

IV BIEG INSTALATORA ROTENSO 2018

B4SPORT

Organizator: HVACR.pl
Data: 2018-06-03
Miejsce: Bydgoszcz
Dystans: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Debiutant Biegu Instalatora

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Firma	Czas startu	Announcer 9.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KOTŁOWSKI Bartosz	350	KLIMAT SOLEC	M-20	1	KLIMAT SOLEC	00:00:01	00:34:53	00:35:35.70	00:35:37.15		3:33	16.9 (100%)
2	LIDZBARSKI Janusz	235		M-30	2	UP System	00:00:02	00:37:05	00:37:54.85	00:37:56.90	+00:02:19 (6.1%)	3:47	15.8 (93.5%)
3	KUCZEK Piotr	359	KS ZRYW RADZIEJÓW	M-40	1	Instalacje Grzewcze i Sanitarne Piotr Kuczek	00:00:03	00:37:36	00:38:26.35	00:38:29.50	+00:02:50 (7.4%)	3:50	15.6 (92.3%)
4	MRUK Tomasz	368	CZARNE STOPY.SM	M-40	2		00:00:01	00:37:46	00:38:33.40	00:38:34.85	+00:02:57 (7.7%)	3:51	15.6 (92.3%)
5	KASPRZYK Piotr	22	ANIRO RUN TEAM	M-40	3		00:00:01	00:39:08	00:39:59.65	00:40:01.00	+00:04:23 (11.0%)	4:00	15 (88.8%)
6	PIĄTKOWSKI Michał	28	TKKF KOLEJARZ BYDGOSZCZ	M-20	2		00:00:03	00:39:39	00:40:27.30	00:40:30.95	+00:04:51 (12.0%)	4:02	14.8 (87.6%)
7	SZWEDA Mirosława	358		K-30	2		00:00:01	00:40:09	00:41:00.05	00:41:01.95	+00:05:24 (13.2%)	4:06	14.6 (86.4%)
8	WRÓBLEWSKI Tomasz	99		M-40	4	ASZ-TOM	00:00:02	00:40:30	00:41:21.40	00:41:23.40	+00:05:45 (13.9%)	4:08	14.5 (85.8%)
9	KUŚNIEREK Bartosz	287	PAŁUKI RUNNING TEAM	M-30	9		00:00:03	00:40:34	00:41:27.85	00:41:31.15	+00:05:52 (14.2%)	4:08	14.5 (85.8%)
10	PIEKARSKI Marek	395		M-40	5		00:00:02	00:41:06	00:41:56.20	00:41:58.25	+00:06:20 (15.1%)	4:11	14.3 (84.6%)
11	PAWLIK Stanisław	209		M-50	1		00:00:04	00:41:20	00:42:09.05	00:42:13.30	+00:06:33 (15.6%)	4:12	14.2 (84.0%)
12	JUNIK Łukasz	217		M-30	11	RUREX	00:00:03	00:41:54	00:42:43.85	00:42:47.60	+00:07:08 (16.7%)	4:16	14 (82.8%)
13	PIWOŃSKI Zbigniew	307		M-40	6		00:00:07	00:42:16	00:43:05.55	00:43:13.20	+00:07:29 (17.4%)	4:18	13.9 (82.2%)
14	OLEJNIK Krzysztof	215		M-30	14		00:00:06	00:42:36	00:43:26.35	00:43:33.20	+00:07:50 (18.1%)	4:20	13.8 (81.7%)
15	MADERA Andrzej	384		M-40	9	WIGMORS	00:00:04	00:42:45	00:43:33.65	00:43:37.90	+00:07:57 (18.3%)	4:21	13.8 (81.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Firma	Czas startu	Announcer 9.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	BRZUCHALSKI Mati	96		M-30	16		00:00:24	00:42:48	00:43:39.70	00:44:04.60	+00:08:04 (18.5%)	4:22	13.7 (81.1%)
17	NOWAKOWSKI Jerzy	251	ANIRO RUN TEAM	M-40	10		00:00:05	00:43:05	00:43:54.45	00:44:00.00	+00:08:18 (18.9%)	4:23	13.7 (81.1%)
18	HELSZTAJN Robert	322	PAŁUKI RUNNING TEAM	M-40	11		00:00:06	00:44:11	00:45:05.30	00:45:11.70	+00:09:29 (21.1%)	4:30	13.3 (78.7%)
19	JASIŃSKI Arkadiusz	324		M-40	13	zwik szczecin	00:00:03	00:44:42	00:45:37.70	00:45:41.15	+00:10:02 (22.0%)	4:33	13.1 (77.5%)
