



IV EDYCJA BIEGU TROPEN WILCZYM - KOSZALIN - 10 KM

B4SPORT
WIELKIĆ WILCZAKA

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-02-28
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.46km	4.92km	7.38km	9.84km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ŁAGUTKO Kamila	169	RUNNERSWALDE	K-30	1	00:00:05	00:09:39	00:19:35	00:29:53	00:40:13	00:40:55.30	00:41:01.00		4:05	14.7 (100%)
2	KASZTELAN Urszula	627	TKKF TRIATHLON	K-30	2	00:00:06	00:09:47	00:20:03	00:30:31	00:40:59	00:41:39.00	00:41:45.00	+00:00:43 (1.7%)	4:09	14.4 (98.0%)
3	PASIEKA Agnieszka	221	K.B. 'SPRINT' ŚWIDWIN	K-18	1	00:00:07	00:10:41	00:21:34	00:32:38	00:43:26	00:44:05.65	00:44:13.00	+00:03:10 (7.2%)	4:24	13.6 (92.5%)
4	CHODOR Martyna	28	TKKF KOSZALIN	K-30	3	00:00:09	00:10:43	00:21:35	00:32:39	00:43:39	00:44:16.00	00:44:25.00	+00:03:20 (7.6%)	4:25	13.6 (92.5%)
5	ŁUKASIEWICZ Ewelina	173		K-18	2	00:00:10	00:11:29	00:23:19	00:34:51	00:46:18	00:46:57.15	00:47:08.00	+00:06:01 (12.8%)	4:41	12.8 (87.1%)
6	SZABLA Ewelina	277	MTS HAMER MIASTKO	K-30	4	00:00:06	00:11:02	00:22:40	00:34:34	00:46:22	00:46:59.50	00:47:06.00	+00:06:04 (12.9%)	4:42	12.8 (87.1%)
7	WOJCIECHOWSKA-HRYCYK Agata	360		K-40	1	00:00:06	00:11:36	00:23:27	00:35:13	00:47:00	00:47:39.15	00:47:46.00	+00:06:43 (14.1%)	4:46	12.6 (85.7%)
8	BIEDRZYCKA Anna	8		K-30	5	00:00:04	00:11:11	00:23:08	00:35:13	00:47:10	00:47:55.90	00:48:00.00	+00:07:00 (14.6%)	4:47	12.5 (85.0%)
9	KULCZYK Katarzyna	155	KB BRYZA POSTOMINO	K-30	6	00:00:08	00:11:43	00:23:39	00:35:46	00:48:02	00:48:43.55	00:48:52.00	+00:07:48 (16.0%)	4:52	12.3 (83.7%)
10	MĘDEL Marta	188		K-40	2	00:00:08	00:11:43	00:23:59	00:36:19	00:48:36	00:49:14.85	00:49:23.00	+00:08:19 (16.9%)	4:55	12.2 (83.0%)
11	FELCHNER Agnieszka	55		K-18	3	00:00:11	00:12:13	00:24:43	00:37:14	00:49:59	00:50:46.05	00:50:58.00	+00:09:50 (19.4%)	5:04	11.8 (80.3%)
12	RUTKOWSKA Elżbieta	346		K-18	4	00:00:16	00:11:53	00:24:38	00:37:21	00:50:21	00:51:08.70	00:51:25.00	+00:10:13 (20.0%)	5:06	11.7 (79.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
						startu	2.46km	4.92km	7.38km	9.84km					
13	KOŁODZIEJ Karolina	125		K-18	5	00:00:23	00:12:30	00:25:14	00:38:08	00:50:52	00:51:35.65	00:51:59.00	+00:10:40 (20.7%)	5:09	11.6 (78.9%)
14	WALCZAK Agnieszka	299		K-40	3	00:00:10	00:11:58	00:24:44	00:37:51	00:51:03	00:51:46.70	00:51:57.00	+00:10:51 (21.0%)	5:10	11.6 (78.9%)
15	CHORAŻY Karolina	32		K-18	6	00:00:30	00:13:05	00:26:01	00:38:54	00:51:30	00:52:10.55	00:52:41.00	+00:11:15 (21.6%)	5:13	11.5 (78.2%)
16	HOC Agnieszka	85		K-30	7	00:00:08	00:12:55	00:25:53	00:38:43	00:51:35	00:52:20.10	00:52:29.00	+00:11:24 (21.8%)	5:14	11.5 (78.2%)
