



IV BIEG GEN. JANA HENRYKA DĄBROWSKIEGO - 10 KM

B4SPORT

Wydarzenie: IV Bieg gen. Jana Henryka Dąbrowskiego
Organizator: Stowarzyszenie Nasza Zielonka; Gminne Centrum Kultury w Białych Błotach, Sołectwo Zielonka i Urząd Gminy Białe Błota
Data: 2018-09-29
Miejsce: Zielonka
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KRYSKE Bartosz	74	SPÓJNIA BIAŁE BŁOTA	M30-39	1	00:36:44.20		3:40	16.3 (100%)
2	MIKA Oskar	40	R&B	M30-39	2	00:36:49.00	+00:00:04 (0.2%)	3:40	16.3 (100%)
3	KULPA Michał	32	GMD ZYKAN	M30-39	3	00:36:57.00	+00:00:12 (0.6%)	3:41	16.2 (99.4%)
4	ŁAZ Kamil	34	RUN BYDGOSZCZ	M30-39	4	00:39:20.80	+00:02:36 (6.6%)	3:56	15.2 (93.3%)
5	SENGER Michał	50	PAŁUKI RUNNING TEAM	M30-39	5	00:40:23.75	+00:03:39 (9.1%)	4:02	14.9 (91.4%)
6	RESZKA Jarosław	48	JRULEZZ	M30-39	6	00:41:27.20	+00:04:43 (11.4%)	4:08	14.5 (89.0%)
7	KOWALSKI Jacek	29		M40-49	1	00:42:36.25	+00:05:52 (13.8%)	4:15	14.1 (86.5%)
8	MALICKI Łukasz	37	KLINIKA TRIATHLONU BYDGOSZCZ	M30-39	7	00:43:29.35	+00:06:45 (15.5%)	4:20	13.8 (84.7%)
9	ZWIEWKA Sebastian	77	BUSHIDO BYDGOSZCZ	M40-49	2	00:43:54.90	+00:07:10 (16.3%)	4:23	13.7 (84.0%)
10	KAZUBOWSKI Jacek	25	TRIDARKO	M50-59	1	00:44:11.80	+00:07:27 (16.9%)	4:25	13.6 (83.4%)
11	WOŹNIAKOWSKA Agata	66	RUN BYDGOSZCZ	K30-39	1	00:44:49.45	+00:08:05 (18.0%)	4:28	13.4 (82.2%)
12	CZYŻEWSKI Daniel	10	#SLIMAKIBARCIN	M20-29	1	00:45:54.90	+00:09:10 (20.0%)	4:35	13.1 (80.4%)
13	KOTULA Sławomir	76		M30-39	8	00:46:24.30	+00:09:40 (20.8%)	4:38	12.9 (79.1%)
14	KARWACKI Paweł	24	TRISPACE/SOLANO	M30-39	9	00:46:29.95	+00:09:45 (21.0%)	4:39	12.9 (79.1%)
15	ZDEB Bogumił	68		M50-59	2	00:46:31.90	+00:09:47 (21.1%)	4:39	12.9 (79.1%)
16	PAWLACZYK Paweł	42	SPÓJNIA BIAŁE BŁOTA	M20-29	2	00:46:35.70	+00:09:51 (21.2%)	4:39	12.9 (79.1%)
17	KULPA Paulina	75	BUKOWIEC	K20-29	1	00:46:46.10	+00:10:01 (21.4%)	4:40	12.8 (78.5%)
18	DOMŻAŁSKI Marek	14	FLOWER POWER	M50-59	3	00:47:11.30	+00:10:27 (22.1%)	4:43	12.7 (77.9%)
19	JOACHIMIAK Filip	52		M40-49	3	00:47:33.30	+00:10:49 (22.7%)	4:45	12.6 (77.3%)
20	WYBORNA Renata	67		K30-39	2	00:47:37.40	+00:10:53 (22.9%)	4:45	12.6 (77.3%)
21	ŚWIATŁAK Piotr	58	BYDGOSZCZ NA START	M20-29	3	00:47:48.85	+00:11:04 (23.2%)	4:46	12.5 (76.7%)
22	PODKÓWKA Zbigniew	46		M50-59	4	00:47:52.75	+00:11:08 (23.3%)	4:47	12.5 (76.7%)
