



## IV EDYCJA BIEGU TROPEM WILCZYM - KOSZALIN - 10 KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2016-02-28  
**Miejsce:** Koszalin  
**Dystans:** 10 km

 **HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Klasyfikacja: M-60

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.46km	4.92km	7.38km	9.84km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>CHUDY Henryk</b>	<b>34</b>	K S. OLSZEWSKI I SYNOWIESŁAWSKO	M-60	1	00:00:06	00:09:38	00:19:33	00:29:52	00:40:12	<b>00:40:55.25</b>	<b>00:41:02.00</b>		4:05	14.7 (100%)
2	<b>DZIUBA Leszek</b>	<b>53</b>	KB DZIESIĄTKA BIAŁOGARD	M-60	2	00:00:03	00:10:15	00:20:54	00:31:37	00:42:23	<b>00:43:02.50</b>	<b>00:43:06.00</b>	+00:02:07 (4.9%)	4:18	13.9 (94.6%)
3	<b>KALICKI Jerzy</b>	<b>354</b>		M-60	3	00:00:08	00:11:45	00:23:38	00:35:40	00:48:00	<b>00:48:42.10</b>	<b>00:48:51.00</b>	+00:07:46 (16.0%)	4:52	12.3 (83.7%)
4	<b>LEMBOWICZ Marek</b>	<b>164</b>	FUHRMANN	M-60	4	00:00:16	00:12:33	00:24:47	00:36:59	00:49:06	<b>00:49:41.45</b>	<b>00:49:58.00</b>	+00:08:46 (17.6%)	4:58	12.1 (82.3%)
5	<b>KOZŁOWIECKI Waldemar</b>	<b>331</b>	TKKF KOSZALIN	M-60	5	00:00:06	00:12:08	00:24:32	00:36:52	00:49:19	<b>00:49:52.90</b>	<b>00:49:59.00</b>	+00:08:57 (18.0%)	4:59	12 (81.6%)
5	<b>MARKOWSKI Andrzej</b>	<b>180</b>	TKKF KOSZALIN	M-60	6	00:00:05	00:11:53	00:24:32	00:36:53	00:49:21	<b>00:49:53.90</b>	<b>00:49:59.00</b>	+00:08:58 (18.0%)	4:59	12 (81.6%)
7	<b>PENDRAK Piotr</b>	<b>226</b>		M-60	7	00:00:21	00:12:33	00:25:03	00:37:21	00:49:29	<b>00:50:13.05</b>	<b>00:50:35.00</b>	+00:09:17 (18.5%)	5:01	11.9 (81.0%)
8	<b>KAZUSEK Jan</b>	<b>118</b>	KB BRYZA POSTOMINO	M-60	8	00:00:14	00:13:01	00:25:37	00:38:03	00:50:31	<b>00:51:16.30</b>	<b>00:51:31.00</b>	+00:10:21 (20.2%)	5:07	11.7 (79.6%)
9	<b>DUDKIEWICZ Leszek</b>	<b>46</b>	TKKF KOSZALIN	M-60	9	00:00:21	00:12:40	00:25:36	00:38:41	00:51:29	<b>00:52:12.75</b>	<b>00:52:34.00</b>	+00:11:17 (21.6%)	5:13	11.5 (78.2%)
10	<b>KARNICKI Zygmunt</b>	<b>115</b>	TKKF KOSZALIN	M-60	10	00:00:08	00:12:06	00:25:19	00:38:48	00:52:25	<b>00:53:08.55</b>	<b>00:53:17.00</b>	+00:12:13 (23.0%)	5:18	11.3 (76.9%)
11	<b>WOCH Zbigniew</b>	<b>310</b>	NIEZRZESZONY	M-60	11	00:00:19	00:13:10	00:26:20	00:39:53	00:53:42	<b>00:54:33.60</b>	<b>00:54:53.00</b>	+00:13:38 (25.0%)	5:27	11 (74.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.46km	4.92km	7.38km	9.84km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
12	<b>HELLER Zdzisław</b>	<b>82</b>	NIEZRZESZONY	M-60	12	00:00:20	00:13:43	00:27:45	00:42:05	00:56:05	<b>00:56:48.50</b>	<b>00:57:09.00</b>	+00:15:53 (28.0%)	5:40	10.6 (72.1%)
13	<b>KOWALCZYK Stanisław</b>	<b>136</b>	NIEZRZESZONY	M-60	13	00:00:08	00:12:51	00:26:30	00:39:59	01:00:40	<b>01:01:29.10</b>	<b>01:01:38.00</b>	+00:20:33 (33.4%)	6:09	9.8 (66.7%)
14	<b>KOWALSKI Jerzy</b>	<b>139</b>		M-60	14	00:00:29	00:15:37	00:32:16	00:49:20	01:06:20	<b>01:07:23.90</b>	<b>01:07:53.00</b>	+00:26:28 (39.3%)	6:44	8.9 (60.5%)

Znaleziono 14 wynik(ów)