20	MODRZYŃSKI Jacek	24		M-30	20	NTs Daria Poczta	00:00:04	00:44:49	00:45:44.85	00:45:49.80	+00:10:09 (22.2%)	4:34	13.1 (77.5%)
21	GRZYWIŃSKI Grzegorz	65	RUN BYDGOSZCZ	M-40	14		00:00:09	00:44:54	00:45:45.10	00:45:54.90	+00:10:09 (22.2%)	4:34	13.1 (77.5%)
22	JAROCH-LIDZBARSKA Magdalena	248	AMBITIOUS RUNNERS TEAM	K-30	5		00:00:04	00:45:01	00:45:54.80	00:45:59.40	+00:10:19 (22.5%)	4:35	13.1 (77.5%)
23	SAPA Kacper	323	BYDGOSKIE ŻÓŁWIE	M-20	5		00:00:07	00:45:06	00:45:57.15	00:46:04.90	+00:10:21 (22.5%)	4:35	13.1 (77.5%)
24	KĄŁAS Magdalena	150		K-20	2		00:00:04	00:45:17	00:46:15.20	00:46:19.95	+00:10:39 (23.0%)	4:37	13 (76.9%)
25	CZAJKOWSKA Sylwia	50	FOTOJOKER	K-40	1		00:00:06	00:45:23	00:46:19.95	00:46:26.15	+00:10:44 (23.2%)	4:38	12.9 (76.3%)
26	GOŁATA Wojciech	95	WILCZA WATAHA	M-30	24		00:00:07	00:45:55	00:46:39.55	00:46:47.05	+00:11:03 (23.7%)	4:40	12.9 (76.3%)
27	JUREK Piotr	135		M-50	4		00:00:13	00:45:56	00:46:54.75	00:47:08.70	+00:11:19 (24.1%)	4:41	12.8 (75.7%)
27	HEJNA Kamil	321		M-30	25		00:00:20	00:46:01	00:46:54.75	00:47:15.60	+00:11:19 (24.1%)	4:41	12.8 (75.7%)
29	REDLARSKI Michał	141	H2O TEAM MWIO GRUDZIĄDZ	M-30	26	MWiO SP. Z O.O. GRUDZIĄDZ	00:00:04	00:46:03	00:46:58.50	00:47:02.95	+00:11:22 (24.2%)	4:41	12.8 (75.7%)
30	STAFIEJ Sylwester	259	ROTENSO TEAM	M-30	30	ROTENSO	00:00:02	00:46:57	00:47:50.40	00:47:53.00	+00:12:14 (25.6%)	4:47	12.5 (74.0%)
31	BOROWSKI Radosław	280	MLKS KRAJNA SĘPÓLNO	M-20	7		00:00:07	00:47:09	00:48:10.20	00:48:18.05	+00:12:34 (26.1%)	4:49	12.5 (74.0%)
32	TYCZYŃSKI Sławomir	249	FILGROSOIL	M-40	20		00:00:10	00:47:23	00:48:16.95	00:48:27.55	+00:12:41 (26.3%)	4:49	12.4 (73.4%)
33	WASIK Łukasz	346		M-20	8	ATI Systemy Elektroniczne Grudziądz	00:00:05	00:47:26	00:48:27.65	00:48:33.20	+00:12:51 (26.5%)	4:50	12.4 (73.4%)
34	CZARNECKI Mirosław	376		M-50	7		00:00:09	00:47:40	00:48:40.60	00:48:50.50	+00:13:04 (26.9%)	4:52	12.3 (72.8%)
35	CZYŻEWSKI Mateusz	332	GRUPA KACZMAREK	M-30	31	GRUPA KACZMAREK	00:00:13	00:47:56	00:48:47.15	00:49:00.45	+00:13:11 (27.0%)	4:52	12.3 (72.8%)
36	WITEK Karol	90		M-30	32		00:00:11	00:48:13	00:49:02.60	00:49:14.10	+00:13:26 (27.4%)	4:54	12.2 (72.2%)
37	JARANTOWICZ Adam	388		M-30	33		00:00:21	00:48:25	00:49:22.25	00:49:44.00	+00:13:46 (27.9%)	4:56	12.1 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Firma	Czas startu	Announcer 9.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	KACZOROWSKI Rafał	380		M-20	10		00:00:32	00:48:41	00:49:32.10	00:50:04.65	+00:13:56 (28.1%)	4:57	12.1 (71.6%)
39	ZAMOJSKI Andrzej	86		M-30	35		00:00:12	00:48:47	00:49:41.60	00:49:53.65	+00:14:05 (28.4%)	4:58	12.1 (71.6%)
40	BRZEZINSKI Maciej	364		M-40	23		00:00:14	00:48:51	00:49:55.00	00:50:09.25	+00:14:19 (28.7%)	4:59	12 (71.0%)
41	CHMARA Rafał	374	AMBAR	M-40	24		00:00:20	00:48:54	00:49:55.20	00:50:15.80	+00:14:19 (28.7%)	4:59	12 (71.0%)
