



IV EDYCJA BIEGU TROPEM WILCZYM - KOSZALIN - 1963M

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-02-28
Miejsce: Koszalin
Dystans: 1.963 km

 **HERKULES**
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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.805km	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
1	BARAŃSKI Przemysław	407	KM PSP SZCZECIN/ MLUKS TRZEBIATÓW	M-18	1	00:00:00		00:06:28.10	00:06:28.10		3:17	18.2 (100%)
2	KOZAK Paweł	603	TKKF KOSZALIN	M-14	1	00:00:00		00:06:36.05	00:06:36.05	+00:00:07 (2.0%)	3:22	17.8 (97.8%)
3	PEC Marek	536		M-40	1	00:00:00		00:06:40.85	00:06:40.85	+00:00:12 (3.2%)	3:24	17.6 (96.7%)
4	SKIERKA Grzegorz	557	MKS ŚWIĘC SŁAWNO	M-30	1	00:00:00		00:06:48.65	00:06:48.65	+00:00:20 (5.0%)	3:28	17.3 (95.1%)
5	TATYS Bartosz	575	GIMNAZJUM ŚWIDWIN	M-14	2	00:00:00		00:06:51.70	00:06:51.70	+00:00:23 (5.7%)	3:29	17.2 (94.5%)
6	ZBOIŃSKI Wojciech	598		M-40	2	00:00:00		00:07:01.00	00:07:01.00	+00:00:32 (7.8%)	3:34	16.8 (92.3%)
7	JAŻWIŃSKI Dawid	462	TKKF KOSZALIN	M-14	3	00:00:00		00:07:05.45	00:07:05.45	+00:00:37 (8.8%)	3:36	16.6 (91.2%)
8	ŚWITLIŃSKI Damian	574	RAMS TRAINING HOUSE	M-18	2	00:00:00		00:07:12.50	00:07:12.50	+00:00:44 (10.3%)	3:40	16.3 (89.6%)
9	EMILIT Grzegorz	440		M-30	2	00:00:00		00:07:17.60	00:07:17.60	+00:00:49 (11.3%)	3:42	16.1 (88.5%)
10	LEMANCZYK Andrzej	509	DORIAN TEAM SŁAWNO	M-30	3	00:00:00		00:07:22.85	00:07:22.85	+00:00:54 (12.4%)	3:45	16 (87.9%)
11	BIERKUS Mirosław	608	TKKF KOSZALIN	M-60	1	00:00:00		00:07:28.55	00:07:28.55	+00:01:00 (13.5%)	3:48	15.8 (86.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							1.805km	1.963km			
12	WEBER Paweł	586	AMADEUSCROSSGYM	M-30	4	00:00:00	00:07:28.95	00:07:28.95	+00:01:00 (13.6%)	3:48	15.8 (86.8%)
13	CHUDY Henryk	431	K SOLSZEWSKI I SYNOWIESŁAWSKO	M-60	2	00:00:00	00:07:29.00	00:07:29.00	+00:01:00 (13.6%)	3:49	15.7 (86.3%)
14	HRYCYK Anna	633		K-13	1	00:00:00	00:07:29.85	00:07:29.85	+00:01:01 (13.7%)	3:49	15.7 (86.3%)
15	BADUREK Michał	532	CSSP KOSZALIN	M-18	3	00:00:00	00:07:31.15	00:07:31.15	+00:01:03 (14.0%)	3:50	15.6 (85.7%)
16	PINDRAL Piotr	538	PARKRUN SZCZECINEK	M-40	3	00:00:00	00:07:33.00	00:07:33.00	+00:01:04 (14.3%)	3:51	15.6 (85.7%)
17	BOGDANOWICZ Krzysztof	615	TKKF KOSZALIN	M-50	1	00:00:00	00:07:33.65	00:07:33.65	+00:01:05 (14.4%)	3:51	15.6 (85.7%)
18	BORGUL Kamil	419		M-13	1	00:00:00	00:07:35.45	00:07:35.45	+00:01:07 (14.8%)	3:52	15.5 (85.2%)
19	LEBIODA Wojciech	507		M-13	2	00:00:00	00:07:37.95	00:07:37.95	+00:01:09 (15.3%)	3:53	15.4 (84.6%)
20	ŻMIEJKO Łukasz	601	COBRA TEAM	M-30	5	00:00:00	00:07:39.05	00:07:39.05	+00:01:10 (15.5%)	3:54	15.4 (84.6%)
21	WOLAŃSKI Maciej	593		M-14	4	00:00:00	00:07:40.65	00:07:40.65	+00:01:12 (15.7%)	3:54	15.3 (84.1%)
22	BILEK Sebastian	411	DORIAN TEAM SLAWNO	M-18	4	00:00:00	00:07:43.90	00:07:43.90	+00:01:15 (16.3%)	3:56	15.2 (83.5%)
23	LIPSKI Michał	512		M-30	6	00:00:00	00:07:44.75	00:07:44.75	+00:01:16 (16.5%)	3:56	15.2 (83.5%)
24	PETKA Rafał	537	CSSP KOSZALIN	M-18	5	00:00:00	00:07:48.50	00:07:48.50	+00:01:20 (17.2%)	3:58	15.1 (83.0%)
