

# IV BIEG INSTALATORA ROTENSO 2018

B4SPORT

**Organiser:** HVACR.pl  
**Date:** 2018-06-03  
**Place:** Bydgoszcz  
**Distance:** 10 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Classification: K-40

Place	Participant	Number	Club	Category	MCat	Firma	Start time	Announcer 9.8km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	<b>CZAJKOWSKA Sylwia</b>	<b>50</b>	FOTOJOKER	K-40	1		00:00:06	00:45:23	<b>00:46:19.95</b>	<b>00:46:26.15</b>		4:38	12.9 (100%)
2	<b>GOLON Marlena</b>	<b>412</b>	RUN PASJA BYDGOSZCZ	K-40	2		00:00:06	00:47:01	<b>00:47:52.25</b>	<b>00:47:58.85</b>	+00:01:32 (3.2%)	4:47	12.5 (96.9%)
3	<b>PALACZ Wioletta</b>	<b>38</b>		K-40	3		00:00:06	00:49:43	<b>00:50:39.50</b>	<b>00:50:46.05</b>	+00:04:19 (8.5%)	5:04	11.8 (91.5%)
4	<b>GROBELNA Angelika</b>	<b>79</b>		K-40	4		00:00:13	00:52:18	<b>00:53:25.95</b>	<b>00:53:38.95</b>	+00:07:06 (13.3%)	5:20	11.2 (86.8%)
5	<b>RUDOL Magdalena</b>	<b>100</b>		K-40	5		00:00:13	00:52:27	<b>00:53:30.00</b>	<b>00:53:43.95</b>	+00:07:10 (13.4%)	5:21	11.2 (86.8%)
6	<b>BŁAŻEJAK Krzysztofa`</b>	<b>176</b>		K-40	6		00:00:06	00:52:46	<b>00:53:44.00</b>	<b>00:53:50.90</b>	+00:07:24 (13.8%)	5:22	11.2 (86.8%)
7	<b>HORYD Justyna</b>	<b>269</b>		K-40	7		00:00:08	00:52:37	<b>00:53:47.65</b>	<b>00:53:56.35</b>	+00:07:27 (13.9%)	5:22	11.2 (86.8%)
8	<b>FRONTCZAK Iwona</b>	<b>183</b>		K-40	8		00:00:04	00:53:41	<b>00:54:51.95</b>	<b>00:54:56.10</b>	+00:08:32 (15.6%)	5:29	10.9 (84.5%)
9	<b>ZAMIATOWSKA Kinga</b>	<b>330</b>	BELLA LINE BDG	K-40	9		00:00:21	00:54:33	<b>00:55:37.10</b>	<b>00:55:58.30</b>	+00:09:17 (16.7%)	5:33	10.8 (83.7%)
10	<b>WOJCIECHOWSKA Emilia</b>	<b>405</b>		K-40	10		00:00:29	00:54:47	<b>00:55:56.05</b>	<b>00:56:25.55</b>	+00:09:36 (17.2%)	5:35	10.7 (82.9%)
11	<b>JAGIEŁO Sylwia</b>	<b>144</b>	BBL INOWROCŁAW/INOWROCŁAW BIEGA	K-40	11		00:00:14	00:54:55	<b>00:56:03.55</b>	<b>00:56:18.05</b>	+00:09:43 (17.4%)	5:36	10.7 (82.9%)
12	<b>MAŁANIN Dorota</b>	<b>113</b>	ZWIK CHEŁMNO	K-40	12		00:00:27	00:57:31	<b>00:58:45.75</b>	<b>00:59:13.70</b>	+00:12:25 (21.2%)	5:52	10.2 (79.1%)
13	<b>HAUS Katarzyna</b>	<b>146</b>		K-40	13		00:00:15	00:58:00	<b>00:59:16.50</b>	<b>00:59:31.55</b>	+00:12:56 (21.8%)	5:55	10.1 (78.3%)
14	<b>STOŻEK Grażyna</b>	<b>67</b>	ZWIK CHEŁMNO	K-40	14	ZWIK Chełmno	00:00:27	00:58:26	<b>00:59:45.75</b>	<b>01:00:13.50</b>	+00:13:25 (22.5%)	5:58	10 (77.5%)
15	<b>KWARTA Ilona</b>	<b>213</b>	SYSTHERM SPORT TEAM	K-40	15	SYSTHERM	00:00:47	00:58:30	<b>00:59:46.85</b>	<b>01:00:34.35</b>	+00:13:26 (22.5%)	5:58	10 (77.5%)
16	<b>KANIUK Maja</b>	<b>149</b>		K-40	16		00:00:24	00:58:56	<b>00:59:56.40</b>	<b>01:00:21.00</b>	+00:13:36 (22.7%)	5:59	10 (77.5%)