42	GRAJZER Mirosław	222		M-60+	2	Warsztat Instalacyjny Wod.Kan.Gaz.i C.O.	00:00:05	00:48:57	00:50:02.55	00:50:07.55	+00:14:26 (28.9%)	5:00	12 (71.0%)
43	WROBEL Mateusx	143		M-20	12		00:00:09	00:49:12	00:50:10.45	00:50:19.95	+00:14:34 (29.1%)	5:01	12 (71.0%)
44	PACZKOWSKI Mirosław	305		M-40	26		00:00:15	00:49:35	00:50:31.65	00:50:47.30	+00:14:55 (29.6%)	5:03	11.9 (70.4%)
45	BUTRYM Piotr	121		M-30	37		00:00:12	00:49:29	00:50:31.85	00:50:44.65	+00:14:56 (29.6%)	5:03	11.9 (70.4%)
46	WASILEWSKI Wojtek	385		M-20	13		00:00:10	00:49:53	00:50:55.95	00:51:06.45	+00:15:20 (30.1%)	5:05	11.8 (69.8%)
47	KACZMAREK Sebastian	199		M-30	43		00:00:27	00:50:13	00:51:01.85	00:51:29.20	+00:15:26 (30.2%)	5:06	11.8 (69.8%)
48	NOWICKI Adam	116	PENDEL TEAM	M-40	30		00:00:27	00:50:18	00:51:14.75	00:51:42.10	+00:15:39 (30.5%)	5:07	11.7 (69.2%)
49	KABAT Jakub	140	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-16	1		00:00:35	00:50:33	00:51:16.45	00:51:52.30	+00:15:40 (30.6%)	5:07	11.7 (69.2%)
50	DRZEWIECKI Rafał	342		M-40	31		00:00:27	00:50:17	00:51:16.60	00:51:44.05	+00:15:40 (30.6%)	5:07	11.7 (69.2%)
51	KOWAL Michał	310		M-40	32		00:00:12	00:50:16	00:51:20.30	00:51:32.30	+00:15:44 (30.7%)	5:08	11.7 (69.2%)
52	KUZERA Przemysław	382		M-40	33	Celt	00:00:11	00:50:26	00:51:25.10	00:51:36.40	+00:15:49 (30.8%)	5:08	11.7 (69.2%)
53	LACH Paweł	275		M-30	44		00:00:25	00:50:28	00:51:26.10	00:51:51.10	+00:15:50 (30.8%)	5:08	11.7 (69.2%)
54	KRUPIŃSKA Izabela	109	H2O TEAM MWIO GRUDZIĄDZ	K-30	6	Miejskie Wodociągi i Oczyszczalnia sp. z o.o.	00:00:07	00:50:38	00:51:36.75	00:51:44.25	+00:16:01 (31.0%)	5:09	11.6 (68.6%)
55	TOBÓR Paweł	261	ROTENSO TEAM	M-20	14	ROTENSO	00:00:02	00:50:42	00:51:39.20	00:51:41.25	+00:16:03 (31.1%)	5:09	11.6 (68.6%)
56	KRASIŃSKI Piotr	257		M-40	36		00:00:28	00:50:46	00:51:39.75	00:52:08.65	+00:16:04 (31.1%)	5:10	11.6 (68.6%)
57	WIECZOREK Kamila	229	ALNOR	K-20	3		00:00:08	00:50:44	00:51:45.60	00:51:53.75	+00:16:09 (31.2%)	5:10	11.6 (68.6%)
58	ARACH Przemysław	179		M-30	45		00:00:18	00:51:05	00:51:55.95	00:52:14.25	+00:16:20 (31.5%)	5:11	11.6 (68.6%)
59	ZIEMBAA Agaa	354		K-20	5		00:00:11	00:51:05	00:52:01.85	00:52:13.60	+00:16:26 (31.6%)	5:12	11.5 (68.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Firma	Czas startu	Announcer 9.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
60	MIKLASZ Piotr	334	KLIMOR TEAM	M-30	47	KLIMOR Sp. z o.o. Sp. K.	00:00:14	00:51:27	00:52:26.40	00:52:41.30	+00:16:50 (32.1%)	5:14	11.4 (67.5%)
61	SARNOWSKA Patrycja	254		K-20	6		00:00:06	00:51:39	00:52:42.85	00:52:49.15	+00:17:07 (32.5%)	5:16	11.4 (67.5%)
62	LOOSE Michał	132	GRUPA KACZMAREK	M-20	17	GRUPA KACZMAREK	00:00:28	00:51:54	00:52:47.70	00:53:16.50	+00:17:12 (32.6%)	5:16	11.4 (67.5%)
63	KRUPIŃSKI Rafał	238	KLIMOR TEAM	M-20	18	KLIMOR Sp. z o.o. Sp. K.	00:00:08	00:51:45	00:52:52.70	00:53:01.50	+00:17:17 (32.7%)	5:17	11.3 (66.9%)