25	FRONTCZAK Izabela	644	TKKF KOSZALIN	K-18	1	00:00:00	00:07:59.65	00:07:59.65	+00:01:31 (19.1%)	4:04	14.7 (80.8%)
26	JANUS Grzegorz	456	RONIN GOLD TEAM/RAMS	M-30	7	00:00:00	00:08:05.65	00:08:05.65	+00:01:37 (20.1%)	4:07	14.5 (79.7%)
27	MATUS Robert	502	CSSP KOSZALIN	M-18	6	00:00:00	00:08:11.35	00:08:11.35	+00:01:43 (21.0%)	4:10	14.4 (79.1%)
28	SKRZYPEK Tomasz	559	CSSP KOSZALIN	M-18	7	00:00:00	00:08:12.65	00:08:12.65	+00:01:44 (21.2%)	4:11	14.3 (78.6%)
29	STACH Adrian	560	CSSP KOSZALIN	M-18	8	00:00:00	00:08:13.40	00:08:13.40	+00:01:45 (21.3%)	4:11	14.3 (78.6%)
30	GAWROŃSKI Paweł	443	OGIEŃ W SZOPIE	M-18	9	00:00:00	00:08:16.00	00:08:16.00	+00:01:47 (21.8%)	4:13	14.2 (78.0%)
31	REMLAKOWSKI Krzysztof	543	CSSP KOSZALIN	M-40	4	00:00:00	00:08:20.80	00:08:20.80	+00:01:52 (22.5%)	4:15	14.1 (77.5%)
32	GAWIECKI Piotr	617		M-40	5	00:00:00	00:08:28.40	00:08:28.40	+00:02:00 (23.7%)	4:19	13.9 (76.4%)
33	PEC Daniel	535		M-13	3	00:00:00	00:08:29.65	00:08:29.65	+00:02:01 (23.8%)	4:19	13.9 (76.4%)
34	JANUS Wojciech	457		M-18	10	00:00:00	00:08:32.45	00:08:32.45	+00:02:04 (24.3%)	4:21	13.8 (75.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							1.805km	1.963km			
35	PŁOSKI Krzysztof	632		M-30	8	00:00:00	00:08:33.75	00:08:33.75	+00:02:05 (24.5%)	4:21	13.8 (75.8%)
36	KACZMAREK Arkadiusz	630		M-14	5	00:00:00	00:08:35.90	00:08:35.90	+00:02:07 (24.8%)	4:22	13.7 (75.3%)
37	NAPIERAJ Adrian	529	CSSP KOSZALIN	M-18	11	00:00:00	00:08:35.95	00:08:35.95	+00:02:07 (24.8%)	4:22	13.7 (75.3%)
38	JABŁOŃSKI Adrian	451	WOJOWNICY WÓDY	M-18	12	00:00:00	00:08:37.30	00:08:37.30	+00:02:09 (25.0%)	4:23	13.6 (74.7%)
39	CZAPSKI Kacper	610		M-18	13	00:00:00	00:08:37.55	00:08:37.55	+00:02:09 (25.0%)	4:23	13.6 (74.7%)
40	MALEK Marcel	519		M-13	4	00:00:00	00:08:38.35	00:08:38.35	+00:02:10 (25.1%)	4:24	13.6 (74.7%)
41	BORGUL Hubert	420		M-13	5	00:00:00	00:08:38.75	00:08:38.75	+00:02:10 (25.2%)	4:24	13.6 (74.7%)
41	BOBER Jakub	611		M-30	9	00:00:00	00:08:38.75	00:08:38.75	+00:02:10 (25.2%)	4:24	13.6 (74.7%)
43	KRZEMIŃSKI Michał	503	SKY PRO CYCLING	M-30	10	00:00:00	00:08:39.75	00:08:39.75	+00:02:11 (25.3%)	4:24	13.6 (74.7%)
44	SZUBERT Julia	571		K-14	1	00:00:00	00:08:43.65	00:08:43.65	+00:02:15 (25.9%)	4:26	13.5 (74.2%)
45	NIEMIEC Waldemar	531	ZG POLKOWICE-SIEROSZOWICE	M-50	2	00:00:00	00:08:45.70	00:08:45.70	+00:02:17 (26.2%)	4:27	13.4 (73.6%)
46	WRÓBLEWSKI Jacek	594		M-14	6	00:00:00	00:08:46.60	00:08:46.60	+00:02:18 (26.3%)	4:28	13.4 (73.6%)
47	BOBER Sebastian	612		M-40	6	00:00:00	00:08:46.95	00:08:46.95	+00:02:18 (26.3%)	4:28	13.4 (73.6%)
48	KLIMEK Jarosław	483	WOJSKO POLSKIE	M-18	14	00:00:00	00:08:49.95	00:08:49.95	+00:02:21 (26.8%)	4:29	13.3 (73.1%)
49	DĄBROWSKA Alicja	436	ROZBIEGANY KOSZALIN	K-50	1	00:00:00	00:08:50.45	00:08:50.45	+00:02:22 (26.8%)	4:30	13.3 (73.1%)
50	FORNALIK Jan	566	CSSP KOSZALIN	M-18	15	00:00:00	00:08:50.60	00:08:50.60	+00:02:22 (26.9%)	4:30	13.3 (73.1%)
51	LEMANCZYK Alina	508	DORIAN TEAM SLAWNO	K-30	1	00:00:00	00:08:52.00	00:08:52.00	+00:02:23 (27.0%)	4:31	13.3 (73.1%)
