

IV BIEG SZLAKIEM LEŚNYCH

B4SPORT

Organizator: Stowarzyszenie Przyjaciół Lipinek
Data: 2018-06-02
Miejsce: Lipinki
Dystans: 12 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	MURAWIEC Iza	39		K30	1	01:00:45.50	01:00:45.50		5:03	11.9 (100%)
2	OREMUS Zuzanna	1		K16	1	01:03:30.55	01:03:30.55	+00:02:45 (4.3%)	5:17	11.3 (95.0%)
3	STYKAŁA Magdalena	29		K40	1	01:03:45.85	01:03:45.85	+00:03:00 (4.7%)	5:18	11.3 (95.0%)
4	RATKOWSKA Małgorzata	102	THE RUNNERS ŚWIECIE	K40	2	01:04:18.85	01:04:18.85	+00:03:33 (5.5%)	5:21	11.2 (94.1%)
5	CHABROS Małgorzata	7	THE RUNNERS ŚWIECIE	K20	1	01:05:40.80	01:05:40.80	+00:04:55 (7.5%)	5:28	11 (92.4%)
6	KOSTRO Kasia	49		K40	3	01:06:04.20	01:06:04.20	+00:05:18 (8.0%)	5:30	10.9 (91.6%)
7	KARCZEWSKA Olga	9		K20	2	01:06:15.75	01:06:15.75	+00:05:30 (8.3%)	5:31	10.9 (91.6%)
8	ŁUSIAK-OLSZEWSKA Justyna	55	KWIDZYN BIEGA	K20	3	01:06:43.40	01:06:43.40	+00:05:57 (8.9%)	5:33	10.8 (90.8%)
9	VAN TOL Karin	20	THE RUNNERS ŚWIECIE	K50	1	01:06:49.95	01:06:49.95	+00:06:04 (9.1%)	5:34	10.8 (90.8%)
10	SUCHOMSKA Beata	32		K40	4	01:07:22.35	01:07:22.35	+00:06:36 (9.8%)	5:36	10.7 (89.9%)
11	ZABOROWSKA Beata	43	BIEGAM BO LUBIE	K40	5	01:08:00.60	01:08:00.60	+00:07:15 (10.7%)	5:40	10.6 (89.1%)
12	PYRKA Marta	16	ZŁO	K30	2	01:08:26.10	01:08:26.10	+00:07:40 (11.2%)	5:42	10.5 (88.2%)
13	PRUS Justyna	84		K30	3	01:10:53.00	01:10:53.00	+00:10:07 (14.3%)	5:54	10.2 (85.7%)
14	STRYSIK Magdalena	61	FIT JEŻEWO	K30	4	01:10:54.20	01:10:54.20	+00:10:08 (14.3%)	5:54	10.2 (85.7%)
15	RUGE Monika	14		K20	4	01:10:56.85	01:10:56.85	+00:10:11 (14.4%)	5:54	10.2 (85.7%)
16	MICHNA Justyna	33		K40	6	01:11:15.90	01:11:15.90	+00:10:30 (14.7%)	5:56	10.1 (84.9%)
17	PIOTROWSKA Justyna	60	FIT JEŻEWO	K30	5	01:12:18.20	01:12:18.20	+00:11:32 (16.0%)	6:01	10 (84.0%)
18	RAKOWSKA Natalia	66	HDR WATAHA BYDGOSZCZ	K20	5	01:12:30.75	01:12:30.75	+00:11:45 (16.2%)	6:02	9.9 (83.2%)
19	WOJTOWICZ Agnieszka	105		K30	6	01:13:51.70	01:13:51.70	+00:13:06 (17.7%)	6:09	9.7 (81.5%)
20	GNIOT Bożena	95		K30	7	01:14:20.10	01:14:20.10	+00:13:34 (18.3%)	6:11	9.7 (81.5%)
21	DALKE Jowita	12	ZABIEGANE DWIE	K30	8	01:17:59.00	01:17:59.00	+00:17:13 (22.1%)	6:29	9.2 (77.3%)
22	WIŚNIEWSKA Kornelia	11	ZABIEGANE DWIE	K40	7	01:17:59.40	01:17:59.40	+00:17:13 (22.1%)	6:29	9.2 (77.3%)
23	STYKAŁA Adrianna	30		K16	2	01:18:36.55	01:18:36.55	+00:17:51 (22.7%)	6:33	9.2 (77.3%)
24	CHABROS Teresa	53	THE RUNNERS ŚWIECIE	K50	2	01:20:58.30	01:20:58.30	+00:20:12 (25.0%)	6:44	8.9 (74.8%)
25	BRAC Grażyna	24		K60	1	01:22:10.10	01:22:10.10	+00:21:24 (26.1%)	6:50	8.8 (73.9%)
26	CHYLIŃSKA Dorota	99		K50	3	01:22:20.10	01:22:20.10	+00:21:34 (26.2%)	6:51	8.7 (73.1%)
27	KAWSKA Ewa	89		K40	8	01:22:44.00	01:22:44.00	+00:21:58 (26.6%)	6:53	8.7 (73.1%)
28	LORENC-KRUSZYŃSKA Sylwia	97	SOLECCY BIEGACZE	K30	9	01:25:11.95	01:25:11.95	+00:24:26 (28.7%)	7:05	8.5 (71.4%)
29	KALINOWSKA Patrycja	111	TBKM WILK	K30	10	01:25:12.25	01:25:12.25	+00:24:26 (28.7%)	7:06	8.5 (71.4%)
30	MAZUREK Agnieszka	23		K30	11	01:30:30.00	01:30:30.00	+00:29:44 (32.9%)	7:32	8 (67.2%)

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31	BRAC-WALCZYK Małgorzata	26		K60	2	01:32:02.50	01:32:02.50	+00:31:17 (34.0%)	7:40	7.8 (65.5%)
	RADOWSKA Anna	73		K50		DNF	DNF		-	- (0.0%)
	MRUK Patrycja	114	TBKM WILK SOLEC KUJAWSKI	K30		DNF	DNF		-	- (0.0%)

Znaleziono 33 wynik(ów)