64	WIŚNIEWSKI Piotr	148		M-20	19		00:00:28	00:52:02	00:52:56.65	00:53:24.90	+00:17:20 (32.8%)	5:17	11.3 (66.9%)
65	MARCYJANIAK Krzysztof	391	KS ZRYW RADZIEJÓW	M-40	40		00:00:36	00:51:56	00:52:56.95	00:53:33.55	+00:17:21 (32.8%)	5:17	11.3 (66.9%)
66	BRYJA Robert	367		M-50	9		00:00:06	00:52:13	00:53:19.45	00:53:26.00	+00:17:43 (33.2%)	5:20	11.3 (66.9%)
67	BŁAŻEJAK Krzysztofa`	176		K-40	6		00:00:06	00:52:46	00:53:44.00	00:53:50.90	+00:18:08 (33.8%)	5:22	11.2 (66.3%)
68	HORYD Justyna	269		K-40	7		00:00:08	00:52:37	00:53:47.65	00:53:56.35	+00:18:11 (33.8%)	5:22	11.2 (66.3%)
69	ZGLIŃSKA Anna	267		K-30	7		00:00:05	00:53:01	00:54:09.00	00:54:14.75	+00:18:33 (34.3%)	5:24	11.1 (65.7%)
70	NOWAK Józef	283		M-60+	7	HYDROWODKAN	00:00:12	00:53:16	00:54:21.75	00:54:34.60	+00:18:46 (34.5%)	5:26	11 (65.1%)
71	DEKA Ireneusz	298		M-30	50	Body Joy Roma Deka fitness usługi transoprt	00:00:17	00:53:35	00:54:30.25	00:54:48.15	+00:18:54 (34.7%)	5:27	11 (65.1%)
72	KOTLAREK Mariusz	371		M-20	20		00:00:18	00:53:44	00:54:33.80	00:54:52.75	+00:18:58 (34.8%)	5:27	11 (65.1%)
73	FERENS Paweł	281		M-40	45		00:00:16	00:53:35	00:54:44.00	00:55:00.75	+00:19:08 (35.0%)	5:28	11 (65.1%)
74	BINKOWSKI Kamil	231		M-16	2		00:00:13	00:54:00	00:54:46.65	00:54:59.85	+00:19:10 (35.0%)	5:28	11 (65.1%)
75	MARTYNELIS Jakub	274	GRUPA KACZMAREK	M-20	23	GRUPA KACZMAREK	00:00:48	00:53:45	00:54:48.75	00:55:37.60	+00:19:13 (35.1%)	5:28	10.9 (64.5%)
76	FRONTCZAK Iwona	183		K-40	8		00:00:04	00:53:41	00:54:51.95	00:54:56.10	+00:19:16 (35.1%)	5:29	10.9 (64.5%)
77	BEREDA Adam	242	KLIMOR TEAM	M-30	52	KLIMOR Sp. z o.o. Sp. K.	00:00:10	00:53:52	00:54:54.70	00:55:05.20	+00:19:19 (35.2%)	5:29	10.9 (64.5%)
78	MAJCHRZAK Dawid	156		M-30	53		00:00:35	00:53:53	00:55:01.50	00:55:37.35	+00:19:25 (35.3%)	5:30	10.9 (64.5%)
79	PRAŃNICKI Mariusz	301		M-40	46		00:00:17	00:54:00	00:55:11.60	00:55:28.95	+00:19:35 (35.5%)	5:31	10.9 (64.5%)
80	KOŁACZ Artur	219	ALNOR	M-30	54		00:00:08	00:54:12	00:55:13.35	00:55:21.60	+00:19:37 (35.5%)	5:31	10.9 (64.5%)
81	POTRZEBOWSKA Agata	106		K-30	8		00:00:21	00:54:08	00:55:16.15	00:55:37.35	+00:19:40 (35.6%)	5:31	10.9 (64.5%)
82	ZAMIATOWSKA Kinga	330	BELLA LINE BDG	K-40	9		00:00:21	00:54:33	00:55:37.10	00:55:58.30	+00:20:01 (36.0%)	5:33	10.8 (63.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Firma	Czas startu	Announcer 9.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
83	JAGIEŁO Sylwia	144	BBL INOWROCŁAW/INOWROCŁAW BIEGA	K-40	11		00:00:14	00:54:55	00:56:03.55	00:56:18.05	+00:20:27 (36.5%)	5:36	10.7 (63.3%)
84	SZYMAŃSKI Tomasz	154		M-30	55	DTM System	00:00:08	00:55:15	00:56:13.10	00:56:21.70	+00:20:37 (36.7%)	5:37	10.7 (63.3%)
85	REPCZYŃSKI Tomasz	7		M-20	24		00:00:33	00:55:22	00:56:16.90	00:56:50.20	+00:20:41 (36.8%)	5:37	10.7 (63.3%)
86	ŁOŃSKI Jerzy	270		M-50	13		00:00:39	00:55:13	00:56:19.50	00:56:59.25	+00:20:43 (36.8%)	5:38	10.7 (63.3%)
