



IV EDYCJA BIEGU TROPEM WILCZYM - KOSZALIN - 10 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-02-28
Miejsce: Koszalin
Dystans: 10 km

 **HERKULES**
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Klasyfikacja: Wszyscy

Punkt pomiarowy: 7,4 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.46km | 4.92km | 7.38km |
|-----|----------------------|-------|---------------------------------|-----------|-------------|----------|----------|----------|
| 1 | WITKOWSKI Mateusz | 353 | KL BIAŁOGARD | M-18 | 00:00:03 | 00:07:59 | 00:16:06 | 00:24:15 |
| 2 | BORZĘCKI Norbert | 22 | | M-30 | 00:00:04 | 00:08:22 | 00:16:53 | 00:25:19 |
| 3 | ŻMUDA Tomasz | 327 | CW FANZA KOŁOBRZEG | M-40 | 00:00:02 | 00:09:06 | 00:18:25 | 00:27:47 |
| 4 | WITKIEWICZ Eryk | 308 | KB 10 BIAŁOGARD | M-40 | 00:00:03 | 00:09:06 | 00:18:33 | 00:28:05 |
| 5 | GOLECKI Mirosław | 63 | CSSP- KOSZALIN : FORMA ROSNOWO | M-30 | 00:00:04 | 00:09:31 | 00:19:01 | 00:28:16 |
| 6 | RUDNIKOWSKI Maciej | 252 | BIEGUZDROWISKOWY.PL | M-40 | 00:00:03 | 00:09:10 | 00:18:48 | 00:28:23 |
| 7 | RYBACZEK Sebastian | 254 | JW 1223/FORMA ROSNOWO | M-30 | 00:00:04 | 00:09:30 | 00:19:03 | 00:28:37 |
| 8 | SOLSKI Marcin | 267 | | M-18 | 00:00:04 | 00:09:24 | 00:19:00 | 00:28:37 |
| 8 | KĘPKA Adrian | 358 | | M-18 | 00:00:04 | 00:09:28 | 00:19:02 | 00:28:37 |
| 10 | JAROSZ Wiesław | 99 | 8 KOSZALIŃSKI PLOT/BLOG | M-40 | 00:00:03 | 00:09:23 | 00:18:58 | 00:28:45 |
| 11 | BARAŃSKI Bogusław | 368 | | M-50 | 00:00:02 | 00:09:15 | 00:18:59 | 00:28:46 |
| 12 | ZYCH Dariusz | 326 | 4RUN TEAM | M-40 | 00:00:04 | 00:09:36 | 00:19:16 | 00:28:52 |
| 13 | POLAK Szymon | 233 | ROZBIEGANY KOSZALIN | M-40 | 00:00:03 | 00:09:14 | 00:19:00 | 00:29:00 |
| 14 | KRUKOWSKI Błażej | 148 | MKS ŚWIĘC SŁAWNO | M-30 | 00:00:04 | 00:09:38 | 00:19:19 | 00:29:03 |
| 15 | GOLIŃSKI Łukasz | 64 | K.B. SPRINT ŚWIDWIN | M-30 | 00:00:06 | 00:09:29 | 00:19:15 | 00:29:08 |
| 16 | REMBECKI Marcin | 247 | WSPINANIE KOSZALIN | M-30 | 00:00:05 | 00:09:35 | 00:19:26 | 00:29:10 |
| 17 | USTIANOWSKI Wojciech | 295 | JW1223 | M-18 | 00:00:07 | 00:09:28 | 00:19:15 | 00:29:14 |
| 18 | BIEDRZYCKI Adam | 10 | OSP STARY BOREK | M-30 | 00:00:03 | 00:09:32 | 00:19:15 | 00:29:21 |
| 19 | ROKOSZ Radosław | 250 | JW 1223 | M-30 | 00:00:07 | 00:09:36 | 00:19:37 | 00:29:41 |
| 20 | DURMAN Dawid | 49 | | M-18 | 00:00:07 | 00:09:47 | 00:19:48 | 00:29:45 |
| 21 | WOJCIECHOWICZ Jacek | 312 | WWW.STUDIOTANCAPASJA.PL | M-30 | 00:00:04 | 00:09:42 | 00:19:41 | 00:29:47 |
| 22 | BIEDRZYCKI Andrzej | 11 | OSP STARY BOREK | M-50 | 00:00:03 | 00:09:37 | 00:19:31 | 00:29:52 |
| 23 | CHUDY Henryk | 34 | K S. OLSZEWSKI I SYNOWIESŁAWSKO | M-60 | 00:00:06 | 00:09:38 | 00:19:33 | 00:29:52 |
| 24 | ŁAGUTKO Kamila | 169 | RUNNERSWALDE | K-30 | 00:00:05 | 00:09:39 | 00:19:35 | 00:29:53 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.46km | 4.92km | 7.38km |
|-----|------------------------------|------------|-------------------------------------|-----------|-------------|----------|----------|----------|
| 25 | BURDA Robert | 24 | KOSPEL | M-40 | 00:00:06 | 00:09:47 | 00:19:51 | 00:29:55 |
| 26 | MAZUR Emiliusz | 185 | | M-40 | 00:00:05 | 00:09:38 | 00:19:47 | 00:30:02 |
| 27 | KOŚCIELNIAK Robert | 134 | TKKF KOSZALIN | M-50 | 00:00:03 | 00:09:50 | 00:19:55 | 00:30:09 |
| 28 | BIEDRZYCKI Krzysztof | 9 | NIEZRZESZONY | M-40 | 00:00:03 | 00:09:50 | 00:19:55 | 00:30:12 |
| 29 | MOKSA Dariusz | 196 | | M-18 | 00:00:03 | 00:09:27 | 00:19:38 | 00:30:28 |
| 30 | KALETA Sebastian | 106 | CSSP KOSZALIN | M-40 | 00:00:04 | 00:09:35 | 00:19:52 | 00:30:29 |
| 31 | KAPUŚCIŃSKI Robert | 113 | JW 1223 KOSZALIN | M-30 | 00:00:04 | 00:09:50 | 00:19:59 | 00:30:31 |
| 32 | KASZTELAN Urszula | 627 | TKKF TRIATHLON | K-30 | 00:00:06 | 00:09:47 | 00:20:03 | 00:30:31 |
| 33 | GROŃSKI Rafał | 73 | | M-40 | 00:00:05 | 00:09:49 | 00:19:59 | 00:30:32 |
| 34 | MODRZEJEWSKI Mateusz | 195 | (JW 1223) DLA ŻONKI ASI | M-18 | 00:00:04 | 00:10:01 | 00:20:17 | 00:30:33 |
| 35 | MICKIEWICZ Adam | 191 | 36DROP MRZEŻYNO | M-18 | 00:00:05 | 00:09:51 | 00:20:15 | 00:30:57 |
