

# IV BIEG SZLAKIEM LEŚNYCH

B4SPORT

**Organizator:** Stowarzyszenie Przyjaciół Lipinek  
**Data:** 2018-06-02  
**Miejsce:** Lipinki  
**Dystans:** 12 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>GUZMANN Mateusz</b>	<b>67</b>		M20	1	<b>00:46:46.70</b>	<b>00:46:46.70</b>		3:53	15.4 (100%)
2	<b>KLEMAŃSKI Marcin</b>	<b>13</b>	THE RUNNERS ŚWIECIE	M30	1	<b>00:47:37.15</b>	<b>00:47:37.15</b>	+00:00:50 (1.8%)	3:58	15.1 (98.1%)
3	<b>JANUS Dawid</b>	<b>6</b>		M30	2	<b>00:48:56.90</b>	<b>00:48:56.90</b>	+00:02:10 (4.4%)	4:04	14.7 (95.5%)
4	<b>HOŁTYN Patryk</b>	<b>44</b>	TKKF KOLEJARZ BYDGOSZCZ	M30	3	<b>00:49:32.75</b>	<b>00:49:32.75</b>	+00:02:46 (5.6%)	4:07	14.5 (94.2%)
5	<b>GRZONKA Stanisław</b>	<b>108</b>		M40	1	<b>00:50:08.75</b>	<b>00:50:08.75</b>	+00:03:22 (6.7%)	4:10	14.4 (93.5%)
6	<b>LENC Sebastian</b>	<b>65</b>	TKKF KOLEJARZ BYDGOSZCZ	M40	2	<b>00:50:59.25</b>	<b>00:50:59.25</b>	+00:04:12 (8.3%)	4:14	14.1 (91.6%)
7	<b>CIMACHOWSKA Jakub</b>	<b>41</b>	CIMATECH	M30	4	<b>00:52:50.05</b>	<b>00:52:50.05</b>	+00:06:03 (11.5%)	4:24	13.6 (88.3%)
8	<b>WESIORA Mariusz</b>	<b>42</b>	BIEGAM BO CHCE	M40	3	<b>00:53:25.90</b>	<b>00:53:25.90</b>	+00:06:39 (12.5%)	4:27	13.5 (87.7%)
9	<b>KARNECKI Rafał</b>	<b>71</b>	THE RUNNERS ŚWIECIE	M30	5	<b>00:54:13.40</b>	<b>00:54:13.40</b>	+00:07:26 (13.7%)	4:31	13.3 (86.4%)
10	<b>KULPA Marcin</b>	<b>17</b>		M30	6	<b>00:54:35.45</b>	<b>00:54:35.45</b>	+00:07:48 (14.3%)	4:32	13.2 (85.7%)
11	<b>GOLIŃSKI Michał</b>	<b>38</b>	THE RUNNERS ŚWIECIE	M30	7	<b>00:55:27.55</b>	<b>00:55:27.55</b>	+00:08:40 (15.7%)	4:37	13 (84.4%)
12	<b>POŁAJDOWICZ Bartosz</b>	<b>74</b>		M30	8	<b>00:55:51.90</b>	<b>00:55:51.90</b>	+00:09:05 (16.3%)	4:39	12.9 (83.8%)
13	<b>BOREK Robert</b>	<b>5</b>	THE RUNNERS ŚWIECIE	M40	4	<b>00:56:02.10</b>	<b>00:56:02.10</b>	+00:09:15 (16.5%)	4:40	12.8 (83.1%)
14	<b>STRĘCIWILK Tomasz</b>	<b>91</b>	BWM	M30	9	<b>00:56:12.20</b>	<b>00:56:12.20</b>	+00:09:25 (16.8%)	4:41	12.8 (83.1%)
15	<b>PILARSKI Maksymilian</b>	<b>87</b>	OCHOTNICZA STRAŻ POŻARNA OSIE	M16	1	<b>00:56:32.35</b>	<b>00:56:32.35</b>	+00:09:45 (17.3%)	4:42	12.7 (82.5%)
16	<b>GAWLIK Wojciech</b>	<b>106</b>		M30	10	<b>00:56:32.50</b>	<b>00:56:32.50</b>	+00:09:45 (17.3%)	4:42	12.7 (82.5%)
17	<b>PAWŁOWSKI Tomasz</b>	<b>81</b>		M20	2	<b>00:57:20.75</b>	<b>00:57:20.75</b>	+00:10:34 (18.4%)	4:46	12.6 (81.8%)
18	<b>GORCZYCA Grzegorz</b>	<b>62</b>		M40	5	<b>00:57:48.90</b>	<b>00:57:48.90</b>	+00:11:02 (19.1%)	4:49	12.5 (81.2%)