87	NOWAK Tomasz	286		M-30	56		00:00:25	00:55:18	00:56:23.80	00:56:49.00	+00:20:48 (36.9%)	5:38	10.6 (62.7%)
88	FRYDRYCH Bartłomiej	285		M-30	57		00:00:25	00:55:17	00:56:24.10	00:56:49.40	+00:20:48 (36.9%)	5:38	10.6 (62.7%)
89	MODRZEJEWSKI Wojciech	152	JW.3775 CHOJNICE	M-40	51		00:00:32	00:55:19	00:56:30.35	00:57:02.50	+00:20:54 (37.0%)	5:39	10.6 (62.7%)
90	DULCET Maria	379		K-16	1		00:00:24	00:55:32	00:56:43.65	00:57:07.85	+00:21:07 (37.3%)	5:40	10.6 (62.7%)
91	SZULAKOWSKI Tomasz	70	KURCZE JAK DALEKO	M-40	54		00:00:38	00:56:03	00:57:12.00	00:57:50.90	+00:21:36 (37.8%)	5:43	10.5 (62.1%)
92	CISZEWSKI Paweł	266		M-30	58		00:00:33	00:56:31	00:57:39.20	00:58:13.10	+00:22:03 (38.3%)	5:46	10.4 (61.5%)
93	PAŁKA Mariusz	264	ROTENSO TEAM	M-30	59	ROTENSO	00:00:02	00:56:41	00:57:43.50	00:57:46.10	+00:22:07 (38.3%)	5:46	10.4 (61.5%)
94	MICHALSKA Daria	338		K-20	8		00:00:26	00:56:38	00:57:45.55	00:58:11.75	+00:22:09 (38.4%)	5:46	10.4 (61.5%)
95	ZGÓRSKI Maciej	185		M-40	56		00:00:31	00:56:50	00:57:54.15	00:58:25.75	+00:22:18 (38.5%)	5:47	10.4 (61.5%)
96	RENC Patryk	133	SERCE TYBETU	M-20	26		00:00:32	00:57:00	00:57:58.70	00:58:30.90	+00:22:23 (38.6%)	5:47	10.4 (61.5%)
97	MURAWSKI Piotr	8		M-30	63		00:00:51	00:57:13	00:58:09.20	00:59:00.30	+00:22:33 (38.8%)	5:48	10.3 (60.9%)
98	KUJAWA Przemysław	309		M-30	65		00:00:41	00:57:20	00:58:13.30	00:58:54.50	+00:22:37 (38.9%)	5:49	10.3 (60.9%)
99	LORENC-KRUSZYŃSKA Sylwia	56		K-30	12		00:00:31	00:57:06	00:58:17.75	00:58:49.60	+00:22:42 (38.9%)	5:49	10.3 (60.9%)
100	CIESIELSKI Damian	49		M-40	57		00:00:33	00:57:13	00:58:21.60	00:58:55.10	+00:22:45 (39.0%)	5:50	10.3 (60.9%)
101	KODRANC Marcin	345		M-30	66		00:00:21	00:57:14	00:58:26.55	00:58:47.70	+00:22:50 (39.1%)	5:50	10.3 (60.9%)
102	KULIKOWSKI Robert	227		M-50	15		00:00:37	00:57:22	00:58:28.65	00:59:06.35	+00:22:52 (39.1%)	5:50	10.3 (60.9%)
103	CYRANKOWSKA Aleksandra	108	H2O TEAM MWIO GRUDZIĄDZ	K-30	13	Miejskie Wodociągi i Oczyszczalnia sp. z o.o.	00:00:00		00:58:29.00	00:58:29.00	+00:22:53 (39.1%)	5:50	10.3 (60.9%)
104	GRUSZECZKA Patryk	331	POLSKA GRUPA BIEGOWA	M-30	70		00:00:08	00:57:26	00:58:49.50	00:58:57.65	+00:23:13 (39.5%)	5:52	10.2 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Firma	Czas startu	Announcer 9.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
105	WŁODARCZYK Olga	167	#TEAMFARFALLA	K-20	9		00:00:38	00:57:50	00:58:54.65	00:59:32.70	+00:23:18 (39.6%)	5:53	10.2 (60.4%)
106	RUTKOWSKI Rafał	239	KLIMOR TEAM	M-40	59	KLIMOR Sp. z o.o. Sp. K.	00:00:12	00:57:46	00:59:00.60	00:59:12.60	+00:23:24 (39.7%)	5:54	10.2 (60.4%)
107	JANKE Damian	306		M-30	71		00:00:38	00:57:49	00:59:02.30	00:59:41.00	+00:23:26 (39.7%)	5:54	10.2 (60.4%)
108	GROBELNA Monika	312		K-30	14		00:00:22	00:58:07	00:59:04.00	00:59:26.00	+00:23:28 (39.7%)	5:54	10.2 (60.4%)