| 36 | KOISZEWSKI Krzysztof | 122 | MIRAP LĘBORK | M-40 | 00:00:03 | 00:09:51 | 00:20:26 | 00:31:01 |
| 37 | BYKOWSKI Robert | 351 | JW CSSP/FORMA ROSNOWO | M-40 | 00:00:04 | 00:10:03 | 00:20:31 | 00:31:07 |
| 38 | SZYMCZAK Henryk | 283 | | M-40 | 00:00:07 | 00:10:34 | 00:20:50 | 00:31:07 |
| 39 | HEJMAN Damian | 81 | RUNNERSCLUB.PL | M-18 | 00:00:06 | 00:10:04 | 00:20:31 | 00:31:10 |
| 40 | KORCZYŃSKI Sławomir | 132 | DECATHLON KOSZALIN | M-18 | 00:00:03 | 00:09:53 | 00:20:31 | 00:31:13 |
| 41 | BOGUSŁAW Łukasz | 16 | | M-18 | 00:00:06 | 00:10:05 | 00:20:37 | 00:31:14 |
| 42 | OKOŁOTOWICZ Sebastian | 214 | | M-30 | 00:00:09 | 00:09:56 | 00:20:23 | 00:31:15 |
| 43 | GRZESIK Eugeniusz | 75 | TKKF KOSZALIN | M-50 | 00:00:06 | 00:10:17 | 00:20:46 | 00:31:17 |
| 44 | SMAGOWSKI Wojtek | 264 | K.B.SPRINT ŚWIDWIN | M-30 | 00:00:11 | 00:10:20 | 00:20:47 | 00:31:22 |
| 45 | PENDRAK Kamil | 225 | VIOLA CLUB POLONIA | M-18 | 00:00:06 | 00:10:35 | 00:21:05 | 00:31:28 |
| 46 | PAKUŁSKI Marcin | 219 | | M-40 | 00:00:09 | 00:10:21 | 00:20:50 | 00:31:29 |
| 47 | CZYŻEWSKI Janusz | 39 | KOLOBRZEG BIEGA | M-50 | 00:00:07 | 00:10:16 | 00:20:45 | 00:31:35 |
| 48 | DZIUBA Leszek | 53 | KB DZIESIĄTKA BIAŁOGARD | M-60 | 00:00:03 | 00:10:15 | 00:20:54 | 00:31:37 |
| 49 | WINKEL Jerzy | 306 | | M-40 | 00:00:05 | 00:10:06 | 00:20:42 | 00:31:44 |
| 50 | FLESZER Natan | 59 | KOSTRZYŃSKI KLUB BIEGACZA | M-18 | 00:00:07 | 00:10:06 | 00:20:46 | 00:31:45 |
| 51 | TROŚNIAK Piotr | 292 | DZIESIĄTKA BIAŁOGARD | M-40 | 00:00:14 | 00:10:45 | 00:21:22 | 00:31:46 |
| 52 | MALINOWSKI Mariusz | 176 | | M-30 | 00:00:14 | 00:10:22 | 00:21:14 | 00:31:53 |
| 53 | NOWAK Paweł | 339 | | M-30 | 00:00:09 | 00:10:40 | 00:21:21 | 00:31:57 |
| 54 | STUSIO Zenon | 274 | | M-50 | 00:00:06 | 00:10:27 | 00:21:13 | 00:32:07 |
| 55 | KONDRACIUK Piotr | 129 | DRUŻYNA SZPIKU KOSZALIN | M-40 | 00:00:08 | 00:10:41 | 00:21:27 | 00:32:09 |
| 56 | TCHÓRZEWSKI Marek | 289 | | M-40 | 00:00:09 | 00:10:39 | 00:21:27 | 00:32:09 |
| 57 | MROCZKOWSKI Marek | 199 | ROZBIEGANY KOSZALIN | M-30 | 00:00:09 | 00:10:54 | 00:21:26 | 00:32:17 |
| 58 | KWIATKIEWICZ Bartosz | 162 | GB JUTROSIN - KOBYLIN I PRZYJACIELE | M-18 | 00:00:05 | 00:09:50 | 00:21:00 | 00:32:22 |
| 59 | GOŁDYN Marek | 65 | TKKF KOSZALIN | M-30 | 00:00:06 | 00:10:45 | 00:21:30 | 00:32:22 |
| 60 | KOZŁOWSKI Marcin | 140 | KMP K-LIN | M-30 | 00:00:40 | 00:10:41 | 00:21:27 | 00:32:23 |
| 61 | JĘDRZEJCZYK Adam | 102 | 33 DR OP (JW 3936) | M-30 | 00:00:06 | 00:10:18 | 00:21:19 | 00:32:24 |
| 62 | ZWOLIŃSKI Jan | 325 | TKKF KSZALIN | M-40 | 00:00:05 | 00:10:46 | 00:21:31 | 00:32:25 |
| 63 | WIERZBICKI Jakub | 302 | | M-30 | 00:00:13 | 00:10:26 | 00:21:20 | 00:32:34 |
| 64 | KURLAPSKI Mariusz | 160 | STR ŚWIDWIN | M-40 | 00:00:07 | 00:10:42 | 00:21:34 | 00:32:37 |
| 65 | PASIEKA Agnieszka | 221 | K.B. 'SPRINT' ŚWIDWIN | K-18 | 00:00:07 | 00:10:41 | 00:21:34 | 00:32:38 |
| 66 | JASICZEK Dariusz | 100 | CSSP KOSZALIN | M-40 | 00:00:10 | 00:10:35 | 00:21:27 | 00:32:38 |
| 67 | CHODOR Martyna | 28 | TKKF KOSZALIN | K-30 | 00:00:09 | 00:10:43 | 00:21:35 | 00:32:39 |
| 68 | ZIOMKO Rafał | 323 | | M-40 | 00:00:19 | 00:10:50 | 00:21:46 | 00:32:41 |
| 69 | WICENS Jacek | 300 | JACEK - BIEGAM BO LUBIĘ (JW 1223) | M-30 | 00:00:06 | 00:10:44 | 00:21:37 | 00:32:42 |
| 70 | BARANOWSKI Piotr | 330 | SFX | M-30 | 00:00:06 | 00:11:16 | 00:22:06 | 00:32:49 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.46km | 4.92km | 7.38km |
|-----|-------------------------|-------|---------------------------|-----------|-------------|----------|----------|----------|
| 71 | KRACZKOWSKI Przemysław | 141 | AMADEUS CROSSTRaining GYM | M-30 | 00:00:10 | 00:10:15 | 00:21:20 | 00:32:54 |
| 72 | KUZAN Sławek | 355 | CZARNE BIEGA | M-18 | 00:00:28 | 00:10:46 | 00:21:44 | 00:33:01 |
| 73 | JAKUBOWSKI Karol | 93 | 2BZ | M-18 | 00:00:08 | 00:10:39 | 00:21:56 | 00:33:04 |
| 74 | KUBIŃSKI Rafał | 153 | ALLIANZ RUNNING TEAM | M-50 | 00:00:03 | 00:10:25 | 00:21:35 | 00:33:06 |
| 75 | KORZYSTKO Bartosz | 133 | | M-30 | 00:00:06 | 00:10:14 | 00:21:00 | 00:33:08 |
