKI Jacek	25	TRIDARKO	M50-59	1	00:44:11.80	+00:07:27 (16.9%)	4:25	13.6 (83.4%)
11	WOŹNIAKOWSKA Agata	66	RUN BYDGOSZCZ	K30-39	1	00:44:49.45	+00:08:05 (18.0%)	4:28	13.4 (82.2%)
12	CZYŻEWSKI Daniel	10	#SLIMAKIBARCIN	M20-29	1	00:45:54.90	+00:09:10 (20.0%)	4:35	13.1 (80.4%)
13	KOTULA Sławomir	76		M30-39	8	00:46:24.30	+00:09:40 (20.8%)	4:38	12.9 (79.1%)
14	KARWACKI Paweł	24	TRISPACE/SOLANO	M30-39	9	00:46:29.95	+00:09:45 (21.0%)	4:39	12.9 (79.1%)
15	ZDEB Bogumił	68		M50-59	2	00:46:31.90	+00:09:47 (21.1%)	4:39	12.9 (79.1%)
16	PAWLACZYK Paweł	42	SPÓJNIA BIAŁE BŁOTA	M20-29	2	00:46:35.70	+00:09:51 (21.2%)	4:39	12.9 (79.1%)
17	KULPA Paulina	75	BUKOWIEC	K20-29	1	00:46:46.10	+00:10:01 (21.4%)	4:40	12.8 (78.5%)
18	DOMŻAŁSKI Marek	14	FLOWER POWER	M50-59	3	00:47:11.30	+00:10:27 (22.1%)	4:43	12.7 (77.9%)
19	JOACHIMIĄK Filip	52		M40-49	3	00:47:33.30	+00:10:49 (22.7%)	4:45	12.6 (77.3%)
20	WYBORNA Renata	67		K30-39	2	00:47:37.40	+00:10:53 (22.9%)	4:45	12.6 (77.3%)
21	ŚWIATŁAK Piotr	58	BYDGOSZCZ NA START	M20-29	3	00:47:48.85	+00:11:04 (23.2%)	4:46	12.5 (76.7%)
22	PODKÓWKA Zbigniew	46		M50-59	4	00:47:52.75	+00:11:08 (23.3%)	4:47	12.5 (76.7%)
23	WIŚNIEWSKI Piotr	64		M20-29	4	00:47:58.05	+00:11:13 (23.4%)	4:47	12.5 (76.7%)
24	ŻEGLICZ Marek	70	SPÓJNIA BIAŁE BŁOTA	M20-29	5	00:48:14.90	+00:11:30 (23.9%)	4:49	12.4 (76.1%)
25	KAPUSTA Maciej	23		M40-49	4	00:48:15.45	+00:11:31 (23.9%)	4:49	12.4 (76.1%)
26	WIŚNIEWSKI Piotr	65	NO NAME	M30-39	10	00:48:47.65	+00:12:03 (24.7%)	4:52	12.3 (75.5%)
27	ŚWIĘCICKI Andrzej	59		M40-49	5	00:48:53.05	+00:12:08 (24.8%)	4:53	12.3 (75.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
28	<b>TRUSZKOWSKI Jakub</b>	<b>61</b>	KWW WYBIERAM MAISON	M20-29	6	<b>00:49:06.45</b>	+00:12:22 (25.2%)	4:54	12.2 (74.8%)
29	<b>BRYJA Robert</b>	<b>5</b>		M50-59	5	<b>00:49:28.85</b>	+00:12:44 (25.8%)	4:56	12.1 (74.2%)
30	<b>ANDRYSIAK Tomasz</b>	<b>1</b>		M40-49	6	<b>00:49:48.80</b>	+00:13:04 (26.3%)	4:58	12 (73.6%)
31	<b>BOBROWSKI Marcin</b>	<b>33</b>		M30-39	11	<b>00:49:54.50</b>	+00:13:10 (26.4%)	4:59	12 (73.6%)
32	<b>BŁĄŻEJAK Krzysztofa</b>	<b>4</b>	RUN BYDGOSZCZ	K40-49	1	<b>00:50:02.30</b>	+00:13:18 (26.6%)	5:00	12 (73.6%)
