

IV BIEG RYBAKA - 5,5 KM

B4SPORT

Wydarzenie: IV Bieg Rybaka
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Data: 2021-09-18
Miejsce: Czaplinek
Dystans: 5.5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
1	BALIŃSKI Karol	86		M30-39	1	00:19:40.90		3:34	16.8 (100%)
2	ŁUKASZEWSKI Sebastian	34	SZWLA	M40-49	1	00:19:51.20	+00:00:10 (0.9%)	3:36	16.6 (98.8%)
3	SZACHO-GŁUCHOWICZ Ryszard	62		M30-39	2	00:20:02.20	+00:00:21 (1.8%)	3:38	16.5 (98.2%)
4	ISKRA Paweł	20	12TRI / BBL KOŁOBRZEG	M30-39	3	00:20:06.75	+00:00:25 (2.1%)	3:39	16.4 (97.6%)
5	MAJKOWICZ Rafał	171	BIEGOLAS KOSZALIN	M30-39	4	00:20:23.45	+00:00:42 (3.5%)	3:42	16.2 (96.4%)
6	WOJTONISZAK Lukasz	76		M30-39	5	00:21:46.15	+00:02:05 (9.6%)	3:57	15.2 (90.5%)
7	PAWŁOWICZ Roland	49	7PRO SIÓDMIAK TEAM	M18-29	1	00:22:00.00	+00:02:19 (10.5%)	4:00	15 (89.3%)
8	KASIELSKI Rafał	25	TEAM TERMINATORUN	M18-29	2	00:22:40.85	+00:02:59 (13.2%)	4:07	14.6 (86.9%)
9	CHMIELEWSKI Tomasz	8		M40-49	2	00:23:02.50	+00:03:21 (14.6%)	4:11	14.3 (85.1%)
10	KŁUNDUKOWSKA Paulina	27		K30-39	1	00:23:41.50	+00:04:00 (16.9%)	4:18	13.9 (82.7%)
11	BŁASZCZYK Piotr	5		M40-49	3	00:23:55.70	+00:04:14 (17.7%)	4:20	13.8 (82.1%)
12	KOSZKO Damian	29	EL TORO DE ORO	M30-39	6	00:24:16.15	+00:04:35 (18.9%)	4:24	13.6 (81.0%)
13	OLKAWSKI Tomasz	84		M30-39	7	00:24:23.05	+00:04:42 (19.3%)	4:26	13.5 (80.4%)
14	KATRYCZ Zbigniew	26	STOWARZYSZENIE NASZA ŚWIERCZYNA	M50-59	1	00:24:24.75	+00:04:43 (19.4%)	4:26	13.5 (80.4%)
15	KARSKA Justyna	24	EL TORO DE ORO	K18-29	1	00:24:31.90	+00:04:51 (19.8%)	4:27	13.5 (80.4%)
16	SIELATYCKA Olga	57	EL TORO DE ORO	K40-49	1	00:24:49.25	+00:05:08 (20.7%)	4:30	13.3 (79.2%)
17	NOSAL Mariusz	41		M40-49	4	00:24:53.35	+00:05:12 (20.9%)	4:31	13.3 (79.2%)
18	WIŚNIEWSKA Magdalena	75		K30-39	2	00:24:55.60	+00:05:14 (21.0%)	4:31	13.2 (78.6%)
19	NOWAK Jakub	42		M18-29	3	00:25:03.25	+00:05:22 (21.4%)	4:33	13.2 (78.6%)
20	MELON Jacek	36	POZYTYWNI Z PASJĄ	M40-49	5	00:25:03.55	+00:05:22 (21.5%)	4:33	13.2 (78.6%)
21	MOCHAŃSKI Jakub	39		M18-29	4	00:25:10.30	+00:05:29 (21.8%)	4:34	13.1 (78.0%)
22	ZABROCKA Izabela	77	ZETUNITEDKINGS	K40-49	2	00:25:22.20	+00:05:41 (22.4%)	4:36	13 (77.4%)
23	KOCZWARA Radosław	28	CROSS TEAM	M40-49	6	00:25:32.00	+00:05:51 (22.9%)	4:38	12.9 (76.8%)
24	SKRODZKI Paweł	58		M30-39	8	00:25:37.55	+00:05:56 (23.2%)	4:39	12.9 (76.8%)
25	TALKOWSKA Oliwia	67	7PRO SIÓDMIAK TEAM	K15-17	1	00:25:38.55	+00:05:57 (23.2%)	4:39	12.9 (76.8%)
26	MAŁEK Piotr	35		M40-49	7	00:25:51.55	+00:06:10 (23.9%)	4:42	12.8 (76.2%)
27	GRUSZCZYŃSKA Daria	16	TEAM TERMINATORUN	K30-39	3	00:25:52.15	+00:06:11 (23.9%)	4:42	12.8 (76.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						5.5km	Różn		