| 76 | STRUMIŃSKI Rafał | 273 | ŻYTANIA TEAM | M-30 | 00:00:05 | 00:10:41 | 00:21:49 | 00:33:10 |
| 77 | CHOŁUJ Jarosław | 31 | ROZBIEGANY KOSZALIN | M-40 | 00:00:13 | 00:11:10 | 00:22:20 | 00:33:30 |
| 78 | SZTUBA Bartłomiej | 334 | | M-40 | 00:00:07 | 00:11:16 | 00:22:26 | 00:33:36 |
| 79 | BOGDANOWICZ Krzysztof | 15 | TKKF KOSZALIN | M-50 | 00:00:06 | 00:11:16 | 00:22:18 | 00:33:39 |
| 80 | PUŚCIAN Krzysztof Kamil | 239 | GIMNAZJUM W MANOWIE | M-40 | 00:00:10 | 00:10:57 | 00:22:15 | 00:33:41 |
| 81 | WOCH Edward | 309 | | M-50 | 00:00:19 | 00:11:20 | 00:22:29 | 00:33:42 |
| 82 | ŻMUDA Jarosław | 328 | CW FANZA KOŁOBRZEG | M-40 | 00:00:04 | 00:11:08 | 00:22:27 | 00:33:46 |
| 83 | PINDRAL Piotr | 229 | | M-40 | 00:00:14 | 00:11:29 | 00:22:33 | 00:34:00 |
| 84 | KSZCZANOWICZ Jacek | 151 | | M-40 | 00:00:26 | 00:11:05 | 00:22:24 | 00:34:01 |
| 85 | GRZYSTEK Marcin | 76 | | M-30 | 00:00:08 | 00:10:55 | 00:22:31 | 00:34:06 |
| 86 | WOJCIECHOWSKI Adrian | 313 | AMADEUS CROSSGYM | M-18 | 00:00:11 | 00:10:58 | 00:22:25 | 00:34:06 |
| 87 | CZUCZAK Tomasz | 367 | | M-30 | 00:00:06 | 00:11:16 | 00:22:28 | 00:34:08 |
| 88 | KUKIEŁA Tomasz | 154 | | M-30 | 00:00:20 | 00:11:22 | 00:22:34 | 00:34:18 |
| 89 | ŁABANSKI Waldemar | 167 | | M-18 | 00:00:18 | 00:11:03 | 00:22:18 | 00:34:19 |
| 90 | IWANIEC Dariusz | 88 | OSP SIERAKOWO | M-40 | 00:00:07 | 00:11:04 | 00:22:39 | 00:34:20 |
| 91 | PSTRAĞOWSKI Marcin | 236 | | M-30 | 00:00:06 | 00:10:41 | 00:22:15 | 00:34:21 |
| 92 | NACHYŁA Paweł | 201 | DZIKI KOSZALIN | M-18 | 00:00:07 | 00:10:40 | 00:22:14 | 00:34:26 |
| 93 | CHWALEBA Jan | 36 | | M-50 | 00:00:07 | 00:11:12 | 00:22:46 | 00:34:27 |
| 94 | BEDNARCZYK Tomasz | 5 | | M-30 | 00:00:11 | 00:11:34 | 00:23:01 | 00:34:28 |
| 95 | BUTOWICZ Adam | 25 | | M-50 | 00:00:07 | 00:10:56 | 00:22:36 | 00:34:31 |
| 96 | SAPIECHO Bartłomiej | 341 | | M-18 | 00:00:22 | 00:11:18 | 00:22:55 | 00:34:33 |
| 97 | JANUSZEK Adam | 96 | | M-30 | 00:00:29 | 00:10:50 | 00:22:16 | 00:34:33 |
| 98 | SZABLA Ewelina | 277 | MTS HAMER MIASTKO | K-30 | 00:00:06 | 00:11:02 | 00:22:40 | 00:34:34 |
| 99 | WILKOWSKI Krzysztof | 304 | KLUB | M-30 | 00:00:06 | 00:11:01 | 00:22:40 | 00:34:34 |
| 100 | DUDZIAK Piotr | 47 | | M-40 | 00:00:04 | 00:10:43 | 00:22:29 | 00:34:35 |
| 101 | SOROKA Piotr | 269 | | M-30 | 00:00:12 | 00:11:10 | 00:22:44 | 00:34:37 |
| 102 | DUDA Andrzej | 43 | | M-50 | 00:00:08 | 00:11:16 | 00:22:52 | 00:34:39 |
| 103 | KAŻMIERCZAK Robert | 335 | | M-40 | 00:00:17 | 00:11:25 | 00:22:58 | 00:34:39 |
| 104 | MYSZYŃSKI Paweł | 347 | | M-30 | 00:00:13 | 00:11:21 | 00:22:59 | 00:34:41 |
| 105 | BEDNARCZYK Piotr | 6 | | M-40 | 00:00:18 | 00:11:24 | 00:22:57 | 00:34:41 |
| 106 | ZBLEWSKI Patryk | 319 | NIGHT RUNNERS SŁUPSK | M-30 | 00:00:15 | 00:11:26 | 00:23:03 | 00:34:42 |
| 107 | SKOWYRSKI Janusz | 261 | ROWERIA/TKKF KOSZALIN | M-50 | 00:00:19 | 00:11:22 | 00:22:55 | 00:34:45 |
| 108 | KARAŚ Radosław | 114 | NIGHT RUNNERS SŁUPSK | M-30 | 00:00:31 | 00:11:11 | 00:22:32 | 00:34:48 |
| 109 | SIKORSKI Witold | 333 | KB RUN 42 | M-50 | 00:00:13 | 00:11:14 | 00:22:49 | 00:34:50 |
| 110 | ŁUKASIEWICZ Ewelina | 173 | | K-18 | 00:00:10 | 00:11:29 | 00:23:19 | 00:34:51 |
| 111 | BUCZYŃSKI Eugeniusz | 23 | JW 1696 | M-40 | 00:00:24 | 00:11:33 | 00:23:04 | 00:34:52 |
| 112 | WIŚNIEWSKI Kornel | 307 | GARNIZON DRAWSKI | M-30 | 00:00:15 | 00:11:51 | 00:23:28 | 00:34:53 |
| 113 | KILAR Tomasz | 344 | | M-40 | 00:00:24 | 00:11:29 | 00:23:10 | 00:34:58 |
| 114 | ROGALSKI Roberto | 248 | ZAWSZE SIĘGAJ WYŻEJ | M-30 | 00:00:05 | 00:11:03 | 00:23:09 | 00:35:00 |
| 115 | WOJCIECHOWSKI Marcin | 314 | | M-18 | 00:00:25 | 00:11:38 | 00:23:15 | 00:35:02 |
| 116 | DUDEK Mateusz | 44 | | M-18 | 00:00:14 | 00:11:49 | 00:23:15 | 00:35:04 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.46km | 4.92km | 7.38km |
|-----|----------------------------|-------|---------------------------|-----------|-------------|----------|----------|----------|
| 117 | JABŁOŃSKI Arkadiusz | 91 | | M-40 | 00:00:22 | 00:11:29 | 00:23:14 | 00:35:04 |
