



IV EDYCJA BIEGU TROPEM WILCZYM - KOSZALIN - 10 KM

B4SPORT

Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2016-02-28
Place: Koszalin
Distance: 10 km

HERKULES
www.herkules.org.pl

Classification: M-30

Split point: 9,8 km

Place	Participant	Number	Club	Category	Start time	2.46km	4.92km	7.38km	9.84km
1	BORZĘCKI Norbert	22		M-30	00:00:04	00:08:22	00:16:53	00:25:19	00:33:37
2	GOLECKI Mirosław	63	CSSP- KOSZALIN : FORMA ROSNOWO	M-30	00:00:04	00:09:31	00:19:01	00:28:16	00:37:23
3	RYBACZEK Sebastian	254	JW 1223/FORMA ROSNOWO	M-30	00:00:04	00:09:30	00:19:03	00:28:37	00:38:07
4	KRUKOWSKI Błażej	148	MKS ŚWIĘC SŁAWNO	M-30	00:00:04	00:09:38	00:19:19	00:29:03	00:38:37
5	REMBECKI Marcin	247	WSPINANIE KOSZALIN	M-30	00:00:05	00:09:35	00:19:26	00:29:10	00:38:41
6	GOLIŃSKI Łukasz	64	K.B. SPRINT ŚWIDWIN	M-30	00:00:06	00:09:29	00:19:15	00:29:08	00:38:57
7	BIEDRZYCKI Adam	10	OSP STARY BOREK	M-30	00:00:03	00:09:32	00:19:15	00:29:21	00:39:24
8	WOJCIECHOWICZ Jacek	312	WWW.STUDIOTANCAPASJA.PL	M-30	00:00:04	00:09:42	00:19:41	00:29:47	00:39:40
9	ROKOSZ Radosław	250	JW 1223	M-30	00:00:07	00:09:36	00:19:37	00:29:41	00:39:44
10	KAPUŚCIŃSKI Robert	113	JW 1223 KOSZALIN	M-30	00:00:04	00:09:50	00:19:59	00:30:31	00:40:56
11	SMAGOWSKI Wojtek	264	K.B.SPRINT ŚWIDWIN	M-30	00:00:11	00:10:20	00:20:47	00:31:22	00:42:03
12	MALINOWSKI Mariusz	176		M-30	00:00:14	00:10:22	00:21:14	00:31:53	00:42:24
13	NOWAK Paweł	339		M-30	00:00:09	00:10:40	00:21:21	00:31:57	00:42:38
14	OKOŁOTOWICZ Sebastian	214		M-30	00:00:09	00:09:56	00:20:23	00:31:15	00:42:38
15	GOŁDYN Marek	65	TKKF KOSZALIN	M-30	00:00:06	00:10:45	00:21:30	00:32:22	00:42:51
16	KOZŁOWSKI Marcin	140	KMP K-LIN	M-30	00:00:40	00:10:41	00:21:27	00:32:23	00:42:53
17	JĘDRZEJCZYK Adam	102	33 DR OP (JW 3936)	M-30	00:00:06	00:10:18	00:21:19	00:32:24	00:43:13
18	MROCZKOWSKI Marek	199	ROZBIEGANY KOSZALIN	M-30	00:00:09	00:10:54	00:21:26	00:32:17	00:43:19
19	BARANOWSKI Piotr	330	SFX	M-30	00:00:06	00:11:16	00:22:06	00:32:49	00:43:32
20	WICENS Jacek	300	JACEK - BIEGAM BO LUBIĘ (JW 1223)	M-30	00:00:06	00:10:44	00:21:37	00:32:42	00:43:41
21	WIERZBICKI Jakub	302		M-30	00:00:13	00:10:26	00:21:20	00:32:34	00:43:56
22	STRUMIŃSKI Rafał	273	ŻYTANIA TEAM	M-30	00:00:05	00:10:41	00:21:49	00:33:10	00:44:18
23	KRACZKOWSKI Przemysław	141	AMADEUS CROSSTRANING GYM	M-30	00:00:10	00:10:15	00:21:20	00:32:54	00:44:24
24	KORZYSTKO Bartosz	133		M-30	00:00:06	00:10:14	00:21:00	00:33:08	00:45:13