17	KOŁODZIEJCZYK Danuta	128		K-50	1	00:00:18	00:13:04	00:26:00	00:38:47	00:51:57	00:52:43.85	00:53:02.00	+00:11:48 (22.4%)	5:16	11.4 (77.6%)
18	MALINOWSKA Małgorzata	175	STR- ŚWIDWIN	K-50	2	00:00:06	00:13:11	00:26:30	00:39:42	00:52:54	00:53:41.05	00:53:48.00	+00:12:45 (23.8%)	5:22	11.2 (76.2%)
19	ONIÓW Aleksandra	363		K-18	7	00:00:21	00:13:21	00:26:37	00:39:41	00:52:59	00:53:41.25	00:54:03.00	+00:12:45 (23.8%)	5:22	11.2 (76.2%)
20	KONKEL Joanna	131		K-50	3	00:00:15	00:13:03	00:26:11	00:39:30	00:53:00	00:53:50.00	00:54:05.00	+00:12:54 (24.0%)	5:23	11.1 (75.5%)
21	CHODOR Izabela	27		K-30	8	00:00:12	00:13:20	00:26:44	00:40:15	00:53:23	00:54:06.60	00:54:19.00	+00:13:11 (24.4%)	5:24	11.1 (75.5%)
22	JABŁOŃSKA Katarzyna	89		K-40	4	00:00:23	00:13:25	00:26:49	00:40:14	00:53:19	00:54:06.95	00:54:30.00	+00:13:11 (24.4%)	5:24	11.1 (75.5%)
23	ROSA Malwina	251	WŻW OLESZNO	K-30	9	00:00:25	00:13:16	00:26:57	00:40:30	00:53:34	00:54:19.55	00:54:45.00	+00:13:24 (24.7%)	5:26	11 (74.8%)
24	ADAMCZYK Agnieszka	1		K-30	10	00:00:09	00:13:17	00:26:47	00:40:27	00:53:53	00:54:46.60	00:54:56.00	+00:13:51 (25.3%)	5:28	11 (74.8%)
25	ŚWIĄTCZAK Patrycja	286		K-30	11	00:00:16	00:13:52	00:27:34	00:41:03	00:54:10	00:54:57.45	00:55:14.00	+00:14:02 (25.5%)	5:29	10.9 (74.1%)
26	MAZUREK Barbara	186	BABECZKI KOSZALIN	K-30	12	00:00:11	00:13:02	00:26:34	00:40:22	00:54:20	00:55:07.45	00:55:19.00	+00:14:12 (25.8%)	5:30	10.9 (74.1%)
27	NOWAK Paulina	365		K-18	8	00:00:11	00:14:05	00:27:49	00:41:08	00:54:30	00:55:16.05	00:55:28.00	+00:14:20 (26.0%)	5:31	10.9 (74.1%)
28	MOTYCZYŃSKA Patrycja	197		K-18	9	00:00:12	00:12:21	00:25:51	00:40:15	00:54:35	00:55:29.15	00:55:42.00	+00:14:33 (26.2%)	5:33	10.8 (73.5%)
29	RABKA Monika	240		K-30	13	00:00:16	00:13:24	00:27:10	00:41:04	00:54:50	00:55:38.15	00:55:55.00	+00:14:42 (26.4%)	5:33	10.8 (73.5%)
30	BORUC Barbara	19		K-40	5	00:00:18	00:13:20	00:27:06	00:40:51	00:55:07	00:55:58.55	00:56:17.00	+00:15:03 (26.9%)	5:35	10.7 (72.8%)
31	PTASZYŃSKA Katarzyna	237	KOŁOBRZEG BIEGA	K-50	4	00:00:18	00:13:41	00:27:37	00:41:31	00:55:12	00:56:00.80	00:56:19.00	+00:15:05 (26.9%)	5:36	10.7 (72.8%)
32	GRAJ Joanna	71		K-18	10	00:00:27	00:13:44	00:27:50	00:41:57	00:55:33	00:56:17.25	00:56:45.00	+00:15:21 (27.3%)	5:37	10.7 (72.8%)
33	GRZELAK Karina	74	ROZBIEGANY KOSZALIN	K-30	14	00:00:14	00:13:29	00:27:11	00:41:15	00:55:39	00:56:32.60	00:56:47.00	+00:15:37 (27.6%)	5:39	10.6 (72.1%)
34	GUDANIEC Dorota	628	TKKF TRIATHLON	K-50	5	00:00:12	00:13:21	00:27:13	00:41:17	00:55:41	00:56:35.15	00:56:48.00	+00:15:39 (27.7%)	5:39	10.6 (72.1%)