19	<b>KĘSKA Rafał</b>	<b>59</b>	NADLEŚNICTWO DĄBROWA	M20	3	<b>00:58:37.10</b>	<b>00:58:37.10</b>	+00:11:50 (20.2%)	4:53	12.3 (79.9%)
20	<b>CZELEŃ Szymon</b>	<b>92</b>		M30	11	<b>00:59:35.30</b>	<b>00:59:35.30</b>	+00:12:48 (21.5%)	4:57	12.1 (78.6%)
21	<b>KOLCZYŃSKI Adam</b>	<b>103</b>	DZIKIE BOBRY	M30	12	<b>01:00:25.90</b>	<b>01:00:25.90</b>	+00:13:39 (22.6%)	5:02	11.9 (77.3%)
22	<b>ZARZYCKI Marek</b>	<b>48</b>		M40	6	<b>01:00:38.75</b>	<b>01:00:38.75</b>	+00:13:52 (22.9%)	5:03	11.9 (77.3%)
23	<b>MONDRY Waldemar</b>	<b>3</b>		M50	1	<b>01:00:41.20</b>	<b>01:00:41.20</b>	+00:13:54 (22.9%)	5:03	11.9 (77.3%)
24	<b>MURAWIEC Iza</b>	<b>39</b>		K30	1	<b>01:00:45.50</b>	<b>01:00:45.50</b>	+00:13:58 (23.0%)	5:03	11.9 (77.3%)
25	<b>LEMAŃCZYK Michał</b>	<b>118</b>		M30	13	<b>01:01:27.55</b>	<b>01:01:27.55</b>	+00:14:40 (23.9%)	5:07	11.7 (76.0%)
26	<b>WILMA Wiesław</b>	<b>51</b>		M50	2	<b>01:01:34.50</b>	<b>01:01:34.50</b>	+00:14:47 (24.0%)	5:07	11.7 (76.0%)
27	<b>DEINOWSKI Mariusz</b>	<b>57</b>	OSKIE SĘKI	M40	7	<b>01:01:35.75</b>	<b>01:01:35.75</b>	+00:14:49 (24.1%)	5:07	11.7 (76.0%)
28	<b>DEINOWSKI Mateusz</b>	<b>58</b>	OSKIE SĘKI	M20	4	<b>01:01:37.45</b>	<b>01:01:37.45</b>	+00:14:50 (24.1%)	5:08	11.7 (76.0%)
29	<b>KOSEDA Robert</b>	<b>2</b>	HONEY BADGER	M40	8	<b>01:01:41.55</b>	<b>01:01:41.55</b>	+00:14:54 (24.2%)	5:08	11.7 (76.0%)
30	<b>WITEK Karol</b>	<b>110</b>	OSP OSIE	M30	14	<b>01:01:45.15</b>	<b>01:01:45.15</b>	+00:14:58 (24.2%)	5:08	11.7 (76.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
31	STUCKI Marek	85	OSP SULNÓWKO	M20	5	01:01:59.45	01:01:59.45	+00:15:12 (24.5%)	5:09	11.6 (75.3%)
32	ŁUSIAK Marek	35		M50	3	01:02:17.85	01:02:17.85	+00:15:31 (24.9%)	5:11	11.6 (75.3%)
33	CHOJNACKI Krzysztof	86		M40	9	01:02:24.10	01:02:24.10	+00:15:37 (25.0%)	5:12	11.5 (74.7%)
34	CHYREK Wojciech	50	LAWA TEAM	M30	15	01:02:35.20	01:02:35.20	+00:15:48 (25.3%)	5:12	11.5 (74.7%)
35	POŁAJDOWICZ Tomek	28		M30	16	01:02:48.70	01:02:48.70	+00:16:02 (25.5%)	5:14	11.5 (74.7%)
36	SZYCHULDA Adam	47		M60	1	01:02:53.40	01:02:53.40	+00:16:06 (25.6%)	5:14	11.4 (74.0%)
37	PAWŁOWSKI Radosław	80		M20	6	01:03:25.80	01:03:25.80	+00:16:39 (26.3%)	5:17	11.4 (74.0%)
38	OREMUS Zuzanna	1		K16	1	01:03:30.55	01:03:30.55	+00:16:43 (26.3%)	5:17	11.3 (73.4%)
39	STYKAŁA Magdalena	29		K40	1	01:03:45.85	01:03:45.85	+00:16:59 (26.6%)	5:18	11.3 (73.4%)