Place	Participant	Number	Club	Category	Start time	2.46km	4.92km	7.38km	9.84km
25	GRZYSTEK Marcin	76		M-30	00:00:08	00:10:55	00:22:31	00:34:06	00:45:19
26	CZUCZAK Tomasz	367		M-30	00:00:06	00:11:16	00:22:28	00:34:08	00:45:41
27	KUKIEŁA Tomasz	154		M-30	00:00:20	00:11:22	00:22:34	00:34:18	00:45:49
28	BEDNARCZYK Tomasz	5		M-30	00:00:11	00:11:34	00:23:01	00:34:28	00:45:51
29	PSTRAĞOWSKI Marcin	236		M-30	00:00:06	00:10:41	00:22:15	00:34:21	00:45:58
30	SOROKA Piotr	269		M-30	00:00:12	00:11:10	00:22:44	00:34:37	00:46:07
31	ZBLEWSKI Patryk	319	NIGHT RUNNERS SŁUPSK	M-30	00:00:15	00:11:26	00:23:03	00:34:42	00:46:11
32	WIŚNIEWSKI Kornel	307	GARNIZON DRAWSKI	M-30	00:00:15	00:11:51	00:23:28	00:34:53	00:46:12
33	MYSZYŃSKI Paweł	347		M-30	00:00:13	00:11:21	00:22:59	00:34:41	00:46:13
34	WILKOWSKI Krzysztof	304	KLUB	M-30	00:00:06	00:11:01	00:22:40	00:34:34	00:46:26
35	ROGALSKI Roberto	248	ZAWSZE SIĘGAJ WYŻEJ	M-30	00:00:05	00:11:03	00:23:09	00:35:00	00:46:29
36	JANUSZEK Adam	96		M-30	00:00:29	00:10:50	00:22:16	00:34:33	00:46:43
37	ŚWIĘTOŃ Rafał	288		M-30	00:00:17	00:11:35	00:23:18	00:35:05	00:46:50
38	KARAŚ Radosław	114	NIGHT RUNNERS SŁUPSK	M-30	00:00:31	00:11:11	00:22:32	00:34:48	00:47:00
39	GONCZARONEK Krzysztof	66	MARIANÓWEK	M-30	00:00:15	00:11:18	00:23:33	00:35:37	00:47:13
40	NOWAK Piotr	210	CZARNE BIEGA	M-30	00:00:29	00:11:59	00:23:57	00:35:46	00:47:24
41	ŁABEJSZA Łukasz	168	WOJOWNICY WÓDY	M-30	00:00:11	00:11:15	00:23:06	00:35:14	00:47:25
42	CHRYSTOFIAK Paweł	33		M-30	00:00:14	00:11:40	00:23:33	00:35:34	00:47:29
43	KRAWCZUK Szymon	143		M-30	00:00:10	00:12:03	00:24:18	00:36:22	00:47:42
44	CINCIO Robert	37	TKKF TRIATHLON KOSZALIN	M-30	00:00:08	00:11:08	00:23:05	00:35:16	00:47:50
45	NAGRABECKI Hubert	203		M-30	00:00:15	00:11:39	00:23:35	00:35:57	00:47:54
46	ŁOPIŃSKI Piotr	170		M-30	00:00:16	00:11:42	00:23:42	00:35:51	00:47:56
47	CHOJNACKI Bartosz	29	JAMNO	M-30	00:00:21	00:12:12	00:24:23	00:36:41	00:48:08
48	DZIEBOWSKI Mariusz	51		M-30	00:00:22	00:11:21	00:23:19	00:35:49	00:48:08
49	SZAREK Paweł	280	7 BRYGADA OBRONY WYBRZEŻA	M-30	00:00:05	00:11:15	00:23:24	00:35:45	00:48:14
50	STAWISZYŃSKI Jarosław	271	FORUM ROZWOJU KOSZALINA	M-30	00:00:07	00:11:00	00:23:24	00:36:09	00:48:34
51	KAŻMIERCZAK Tomasz	119	JW 3937	M-30	00:00:14	00:12:22	00:24:50	00:37:10	00:48:58
52	DOMAGAŁA Sławomir	41	POLSKA	M-30	00:00:05	00:11:16	00:23:37	00:36:23	00:49:20
53	KUŁAKOWSKI Dawid	156	AMADORES	M-30	00:00:15	00:11:49	00:24:12	00:36:56	00:49:25
54	JÓŻWIAK Mariusz	104		M-30	00:00:12	00:11:51	00:24:06	00:36:48	00:49:27
55	PŁOSKI Krzysztof	359		M-30	00:00:08	00:12:24	00:24:25	00:36:57	00:49:40
56	WICHER Krzysztof	301	ADWOKATURA	M-30	00:00:05	00:11:15	00:23:35	00:36:28	00:49:47
57	GIL Remigiusz	62	LYCONET	M-30	00:00:09	00:11:09	00:23:39	00:36:41	00:49:49
58	KACZMAREK Łukasz	105		M-30	00:00:10	00:11:49	00:24:29	00:37:21	00:49:58
59	CHOŁUJ Karol	30	ZAWSZE DO PRZODU	M-30	00:00:10	00:11:43	00:24:13	00:36:57	00:50:06
60	RAJNER Krzysztof	243		M-30	00:00:22	00:12:09	00:24:30	00:37:25	00:50:25
61	SZYPOSZYŃSKI Kamil	284	MECENAS I PRZYJACIELE	M-30	00:00:05	00:11:26	00:23:46	00:37:01	00:50:30
62	SZULC Szymon	338	GRYF LOK BIAŁOGARD/SZULC RUNNERS TEAM	M-30	00:00:08	00:12:15	00:24:50	00:37:37	00:50:41
63	GONCIARZ Kamila	342	ZIELONAGÓRAKREATYWNOŚCI	M-30	00:00:07	00:11:36	00:24:18	00:37:34	00:50:45
64	HOŁUBASZ Paweł	343		M-30	00:00:24	00:11:50	00:24:39	00:37:40	00:50:47
65	SUBALSKI Michał	275		M-30	00:00:17	00:12:30	00:25:19	00:38:24	00:51:24
66	BONISŁAWSKI Jarosław	17	TITKI TATITKI I DWIE KITKI	M-30	00:00:30	00:13:05	00:26:00	00:38:54	00:51:31
67	KUPREWICZ Grzegorz	157		M-30	00:00:23	00:12:15	00:25:33	00:39:00	00:52:01
68	HRYCIÓW Paweł	86		M-30	00:00:29	00:12:33	00:25:56	00:39:40	00:52:19
69	KOWALSKI Roman	138	KOSPEL	M-30	00:00:04	00:11:09	00:23:08	00:36:53	00:52:27
70	KRAWCZUK Dariusz	144	WHITE POWER	M-30	00:00:11	00:12:51	00:26:04	00:39:27	00:52:32