33	<b>GŁOWSKI Dariusz</b>	<b>17</b>		M40-49	7	<b>00:50:24.30</b>	+00:13:40 (27.1%)	5:02	11.9 (73.0%)
34	<b>DOMAN Janusz</b>	<b>12</b>	UKS SZABLA BRZOZA	M60+	1	<b>00:50:36.30</b>	+00:13:52 (27.4%)	5:03	11.9 (73.0%)
35	<b>BĄCZKOWSKI Maciej</b>	<b>2</b>	POLONIA BYDGOSZCZ	M40-49	8	<b>00:50:47.65</b>	+00:14:03 (27.7%)	5:04	11.8 (72.4%)
36	<b>KAMIŃSKI Paweł</b>	<b>22</b>		M40-49	9	<b>00:51:07.00</b>	+00:14:22 (28.1%)	5:06	11.7 (71.8%)
37	<b>RASZTUBOWICZ Damian</b>	<b>47</b>		M30-39	12	<b>00:51:30.35</b>	+00:14:46 (28.7%)	5:09	11.7 (71.8%)
38	<b>JANASZKIEWICZ Paweł</b>	<b>20</b>		M40-49	10	<b>00:51:58.00</b>	+00:15:13 (29.3%)	5:11	11.5 (70.6%)
39	<b>ŚWIATLAK Marek</b>	<b>57</b>	BYDGOSZCZ NA START	M40-49	11	<b>00:53:07.10</b>	+00:16:22 (30.8%)	5:18	11.3 (69.3%)
40	<b>DĄBROWSKI Adam</b>	<b>11</b>		M40-49	12	<b>00:53:12.25</b>	+00:16:28 (31.0%)	5:19	11.3 (69.3%)
41	<b>SREBNY Kamil</b>	<b>53</b>		M40-49	13	<b>00:53:44.25</b>	+00:17:00 (31.6%)	5:22	11.2 (68.7%)
42	<b>SENGER Piotr</b>	<b>51</b>	PAŁUKI RUNNING TEAM	M30-39	13	<b>00:53:58.30</b>	+00:17:14 (31.9%)	5:23	11.1 (68.1%)
43	<b>STASZAK Szymon</b>	<b>54</b>	OCELOTY KRUSZYN KRAJEŃSKI	M30-39	14	<b>00:54:02.25</b>	+00:17:18 (32.0%)	5:24	11.1 (68.1%)
44	<b>GIERSZEWSKA Grażyna</b>	<b>16</b>		K40-49	2	<b>00:54:35.30</b>	+00:17:51 (32.7%)	5:27	11 (67.5%)
45	<b>TOMASZEWSKA Emilia</b>	<b>60</b>	OCELOTY KRUSZYN KRAJEŃSKI	K30-39	3	<b>00:55:37.80</b>	+00:18:53 (34.0%)	5:33	10.8 (66.3%)
46	<b>KAZUBOWSKI Jeremiasz</b>	<b>26</b>	JOTKAZ	M20-29	7	<b>00:55:40.20</b>	+00:18:56 (34.0%)	5:34	10.8 (66.3%)
47	<b>JEZIORSKA Monika</b>	<b>21</b>	FLOWER POWER	K30-39	4	<b>00:56:07.80</b>	+00:19:23 (34.6%)	5:36	10.7 (65.6%)
48	<b>KOLASIŃSKA Joanna</b>	<b>71</b>	#ŻÓŁTOKRÓLEWSCY	K30-39	5	<b>00:56:19.85</b>	+00:19:35 (34.8%)	5:38	10.7 (65.6%)
49	<b>FUNDATOR Dariusz</b>	<b>15</b>		M50-59	6	<b>00:57:43.15</b>	+00:20:58 (36.4%)	5:46	10.4 (63.8%)
50	<b>CZERESZKO Agata</b>	<b>8</b>	IMPORTACO POLAND SP. Z O.O.	K30-39	6	<b>00:57:57.70</b>	+00:21:13 (36.6%)	5:47	10.4 (63.8%)
51	<b>KIELB Jakub</b>	<b>27</b>		M40-49	14	<b>00:58:10.40</b>	+00:21:26 (36.8%)	5:49	10.3 (63.2%)
52	<b>PAWLIKOWSKI Szymon</b>	<b>44</b>		M30-39	15	<b>00:58:37.10</b>	+00:21:52 (37.3%)	5:51	10.2 (62.6%)