40	RATKOWSKA Małgorzata	102	THE RUNNERS ŚWIECIE	K40	2	01:04:18.85	01:04:18.85	+00:17:32 (27.3%)	5:21	11.2 (72.7%)
41	JAKÓBCZYK Krzysztof	4	PGB SPORTOWA PACZKA	M50	4	01:04:56.85	01:04:56.85	+00:18:10 (28.0%)	5:24	11.1 (72.1%)
42	PYRKA Radosław	15	OSP SULNÓWKO	M30	17	01:05:15.75	01:05:15.75	+00:18:29 (28.3%)	5:26	11 (71.4%)
43	STUKA Arek	100		M30	18	01:05:27.15	01:05:27.15	+00:18:40 (28.5%)	5:27	11 (71.4%)
44	CHABROS Małgorzata	7	THE RUNNERS ŚWIECIE	K20	1	01:05:40.80	01:05:40.80	+00:18:54 (28.8%)	5:28	11 (71.4%)
45	KOSTRO Kasia	49		K40	3	01:06:04.20	01:06:04.20	+00:19:17 (29.2%)	5:30	10.9 (70.8%)
46	KARCZEWSKA Olga	9		K20	2	01:06:15.75	01:06:15.75	+00:19:29 (29.4%)	5:31	10.9 (70.8%)
47	ABCZYŃSKI Robert	18		M40	10	01:06:35.55	01:06:35.55	+00:19:48 (29.8%)	5:32	10.8 (70.1%)
48	ŁUSIAK-OLSZEWSKA Justyna	55	KWIDZYN BIEGA	K20	3	01:06:43.40	01:06:43.40	+00:19:56 (29.9%)	5:33	10.8 (70.1%)
49	VAN TOL Karin	20	THE RUNNERS ŚWIECIE	K50	1	01:06:49.95	01:06:49.95	+00:20:03 (30.0%)	5:34	10.8 (70.1%)
50	KŁÓTKA Bartosz	27	WILCZE ECHO	M30	19	01:06:50.50	01:06:50.50	+00:20:03 (30.0%)	5:34	10.8 (70.1%)
51	SUCHOMSKA Beata	32		K40	4	01:07:22.35	01:07:22.35	+00:20:35 (30.6%)	5:36	10.7 (69.5%)
52	ZABOROWSKA Beata	43	BIEGAM BO LUBIE	K40	5	01:08:00.60	01:08:00.60	+00:21:13 (31.2%)	5:40	10.6 (68.8%)
53	WODEJKO Artur	113	TBKM WILK SOLEC KUJAWSKI	M40	11	01:08:13.80	01:08:13.80	+00:21:27 (31.4%)	5:41	10.6 (68.8%)
54	JUŁKOWSKI Marcin	8		M30	20	01:08:24.05	01:08:24.05	+00:21:37 (31.6%)	5:42	10.5 (68.2%)
55	PYRKA Marta	16	2LO	K30	2	01:08:26.10	01:08:26.10	+00:21:39 (31.6%)	5:42	10.5 (68.2%)
56	OKOŃSKI Piort	94		M30	21	01:08:43.45	01:08:43.45	+00:21:56 (31.9%)	5:43	10.5 (68.2%)
57	DRZYMALSKI Damian	79	AKADEMIA BIEGANIA GRUDZIĄDZ	M20	7	01:09:11.55	01:09:11.55	+00:22:24 (32.4%)	5:45	10.4 (67.5%)
58	MICHALSKI Marcin	64	MOKRE	M30	22	01:09:18.30	01:09:18.30	+00:22:31 (32.5%)	5:46	10.4 (67.5%)
59	OSIECKI Grzegorz	101		M60	2	01:09:26.35	01:09:26.35	+00:22:39 (32.6%)	5:47	10.4 (67.5%)
60	KUBKOWSKI Rafał	90		M20	8	01:09:27.25	01:09:27.25	+00:22:40 (32.6%)	5:47	10.4 (67.5%)
61	KARWASZ Marek	68	OSP OSIE	M40	12	01:09:35.35	01:09:35.35	+00:22:48 (32.8%)	5:47	10.3 (66.9%)
62	JEZIORSKI Winicjusz	115		M30	23	01:10:00.25	01:10:00.25	+00:23:13 (33.2%)	5:50	10.3 (66.9%)
63	JUR Andrzej	54	NADLEŚNICTWO DĄBROWA	M30	24	01:10:45.00	01:10:45.00	+00:23:58 (33.9%)	5:53	10.2 (66.2%)
64	KUZIEMSKI Adam	19	PUE WERGON	M30	25	01:10:50.20	01:10:50.20	+00:24:03 (34.0%)	5:54	10.2 (66.2%)