Place	Participant	Number	Club	Category	Start time	2.46km	4.92km	7.38km	9.84km
71	FELKOWSKI Tomasz	57		M-30	00:00:22	00:13:52	00:26:51	00:39:50	00:52:33
72	MIĄSEK Ryszard	190		M-30	00:00:28	00:12:40	00:25:44	00:39:10	00:52:33
73	DUDKA Tomasz	45		M-30	00:00:22	00:13:26	00:26:50	00:40:16	00:52:52
74	BORYSZEWSKI Dawid	21		M-30	00:00:23	00:13:25	00:26:48	00:40:14	00:52:55
75	GORGOL Piotr	68	STOP ZWOLNIENIOM Z WF-U	M-30	00:00:29	00:12:34	00:25:56	00:39:40	00:53:05
76	PIOR Tomasz	230		M-30	00:00:13	00:12:24	00:25:59	00:39:38	00:53:09
77	TOMALAK Michał	291		M-30	00:00:32	00:13:30	00:27:24	00:40:27	00:53:27
78	CZOS Łukasz	38		M-30	00:00:24	00:12:34	00:25:59	00:40:02	00:53:51
79	KOWALCZYK Piotr	135		M-30	00:00:30	00:12:41	00:26:02	00:39:55	00:54:06
80	KAMIŃSKI Tomasz	109	JW 1223	M-30	00:00:05	00:12:49	00:26:25	00:40:34	00:54:20
81	ORYSZCZYN Arkadiusz	218		M-30	00:00:12	00:12:54	00:26:44	00:40:55	00:54:35
82	HAMROL Dawid	79	KATEDRA KOSZALIN	M-30	00:00:04	00:12:58	00:26:56	00:41:15	00:55:14
83	OLIŃSKI Arek	216	WIDZEW JEST WSZĘDZIE.	M-30	00:00:16	00:12:46	00:26:45	00:41:20	00:55:54
84	GAWLIK Artur	61		M-30	00:00:17	00:13:06	00:27:07	00:41:45	00:56:22
85	WILKOWSKI Piotr	305		M-30	00:00:28	00:13:19	00:27:26	00:41:58	00:56:36
86	JANKOWSKI Remigiusz	95	HURAGAN PANDOMINO	M-30	00:00:25	00:13:39	00:27:46	00:42:26	00:56:57
87	LEWANDOWSKI Marek	165		M-30	00:00:26	00:14:10	00:29:00	00:43:30	00:57:09
88	KRYGIER Ireneusz	150	W.P.K. SŁOŃ TEAM USTKA	M-30	00:00:17	00:12:49	00:27:08	00:42:04	00:57:11
89	KAŻMIERCZAK Łukasz	120		M-30	00:00:26	00:13:59	00:28:46	00:43:46	00:57:37
90	TELEGA Michał	290		M-30	00:00:27	00:14:00	00:28:18	00:42:59	00:58:07
91	SOŁOWICZ Marcin	268		M-30	00:00:24	00:14:04	00:28:47	00:43:31	00:58:36
92	ZIELIŃSKI Jarosław	320	NIEZRZESZONY	M-30	00:00:09	00:13:42	00:29:12	00:45:25	01:01:31
93	SWIOKŁA Paweł	276		M-30	00:00:18	00:15:58	00:32:46	00:49:26	01:06:22
94	SIEWIERA Paweł	260	RUNNERSCLUB.PL	M-30	00:00:28	00:16:12	00:32:37	00:47:35	01:06:50
95	ŻYLIŃSKI Przemysław	329		M-30	00:00:19	00:15:14	00:33:32	00:52:25	01:10:45

Total 95 results.