109	BOROWIEC Wioleta	145	BBL SZUBIN	K-30	15		00:00:15	00:57:59	00:59:08.75	00:59:23.80	+00:23:33 (39.8%)	5:54	10.1 (59.8%)
110	DACIO Darek	136		M-20	27		00:00:15	00:57:59	00:59:12.25	00:59:27.75	+00:23:36 (39.9%)	5:55	10.1 (59.8%)
111	HAUS Katarzyna	146		K-40	13		00:00:15	00:58:00	00:59:16.50	00:59:31.55	+00:23:40 (39.9%)	5:55	10.1 (59.8%)
112	ŻUCHELKOWSKI Rafał	224		M-30	72		00:00:20	00:58:03	00:59:18.90	00:59:39.15	+00:23:43 (40.0%)	5:55	10.1 (59.8%)
113	ADAMCZYK Agnieszka	311		K-30	16		00:00:18	00:58:10	00:59:28.20	00:59:46.40	+00:23:52 (40.1%)	5:56	10.1 (59.8%)
114	STĘPSKI Sławomir	377		M-16	3		00:00:43	00:58:45	00:59:34.90	01:00:18.05	+00:23:59 (40.3%)	5:57	10.1 (59.8%)
115	CZERWIAKOWSKI Sebastian	225		M-40	61		00:00:31	00:58:25	00:59:35.05	01:00:06.40	+00:23:59 (40.3%)	5:57	10.1 (59.8%)
116	MORAWSKI Piotr	315		M-20	28		00:00:24	00:58:37	00:59:42.40	01:00:06.60	+00:24:06 (40.4%)	5:58	10.1 (59.8%)
117	SCHULZ Maciej	43	PRUSZCZ BIEGA	M-40	65		00:00:37	00:59:12	01:00:20.85	01:00:58.65	+00:24:45 (41.0%)	6:02	9.9 (58.6%)
118	MADZIŃSKI Dawid	131	GRUPA KACZMAREK	M-20	29	GRUPA KACZMAREK	00:00:48	00:59:34	01:00:38.80	01:01:27.50	+00:25:03 (41.3%)	6:03	9.9 (58.6%)
119	TOMKIEWICZ Martyna	279	ATOS BYDGOSZCZ	K-20	10		00:00:25	00:59:31	01:00:40.40	01:01:06.30	+00:25:04 (41.3%)	6:04	9.9 (58.6%)
120	JÓŹWIAK Hubert	164	TYMGAZ GNIEZNO	M-20	30		00:00:23	00:59:47	01:00:49.25	01:01:12.90	+00:25:13 (41.5%)	6:04	9.9 (58.6%)
121	TYMCZEWSKA Alicja	163	TYMGAZ GNIEZNO	K-20	11		00:00:23	00:59:48	01:00:49.55	01:01:12.85	+00:25:13 (41.5%)	6:04	9.9 (58.6%)
122	LACH Bogumiła	343		K-30	21		00:00:25	01:00:01	01:01:05.85	01:01:30.95	+00:25:30 (41.7%)	6:06	9.8 (58.0%)
123	TRUSZCZYŃSKA Joanna	138		K-40	18		00:00:26	01:00:04	01:01:16.35	01:01:43.20	+00:25:40 (41.9%)	6:07	9.8 (58.0%)
124	SZAKALSKI Michał	19		M-30	73		00:00:08	01:00:44	01:01:36.90	01:01:45.45	+00:26:01 (42.2%)	6:09	9.7 (57.4%)
125	CIEŚLAK Hanna	6		K-30	22		00:00:08	01:00:44	01:01:37.15	01:01:45.60	+00:26:01 (42.2%)	6:09	9.7 (57.4%)
126	KASPROWICZ Piotr	15	JW1515	M-30	74		00:00:30	01:00:28	01:01:43.55	01:02:13.95	+00:26:07 (42.3%)	6:10	9.7 (57.4%)
127	WIŚNIEWSKI Przemysław	387		M-30	75		00:00:34	01:00:27	01:01:46.05	01:02:20.85	+00:26:10 (42.4%)	6:10	9.7 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Firma	Czas startu	Announcer 9.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
128	MIZEREK Rafał	186		M-30	76		00:00:31	01:00:56	01:02:00.20	01:02:31.55	+00:26:24 (42.6%)	6:12	9.7 (57.4%)
129	KOSIK Marcin	206	ATI SYSTEMY ELEKTRONICZNE GRUDZIĄDZ	M-30	77	ATI Systemy Elektroniczne Grudziądz	00:00:12	01:01:16	01:02:32.05	01:02:44.95	+00:26:56 (43.1%)	6:15	9.6 (56.8%)
130	KRZYŻANOWSKA Patrycja	42		K-20	13		00:00:48	01:02:09	01:03:18.50	01:04:06.80	+00:27:42 (43.8%)	6:19	9.5 (56.2%)