35	WOLF Weronika	317	TKKF KOSZALIN	K-40	6	00:00:11	00:13:22	00:27:14	00:41:18	00:55:42	00:56:36.55	00:56:48.00	+00:15:41 (27.7%)	5:39	10.6 (72.1%)
36	GZELA Olga	77	BIEGNIJMY.PL	K-30	15	00:00:10	00:13:10	00:27:14	00:41:27	00:55:50	00:56:37.70	00:56:48.00	+00:15:42 (27.7%)	5:39	10.6 (72.1%)

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						startu	2.46km	4.92km	7.38km	9.84km					
37	MĄDRZYK Magdalena	187		K-30	16	00:00:14	00:13:44	00:27:35	00:41:57	00:56:05	00:56:57.15	00:57:12.00	+00:16:01 (28.1%)	5:41	10.5 (71.4%)
38	SAGAN Jadwiga	348		K-30	17	00:00:13	00:13:24	00:27:25	00:41:38	00:56:28	00:57:14.20	00:57:28.00	+00:16:18 (28.5%)	5:43	10.5 (71.4%)
39	LIPIŃSKA Małgorzata	166		K-18	11	00:00:25	00:13:36	00:27:50	00:42:11	00:56:39	00:57:28.00	00:57:53.00	+00:16:32 (28.8%)	5:44	10.4 (70.7%)
40	POLAK Monika	366		K-40	7	00:00:09	00:13:32	00:27:14	00:41:27	00:56:39	00:57:36.15	00:57:46.00	+00:16:40 (29.0%)	5:45	10.4 (70.7%)
41	TRYBUCHOWICZ Monika	293		K-18	12	00:00:25	00:13:36	00:27:49	00:42:11	00:56:44	00:57:36.55	00:58:02.00	+00:16:41 (29.0%)	5:45	10.4 (70.7%)
42	BŁOŃSKA Agnieszka	12	BABECZKI KOSZALIN	K-40	8	00:00:12	00:13:58	00:28:18	00:42:38	00:56:56	00:57:46.30	00:57:59.00	+00:16:51 (29.2%)	5:46	10.4 (70.7%)
43	ZWOLAK Basia	324		K-40	9	00:00:25	00:14:37	00:29:02	00:43:25	00:57:02	00:57:51.45	00:58:17.00	+00:16:56 (29.3%)	5:47	10.4 (70.7%)
44	NADZIEJKO Paulina	202		K-30	18	00:00:18	00:13:50	00:27:59	00:42:30	00:57:06	00:58:00.50	00:58:19.00	+00:17:05 (29.5%)	5:48	10.3 (70.1%)
45	GÓRECKA-MITORAJ Justyna	69		K-30	19	00:00:09	00:13:47	00:28:05	00:42:36	00:57:24	00:58:18.35	00:58:28.00	+00:17:23 (29.8%)	5:49	10.3 (70.1%)
46	VON BARDELEBEN Agnieszka	296	BABECZKI KOSZALIN	K-40	10	00:00:13	00:14:14	00:28:56	00:43:35	00:57:52	00:58:44.50	00:58:58.00	+00:17:49 (30.3%)	5:52	10.2 (69.4%)
47	MARSCHAŁKOWSKA Dorota	181	TKKF KOSZALIN	K-50	6	00:00:17	00:14:04	00:28:33	00:43:18	00:57:57	00:58:49.75	00:59:07.00	+00:17:54 (30.4%)	5:53	10.2 (69.4%)
48	STEC Edyta	272	BABECZKI.PL	K-30	20	00:00:13	00:14:14	00:28:57	00:43:50	00:58:41	00:59:25.35	00:59:39.00	+00:18:30 (31.1%)	5:56	10.1 (68.7%)
49	MOŻEJKO Anna	198	BABECZKI.PL	K-30	21	00:00:13	00:14:14	00:28:57	00:43:50	00:58:41	00:59:25.75	00:59:39.00	+00:18:30 (31.1%)	5:56	10.1 (68.7%)
50	WACHHOLZ Beata	297	KB BRYZA POSTOMINO	K-40	11	00:00:20	00:14:00	00:28:30	00:43:35	00:58:34	00:59:28.50	00:59:49.00	+00:18:33 (31.2%)	5:56	10.1 (68.7%)
51	NOWACKA Elżbieta	209	K,S,R'ROWERIA'	K-40	12	00:00:12	00:13:58	00:28:24	00:43:27	00:58:17	00:59:42.70	00:59:55.35	+00:18:47 (31.5%)	5:58	10 (68.0%)
