

# IV BIEG SZLAKIEM LEŚNYCH

B4SPORT

**Organizator:** Stowarzyszenie Przyjaciół Lipinek  
**Data:** 2018-06-02  
**Miejsce:** Lipinki  
**Dystans:** 12 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>GUZMANN Mateusz</b>	<b>67</b>		M20	1	<b>00:46:46.70</b>	<b>00:46:46.70</b>		3:53	15.4 (100%)
2	<b>KLEMAŃSKI Marcin</b>	<b>13</b>	THE RUNNERS ŚWIECIE	M30	1	<b>00:47:37.15</b>	<b>00:47:37.15</b>	+00:00:50 (1.8%)	3:58	15.1 (98.1%)
3	<b>JANUS Dawid</b>	<b>6</b>		M30	2	<b>00:48:56.90</b>	<b>00:48:56.90</b>	+00:02:10 (4.4%)	4:04	14.7 (95.5%)
4	<b>HOŁTYN Patryk</b>	<b>44</b>	TKKF KOLEJARZ BYDGOSZCZ	M30	3	<b>00:49:32.75</b>	<b>00:49:32.75</b>	+00:02:46 (5.6%)	4:07	14.5 (94.2%)
5	<b>GRZONKA Stanisław</b>	<b>108</b>		M40	1	<b>00:50:08.75</b>	<b>00:50:08.75</b>	+00:03:22 (6.7%)	4:10	14.4 (93.5%)
6	<b>LENC Sebastian</b>	<b>65</b>	TKKF KOLEJARZ BYDGOSZCZ	M40	2	<b>00:50:59.25</b>	<b>00:50:59.25</b>	+00:04:12 (8.3%)	4:14	14.1 (91.6%)
7	<b>CIMACHOWSKA Jakub</b>	<b>41</b>	CIMATECH	M30	4	<b>00:52:50.05</b>	<b>00:52:50.05</b>	+00:06:03 (11.5%)	4:24	13.6 (88.3%)
8	<b>WESIORA Mariusz</b>	<b>42</b>	BIEGAM BO CHCE	M40	3	<b>00:53:25.90</b>	<b>00:53:25.90</b>	+00:06:39 (12.5%)	4:27	13.5 (87.7%)
9	<b>KARNECKI Rafał</b>	<b>71</b>	THE RUNNERS ŚWIECIE	M30	5	<b>00:54:13.40</b>	<b>00:54:13.40</b>	+00:07:26 (13.7%)	4:31	13.3 (86.4%)
10	<b>KULPA Marcin</b>	<b>17</b>		M30	6	<b>00:54:35.45</b>	<b>00:54:35.45</b>	+00:07:48 (14.3%)	4:32	13.2 (85.7%)
11	<b>GOLIŃSKI Michał</b>	<b>38</b>	THE RUNNERS ŚWIECIE	M30	7	<b>00:55:27.55</b>	<b>00:55:27.55</b>	+00:08:40 (15.7%)	4:37	13 (84.4%)
12	<b>POŁAJDOWICZ Bartosz</b>	<b>74</b>		M30	8	<b>00:55:51.90</b>	<b>00:55:51.90</b>	+00:09:05 (16.3%)	4:39	12.9 (83.8%)
13	<b>BOREK Robert</b>	<b>5</b>	THE RUNNERS ŚWIECIE	M40	4	<b>00:56:02.10</b>	<b>00:56:02.10</b>	+00:09:15 (16.5%)	4:40	12.8 (83.1%)
14	<b>STRĘCIWILK Tomasz</b>	<b>91</b>	BWM	M30	9	<b>00:56:12.20</b>	<b>00:56:12.20</b>	+00:09:25 (16.8%)	4:41	12.8 (83.1%)
15	<b>PILARSKI Maksymilian</b>	<b>87</b>	OCHOTNICZA STRAŻ POŻARNA OSIE	M16	1	<b>00:56:32.35</b>	<b>00:56:32.35</b>	+00:09:45 (17.3%)	4:42	12.7 (82.5%)
16	<b>GAWLIK Wojciech</b>	<b>106</b>		M30	10	<b>00:56:32.50</b>	<b>00:56:32.50</b>	+00:09:45 (17.3%)	4:42	12.7 (82.5%)
17	<b>PAWŁOWSKI Tomasz</b>	<b>81</b>		M20	2	<b>00:57:20.75</b>	<b>00:57:20.75</b>	+00:10:34 (18.4%)	4:46	12.6 (81.8%)
