



IV EDYCJA BIEGU TROPEM WILCZYM - KOSZALIN - 10 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-02-28
Miejsce: Koszalin
Dystans: 10 km

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.46km	4.92km	7.38km	9.84km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	WOJCIECHOWSKA-HRYCYK Agata	360		K-40	1	00:00:06	00:11:36	00:23:27	00:35:13	00:47:00	00:47:39.15	00:47:46.00		4:46	12.6 (100%)
2	MĘDEL Marta	188		K-40	2	00:00:08	00:11:43	00:23:59	00:36:19	00:48:36	00:49:14.85	00:49:23.00	+00:01:35 (3.2%)	4:55	12.2 (96.8%)
3	WALCZAK Agnieszka	299		K-40	3	00:00:10	00:11:58	00:24:44	00:37:51	00:51:03	00:51:46.70	00:51:57.00	+00:04:07 (8.0%)	5:10	11.6 (92.1%)
4	JABŁOŃSKA Katarzyna	89		K-40	4	00:00:23	00:13:25	00:26:49	00:40:14	00:53:19	00:54:06.95	00:54:30.00	+00:06:27 (11.9%)	5:24	11.1 (88.1%)
5	BORUC Barbara	19		K-40	5	00:00:18	00:13:20	00:27:06	00:40:51	00:55:07	00:55:58.55	00:56:17.00	+00:08:19 (14.9%)	5:35	10.7 (84.9%)
6	WOLF Weronika	317	TKKF KOSZALIN	K-40	6	00:00:11	00:13:22	00:27:14	00:41:18	00:55:42	00:56:36.55	00:56:48.00	+00:08:57 (15.8%)	5:39	10.6 (84.1%)
7	POLAK Monika	366		K-40	7	00:00:09	00:13:32	00:27:14	00:41:27	00:56:39	00:57:36.15	00:57:46.00	+00:09:57 (17.3%)	5:45	10.4 (82.5%)
8	BŁOŃSKA Agnieszka	12	BABECZKI KOSZALIN	K-40	8	00:00:12	00:13:58	00:28:18	00:42:38	00:56:56	00:57:46.30	00:57:59.00	+00:10:07 (17.5%)	5:46	10.4 (82.5%)
9	ZWOLAK Basia	324		K-40	9	00:00:25	00:14:37	00:29:02	00:43:25	00:57:02	00:57:51.45	00:58:17.00	+00:10:12 (17.6%)	5:47	10.4 (82.5%)
10	VON BARDELEBEN Agnieszka	296	BABECZKI KOSZALIN	K-40	10	00:00:13	00:14:14	00:28:56	00:43:35	00:57:52	00:58:44.50	00:58:58.00	+00:11:05 (18.9%)	5:52	10.2 (81.0%)
11	WACHHOLZ Beata	297	KB BRYZA POSTOMINO	K-40	11	00:00:20	00:14:00	00:28:30	00:43:35	00:58:34	00:59:28.50	00:59:49.00	+00:11:49 (19.9%)	5:56	10.1 (80.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.46km	4.92km	7.38km	9.84km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
12	NOWACKA Elżbieta	209	K,S,R'ROWERIA'	K-40	12	00:00:12	00:13:58	00:28:24	00:43:27	00:58:17	00:59:42.70	00:59:55.35	+00:12:03 (20.2%)	5:58	10 (79.4%)
13	KRAWCZUK-KIEŁB Anna	145		K-40	13	00:00:10	00:14:29	00:29:55	00:45:52	01:02:09	01:03:09.10	01:03:20.00	+00:15:29 (24.5%)	6:19	9.5 (75.4%)
14	KURCZ Barbara	158	BABECZKI KOSZALIN	K-40	14	00:00:12	00:15:20	00:31:56	00:48:25	01:04:33	01:05:29.55	01:05:42.00	+00:17:50 (27.2%)	6:33	9.2 (73.0%)
15	PLATA Katarzyna	231		K-40	15	00:00:23	00:15:06	00:31:39	00:48:11	01:05:32	01:06:34.35	01:06:58.00	+00:18:55 (28.4%)	6:39	9 (71.4%)
16	PEŁKA Iwona	223		K-40	16	00:00:21	00:17:20	00:34:44	00:51:58	01:07:55	01:08:48.00	01:09:09.00	+00:21:08 (30.7%)	6:52	8.7 (69.0%)

Znaleziono 16 wynik(ów)