131	NIZWANTOWSKI Rafał	161		M-30	81		00:00:16	01:02:13	01:03:31.00	01:03:47.80	+00:27:55 (44.0%)	6:21	9.4 (55.6%)
132	JARANTOWICZ Małgorzata	390		K-30	24		00:00:21	01:02:36	01:03:52.80	01:04:14.35	+00:28:17 (44.3%)	6:23	9.4 (55.6%)
133	NALEWALSKA Justyna	103	SERCE TYBETU	K-20	14		00:00:32	01:03:18	01:04:27.60	01:05:00.05	+00:28:51 (44.8%)	6:26	9.3 (55.0%)
134	NALIK Marta	349	KLIMAT SOLEC	K-20	15	KLIMAT SOLEC	00:00:23	01:03:17	01:04:38.30	01:05:01.90	+00:29:02 (44.9%)	6:27	9.3 (55.0%)
135	ŁOBODA Robert	392		M-40	66		00:00:50	01:03:35	01:04:47.95	01:05:38.10	+00:29:12 (45.1%)	6:28	9.3 (55.0%)
136	MARSZAŁEK Przemysław	207	ALFACO RUNNING TEAM	M-30	84	ALFACO	00:00:00		01:04:58.40	01:04:58.40	+00:29:22 (45.2%)	6:29	9.2 (54.4%)
137	IWANIAK Dariusz	295		M-40	67		00:00:43	01:03:55	01:05:07.30	01:05:50.70	+00:29:31 (45.3%)	6:30	9.2 (54.4%)
138	ZAKRZEWSKI Adam	250		M-20	32		00:00:50	01:04:06	01:05:26.20	01:06:16.30	+00:29:50 (45.6%)	6:32	9.2 (54.4%)
139	SKORUPKA Radek	304	KS ULUNG	M-30	86		00:00:40	01:04:03	01:05:28.20	01:06:08.50	+00:29:52 (45.6%)	6:32	9.2 (54.4%)
140	KRAJEWSKA Jagoda	327		K-30	26		00:00:25	01:04:21	01:05:30.25	01:05:55.30	+00:29:54 (45.7%)	6:33	9.2 (54.4%)
141	MIOTK Marek	273	KLIMOR TEAM	M-30	87	KLIMOR Sp. z o.o. Sp. K.	00:00:10	01:04:21	01:05:43.60	01:05:54.40	+00:30:07 (45.8%)	6:34	9.1 (53.8%)
142	NOWAK Agnieszka	228		K-30	31		00:00:34	01:05:22	01:06:38.30	01:07:13.10	+00:31:02 (46.6%)	6:39	9 (53.3%)
143	KOSZELA Renata	271		K-40	23		00:00:20	01:05:25	01:06:44.25	01:07:04.60	+00:31:08 (46.7%)	6:40	9 (53.3%)
144	MIKLASZ Katarzyna	335	KLIMA-THERM TEAM	K-30	32	KLIMA-THERM SP. Z O.O.	00:00:15	01:05:29	01:06:49.40	01:07:04.60	+00:31:13 (46.7%)	6:40	9 (53.3%)
145	KACZMAREK Paweł	130	GRUPA KACZMAREK	M-30	90	GRUPA KACZMAREK	00:00:48	01:05:33	01:06:51.65	01:07:40.20	+00:31:15 (46.8%)	6:41	9 (53.3%)
146	TRZYMKOWSKI Adrian	381		M-20	33		00:00:33	01:05:49	01:06:56.10	01:07:29.10	+00:31:20 (46.8%)	6:41	9 (53.3%)
147	SYGULSKA Justyna	340	RUN PASJA BYDGOSZCZ	K-30	34		00:00:31	01:05:44	01:07:07.35	01:07:38.85	+00:31:31 (47.0%)	6:42	8.9 (52.7%)
148	CENTAŁA Jarosław	394	TEAM KUCYKI	M-30	92		00:00:43	01:06:06	01:07:29.15	01:08:12.75	+00:31:53 (47.3%)	6:44	8.9 (52.7%)
149	SZATKOWSKA Beata	313		K-50	4		00:00:39	01:06:01	01:07:32.30	01:08:11.30	+00:31:56 (47.3%)	6:45	8.9 (52.7%)
150	BRAHIM Laurent	314		M-50	22		00:00:39	01:06:05	01:07:32.75	01:08:12.15	+00:31:57 (47.3%)	6:45	8.9 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Firma	Czas startu	Announcer 9.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
151	GATNER Adam Marek	365	LUKS SEROCK	M-60+	9		00:00:38	01:06:12	01:07:42.35	01:08:20.75	+00:32:06 (47.4%)	6:46	8.9 (52.7%)
152	GUMIENNY Maciej	139		M-40	70		00:00:27	01:06:19	01:07:47.05	01:08:14.80	+00:32:11 (47.5%)	6:46	8.9 (52.7%)
153	RICHERT Teresa	89	ZWIK CHEŁMNO	K-30	37	ZWiK Chełmno	00:00:22	01:06:32	01:07:51.40	01:08:13.90	+00:32:15 (47.5%)	6:47	8.8 (52.1%)