18	<b>GORCZYCA Grzegorz</b>	<b>62</b>		M40	5	<b>00:57:48.90</b>	<b>00:57:48.90</b>	+00:11:02 (19.1%)	4:49	12.5 (81.2%)
19	<b>KĘSKA Rafał</b>	<b>59</b>	NADLEŚNICTWO DĄBROWA	M20	3	<b>00:58:37.10</b>	<b>00:58:37.10</b>	+00:11:50 (20.2%)	4:53	12.3 (79.9%)
20	<b>CZELEŃ Szymon</b>	<b>92</b>		M30	11	<b>00:59:35.30</b>	<b>00:59:35.30</b>	+00:12:48 (21.5%)	4:57	12.1 (78.6%)
21	<b>KOLCZYŃSKI Adam</b>	<b>103</b>	DZIKIE BOBRY	M30	12	<b>01:00:25.90</b>	<b>01:00:25.90</b>	+00:13:39 (22.6%)	5:02	11.9 (77.3%)
22	<b>ZARZYCKI Marek</b>	<b>48</b>		M40	6	<b>01:00:38.75</b>	<b>01:00:38.75</b>	+00:13:52 (22.9%)	5:03	11.9 (77.3%)
23	<b>MONDRY Waldemar</b>	<b>3</b>		M50	1	<b>01:00:41.20</b>	<b>01:00:41.20</b>	+00:13:54 (22.9%)	5:03	11.9 (77.3%)
24	<b>LEMAŃCZYK Michał</b>	<b>118</b>		M30	13	<b>01:01:27.55</b>	<b>01:01:27.55</b>	+00:14:40 (23.9%)	5:07	11.7 (76.0%)
25	<b>WILMA Wiesław</b>	<b>51</b>		M50	2	<b>01:01:34.50</b>	<b>01:01:34.50</b>	+00:14:47 (24.0%)	5:07	11.7 (76.0%)
26	<b>DEINOWSKI Mariusz</b>	<b>57</b>	OSKIE SĘKI	M40	7	<b>01:01:35.75</b>	<b>01:01:35.75</b>	+00:14:49 (24.1%)	5:07	11.7 (76.0%)
27	<b>DEINOWSKI Mateusz</b>	<b>58</b>	OSKIE SĘKI	M20	4	<b>01:01:37.45</b>	<b>01:01:37.45</b>	+00:14:50 (24.1%)	5:08	11.7 (76.0%)
28	<b>KOSEDA Robert</b>	<b>2</b>	HONEY BADGER	M40	8	<b>01:01:41.55</b>	<b>01:01:41.55</b>	+00:14:54 (24.2%)	5:08	11.7 (76.0%)
29	<b>WITEK Karol</b>	<b>110</b>	OSP OSIE	M30	14	<b>01:01:45.15</b>	<b>01:01:45.15</b>	+00:14:58 (24.2%)	5:08	11.7 (76.0%)
30	<b>STUCKI Marek</b>	<b>85</b>	OSP SULNÓWKO	M20	5	<b>01:01:59.45</b>	<b>01:01:59.45</b>	+00:15:12 (24.5%)	5:09	11.6 (75.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
31	<b>ŁUSIAK Marek</b>	<b>35</b>		M50	3	<b>01:02:17.85</b>	<b>01:02:17.85</b>	+00:15:31 (24.9%)	5:11	11.6 (75.3%)
32	<b>CHOJNACKI Krzysztof</b>	<b>86</b>		M40	9	<b>01:02:24.10</b>	<b>01:02:24.10</b>	+00:15:37 (25.0%)	5:12	11.5 (74.7%)
33	<b>CHYREK Wojciech</b>	<b>50</b>	LAWA TEAM	M30	15	<b>01:02:35.20</b>	<b>01:02:35.20</b>	+00:15:48 (25.3%)	5:12	11.5 (74.7%)
34	<b>POŁAJDOWICZ Tomek</b>	<b>28</b>		M30	16	<b>01:02:48.70</b>	<b>01:02:48.70</b>	+00:16:02 (25.5%)	5:14	11.5 (74.7%)
35	<b>SZYCHULDA Adam</b>	<b>47</b>		M60	1	<b>01:02:53.40</b>	<b>01:02:53.40</b>	+00:16:06 (25.6%)	5:14	11.4 (74.0%)