Place	Participant	Number	Club	Category	MCat	Firma	Start time	Announcer 9.8km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
17	<b>WALENTYNOWICZ Aneta</b>	<b>40</b>	PRUSZCZ BIEGA	K-40	17		00:00:37	00:59:12	<b>01:00:21.35</b>	<b>01:00:58.55</b>	+00:14:01 (23.2%)	6:02	9.9 (76.7%)
18	<b>TRUSZCZYŃSKA Joanna</b>	<b>138</b>		K-40	18		00:00:26	01:00:04	<b>01:01:16.35</b>	<b>01:01:43.20</b>	+00:14:56 (24.4%)	6:07	9.8 (76.0%)
19	<b>CZYŻAK Asia</b>	<b>91</b>	AMS	K-40	19		00:00:31	01:02:19	<b>01:03:23.80</b>	<b>01:03:54.90</b>	+00:17:03 (26.9%)	6:20	9.5 (73.6%)
20	<b>BOŚ Hanna</b>	<b>137</b>		K-40	20		00:00:42	01:04:47	<b>01:06:00.95</b>	<b>01:06:43.10</b>	+00:19:41 (29.8%)	6:36	9.1 (70.5%)
21	<b>KOZACZYK Joanna</b>	<b>48</b>		K-40	21		00:00:15	01:05:01	<b>01:06:14.60</b>	<b>01:06:29.70</b>	+00:19:54 (30.1%)	6:37	9.1 (70.5%)
22	<b>BINKOWSKA Anita</b>	<b>180</b>		K-40	22		00:00:15	01:05:26	<b>01:06:37.25</b>	<b>01:06:52.65</b>	+00:20:17 (30.5%)	6:39	9 (69.8%)
23	<b>KOSZELA Renata</b>	<b>271</b>		K-40	23		00:00:20	01:05:25	<b>01:06:44.25</b>	<b>01:07:04.60</b>	+00:20:24 (30.6%)	6:40	9 (69.8%)
24	<b>BEDNAREK Algvida</b>	<b>268</b>	ALNOR	K-40	24	ALNOR	00:00:08	01:06:08	<b>01:07:21.15</b>	<b>01:07:30.05</b>	+00:21:01 (31.2%)	6:44	8.9 (69.0%)
25	<b>RÓŻAŃSKA Agnieszka</b>	<b>353</b>	ZWIK CHEŁMNO	K-40	25		00:00:22	01:06:38	<b>01:08:08.20</b>	<b>01:08:30.50</b>	+00:21:48 (32.0%)	6:48	8.8 (68.2%)
26	<b>SOBOWIEC Mirka</b>	<b>114</b>		K-40	26		00:00:42	01:06:47	<b>01:08:09.05</b>	<b>01:08:51.80</b>	+00:21:49 (32.0%)	6:48	8.8 (68.2%)
27	<b>NUNZEK Agnieszka</b>	<b>122</b>		K-40	27		00:00:26	01:08:34	<b>01:09:56.95</b>	<b>01:10:23.85</b>	+00:23:37 (33.8%)	6:59	8.6 (66.7%)
28	<b>SZTEJKA Jolanta</b>	<b>178</b>		K-40	28		00:00:46	01:08:55	<b>01:10:05.30</b>	<b>01:10:52.00</b>	+00:23:45 (33.9%)	7:00	8.6 (66.7%)
29	<b>IWANIAK Wioletta</b>	<b>294</b>		K-40	29		00:00:45	01:09:56	<b>01:11:20.70</b>	<b>01:12:06.20</b>	+00:25:00 (35.1%)	7:08	8.4 (65.1%)
30	<b>CHOJNACKA Katarzyna</b>	<b>408</b>		K-40	30		00:00:13	01:12:44	<b>01:14:03.40</b>	<b>01:14:16.90</b>	+00:27:43 (37.4%)	7:24	8.1 (62.8%)

Total 30 results.