

IV BIEG RYBAKA - 10 KM

B4SPORT

Wydarzenie: IV Bieg Rybaka
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Data: 2021-09-18
Miejsce: Czaplinek
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KUŚMIDER Andrzej	124	RUNDORFINA	M30-39	1		00:36:08.40		3:36	16.6 (100%)
2	WOŹNIAK Grzegorz	167	MŁODZIEŻOWY OŚRODEK SOCJOTERAPII	M30-39	2		00:38:49.10	+00:02:40 (6.9%)	3:52	15.5 (93.4%)
3	LASAK Konrad	125		M18-29	1		00:39:41.30	+00:03:32 (8.9%)	3:58	15.1 (91.0%)
4	GAĞALSKI Piotr	110		M40-49	1		00:40:09.60	+00:04:01 (10.0%)	4:00	14.9 (89.8%)
5	WITKIEWICZ Eryk	164		M40-49	2		00:41:08.10	+00:04:59 (12.1%)	4:06	14.6 (88.0%)
6	WALEŃSKI Michał	159	TKKF KOSZALIN	M40-49	3		00:41:36.65	+00:05:28 (13.1%)	4:09	14.4 (86.7%)
7	ROMANOWSKI Przemysław	142	TEAMBIEGOWYSZCZECINEK	M30-39	3		00:42:43.60	+00:06:35 (15.4%)	4:16	14 (84.3%)
8	SZLAPAK Krzysztof	152	DRAWSKI BIEGACZ	M50-59	1		00:42:49.90	+00:06:41 (15.6%)	4:16	14 (84.3%)
9	MACIEJKO Witold	130		M50-59	2		00:42:54.90	+00:06:46 (15.8%)	4:17	14 (84.3%)
10	SZYPOSYŃSKI Kamil	154	MECENAS I PRZYJACIELE	M40-49	4		00:42:55.55	+00:06:47 (15.8%)	4:17	14 (84.3%)
11	JURJEWICZ Grzegorz	114		M40-49	5		00:43:52.30	+00:07:43 (17.6%)	4:23	13.7 (82.5%)
12	ZIELIŃSKA Anna	170	TRUCHT ŁOBEZ	K40-49	1		00:44:20.05	+00:08:11 (18.5%)	4:26	13.5 (81.3%)
13	KOWALCZYK Seweryn	120	TEAM BIEGOWY SZCZECINEK	M18-29	2		00:44:20.55	+00:08:12 (18.5%)	4:26	13.5 (81.3%)
14	CHUPTYŚ Adrian	106	RUNDORFINA	M30-39	4		00:44:46.85	+00:08:38 (19.3%)	4:28	13.4 (80.7%)
15	GOŁKA Piotr	111		M40-49	6		00:44:50.75	+00:08:42 (19.4%)	4:29	13.4 (80.7%)
16	KŁOSOWSKI Piotr	117		M50-59	3		00:44:59.25	+00:08:50 (19.7%)	4:29	13.3 (80.1%)
17	MAZUR Tomasz	133	I LO SZCZECINEK	M40-49	7		00:45:11.40	+00:09:03 (20.0%)	4:31	13.3 (80.1%)
18	KOCZWARA Joanna	118	TEAM BIEGOWY SZCZECINEK	K40-49	2		00:46:35.15	+00:10:26 (22.4%)	4:39	12.9 (77.7%)
19	TOWSTOKORY Marek	155	ZRYTY JELENIE	M40-49	8		00:47:23.80	+00:11:15 (23.7%)	4:44	12.7 (76.5%)
20	SUCHANOWSKI Zygmunt	149	RESPECT LOTYŃ	M50-59	4		00:47:39.95	+00:11:31 (24.2%)	4:45	12.6 (75.9%)
21	SZYMAŃSKI Adam	153	KRÓLICZKI W PLECAKU	M30-39	5		00:48:09.95	+00:12:01 (25.0%)	4:48	12.5 (75.3%)
22	SZCZUKOCKI Marcin	150	TEAM TERMINATORUN	M18-29	3		00:49:03.70	+00:12:55 (26.3%)	4:54	12.2 (73.5%)
23	WILIŃSKI Marek	162	TRENUJE BO DOBRZE SIĘ Z TYM CZUJE	M60-69	1		00:49:06.45	+00:12:58 (26.4%)	4:54	12.2 (73.5%)
24	LESZCZEŁOWSKI Piotr	126		M40-49	9		00:49:08.35	+00:12:59 (26.5%)	4:54	12.2 (73.5%)
25	KUJAWSKI Michał	123		M30-39	6		00:49:21.75	+00:13:13 (26.8%)	4:56	12.2 (73.5%)
26	FIŁONOWICZ Monika	109	TEAM BIEGOWY SZCZECINEK	K40-49	3		00:49:24.60	+00:13:16 (26.9%)	4:56	12.1 (72.9%)
27	MACIEJEWSKA Katarzyna	128		K18-29	1		00:50:30.20	+00:14:21 (28.4%)	5:03	11.9 (71.7%)