52	JANKOWSKA Barbara	454	CSSP KOSZALIN	K-18	2	00:00:00	00:08:54.95	00:08:54.95	+00:02:26 (27.5%)	4:32	13.2 (72.5%)
53	SZUBERT Alicja	572		K-13	2	00:00:00	00:08:57.00	00:08:57.00	+00:02:28 (27.7%)	4:33	13.1 (72.0%)
54	STACHOWIAK Gracjan	562		M-13	6	00:00:00	00:08:57.30	00:08:57.30	+00:02:29 (27.8%)	4:33	13.1 (72.0%)
55	SIMONOWICZ Aneta	556		K-30	2	00:00:00	00:08:59.05	00:08:59.05	+00:02:30 (28.0%)	4:35	13.1 (72.0%)
56	ZACHCIAŁ-PEC Joanna	595		K-40	1	00:00:00	00:09:03.45	00:09:03.45	+00:02:35 (28.6%)	4:37	13 (71.4%)
57	KOPCZEWSKI Dariusz	489		M-50	3	00:00:00	00:09:06.65	00:09:06.65	+00:02:38 (29.0%)	4:38	12.9 (70.9%)

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							1.805km	1.963km			
58	BRĘK Ania	426	OGIEŃ W SZOPIE	K-18	3	00:00:00	00:09:07.70	00:09:07.70	+00:02:39 (29.1%)	4:39	12.9 (70.9%)
59	CHORUŻY Zdzisław	430		M-30	11	00:00:00	00:09:08.30	00:09:08.30	+00:02:40 (29.2%)	4:39	12.9 (70.9%)
60	RAŻNIEWSKI Mateusz	542	CSSP KOSZALIN	M-18	16	00:00:00	00:09:09.35	00:09:09.35	+00:02:41 (29.4%)	4:40	12.9 (70.9%)
61	WAŚICKI Jacek	585	STOPA SŁUPSK	M-40	7	00:00:00	00:09:11.35	00:09:11.35	+00:02:43 (29.6%)	4:41	12.8 (70.3%)
62	WAŚICKA Wiktoria	584	STOPA SŁUPSK	K-13	3	00:00:00	00:09:11.70	00:09:11.70	+00:02:43 (29.7%)	4:41	12.8 (70.3%)
63	WALERIAŃCZYK Kinga	582		K-14	2	00:00:00	00:09:12.00	00:09:12.00	+00:02:43 (29.7%)	4:41	12.8 (70.3%)
64	DALECKI Marcin	435	CSSP KOSZALIN	M-18	17	00:00:00	00:09:12.10	00:09:12.10	+00:02:44 (29.7%)	4:41	12.8 (70.3%)
65	BOROWSKI Mateusz	421	CSSP KOSZALIN	M-18	18	00:00:00	00:09:12.30	00:09:12.30	+00:02:44 (29.7%)	4:41	12.8 (70.3%)
66	GŁOWACKI Włodzimierz	444	NIEZRZESZONY	M-70+	1	00:00:00	00:09:13.55	00:09:13.55	+00:02:45 (29.9%)	4:42	12.8 (70.3%)
67	KRYSIAK Adam	501	CSSP KOSZALIN	M-40	8	00:00:00	00:09:26.35	00:09:26.35	+00:02:58 (31.5%)	4:48	12.5 (68.7%)
68	PIROŃSKI Kuba	648		M-14	7	00:00:00	00:09:28.55	00:09:28.55	+00:03:00 (31.7%)	4:49	12.4 (68.1%)
69	PAWELCZUK Szymon	618		M-14	8	00:00:00	00:09:29.30	00:09:29.30	+00:03:01 (31.8%)	4:50	12.4 (68.1%)
70	MEJER Aleksandra	524	GIMNAZJUM W MANOWIE	K-14	3	00:00:00	00:09:36.15	00:09:36.15	+00:03:08 (32.6%)	4:53	12.3 (67.6%)
71	JAŻWIŃSKI Dominik	463		M-13	7	00:00:00	00:09:37.05	00:09:37.05	+00:03:08 (32.7%)	4:54	12.2 (67.0%)
72	KOLANEK Michał	484		M-14	9	00:00:00	00:09:37.15	00:09:37.15	+00:03:09 (32.8%)	4:54	12.2 (67.0%)
73	ZŁOTOWICZ Tomasz	600	PREP	M-30	12	00:00:00	00:09:38.90	00:09:38.90	+00:03:10 (33.0%)	4:54	12.2 (67.0%)
74	ROGANOWSKI Rafał	544		M-40	9	00:00:00	00:09:41.60	00:09:41.60	+00:03:13 (33.3%)	4:56	12.1 (66.5%)
75	RASIŃSKA Alicja	541	HKTP PTTK SEZAM	K-14	4	00:00:00	00:09:44.15	00:09:44.15	+00:03:16 (33.6%)	4:57	12.1 (66.5%)
76	KRÓL Jan	499		M-13	8	00:00:00	00:09:47.20	00:09:47.20	+00:03:19 (33.9%)	4:59	12 (65.9%)
77	BOROWSKA Karolina	631		K-30	3	00:00:00	00:09:48.50	00:09:48.50	+00:03:20 (34.1%)	5:00	12 (65.9%)
78	KAJKOWSKI Rafał	466	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M-40	10	00:00:00	00:09:54.05	00:09:54.05	+00:03:25 (34.7%)	5:03	11.9 (65.4%)