| 118 | ŚWIĘTOŃ Rafał | 288 | | M-30 | 00:00:17 | 00:11:35 | 00:23:18 | 00:35:05 |
| 119 | NOWAK Kuba | 340 | | M-18 | 00:00:10 | 00:10:39 | 00:22:03 | 00:35:07 |
| 120 | PEŁKA Janusz | 224 | | M-50 | 00:00:09 | 00:11:31 | 00:23:17 | 00:35:08 |
| 121 | WYGANOWSKI Andrzej | 357 | | M-70+ | 00:00:07 | 00:11:34 | 00:23:23 | 00:35:10 |
| 122 | ŚWIETLIK Tomasz | 287 | | M-50 | 00:00:15 | 00:11:39 | 00:23:26 | 00:35:12 |
| 123 | BIEDRZYCKA Anna | 8 | | K-30 | 00:00:04 | 00:11:11 | 00:23:08 | 00:35:13 |
| 124 | GOŃKA Krzysztof | 67 | DECATHLON KOSZALIN | M-18 | 00:00:05 | 00:11:08 | 00:23:08 | 00:35:13 |
| 125 | WOJCIECHOWSKA-HRYCYK Agata | 360 | | K-40 | 00:00:06 | 00:11:36 | 00:23:27 | 00:35:13 |
| 126 | CHUDZIK Zbigniew | 35 | TKKF KOSZALIN | M-50 | 00:00:07 | 00:11:35 | 00:23:20 | 00:35:13 |
| 127 | ŁABEJSZA Łukasz | 168 | WOJOWNICY WÓDY | M-30 | 00:00:11 | 00:11:15 | 00:23:06 | 00:35:14 |
| 128 | CINCIO Robert | 37 | TKKF TRIATHLON KOSZALIN | M-30 | 00:00:08 | 00:11:08 | 00:23:05 | 00:35:16 |
| 129 | SZYMCZAK Dawid | 370 | | M-18 | 00:00:11 | 00:11:28 | 00:23:20 | 00:35:16 |
| 130 | WACHOWIAK Bogdan | 298 | | M-40 | 00:00:11 | 00:11:47 | 00:23:31 | 00:35:19 |
| 131 | WALERIAŃCZYK Roman | 350 | | M-40 | 00:00:12 | 00:11:22 | 00:23:16 | 00:35:19 |
| 132 | KAMELSKI Piotr | 108 | B/K | M-40 | 00:00:15 | 00:11:45 | 00:23:26 | 00:35:19 |
| 133 | SZALKOWSKI Wojtek | 279 | TUPOT USTKA | M-40 | 00:00:21 | 00:12:04 | 00:23:53 | 00:35:26 |
| 134 | KUBALA Mateusz | 152 | DECATHLON KOSZALIN | M-18 | 00:00:05 | 00:11:10 | 00:23:22 | 00:35:28 |
| 135 | JANUSZEWSKI Jacek | 97 | NIEZRZESZONY | M-50 | 00:00:22 | 00:11:33 | 00:23:21 | 00:35:28 |
| 136 | JABŁOŃSKI Andrzej | 90 | CZARNE BIEGA | M-40 | 00:00:20 | 00:11:30 | 00:23:17 | 00:35:29 |
| 137 | CHRYSTOFIAK Paweł | 33 | | M-30 | 00:00:14 | 00:11:40 | 00:23:33 | 00:35:34 |
| 138 | GONCZARONEK Krzysztof | 66 | MARIANÓWEK | M-30 | 00:00:15 | 00:11:18 | 00:23:33 | 00:35:37 |
| 139 | KALICKI Jerzy | 354 | | M-60 | 00:00:08 | 00:11:45 | 00:23:38 | 00:35:40 |
| 140 | KURŁOWICZ Robert | 362 | | M-18 | 00:00:23 | 00:11:52 | 00:23:53 | 00:35:42 |
| 141 | SZAREK Paweł | 280 | 7 BRYGADA OBRONY WYBRZEŻA | M-30 | 00:00:05 | 00:11:15 | 00:23:24 | 00:35:45 |
| 142 | KULCZYK Katarzyna | 155 | KB BRYZA POSTOMINO | K-30 | 00:00:08 | 00:11:43 | 00:23:39 | 00:35:46 |
| 143 | NOWAK Piotr | 210 | CZARNE BIEGA | M-30 | 00:00:29 | 00:11:59 | 00:23:57 | 00:35:46 |
| 144 | DZIĘBOWSKI Mariusz | 51 | | M-30 | 00:00:22 | 00:11:21 | 00:23:19 | 00:35:49 |
| 145 | HYNDA Waldemar | 87 | KB 10 BIAŁOGARD | M-50 | 00:00:18 | 00:11:37 | 00:23:36 | 00:35:50 |
| 146 | KAMIŃSKI Piotr | 110 | BIEGACZE Z WAŁCZA | M-50 | 00:00:07 | 00:11:04 | 00:23:15 | 00:35:51 |
| 147 | ŁOPIŃSKI Piotr | 170 | | M-30 | 00:00:16 | 00:11:42 | 00:23:42 | 00:35:51 |
| 148 | NAGRABECKI Hubert | 203 | | M-30 | 00:00:15 | 00:11:39 | 00:23:35 | 00:35:57 |
| 149 | SOŁTYS Zbigniew | 356 | | M-40 | 00:00:23 | 00:12:08 | 00:24:07 | 00:36:02 |
| 150 | MISZCZYK Jan | 193 | | M-18 | 00:00:28 | 00:11:36 | 00:23:39 | 00:36:05 |
| 151 | KUTWIN Artur | 161 | | M-40 | 00:00:05 | 00:11:36 | 00:23:36 | 00:36:09 |
| 152 | MATYJASEK Zbigniew | 184 | TKKF KOSZALIN | M-40 | 00:00:07 | 00:10:59 | 00:23:23 | 00:36:09 |
| 153 | STAWISZYŃSKI Jarosław | 271 | FORUM ROZWOJU KOSZALINA | M-30 | 00:00:07 | 00:11:00 | 00:23:24 | 00:36:09 |
| 154 | ROGOŻA Ireneusz | 249 | BIEGNIJMY.PL | M-40 | 00:00:13 | 00:12:10 | 00:24:14 | 00:36:15 |
| 155 | LAS Mateusz | 163 | | M-18 | 00:00:30 | 00:11:48 | 00:24:04 | 00:36:18 |
| 156 | MĘDEL Marta | 188 | | K-40 | 00:00:08 | 00:11:43 | 00:23:59 | 00:36:19 |
| 157 | MĘDEL Cezary | 189 | | M-40 | 00:00:07 | 00:11:44 | 00:24:00 | 00:36:20 |
| 158 | KRAWCZUK Szymon | 143 | | M-30 | 00:00:10 | 00:12:03 | 00:24:18 | 00:36:22 |
| 159 | DOMAGAŁA Sławomir | 41 | POLSKA | M-30 | 00:00:05 | 00:11:16 | 00:23:37 | 00:36:23 |
| 160 | RASZPLA Radosław | 245 | CIOTECZKI.PL | M-40 | 00:00:13 | 00:11:33 | 00:23:43 | 00:36:25 |
| 161 | WICHER Krzysztof | 301 | ADWOKATURA | M-30 | 00:00:05 | 00:11:15 | 00:23:35 | 00:36:28 |