28	ANTONIAK Krzysztof	2		M40-49	8	00:26:27.50	+00:06:46 (25.6%)	4:48	12.5 (74.4%)
29	ZAKIELARZ Piotr	79	TEAM TERMINATORUN	M30-39	9	00:26:28.90	+00:06:48 (25.7%)	4:48	12.5 (74.4%)
30	BOBOWSKI Michał	6		M30-39	10	00:26:44.40	+00:07:03 (26.4%)	4:51	12.3 (73.2%)
31	GRAJEK Grzegorz	15	EL TORO DE ORO	M30-39	11	00:26:58.05	+00:07:17 (27.0%)	4:54	12.2 (72.6%)
32	OSTROWSKI Marian	136		M60-69	1	00:27:04.35	+00:07:23 (27.3%)	4:55	12.2 (72.6%)
33	KAŁAMAJSKI Zygmunt	23		M60-69	2	00:27:16.20	+00:07:35 (27.8%)	4:57	12.1 (72.0%)
34	SUBERLAK Damian	59	GRUPA BIEGOWA RUNDORFINA	M30-39	12	00:27:23.90	+00:07:43 (28.2%)	4:58	12.1 (72.0%)
35	ŁUCZEJKO Sławomir	33		M50-59	2	00:27:24.60	+00:07:43 (28.2%)	4:58	12 (71.4%)
36	ZIMNICKI Tomasz	81		M30-39	13	00:27:45.85	+00:08:04 (29.1%)	5:02	11.9 (70.8%)
37	BENCYCH Michał	4	7PRO SIÓDMIĄK TEAM	M18-29	5	00:28:16.60	+00:08:35 (30.4%)	5:08	11.7 (69.6%)
38	LUTYŃSKA Ewa	82	EL TO RODEO	K40-49	3	00:28:18.00	+00:08:37 (30.5%)	5:08	11.7 (69.6%)
39	RĄCZKA Tomasz	54		M30-39	14	00:28:27.75	+00:08:46 (30.9%)	5:10	11.6 (69.0%)
40	PAWŁOWSKI Mariusz	50		M30-39	15	00:28:39.25	+00:08:58 (31.3%)	5:12	11.5 (68.5%)
41	GZUBICKI Piotr	17	EL TORO DE ORO	M30-39	16	00:28:58.30	+00:09:17 (32.1%)	5:16	11.4 (67.9%)
42	FEDOROWAT- NOWACKA Małgorzata	85	EL_TORO_DE_ORO	K50-59	1	00:29:13.05	+00:09:32 (32.6%)	5:18	11.3 (67.3%)
43	GRAJEK Sylwia	14	EL TORO DE ORO	K30-39	4	00:29:13.25	+00:09:32 (32.6%)	5:18	11.3 (67.3%)
44	HAJDUKIEWICZ Paulina	18		K30-39	5	00:29:30.15	+00:09:49 (33.3%)	5:21	11.2 (66.7%)
45	ZAKIELARZ Anna	80	TEAMTERMINATORUN	K40-49	4	00:29:31.75	+00:09:50 (33.3%)	5:22	11.2 (66.7%)
46	DŁUGA Magdalena	12		K30-39	6	00:29:42.20	+00:10:01 (33.7%)	5:24	11.1 (66.1%)
47	PYREK Iwona	53		K40-49	5	00:29:43.70	+00:10:02 (33.8%)	5:24	11.1 (66.1%)
48	RYNKIEWICZ Aleksandra	56	TB WALDEK	K30-39	7	00:29:53.35	+00:10:12 (34.2%)	5:26	11 (65.5%)
49	RYNKIEWICZ Piotr	55	TB WALDEK	M30-39	17	00:30:03.85	+00:10:22 (34.5%)	5:27	11 (65.5%)
50	JAROSZEWICZ Joanna	21		K40-49	6	00:30:07.85	+00:10:26 (34.7%)	5:28	11 (65.5%)
51	ZAKIELARZ Adriana	78	TEAM TERMINATORUN	K30-39	8	00:30:08.65	+00:10:27 (34.7%)	5:28	11 (65.5%)
52	KAŻMIERCZAK Tomasz	90	POŁCZYN BIEGA	M40-49	9	00:30:41.80	+00:11:00 (35.9%)	5:34	10.8 (64.3%)
53	KURZAJCZYK Agnieszka	32		K18-29	2	00:31:00.25	+00:11:19 (36.5%)	5:38	10.6 (63.1%)
54	SZTECHMILER Katarzyna	65	KLUB SPORTOWY HUSARIA SZCZECINEK	K30-39	9	00:31:07.70	+00:11:26 (36.8%)	5:39	10.6 (63.1%)
55	PRZYBYSZEWSKA Bogna	52		K30-39	10	00:31:24.90	+00:11:44 (37.3%)	5:42	10.5 (62.5%)
56	WEDEL Krystian	72		M40-49	10	00:31:27.55	+00:11:46 (37.4%)	5:43	10.5 (62.5%)
57	CIEPLIŃSKA Monika	9		K30-39	11	00:31:47.80	+00:12:06 (38.1%)	5:46	10.4 (61.9%)