79	BAK Zbigniew	410	RUNNERSWALDE	M-30	13	00:00:00	00:09:54.90	00:09:54.90	+00:03:26 (34.8%)	5:03	11.9 (65.4%)
80	SARAMAK Paweł	555	CSSP KOSZALIN	M-18	19	00:00:00	00:09:56.60	00:09:56.60	+00:03:28 (34.9%)	5:04	11.8 (64.8%)

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							1.805km	1.963km			
81	BARCIKOWSKI Piotr	621		M-30	14	00:00:00	00:09:57.65	00:09:57.65	+00:03:29 (35.1%)	5:04	11.8 (64.8%)
82	KUBIŃSKA Beata	505		K-40	2	00:00:00	00:10:01.70	00:10:01.70	+00:03:33 (35.5%)	5:06	11.7 (64.3%)
83	WOCH Małgorzata	592		K-50	2	00:00:00	00:10:02.25	00:10:02.25	+00:03:34 (35.6%)	5:07	11.7 (64.3%)
84	KOMOROWSKA Beata	486	BEZ KLUBU	K-30	4	00:00:00	00:10:04.05	00:10:04.05	+00:03:35 (35.8%)	5:08	11.7 (64.3%)
85	JUSZCZAK Wojtek	465	SP5 KOŁOBRZEG	M-13	9	00:00:00	00:10:04.25	00:10:04.25	+00:03:36 (35.8%)	5:08	11.7 (64.3%)
86	LIPIŃSKA Agnieszka	510	DORIAN TEAM SŁAWNO	K-18	4	00:00:00	00:10:05.30	00:10:05.30	+00:03:37 (35.9%)	5:08	11.7 (64.3%)
87	ŚLIWA Rafał	573	OGIEŃ W SZOPIE	M-18	20	00:00:00	00:10:06.10	00:10:06.10	+00:03:38 (36.0%)	5:09	11.6 (63.7%)
88	WIŚNIEWSKI Artur	590		M-40	11	00:00:00	00:10:07.20	00:10:07.20	+00:03:39 (36.1%)	5:09	11.6 (63.7%)
89	SOBOLEWSKI Mateusz	623		M-13	10	00:00:00	00:10:08.85	00:10:08.85	+00:03:40 (36.3%)	5:10	11.6 (63.7%)
90	HAŁAJKO Magdalena	620		K-30	5	00:00:00	00:10:09.25	00:10:09.25	+00:03:41 (36.3%)	5:10	11.6 (63.7%)
91	TROŚNIAK Tomasz	578	GIMNAZJUM NR1 BIAŁOGARD	M-14	10	00:00:00	00:10:10.15	00:10:10.15	+00:03:42 (36.4%)	5:11	11.6 (63.7%)
92	NAGÓRSKA Karolina	607		K-30	6	00:00:00	00:10:11.00	00:10:11.00	+00:03:42 (36.5%)	5:11	11.5 (63.2%)
93	KRASKA Sławomir	496	CSSP KOSZALIN	M-18	21	00:00:00	00:10:12.55	00:10:12.55	+00:03:44 (36.6%)	5:12	11.5 (63.2%)
94	SAGAN Edyta	616		K-14	5	00:00:00	00:10:13.25	00:10:13.25	+00:03:45 (36.7%)	5:12	11.5 (63.2%)
95	DĄBROWSKA Katarzyna	437		K-18	5	00:00:00	00:10:14.25	00:10:14.25	+00:03:46 (36.8%)	5:13	11.5 (63.2%)
96	KOSZOWSKI Krystian	492		M-30	15	00:00:00	00:10:19.05	00:10:19.05	+00:03:50 (37.3%)	5:15	11.4 (62.6%)
97	KASZUBA Łukasz	476	CSSP KOSZALIN	M-18	22	00:00:00	00:10:20.35	00:10:20.35	+00:03:52 (37.4%)	5:16	11.4 (62.6%)
98	SAGAN Karolina	554	SP5 KOŁOBRZEG	K-13	4	00:00:00	00:10:20.95	00:10:20.95	+00:03:52 (37.5%)	5:16	11.4 (62.6%)
99	KRUPA Paweł	500		M-14	11	00:00:00	00:10:21.05	00:10:21.05	+00:03:52 (37.5%)	5:16	11.4 (62.6%)
100	NIEMCZUK Anna	530		K-50	3	00:00:00	00:10:21.70	00:10:21.70	+00:03:53 (37.6%)	5:16	11.4 (62.6%)
101	PAULIŃSKI Jan	534		M-60	3	00:00:00	00:10:21.80	00:10:21.80	+00:03:53 (37.6%)	5:16	11.4 (62.6%)
102	JARZĄBEK Arkadiusz	461	CSSP	M-18	23	00:00:00	00:10:22.90	00:10:22.90	+00:03:54 (37.7%)	5:17	11.3 (62.1%)
103	URBANEK Adrian	649		M-14	12	00:00:00	00:10:23.40	00:10:23.40	+00:03:55 (37.7%)	5:17	11.3 (62.1%)

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							1.805km	1.963km			
104	KAZIMIERCZAK Leszek	635	CS SP KOSZALIN	M-30	16	00:00:00	00:10:25.40	00:10:25.40	+00:03:57 (37.9%)	5:18	11.3 (62.1%)