| 162 | SIENICKI Piotr | 258 | ROZBIEGANY KOSZALIN | M-40 | 00:00:15 | 00:12:05 | 00:24:20 | 00:36:30 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.46km | 4.92km | 7.38km |
|-----|-----------------------------|------------|---------------------------------------|-----------|-------------|----------|----------|----------|
| 163 | SZKUDLAREK Roman | 281 | DRUŻYNA SZPIKU | M-50 | 00:00:13 | 00:12:14 | 00:24:23 | 00:36:31 |
| 164 | GIL Remigiusz | 62 | LYCONET | M-30 | 00:00:09 | 00:11:09 | 00:23:39 | 00:36:41 |
| 165 | CHOJNACKI Bartosz | 29 | JAMNO | M-30 | 00:00:21 | 00:12:12 | 00:24:23 | 00:36:41 |
| 166 | GASIOROWSKI Piotr | 60 | CSWL DRAWSKO | M-40 | 00:00:17 | 00:12:19 | 00:24:23 | 00:36:46 |
| 167 | JÓZWIAK Mariusz | 104 | | M-30 | 00:00:12 | 00:11:51 | 00:24:06 | 00:36:48 |
| 168 | KOZŁOWIECKI Waldemar | 331 | TKKF KOSZALIN | M-60 | 00:00:06 | 00:12:08 | 00:24:32 | 00:36:52 |
| 169 | KOWALSKI Roman | 138 | KOSPEL | M-30 | 00:00:04 | 00:11:09 | 00:23:08 | 00:36:53 |
| 170 | MARKOWSKI Andrzej | 180 | TKKF KOSZALIN | M-60 | 00:00:05 | 00:11:53 | 00:24:32 | 00:36:53 |
| 171 | KRASIŃSKI Witold | 142 | JW 1223 | M-40 | 00:00:15 | 00:12:29 | 00:24:51 | 00:36:54 |
| 172 | KUŁAKOWSKI Dawid | 156 | AMATORES | M-30 | 00:00:15 | 00:11:49 | 00:24:12 | 00:36:56 |
| 173 | PŁOSKI Krzysztof | 359 | | M-30 | 00:00:08 | 00:12:24 | 00:24:25 | 00:36:57 |
| 174 | CHOŁUJ Karol | 30 | ZAWSZE DO PRZODU | M-30 | 00:00:10 | 00:11:43 | 00:24:13 | 00:36:57 |
| 175 | LEMBOWICZ Marek | 164 | FUHRMANN | M-60 | 00:00:16 | 00:12:33 | 00:24:47 | 00:36:59 |
| 176 | PERZANOWSKI Jarosław | 227 | JW 1223 | M-18 | 00:00:06 | 00:11:32 | 00:24:18 | 00:37:00 |
| 177 | SZYPOSZYŃSKI Kamil | 284 | MECENAS I PRZYJACIELE | M-30 | 00:00:05 | 00:11:26 | 00:23:46 | 00:37:01 |
| 178 | DZIESZUK Dariusz | 50 | TKKF KOSZALIN | M-40 | 00:00:15 | 00:12:22 | 00:24:37 | 00:37:02 |
| 179 | KAŻMIERCZAK Tomasz | 119 | JW 3937 | M-30 | 00:00:14 | 00:12:22 | 00:24:50 | 00:37:10 |
| 180 | NAPIERAŁA Bogumił | 345 | | M-50 | 00:00:05 | 00:11:36 | 00:24:23 | 00:37:13 |
| 181 | FELCHNER Agnieszka | 55 | | K-18 | 00:00:11 | 00:12:13 | 00:24:43 | 00:37:14 |
| 182 | KACZMAREK Łukasz | 105 | | M-30 | 00:00:10 | 00:11:49 | 00:24:29 | 00:37:21 |
| 183 | RUTKOWSKA Elżbieta | 346 | | K-18 | 00:00:16 | 00:11:53 | 00:24:38 | 00:37:21 |
| 184 | PENDRAK Piotr | 226 | | M-60 | 00:00:21 | 00:12:33 | 00:25:03 | 00:37:21 |
| 185 | SCHWARZ Ludwik | 257 | | M-50 | 00:00:04 | 00:12:23 | 00:24:51 | 00:37:22 |
| 186 | KOŁAKOWSKI Dariusz | 124 | K.B.SPRINT ŚWIDWIN | M-40 | 00:00:19 | 00:11:59 | 00:24:28 | 00:37:25 |
| 187 | GROCHOWSKI Rafał | 72 | | M-40 | 00:00:22 | 00:12:09 | 00:24:30 | 00:37:25 |
| 188 | RAJNER Krzysztof | 243 | | M-30 | 00:00:22 | 00:12:09 | 00:24:30 | 00:37:25 |
| 189 | GONCIARZ Kamila | 342 | ZIELONAGÓRAKREATYWNOŚCI | M-30 | 00:00:07 | 00:11:36 | 00:24:18 | 00:37:34 |
| 190 | BOBER Jakub | 13 | AKADEMIA POMORSKA | M-18 | 00:00:15 | 00:12:02 | 00:24:09 | 00:37:34 |
| 191 | KANDUT Tomasz | 111 | | M-40 | 00:00:21 | 00:12:20 | 00:24:55 | 00:37:36 |
| 192 | SZULC Szymon | 338 | GRYF LOK BIAŁOGARD/SZULC RUNNERS TEAM | M-30 | 00:00:08 | 00:12:15 | 00:24:50 | 00:37:37 |
| 193 | HOŁUBASZ Paweł | 343 | | M-30 | 00:00:24 | 00:11:50 | 00:24:39 | 00:37:40 |
| 194 | KANIOWSKI Jacek | 112 | W.P.K. SŁON TEAM USTKA | M-40 | 00:00:17 | 00:12:15 | 00:24:54 | 00:37:45 |
| 195 | CHAMERA Krzysztof | 26 | BMG SŁUPSK | M-40 | 00:00:27 | 00:12:38 | 00:25:21 | 00:37:49 |
| 196 | WALCZAK Agnieszka | 299 | | K-40 | 00:00:10 | 00:11:58 | 00:24:44 | 00:37:51 |
| 197 | KAZUSEK Jan | 118 | KB BRYZA POSTOMINO | M-60 | 00:00:14 | 00:13:01 | 00:25:37 | 00:38:03 |
| 198 | KOŁODZIEJ Karolina | 125 | | K-18 | 00:00:23 | 00:12:30 | 00:25:14 | 00:38:08 |
| 199 | RADZIKOWSKI Damian | 242 | | M-18 | 00:00:26 | 00:12:52 | 00:25:25 | 00:38:08 |
| 200 | HNATOWSKI Artur | 83 | DM FC KOSZALIN | M-40 | 00:00:30 | 00:12:09 | 00:24:59 | 00:38:11 |
| 201 | SUBALSKI Michał | 275 | | M-30 | 00:00:17 | 00:12:30 | 00:25:19 | 00:38:24 |
| 202 | OLESIŃSKI Marcin | 215 | | M-18 | 00:00:12 | 00:11:39 | 00:24:13 | 00:38:27 |