58	SZCZEPANIK Sandra	63	EL TORO DE ORO	K18-29	3	00:31:53.45	+00:12:12 (38.3%)	5:47	10.4 (61.9%)
59	SZOPA Łukasz	64		M18-29	6	00:32:18.20	+00:12:37 (39.1%)	5:52	10.2 (60.7%)
60	HRYBOWICZ Joanna	19		K40-49	7	00:32:27.15	+00:12:46 (39.4%)	5:54	10.2 (60.7%)
61	ANTONIAK Justyna	1		K30-39	12	00:32:33.45	+00:12:52 (39.5%)	5:55	10.1 (60.1%)
62	CZECH Agnieszka	10		K40-49	8	00:32:55.60	+00:13:14 (40.2%)	5:59	10 (59.5%)
63	SYDOR Kasia	61	EL TORO DE ORO	K40-49	9	00:32:59.25	+00:13:18 (40.3%)	5:59	10 (59.5%)
64	WAŚNIEWSKI Arek	70	RUNDORFINA	M50-59	3	00:33:09.00	+00:13:28 (40.6%)	6:01	10 (59.5%)
65	OGONOWSKA Renata	44	OGON TEAM	K15-17	2	00:33:12.30	+00:13:31 (40.7%)	6:02	9.9 (58.9%)
66	OGONOWSKI Marek	46	OGON TEAM	M40-49	11	00:33:12.90	+00:13:32 (40.7%)	6:02	9.9 (58.9%)
67	KUŚMIDER Katarzyna	83	RUNDORFINA	K30-39	13	00:33:22.15	+00:13:41 (41.0%)	6:04	9.9 (58.9%)
68	OSIEWICZ Dawid	47	KLUB SPORTOWY 'RUNGRYF' GRYFICE	M18-29	7	00:33:25.10	+00:13:44 (41.1%)	6:04	9.9 (58.9%)
69	WASIAK Daria	68	GWIEZDNA FLOTA MASZEWO	K15-17	3	00:33:25.30	+00:13:44 (41.1%)	6:04	9.9 (58.9%)
70	GIERMAKOWSKA Helena	13		K40-49	10	00:33:31.55	+00:13:50 (41.3%)	6:05	9.8 (58.3%)
71	WAWRZONKOWSKA Justyna	71	BIEGAM Z PAZUREM	K30-39	14	00:33:31.85	+00:13:50 (41.3%)	6:05	9.8 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
72	CZEREŚNIAK Iwona	11		K50-59	2	00:33:59.65	+00:14:18 (42.1%)	6:10	9.7 (57.7%)
73	BURDZIUK Aneta	7	EL_TORO_DE_ORO	K30-39	15	00:34:12.25	+00:14:31 (42.5%)	6:13	9.6 (57.1%)
74	NITKA Karolina	40		K30-39	16	00:35:07.35	+00:15:26 (44.0%)	6:23	9.4 (56.0%)
75	NOWICKI Marcin	43		M18-29	8	00:35:07.60	+00:15:26 (44.0%)	6:23	9.4 (56.0%)
76	PODGÓRSKA Agata	51	KS HUSARIA SZCZECINEK	K40-49	11	00:35:29.05	+00:15:48 (44.5%)	6:27	9.3 (55.4%)
77	OSIEWICZ Sławomir	48	KLUB SPORTOWY RUNGRYF GRYFICE	M40-49	12	00:35:31.35	+00:15:50 (44.6%)	6:27	9.3 (55.4%)
78	KRASOWSKI Tomasz	30		M40-49	13	00:36:29.15	+00:16:48 (46.1%)	6:38	9 (53.6%)
79	WAŚNIEWSKA Ewa	69	RUNDORFINA	K40-49	12	00:37:04.65	+00:17:23 (46.9%)	6:44	8.9 (53.0%)
80	BIGOS Paulina	88	EL_TORO_DE_ORO	K18-29	4	00:37:11.35	+00:17:30 (47.1%)	6:45	8.9 (53.0%)
81	OSTROUCH Ilona	89	EL_TORO_DE_ORO	K18-29	5	00:37:26.30	+00:17:45 (47.4%)	6:48	8.8 (52.4%)
82	MICHLEWICZ Justyna	37	EL TORO DE ORO	K30-39	17	00:37:27.20	+00:17:46 (47.5%)	6:48	8.8 (52.4%)
83	BANACH Andrzej	3		M50-59	4	00:38:12.50	+00:18:31 (48.5%)	6:56	8.6 (51.2%)
84	SUCHANOWSKA Anna	60	RESPECT LOTYŃ	K50-59	3	00:41:49.25	+00:22:08 (52.9%)	7:36	7.9 (47.0%)
85	WIATR Anna	73		K50-59	4	00:45:07.10	+00:25:26 (56.4%)	8:12	7.3 (43.5%)
86	WIATR Tomasz	74		M40-49	14	00:45:09.10	+00:25:28 (56.4%)	8:12	7.3 (43.5%)

Znaleziono 86 wynik(ów)