105	KAMECKI Marcel	468	SP5 KOŁOBRZEG	M-13	11	00:00:00	00:10:26.05	00:10:26.05	+00:03:57 (38.0%)	5:19	11.3 (62.1%)
106	STACHOWIAK Pamela	561		K-13	5	00:00:00	00:10:26.15	00:10:26.15	+00:03:58 (38.0%)	5:19	11.3 (62.1%)
107	ZŁOTKOWSKI Jakub	599	CSSP KOSZALIN	M-18	24	00:00:00	00:10:27.05	00:10:27.05	+00:03:58 (38.1%)	5:19	11.3 (62.1%)
108	BIAŁOKOWICZ Leon	614		M-13	12	00:00:00	00:10:27.35	00:10:27.35	+00:03:59 (38.1%)	5:19	11.3 (62.1%)
109	RUSIECKI Paweł	548	FAJNE CHŁOPAKI	M-40	12	00:00:00	00:10:30.15	00:10:30.15	+00:04:02 (38.4%)	5:21	11.2 (61.5%)
110	KOWALSKI Sławomir	494	CS SP KOSZALIN	M-50	4	00:00:00	00:10:31.60	00:10:31.60	+00:04:03 (38.6%)	5:21	11.2 (61.5%)
111	GAWIECKA Mariola	442	ROZBIEGANY KOSZALIN	K-40	3	00:00:00	00:10:32.40	00:10:32.40	+00:04:04 (38.6%)	5:22	11.2 (61.5%)
112	KRZYŻANIAK Justyna	606		K-18	6	00:00:00	00:10:39.10	00:10:39.10	+00:04:11 (39.3%)	5:26	11 (60.4%)
113	KUCHALSKA Justyna	613		K-30	7	00:00:00	00:10:41.25	00:10:41.25	+00:04:13 (39.5%)	5:27	11 (60.4%)
114	JUREWICZ Rajmund	464	GARNIZON DRAWSKI	M-60	4	00:00:00	00:10:42.15	00:10:42.15	+00:04:14 (39.6%)	5:27	11 (60.4%)
115	URBAŃSKI Aleksander	580	17WOG KOSZALIN	M-40	13	00:00:00	00:10:42.65	00:10:42.65	+00:04:14 (39.6%)	5:27	11 (60.4%)
116	BORSKOWICZ Mateusz	422		M-18	25	00:00:00	00:10:44.30	00:10:44.30	+00:04:16 (39.8%)	5:28	11 (60.4%)
117	RYBACZEK Łucja	550	FORMA ROSNOWO	K-13	6	00:00:00	00:10:48.45	00:10:48.45	+00:04:20 (40.1%)	5:30	10.9 (59.9%)
118	ROGOŻA Natalia	545	BIEGNIJMY.PL	K-14	6	00:00:00	00:10:52.85	00:10:52.85	+00:04:24 (40.6%)	5:32	10.8 (59.3%)
119	RASIŃSKA Patrycja	636		K-14	7	00:00:00	00:10:53.15	00:10:53.15	+00:04:25 (40.6%)	5:33	10.8 (59.3%)
120	TETER Marta	576	ONR KOSZALIN, GWARDIA KOSZALIN	K-18	7	00:00:00	00:10:56.25	00:10:56.25	+00:04:28 (40.9%)	5:34	10.8 (59.3%)
121	OLKOWSKA Krysia	641		K-18	8	00:00:00	00:10:57.75	00:10:57.75	+00:04:29 (41.0%)	5:35	10.7 (58.8%)
122	RASINSKI Krzysztof	637		M-13	13	00:00:00	00:10:58.65	00:10:58.65	+00:04:30 (41.1%)	5:35	10.7 (58.8%)
123	JAŁYŃSKI Adam	453	OGIEŃ W SZOPIE	M-40	14	00:00:00	00:10:59.00	00:10:59.00	+00:04:30 (41.1%)	5:36	10.7 (58.8%)
124	CZARNECKI Dominik	474	CSSP KOSZALIN	M-18	26	00:00:00	00:11:00.20	00:11:00.20	+00:04:32 (41.2%)	5:36	10.7 (58.8%)
125	BONISŁAWSKI Paweł	417		M-18	27	00:00:00	00:11:01.00	00:11:01.00	+00:04:32 (41.3%)	5:37	10.7 (58.8%)
126	MAJCHER-ROSOWSKA Natalia	518		K-30	8	00:00:00	00:11:01.80	00:11:01.80	+00:04:33 (41.4%)	5:37	10.7 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h	
							1.805km	1.963km				
127	CINCIO Wojciech	646		M-13	14	00:00:00	00:11:03.85	00:11:03.85	+00:04:35 (41.5%)	5:38	10.6 (58.2%)	
128	BARTCZAK Klaudyna	408	CSSP KOSZALIN	K-18	9	00:00:00	00:11:04.35	00:11:04.35	+00:04:36 (41.6%)	5:38	10.6 (58.2%)	
129	KAMELSKI Piotr	470	B/K	M-40	15	00:00:00	00:11:08.05	00:11:08.05	+00:04:39 (41.9%)	5:40	10.6 (58.2%)	
130	KOROL Elżbieta	490		K-40	4	00:00:00	00:11:09.25	00:11:09.25	+00:04:41 (42.0%)	5:41	10.5 (57.7%)	
131	JAKUBOWSKA Anna	452		K-18	10	00:00:00	00:11:09.50	00:11:09.50	+00:04:41 (42.0%)	5:41	10.5 (57.7%)	