65	PRUS Justyna	84		K30	3	01:10:53.00	01:10:53.00	+00:24:06 (34.0%)	5:54	10.2 (66.2%)
66	BURZYŃSKI Marek	83		M40	13	01:10:53.15	01:10:53.15	+00:24:06 (34.0%)	5:54	10.2 (66.2%)
67	STRYSIK Magdalena	61	FIT JEŻEWO	K30	4	01:10:54.20	01:10:54.20	+00:24:07 (34.0%)	5:54	10.2 (66.2%)
68	RUGE Monika	14		K20	4	01:10:56.85	01:10:56.85	+00:24:10 (34.1%)	5:54	10.2 (66.2%)
69	MICHNA Justyna	33		K40	6	01:11:15.90	01:11:15.90	+00:24:29 (34.4%)	5:56	10.1 (65.6%)
70	GUZMANN Andrzej	93		M40	14	01:11:33.70	01:11:33.70	+00:24:47 (34.6%)	5:57	10.1 (65.6%)
71	BIAŁKA Paweł	75		M30	26	01:11:33.90	01:11:33.90	+00:24:47 (34.6%)	5:57	10.1 (65.6%)
72	GUŹDZIOŁ Jarek	96		M40	15	01:11:59.40	01:11:59.40	+00:25:12 (35.0%)	5:59	10 (64.9%)
73	PIOTROWSKA Justyna	60	FIT JEŻEWO	K30	5	01:12:18.20	01:12:18.20	+00:25:31 (35.3%)	6:01	10 (64.9%)
74	RAKOWSKA Natalia	66	HDR WATAHA BYDGOSZCZ	K20	5	01:12:30.75	01:12:30.75	+00:25:44 (35.5%)	6:02	9.9 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
75	<b>KLAJBOR Mariusz</b>	<b>34</b>	LESZCZE BIEGANIA	M40	16	<b>01:13:30.45</b>	<b>01:13:30.45</b>	+00:26:43 (36.4%)	6:07	9.8 (63.6%)
76	<b>WOJTOWICZ Agnieszka</b>	<b>105</b>		K30	6	<b>01:13:51.70</b>	<b>01:13:51.70</b>	+00:27:05 (36.7%)	6:09	9.7 (63.0%)
77	<b>BRYCZKOWSKI Piotr</b>	<b>107</b>		M40	17	<b>01:13:52.60</b>	<b>01:13:52.60</b>	+00:27:05 (36.7%)	6:09	9.7 (63.0%)
78	<b>MURAWIEC Krzysztof</b>	<b>40</b>		M40	18	<b>01:13:58.40</b>	<b>01:13:58.40</b>	+00:27:11 (36.8%)	6:09	9.7 (63.0%)
79	<b>GNIOT Bożena</b>	<b>95</b>		K30	7	<b>01:14:20.10</b>	<b>01:14:20.10</b>	+00:27:33 (37.1%)	6:11	9.7 (63.0%)
80	<b>VAN TOL Rob</b>	<b>21</b>	THE RUNNERS ŚWIECIE	M60	3	<b>01:14:58.75</b>	<b>01:14:58.75</b>	+00:28:12 (37.6%)	6:14	9.6 (62.3%)
81	<b>BLEJA Krystian</b>	<b>52</b>	PGB SPORTOWA PACZKA	M30	27	<b>01:15:17.95</b>	<b>01:15:17.95</b>	+00:28:31 (37.9%)	6:16	9.6 (62.3%)
82	<b>BRAC Marian</b>	<b>25</b>	GRUPA WB	M60	4	<b>01:15:32.85</b>	<b>01:15:32.85</b>	+00:28:46 (38.1%)	6:17	9.5 (61.7%)
83	<b>STOKFISZEWSKI Sebastian</b>	<b>88</b>		M40	19	<b>01:15:54.85</b>	<b>01:15:54.85</b>	+00:29:08 (38.4%)	6:19	9.5 (61.7%)
84	<b>WOJCIECHOWSKI Radosław</b>	<b>112</b>	6.KILOMETR	M30	28	<b>01:16:42.55</b>	<b>01:16:42.55</b>	+00:29:55 (39.0%)	6:23	9.4 (61.0%)
85	<b>LEŚNIAK Michał</b>	<b>37</b>		M20	9	<b>01:17:44.80</b>	<b>01:17:44.80</b>	+00:30:58 (39.8%)	6:28	9.3 (60.4%)