23	WIŚNIEWSKI Piotr	64		M20-29	4	00:47:58.05	+00:11:13 (23.4%)	4:47	12.5 (76.7%)
24	ŻEGLICZ Marek	70	SPÓJNIA BIAŁE BŁOTA	M20-29	5	00:48:14.90	+00:11:30 (23.9%)	4:49	12.4 (76.1%)
25	KAPUSTA Maciej	23		M40-49	4	00:48:15.45	+00:11:31 (23.9%)	4:49	12.4 (76.1%)
26	WIŚNIEWSKI Piotr	65	NO NAME	M30-39	10	00:48:47.65	+00:12:03 (24.7%)	4:52	12.3 (75.5%)
27	ŚWIĘCICKI Andrzej	59		M40-49	5	00:48:53.05	+00:12:08 (24.8%)	4:53	12.3 (75.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
28	TRUSZKOWSKI Jakub	61	KWW WYBIERAM MAISON	M20-29	6	00:49:06.45	+00:12:22 (25.2%)	4:54	12.2 (74.8%)
29	BRYJA Robert	5		M50-59	5	00:49:28.85	+00:12:44 (25.8%)	4:56	12.1 (74.2%)
30	ANDRYSIAK Tomasz	1		M40-49	6	00:49:48.80	+00:13:04 (26.3%)	4:58	12 (73.6%)
31	BOBROWSKI Marcin	33		M30-39	11	00:49:54.50	+00:13:10 (26.4%)	4:59	12 (73.6%)
32	BŁĄŻEJAK Krzysztofa	4	RUN BYDGOSZCZ	K40-49	1	00:50:02.30	+00:13:18 (26.6%)	5:00	12 (73.6%)
33	GŁOWSKI Dariusz	17		M40-49	7	00:50:24.30	+00:13:40 (27.1%)	5:02	11.9 (73.0%)
34	DOMAN Janusz	12	UKS SZABLA BRZOZA	M60+	1	00:50:36.30	+00:13:52 (27.4%)	5:03	11.9 (73.0%)
35	BĄCZKOWSKI Maciej	2	POLONIA BYDGOSZCZ	M40-49	8	00:50:47.65	+00:14:03 (27.7%)	5:04	11.8 (72.4%)
36	KAMIŃSKI Paweł	22		M40-49	9	00:51:07.00	+00:14:22 (28.1%)	5:06	11.7 (71.8%)
37	RASZTUBOWICZ Damian	47		M30-39	12	00:51:30.35	+00:14:46 (28.7%)	5:09	11.7 (71.8%)
38	JANASZKIEWICZ Paweł	20		M40-49	10	00:51:58.00	+00:15:13 (29.3%)	5:11	11.5 (70.6%)
39	ŚWIATLAK Marek	57	BYDGOSZCZ NA START	M40-49	11	00:53:07.10	+00:16:22 (30.8%)	5:18	11.3 (69.3%)
40	DĄBROWSKI Adam	11		M40-49	12	00:53:12.25	+00:16:28 (31.0%)	5:19	11.3 (69.3%)
41	SREBNY Kamil	53		M40-49	13	00:53:44.25	+00:17:00 (31.6%)	5:22	11.2 (68.7%)
42	SENGER Piotr	51	PAŁUKI RUNNING TEAM	M30-39	13	00:53:58.30	+00:17:14 (31.9%)	5:23	11.1 (68.1%)
43	STASZAK Szymon	54	OCELOTY KRUSZYN KRAJEŃSKI	M30-39	14	00:54:02.25	+00:17:18 (32.0%)	5:24	11.1 (68.1%)
44	GIERSZEWSKA Grażyna	16		K40-49	2	00:54:35.30	+00:17:51 (32.7%)	5:27	11 (67.5%)
45	TOMASZEWSKA Emilia	60	OCELOTY KRUSZYN KRAJEŃSKI	K30-39	3	00:55:37.80	+00:18:53 (34.0%)	5:33	10.8 (66.3%)
46	KAZUBOWSKI Jeremiasz	26	JOTKAZ	M20-29	7	00:55:40.20	+00:18:56 (34.0%)	5:34	10.8 (66.3%)