36	<b>PAWŁOWSKI Radosław</b>	<b>80</b>		M20	6	<b>01:03:25.80</b>	<b>01:03:25.80</b>	+00:16:39 (26.3%)	5:17	11.4 (74.0%)
37	<b>JAKÓBCZYK Krzysztof</b>	<b>4</b>	PGB SPORTOWA PACZKA	M50	4	<b>01:04:56.85</b>	<b>01:04:56.85</b>	+00:18:10 (28.0%)	5:24	11.1 (72.1%)
38	<b>PYRKA Radosław</b>	<b>15</b>	OSP SULNÓWKO	M30	17	<b>01:05:15.75</b>	<b>01:05:15.75</b>	+00:18:29 (28.3%)	5:26	11 (71.4%)
39	<b>STUKA Arek</b>	<b>100</b>		M30	18	<b>01:05:27.15</b>	<b>01:05:27.15</b>	+00:18:40 (28.5%)	5:27	11 (71.4%)
40	<b>ABCZYŃSKI Robert</b>	<b>18</b>		M40	10	<b>01:06:35.55</b>	<b>01:06:35.55</b>	+00:19:48 (29.8%)	5:32	10.8 (70.1%)
41	<b>KŁÓTKA Bartosz</b>	<b>27</b>	WILCZE ECHO	M30	19	<b>01:06:50.50</b>	<b>01:06:50.50</b>	+00:20:03 (30.0%)	5:34	10.8 (70.1%)
42	<b>WODEJKO Artur</b>	<b>113</b>	TBKM WILK SOLEC KUJAWSKI	M40	11	<b>01:08:13.80</b>	<b>01:08:13.80</b>	+00:21:27 (31.4%)	5:41	10.6 (68.8%)
43	<b>JUŁKOWSKI Marcin</b>	<b>8</b>		M30	20	<b>01:08:24.05</b>	<b>01:08:24.05</b>	+00:21:37 (31.6%)	5:42	10.5 (68.2%)
44	<b>OKOŃSKI Piort</b>	<b>94</b>		M30	21	<b>01:08:43.45</b>	<b>01:08:43.45</b>	+00:21:56 (31.9%)	5:43	10.5 (68.2%)
45	<b>DRZYMALSKI Damian</b>	<b>79</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	M20	7	<b>01:09:11.55</b>	<b>01:09:11.55</b>	+00:22:24 (32.4%)	5:45	10.4 (67.5%)
46	<b>MICHALSKI Marcin</b>	<b>64</b>	MOKRE	M30	22	<b>01:09:18.30</b>	<b>01:09:18.30</b>	+00:22:31 (32.5%)	5:46	10.4 (67.5%)
47	<b>OSIECKI Grzegorz</b>	<b>101</b>		M60	2	<b>01:09:26.35</b>	<b>01:09:26.35</b>	+00:22:39 (32.6%)	5:47	10.4 (67.5%)
48	<b>KUBKOWSKI Rafał</b>	<b>90</b>		M20	8	<b>01:09:27.25</b>	<b>01:09:27.25</b>	+00:22:40 (32.6%)	5:47	10.4 (67.5%)
49	<b>KARWASZ Marek</b>	<b>68</b>	OSP OSIE	M40	12	<b>01:09:35.35</b>	<b>01:09:35.35</b>	+00:22:48 (32.8%)	5:47	10.3 (66.9%)
50	<b>JEZIORSKI Winicjusz</b>	<b>115</b>		M30	23	<b>01:10:00.25</b>	<b>01:10:00.25</b>	+00:23:13 (33.2%)	5:50	10.3 (66.9%)
51	<b>JUR Andrzej</b>	<b>54</b>	NADLEŚNICTWO DĄBROWA	M30	24	<b>01:10:45.00</b>	<b>01:10:45.00</b>	+00:23:58 (33.9%)	5:53	10.2 (66.2%)
52	<b>KUZIEMSKI Adam</b>	<b>19</b>	PUE WERGON	M30	25	<b>01:10:50.20</b>	<b>01:10:50.20</b>	+00:24:03 (34.0%)	5:54	10.2 (66.2%)
53	<b>BURZYŃSKI Marek</b>	<b>83</b>		M40	13	<b>01:10:53.15</b>	<b>01:10:53.15</b>	+00:24:06 (34.0%)	5:54	10.2 (66.2%)