154	JUNIK Aneta	218		K-30	38	RUREX	00:00:51	01:06:32	01:07:52.35	01:08:43.45	+00:32:16 (47.6%)	6:47	8.8 (52.1%)
155	RÓŻAŃSKA Agnieszka	353	ZWIK CHEŁMNO	K-40	25		00:00:22	01:06:38	01:08:08.20	01:08:30.50	+00:32:32 (47.8%)	6:48	8.8 (52.1%)
156	SOBOWIEC Mirka	114		K-40	26		00:00:42	01:06:47	01:08:09.05	01:08:51.80	+00:32:33 (47.8%)	6:48	8.8 (52.1%)
157	SOBOWIEC Szymon	115		M-40	71		00:00:42	01:06:47	01:08:09.20	01:08:51.95	+00:32:33 (47.8%)	6:48	8.8 (52.1%)
158	CZARNECKA Małgorzata	375		K-50	5		00:00:19	01:07:28	01:08:52.25	01:09:12.10	+00:33:16 (48.3%)	6:53	8.7 (51.5%)
159	JANUSZKIEWICZ Kornelia	37	WATAHA BYDGOSZCZ	K-30	39		00:00:17	01:07:55	01:09:10.50	01:09:28.00	+00:33:34 (48.5%)	6:55	8.7 (51.5%)
160	IGNATOWICZ Edyta	188		K-30	40	RUREX	00:00:50	01:08:16	01:09:43.90	01:10:34.80	+00:34:08 (49.0%)	6:58	8.6 (50.9%)
161	NUNZEK Agnieszka	122		K-40	27		00:00:26	01:08:34	01:09:56.95	01:10:23.85	+00:34:21 (49.1%)	6:59	8.6 (50.9%)
162	SZTEJKA Jolanta	178		K-40	28		00:00:46	01:08:55	01:10:05.30	01:10:52.00	+00:34:29 (49.2%)	7:00	8.6 (50.9%)
163	STĘC Jacek	241	KLIMOR TEAM	M-30	93	KLIMOR Sp. z o.o. Sp. K.	00:00:09	01:09:08	01:10:16.00	01:10:25.95	+00:34:40 (49.3%)	7:01	8.5 (50.3%)
164	SAPALSKA Michalina	303		K-20	16		00:00:48	01:09:34	01:10:53.45	01:11:42.00	+00:35:17 (49.8%)	7:05	8.5 (50.3%)
165	KARASZEWSKI Mikołaj	373		M-30	94		00:00:15	01:09:36	01:11:05.35	01:11:21.15	+00:35:29 (49.9%)	7:06	8.4 (49.7%)
166	IWANIAK Wioletta	294		K-40	29		00:00:45	01:09:56	01:11:20.70	01:12:06.20	+00:35:45 (50.1%)	7:08	8.4 (49.7%)
167	TOMŻYŃSKI Maciej	262	ROTENSO TEAM	M-20	34	ROTENSO	00:00:03	01:11:06	01:12:13.95	01:12:17.10	+00:36:38 (50.7%)	7:13	8.3 (49.1%)
168	BURZYŃSKA Anna	258	ROTENSO TEAM	K-30	42	ROTENSO	00:00:03	01:11:05	01:12:14.15	01:12:17.20	+00:36:38 (50.7%)	7:13	8.3 (49.1%)
169	BOGDANÓW Karolina	339		K-20	17		00:00:44	01:11:22	01:12:46.20	01:13:31.00	+00:37:10 (51.1%)	7:16	8.2 (48.5%)
170	SANIAK Piotr	260	ROTENSO TEAM	M-20	35	ROTENSO	00:00:14	01:12:00	01:12:55.40	01:13:10.30	+00:37:19 (51.2%)	7:17	8.2 (48.5%)
171	KOWALCZYK Piotr	234	ALNOR	M-30	97		00:00:00	01:14:24	01:15:16.00	01:15:16.00	+00:39:40 (52.7%)	7:31	8 (47.3%)
172	DANIELEK Adam	14	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M-40	75		00:00:48	01:16:07	01:16:56.65	01:17:44.65	+00:41:20 (53.7%)	7:41	7.8 (46.2%)
173	MALCZEWSKA Mirka	124		K-60+	2		00:00:47	01:16:33	01:17:48.85	01:18:36.55	+00:42:13 (54.3%)	7:46	7.7 (45.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Firma	Czas startu	Announcer 9.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
174	ŚLĘZAK Rafał	123		M-40	76		00:00:51	01:20:55	01:22:07.60	01:22:59.30	+00:46:31 (56.7%)	8:12	7.3 (43.2%)
DQ	WITKOWSKI Błażej	147		M-20			DQ	00:38:26 DQ	00:39:23.25 DQ	DQ		-	- (0.0%)

Znaleziono 175 wynik(ów)