47	JEZIORSKA Monika	21	FLOWER POWER	K30-39	4	00:56:07.80	+00:19:23 (34.6%)	5:36	10.7 (65.6%)
48	KOLASIŃSKA Joanna	71	#ŻÓŁTOKRÓLEWSCY	K30-39	5	00:56:19.85	+00:19:35 (34.8%)	5:38	10.7 (65.6%)
49	FUNDATOR Dariusz	15		M50-59	6	00:57:43.15	+00:20:58 (36.4%)	5:46	10.4 (63.8%)
50	CZERESZKO Agata	8	IMPORTACO POLAND SP. Z O.O.	K30-39	6	00:57:57.70	+00:21:13 (36.6%)	5:47	10.4 (63.8%)
51	KIELB Jakub	27		M40-49	14	00:58:10.40	+00:21:26 (36.8%)	5:49	10.3 (63.2%)
52	PAWLIKOWSKI Szymon	44		M30-39	15	00:58:37.10	+00:21:52 (37.3%)	5:51	10.2 (62.6%)
53	PAWLIKOWSKI Piotr	43	KWW WYBIERAM MAISON	M20-29	8	00:58:41.00	+00:21:56 (37.4%)	5:52	10.2 (62.6%)
54	ŁOBODA Robert	35	NIEBISKO-CZARNA EKIPKA	M40-49	15	00:59:04.05	+00:22:19 (37.8%)	5:54	10.2 (62.6%)
55	WESOŁOWSKI Patryk	63	WSR	M16-19	1	00:59:04.65	+00:22:20 (37.8%)	5:54	10.2 (62.6%)
56	KOLBERG Tomasz	72		M30-39	16	00:59:57.50	+00:23:13 (38.7%)	5:59	10 (61.3%)
57	STYKAŁA Adrianna	55	WKURW_TEAM	K16-19	1	01:00:59.90	+00:24:15 (39.8%)	6:06	9.8 (60.1%)
58	SZNEIDROWSKA Agnieszka	56	HUSARIA RACE TEAM	K20-29	2	01:01:00.10	+00:24:15 (39.8%)	6:06	9.8 (60.1%)
59	MANISZEWSKI Zbigniew	38	TRISPACE	M60+	2	01:01:55.85	+00:25:11 (40.7%)	6:11	9.7 (59.5%)
60	KROPIDŁOWSKA Magdalena	30	OCELOTY KRUSZYN KRAJEŃSKI	K30-39	7	01:02:33.40	+00:25:49 (41.3%)	6:15	9.6 (58.9%)
61	DOMŻALSKA Sławomira	13		K40-49	3	01:03:18.35	+00:26:34 (42.0%)	6:19	9.5 (58.3%)
62	MALICKA Beata	36		K50-59	1	01:03:27.65	+00:26:43 (42.1%)	6:20	9.5 (58.3%)
63	SCHAB-DROŻDŻYŃSKA Joanna	49	KWW WYBIERAM MAISON	K30-39	8	01:03:35.70	+00:26:51 (42.2%)	6:21	9.4 (57.7%)
64	OŻGA Agnieszka	41		K30-39	9	01:04:51.70	+00:28:07 (43.4%)	6:29	9.3 (57.1%)
65	GRUDOWSKI Grzegorz	18		M40-49	16	01:05:27.70	+00:28:43 (43.9%)	6:32	9.2 (56.4%)
66	MICHALIK Monika	39		K30-39	10	01:05:51.30	+00:29:07 (44.2%)	6:35	9.1 (55.8%)
67	BAK-KUCZKOWSKA Dominika	3		K30-39	11	01:06:48.20	+00:30:04 (45.0%)	6:40	9 (55.2%)
68	KWIATKOWSKA Elżbieta	73		K40-49	4	01:22:18.70	+00:45:34 (55.4%)	8:13	7.3 (44.8%)
69	CZYŻEWSKA Katarzyna	9		K30-39	12	01:22:20.30	+00:45:36 (55.4%)	8:14	7.3 (44.8%)
70	URBANOWICZ Dariusz	62		M50-59	7	01:29:44.80	+00:53:00 (59.1%)	8:58	6.7 (41.1%)
71	PERLIK Wiesław	45	TADMAX	M60+	3	01:29:45.15	+00:53:00 (59.1%)	8:58	6.7 (41.1%)

Znaleziono 71 wynik(ów)