86	<b>DALKE Jowita</b>	<b>12</b>	ZABIEGANE DWIE	K30	8	<b>01:17:59.00</b>	<b>01:17:59.00</b>	+00:31:12 (40.0%)	6:29	9.2 (59.7%)
87	<b>WIŚNIEWSKA Kornelia</b>	<b>11</b>	ZABIEGANE DWIE	K40	7	<b>01:17:59.40</b>	<b>01:17:59.40</b>	+00:31:12 (40.0%)	6:29	9.2 (59.7%)
88	<b>WOJCIECHOWSKI Kacper</b>	<b>69</b>		M30	29	<b>01:18:09.75</b>	<b>01:18:09.75</b>	+00:31:23 (40.2%)	6:30	9.2 (59.7%)
89	<b>STYKAŁA Adrianna</b>	<b>30</b>		K16	2	<b>01:18:36.55</b>	<b>01:18:36.55</b>	+00:31:49 (40.5%)	6:33	9.2 (59.7%)
90	<b>KARCZEWSKI Dariusz</b>	<b>10</b>		M50	5	<b>01:20:53.70</b>	<b>01:20:53.70</b>	+00:34:07 (42.2%)	6:44	8.9 (57.8%)
91	<b>RADOWSKI Lech</b>	<b>72</b>		M50	6	<b>01:20:57.90</b>	<b>01:20:57.90</b>	+00:34:11 (42.2%)	6:44	8.9 (57.8%)
92	<b>CHABROS Teresa</b>	<b>53</b>	THE RUNNERS ŚWIECIE	K50	2	<b>01:20:58.30</b>	<b>01:20:58.30</b>	+00:34:11 (42.2%)	6:44	8.9 (57.8%)
93	<b>FAŁKOWSKI Zbigniew</b>	<b>56</b>	OSKIE SĘKI	M60	5	<b>01:21:05.00</b>	<b>01:21:05.00</b>	+00:34:18 (42.3%)	6:45	8.9 (57.8%)
94	<b>BRAC Grażyna</b>	<b>24</b>		K60	1	<b>01:22:10.10</b>	<b>01:22:10.10</b>	+00:35:23 (43.1%)	6:50	8.8 (57.1%)
95	<b>CHYLIŃSKA Dorota</b>	<b>99</b>		K50	3	<b>01:22:20.10</b>	<b>01:22:20.10</b>	+00:35:33 (43.2%)	6:51	8.7 (56.5%)
96	<b>KAWSKA Ewa</b>	<b>89</b>		K40	8	<b>01:22:44.00</b>	<b>01:22:44.00</b>	+00:35:57 (43.5%)	6:53	8.7 (56.5%)
97	<b>GRABINSKI Kamil</b>	<b>82</b>		M40	20	<b>01:23:32.85</b>	<b>01:23:32.85</b>	+00:36:46 (44.0%)	6:57	8.6 (55.8%)
98	<b>NOWAK Wojciech</b>	<b>70</b>	KLUB BIEGACZA PRZYP K AGDYNIA	M60	6	<b>01:24:15.40</b>	<b>01:24:15.40</b>	+00:37:28 (44.5%)	7:01	8.5 (55.2%)
99	<b>LORENC-KRUSZYŃSKA Sylwia</b>	<b>97</b>	SOLECCY BIEGACZE	K30	9	<b>01:25:11.95</b>	<b>01:25:11.95</b>	+00:38:25 (45.1%)	7:05	8.5 (55.2%)
100	<b>KALINOWSKA Patrycja</b>	<b>111</b>	TBKM WILK	K30	10	<b>01:25:12.25</b>	<b>01:25:12.25</b>	+00:38:25 (45.1%)	7:06	8.5 (55.2%)
101	<b>GRUŻLEWSKI Przemysław</b>	<b>78</b>		M30	30	<b>01:28:34.35</b>	<b>01:28:34.35</b>	+00:41:47 (47.2%)	7:22	8.1 (52.6%)
102	<b>MAZUREK Agnieszka</b>	<b>23</b>		K30	11	<b>01:30:30.00</b>	<b>01:30:30.00</b>	+00:43:43 (48.3%)	7:32	8 (51.9%)
103	<b>BRAC-WALCZYK Małgorzata</b>	<b>26</b>		K60	2	<b>01:32:02.50</b>	<b>01:32:02.50</b>	+00:45:15 (49.2%)	7:40	7.8 (50.6%)
	<b>RADOWSKA Anna</b>	<b>73</b>		K50		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>MRUK Patrycja</b>	<b>114</b>	TBKM WILK SOLEC KUJAWSKI	K30		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 105 wynik(ów)