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28	SZKOPEK Krzysztof	151		M50-59	5		00:50:35.55	+00:14:27 (28.6%)	5:03	11.9 (71.7%)
29	RATKA Michał	140	ZRYTY JELENIE	M40-49	10		00:51:22.45	+00:15:14 (29.7%)	5:08	11.7 (70.5%)
30	AUGUSTOWSKI Krzysztof	102		M40-49	11		00:51:29.35	+00:15:20 (29.8%)	5:08	11.7 (70.5%)
31	WERAKSO Grzegorz	161	IRONTEAM	M30-39	7		00:51:55.55	+00:15:47 (30.4%)	5:11	11.6 (69.9%)
32	PRZYBYŁOWICZ Małgorzata	139		K30-39	1		00:52:09.85	+00:16:01 (30.7%)	5:12	11.5 (69.3%)
33	BEDNARZ Waław	104		M30-39	8		00:52:09.95	+00:16:01 (30.7%)	5:12	11.5 (69.3%)
34	DOMAGAŁA Sławek	107		M40-49	12		00:52:25.60	+00:16:17 (31.1%)	5:14	11.4 (68.7%)
35	POLGUJ Piotr	138	PARKRUN SZCZECINEK	M70+	1		00:52:43.60	+00:16:35 (31.5%)	5:16	11.4 (68.7%)
36	KARCZEWSKI Andrzej	116		M40-49	13		00:52:52.80	+00:16:44 (31.7%)	5:17	11.3 (68.1%)
37	WOJCIECHOWSKA Wanda	165		K50-59	1		00:54:41.85	+00:18:33 (33.9%)	5:28	11 (66.3%)
38	RĘBISZ Jan	141	W SERCU POMORZANIN SŁAWOBORZE	M50-59	6		00:54:42.35	+00:18:33 (33.9%)	5:28	11 (66.3%)
39	KOŁAKOWSKI Dariusz	119	FAJNE ZIOMKI ŚWIDWIN	M40-49	14		00:55:29.95	+00:19:21 (34.9%)	5:32	10.8 (65.1%)
40	WOJDAN Iwona	166	RUNDORFINA	K30-39	2		00:57:03.70	+00:20:55 (36.7%)	5:42	10.5 (63.3%)
41	KRYŃSKI Adam	122		M40-49	15		00:57:03.85	+00:20:55 (36.7%)	5:42	10.5 (63.3%)
42	STRUSKA Ewa	148		K30-39	3		00:57:35.15	+00:21:26 (37.2%)	5:45	10.4 (62.7%)
43	RUTKOWSKA Anna	143	WATAHA WAŁCZ	K50-59	2		00:57:55.05	+00:21:46 (37.6%)	5:47	10.4 (62.7%)
44	WASIAK Sylwester	160	GWIEZDNA FLOTA MASZEWO	M40-49	16		00:57:55.50	+00:21:47 (37.6%)	5:47	10.4 (62.7%)
45	DRACZYŃSKI Zygmunt	108	TRUCHT ŁOBEZ	M70+	2		00:58:08.55	+00:22:00 (37.8%)	5:48	10.3 (62.0%)
46	CHMARA Grzegorz	105	STM TEAM	M50-59	7		00:58:17.95	+00:22:09 (38.0%)	5:49	10.3 (62.0%)
47	HEJŁASZ Katarzyna	113		K40-49	4		01:00:26.20	+00:24:17 (40.2%)	6:02	9.9 (59.6%)
48	MINKIEWICZ Ilona	134		K30-39	4		01:01:38.25	+00:25:29 (41.4%)	6:09	9.7 (58.4%)
49	POCZĄTEK Michał	137		M60-69	2		01:01:39.55	+00:25:31 (41.4%)	6:09	9.7 (58.4%)
50	KRAWCZYK Marlena	121		K40-49	5		01:02:05.00	+00:25:56 (41.8%)	6:12	9.7 (58.4%)
51	BALD Małgorzata	103		K30-39	5		01:02:28.35	+00:26:19 (42.2%)	6:14	9.6 (57.8%)
52	WALCZAK Adam	157		M50-59	8		01:02:32.20	+00:26:23 (42.2%)	6:15	9.6 (57.8%)
53	MACIEJEWSKA Lucyna	127	BIEGNĘ Z PRZEWODNIKIEM	K50-59	3		01:03:02.70	+00:26:54 (42.7%)	6:18	9.5 (57.2%)
54	MACIEJEWSKI Andrzej	129		M50-59	9		01:03:02.85	+00:26:54 (42.7%)	6:18	9.5 (57.2%)
55	TUCHORSKA Julita	156		K30-39	6		01:03:05.15	+00:26:56 (42.7%)	6:18	9.5 (57.2%)
56	WALCZAK Magdalena	158		K40-49	6		01:04:01.90	+00:27:53 (43.6%)	6:24	9.4 (56.6%)
57	MATYSEK Ireneusz	225	KOMANDOS WAŁECKI	M60-69	3		01:11:19.10	+00:35:10 (49.3%)	7:07	8.4 (50.6%)

Znaleziono 57 wynik(ów)