54	<b>GUZMANN Andrzej</b>	<b>93</b>		M40	14	<b>01:11:33.70</b>	<b>01:11:33.70</b>	+00:24:47 (34.6%)	5:57	10.1 (65.6%)
55	<b>BIAŁKA Paweł</b>	<b>75</b>		M30	26	<b>01:11:33.90</b>	<b>01:11:33.90</b>	+00:24:47 (34.6%)	5:57	10.1 (65.6%)
56	<b>GUŹDZIOL Jarek</b>	<b>96</b>		M40	15	<b>01:11:59.40</b>	<b>01:11:59.40</b>	+00:25:12 (35.0%)	5:59	10 (64.9%)
57	<b>KLAJBOR Mariusz</b>	<b>34</b>	LESZCZE BIEGANIA	M40	16	<b>01:13:30.45</b>	<b>01:13:30.45</b>	+00:26:43 (36.4%)	6:07	9.8 (63.6%)
58	<b>BRYCZKOWSKI Piotr</b>	<b>107</b>		M40	17	<b>01:13:52.60</b>	<b>01:13:52.60</b>	+00:27:05 (36.7%)	6:09	9.7 (63.0%)
59	<b>MURAWIEC Krzysztof</b>	<b>40</b>		M40	18	<b>01:13:58.40</b>	<b>01:13:58.40</b>	+00:27:11 (36.8%)	6:09	9.7 (63.0%)
60	<b>VAN TOL Rob</b>	<b>21</b>	THE RUNNERS ŚWIECIE	M60	3	<b>01:14:58.75</b>	<b>01:14:58.75</b>	+00:28:12 (37.6%)	6:14	9.6 (62.3%)
61	<b>BLEJA Krystian</b>	<b>52</b>	PGB SPORTOWA PACZKA	M30	27	<b>01:15:17.95</b>	<b>01:15:17.95</b>	+00:28:31 (37.9%)	6:16	9.6 (62.3%)
62	<b>BRAC Marian</b>	<b>25</b>	GRUPA WB	M60	4	<b>01:15:32.85</b>	<b>01:15:32.85</b>	+00:28:46 (38.1%)	6:17	9.5 (61.7%)
63	<b>STOKFISZEWSKI Sebastian</b>	<b>88</b>		M40	19	<b>01:15:54.85</b>	<b>01:15:54.85</b>	+00:29:08 (38.4%)	6:19	9.5 (61.7%)
64	<b>WOJCIECHOWSKI Radosław</b>	<b>112</b>	6.KILOMETR	M30	28	<b>01:16:42.55</b>	<b>01:16:42.55</b>	+00:29:55 (39.0%)	6:23	9.4 (61.0%)
65	<b>LEŚNIAK Michał</b>	<b>37</b>		M20	9	<b>01:17:44.80</b>	<b>01:17:44.80</b>	+00:30:58 (39.8%)	6:28	9.3 (60.4%)
66	<b>WOJCIECHOWSKI Kacper</b>	<b>69</b>		M30	29	<b>01:18:09.75</b>	<b>01:18:09.75</b>	+00:31:23 (40.2%)	6:30	9.2 (59.7%)
67	<b>KARCZEWSKI Dariusz</b>	<b>10</b>		M50	5	<b>01:20:53.70</b>	<b>01:20:53.70</b>	+00:34:07 (42.2%)	6:44	8.9 (57.8%)
68	<b>RADOWSKI Lech</b>	<b>72</b>		M50	6	<b>01:20:57.90</b>	<b>01:20:57.90</b>	+00:34:11 (42.2%)	6:44	8.9 (57.8%)
69	<b>FAŁKOWSKI Zbigniew</b>	<b>56</b>	OSKIE SĘKI	M60	5	<b>01:21:05.00</b>	<b>01:21:05.00</b>	+00:34:18 (42.3%)	6:45	8.9 (57.8%)
70	<b>GRABINSKI Kamil</b>	<b>82</b>		M40	20	<b>01:23:32.85</b>	<b>01:23:32.85</b>	+00:36:46 (44.0%)	6:57	8.6 (55.8%)
71	<b>NOWAK Wojciech</b>	<b>70</b>	KLUB BIEGACZA PRZYP K AGDYŃNIA	M60	6	<b>01:24:15.40</b>	<b>01:24:15.40</b>	+00:37:28 (44.5%)	7:01	8.5 (55.2%)
72	<b>GRUŻLEWSKI Przemysław</b>	<b>78</b>		M30	30	<b>01:28:34.35</b>	<b>01:28:34.35</b>	+00:41:47 (47.2%)	7:22	8.1 (52.6%)