



IV BIEG RYBAKA - 10 KM

B4SPORT

Event: IV Bieg Rybaka
Organiser: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Date: 2021-09-18
Place: Czaplinek
Distance: 10 km



Classification: M40-49

Place	Participant	Number	Club	Category	MCat	5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	GĄGALSKI Piotr	110		M40-49	1		00:40:09.60		4:00	14.9 (100%)
2	WITKIEWICZ Eryk	164		M40-49	2		00:41:08.10	+00:00:58 (2.4%)	4:06	14.6 (98.0%)
3	WALEŃSKI Michał	159	TKKF KOSZALIN	M40-49	3		00:41:36.65	+00:01:27 (3.5%)	4:09	14.4 (96.6%)
4	SZYPOSZYŃSKI Kamil	154	MECENAS I PRZYJACIELE	M40-49	4		00:42:55.55	+00:02:45 (6.4%)	4:17	14 (94.0%)
5	JURJEWICZ Grzegorz	114		M40-49	5		00:43:52.30	+00:03:42 (8.5%)	4:23	13.7 (91.9%)
6	GOŁKA Piotr	111		M40-49	6		00:44:50.75	+00:04:41 (10.4%)	4:29	13.4 (89.9%)
7	MAZUR Tomasz	133	I LO SZCZECINEK	M40-49	7		00:45:11.40	+00:05:01 (11.1%)	4:31	13.3 (89.3%)
8	TOWSTOKORY Marek	155	ZRYTY JELENIE	M40-49	8		00:47:23.80	+00:07:14 (15.3%)	4:44	12.7 (85.2%)
9	LESZCZEŁOWSKI Piotr	126		M40-49	9		00:49:08.35	+00:08:58 (18.3%)	4:54	12.2 (81.9%)
10	RATKA Michał	140	ZRYTY JELENIE	M40-49	10		00:51:22.45	+00:11:12 (21.8%)	5:08	11.7 (78.5%)
11	AUGUSTOWSKI Krzysztof	102		M40-49	11		00:51:29.35	+00:11:19 (22.0%)	5:08	11.7 (78.5%)
12	DOMAGAŁA Sławek	107		M40-49	12		00:52:25.60	+00:12:16 (23.4%)	5:14	11.4 (76.5%)
13	KARCZEWSKI Andrzej	116		M40-49	13		00:52:52.80	+00:12:43 (24.1%)	5:17	11.3 (75.8%)
14	KOŁAKOWSKI Dariusz	119	FAJNE ZIOMKI ŚWIDWIN	M40-49	14		00:55:29.95	+00:15:20 (27.6%)	5:32	10.8 (72.5%)
15	KRYŃSKI Adam	122		M40-49	15		00:57:03.85	+00:16:54 (29.6%)	5:42	10.5 (70.5%)
16	WASIAK Sylwester	160	GWIEZDNA FLOTA MASZEWO	M40-49	16		00:57:55.50	+00:17:45 (30.7%)	5:47	10.4 (69.8%)

Total 16 results.