| 203 | MARCZAK Andrzej | 177 | | M-50 | 00:00:07 | 00:12:38 | 00:25:42 | 00:38:30 |
| 204 | ŚLUSARZ Krzysztof | 285 | | M-40 | 00:00:21 | 00:12:27 | 00:25:25 | 00:38:32 |
| 205 | BORUCH Adam | 20 | :) | M-40 | 00:00:31 | 00:12:38 | 00:25:28 | 00:38:32 |
| 206 | HOC Dariusz | 84 | | M-40 | 00:00:09 | 00:12:54 | 00:25:52 | 00:38:39 |
| 207 | DUDKIEWICZ Leszek | 46 | TKKF KOSZALIN | M-60 | 00:00:21 | 00:12:40 | 00:25:36 | 00:38:41 |
| 208 | JAROS Damian | 98 | ZHP | M-18 | 00:00:25 | 00:12:29 | 00:25:21 | 00:38:42 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.46km | 4.92km | 7.38km |
|-----|------------------------------|------------|----------------------------|-----------|-------------|----------|----------|----------|
| 209 | HOC Agnieszka | 85 | | K-30 | 00:00:08 | 00:12:55 | 00:25:53 | 00:38:43 |
| 210 | KOŁODZIEJCZYK Danuta | 128 | | K-50 | 00:00:18 | 00:13:04 | 00:26:00 | 00:38:47 |
| 211 | KARNICKI Zygmunt | 115 | TKKF KOSZALIN | M-60 | 00:00:08 | 00:12:06 | 00:25:19 | 00:38:48 |
| 212 | NIEDBAŁA Konrad | 207 | | M-40 | 00:00:19 | 00:12:43 | 00:25:30 | 00:38:50 |
| 213 | CHORAŻY Karolina | 32 | | K-18 | 00:00:30 | 00:13:05 | 00:26:01 | 00:38:54 |
| 214 | BONISŁAWSKI Jarosław | 17 | TITKI TATITKI I DWIE KITKI | M-30 | 00:00:30 | 00:13:05 | 00:26:00 | 00:38:54 |
| 215 | KĘPKA Mirosław | 121 | K.B.SPRINT ŚWIDWIN | M-40 | 00:00:12 | 00:12:19 | 00:25:26 | 00:38:58 |
| 216 | WILIŃSKI Marek | 303 | | M-50 | 00:00:11 | 00:12:21 | 00:25:28 | 00:39:00 |
| 217 | KUPREWICZ Grzegorz | 157 | | M-30 | 00:00:23 | 00:12:15 | 00:25:33 | 00:39:00 |
| 218 | MIĄSEK Ryszard | 190 | | M-30 | 00:00:28 | 00:12:40 | 00:25:44 | 00:39:10 |
| 219 | RAMA Janusz | 244 | KLUB | M-40 | 00:00:27 | 00:13:09 | 00:25:58 | 00:39:13 |
| 220 | WOLF Emil | 316 | TKKF KOSZALIN | M-40 | 00:00:11 | 00:12:53 | 00:26:06 | 00:39:16 |
| 221 | KRAWCZUK Dariusz | 144 | WHITE POWER | M-30 | 00:00:11 | 00:12:51 | 00:26:04 | 00:39:27 |
| 222 | KONKEL Joanna | 131 | | K-50 | 00:00:15 | 00:13:03 | 00:26:11 | 00:39:30 |
| 223 | PIOR Tomasz | 230 | | M-30 | 00:00:13 | 00:12:24 | 00:25:59 | 00:39:38 |
| 224 | HRYCIÓW Paweł | 86 | | M-30 | 00:00:29 | 00:12:33 | 00:25:56 | 00:39:40 |
| 225 | GORGOL Piotr | 68 | STOP ZWOLNIENIOM Z WF-U | M-30 | 00:00:29 | 00:12:34 | 00:25:56 | 00:39:40 |
| 226 | ONIÓW Aleksandra | 363 | | K-18 | 00:00:21 | 00:13:21 | 00:26:37 | 00:39:41 |
| 227 | MALINOWSKA Małgorzata | 175 | STR- ŚWIDWIN | K-50 | 00:00:06 | 00:13:11 | 00:26:30 | 00:39:42 |
| 228 | MARZAŁKOWSKI Radosław | 182 | | M-18 | 00:00:21 | 00:13:21 | 00:26:37 | 00:39:42 |
| 229 | JOŃCZYK Tadeusz | 103 | | M-40 | 00:00:09 | 00:12:46 | 00:26:13 | 00:39:47 |
| 230 | FELKOWSKI Tomasz | 57 | | M-30 | 00:00:22 | 00:13:52 | 00:26:51 | 00:39:50 |
| 231 | KRUSZYŃSKI Marcin | 149 | | M-40 | 00:00:26 | 00:13:17 | 00:26:24 | 00:39:52 |
| 232 | WOJANOWSKI Zbigniew | 311 | | M-50 | 00:00:13 | 00:12:56 | 00:26:16 | 00:39:53 |
| 233 | WOCH Zbigniew | 310 | NIEZRZESZONY | M-60 | 00:00:19 | 00:13:10 | 00:26:20 | 00:39:53 |
| 234 | KOWALCZYK Piotr | 135 | | M-30 | 00:00:30 | 00:12:41 | 00:26:02 | 00:39:55 |
| 235 | KOWALCZYK Stanisław | 136 | NIEZRZESZONY | M-60 | 00:00:08 | 00:12:51 | 00:26:30 | 00:39:59 |
| 236 | FAJGIER Tomasz | 54 | | M-40 | 00:00:10 | 00:12:37 | 00:26:07 | 00:39:59 |
| 236 | RADECKI Jacek | 241 | JW CS SP | M-40 | 00:00:10 | 00:12:37 | 00:26:07 | 00:39:59 |
| 238 | CZOS Łukasz | 38 | | M-30 | 00:00:24 | 00:12:34 | 00:25:59 | 00:40:02 |
| 239 | BORYSZEWSKI Dawid | 21 | | M-30 | 00:00:23 | 00:13:25 | 00:26:48 | 00:40:14 |
| 240 | JABŁOŃSKA Katarzyna | 89 | | K-40 | 00:00:23 | 00:13:25 | 00:26:49 | 00:40:14 |
| 241 | CHODOR Izabela | 27 | | K-30 | 00:00:12 | 00:13:20 | 00:26:44 | 00:40:15 |
| 242 | MOTYCZYŃSKA Patrycja | 197 | | K-18 | 00:00:12 | 00:12:21 | 00:25:51 | 00:40:15 |
| 243 | DUDKA Tomasz | 45 | | M-30 | 00:00:22 | 00:13:26 | 00:26:50 | 00:40:16 |
| 244 | KRÓL Marcin | 147 | | M-40 | 00:00:22 | 00:12:47 | 00:26:16 | 00:40:20 |
| 245 | MAZUREK Barbara | 186 | BABECZKI KOSZALIN | K-30 | 00:00:11 | 00:13:02 | 00:26:34 | 00:40:22 |