132	JARCZAK Katarzyna	460	.	K-18	11	00:00:00	00:11:10.60	00:11:10.60	+00:04:42 (42.1%)	5:41	10.5 (57.7%)	
133	KOWALCZYK Maciej	493		M-30	17	00:00:00	00:11:15.95	00:11:15.95	+00:04:47 (42.6%)	5:44	10.5 (57.7%)	
134	NOWAK Bożena	638		K-50	4	00:00:00	00:11:18.85	00:11:18.85	+00:04:50 (42.8%)	5:45	10.4 (57.1%)	
135	ŁAPCZUK Patrycja	516	SP5 KOŁOBRZEG	K-13	7	00:00:00	00:11:23.95	00:11:23.95	+00:04:55 (43.3%)	5:48	10.3 (56.6%)	
136	KRAMARZ Stanisław	495	ROSSBIEGANI	M-13	15	00:00:00	00:11:26.05	00:11:26.05	+00:04:57 (43.4%)	5:50	10.3 (56.6%)	
137	POLAN Jarosław	642		M-50	5	00:00:00	00:11:27.15	00:11:27.15	+00:04:59 (43.5%)	5:50	10.3 (56.6%)	
138	IMIOŁEK Marcel	609		M-13	16	00:00:00	00:11:28.70	00:11:28.70	+00:05:00 (43.6%)	5:51	10.3 (56.6%)	
139	SUBEL Anna	629		K-18	12	00:00:00	00:11:31.85	00:11:31.85	+00:05:03 (43.9%)	5:52	10.2 (56.0%)	
140	TUSK Aleksandra	602		K-30	9	00:00:00	00:11:33.35	00:11:33.35	+00:05:05 (44.0%)	5:53	10.2 (56.0%)	
141	KRAMARZ Aneta	634		K-30	10	00:00:00	00:11:33.85	00:11:33.85	+00:05:05 (44.1%)	5:53	10.2 (56.0%)	
142	BOGUSŁAWSKI Filip	413		M-13	17	00:00:00	00:11:36.10	00:11:36.10	+00:05:08 (44.2%)	5:55	10.1 (55.5%)	
143	ANDRUSZKIEWICZ Barbara	626		K-14	8	00:00:00	00:11:36.25	00:11:36.25	+00:05:08 (44.3%)	5:55	10.1 (55.5%)	
144	KALETA Cezary	467	SP NR 18	M-13	18	00:00:00	00:11:37.80	00:11:37.80	+00:05:09 (44.4%)	5:55	10.1 (55.5%)	
145	KASZTELAN Urszula	627	TKKF TRIATHLON	K-30	11	00:00:04	00:10:28	00:11:38.60	00:11:42.60	+00:05:10 (44.4%)	5:56	10.1 (55.5%)
146	DYMECKA Joanna	622		K-30	12	00:00:00	00:11:39.15	00:11:39.15	+00:05:11 (44.5%)	5:56	10.1 (55.5%)	
147	HAUSMAN Andrzej	449	KSR ROWERIA	M-60	5	00:00:00	00:11:39.75	00:11:39.75	+00:05:11 (44.5%)	5:56	10.1 (55.5%)	
148	JANKOWSKI Patryk	455	CSSP KOSZALIN	M-18	28	00:00:00	00:11:42.40	00:11:42.40	+00:05:14 (44.7%)	5:58	10.1 (55.5%)	
149	GODLEWSKI Mateusz	445		M-13	19	00:00:00	00:11:46.35	00:11:46.35	+00:05:18 (45.1%)	6:00	10 (54.9%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							1.805km	1.963km			
150	BAGIŃSKA Agnieszka	404	BAJADERKI KOSZALIN	K-30	13	00:00:00	00:11:58.05	00:11:58.05	+00:05:29 (46.0%)	6:06	9.8 (53.8%)
151	KONSEK Ola	487		K-13	8	00:00:00	00:11:58.90	00:11:58.90	+00:05:30 (46.0%)	6:06	9.8 (53.8%)
152	SZARA Michał	569		M-14	13	00:00:00	00:12:10.35	00:12:10.35	+00:05:42 (46.9%)	6:12	9.7 (53.3%)
153	DERDA Ewa	438		K-14	9	00:00:00	00:12:10.65	00:12:10.65	+00:05:42 (46.9%)	6:12	9.7 (53.3%)
154	TROŚNIAK Katarzyna	577	SP 4 BIAŁOGARD	K-13	9	00:00:00	00:12:19.50	00:12:19.50	+00:05:51 (47.5%)	6:17	9.5 (52.2%)
155	KONSEK Jakub	488		M-13	20	00:00:00	00:12:22.20	00:12:22.20	+00:05:54 (47.7%)	6:18	9.5 (52.2%)
156	ŁĄTKA Aneta	517		M-30	18	00:00:00	00:12:22.30	00:12:22.30	+00:05:54 (47.7%)	6:18	9.5 (52.2%)
157	BARAN Ewa	406		K-18	13	00:00:00	00:12:28.35	00:12:28.35	+00:06:00 (48.1%)	6:21	9.4 (51.6%)
158	RADZIEWICZ Dariusz	539		M-40	16	00:00:00	00:12:29.15	00:12:29.15	+00:06:01 (48.2%)	6:22	9.4 (51.6%)