53	<b>PAWLIKOWSKI Piotr</b>	<b>43</b>	KWW WYBIERAM MAISON	M20-29	8	<b>00:58:41.00</b>	+00:21:56 (37.4%)	5:52	10.2 (62.6%)
54	<b>ŁOBODA Robert</b>	<b>35</b>	NIEBISKO-CZARNA EKIPKA	M40-49	15	<b>00:59:04.05</b>	+00:22:19 (37.8%)	5:54	10.2 (62.6%)
55	<b>WESOŁOWSKI Patryk</b>	<b>63</b>	WSR	M16-19	1	<b>00:59:04.65</b>	+00:22:20 (37.8%)	5:54	10.2 (62.6%)
56	<b>KOLBERG Tomasz</b>	<b>72</b>		M30-39	16	<b>00:59:57.50</b>	+00:23:13 (38.7%)	5:59	10 (61.3%)
57	<b>STYKAŁA Adrianna</b>	<b>55</b>	WKURW_TEAM	K16-19	1	<b>01:00:59.90</b>	+00:24:15 (39.8%)	6:06	9.8 (60.1%)
58	<b>SZNEIDROWSKA Agnieszka</b>	<b>56</b>	HUSARIA RACE TEAM	K20-29	2	<b>01:01:00.10</b>	+00:24:15 (39.8%)	6:06	9.8 (60.1%)
59	<b>MANISZEWSKI Zbigniew</b>	<b>38</b>	TRISPACE	M60+	2	<b>01:01:55.85</b>	+00:25:11 (40.7%)	6:11	9.7 (59.5%)
60	<b>KROPIDŁOWSKA Magdalena</b>	<b>30</b>	OCELOTY KRUSZYN KRAJEŃSKI	K30-39	7	<b>01:02:33.40</b>	+00:25:49 (41.3%)	6:15	9.6 (58.9%)
61	<b>DOMŻALSKA Sławomira</b>	<b>13</b>		K40-49	3	<b>01:03:18.35</b>	+00:26:34 (42.0%)	6:19	9.5 (58.3%)
62	<b>MALICKA Beata</b>	<b>36</b>		K50-59	1	<b>01:03:27.65</b>	+00:26:43 (42.1%)	6:20	9.5 (58.3%)
63	<b>SCHAB-DROŹDŹYŃSKA Joanna</b>	<b>49</b>	KWW WYBIERAM MAISON	K30-39	8	<b>01:03:35.70</b>	+00:26:51 (42.2%)	6:21	9.4 (57.7%)
64	<b>OŹGA Agnieszka</b>	<b>41</b>		K30-39	9	<b>01:04:51.70</b>	+00:28:07 (43.4%)	6:29	9.3 (57.1%)
65	<b>GRUDOWSKI Grzegorz</b>	<b>18</b>		M40-49	16	<b>01:05:27.70</b>	+00:28:43 (43.9%)	6:32	9.2 (56.4%)
66	<b>MICHALIK Monika</b>	<b>39</b>		K30-39	10	<b>01:05:51.30</b>	+00:29:07 (44.2%)	6:35	9.1 (55.8%)
67	<b>BAK-KUCZKOWSKA Dominika</b>	<b>3</b>		K30-39	11	<b>01:06:48.20</b>	+00:30:04 (45.0%)	6:40	9 (55.2%)
68	<b>KWIATKOWSKA Elżbieta</b>	<b>73</b>		K40-49	4	<b>01:22:18.70</b>	+00:45:34 (55.4%)	8:13	7.3 (44.8%)
69	<b>CZYŻEWSKA Katarzyna</b>	<b>9</b>		K30-39	12	<b>01:22:20.30</b>	+00:45:36 (55.4%)	8:14	7.3 (44.8%)
70	<b>URBANOWICZ Dariusz</b>	<b>62</b>		M50-59	7	<b>01:29:44.80</b>	+00:53:00 (59.1%)	8:58	6.7 (41.1%)
71	<b>PERLIK Wiesław</b>	<b>45</b>	TADMAX	M60+	3	<b>01:29:45.15</b>	+00:53:00 (59.1%)	8:58	6.7 (41.1%)

Znaleziono 71 wynik(ów)