| 246 | ADAMCZYK Agnieszka | 1 | | K-30 | 00:00:09 | 00:13:17 | 00:26:47 | 00:40:27 |
| 247 | TOMALAK Michał | 291 | | M-30 | 00:00:32 | 00:13:30 | 00:27:24 | 00:40:27 |
| 248 | ROSA Malwina | 251 | WŻW OLESZNO | K-30 | 00:00:25 | 00:13:16 | 00:26:57 | 00:40:30 |
| 249 | SZAFIRSKI Marek | 278 | CAMINO SŁUPSK | M-50 | 00:00:27 | 00:13:27 | 00:27:04 | 00:40:31 |
| 250 | KAMIŃSKI Tomasz | 109 | JW 1223 | M-30 | 00:00:05 | 00:12:49 | 00:26:25 | 00:40:34 |
| 251 | BORUC Barbara | 19 | | K-40 | 00:00:18 | 00:13:20 | 00:27:06 | 00:40:51 |
| 252 | BORUC Jacek | 18 | | M-50 | 00:00:17 | 00:13:21 | 00:27:07 | 00:40:52 |
| 253 | ORYSZCZYN Arkadiusz | 218 | | M-30 | 00:00:12 | 00:12:54 | 00:26:44 | 00:40:55 |
| 254 | MATEJKO Marcin | 183 | | M-18 | 00:00:23 | 00:13:32 | 00:27:11 | 00:40:55 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.46km | 4.92km | 7.38km |
|-----|---------------------------------|------------|------------------------|-----------|-------------|----------|----------|----------|
| 255 | ŚWIĄTCZAK Patrycja | 286 | | K-30 | 00:00:16 | 00:13:52 | 00:27:34 | 00:41:03 |
| 256 | NEUBAUER Łukasz | 206 | | M-40 | 00:00:20 | 00:13:39 | 00:27:16 | 00:41:03 |
| 257 | RABKA Monika | 240 | | K-30 | 00:00:16 | 00:13:24 | 00:27:10 | 00:41:04 |
| 258 | NOWAK Włodzimierz | 364 | | M-50 | 00:00:12 | 00:14:04 | 00:27:48 | 00:41:07 |
| 259 | NOWAK Paulina | 365 | | K-18 | 00:00:11 | 00:14:05 | 00:27:49 | 00:41:08 |
| 260 | DĄBROWSKI Grzegorz | 40 | | M-40 | 00:00:23 | 00:12:53 | 00:26:36 | 00:41:13 |
| 261 | HAMROL Dawid | 79 | KATEDRA KOSZALIN | M-30 | 00:00:04 | 00:12:58 | 00:26:56 | 00:41:15 |
| 262 | GRZELAK Karina | 74 | ROZBIEGANY KOSZALIN | K-30 | 00:00:14 | 00:13:29 | 00:27:11 | 00:41:15 |
| 263 | GUDANIEC Dorota | 628 | TKKF TRIATHLON | K-50 | 00:00:12 | 00:13:21 | 00:27:13 | 00:41:17 |
| 264 | WOLF Weronika | 317 | TKKF KOSZALIN | K-40 | 00:00:11 | 00:13:22 | 00:27:14 | 00:41:18 |
| 265 | OLIŃSKI Arek | 216 | WIDZEW JEST WSZĘDZIE. | M-30 | 00:00:16 | 00:12:46 | 00:26:45 | 00:41:20 |
| 266 | ZIĘBA Paweł | 321 | | M-40 | 00:00:12 | 00:12:14 | 00:26:21 | 00:41:23 |
| 267 | BENEDYSIUK Sławomir | 7 | | M-40 | 00:00:09 | 00:12:24 | 00:26:32 | 00:41:25 |
| 268 | POLAK Monika | 366 | | K-40 | 00:00:09 | 00:13:32 | 00:27:14 | 00:41:27 |
| 269 | GZELA Olga | 77 | BIEGNIJMY.PL | K-30 | 00:00:10 | 00:13:10 | 00:27:14 | 00:41:27 |
| 270 | PTASZYŃSKA Katarzyna | 237 | KOŁOBRZEG BIEGA | K-50 | 00:00:18 | 00:13:41 | 00:27:37 | 00:41:31 |
| 271 | SAGAN Jadwiga | 348 | | K-30 | 00:00:13 | 00:13:24 | 00:27:25 | 00:41:38 |
| 272 | GAWLIK Artur | 61 | | M-30 | 00:00:17 | 00:13:06 | 00:27:07 | 00:41:45 |
| 273 | MĄDRZYK Magdalena | 187 | | K-30 | 00:00:14 | 00:13:44 | 00:27:35 | 00:41:57 |
| 274 | GRAJ Joanna | 71 | | K-18 | 00:00:27 | 00:13:44 | 00:27:50 | 00:41:57 |
| 275 | WILKOWSKI Piotr | 305 | | M-30 | 00:00:28 | 00:13:19 | 00:27:26 | 00:41:58 |
| 276 | KRYGIER Ireneusz | 150 | W.P.K. SŁOŃ TEAM USTKA | M-30 | 00:00:17 | 00:12:49 | 00:27:08 | 00:42:04 |
| 277 | HELLER Zdzisław | 82 | NIEZRZESZONY | M-60 | 00:00:20 | 00:13:43 | 00:27:45 | 00:42:05 |
| 278 | LIPIŃSKA Małgorzata | 166 | | K-18 | 00:00:25 | 00:13:36 | 00:27:50 | 00:42:11 |
| 279 | TRYBUCHOWICZ Monika | 293 | | K-18 | 00:00:25 | 00:13:36 | 00:27:49 | 00:42:11 |
| 280 | WOLAŃSKI Mariusz | 315 | | M-50 | 00:00:15 | 00:13:39 | 00:27:56 | 00:42:21 |
| 281 | JANKOWSKI Remigiusz | 95 | HURAGAN PANDOMINO | M-30 | 00:00:25 | 00:13:39 | 00:27:46 | 00:42:26 |
| 282 | BOCHEŃSKI Marcin | 14 | PARKRUN SZCZECINEK | M-40 | 00:00:19 | 00:13:48 | 00:27:57 | 00:42:28 |
| 283 | NADZIEJKO Paulina | 202 | | K-30 | 00:00:18 | 00:13:50 | 00:27:59 | 00:42:30 |
| 284 | GÓRECKA-MITORAJ Justyna | 69 | | K-30 | 00:00:09 | 00:13:47 | 00:28:05 | 00:42:36 |
| 285 | BŁOŃSKA Agnieszka | 12 | BABECZKI KOSZALIN | K-40 | 00:00:12 | 00:13:58 | 00:28:18 | 00:42:38 |
| 286 | WIERZBICKI Kacper | 352 | | M-18 | 00:00:14 | 00:13:44 | 00:27:57 | 00:42:42 |
| 287 | WOŹNIAK Dariusz | 318 | WWW.LIMO300C.COM | M-40 | 00:00:27 | 00:13:30 | 00:27:59 | 00:42:46 |
| 288 | SOBOLEWSKI Marek | 265 | | M-40 | 00:00:04 | 00:13:21 | 00:27:47 | 00:42:52 |