158	RUPNIEWSKI Piotr	547		M-30	19	00:00:00	00:12:29.15	00:12:29.15	+00:06:01 (48.2%)	6:22	9.4 (51.6%)
160	FOJUT Kamila	441		K-30	14	00:00:00	00:12:29.35	00:12:29.35	+00:06:01 (48.2%)	6:22	9.4 (51.6%)
161	KAMIŃSKA Beata	475	GRUPA BIEGOWA GARNIZONU DRAWSKIEGO	K-40	5	00:00:00	00:12:40.80	00:12:40.80	+00:06:12 (49.0%)	6:27	9.3 (51.1%)
162	KREIS-GROCHOWSKA Dominika	498		K-30	15	00:00:00	00:12:41.60	00:12:41.60	+00:06:13 (49.0%)	6:28	9.3 (51.1%)
163	KUBIAK Maria	504		K-30	16	00:00:00	00:12:51.65	00:12:51.65	+00:06:23 (49.7%)	6:33	9.2 (50.5%)
163	KULIŃSKI Marek	506		M-30	20	00:00:00	00:12:51.65	00:12:51.65	+00:06:23 (49.7%)	6:33	9.2 (50.5%)
165	MAZUREK Hanna	523	BABECZKI KOSZALIN	K-13	10	00:00:00	00:12:54.10	00:12:54.10	+00:06:26 (49.9%)	6:34	9.1 (50.0%)
166	VON BARDELEBEN Tarryn	581	BABECZKI KOSZALIN	K-13	11	00:00:00	00:12:54.20	00:12:54.20	+00:06:26 (49.9%)	6:34	9.1 (50.0%)
167	KISIEL Anna	640		K-18	14	00:00:00	00:13:01.15	00:13:01.15	+00:06:33 (50.3%)	6:38	9 (49.5%)
168	LUDKA Amelia	515	ZHP	K-14	10	00:00:00	00:13:13.30	00:13:13.30	+00:06:45 (51.1%)	6:44	8.9 (48.9%)
169	RAMA Ewa	540	KLUB	K-50	5	00:00:00	00:13:16.55	00:13:16.55	+00:06:48 (51.3%)	6:46	8.9 (48.9%)
170	CIEŚLEWICZ Kacper	432	SP5 KOŁOBRZEG	M-13	21	00:00:00	00:13:22.25	00:13:22.25	+00:06:54 (51.6%)	6:49	8.8 (48.4%)
171	WILKOWSKA Anastazja	589		K-13	12	00:00:00	00:13:25.15	00:13:25.15	+00:06:57 (51.8%)	6:50	8.8 (48.4%)
172	WILKOWSKA Beata	588		K-30	17	00:00:00	00:13:25.40	00:13:25.40	+00:06:57 (51.8%)	6:50	8.8 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							1.805km	1.963km			
173	WILKOWSKA Małgorzata	587		K-30	18	00:00:00	00:13:26.00	00:13:26.00	+00:06:57 (51.8%)	6:51	8.8 (48.4%)
174	HYNDA Irena	450		K-50	6	00:00:00	00:13:28.55	00:13:28.55	+00:07:00 (52.0%)	6:52	8.7 (47.8%)
175	BONISŁAWSKA Maria	415		K-13	13	00:00:00	00:13:40.55	00:13:40.55	+00:07:12 (52.7%)	6:58	8.6 (47.3%)
176	BONISŁAWSKI Wojciech	418		M-40	17	00:00:00	00:13:40.60	00:13:40.60	+00:07:12 (52.7%)	6:58	8.6 (47.3%)
177	KAMELSKI Szymon	469	PRZEDSZKOLE CHALABALY	M-13	22	00:00:00	00:13:44.85	00:13:44.85	+00:07:16 (52.9%)	7:00	8.6 (47.3%)
178	SKOWRON Bartek	645		M-13	23	00:00:00	00:13:48.05	00:13:48.05	+00:07:19 (53.1%)	7:02	8.5 (46.7%)
179	SKOWRON Adam	558		M-30	21	00:00:00	00:13:48.55	00:13:48.55	+00:07:20 (53.2%)	7:02	8.5 (46.7%)
180	MIKLASINSKA Monika	526	B/K	K-30	19	00:00:00	00:13:48.80	00:13:48.80	+00:07:20 (53.2%)	7:02	8.5 (46.7%)
181	ANTCZAK Justyna	403	SP5 KOŁOBRZEG	K-30	20	00:00:00	00:13:52.15	00:13:52.15	+00:07:24 (53.4%)	7:04	8.5 (46.7%)
182	KORZENIOWSKA Aleksandra	491	SP5 KOŁOBRZEG	K-13	14	00:00:00	00:13:52.30	00:13:52.30	+00:07:24 (53.4%)	7:04	8.5 (46.7%)
183	KAWALEC Adrian	477	HKTP PTTK,, DREPTAK'	M-13	24	00:00:00	00:14:01.55	00:14:01.55	+00:07:33 (53.9%)	7:09	8.4 (46.2%)
184	KAMIŃSKA Weronika	471		K-13	15	00:00:00	00:14:04.75	00:14:04.75	+00:07:36 (54.1%)	7:10	8.4 (46.2%)
185	KAMIŃSKI Robert	473		M-30	22	00:00:00	00:14:05.30	00:14:05.30	+00:07:37 (54.1%)	7:11	8.4 (46.2%)
186	STASZEK Mariola	563	NIEZRZESZONA	K-50	7	00:00:00	00:14:18.20	00:14:18.20	+00:07:50 (54.8%)	7:17	8.2 (45.1%)