52	PASEK Paula	220		K-30	22	00:00:07	00:13:53	00:28:42	00:43:55	00:58:56	00:59:48.55	00:59:56.00	+00:18:53 (31.6%)	5:58	10 (68.0%)
53	MARCAK Małgorzata	178		K-50	7	00:00:10	00:13:33	00:28:42	00:44:33	01:00:27	01:01:18.40	01:01:29.00	+00:20:23 (33.3%)	6:07	9.8 (66.7%)
54	PSTRĄGOWSKA Marlena	235		K-30	23	00:00:11	00:13:25	00:28:07	00:45:06	01:00:36	01:01:31.90	01:01:43.00	+00:20:36 (33.5%)	6:09	9.8 (66.7%)
55	MIĘKCZYŃSKA Marta	192	KB SPRINT ŚWIDWIN	K-30	24	00:00:20	00:14:21	00:30:04	00:45:22	01:00:49	01:01:52.80	01:02:13.00	+00:20:57 (33.9%)	6:11	9.7 (66.0%)
56	KOWALCZYK Kornelia	137		K-18	13	00:00:24	00:15:39	00:31:29	00:46:44	01:02:07	01:02:59.50	01:03:24.00	+00:22:04 (35.0%)	6:18	9.5 (64.6%)
57	KRAWCZUK-KIEŁB Anna	145		K-40	13	00:00:10	00:14:29	00:29:55	00:45:52	01:02:09	01:03:09.10	01:03:20.00	+00:22:13 (35.2%)	6:19	9.5 (64.6%)
58	SZULC Martyna	337	GRYF LOK BIAŁOGARD/SZULC RUNNERS TEAM	K-18	14	00:00:09	00:14:40	00:30:25	00:46:35	01:02:38	01:03:37.60	01:03:47.00	+00:22:42 (35.7%)	6:21	9.4 (63.9%)
59	SZUBERT Agnieszka	282		K-30	25	00:00:16	00:14:45	00:30:32	00:46:46	01:02:51	01:03:45.90	01:04:02.00	+00:22:50 (35.8%)	6:22	9.4 (63.9%)
60	KURCZ Barbara	158	BABECZKI KOSZALIN	K-40	14	00:00:12	00:15:20	00:31:56	00:48:25	01:04:33	01:05:29.55	01:05:42.00	+00:24:34 (37.5%)	6:33	9.2 (62.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
						startu	2.46km	4.92km	7.38km	9.84km					
61	KOZŁOWIECKA Małgorzata	332		K-50	8	00:00:04	00:15:43	00:32:03	00:48:31	01:05:10	01:06:05.65	01:06:10.00	+00:25:10 (38.1%)	6:36	9.1 (61.9%)
62	FELKOWSKA Karolina	56		K-30	26	00:00:23	00:15:06	00:31:39	00:48:11	01:05:31	01:06:33.35	01:06:57.00	+00:25:38 (38.5%)	6:39	9 (61.2%)
63	PLATA Katarzyna	231		K-40	15	00:00:23	00:15:06	00:31:39	00:48:11	01:05:32	01:06:34.35	01:06:58.00	+00:25:39 (38.5%)	6:39	9 (61.2%)
64	LEWANDOWSKA Dominika	336		K-18	15	00:00:09	00:14:40	00:30:34	00:47:44	01:05:44	01:07:02.25	01:07:11.75	+00:26:06 (39.0%)	6:42	9 (61.2%)
65	MYCA Karolina	200		K-18	16	00:00:19	00:15:57	00:32:45	00:49:25	01:06:21	01:07:14.70	01:07:34.00	+00:26:19 (39.1%)	6:43	8.9 (60.5%)
66	SIEWIERA Aleksandra	259	RUNNERSCLUB.PL	K-18	17	00:00:27	00:16:14	00:32:43	00:49:24	01:06:51	01:07:56.45	01:08:24.00	+00:27:01 (39.8%)	6:47	8.8 (59.9%)
67	PEŁKA Iwona	223		K-40	16	00:00:21	00:17:20	00:34:44	00:51:58	01:07:55	01:08:48.00	01:09:09.00	+00:27:52 (40.5%)	6:52	8.7 (59.2%)
68	SŁOTA Renata	263		K-18	18	00:00:24	00:15:40	00:33:13	00:51:21	01:10:32	01:11:38.50	01:12:03.00	+00:30:43 (42.9%)	7:09	8.4 (57.1%)
69	POTOCZNA Agata	234		K-30	27	00:00:16									(0.0%)

Znaleziono 69 wynik(ów)