| 289 | SIKORA Tomasz | 361 | | M-50 | 00:00:08 | 00:14:00 | 00:28:28 | 00:42:56 |
| 290 | TELEGA Michał | 290 | | M-30 | 00:00:27 | 00:14:00 | 00:28:18 | 00:42:59 |
| 291 | RUTKOWSKI Lucjan | 253 | | M-50 | 00:00:17 | 00:14:23 | 00:28:56 | 00:43:15 |
| 292 | MARSCHAŁKOWSKA Dorota | 181 | TKKF KOSZALIN | K-50 | 00:00:17 | 00:14:04 | 00:28:33 | 00:43:18 |
| 293 | KONIECZKA Piotr | 130 | | M-40 | 00:00:20 | 00:14:03 | 00:28:23 | 00:43:18 |
| 294 | JAKÓBCZAK Darek | 92 | | M-40 | 00:00:25 | 00:14:37 | 00:29:01 | 00:43:25 |
| 295 | ZWOLAK Basia | 324 | | K-40 | 00:00:25 | 00:14:37 | 00:29:02 | 00:43:25 |
| 296 | NOWACKA Elżbieta | 209 | K,S,R'ROWERIA' | K-40 | 00:00:12 | 00:13:58 | 00:28:24 | 00:43:27 |
| 297 | LEWANDOWSKI Marek | 165 | | M-30 | 00:00:26 | 00:14:10 | 00:29:00 | 00:43:30 |
| 298 | SOŁOWICZ Marcin | 268 | | M-30 | 00:00:24 | 00:14:04 | 00:28:47 | 00:43:31 |
| 299 | URBAŃSKI Aleksander | 294 | 17WOG KOSZALIN | M-40 | 00:00:04 | 00:13:50 | 00:28:29 | 00:43:34 |
| 300 | VON BARDELEBEN Agnieszka | 296 | BABECZKI KOSZALIN | K-40 | 00:00:13 | 00:14:14 | 00:28:56 | 00:43:35 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.46km | 4.92km | 7.38km |
|-----|-------------------------|-------|---------------------------------------|-----------|-------------|----------|----------|----------|
| 301 | WACHHOLZ Beata | 297 | KB BRYZA POSTOMINO | K-40 | 00:00:20 | 00:14:00 | 00:28:30 | 00:43:35 |
| 302 | KAŻMIERCZAK Łukasz | 120 | | M-30 | 00:00:26 | 00:13:59 | 00:28:46 | 00:43:46 |
| 303 | MOŻEJKO Anna | 198 | BABECZKI.PL | K-30 | 00:00:13 | 00:14:14 | 00:28:57 | 00:43:50 |
| 304 | STEC Edyta | 272 | BABECZKI.PL | K-30 | 00:00:13 | 00:14:14 | 00:28:57 | 00:43:50 |
| 305 | PASEK Paula | 220 | | K-30 | 00:00:07 | 00:13:53 | 00:28:42 | 00:43:55 |
| 306 | ŁOSIEWICZ Paulina | 172 | | M-18 | 00:00:03 | 00:13:48 | 00:28:50 | 00:44:11 |
| 307 | MARCZAK Małgorzata | 178 | | K-50 | 00:00:10 | 00:13:33 | 00:28:42 | 00:44:33 |
| 308 | PSTRAGOWSKA Marlena | 235 | | K-30 | 00:00:11 | 00:13:25 | 00:28:07 | 00:45:06 |
| 309 | MIĘKCZYŃSKA Marta | 192 | KB SPRINT ŚWIDWIN | K-30 | 00:00:20 | 00:14:21 | 00:30:04 | 00:45:22 |
| 310 | ZIELIŃSKI Jarosław | 320 | NIEZRZESZONY | M-30 | 00:00:09 | 00:13:42 | 00:29:12 | 00:45:25 |
| 311 | KRAWCZUK-KIEŁB Anna | 145 | | K-40 | 00:00:10 | 00:14:29 | 00:29:55 | 00:45:52 |
| 312 | SZULC Martyna | 337 | GRYF LOK BIAŁOGARD/SZULC RUNNERS TEAM | K-18 | 00:00:09 | 00:14:40 | 00:30:25 | 00:46:35 |
| 313 | KOWALCZYK Kornelia | 137 | | K-18 | 00:00:24 | 00:15:39 | 00:31:29 | 00:46:44 |
| 314 | SZUBERT Agnieszka | 282 | | K-30 | 00:00:16 | 00:14:45 | 00:30:32 | 00:46:46 |
| 315 | SIEWIERA Paweł | 260 | RUNNERSCLUB.PL | M-30 | 00:00:28 | 00:16:12 | 00:32:37 | 00:47:35 |
| 316 | LEWANDOWSKA Dominika | 336 | | K-18 | 00:00:09 | 00:14:40 | 00:30:34 | 00:47:44 |
| 317 | PLATA Katarzyna | 231 | | K-40 | 00:00:23 | 00:15:06 | 00:31:39 | 00:48:11 |
| 318 | FELKOWSKA Karolina | 56 | | K-30 | 00:00:23 | 00:15:06 | 00:31:39 | 00:48:11 |
| 319 | KURCZ Barbara | 158 | BABECZKI KOSZALIN | K-40 | 00:00:12 | 00:15:20 | 00:31:56 | 00:48:25 |
| 320 | KOZŁOWIECKA Małgorzata | 332 | | K-50 | 00:00:04 | 00:15:43 | 00:32:03 | 00:48:31 |
| 321 | KOWALSKI Jerzy | 139 | | M-60 | 00:00:29 | 00:15:37 | 00:32:16 | 00:49:20 |
| 322 | SIEWIERA Aleksandra | 259 | RUNNERSCLUB.PL | K-18 | 00:00:27 | 00:16:14 | 00:32:43 | 00:49:24 |
| 323 | MYCA Karolina | 200 | | K-18 | 00:00:19 | 00:15:57 | 00:32:45 | 00:49:25 |
| 324 | SWIOKŁA Paweł | 276 | | M-30 | 00:00:18 | 00:15:58 | 00:32:46 | 00:49:26 |
| 325 | SŁOTA Renata | 263 | | K-18 | 00:00:24 | 00:15:40 | 00:33:13 | 00:51:21 |
| 326 | PEŁKA Iwona | 223 | | K-40 | 00:00:21 | 00:17:20 | 00:34:44 | 00:51:58 |
| 327 | ŻYLIŃSKI Przemysław | 329 | | M-30 | 00:00:19 | 00:15:14 | 00:33:32 | 00:52:25 |
| 328 | LIUDVINAVICIUS Robertas | 349 | | M-40 | 00:00:33 | 00:26:23 | 00:39:54 | 00:53:29 |
| 329 | BARTNIK Marian | 3 | TKKF KOSZALIN | M-70+ | 00:00:02 | 00:18:43 | 00:39:12 | 01:00:17 |
| 330 | POTOCZNA Agata | 234 | | K-30 | 00:00:16 | | | |

Znaleziono 330 wynik(ów)