187	RYBARCZYK Miłosz	552		M-OPEN	1	00:00:00	00:14:19.95	00:14:19.95	+00:07:51 (54.9%)	7:18	8.2 (45.1%)
188	RYBARCZYK Robert	553		M-40	18	00:00:00	00:14:20.30	00:14:20.30	+00:07:52 (54.9%)	7:18	8.2 (45.1%)
189	RYBARCZYK Joanna	551		K-30	21	00:00:00	00:14:20.35	00:14:20.35	+00:07:52 (54.9%)	7:18	8.2 (45.1%)
190	BORUCH Katarzyna	423	:)	K-40	6	00:00:00	00:14:31.15	00:14:31.15	+00:08:03 (55.4%)	7:24	8.1 (44.5%)
191	KAMIŃSKA Małgorzata	472		K-40	7	00:00:00	00:14:51.15	00:14:51.15	+00:08:23 (56.4%)	7:34	7.9 (43.4%)
192	ZAŁÓG Tomek	596		M-14	14	00:00:00	00:15:15.95	00:15:15.95	+00:08:47 (57.6%)	7:46	7.7 (42.3%)
193	SUGIER Alicja	639		K-13	16	00:00:00	00:15:25.35	00:15:25.35	+00:08:57 (58.1%)	7:51	7.6 (41.8%)
194	SUGIER Michał	567	NMC	M-30	23	00:00:00	00:15:25.40	00:15:25.40	+00:08:57 (58.1%)	7:51	7.6 (41.8%)
195	LIPIŃSKA Wiktoria	511	ZHP	K-14	11	00:00:00	00:15:25.60	00:15:25.60	+00:08:57 (58.1%)	7:51	7.6 (41.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h	
							1.805km	1.963km				
196	SZOCIK Aleksandra	570	HKTP PTTK,, DREPTAK'	K-14	12	00:00:00	00:15:26.50	00:15:26.50	+00:08:58 (58.1%)	7:52	7.6 (41.8%)	
197	RUSZKOWSKA Agnieszka	624		K-14	13	00:00:00	00:15:27.20	00:15:27.20	+00:08:59 (58.1%)	7:52	7.6 (41.8%)	
198	WESOŁOWSKI Dawid	647		M-14	15	00:00:00	00:15:30.50	00:15:30.50	+00:09:02 (58.3%)	7:54	7.6 (41.8%)	
199	GUDANIEC Dorota	628	TKKF TRIATHLON	K-50	8	00:10:56	00:14:24	00:15:49.35	00:26:45.60	+00:09:21 (59.1%)	8:04	7.4 (40.7%)
200	BONISŁAWSKA Zuzanna	414	TITKI TATITKI I DWIE KITKI	K-13	17	00:00:00		00:15:52.00	00:15:52.00	+00:09:23 (59.2%)	8:05	7.4 (40.7%)
201	CHORAŻY Karolina	429		K-18	15	00:00:00		00:15:52.80	00:15:52.80	+00:09:24 (59.3%)	8:05	7.4 (40.7%)
202	BONISŁAWSKI Jarosław	416	TITKI TATITKI I DWIE KITKI	M-30	24	00:00:00		00:15:53.10	00:15:53.10	+00:09:25 (59.3%)	8:06	7.4 (40.7%)
203	MORAWSKI Tomasz	528	ROWERIA	M-50	6	00:00:00		00:16:01.80	00:16:01.80	+00:09:33 (59.6%)	8:10	7.3 (40.1%)
204	PUZYREWSKA Małgorzata	604		K-13	18	00:00:00		00:16:54.25	00:16:54.25	+00:10:26 (61.7%)	8:37	7 (38.5%)
205	PUZYREWSKI Wojciech	605		M-30	25	00:00:00		00:16:54.65	00:16:54.65	+00:10:26 (61.8%)	8:37	7 (38.5%)
206	JANUSZEWSKI Patryk	459		M-14	16	00:00:00		00:17:12.15	00:17:12.15	+00:10:44 (62.4%)	8:46	6.8 (37.4%)
207	KAWALEC Lidia	478	HKTP PTTK,, DREPTAK'	K-13	19	00:00:00		00:17:14.15	00:17:14.15	+00:10:46 (62.5%)	8:47	6.8 (37.4%)
208	HAJEC Matylda	448	HKTP PTTK,, DREPTAK'	K-13	20	00:00:00		00:17:14.85	00:17:14.85	+00:10:46 (62.5%)	8:47	6.8 (37.4%)
209	LUBKE Marta	514	HKTP PTTK,, DREPTAK'	K-13	21	00:00:00		00:17:17.35	00:17:17.35	+00:10:49 (62.6%)	8:49	6.8 (37.4%)
210	KILAR Weronika	481	HKTP PTTK,, DREPTAK'	K-14	14	00:00:00		00:17:17.50	00:17:17.50	+00:10:49 (62.6%)	8:49	6.8 (37.4%)
211	LIS Maja	513	HKTP PTTK,, DREPTAK'	K-13	22	00:00:00		00:17:17.60	00:17:17.60	+00:10:49 (62.6%)	8:49	6.8 (37.4%)
212	BORUCH Anna	424	:)	K-13	23	00:00:00		00:20:33.65	00:20:33.65	+00:14:05 (68.5%)	10:29	5.7 (31.3%)

Znaleziono 212 wynik(ów)